

Inside: Betterley wins pageant... See /3 Bikes and veggies at Valhalla... See /1B Wild rice outlook favorable...See /1B Getting people out in the BWCA... See /4B

TIMBERJAY

Serving the communities of northern St. Louis County since 1989

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HIGHWAY SAFETY

Moose versus minivan leaves five injured Mother of two faces months of reconstructive surgery in wake of Hwy. 169 collision

by JODI SUMMIT

Tower-Soudan Editor

BREITUNG TWP- Five members of an extended family from Rochester were sent to area hospitals last Thursday, Aug. 17, after their 2019 Sienna minivan collided with a moose on Hwy. 169 near the Murray Road, about two miles east of Soudan.

"We've had better days," said 43-year-old Jason Dinsmore, who was driving his

family back from an afternoon Dinsmore said, "it happened." in Ely. The family had a late lunch at Insula, one of their favorite spots, he said, and then did some shopping, before heading back to Shamrock Landing, to boat back out to their water access cabin on Lake Vermilion.

As they were driving back, around 6 p.m., the weather quickly turned dark, and it started pouring rain, greatly reducing visibility.

"A few seconds after that,"

Jason said he doesn't remember the accident itself, just that their van was stopped and there was a moose.

"I didn't have time to hit the brakes," he said. The moose hit the front passenger side, took out the front windshield, was hurled onto the roof, breaking the sunroof, and then then tumbled back to the ground.

The family's two children, Eivin, age 9, and Logan, age

Right: Jason and Lauren Dinsmore in happier times before the accident during which Lauren suffered serious facial injuries. The couple owns a summer cabin on Lake Vermilion and live in Rochester the rest of the year.

submitted photo

13, along with Jason's mother Anna, were in the back seat. The three suffered cuts and

See...MOOSE pg. 10





CRIME AND TECH

Greaney thief caught thanks to GPS tracker

Deputies find additional stolen items during search

by DAVID COLBURN Cook/Orr Editor

GREANEY- Tipped off by GPS locators attached to stolen equipment, St. Louis County deputies found more than they bargained for when they descended on the home of Martin Earl Voss northwest of

Greaney last week. On Wednesday, Aug. 16, county dispatchers received a call from Zielies Tree Service employee Bob McKenney reporting the theft of an Argo utility Martin Voss vehicle and a trailer from a site in Cook the previous evening. Valued at a total of \$50,000, both pieces of equipment were equipped with GPS locators that revealed them to be at Voss's residence on Town



EMBARRASS REGION FAIR

NO HORSING AROUND

Team penning held ahead of this weekend's three-day fair

by JODI SUMMIT

Tower-Soudan Editor

EMBARRASS- The various competitions surroundingtheannualEmbarrass Region Fair got underway early again this year, with the team penning contest held Friday, Saturday, and Sunday this past weekend.

It's become the unof-

ficial kickoff to the fair, Top: Taya Woitalla which officially gets underway this Friday, with gates open at 2 p.m. Admission is \$5 per person, or \$12 for a weekend pass good from Friday through Sunday. Children 10 and under are free with a paid adult.

On Friday, there will be crafters and vendors inside

See..FAIR pg. 11

lets out a yell to try to herd an errant calf during team penning competition last Saturday. Her mother **Brooke Woitalla works** with her from behind.

Right: Amy Swanson and her grandchildren watch the action from the bleachers.







Stormie Kottom

According to the statement of probable cause, a sheriff's office deputy and investigator arrived at the property at 7:45 a.m. When they knocked on the door, a woman later identified as Stormie Kottom velled and refused to come to the door. She indicated that Voss was also inside but too sick to come to the door.

See...ARRESTS pg. 10

Road 382 along the St.

Louis-Itasca county line.

IT COULD HAVE BEEN WORSE

Runaway dumper takes out power, phone service near McKinley Park



by MARSHALL HELMBERGER Managing Editor

BREITUNG TWP-Kristine Jonas pulled up to the stop sign at the inter-

Left: The runaway dumper after coming to rest in the ditch across the road from where it was parked.

photo courtesy K. Jonas

section near McKinley Park Campground last Thursday when she felt something wasn't quite right. She looked up the steep slope to her left, where a work crew had just wrapped up a trail reconstruction project for the day, and noticed a large dump truck gaining speed as it rolled backward down the

hill, headed her way.

"At first, I thought it seemed it was backing up too fast. Then I realized it was a runaway."

Time, for a moment seemed to stand still, she said, as she watched the truck roll her way, taking out two trees before crossing McKinley Park Rd., where it

flattened construction barricades, glanced off a power pole and crushed a Frontier telecommunications junction box. It came to rest in a swampy area just past the junction box.

It was only later that Jonas realized she came very

See... DUMPER pg. 11



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Community notices

Vermilion Country School hosting open house on Thursday, Aug. 23

TOWER- Vermilion Country School, a public grades 7-12 charter school in Tower, is hosting an open house on Thursday, Aug. 31 from 4 - 7 p.m. Made from scratch refreshments from the school kitchen will be served.

Students, prospective students, and their families are invited to tour the newly-renovated school building, and meet the school's new and returning staff members.

VCS has a focus on environmental education, outdoor education, and real life and hands-on learning. The school offers small class sizes (about 50 students overall in grades 7-12), individual attention, and strong academic programs, as well as individualized support for students who have fallen behind in other school settings.

The American Indian Parent Advisory Committee will be meeting at 6 p.m. during the open house.

VCS currently has openings for students in grades 7 and 8, as well as limited openings in the upper grades. The school serves breakfast and lunch to all students. Transportation is available.

Questions? Want a tour? Call or text 218-248-2485 or email info@vermilioncountry.org.

Finnish Immigration is topic for Sept. 5 meeting of Finnish Americans and Friends

HIBBING - Noted genealogist Mary Lukkarila will present a program on Finnish immigration patterns Tuesday, Sept. 5 at 2 p.m. at Grace Lutheran Church, 4010 9th Avenue W. in Hibbing.

Coffee an' are part of the event; everyone is invited.

Sons of Norway Haarfager Lodge 40 will meet at 5:30 p.m. Thursday, Sept. 7

VIRGINIA - Sons of Norway Haarfager Lodge #40 will meet at 5:30 on Thursday, September 7, in the Virginia City Hall Club Room for our annual Lapskaus Supper. The evening's serving committee includes Phyllis Starich, Nancy Roseen and Bernie Christiansen. Anyone interested in Norwegian heritage and culture is welcome to attend.

Mesabi Community Band announces 2023-24 season

EVELETH - The Mesabi Community Band, under the direction of Bill Lavato and Larry Baker announces the forty-ninth season of performing concerts in the Iron Range Area. The band is inviting all area musicians to join us on for our first rehearsal on Thursday, Sept. 7, at 6:30 p.m., in the Eveleth City Auditorium. Please show up with your instrument, and a music stand, to join in the fun. If you have any questions, please call Holly at 218-780-0980.

Veterans on the Lake Resort to host 40-year anniversary event Sept. 9

ELY – Veterans on the Lake Resort is offering live music and more Saturday, Sept. 9 in celebration of their 40th anniversary. The day's events run from 2-7 p.m. and include POW/MIA hot air balloon rides, food and performances by Hank Thunander at 5 p.m., Pat & Donna Surface at 6 p.m., and the Minnesota Army National Guard Boots and Bass Band taking the stage at 7 p.m. This event is free and open to the public with a freewill donation suggested for music.

Sisu Heritage to host concert of celebration Sept. 2

EMBARRASS - On Aug. 15, 2023, the Embarrass Apostolic Lutheran Church was officially made a site on the National Register of Historic Places. The submission of the site and structure sitting on the hillside on the north side of County Highway 21 was sent to the National Park Service, Dept. of the Interior for approval from the Minnesota Historical Society.

After two years of hard work, the church becomes another cultural location listed on the National Trust list.

The process of application was not an easy one since it is a very difficult task to have a 100-yearold standing church approved as a national site.

"The documentation for the request to make the church a National Trust Historic Site was wonderful and complete," stated Paul Knuti, who spearheaded the project for Sisu Heritage, Inc. and the community. "It was approved mainly because of the work done over the past three years to preserve the historic structure: the foundation work to ensure adequate drainage and the roof eave additions made last year were what made the big difference for state and national approval. What we have accomplished here does not only place Embarrass on the map statewide, but nationally as well. It's for the country!"

The church was the first built in Embarrass, constructed in 1904 and used by the congregation over the last 100 years. It was donated to Sisu Heritage several years ago by the families remaining in the congregation for preservation and safekeeping. It has been used for weddings, funerals and community concerts over the past years. The outstanding sound acoustics from the rounded ceiling structure make a concert a pleasurable experience for those in attendance and



Embarrass' Apostolic Lutheran church boasts a history of more than 100 years and is poised to be around for generations to come.

for the musicians.

A community celebration concert will take place at 2:30 p.m. on Saturday, Sept. 2. Eli Bissonett and Robin Anders will present a folk music concert, and there will be coffee an' goodies served for attendees to enjoy. Cost for the concert is \$8 for Sisu Heritage members and \$10 donation for adults. Children under 12 are free. All proceeds will go to further upkeep of the church. All from the community are invited to come out to help celebrate another Embarrass milestone of historical preservation.

GET INVOLVED

Beth Peterson of Vote, Run, Lead to address Northern Progressives on Aug. 28

COOK- Beth Peterson of Vote, Run, Lead will be the guest speaker at the Northern Progressives meeting on Monday, August 28, at 6:30 p.m. at the Crescent Bar & Grill, 9257 Olson Rd.

Peterson will speak on the topic: "Understanding the State of Our Democracy: Learn where Minnesota is achieving fair representation in our legislature – and where we've got work to do!"

Peterson is Minnesota State Director for Vote, Run, Lead, which supports women to run for office



and win, reaching more than 55,000 women across America. Alumni of the organization serve on city councils, county boards, state houses, supreme courts, and Congress.

Trainings by Vote, Run,

Lead are for people looking to run for all levels of office, including nonpartisan city councils and school boards, as well as campaign managers and people still on the fence about running for office someday. It played a key role in supporting women running for the Minnesota Legislature in 2022, achieving historic wins for women in underrepresented groups.

Peterson has managed numerous political campaigns and is a former Eveleth City Council member. She holds a bachelor's degree in applied psychology from the University of Minnesota—Duluth, was a founding board member of the Rural and American Indigenous Leadership (RAIL) organization, and sits on the boards of Apple Tree Learning Center and the Aurora Food Shelf.

Northern Progressives has a progressive social and political agenda and works to educate its members and the public about current civic affairs. For more information, contact Leah Rogne, 218-787-2212 or leah.rogne@ gmail.com.

FINE ARTS FUNDED **Ely musical receives advertising grant** ELY - "Root Beer Lady sponse from the audiences.

Hand-Crafted Sauna for Sale

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Call or text for more info & photos 218-780-6446 (lv message) the Musical" recently received a generous advertising sponsorship from the Ely Chamber of Commerce Events and Promotions Committee for the upcoming production at Ely's Historic State Theater.

"This is a real boost from **DMI** our Chamber of Commerce to promote the musical outside of Ely," stated Barb Cary Hall, playwright/ producer. "Advertising and marketing financial support is crucial to the success of our production. We are so grateful."

With only a few weeks remaining before the Sept. 7 opening night,

THANK



DMM hosted a sneak peek performance

the cast and musicians have been rehearsing regularly at Cyko Arts studio and voluntarily appearing locally with "teaser" performances at the Dorothy Molter Museum (DMM), P.E.O. Chapter FD, Ely, and the Boundary Waters Care Center. They always receive an enthusiastic reSeveral local well known personalities are also a part of the production. Brett Ross, past Program Director of WELY and current host of 'What's Up Ely?' Podcast, is the Stage Manager for the production. Christopher David Hanson,

musician/composer and owner of Birch Bay Recording Studios, will be running lights and sound.

Root Beer Lady the Musical is slated for Sept. 7-10 at Ely's Historic State Theater. Tickets and information available at www.elystatethater.org.





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NORTH WOODS SCHOOL

Teacher Rachel Betterley wins national pageant title

by DAVID COLBURN Cook-Orr Editor

COOK- Rachel Betterley has been referred to as a past Miss Minnesota and past Mrs. Minnesota. But for the upcoming year, she can now be referred to as the current Mrs. Petite USA.

Though Betterley is best known locally as the visual arts teacher at North Woods School.

Betterley won the national competition in the Petite USA family of pageants two weeks ago in Milwaukee, Wis. The Petite USA pageant was founded in 2009 by Hazely Lopez-Alvarez with a focus on celebrating the accomplishments of petite women 5 feet, 6 inches and under and provides them opportunity to be a voice and spokesperson for petite women around the United States while engaging in philanthropic service. The pageant has multiple levels of competition, awarding crowns in the categories of Teen, Miss, Ms., Mrs. and Elite Ms.

"It's one of the most diverse systems actually in the nation," Betterley said. "We have women competing in wheelchairs, we had a woman who won the national crown with an arm deformity, but it's like they don't let their adversities hold them back. The core message of what Petite USA wants is empowerment, authenticity, and philanthropy. You might be short, or adversity might have happened to you, but you wear it like a badge of honor and you own it and you thrive. That's why I love the system so much. There really is such a sisterhood with it. Never in my years of pageantry have I ever experienced such a supportive sisterhood."

All five Petite USA crowns were up for grabs in Milwaukee, creating an environment that Betterley found particularly unique and encouraging.

"At first, I wasn't sure how it would go, but I actually really loved that," Betterley said. "I was able to meet so many different ages and I love that. But I also feel like as a result, you got to see more women just like thriving that were loving it – the energy there was just contagious. And for me it was important to set an example. In the Mrs. diviCreates new avenue to promote her art philanthropy





sion we have a lot of life experience, we have families and kids of our own. If there are teens competing, you want to make sure you're putting your best foot forward to make them feel inspired to be their best self, too."

That feeling of being one's best self is what's kept Betterley involved in pageantry for the past decade.

"I naturally love the spirit of competition. It's just embedded and rooted in who I am. I really want to shine a light on how pageantry just feeds a fire Above: Rachel Betterley is creating a nonprofit to supply sketchbooks and art supplies to help children healing from trauma.

Left: Newly-crowned Mrs. Petite USA greets the audience at the competition in Milwaukee. photos courtesy of Magic Dreams Production

for women and makes them be the best version of themselves. It makes them do things they never thought they'd be able to do. It makes them meet people who they've never been able to meet in their life. It builds the best communication skills, it increases your philanthropy, and I could go on and on about what I've gained through pageantry. Of course, it's hard to get to that point, but once you're there, it's such a thriving place to be in in your life."

And there was little question in Betterley's mind that this was the time and place where she would shine.

"I really felt solid in the work that I was doing, and in my heart, it was like, I could feel I'm the winner," Betterley said. "I can't even explain it, but when you feel so prepared, you're so ready, you feel so drawn to that title that, you know, the moment

REAL ESTATE

was just right. It was just this feeling that I know I'm meant to be here and be a part of it."

Rachel's platform

As with most pageants these days, Mrs. Petite USA places a high value on the philanthropic work contestants want to promote as the title holder, and it's no surprise that for art teacher Betterley, art was at the core of her platform.

The overall thrust of Betterley's platform was "Art With Heart," which emphasizes helping people heal from personal trauma by educating them about the healing benefits of art.

"It's about helping people heal by inspiring people to express themselves by creating, however it may be, whether it's through talk, photography, ceramics, painting, drawing, pageantry, journaling, writing, whatever it may be. Express yourself, do it, it fuels your fire and it feeds your soul and I just want to champion that message."

As part of that, Betterley highlighted for the judges her Sketchbooks for Kids initiative.

"A lot of the time kids who are really creative have experienced the most trauma," Betterley said. "I've had quite a few kids at school who have asked me randomly for a sketchbook. Kids who aren't even in my class will come to me asking for one. And, so, I with the help of donations through businesses and personal donations purchase art supplies, and I prepare these sets with sketchbooks. I donate them to schools and foster care organizations, any kind of kid-based organization. They choose who they want to give it to or what kid needs it most. For example, I donated sketchbook sets to all of the schools in the St. Louis County School District, to the school counselors and family advocates."

Betterley knows all too well the value of art for personal healing, as that's been her pathway to health after a traumatic childhood.

"The one thing I always had though, was art," she said. "And I always had my sketchbook. It was the one thing that never judged me, the one thing that made me feel like this is who Rachel really is. Through that kind of trauma as a kid I wanted to do a little bit more and give back to kids in need."

Betterley brought her singular focus on her philanthropy to the fore in the judge interview segment of the competition, the largest part of the scoring, which included fitness, evening gown, and on-stage questioning.

"You only have a few minutes to get those judges on your side," Betterley said. "The art of pageantry is also the art of communication. If you don't have that established core of who you are and how you're helping people every day, you're never going to win. I felt really solid in the work that I was doing."

Indeed, today Betterley infuses her passion for art in every aspect of pageantry competition, something she said she was reluctant to do in past competitions.

See **BETTERLEY**...*pg*. 5



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OPINION

"CONGRESS SHALL MAKE NO LAW...ABRIDGING THE FREEDOM OF SPEECH, OR OF THE PRESS;"

The First Amendment of the United States Constitution

Editorial

e-mail: editor@timberjay.com

Gun myths and legends

The Second Amendment was never written to support armed rebellion

Is an extremist myth keeping U.S. policymakers from agreeing on reasonable gun safety measures that could help to reduce the seemingly endless bloodletting in America?

That was the proposition laid out by U.S. Rep. Jamie Raskin during a standing room-only presentation last week in Ely.

Raskin, who taught constitutional law for 25 years prior to his election to Congress, was challenging what's known as the "insurrectionist theory" of the Second Amendment, a view which Raskin describes as National Rifle Association "dogma." According to Raskin, it's a view that has consistently undermined efforts to protect the public from high-powered weaponry in the hands of extremists or the mentally ill, despite the overwhelming public support for common sense laws such as mandatory background checks and red flag provisions.

The insurrectionist theory has been repeatedly rejected by U.S. courts, including by the U.S. Supreme Court, as well as in common law. And, as Raskin notes, it also conflicts directly with other provisions within the Constitution, which describe the very insurrection that the theory's supporters envision as "treason."

The language of the Second Amendment itself, which couches the right to bear arms within the constraints of a "well-regulated militia" which "is necessary to the security of a free State," also conflicts with the insurrectionist view.

For most of the nation's history, the Supreme Court has held that the rights conferred by the Second Amendment were within the confines of a militia, and that it did not confer an individual right to gun ownership. That changed in 2008, when a conservative-dominated Supreme Court found for the first time in District of Columbia v. *Heller* that the amendment did include an individual right to gun ownership for lawful purposes, such as self-protection within one's home. The right to own a firearm to protect oneself or one's property, or to hunt is a right with a longstanding tradition, going back centuries in English common law and in the English Bill of Rights. While the English and American legal traditions have also envisioned that the citizens might, at times, use their firearms as part of a broader defense, it has always been seen as the organized defense of the state or their community against outside forces, not the overthrow of the state itself.

overthrowing the government, and it's through the ballot box. If someone disagrees with the results of an election, as happened most notably when then-President Donald Trump lost to Joe Biden in 2020, they have the right to challenge the results through the courts and other processes and procedures outlined in the Constitution and the Electoral Count Act, a law which was passed by Congress and signed by the President as prescribed by the Constitution. Beyond those legal challenges, a losing candidate has the right, or perhaps more accuratelythe obligation- to accept the results, like it or not. Just ask Al Gore.

Inciting a riot or attempting to commit fraud by putting forward false electors is illegal under any theory of the Constitution. Indeed, the actions surrounding Jan. 6, 2021, provide the perfect example of the flaws in the insurrectionist theory of the Second Amendment. Under the Constitution, ousting a sitting president in an election is not evidence of a tyrannical government- it's how our system was designed to work. Under the insurrectionist theory, however, if enough people (as few as three percent of the population according to some in that movement) can be incited to act, they could overthrow our elected leaders and install some other type of government more to their liking (we shudder to imagine), thereby denying the other 97 percent of us the right to self-government under the Constitution. And the NRA believes this notion is the basis of the Second Amendment? It's utter nonsense.

Even the Supreme Court in Heller noted: "Like most rights, the Second Amendment right is not unlimited. It is not a right to keep and carry any weapon whatsoever in any manner whatsoever and for whatever purpose."

Once the right to bear arms



Letters from Readers

Democracy is needed in government and the economy

Civics is less about government, a noun and more about governing, a verb. Government structure, privileges and obligations of citizens as traditionally taught tends to be passive, tepid and timid. Human behavior, at the core of governing, involves needs and wants, motives and interests in the political economy. Behavior gives body, breath and vitality to an otherwise anemic, skeletal and lifeless content.

Civic education is really about democracy. Democracy is neither a place nor station where you arrive; it's an idea, an attitude, a way of life. From ancient Greek, "demos" refers to people and "kratos" to rule, thus people's rule. Authoritarianism uses fear to rule and subjects comply. In between, we have manufactured consent, meaning others decide and we agree, creating an illusion of power.

Democracy begins with values of respect for individuals to be empowered with voice and vote for collective action. Citizenship should be about taking action, focusing on behavior, informing and being informed, asserting rights, democratizing the whole of society, including the economy. A democratic disposition sees all others as inherent equals. Governing, a human endeavor of citizen empowerment, begins with understanding the role of power in both political and economic organizations. interest groups, values and beliefs (ideology) that go beyond isolated and disconnected fact. The U.S. political system claims some semblance of democracy, but the economy is a virtual dictatorship. The very few have squandered our resources producing climate disruption, extreme inequality and diminished quality of life. A corporatist employer/employee relationship begins with exploitation and inequality, leading to divi-

sion and conflict, then ending in resentment and alienation. Employees spend over a third of their waking hours related to the workplace. Their rights and responsibilities in economic democracy call for voice and vote to choose how we serve human need and want for everyone, not just the rich.

Harold Honkola Stillwater

Beliefs above evidence?

Who do you trust? I'm not thinking of political leaders. I'm referring to people. Whether they go to church is as irrelevant as their political party. What matters is whether they put their beliefs above evidence. Do they put Tribe above Truth? If they are unwilling to look at evidence, then the answer is beware. We all choose what we believe. But if we're unwilling to put evidence above ourselves, we can't even trust ourselves. We're all tempted to do it. You know who I am talking about because we are related to them. They are our friends and neighbors. They are nice people.

Need examples? Think of someone you know who will believe allegations from their favorite "fact" source. But not watch testimony sworn under oath if they think it threatens their belief. Telling lies is not against the law. False testimony under oath is. That's why some people do everything they can to avoid it. Cross-examination makes the veracity even stronger. If it's the truth you fear, don't watch. Do vou know anvone who refused to watch the January 6th hearings, even if they had the opportunity? I know lots of them. Some even send me uncorroborated stories they find on the internet. If it conforms to what they want to believe, they swallow it like the gospel truth.

election was stolen based on allegations without evidence. Joseph Goebbels once said: "The more absurd the lie, the more people will believe it." Q-Anon conspiracy anyone? Voltaire wrote during the reign of terror following the French Revolution over 200 vears ago: "If you can get people to believe absurdities, you can get them to commit atrocities." Remember January 6. Times may have changed. But people haven't.

If you have been following the evidence, you know the former president knew he lost the 2020 election while he was (and still is) telling people he didn't. He knows his audience. He actually has two: Those who believe what he says because they need to be lied to; and those who don't care if it's true because they want power.

James Tweed Ocean City, NJ



Indeed, the U.S. Constitution provides the clearly delineated and lawful means for

is understood in its proper historical context, adds Raskin, it is clear that reasonable restrictions are perfectly consistent with the Constitution. Those who argue otherwise are taking an extremist position that is not supported by the facts, by history, or even by the most ideologically pro-gun Supreme Court in U.S. history.

Given that overwhelming majorities of Americans, including Democrats, Republicans, and Independents, support reasonable gun regulation, members of Congress and state Legislatures should stop using false Constitutional claims to block such legislation. Fiction should not be the basis for undermining public safety.

All propagandists know that if you repeat a lie often enough, people will believe it. We witness, today, the ease of spreading lies. Millions believe the last presidential

Your letters

The Timberjay encourages letters to the editor. You can submit letters by mail at PO Box 636, Tower, MN 55790, or email letters to marshall@timberjay.com.

We ask that letters be limited to 300 words.

Letters are subject to editing, primarily for length and clarity.

Letters are a great way to offer your input to the Timberjay's editorial page. We want to know what you think!

COLUMNIST Saying goodbye and championing freedom of the press

Record editor and co-publisher

Saturday, a week after a police raid on her home that contributed to her death at age 98, an unprecedented illegal act that sparked national and international outrage.

As I noted last week, I got my start in journalism thanks to Joan and her husband. Hall



Longtime Marion County of fame editor Bill Meyer and their son, now solo publisher Joan Meyer was laid to rest last Eric, hired and mentored me as

the paper's news editor back in 2014. With family ties between the Colburns and the Meyers reaching back to the 1930s, there was little question that I would make the long drive to Kansas to pay my respects to the family and demonstrate my support for the newspaper.

The extensive coverage caused me to

overestimate the anticipated size of the crowd that made its way into the Valley Methodist Church for the funeral. The journalism community had already paid its respects the way they do best, in words, throughout the week, and aside from representatives of the state press association and a handful of others, the only press attending the service were a couple of Wichita television stations and a few journalists there to cover the proceedings.

The church was largely full, but not overly so, which in retrospect isn't surprising. At 98,

Joan had outlived almost all of the friends and journalism peers that might otherwise have attended. Current and former Record staff were well represented, as were members of the business community, younger friends and church members.

Two aspects of the affair were bizarrely ironic. For one, the church sits directly across the street from the restaurant operated by Kari Newell, whose complaint about identity theft related to her drunk driving record and suspended license led to the search warrant that authorized the raid. At one point, according to one observer, Newell was out on the front porch watching people arrive before retreating inside. One can only wonder what was going through her mind.

But an even more disconcerting development would follow the service, when the funeral procession headed to Marion Cemetery was led by the same police force that contributed to her untimely death. Such an escort is standard procedure in Marion, but surely unwelcome

See PRESS...pg. 5

Letters from Readers

Thank you to all our volunteers

Gratitude radiates like a beacon as we pause to pay tribute to the remarkable volunteers who illuminated our summer with their unwavering dedication and boundless enthusiasm. Their contributions paved the way for the triumphant debut of "Broadway in the Boundary Waters," an endeavor that could never

have taken shape without their selfless commitment and tireless efforts. As we reflect on this chapter of creativity and community, our hearts overflow with appreciation for the profound ripples of change they've set into motion.

A special note of thanks extends to those extended who their warmth and hospitality, transforming our presence in Ely into a cherished home away from home. The conversations and treats provided by: Johnnie Hyde, Sandy Pawlak, Laurie Kess, Molly Olson, Janet Dunnom, Judy Pope, Deb Bradt, and Sara Skelton...were a testament to the kindred spirit that binds us all together. Your gestures of kindness were treasured beyond words.

To our exceptional box office volunteers and ushers, you were the first brushstrokes on the canvas of the masterpiece that our pivotal role in crafting the experience for our guests did not go unnoticed, and for that, we extend our most profound gratitude to: Glenda Harbaugh, Janet Dunnom, Cheryl Martinetto, Wendy Lindsay, Denise Norman, Margie Olson, Linda Keck, JoAnn Bird, Andrea Strom, Johnnie Hyde, Irene Hartfield, Pat Bieber Ann Spitler, Bill Spitler, Vladimir Perez Vacalla, Ethan Fuller,

audience witnessed. Your

Nancy Andreae, Jennifer Toddie, and Jordyn Stocks.

Your unwavering commitment and dedication have indelibly shaped our journey, leaving an impact that will resonate for years to come. If you have the privilege of crossing paths with these extraordinary individuals, I implore you to seize the moment to convey your heartfelt gratitude for the remarkable contributions they've made. Our canvas of creativity and community owes its vibrancy to each and every one of these exceptional volunteers, and we are reminded that such an achievement is only possible through their generosity.

With sincere appreciation,

> Ian Francis Lah Elv

BETTERLEY...Continued from page 3

And now, as the new Mrs. Petite USA title holder, Betterley has a conduit to spread that passion across the nation. She said she's currently working to turn Sketchbooks for Kids into a formal 501(c)(3) organization, and she's ready to engage the Petite USA sisterhood in her cause.

"I have a lot of people on board," she said. "In states across the country, I can go 'Hey, Mrs. Hawaii Petite, do you know a place where sketchbooks are needed,' and she'll be like 'Yes, absolutely, get me the sketchbooks.' It's that grassroots effort where

we work together that I've never had in pageantry. In all my years of pageantry I've never seen that, and it's really cool."

Betterley said her husband Brad has been a steady source of support throughout her pageantry journey.

"If anyone ever meets Brad, they'll know he's one of the most humble, relaxed, chill guys you'll ever meet," she said. "He's been with me since before I won Miss Minnesota back in 2015, so he's seen the journey and he's used to it. He knows how much it fuels my creativity. I'm kind of the wild energetic artsy one, and he's the one who keeps me level-headed and collected. At the end of the day, he's going to be supportive, no matter what."

It will be a busy year ahead for Betterley as she makes appearances and promotes her philanthropy and the Petite USA organization.

"I feel like I'm ready to be their leader," she said. "I also feel that the women in the system are going to gain a lot of insight from me. I want to share my knowledge of pageantry and share the things that I'm passionate about. At the end of the day, being a national title holder is not about me, but it's celebrating the women who are in the organization, celebrating philanthropy, and just uplifting people."

This isn't the end of Betterley's pageantry, as she'll be competing in the Universal Petite Pageant next July.

"I do actually have to prepare for another pageant," she said. "It will be my very first international pageant, which is pretty cool. The message still stays the same. It's just continuing to expand that outreach.'

Betterley hopes that her experience will serve as an example of what can happen when small town girls dream big. "It doesn't matter if

you live in the woods on 80 acres, it doesn't matter if you come from a small town. If you are dedicated and you get creative with how you do things you can find success," she said. "I just want to encourage people to not let location define their dreams."

Those interested in Betterley's supporting philanthropy can follow Sketchbook for Kids on Instagram, where they will

find a link to an Amazon wish list to purchase kit supplies. A donation can also be made through Venmo. Betterley is also available for appearances by contacting her through email, rachelbetterley@gmail.com, or messaging her through Facebook or Instagram. "If there's an appearance idea where you feel like I'd be a great fit, or if they want me to speak at an event, or if it's something involving the arts and they feel like I can contribute, I'm always willing, especially up here in the Northland," she said.

PRESS...Continued from page 4

by mourners on Saturday.

Several days earlier, the county attorney canceled the search warrant and ordered the return all of the seized computers, routers, and cell phones to the Record, citing "insufficient evidence" to support the extent of the raid, an indirect admission that there was no need to have raided Joan Meyer's home in the first place.

The lack of justification became even more apparent after the release of the probable cause affidavit, inexplicably not filed with the court until three days after the search warrant was granted by Judge Laura Viar, herself a two-time drunk driving convict. Marion Police Chief Gideon Cody, who was under investigation by the Record regarding the circumstances under which he left the Kansas City Police Department and took the job in Marion for about half the salary he'd been making, specifically noted that reporter Phyllis Zorn was the one who he alleged illegally accessed Newell's

driving record through the Kansas Department of Revenue website. With a specific individual in mind, their only possible justified seizure would appear to be Zorn's work computer and possibly her cell phone. And, notably, Cody did not ask for permission to search Zorn's home, where she might have had a computer that was used to access the record, but did ask to raid Meyer's home, where Zorn would have had no reason to be. And the search could have been narrowed more if Cody had simply obtained the IP address of the computer that accessed the DOR website. There was absolutely no reason to seize all of the Record's computers and server, no reason to seize other staff members' cell phones, and certainly no reason to invade Joan Meyer's home, other than perhaps to deliberately interfere with the

paper's ability to publish. If that was the intent, it failed miserably. Working with a system cobbled together from antiquated computers, the Record

staff worked through the night that Tuesday to 5 a.m. Wednesday to meet their normal Wednesday publication time. The banner headline on the front page proudly proclaimed "Seized ... but not silenced." I've never been prouder to be associated with that newspaper than the moment I saw that headline.

The investigation of the incident has been taken over by the Kansas Bureau of Investigation, which still could decide some sort of crime was committed and recommend charges against the paper. But they will have to do so without the benefit of any of the items seized in the raid, which by agreement of all parties are off limits for the investigation.

So why should the general public, and you, our readers, be concerned over an illegal police raid on a little Kansas weekly newspaper with a cir(although that circulation

Because the press is the only profession enshrined by the Founding Fathers in the Constitution, that's why. Freedom of the press stands right alongside the right to bear arms, although the Second Amendment seems to get more fervent support these days than the First.

That freedom of the press in America is under attack is undeniable. Former president Donald Trump has declared the press the "enemy of the people" on multiple occasions, ignoring his oath to uphold and defend the Constitution.

The world press freedom index compiled by **Reporters Without Borders** ranks the United States well down the list at 45th, behind such countries as the Czech Republic, Lat-

the Dominican Republic. The ranking reflects the industry's budget constraints, a decline in audience trust and a rise in hostility toward mainstream media, and a worrisome trend of journalists being harassed, intimidated and assaulted while doing their jobs. The U.S. Press Freedom Tracker reports assaults on journalists jumped from 13 in 2018 to 145 in 2021.

In 2018, a gunman walked into the offices of The Capital Gazette in Baltimore and murdered five staff members over a dispute with the newspaper. In 2023, a Nevada county administrator was charged with the 2022 stabbing murder of Las Vegas Review-Journal reporter Jeff German, who wrote reports critical of him. And the issue hits close to home, where journalists were threatened and intimidated by Minnesota police during the George Floyd and Daunte Wright

protests. The Founding Fathers

recognized the value of a free press for society. Its roles in informing the citizenry, checking government power, championing transparency and accountability, guarding individual liberties, and catalyzing social change makes it an indispensable defender of democracy. Protecting and nurturing a free press is not only a matter of upholding democratic principles but also a commitment to the advancement of society as a whole.

When a small newspaper is illegally raided by police and its ability to publish is threatened, it's a threat to our way of life. Such threats are intolerable and should be met with outrage, not only by the press but also by you. Anything less is to give away a piece of the freedoms we as Americans hold so dear.

has now doubled with the number of new subscribers to the Record following the raid)?



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TIMBERJAY

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Moving? Questions about your subscription? Call the Tower office at (218) 753-2950.

Week of Aug. 28

Monday

Embarrass Al-Anon Family Group- Hope Lutheran Church, 5088 Hwy. 21, 6 p.m.

Tuesday

Tower Area Food Shelf-Open on the third Tuesday of every month from 2:30-5 p.m. Located in the back of the Timberjay building on Main Street. Next food shelf day is Sept. 19.

Greenwood Fire Dept.-Training meetings on the first and third Tuesday of each month at 6 p.m.

Thursday

AA Meeting- Lake Vermilion 12x12 (Open) 6:30 p.m. at Immanuel Lutheran Church, Tower. Use the rear side door entrance.

Vermilion Country School **Board- Meetings** posted online at vermilioncountry.org.



TSHS week 4 winner

The winner of week four \$100 cash prize is Jayanne Suihkonen of Tower.

Week three winner Bob Anderson of Tower generously donated his \$100 cash prize back to the TSHS for the Historic Fire Hall Restoration Project.

History Tidbit: The first Catholic Missionary to come to Tower was Father P.B. Champagne. He arrived November 11, 1884, on the feast day of St. Martin of Tours, hence he dedicated the new church to St. Martin "of Tower", (Tours means Tower in French), to honor Charlemagne Tower, the owner of the Soudan Mine. Building construction began on May 15, 1885, and the church was dedicated July 5, 1885. The present St. Martin's Catholic Church was completed in 1962.

Embarrass Class of 1970 photo opp clarification

Tower-Soudan Editor

TOWER- Jan and David Munzberg came all the way from Aldinga Beach, South Australia, to speak to an event held at the Lake Vermilion Cultural Center earlier this month. But the retired educators have strong ties to northern Minnesota, as well as to LVCC President Mary Batinich. Jan's mother was a public health nurse who befriended Mary's mother, a teacher, in Bigfork, the small rural town north of Grand Rapids.

After a few stories about life in that small town, Jan spoke of her time as a teacher, and how she and her first husband, and two young children, ended up teaching in Australia as part of a two-year teaching program in 1972. Australia was suffering a teacher shortage and brought in teachers for two-year terms, with the option to remain if desired.

said. "I've been there 50 years."

was my favorite age to teach."

Jan touched on differences in the educational systems in the two countries. In Australia, teachers don't use textbooks, and teachers will stay with the same cohort of students as they move from their first to third year of formal schooling.

for a teacher," she said, adding that she is still in touch with some of her former students.

Jan moved into leadership roles, finishing her career as a principal of an elementary school that served children in grades one through three.

the wider community," she said.

But in 1994, both she and her second husband, David, also a school principal, took early retirement, and they both embarked on second careers in the creative sector.

Dan, a native Australian, grew up on a farm near Adelaide, in South Australia. The area is known for its grape-growing and vineyards, and his family farm grew grapes and raised poultry.

"My heritage is German," many children I punished," he back to the United States every he said, and talked about a wave said. "But I didn't believe in hitsummer for at least the last 30 of German immigration to Austing kids." years, visiting their children and tralia in the 1800s, as Lutherans other relatives of Jan's, as well as Dan worked to educate fled from compulsory military the Grand Rapids and Lake Vermore teachers and schools on non-punitive measures, such as materials definitively linking milion areas. "Within a few years there The two first learned about him to the building. logical consequences, as well

Learning about life "down under"

LAKE VERMILION CULTURAL CENTER

by JODI SUMMIT

'We decided to stay," she

"I had a wonderful life as a teacher," she said. "Third grade

"It is such a wonderful thing

After years in the classroom,

"I thought I had the best job. I got to work with the children, their parents, the teachers, and



Jan Munzberg, who grew up in Grand Rapids, talked about her life and career in Australia. Jan donated this original quilt featuring wildlife of Australia to the LVCC. The LVCC is asking for a \$500 donation for the quilt. If it isn't sold, the quilt will be part of an upcoming fundraiser raffle. photos by J. Summit

were nine different Lutheran Synods there," he said.

South Australia wasn't settled as a penal colony as was the rest of the country, he noted. Initial business enterprises mostly went bust, he said, but then highgrade copper ore was discovered, and the area grew.

Growing up, Dan always assumed he would stay on the farm, but the farm was passed onto his older brother.

"I literally fell into teaching," he said. "And I loved it." His first job was at a remote outpost, only reachable on a rural railroad line.

"I was 20 years old," he said. "I had 36 students, no telephone, no electricity." Students were mostly from families of the men working on the railroad. He spent two years there, then moved on to different areas.

He noted that male teachers were usually the only ones promoted to leadership and principal positions in schools because these jobs were not deemed suitable for female teachers who were married. This practice didn't change until the early 1970s, he said.

He met Jan while they were both principals and working on projects and conducting workshops aimed at updating school culture.

"When I started teaching, they issued me a cane, and I was supposed to keep track of how

as working with parents to give them more non-violent tools for addressing problem behaviors at home

"Successful schools are true communities of students, staff, and parents," he said. "Being a school principal is like conducting an orchestra."

The two married, and about ten years later both traveled to British Columbia on a teacher exchange program. Shortly after returning to Australia, Dan was offered early retirement at the age of 49.

He was already an accomplished builder, having designed and constructed the home their family lived in.

"I started making furniture for our home," he said, a hobby that has turned into his second career of crafting custom free-standing furniture.

"I'm obsessed with woodworking," he said. "I've had two creative endeavors, and both are quite different."

Shortly after Dan took early retirement, Jan also took that leap.

"There is just so much to do," she said. Adding to her teaching resume has been the publication of two family histories (one for both sides of her family), a cookbook she co-wrote with her daughter, quilting, sewing, card-making, and renting out a small cottage in their backyard.

The two have been traveling

the Lake Vermilion Cultural Center project before St. Mary's Church was moved to its current location on Main Street.

"I really have to congratulate Mary and the LVCC board and volunteers," he said. "This is a very courageous project. I am glad to be a part of it."

The two have provided financial and other support for the project over the years. A quilt featuring Australian animals is now on display in the lobby of the building, and LVCC is taking bids on the beautiful, original quilt as part of their ongoing fundraising efforts.

After the program, the audience was treated to ice cream and a selection of homemade pies from LVCC board member Shelby Vaske, as well as raffle drawings for some other handmade items donated by the Munzbergs.

LVCC board chair Elaine McGillivray talked about the ongoing research they are doing on the history of St. Mary's, which was built in 1889.

"We have been trying to make the link to Cass Gilbert," she said. Gilbert is a famous American architect who started his career designing many small churches in the state, including some on the Iron Range during the same time-period. He went on to design the United States Supreme Court building, and the Minnesota State Capitol building in St. Paul.

The design of St. Mary's is very close to the design of some of his other church buildings, but so far, LVCC researchers have been unable to find any original

EMBARRASS- In the Aug. 18 *Timberjay* article "Embarrass Fair set for Aug. 25-27," the paragraph regarding the all-class reunion had some incorrect information. This event is not an allschool reunion but rather alumni from the Class of 1970 came forward with the intention to close out the old accounts and generously decided to donate the remaining funds to the Embarrass Region Fair Association. Any grads that are on site Saturday afternoon are invited to gather near the entertainment tent at 3 p.m. for fellowship and a group photo will be taken at 3:30 p.m.. The Association apologizes for this misunderstanding.

St. Martin's Annual **Rummage Sale on** Saturday, Aug. 26 TOWER- Mark your

calendars! St. Martin's Catholic Church in Tower will host a rummage sale on Saturday, Aug. 26 from 8:30 a.m. to 1 p.m., in the church social hall. We will once again offer EARLY BIRD SHOP-PING at 8 a.m. for a fee of \$5. In addition to the rummage sale, coffee, cinnamon and caramel rolls will be available for purchase, for eat-in or take-out. Remember, one person's junk is another one's treasure.

More information on the Peyla family history in Tower

TOWER- Dick Pevla has sent some additional information and clarifications on the writeup of his history talk earlier this month. He writes, "this was a great article about a confusing subject, and I'm sure some of the confusion was caused by me and my presentation. These corrections/additions are offered for your consideration of the historical record only. Thanks very much again. Our family really appreciates the article."

➤ Peter Peyla was my great grandfather, not my great-great grandfather. I got this wrong in the original announcement of the talk. He came to the United States in 1882, not 1880.

➤ Pela Anderson was Dave Anderson's grandfather. Pela was the young teenager standing next to my grandfather in the 1930 picture. Pela was working at the garage as a teenager, but never a partner.

> James married a Lutheran woman (sometime around 1920 - I didn't mention that) named Jennie Anderson which started the Anderson/Pevla connection. We think it was Jennie who convinced James E. to buy the garage from the Andersons in 1930.

➤ The Y Store was built by

John Peyla.

> Patsy Olson was Sonny Peyla's younger sister, daughter of James and Jennie. No relation to the Andersons. They had two daughters, Julie Olson Mickle and Sally Olson Averill.

➤ The garage was named Arrowhead Garage back in 1930, not 1949. My father Sonny, had a grand opening in 1949 when he took over from my grandfather.

> In 1963 with the switch to Texaco, Dad started selling fuel oil to replace the declining coal business. He was always hauling gravel and building small cabin roads since the very early 1950s.

➤ The group of guys came back about a month later (not a few days) to rescue the weasel. They had to wait for ground to really freeze.

➤ Sonny didn't build his snowsled, he bought it homemade from someone.

➤ The Welles brothers went 110 in their snowsled, not my father's. My dad's snowsled was a coat hanger and duct tape kind of machine.

► More Tower Connections - You could add the fifth sibling, Francis (Peyla) Reioux to the paragraph. She, with her husband, Joe Reioux, were business partners with John Peyla and later owned and operated the Y Store. Francis was an accomplished artist/painter.

Hot dogs for Care Partners, Aug. 26

LAKE VERMILION- The Lake Vermilion Weiner Cruiser and Care Partners are teaming up to help Iron Rangers facing cancer. On Aug. 26 from 11 a.m. - 3 p.m., Care Partners volunteers will be on-board the Weiner Cruiser, cruising the lake to raise money for individuals and families facing cancer. Find the Weiner Cruiser on the lake for some great hot dogs, and then help out Care Partners, who will have volunteers on board asking for goodwill donations. The goodwill donations raised will provide much needed financial assistance to Iron Rangers facing

COMMUNITY NEWS

cancer. It is sure to be hot-diggity, dog-diggity, good time.

For updates on where to find the Lake Vermilion Weiner Cruiser on Saturday, Aug. 26, check out the Lake Vermilion Weiner Cruiser Facebook page. For more information call Care Partners 218-404-1411.

Final Train Tales on

Wednesday, Aug. 30 TOWER- The Tower Soudan Historical Society invites one and all to the last Train Tales of the summer at Car 81 at the Tower Train Depot. On Wednesday, Aug. 30 at 2:30 p.m. Kathy Siskar, who launched Train Tales back in June, will present a special story she has written about "Matilda, the Mule in the Mine". Kathy is a master storyteller and her entertaining tale is sure to delight children and adults alike. After the story, treats will be served and the Arrowhead Bookmobile will be waiting in the Civic Center parking lot to check out books to those in attendance. Young children coming to Train Tales who are not yet in school will need to be accompanied by and adult.

History Happy Hour on August 25

TOWER- The Tower Soudan Historical Society invites local residents to come and admire the new roof on the Tower Train Station Museum as they sip a cool lemonade during the Tower Farmers Market. On Aug. 25 from 4-5 p.m. members of the TSHS will pass out delicious lemonade to shoppers at the Farmers Market.

"This is a way to say thank you to folks living in nearby towns and on the surrounding lakes. We are here for everyone," said Nancy Larson, TSHS President.

ELY LOCAL NEWS

DOROTHY MOLTER

No "beliakin" at Dorothy Molter film



The Dorothy Molter Museum showed the 1987 documentary, "Dorothy Molter: Living in the Boundary Waters," on Aug. 18 at Ely's Historic State Theater. After the film, a panel answered questions about the film and about Dorothy's life. From left-toright: Jess Edberg, executive director of the museum; Judith Hadel Morrissey, producer of the documentary; Dan Galante, Dorothy's great nephew; and Doris Kolodji, a sixth grade teacher from Hibbing who was a friend of Dorothy. photo by C. Clark

ELY- In honor of its 30th anniversary, the Dorothy Molter Musuem hosted a free showing of the 1987 documentary, "Dorothy Molter: Living in the Boundary Waters." The documentary was shot between 1983 and 1986, the year Dorothy died.

After the film, the museum arranged a panel of four to answer questions about Dororthy, her life, and the making of the film.

The documentary

The film was produced and directed by Judith Hadel Morrissey and co-produced by Wade Black. The documentary was shot with 16 mm film with equipment that had to be paddled and carried over portages to Dorothy's off-grid home on Isle of Pines, scant miles from the Canadian border.

The documentary follows Dorothy's life through the season as the last resident of the Boundary Waters Canoe Area Wilderness.

Dorothy's home was the cabin resort she worked at starting in 1934. She took over the



The documentary, "Dorothy Molter: Living in the Boundary Waters," filled most of the seats at Ely's Historic State Theater on Aug. 18. A panel assembled by the Dorothy Molter Museum answered questions and provided commentary after the film. photo by C. Clark

in the Boundary Waters as she experienced each season.

Molter became famous for her persistence in not wanting to leave her home of decades despite the U.S. Forest Service's (USFS) efforts to have her vacate her island. After the Wilderness Act of 1964, Molter ignored the USFS order to leave the Island of Pines. Between her stubbornness and support from the public and environmental activists, she was allowed to live the rest of her life in her Boundary Waters home though she was forced to close her resort to visitors. In her later years, she switched to home-brewing and selling root beer during the summer, which is the origin of her epithet as the root beer lady.

The event

The Aug. 18 event filled Ely's Historic State Theater with a crowd of about 140. The documentary was 42 minutes long. It was followed by a question-and-answer panel with four people: Jess Edberg, executive director of the museum; Judith Hadel Morrissey, producer of the documentary; Dan Galante, Dorothy's great nephew; and Doris Kolodji, currently a sixth-grade teacher from Hibbing who was Dorothy's friend when she was younger.

The panelists shared their experiences with both the museum and with Dorothy. Some of the panelists spoke of Dorothy memories that no one had heard before. For example, Galante recalled finding silly outfits and bringing them to Molter's home in the Boundary Waters. " another time, a big sombrero. No one knew that she would dress up in like this besides me."

Other of Molter's friends in the audience contributed both questions and commentary on Molter's life. The panel portion of the program was popular and the audience kept the panelists well past the advertised ending time of 8 p.m., with the event finally ending after 8:30 p.m.

In Brief

Tuesday Group schedule

ELY – The Tuesday Group community educational lunch gathering meets every Tuesday at noon at the Grand Ely Lodge. Participants have an opportunity to order lunch. For those interested in being a host, or who have a speaker suggestion, contact Lacey Squier by email at ElyTuesdayGroup@ gmail.com or call her at 218-216-9141.

Upcoming Tuesday Group speakers:

► Aug. 29: Root Beer Lady the Musical with Barb Hall

► Sept. 5: Spruce Project with Randy Kolka

Sept. 12: North Country Trails

► Sept. 19: E-waste Recycling



Libraries

Ely library

Hours: Monday — Friday, 9:30 a.m.-6:30 p.m. Closed on Saturday, Sunday, and holidays Phone: 218-365-5140

Babbitt library

| Monday | 10 am-6 pm |
|---------------|------------|
| Tuesday | 10 am-6 pm |
| Wednesday | 10 am-6 pm |
| Thursday | 10 am-6 pm |
| Friday | 10 am-6 pm |
| Phone: 218-82 | 7-3345 |
| | |

small resort in 1948 when its owner, Bill Berglund, died and left it to her. The documentary showed what her life was like, living by herself year-round /aters." "I would dress her up

in silly clothes and then take pictures," Galante related. "Once I got her to wear this blond wig, and

COMMUNITY EVENTS AND NOTICES

Ely Public Library

ELY- The spice for August is celery seed. There are still a small number of free spice kits left.

The library will be closed on Monday, Sept. 4, and Sept. 22-20.

The library board will hold its monthly meeting at 5:30 p.m., Wednesday, Sept. 6

The Library will host a STEM night in collaboration with the Bell Museum. The event will be on Thursday, Sept. 7, at the library from 4:30-6:30 p.m. The program will have a variety of experiments and activities provided by the Bell Museum about light, energy, vortexes, animal taxonomy and much more. This is a drop-in, hands-on program for all ages. Drop in when you have time, after work, school or dinner.

The Friends of the Library Bookclub will meet on Monday, Sept. 11, from 3-4 p.m. The book selection is "Beyond Religion" by the Dalai Lama.

The Friends of the Library will have their monthly board meeting on

Tuesday, Sept. 12, from 1-2 p.m.

The Library will hold a party for the end of the Summer Reading Program for Adults, on Thursday, Sept. 14, from 6:30-7:30 p.m. The library will distribute prizes to those who completed their reading goal.

Preschool Storytime is held every Friday from 10:30-11 a.m.

All library events are at the Ely Public Library at 224 E. Chapman St.

Auditions

ELY- Ely Memorial High School's performance of "Disney's Frozen, The Broadway Musical" is is only four months away. Auditions for the musical will be on Sunday, Sept. 17, from 5-7 p.m. for students in grades 6 through 12. Call back will take place on Sept. 18-19.

The auditions will be held in the Washington Auditorium on the Ely School District campus at 600 E. Harvey St. Use the center doors (marked with the number one) to

enter the school and then turn right after the school offices.

Ely Community Health Center

ELY- The health center, which provides no-cost routine medical visits, referrals and teeth cleaning, will hold an open house on Wednesday, Sept. 6, from 4-6 p.m., at its new office at 33 E. Chapman Street.

Dorothy Molter Museum

ELY- One of the final events of the museum's 30th anniversary celebration, the museum is sponsoring The "Root Beer Lady: the Musical" at Ely's Historic State Theater on Sept. 7-10. Times and tickets are available at https://movies.elystatetheater.org.

Harvest Moon Festival

ELY- This year's Harvest Moon Festival will be on Sept. 8-10 in Ely's Whiteside Park.

Music in the park

ELY- The jazz band, Jumpin' Jehosafats, will revisit Ely on Monday, Aug. 28, at 5 p.m., to play in Whiteside Park. The band will be fundraising to benefit the Ely Folk School. The rain location for the event is at the folk school building at 209 E.

> Your local source for news, music and entertainment!

Sheridan.

Community Dance

School will hold a com-

munity dance at the Ely

Senior Center on Saturday,

Sept. 16, from 7-10 p.m.

Dances will feature con-

tra, line and circle dances.

No experience necessary.

ELY- The Ely Folk



91.7fm - Grand Rapids 90.5fm - Bemidji 89.9fm - Brainerd kaxe.org

Support groups

AA - Alcoholics Anonymous **OPEN AA - 7:30** p.m. Wednesdays and Saturdays, in-person, First Lutheran Church, 915 E. Camp St., Ely. ELY WOMEN'S OPEN AA - Every Monday at noon at Ledgerock Church, 1515 E. Camp St., Ely. BABBITT AA - 7 p.m. Tuesdays, Woodland Presbyterian Church. AL-ANON - Sundays 8-9 p.m. at St. Anthony's Catholic Church in Ely. For persons who encounter alcoholism in a relative or friend. **BABBITT AL-ANON -**Thursdays, 7 p.m., at Woodland Presbyterian. **CO-DEPENDENTS'** 12-step support group, 5:30 p.m. Thursdays, Wellbeing Development, 41 E Camp St. Ely. ADULT BASIC **EDUCATION GED** Study materials and pretest available. Call 218-365-3359, or 1-800-662-5711. CAREGIVER **SUPPORT GROUPS:** Babbitt: 3rd Monday of Month: 6-7:30 p.m. at Carefree Living. Ely: 4th Monday of Month: 10-11:30 a.m. at Ely-Bloomenson Hospital. Conference Room B.

FIXING THE ROADS

Cook gets a good look at Vermilion Dr. project

by DAVID COLBURN Cook-Orr Editor

COOK- A good crowd was in attendance Tuesday at an open house at the Cook Community Center where representatives of the county's public works department were on hand to discuss the plans for next summer's Vermilion Dr. project.

table-length Two aerial photos depicted the scope of the project, which will run from Hwy. 53 to within a hundred feet or so of 2nd St. E, overlaid with outlines of the construction plans. The display was augmented with other graphics illustrating portions of the proposed work. Public works personnel answered questions as people milled about looking at the displays.

"It's going to be a complete reconstruction project," said project engineer Eric Fallstrom. "We're looking at fulldepth excavation, some minor utility work as far as storm sewers, a little bit of city water and sewer work associated with it. Then we're going to be removing and replacing everything.'

That includes the mysteriously levitating light poles on the south side of the road east of River St. that have fascinated local residents with their concrete footings rising more than a foot above ground level.

"The decorative lighting on the south side is going to be removed, and there'll be new cobra-style lighting on the north side."

Another significant change will be the addition of curb and gutter and sidewalk along the north side of the road all the way to Hwy. 53, Fallstrom said.

"I think it's going to be a great project," he said. "I think it will work out nice for the community."

The city of Cook is planning additional street improvements on N River St., and Fallstrom said that while the projects are separate, they will be put out for bids together so that one contractor will be responsible for both.

"Hopefully, they'll realize the benefits of kind of combined projects and save some mobilization costs as well," Fallstrom said. "That's the time to do projects, when you have a contractor in town. Hopefully the city can realize some of the benefits."

Fallstrom said he anticipates that the bids for the county project should come in around the available \$1.8 million budget, as the main inflationary hikes for road construction have come with premanufactured pipes, of which the project calls for few, versus general construction materials.

"I think we'll be in good shape," Fallstrom said.

The funds for the project will be coming out of the money the county receives from the state for county state highway projects.

Construction notes

assured Fallstrom those living along Vermilion Dr. that they would have access to their properties during construction. "At all times these residents will have access either from one way or the other," he said. "The contractor will be required to provide access to these houses as there are no alleys or back streets available for them to use."

A significant change drivers will see is the switch to a four-way stop at the River St. intersection. Right now traffic on Vermilion Dr. does not stop, but the change makes sense from a safety standpoint.

"From a volume standpoint, they're approximately balanced legs here," said traffic engineer Victor Lund. "The north leg really doesn't have much traffic, but these three legs are generally balanced and are kind of similar to each other."

Another notable feature of the intersection will be the construction of what are known as bump outs on the corners, rounded areas with sloping curbs that provide added safety for pedestri-

"What bump outs do is that they will provide a shorter crossing distance for pedestrians than they have today," Lund said. "Engineers think about that as exposure distance, the opportunity for a pedestrian to be struck. What this does is minimize their exposure."

Bump outs also effectively extend the sidewalk more into the traffic lane, increasing the visibility of a pedestrian to oncoming drivers.

"It's going to look way different than it does today," Lund said. "Pedestrians are going to feel more comfortable, they're going to feel more like they belong."

But while safety engineers are big fans of bump outs, snowplow drivers apparently are not.

"My maintenance people, they're all mad we're putting this in," Fallstrom said. "They're not great from that maintenance standpoint. They're tough. But we feel like the added (safety) benefits are worth it."

Lund noted that the sloping curb of bump outs can fairly well accommodate snow plow blades.

The extension of the

sidewalk to Hwy. 53 is a feature Lund talked about.

"In the last five years we've become a lot more street-oriented at the county, so when we do these reconstruction projects in cities we try to consider all modes of transportation," he said. "At the end of the day, vehicular traffic is still king. Somebody we need to get an ambulance to takes priority over a bike. But at the end of the day if we can accommodate a complete street zone, meaning that it will include sidewalks and bike lanes, certainly we're going to try to do that if we can."

The main traffic lane won't have a designated bike lane, but the six-footwide sidewalk is wide enough to accommodate bike traffic, Lund said.

"Especially for younger bicyclists, they don't have to ride on the road, they can ride on the sidewalk," Lund said. If completion of plans and bidding goes according to the desired schedule, Fallstrom said work should get underway on the project in late May or in June.

COMMUNITY CALENDAR

Cook Library offers end of summer fun

COOK- Celebrate the end of summer August 28 - 31 at the Cook Public Library.

Preview our new early learning kits with games and toys. Stop by our giveaway table. Enter a drawing to win one of three Build Your Own Stuffed Animal kits. And remember to turn in your timed reading logs and BINGO challenges by August 31 to receive your

prize.

Cook Public Library early learning kits help kids explore reading, math, engineering, science and nature through play. Each kit contains multiple learning toys, games and books. In September patrons can use their library card to check out kits. Funding for the early

learning kits were made possible by the Friends of the Cook Public Library and a Dollar General Literacy Foundation grant

Bear River Fair will be this Saturday

BEAR RIVER- The Bear River Community Fair is maaking a comeback this year, with a wide variety of activities to delight young and old alike.

The fair will be at the Bear River Community Center (old Bear River School) beginning at 9 a.m. and ending at 5 p.m.

Exhibitors should plan to arrive between 9 a.m.-11 a.m. to enter their items in the fair.

Music in Park to host summer finale on Wednesday

COOK- Cook's own and favorite, Eric Pederson and talented cohorts, "The Beefeater Brothers" will perform everyone's favorites, classic country and rock and roll hits on Wednesday, Aug. 30 at 6 p.m. to wrap up the summer Music in the Park series.

In case of rain the concert will move to the Cook VFW near the park. Bring a blanket or chairs or listen from your car to the sounds of Bittersweet.

Northwoods Friends of the Arts would like to thank Eric Pederson, St. Paul's (Alango) Lutheran Church, the Cook Lions Club and the Cook VFW Post and Auxiliary 1757 for supporting Music in the Park.

Learn tempera on Sept. 29 at NWFA COOK-"Painting Flowers With Tempera Paint," a class taught by Ely artist Cecilia Rolando, will be held on Friday, Sept. 29 from 1-4 p.m. at the Northwoods Friends of the Arts Gallery in Cook. Tempera is a way of painting that uses pigments mixed with sizing, casein or egg to produce a dull or flat finish. Registration is required by calling 218-666-2153.

NORTH WOODS SCHOOL

North Woods School introduces new staff members

North Woods School welcomes a number of new teachers and staff to the Grizzly ranks this year. Meet the newest ad-

and her master's degree in Literacy Education and Certification in Autism physical education teach-Spectrum Disorders from er Mya Buffetta. I am Hamline University. Mrs. from Mt. Iron. I went to Koski has been married to Dave for 33 years. They live on the Tower end of Lake Vermilion. Mr. and Mrs. Koski have three adult children: Nicole (Tate), Matthew (Jenny), and Lucas (Lauren) and one grandson with another grandchild expected in January. Mrs. Koski has been teaching with SLCS for more than 23 years. She has worked in the Cotton, Cherry, Cook, and Babbitt buildings. Her most recent assignment has been at Cherry. She has taught all grades K-6, Title One, and Special Ed. Every grade has been her favorite. When Mrs. Koski is not at school, she enjoys spending time with family and her one-year-old German Shepherd, Avah. She also loves to fish for walleyes, travel, read, craft, and cook. She is looking forward to joining the great North Woods Grizzlies community.

Hi! I am health and college at the University of Jamestown in N.D. where I played basketball and majored in Health & Physical Education. I love being active and spending time at the lake and hunting shack with my family and friends. I am going into my 3rd year of teaching and am looking forward to being at North Woods this year! Go Grizzlies!

a teacher because in high school I always enjoyed working with elementary students in the classroom and other activities during the school year. I can't wait to start my teaching career as a fifth grade teacher back in my hometown!



island of Saint Thomas in the Virgin Islands. I'm returning to live in my native state of Minnesota for the first time in 24 years. I graduated from Kerkhoven-Murdock-Sunburg High in 1984 and the University of Wyoming in 1988 and then I spent the bulk of my teaching career in Japan (where I met my wife) and Taiwan. I am looking forward to reconnecting with my home state, as well as long missed family and friends.

ditions in these pictures and profiles provided by the school.

Hi, my name is Becca Bundy. I live in Cook with my husband, Jarrett, and four daughters, who all attend school at North Woods: Rory, a junior, Grace, a freshman, Piper, fifth grade, and Hadley, third grade. I am an ssistant coach for the girls basketball and softball teams at North Woods. Most recently, I have been a substitute teacher at North Woods. When I'm not coaching, I enjoy reading, running, fishing, spending time at our cabin, and raising my chickens! I look forward to working in the North Woods office in my new role as Site 1 Secretary.



Becca Bundy

Kindergarten teacher Angela Koski graduated from Tower-Soudan High School. She received her teaching degree from Bemidji State University,



Angela Koski



Mya Buffetta

My name is Blake Scofield, I grew up in Cook and attended Cook school and later North Woods when Cook and Orr combined. I recently graduated from the University of North Dakota in Grand Forks with a bachelor's degree in Elementary Education along with a minor in special education. In my free time I like to golf, hunt, spend time active in the outdoors and hang out with family and friends. I chose to be



Blake Scofield

My name is Nicole

Roy and I am so excited to be a Grizzly sixth grade teacher! I am new to the area, coming from Wausau, Wis. where I taught first grade for two years. I grew up in Wisconsin Rapids, Wis. and am the middle child of three. I went to college at the University of Minnesota - Twin Cities and then moved to Florida where I lived for four years. I moved back to Wisconsin to begin my teaching career because there was not enough snow to shovel in Florida. I have a four-year-old son who I love spending time with. My passions are cooking, playing hockey, and being outdoors. I can't wait for a fun school year!

Nicole Roy

My name is Lorenda Daugherty, I am happily married so far for 27 years, and I have three children, two girls and one boy. I am a veteran from the U.S. Navy, and I started out subbing for the district ten years ago. Now I am teaching music and enjoying every minute of it. We are going to be learning a lot and will



Lorenda Daugherty

•••

Aloha! I come to North Woods as social studies teacher from the island of Kauai, where my wife and I spent the last four years. Prior to that we lived on Maui and the



Ross Ashburn

A Special Thanks

...to the Cook, Buyck, Evergreen and Orr Fire Departments and the Cook Ambulance who responded to our 911 call on May 30 when lightning caused a fire engulfing Cam's home with billowing black smoke. The house was saved because of the quick and practiced work of the fire teams. Thank you! These volunteers worked hard through the rain, lightning, and hail. We cannot express our thanks enough!

Cam, Chuck, Shirley, **Trevor and Renee Nicholas**

COUNTY SCHOOLS

Sheriff to discontinue school resource officers

Concerns raised over new state law that puts greater limits on the use of physical restraint by police

by DAVID COLBURN Cook-Orr Editor

VIRGINIA-When legislators in St. Paul crafted a new state law regarding the use of physical restraint procedures in schools last spring, they were likely unaware that the measure would bring an end to the St. Louis County Sheriff's Office student resource officer (SRO) program.

Yet, at the ISD 2142 board meeting on Tuesday, Superintendent Reggie Engebritson told board members that the district had been notified that there won't be officers assigned to district schools this year.

"With the new legislation on prone restraints and reasonable force, the St. Louis County Sheriff's Department has determined that we need to pull the SROs from our schools, because it puts the deputies at civil or criminal liability," Engebritson said. "They consulted with the county attorney and their advice was to end the program. We're very disappointed because it's been a good partnership and built good relationships with kids.'

The issue is with the law's prohibition on the use

of prone restraints, which restricts the application of pressure on a pupil's head, throat, neck, chest, lungs, sternum, diaphragm, back or abdomen. Other types of restraints that officers might employ in intervening in a fight between students could involve applying pressure in some of those locations, and as the law is written the county attorney believed that could expose officers and the county to legal action.

Staffing concerns

As the new school year approaches, the district still has vacancies across the board in teaching and support staff positions, as do districts across the state. A recent KARE 11 survey found that rural districts had 349 teacher vacancies and 571 paraprofessional vacancies, and more than 60 percent of those jobs had zero applicants.

A scan of the ISD 2142 employment vacancies on Tuesday revealed openings for 11 teaching positions and eight paraprofessionals at North Woods (NW), Tower-Soudan (T-S), and Northeast Range (NER), although many of those spots were filled Tuesday by the board. It's unknown

if resignations accepted by the board on Tuesday are reflected in the vacancy count.

The *Timberjay* asked Engebritson about the staff shortages after the board meeting, and she said the district is doing what it can to cover the gaps, including the possibility of turning to a staple of the COVID pandemic era, distance learning.

"We've talked about reaching out and seeing if there are teachers in the district willing to teach their class and then have it be on Zoom, so the kids in the other school can still have the classes they need, especially in math and algebra," she said. "We would compensate those teachers before we look outside the district to other online courses."

And the effort to fill vacant positions is ongoing, Engebritson said.

"We're still optimistic," she said. "We still have some applicants looking, and we're reaching out to others that maybe we've interviewed to see if there's still an interest. The paras have gone back to five days a week and I think that's helpful – we have been getting more applicants

for that."

Engebritson said administrators will continue to assess what the needs are and take steps to address them, possibly utilizing substitutes in certain circumstances.

In other business, the board: ➤ Approved adjustments to three district

policies to reflect recent changes in state law.

➤ Approved putting three 2016 25-passenger Microbird school buses up for sale on an online auction site. In response to a question by board member Rob Marinaro, board chair Pat Christensen noted that the district has gotten good return on buses offered for sale through auction in the past.

➤ Rejected proposed reductions in staff for two central office positions to be changed from full-time to half-time. The motion to approve the recommendation died for lack of a second.

→ Hired Kaitlyn Clemmer as a part-time ECFE teacher aide at NER.

→ Hired Sara Debruzzi for a combined part-time position as library assistant and speech paraprofessional at NER. ► Hired John Zaitz as a

part-time aide at T-S. ➤ Hired Patty Skube as a part-time paraprofessional at NER.

 Hired April Carlson as nutrition manager at NW.
 Hired Bradley Sokoloski as custodian at NW.

→ Hired Patricia Frederick as a van driver at NW.

➤ Hired Tara Flatly as a part-time social worker at NER, which combined with an appointment as a part-time ECFE teacher position will create a fulltime equivalent position.

▶ Hired Amiah

Akerson as assistant cross country coach at NER.

► Accepted resignations/retirements from NW paraprofessional Brielle Anderson, NW ECFE teacher aide Pat Hauta. T-S bus driver/teacher aide Jeff Poppema, NW bus driver Daniel Squires, NER assistant cross country coach Ellen Pierce, NW special education teacher Tyler Voight, NER/NW counselor Joan Kjorsvig-Beans, NER paraprofessional MaCayla Flategraff, and NW special education teacher Amiah Akerson.



Confusing mix of new marijuana laws

CANNABIS

by CATIE CLARK Ely Editor

REGIONAL- When Minnesota's new recreational marijuana law took effect on Aug. 1, an average of one city per day enacted a no-public-use use law against cannabis and cannabinoids during the first three weeks of the month. The no-public-use law that rocked a few social media canoes was Duluth's ordinance approved on Aug. 14.

The new law, which passed 8-1, prohibits smoking cannabis, smoking tobacco, and vaping in all public parks in the port city. The new ordinance also prohibits use within 100 feet of a medical facility, inside any city transit, and within 15 feet of the nearest point of any transit shelter. The new ordinance now extends the tobacco smoke ban to all parks as well. Only a few of this month's ordinances banning public use of recreational substances targeted vaping by name. The specific mention of vaping in the Duluth ordinance received significant discussion on social media, with users wondering why vaping was added to a law aimed at cannabis smoke.

A confusion of laws

Some Minnesota lawmakers were concerned that allowing local jurisdictions to set their own cannabis regulations would result in an ungainly and confusing panoply of local rules and ordinances. Based on feedback from many community leaders, however, the Legislature ultimately gave communities much more local control in the new law's final version. Minnesota's new recreational marijuana law allows the smoking of cannabis on private property, at businesses licensed for onsite consumption. What the new law didn't do was address where cannabis can't be smoked, which leaves it up to each Minnesota municipality to make its own regulations. That's exactly what's been happening. Multiple Minnesota communities started their discussions on no-public-use ordinances in the latter half of July. Nearly two dozen Minnesota cities which have already passed local ordinances in less than a month prohibiting smoking cannabis in public places. Seven of the cities bundled their no-public-use laws with a moratorium on retail sales of cannabinoids. An additional four cities passed stand-alone moratoriums without a no-public-use ordinance.

The items prohibited in the no-public-use laws varies by city. The nature of moratoriums also varied. The shortest moratorium was for a year and the longest until Jan. 1, 2025.

Stalled laws

Not every community that discussed the new Minnesota marijuana law took actions to prohibit public use or retail sales. City councils in Glenwood and Hutchinson opened discussions on the subject but did not take any actions at r most recent meetings Instead of inaction, one city started down the path to a moratorium and then reversed itself. On Aug. 14, the Crookston City Council rejected a second reading of a cannabis and cannabinoid moratorium, according to KROX, on a 4-3 vote with one council member absent. The council members who shot the moratorium down said it felt too hasty and that constituents didn't think the reasoning supporting it was clear.

approach to the implications of the new marijuana law, by taking advantage of their sovereign rights with regards to state law. Federally recognized tribal governments don't have to wait for Minnesota's licensing system to sell cannabis. The licensing system will not be in place before 2025, forcing most business to wait a year and a half before retailing recreational cannabis. Red Lake Reservation opened its NativeCare dispensary on Aug. 1 when recreational pot became legal. NativeCare made 300 sales a day upon opening. Red Lake is also setting up a mobile truck to sell cannabis and cannabinoid prod ucts on solely reservation lands.

Tribal retail

Some of Minnesota's Indian reservations have been taking a different The White Earth Nation was the second tribal government to start sales of cannabis, on Aug. 3. White Earth's cannabis is grown on tribal land, as part of a business initiative the tribal government started in 2020, in anticipation of the legalization of medical and recreational cannabis use.

Not far behind, the Bois Forte Band is studying the potential sale of recreational cannabis, as reported in the Aug. 4 edition of the *Timberjay*.



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READ THE TIMBERJAY!



ARROWHEAD REGIONAL ARTS COUNCII

This activity is made possible in part by the voters of Minnesota through a grant from the Arrowhead Regional Arts Council, thanks to appropriations from Minnesota State Legislature's General Fund.

ARRESTS...Continued from page 1 -

The officers called for backup and ran the license plate of a black Dodge Ram pickup in the driveway and discovered it had been reported stolen from the Wooden Table in Britt on June 23.

The VIN information on a newer trailer had been removed from the trailer's tongue, which was freshly painted. The trailer's Wisconsin license plate had been removed and was lying on a pallet. Fresh vehicle tracks led up to the trailer, which was identified as the one reported stolen by McKenney.

After additional deputies arrived, numerous attempts were made to get Voss and Kottom to come out, deputies forced open the door and entered the house. Voss and Kottom were on a bed holding a dog which appeared aggressive. Both refused to come out of the bedroom. A leash was retrieved from the Dodge truck and the couple was instructed to secure the dog, but they did not immediately comply. Kottom continued to yell at the officers and attempted to

implicate someone else in the theft of the Dodge truck, claiming it had been in the driveway for over a month and belonged to someone named Nicky, who she had never met.

Voss finally relented and left the residence at 9:35 a.m., but Kottom remained on the bed with the unsecured dog and continued to yell. Officers told her she was under arrest and would be tased. When an officer reached for her arm, she pulled back onto the bed, went down on her back and kicked at an officer's legs, whereupon she was tased and handcuffed.

Officers located the stolen Argo behind the residence and found evidence of yet another crime. A trailer and a six-wheeler that had been reported stolen by McKenney in Aug. 2019 were also discovered. The six-wheeler was torn apart, and the trailer was badly damaged and had a burn pile on it.

This isn't the first time Voss has been snared by technology. In 2016, Voss pleaded guilty to misdemeanor third-degree burglary for stealing items from the county public works department cannister site shed at Sturgeon. Voss was identified by pictures from trail cams inside the shed. He was sentenced to 30 days in jail and probation for that offense. Voss was also convicted of misdemeanor theft in 2006.

For the current offense, Voss faces charges of felony theft, with maximum penalties of ten years and a \$20,000 fine, and receiving stolen property, which carries a maximum sentence of five years and a

\$10,000 fine.

Kottom has two prior convictions for misdemeanor theft, from the Hibbing Walmart and Virginia Super One North in 2019. She was detained on a warrant for violating probation in a fifth-degree felony conviction for possession of a controlled substance. She faces a charge of obstructing the legal process, which carries maximum penalties of up to one year in jail and a \$3,000 fine.

MOOSE...Continued from page 1

bruises but were otherwise not seriously hurt. Everyone in the car was wearing their seatbelts.

A "good Samaritan" stopped right after the

accident, and she provided a warm and dry spot in her SUV for the children and his mother to wait until the ambulance arrived, since it was still pouring rain.

An emergency room doctor who works at Ely-Bloomenson also happened to be driving by and stayed with Jason and Lauren, Jason's wife, until the ambulances arrived. "I just have cuts and

bruises," he said, noting he is still quite sore. Lauren Dinsmore was

not as lucky.

"She took a direct hit from the moose itself," Jason said. "And she was trapped in the car."

Lauren suffered extensive facial trauma from the



damage from a direct hit from the moose, including embedded bone fragments. Lauren and Jason were both covered with broken glass, moose hair, and moose fragments after the crash. Lauren was taken by

broken glass, as well as

Lauren was taken by ambulance to Essentia-Virginia, and then airlifted to Duluth, where she underwent two surgeries.

Jason said the care the family received in Ely was "amazing." The lead ER nurse even volunteered to drive them back to Shamrock Landing, after they were all treated and cleared for release. Luckily, they had a second car parked at Shamrock, so they could get to Duluth to see Lauren.

The staff at Shamrock Marina also jumped in to help, securing their boat during the storm, and neighbors on the lake stepped up to care for their dog, which had been left alone at the cabin.

"We'd like to recognize the truly heroic efforts by our neighbors who took in our dog and made sure he got his seizure medication. Jason said that knowing that their dog was safe made "all the difference" for his family.

"We are relatively new to the lake community," he said, "but the outpouring of support by the Ely and Vermilion communities has been amazing."

Lauren was released on Aug. 19, and the family returned home to Rochester. She will require additional reconstructive surgeries at the Mayo Clinic to fully restore her eyesight. She

suffered multiple broken bones in her face, broken teeth, as well as serious injuries to both eyes.

"It will take some months," he said, "but they hope to restore full eyesight."

Both Jason and Lauren's parents have been an essential part of the family's healing journey. Jason's father and sister flew in from Michigan the day after the accident, helping to get the cabin closed up and get the children back home. Lauren's parents also have been helping the family out. Jason, an attorney, is the Director of Conservation PartnershipsfortheNational Wildlife Federation.Lauren is a veterinarian.

Jason said he has only seen moose in the wild a few times.

"It's good to see them," he said, "just not in front of my car!"

This is the second summer the family has had their Vermilion cabin, and Jason said the family hopes to be spending lots of time on the lake in the future.

The St. Louis County Sheriff, Breitung Police, and Tower Ambulance and Fire Departments responded to the scene. The Ely Ambulance Service was also on scene.



FAIR....Continued from page 1

and outside of Timber Hall. Wizard's Kingdom Inflatables and pony rides are available from 4 p.m.dusk. Live music with Big T and the Growlers, and Swamp Donkey is scheduled from 5 - 10 p.m.

A new event this year is the "Little Miss" Queen Coronation on Friday at 4:30 p.m. Eight area girls, ages eight to 13 have been selling fundraising raffle tickets that help fund fair activities.

Saturday events

Gates reopen at 8 a.m. on Saturday.

Special Saturday events include the Flying Finn 5K Run/Walk, which gets underway at 9:30 a.m. Register on race day at 8:30 a.m. and cost is \$25.

Races for all ages are at 10 a.m. on Saturday. The cornhole tournament starts at 11 a.m. Tricia and the Toonies, a family fun show, is on tap at 11 a.m. and 1 p.m. The Amazing Charles Magic Show will be held at noon and 3 p.m. There will be magic, comedy, and balloon animals. There is live music hosted by Saturday Night Country... Live from 4 - 10 p.m.



Riders celebrate successfully corraling all three of their calves during Saturday's team penning competition at Timber Hall. photo by J. Summit

The Tony Morsching Memorial Mud Run starts at 12:30 p.m. There is a separate admission for this event.

Sunday events

Gates reopen at 7 a.m. on Sunday. The Embarrass Fair

Horse Show starts at 9 a.m. The Classic Car and Truck show runs from 9 a.m. - 4 p.m., with awards at 2 p.m. The demolition derby begins at 12:30 p.m. and there is a separate admission fee for this event. The Amazing Charles Magic Show will again be performed at 11:30 a.m. and 3 p.m. The karaoke contest begins at noon. The dog show gets underway at 1 p.m. (see website for entry info).

The fair ends with a parade at 4 p.m. and the fairgrounds close at 6 p.m.

Activities both days

The softball tournament, Wizards Kingdom Inflatables, pony rides, animal barn and exhibit entries are available both Saturday and Sunday and breakfast is served in Timber Hall both days as well. Food vendors will be outdoors during fair hours Friday through Sunday.

This year, the animal barn will feature farm animals from a single farm, and no judging will take place.

The Timber Hall kitchen will be serving breakfast each morning and walking tacos for lunch.

Bingo runs from 10 a.m. – 5 p.m. on Saturday, and on Sunday from noon-4 p.m. Bring your quarters.

Odds and ends

The Timber Hall and Fairgrounds are located at 4855Hwy.21, in Embarrass. Four-wheelers are welcome on the grounds, but dirt bikes are prohibited. There is no charge for parking on the fairgrounds and all handicap-accessible spots are best accessed through the north gate.

For more information on all the fair events, visit the website at https://www. embarrassrfa.org/fair.

Team penning and ranch sorting winners

It was another nice crowd of want-to-be cowpokes working to coral some rather uncooperative calves in this year's team penning competition. Riders worked in groups of three, and many riders were members of multiple teams. Prize money was funded by the \$15 per rider per time entry fee.

Friday team penning results:

First: Sami Ricci,

Red Barn Connolly, June Burrows: \$529

Second: Mark Pugh, Ricky Flicek, June Burrows: \$463

Third: Morgan Pugsley, Tracy Marshall, June Burrows: \$331

Saturday team penning results:

First: Sami Ricci, Tracy Marshall, June Burrows: \$637

Second: Tracy Marshall Burrows, Tina Stay: \$558

Third: Tyme Woitalla, Maija Peterson, Pam Frazee: \$398

The fastest team between Fridays and Saturdays runs received \$300 prize sponsored by North Shore Mining: Sami Ricci, Tracy Marshall, June Burrows

Sunday ranch sorting results:

Entry fee for ranch sorting was \$25 per rider for two runs.

First: Jeff Thurlow, Clint Egger: \$1,008

Second: Clint Egger, Bridger Shultz: \$882

Third: Danny Anderson, Wyatt Shultz: \$630

DUMPER...Continued from page 1

close to being crushed. The large dumper had

been parked at the end of the day by a Mesabi Bituminous crew that was working to install switchbacks on the bike trail that drops down the steep hill. Why the truck began to roll isn't clear as the incident remains under investigation according to Breitung Police Chief Dan Reing.

The truck's glancing blow to the power pole was enough to prompt a three-hour power outage affecting McKinley Park Campground and the nearby lake homes from McKinley Park Acres west nearly to Hoodoo Point.

The Frontier junction

box had provided phone and internet service to McKinley Park Acres, and its destruction had left the dozens of homes in the area without service. As of Tuesday, Frontier workers had begun work to repair the connection, fully five days after the service was cut.

Despite the inconvenience, most folks recognized that the outcome could have been much worse."It's so scary to think about,"saidSusieChiabotti, who manages the McKinley Park Campground with her husband Jerry. Had the truck been parked at a slightly different angle, she noted, it could have rolled right into the campground, taking out RVs and possibly campers themselves along the way.

Jonas agreed. "I'm so thankful no one was hurt," she stated in a Facebook post she wrote after the incident. Jonas is the one who initially called 911. "After giving the police my statement, it dawned on me that I could have easily been crushed. I'm glad I looked up and thought something was weird, so I hesitated before heading up the road."

The Timberjay reached out to Mesabi Bituminous for comment on the incident. The company did not respond as of presstime.

SALE ENDS

LABOR DAY

Jonas said the area had received significant rain the day before and that, combined with the fresh soil being laid down by workers, may have made for soft soil that gave way, allowing the big vehicle to

looked up and saw it and that no one was hurt," she said.

Right: The smashed Frontier phone and internet link that served McKinley Park Acres on Lake Vermilion. The service was out at least through Tuesday. photo by M. Helmberger







start rolling.

"I'm just glad that I

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LAKE VERMILION

Antique and classic boat show on Sept. 3

This free event showcases wooden and fiberglass classic boats, mostly from Lake Vermilion

LAKE VERMILION-The 31st Annual Antique and Classic Boat Show on Lake Vermilion will be held on Sunday, Sept. 3, from 12 noon to 4 p.m. at The Landing Restaurant, 3096 Vermilion Dr. in Cook.

The event is being sponsored by the Vermilion Lake Association and the Lake Vermilion Fire Brigade. The VLA is dedicated to the preservation and protection of Lake Vermilion. Their presence at the show allows the association to display and educate the public of its achievements, learn about aquatic invasive species, and their goals and plans for the future.

The Fire Brigade is dedicated to fire, search and rescue, and emergency medical situations and is the first line of defense for many people on the lake. During the show, they have several of their rescue boats displayed and available for tours. One of the show's highlights is a water demonstration of the fire boat's firefighting capabilities. Both organizations will have informational displays at the event. This show is open to

the public and everyone is encouraged to come see the docks full of beautiful wooden and antique boats, and chat with the owners. Attendees are all welcome to vote for their favorite boat. Food is available to purchase at The Landing, and there will be live music. Awards will be presented at 4 p.m.

If you have an antique boat, whether it's wood or fiberglass, and you would like to enter the show, there is still time. For more information contact lakevermilionboatshow@ aol.com or call 612-790-5974



"Sadie" is one of only three 1928 Hacker Craft 24-ft. Baby Dolphins. The boat was in almost perfect original condition when purchased by Jeff Stebbins, who won the Captain's Choice award at the 2022 show. file photo

HOUSING

Shelter will serve families on Iron Range experiencing homelessness

VIRGINIA — Ground was broken earlier this month on a new fourplex here designed to help address the ongoing problem of homelessness in St. Louis County. Nearly 100 families in northern St. Louis County are currently in need of emergency shelter, and more than a quarter of them have children.

The new fourplex, part of Range Transitional Housing's new Family Emergency Housing Project, will be a start down the path to ending homelessness in the county.

Representatives from Range Transitional Housing, St. Louis County, the city of Virginia, and Iron Range Resources & Rehabilitation celebrated the start of the estimated \$2 million project, which is expected to open next spring. The 4,700 square foot fourplex will provide short-term housing for four families at a time with up to 16 beds. It will be located next to Range Transitional Housing's office at 220 5th Street N in Virginia. Typical length of stay is one to three months while Range Transitional Housing and AEOA staff work with the families to secure permanent housing.

"For more than 20 years, we have dreamed about a place like this to serve the needs of families, especially families with children," said Adam Venne, executive director of Range Transitional Housing. "We are extremely grateful to our

funders and local partners for all of their assistance to make this project happen."

St. Louis County provided the majority of funding, including \$1.4 million in American Rescue Plan Act (ARPA) funds, plus an additional \$250,000 in Emergency Solutions Grant COVID funds. The IRRRB contributed \$400,000 to the city of Virginia for use on the project.

"COVID-19 exposed the need for additional emergency housing units in northern St. Louis County, especially units appropriate for families with children," said County Commissioner Keith Nelson. "The St. Louis County Board and our staff have worked hard to be part of the solution to provide safe and reliable emergency housing units dedicated to serving homeless families in our community."

"Building housing capacity in northeastern Minnesota is a high priority for Iron Range Resources and Rehabilitation," said Ida Rukavina, IRRR Commissioner. "The region is in need of all types of housing, from emergency housing, to single family homes and workforce housing. We were honored to provide a community infrastructure grant to help prepare the site and bring in utilities to serve people in need of housing during times of crisis."

Range Transitional Housing has been providing service to homeless and at-risk families and individuals for nearly 30 years. They currently lease over 90 units from private landlords for permanent supportive and transitional housing for homeless individuals and families.





Entry fee is \$20/person for early registration or \$22/person at the gate. Fee includes T-Shirt/water/snacks



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MANOOMIN

Nett Lake rice crop looks promising this year

Crop appears on the rebound after last season's cancellation

by DAVID COLBURN Cook-Orr Editor

NETT LAKE- After a disastrous 2022 wild ricing season in which the Bois Forte Band had to cancel the harvest on Nett Lake due to extremely poor conditions, the 2023 harvest is looking much more favorable.

The band's Conservation Committee is responsible for assessing lake conditions and

making recommendations to the Tribal Council for the wild rice harvest, and they jointly agreed to last year's cancellation.

But according to a report posted on the Band's website, assessments of conditions on Aug. 8 by Tracey Dagen and Doris Isham, who toured the lake by airboat, and Squidg (David Jr.) Morrison and Jenna Porter in a traditional canoe provided rosy news about the prospect of a good

harvest this year.

"There is going to be a lot of rice this year, barring any bad weather," they reported. "Both Mallard and Lost River Bay are full of rice, and even though the water level is low it is still high enough for a boat to go through with a pole."

They estimated that ricing could begin at the end of August or beginning of September, depending on when the rice is fully ripened.

"This is only a guess

Right: Thick rice is growing on parts of Nett Lake this year, a marked improvement over last year.

Courtesy Bois Forte

since the rice can ripen quicker or longer depending on the weather," they said. "We will be watching it closely as the time gets nearer and reporting to the

See NETT..pg. 2B





BIKES FOR EVERYONE



Brianna Crawford, who works in the radiology department at EBCH, will be part of a hospital marathon portage relay team. Toni Dauwalter was giving her a gait analysis on the hospital's treadmill.

RUNNING

Marathon prep can be... a marathon

by JODI SUMMIT Tower-Soudan Editor

ELY- Physical Therapist Toni Dauwalter knows a lot about running. And during her 40 years working as a physical therapist, she has learned how to treat runners and their injuries. Last Tuesday, Dauwalter, who works at the Elv-Bloomenson Community Hospital, held a free "Marathon Prep Class," aimed at those already training for the Ely marathon and half marathon races on Sept. 23. The three main things that lead to injuries to runners are over-use or overloading one's body, lack of mobility/flexibility, and increasing volume of running too quickly, she said. Strength training is essential, she said, and runners should focus on training from their knees to glutes, as well as their core. "Your glutes are hugely important," she said, noting that stronger glute muscles take pressure off other smaller muscles that are more prone to injury. Adding too much training volume without adding strength training is the cause of many injuries she treats for runners, she said. Runners should aim to strength train two times a week during their "running season" and three times a week the rest of the year. "Running should have seasons, you need to have times of the year with low running volume," she said. "You can do things like ski or bike in the shoulder season. You need a level of rest to be ready to train for a marathon." Mobility and flexibility are important for several reasons, and preserving flexibility in younger runners is essential because it is harder to increase flexibility as one gets older. She recommended foam rolling the larger leg muscles regularly. And while stretching before running is no longer recommended (dynamic warmups, which mimic the muscles used in running are now preferred), she said stretching should remain part of one's weekly routine. "Your body needs to be balanced,"

Valhalla Ridge Farm is more than vegetables and herbs

by JEN SHUSTER-DAHLIN Contributing Writer

COOK - If you have an old bicycle or two taking up space in the garage, there's an alternative to dumping them at a canister site the next time the cleaning mood strikes. Consider contacting TJ Smith, creator of Bikes In Need, Bikes Indeed (BIBI), who also owns and runs Valhalla Ridge Farm with his wife Kate in the countryside of Angora. For over a year, TJ has been taking old, broken, and decrepit bikes to fix and donate to anyone who needs or wants one.

TJ was inspired to start his self-run organization by his love for cycling and dislike of seeing things go to waste. He already has dozens of bicycles on his property, in all states of disrepair. Depending on what the bikes need, he may replace a few items like the pedal and chain, replace the seat, give the bike a new paint job, or do a complete overhaul. After refurbishing, TJ reaches out through word of mouth or his Facebook page to donate the bikes. He'll also bring them to local events, like Orr's July 3rd celebration, to give them away. The bicycle donations are for anyone, regardless of age or income. For TJ, it's about the love of exercise, getting people out in nature to have fun and take care of themselves.

"I don't care if they're a millionaire. If 'free' is what it takes to get them on a bike, then great. I don't care. As long as people are taking care of themselves and having fun on a bike. You can enjoy things on a bike.'

Growing up in Ramsey, TJ was a free-style cyclist, meaning he was a skilled rider who did tricks and went on tours. Even then, he noticed how many bicycles went to waste.

See BIKES...pg. 2B



Top: TJ Smith shows off on his penny farthing bicycle.

Above: Kate and TJ Smith pose in front of their garden with their dog Isla.

Below: Some of the many bikes being repaired by TJ.

photos by J. Shuster-Dahlin



See MARATHON...pg. 2B

BIKES..Continued from page 1B

"Every year, there was a spring cleanup, and back then, all the neighbors just took their junk and threw it in the ditch. And from there, the garbage man came around and threw it in the garbage can," TJ said. "I came around and started picking out a bicycle part, a frame, whatever. That was my passion and what got me into this."

Now, years later, he's doing something about it.

Then I'm at the (Cook) transfer station one day, and all these Schwinn bikes are sitting atop the metal pile. I couldn't get there because they had so much other metal, twisted metal, and you can't climb on the piles. And it just made me sick. So, I started BIBL'

When bikes are brought to the Cook transfer station, the employees set them aside for TJ, who now makes weekly pickups. Whenever a bike is unrepairable, he uses the parts from those bikes to fix others. He asks that those who bring bike donations to the Cook transfer station leave them across from the guard station rather than at the metal bin.

"I try to work on a bike a day," said TJ. With the winter downtime, TJ plans to inventory the parts he has for the bikes and do some projects to make the conversions more efficient, like turning an old sauna into a spray paint booth.

TJ often gets special orders, like motorized



Kate in her greenhouse, where she grows herbs and other plants.

bikes or someone wishing to change out their bike for a different type.

"As I'm doing these bikes, I think about the kid or the kids that are going to be riding and get a little background on the family, the kid's favorite color, and see if I can incorporate the colors into the bike. This family of five, they brought over their own seats and wanted to trade up (the bikes), and I'm okay with that. Whatever keeps them on the road." TJ said.

"I had so much fun riding bikes with my friends as a kid, and when I was giving away bikes at the Orr 3rd of July event, it brought me back, seeing those kids ride all over the place with the bikes. It gave me that feeling of 'This is what it's all about, giving back," TJ said.

Farm life and more

Enjoying things in nature is a passion TJ and his wife, Kate, share. The two bought a 100-acre piece of the woods outside Cook five years ago and have been homesteading and making it their own ever since.

The Smiths own several animals, including five dogs, two horses, chickens, and rabbits. Many of the animals that live on their farm have come to them by donation, as people downsized their own farms or were looking for a new home for a pet they could no longer care for. Animals are a big part of the Smiths' lives, from training their dogs to interacting with the wildlife around their farm.

For the Smiths, daily life involves animal care, tending to their large garden, where they grow potatoes, squash, tomatoes, raspberries and much more, and foraging for plants and herbs.TJ built a greenhouse that houses Kate's starter plants.

They have other jobs as well. Kate homeschools their 8-year-old son Sam while TJ works at Homestead Mills in Cook.

They've got bigger plans as well. They are currently clearing spots in the wooded areas of their property and setting them up to be future "hip camps." Hip camping is a rustic accommodation similar to Airbnb in which a landowner rents out part or all of their property as private campsites. The Smiths plan to have these campsites ready to rent by next summer, with about a dozen spots available.

They're also interested in using the farm as a site for foraging and gardening classes, inspirational retreats, and festivals.

Kate also makes more than 70 tinctures and teas from the plants and herbs she forages on her property and in various other places. Kate's apothecary creations come in many varieties, from salves to loose-leaf teas, to tinctures that can be added to water. All are homemade by Kate and meant to be used as homeopathic remedies. These items can be purchased directly on the farm's website or Facebook page and from the Smiths when they travel to area festivals that allow vendors.

Kate says she developed a love for living off the land from watching her uncle do the same.

"My uncle lived off the land, and that was the spark to my fire," said Kate. "I would stay at his home as a child and help any way I could."

"My favorite tinctures are Chaga and Ghost flower. I suffer from PTSD, anxiety, and pain from trauma after having 17 surgeries for many things...I use Ghost Flower to maintain and regulate stress and anxiety." Kate said.

The couple runs two Facebook pages: the main Valhalla Ridge Farms page and a lifestyle page, Valhalla Ridge Farm learning and sharing homesteading skills, mainly run by Kate, where she shares posts, recipes, memes, and other information dedicated to homesteading, repurposing items, holistic healthcare, and life

skills. They also recently launched their website, valhallaridgefarm.com, where people can contact them, read Kate's blog, shop online for products, and learn more about the farm.

A passion shared by TJ and Kate is recycling: from the parts used on TJ's bikes to the materials used in the greenhouse, almost everything on the Smith's farm is made from recycled and repurposed materials. The only new materials used in their greenhouse were the nails and screws. They use repurposed materials in every project, from the raised beds in their garden to the truck they use to sell tinctures and teas at festivals.

In addition to all their future endeavors, the Smiths are looking for interns to help around the farm and learn homesteading skills. To take advantage of this opportunity, contact either Kate or TJ on their Facebook page. They also plan to build cabins in addition to the hip camps to accommodate visiting family members, guests camping for a few days, or interns staying to help around the property. Donations for BIBI can be made through Facebook Pay or on the online payment portals Venmo. com/u/Kate-Smith-456 or PayPal @paypal.me/ Valhallaridgefarm01. Receipts can be sent as these are charitable donations.

MARATHON..Continued from page 1B

she said. "You need to have your hamstrings and quads balanced. If you've always had tight hamstrings, you are not going to change that."

The biggest problems she sees runners getting into regard volume. Doing too much (mileage and speed-wise), too soon, gets runners into trouble.

"How much can you do without getting into trouble?" she said. "There isn't a rule.'

While there is no limit to the number of training regimens being offered in books, apps, and other sources these days, requires a referral from one's primary care physician, she said. When working with runners, her priority is getting that person back on their training schedule as quickly as possible, as safely as possible. For a runner with a good solid training base, taking a few weeks off, even in the months or weeks before a race, won't hurt a person's overall fitness and ability to race. Often a physical therapist can recommend another aerobic activity to pursue while an injury is healing, such as biking.

"Our goal is to get you to the start line," she said.

ELY- The Ely Marathon and half-marathon gets underway on Saturday, Sept. 23. And this is no ordinary marathon. In truly "only in Ely" fashion, the marathon is also the home to the only canoe portage division.

This year there will be added excitement for those who have signed up for the full marathon portage. Piragis Outdoors is sponsoring a \$5,000 prize if the winner of this year's full marathon portage sets a new world record. The current world record stands at 4:23:20, and was set by Anthony Peter in 2021, earning him a spot in the Guinness Book of World Records. Last year's winner, Sunshine Gardner, ran the course in 4:45:45, and was the only full marathon portage finisher. There are seven runners signed up for the full marathon portage this year, as of Aug. 18.

Other changes this year include the renaming of the half marathon to reflect the new name of its sponsor (formerly Boundary Waters Bank) to the Highland Bank Half Marathon. Dogs will also now welcome to run alongside their registered runners in the Highland Bank Half Marathon. There will be water bowls located at each aid station along the route. Dogs are allowed on the buses to the start line.

There is still time to get your elementary aged child registered for the Dorothy Molter Root Beer Run. Children log 25 miles (one or half-mile at a time) prior to race day, and then run the final 1.2 miles on the last section of the official marathon course, finishing on the official finish line. Finishers receive a medal, bottle of Dorothy Molter root beer, and a finishers shirt. The race is done in coordination with the Dorothy Molter Museum. Registrations for the marathon and half marathon are open until Friday, Sept. 22. As of Aug. 18, there were 117 marathon entries and 247 half marathon entries. The weekend also includes a 5K Glow run on Friday, Sept. 22 at 7 p.m. The marathon starts at 7:30 p.m. and the half marathon at 8 a.m. Both races start on the Echo Trail and finish in Whiteside Park. Runners will be transported to the starting line from Whiteside Park/Ely High School starting at 5:30 a.m. There will be food trucks, a bounce house, beer and Dorothy Molter root beer tent, and live music at Whiteside from 8 a.m. - 3 p.m. The awards ceremony for the run is at 2 p.m. New this year is a VIP package for the marathon, which includes Ely Marathon swag, local goodies, a 20-minute post-race massage, VIP biffy at the starting line, and a VIP shuttle for the starting line. See the website for details.

What's new for the 2023 Ely marathon

Dauwalter advises that there's no one-size fits all program.

She said a new runner might benefit by consulting with a physical therapist to adapt a ready-made plan. She said reviewing a training plan with a physical therapist can help tailor a plan to one's specific goals and current fitness level.

'It takes discipline to train for a long race," she said. "This is what makes an athlete."

A physical therapist can also do a running gait analysis. Dauwalter offered participants in the session a quick version of such an analysis, watching a runner on a treadmill and observing their gait, cadence, posture, and arm positioning. With regular clients they can also do analysis of running gait outdoors, on a more natural running terrain.

What to do when something hurts

A new pain that doesn't resolve itself in a week or so probably merits a trip to a physical therapist, according to Dauwalter. This often, but not always,

Dauwalter spent some time talking about running shoes, something all runners do like to talk about.

"If a shoe works for you, just stick with it," she said. "There is always a new trend out there, from barefoot running to those thick-soled Hokas."

The most important thing is to not choose a shoe for its looks.

"The shoe should feel comfortable right away," she said.

She recommended first getting fitted at a shoe store that specializes in running.

"You can trust the staff there," she said. "Be sure to try on several kinds."

Every running shoe brand has styles made for different types of feet, some need more lateral support, some need more cushioning, some need different drops (the height different between the heel and toe). There are also different running shoes for miles spent on paved roads versus trails, as well as specialized shoes for racing.

"The same style shoe can change over time," she said. Dauwalter said For more information on the race, visit https://www.elymarathon.com.

she has been running in the same model of Nikes for 30 years. "The shoes do change a little, but my body has gotten used to it."

Once a runner knows what type of support, cushioning, and drop they can explore other brands and styles similar to what they are currently using.

Running shoes do wear out, and Dauwalter recommends having two pairs to train in.

"If you are trading off between two pairs of shoes, they do seem to last longer," she said.

Runners should start checking shoes for wear after about 200 miles. How long shoes last can vary for each runner, but she recommended that shoes get replaced at least once a year. Runners who spend most of their miles off-road may wear their shoes out more quickly. Signs of wear include worn soles, worn uppers, too much bend in the sole (toe end tipping up), and shoes that feel noticeably less cushiony. To ensure running shoes last as long as possible, they should only be worn while running. "Retired" running shoes are still great for regular use.

Race day nutrition was also discussed.

"You need more than

water when doing a half or full marathon," she said. "You need to eat well before the race also."

What types of running nutrition is best is different for every runner, and runners need to figure out what types of carbohydrates, needed to replenish energy stores during a race, work best for them.

"You need to practice it," she said. "And that goes for everything else on race day. Never try something new during a race."

Several attendees were hospital employees, not yet seasoned runners, who will be part of a hospital relay

team, portaging a canoe, three miles each participant, along the course.

Dauwalter recommended starting to simply walk with the canoe and be sure to train on hills which match the course. Strength training for one's core and upper body will also be essential, she said. If not, she said, "this probably isn't going to be good for vou.'



NE'I''I..Continued from page 1B

Conservation Committee."

Conditions are good enough that the Band has plans to hold a Wild Ricing Learning Event at Nett Lake in September, although a Saturday date has not yet been chosen. Participants will need to have a ricing permit and will receive instruction from experienced ricers in knocking, parching, jigging, and winnowing. The cost is

\$10-15 for adults and \$1 for students and elders. Questions about the event may be directed to Payton Counts at 218-248-2430 or pkcounts34@gmail.com.

The Conservation

Committee was scheduled to meet Tuesday at the tribal government office at Nett Lake.

County road conditions system wins national award

REGIONAL- When a winter storm hits overnight, with the vast size of St. Louis County, it's not unusual to see high levels of snow in one area, possibly freezing drizzle in another area, and nothing but cloudy skies in other parts. In the past, St. Louis County Public Works crews would be responsible for getting up early and heading out onto the roads to check conditions and plow and apply de-icing materials as needed.

For the past two winters, thanks to a new camera and data gathering system, Public Works supervisors have been able to monitor conditions remotely from a computer or smart phone and make better decisions faster about the response needed. This enables crews to better focus their efforts and improve traveling conditions more efficiently across the county's vast 3,000mile infrastructure of roads and bridges.

This new remote monitoring system just earned St. Louis County Public Works the "National Build a Better Mousetrap - SMART Transformation Award". The Build a Better Mousetrap award celebrates innovative solutions to transportation problems in local and tribal government regions. It is a national competition sponsored by the U.S. DOT Federal Highway Administration.

St. Louis County staff working on the project researched cameras that would be durable and reliable in winter conditions. By mounting the cameras on existing structures such as light poles and trees, rather than purchasing poles, Public Works was able to buy and install a total of 51 cameras. The total project cost was \$27,612. Of that, \$20,000 was funded by a grant from the University of Minnesota's Local Operational Program Research Assistance (OPERA) Program.

"When we started our research, we were looking at road weather information systems that would have been \$50,000 to \$100,000 each," said Matthew Beyer, St. Louis County Public Works Maintenance Principal. "So to develop a system that is so much more extensive for just a fraction of the cost is really satisfying. And these cameras have now served us through the last two winters with very little maintenance."

"If I can put one less truck on the road because the camera is showing less snow in an area, that alone paid for the camera in one day," said Chad Walters, Public Works Highway Superintendent for Hibbing and the southwest portion of the county.

"This is about putting the right assets in the right place at the right time and in the right amount," said Brian Boder, St. Louis County Public Works Deputy Director - Maintenance.

Obituaries and Death Notices



Ronald A. Pecha Jr.

Ronald Anthony Pecha Jr., 58, of Soudan, passed away on Wednesday, Aug. 16, 2023, at Solvay Hospice House in Duluth after a painful battle with cancer. A Funeral Mass will be at 11 a.m. on Tuesday, Aug. 29 at St. Martin's Catholic Church in Tower with Rev. Fr. Beau Braun as celebrant. Visitation will be for one hour prior to the service at the church. Burial with military rites accorded by Cook VFW Post 1757 will be in Lakeview Cemetery in Tower. Arrangements are with Landmark Funeral Home in Virginia.

Ron was born on April 11, 1965, in Farmington, to Ronald and Rosemary (Lilya) Pecha Sr. and graduated from Tower-Soudan High School in 1983.

Following graduation, he enlisted in the United States Army and completed basic training at Fort Benning in Georgia where he became an infantryman. Ron was a proud soldier of the 82nd Airborne Division of the U.S. Army and was based out of Fort Bragg, N.C. Ron was a proud veteran and American.

Upon his return home from the army, he attended Mesabi Community College and graduated with an AAS degree in Instrumentation. He was always a hard worker, and his most recent employment was with Fortune Bay Resort Casino. Ron was a Little League baseball coach, and spent endless hours playing catch with his son Nicholas. He loved the outdoors, fishing, and deer hunting.

Ron loved his children and was a very proud father; he enjoyed his big family and the holiday meals with everyone. He was a die-hard Vikings and Minnesota Twins fan and could rattle off the statistics like the sports commentators. Ron was his nieces' and nephews' number-one fan and everyone in the stands knew whom he was cheering on. As you all know, his nickname was Chick and he will be forever missed.

Survivors include his mother, Rosemary Pecha; children, Nicholas Pecha (Mom-Christine Lesemann) and Jasmine Pecha (Mom-Jada Lakoskey Brown); stepson, Joshua Diaz; sisters, Jennifer (Glenn), Julie (Ted), Jane and Janine (Alan); nieces and nephews, Tim, Charlie, McKenzie, Ashley, Charlotte, Sarah, Patty, Madisen, Libby, Jenna, Tom, Rhawnie, Justine, Devon, Riley, Alex, Drake and Quintin; along with his feline companions, Lil'Charlie and Crowley.

Ron is also survived by numerous cousins and extended family. A special thank you to his lifelong friend, Travis "TJ" Shaw; his many friends through his employment at Fortune Bay Resort Casino; and all those people he met through his military life, travels watching his son play baseball, numerous trips to Florida to be with his daughter whom he fondly called "Peanut", and his memorable trips to Waffle House with his favorite order being pork chops and eggs for breakfast. He was a well-loved man who always had a big smile and robust laugh.

He was preceded in death by his dad, Ronald Pecha Sr.; and younger brother, Thad Pecha. He had missed them and what a glorious reunion it must have been for the three of them.

Judith M. Honkola

Judith Mary Krey Honkola, 87, of Stillwater, died on Thursday, May 25, 2023. A celebration of her life on Saturday, Aug. 5 brought family and friends together to connect with themselves, others and nature in a countryside setting of serenity, and to turn tears of sorrow into tears of joy in honor of how Judith Mary lived her life. The event was an impressive display of caring and compassion in remembrance of the spirituality found in her love, goodness and kindness. That experience of shared being reminds us that the gift of her beautiful life lives on.

She is survived by her husband, Harold; son, Darren; brothers, William Krey (Geri) and Jim Krey; sisters, Sally Fabbrini (Charles), Kathy Cudd (Douglas) and Patti Lawson (Jim); and numerous nieces and nephews.

Richard A. Jiacik

Richard Anthony "Richie" Jiacik, 86, a lifelong Ely resident, passed away unexpectedly at his home on Friday, June 2, 2023. He requested no service. There will be a private family burial at the Ely Cemetery this fall.

Family arrangements have been entrusted to Kerntz Funeral Home of Ely.

He is survived by his daughters, Roxy (Chuck) Graff and Val (Ben) Mc-Grath; sister, Carol Janek-



sela; special nephew and friend, David "DJ" Janeksela; nieces, nephews and friends.

William C. Ahlstrand

William Clarence "Bill" Ahlstrand, 92, of Embarrass, passed away on Sunday, Aug. 13, 2023, in Brainerd. Funeral services will be held at 1 p.m. with visitation one hour prior on Friday, Sept. 1 at Heritage Church in Baxter with Sam Anderson officiating. Arrangements have been entrusted to Brenny Family Funeral Chapel of Baxter.

He is survived by his sisters, Betty Mather and Dorothy Maki; children, Yvonne Trugman and Maralee Gazelka; many grandchildren and great-grandchildren; and one great-great-grandchild about to be born.



KELLY KLUN Attorney At Law

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FISHING

Vermilion walleye bite is suddenly hot

After a challenging summer season, anglers are finding the late summer bite is on

by Marshall Helmberger Managing Editor

LAKE VERMILION-After a sometimes-challenging summer for anglers here, the fishing action on Lake Vermilion is suddenly hotreally hot.

"It's as good as I can ever remember," said Steve Krasaway, a walleye guide on Vermilion. "It was actually fairly tough up until a week

ago," Krasaway said. "Now, it's a great time to be out on the water. We caught 47 walleyes in a four-hour trip the other day and we only fished for walleye for three of the four hours.

Krasaway said his afternoon party that same day picked up another 22 'eyes before calling it a day.

No one has doubted that there are plenty of walleye in Lake Vermilion, as DNR test netting has confirmed. But it's been a confounding summer for most anglers up until recently, as an unusually drawn-out mayfly hatch and other factors made the bite highly unpredictable.

"It's been a roller coaster of a season," acknowledged Rob Bryers, who agrees that at least for right now, anglers are riding high. "It's been good," he said."We're getting fish and some really nice fish."

Bryers said he also noticed the extended mayfly hatch, which kept coming up until

Right: After a challenging summer for anglers on Lake Vermilion, the bite has improved markedly in recent days.

file photo

early August.

Longtime guide Cliff Wagenbach agreed that conditions have improved remarkably. "We've got a good bite going," he said, noting that his

See WALLEYE...pg. 5B





EQUAL OPPORTUNITY A camping experience changed Kesley Ebbs' life; now he's paying it forward

Wildflower Watch

This week's featured flower PERENNIAL SOWTHISTLE



The Perennial Sowthistle, Sonchus arvensis, is a Eurasian transplant that has become well established in Minnesota, partiularly in disturbed locations. It spreads quickly through its root system and can take over large areas

It's a late bloomer, that flowers from August well into October. It's easily recognized by its bright yellow, dandelion-like flowers that sit atop two-to-four foot stems. The toothed and somewhat prickly leaves are concentrated at the base of the plant, with a few smaller leaves further up the stem.

It's a member of the aster

by CATIE CLARK

Ely Editor

ELY- A college camping trip proved a life-changing experience for Kesley Ebbs, and he's hoping to give other young people of color that same chance to experience nature on its own terms.

Ebbs, who recently began a tree service in Ely, grew up in Jacksonville, N. C., a place he describes as "a big concrete slab" with little access to nature or public land.

His journey from the South to the North Country started with his decision to enroll at Louisiana State University in pursuit of a physics degree. Arriving as a freshman in college, Ebbs set to explore the outdoors but wasn't making much progress. Then the physics majors went on a camping trip and Ebbs joined along. It proved transformative. "I was like, this might be what I want to do. So, after a semester, I started looking at conservation jobs."

Ebbs googled "conservation corps," and the first link that came up was for Conservation Corps Minnesota and Iowa (CCMI), a descendent of the original Civilian Conservation Corps. He applied and CCMI accepted him, so he moved to Bemidji and worked for the organization for two years. He then found his way to Ely to study at the Vermilion campus of Minnesota College North. He learned how to fell and clear trees while working as a wildland firefighter for the U.S. Forest Service, then started picking up odd jobs working on trees. He eventually

Above: Kesley Ebbs (center) prepares an ice-fishing pole for one of the participants in this past winter's outdoor experience made possible by Ebbs' new outdoor adventure organization.

Right: One of the participants in the program smiles while landing a small crappie.

submitted photos

had enough demand that he kept at it since finishing at Vermilion. More recently he got serious and set up his tree service as a proper business once he realized he needed to hire help. The Growing Futures Tree Service, which has been operating in the Ely area for the past two years, does invasive species removal and forest fuel reduction, performs Firewise risk assessments, and provides tree services year-round. The company has three employees, including Ebbs.

While building a business is a big enough challenge, Ebbs wanted to do more, and that's what inspired him to bring other low-income youth to the Ely area for the kind of experiences that changed his own life. This past winter he brought seven Twin Cities area kids to the Boundary Waters for camping and ice fishing, and the experience was so successful, he's bringing another group to the area next month.

Intro to wilderness

Ebbs set up an endeavor called the Intro to the Wilderness Program. He brought together several different organizations to

See GIVING...pg. 5B



family.

Fishing reports Ely area

Walleye reports have finally begun to pick up a little out on sunken islands in that 15-25 foot of water range. Anglers finding walleyes out on sunken islands have been catching them on bigger minnows and jigging raps. The best reports, however, continue to come from shallow water. That's where anglers are pulling lindy rigs, tipped with a crawler, pitching jigs with half a crawler, casting crankbaits and swim baits tight to windy shorelines and windy flats for walleyes. Six-to-ten feet of water seems to be the best, but reports of walleyes as shallow as two-to-three feet continue to come in.Gold,purple,perch and orange were popular colors this last week.

Smallmouth, too, seem to have begun to shift out to sunken islands with the walleyes. Some real pigs are being caught out there on with a simple jig and big minnow. Most anglers continue to focus on main lake shorelines and larger rivers to find active smallies.

Crappie have been a popular choice for anglers this last week as many anglers have been running into active schools on many of the area's more popular crappie lakes. They've been hitting classic beetle spins, jig/twisters and crappie minnows in or near thick cabbage beds, downed trees and lily pads.

Courtesy of Arrowhead Outdoors. See more at Arrowhead OutdoorsElyMN.com.

CANNABIS CONFUSION

Pot possession still a crime on federal lands, including BWCAW, VNP

by DAVID COLBURN Cook-Orr Editor

REGIONAL- While recreational cannabis is now legal in Minnesota, outdoor recreationists should be aware that the change in law does not apply to federal lands withinthe Superior National Forest, Boundary Waters Canoe Area Wilderness, or Voyageurs National Park.

As federally owned properties, federal law regarding marijuana takes precedence over state law, and cannabis is still illegal on the federal level.

"National forest lands are federally managed forests and are therefore regulated at the federal level, and cannabis use is not legal at the federal level. The recently passed state law, which allows recreational cannabis use, has no bearing on federal laws which continue to identify cannabis as a Schedule I illegal drug, and prohibit its use," said an alert from Superior National Forest officials.

That prohibition pertains to all federally managed properties, including campgrounds and

Outdoors briefly

Buy your deer license before Sept. 7 for a chance at a doe permit

REGIONAL — If you're hoping for a shot at an antlerless permit this year, don't forget to purchase your firearms deer permit by Thursday, Sept. 7.

Hunters who purchase their license on or before this date are automatically entered into the lottery for the deer permit area or special hunt area they declare.

Successful applicants will receive a postcard in the mail authorizing them to take an antlerless deer using their regular license in that antlerless permit lottery area. Hunters who want to participate in special facilities. Users should be aware that edibles are illegal as well if they contain cannabis or THC. The alert also notes that there is no difference between smoking cannabis and using vape materials including THC.

Someone cited for possession of prohibited materials will have a mandatory appearance before a federal magistrate judge and if convicted on a first-time offense, will be sentenced to a term of imprisonment of not more than one year and shall be fined a minimum of \$1,000, or both.

Forest officials ask visitors to be mindful of National Forest System boundaries and to become familiar with relevant federal and state regulations prior to visiting the Superior National Forest. The forest and BWCAW both have areas where state lands are interspersed with federal and where federal law would not apply. Maps are available at Forest Service district offices and at Voyageurs National Park visitor centers. A number of map apps for smartphones also clearly identify federal lands.

firearm or muzzleloader deer hunts also need to apply for permits that are issued through a lottery. That application deadline is also Sept. 7.

More information about designations and regulations for deer permit areas, as well as details about special hunt opportunities, are available on the Minnesota DNR website(mndnr.gov/hunting/ deer) and in the 2023 Minnesota Hunting and Trapping Regulations Handbook, which is available online and in print by late August wherever DNR licenses are sold.



WALLEYE...Continued from page 4B

party picked up 33 walleye and kept ten in a morning of fishing. "It was the same thing yesterday," he said.

Wagenbach is happy for the change, noting that it had been one of the toughest summers he could remember up until recently. He said he had the worst stretch he could ever recall two months ago, when he was literally skunked 3-4 times during a two-week stretch.

"The only thing I could figure is they were eating something in the shallows," he said. "I knew the fish were there, but none of the guides could figure out where they had gone."

Wagenbach, who prefers to fish deep water, said he had to adjust and eventually started picking up walleye in depths of five-12 feet. "Up until last week, you couldn't catch a fish below 26 feet," he said. Now, the fish are finally moving into deeper water, said Wagenbach, who is once again fishing in more familiar waters, ranging from 29-34 feet.

While walleye are often found in deeper water in summer on

GIVING...Continued from page 4B

bring the program's first group of seven young people from the Twin Cities area last February. One of the groups working with Ebbs was the national nonprofit Outdoor Afro, which selected the group of seven participants for last winter's outing. Another national nonprofit, the Bus for Outdoor Access and Teaching, or BOAT, organization provided transportation and meal planning.

The Superior National Forest provided meeting space, lodging for the group in its bunkhouse, and help with setting up orientation and a Leave No Trace (LNT) class. Friends of the Boundary Waters rented Wintergreen warm layers and windbreakers for each participant.

Wintergreen Dogsled Lodge took the group mushing and Arrowhead Outdoors took them ice fishing. The trip was supported by funds from The Iron Range

Vermilion and other area lakes, the early and unusual heat and calm days during June this year, set up a strong thermocline earlier than usual on Vermilion. With the deeper waters cut off from the better oxygenated water above, the walleye and many other fish simply avoided the deeper water for most of the summer. That's according to Matt Hennen, the DNR's Tower area large lake specialist. The early thermocline pushed oxygen levels below 25-30 feet down to about two parts per million, a level that isn't fatal to fish like walleve but will leave them lethargic. Hennen said he noticed the extended mayfly hatch this summer, as well, although he wasn't sure of the cause. But the walleye bite is typically tough during the hatch, which usually lasts no more than a few weeks.

Hennen said that the June heat may have also prompted faster growth in zooplankton, which may have fostered earlier growth in young fish of the year. While that could bode well for the 2023 year class, it could also have provided a food source earlier than usual for hungry walleye, making anglers' baits less attractive.

"It was an unusual set of circumstances," said Hennen.

The sudden turnaround for anglers is likely due to the breakdown of the thermocline in many places. August has been generally cooler and windier than usual, notes Hennen, which may be helping to bring oxygen back to the deeper waters, allowing walleye to move into more typical late summer haunts. Hennen said he expects that the fishing is only going to improve as the summer transitions to fall.

Even though the fishing has markedly improved, Krasaway said anglers still have to work to find the fish. He said he's been finding them hanging around large hatches of small midges, which are happening right now. "Find out where they are hatching, and the walleye will usually be there," he said.

Partnership for Sustainability and an Ely community Go-Fund-Me campaign.

The visitors did have time to eat at the Boathouse and do some shopping. "Ely was really welcoming," Ebbs commented on how Elyites interacted with the seven visitors.

While the Intro to the Wilderness group loved the trip, ice fishing and mushing, Ebbs noted that they would have liked to spend more time in the Ely area. "They traveled up here, had orientation and Leave No Trace instruction, went ice fishing and out on dog sleds, and traveled home ... All of the participants thought it was too short."

Upcoming trip planned

With the success of last winter's experience, Ebbs set out to organize another. This time around he's been working with the nonprofit Wilderness Inquiry as well as the Forest Service and BOAT. The "Intro to the Wilderness Summer" trip will be Sept. 4-8. The group will camp at South Kawishiwi River Campground in the Superior National Forest. They will have Leave No Trace and wilderness first aid classes and will be biking and paddling around the Ely area.

Ebb's goal for his fledgling program is "two trips a year, every year." Intro to the Wilderness recently received a \$10,000 grant from Friends of the Boundary Waters Wilderness. With what he doesn't use to support the group's immediate operations, he hopes to start building the project's own gear stash. He is also busy reaching out to even more organizations to partner with, like Voices for Ethnic and Multicultural Awareness, based in Chisholm.





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POSITION OPENING **Ely Public Schools High School Paraprofessional**

Ely Public Schools is accepting applications for a High School Paraprofessional for the 2023-2024 school year; background check required.

Qualifications include:

- ➤ Associate's Degree/equivalent or complete a Para Pro exam with a passing score (www. ets.org/parapro)
- Preferred experience working with school age children
- Evidence of ability to work cooperatively and communicate effectively in a collaborative settino
- Ability to perform job description duties

Benefits include:

- Paid sick leave, personal days and vacation
- Health and life insurance
- Flexible spending account
- PERA retirement

Application available at: www.elv.k12.mn.us

A complete application must include the

- following:
- District Application
- ➤ Resume
- **College Transcripts** 2 letters of recommendation

Return materials to: Ely Public Schools, Attn: Superintendent, 600 E. Harvey St., Ely, MN 55731 or email lwestrick@ely.k12.mn.us. Contact the District Office for a complete job description.

Starting Rate of Pay: \$17.23/hour Hours: 6.5 hours/day

Deadline to apply: August 25, 2023; open until filled.

Published in the Timberjay, Aug. 18 & 25, 2023

POSITION OPENING Ely Public Schools Paraprofessional

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Qualifications include:

> Associate's Degree/equivalent or complete a Para Pro exam with a passing score (www. ets.org/parapro)

> Preferred experience working with school age children Evidence of ability to work cooperatively

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Published in the Timberjay, Aug. 18, 25; Sept 1, 2023





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Dated: August 1, 2023 SIGNED BY: Peter J.

Published in the Timberjay,

Aug. 25, & Sept. 1, 2023

Braschko, Owner/Operator

under oath

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Bearville Township Accepting Quotes for Snow Plowing (Cedar Lane)

Bearville Township is accepting quotes for 2023/2024 snowplowing of Cedar Lane area-Beatrice Lake contract. Route would begin on the Snake Trail (where St. Louis County stops plowing) and continue 1.45 miles to Beatrice Lake Forest Road, .4 miles of Beatrice Lake Road to Cedar Lane, .48 miles of Cedar Lane, from Cedar Lane .8 miles of Beatrice Lake Road ending where Echo Lane meets Beatrice Lake Road. Plowing would begin when there is a 4" snowfall, the road must be kept open all season. The snowplowing seasonal contract would be in effect from November 1, 2023 until May 1, 2024. Requesting quote on total amount for the season. A Certificate of Insurance is required upon acceptance of the contractor's quote. Please contact Bearville Supervisor Gene Baker: 218-301-9343 or Kathy Cressy-Clerk: 218-376-4495 or bearvilletownship@gmail. com for more details and map. Please send quotes in a sealed envelope to be opened and awarded at the Bearville Town Board meeting October 10, 2023. Mail to: Bearville Township Snowplowing -Cedar Lane, c/o Kathy Cressy – Clerk, 62949 County Road 557, Cook, MN 55723. Bearville Township reserves the right to reject any and all quotes.



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A complete application must include the following: > District Application

- > Resume
- **College Transcripts**
- 2 letters of recommendation

Return materials to: Ely Public Schools, Attn: Superintendent, 600 E. Harvey St., Ely, MN 55731 or email lwestrick@ely.k12.mn.us. Contact the District Office for a complete job description.

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Deadline to apply: September 1, 2023; open until filled

Published in the Timberjay, Aug. 25, 2023

@timberjay.com



Kathy Cressy, Bearville Town Clerk

Published in the Timberjay, Aug. 18 & 25, 2023

Legal notices are online each week at timberjay.com and at https://www.mnpublicnotice.com/

Super Crossword -



Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.



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SUPPORT GROUPS

Ely AA OPEN GROUP MEETINGS- in person meet-ings, Wednesdays & Saturdays 7:30 p.m. at First Lutheran Church, 915 E Camp St., Ely.

MS SUPPORT GROUP- meets the second Friday of the month at 1 p.m. at the Babbitt Municipal Building, senior room. Open to all. For information contact Mary at 218-827-8327.

ORR AA meets Tuesdays at 8 p.m. at Holy Cross Catholic Church, Orr.

TOPS- Meetings every Monday at 4:45 p.m. at Our Savior's Lutheran Church, Virginia.

BABBITT AL-ANON- meets ursdays at 7 p.m. in upstairs of Woodland Thursdays Presbyterian Church.

AL-ANON FAMILY GROUP-Are you troubled by someone's drinking? Al-Anon Family Group is a community-based mutual support program for the friends and families of alcoholics. It is confidential and open to any one affected by someone else's drinking. Hope Lutheran Church in Embarrass hosts an Al-Anon group on Monday evenings at 6 p.m. 218-984-2037.

VIRGINIA AA WOMEN'S MEETING- Ladies by the Lake. Tuesdays at 12 noon. Peace United Methodist Church, 303 S 9th Ave, please use side door and parking

AA MEETING IN COOK- Sunday Night Big Book Group meets at Trinity Lutheran Church, 231

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Super Crossword

SNOMELTURE(1 Quick heartbeat sound by Japheth Light 8 Jordanian's language 14 Do over There are 13 black hexagons in the again puzzle. Place the numbers 1 - 6 20 Exercise around each of them. No number can caution 21 Baseballer be repeated in any partial hexagon Minnie shape along the border of the puzzle. 22 Come about over time

ACROSS

23 Oscar-

XOXO

host

singer

drink



99 Gray color 56 Cove, e.g. 100 1958-82 57 2013-14 co-host of Crimson Tide 'The View' football coach 61 Foldable 104 Champion of 15 golf beds 62 100-eyed majors mythical giant 111 Corp. kahuna 63 Boat's load 112 Parseghian of 64 NFL Hall of Notre Dame Famer Carter **114** Like a day 66 Well-honed in June, in a 67 "The Situation Lowell poem 115 People ... or Room" host 70 Middle East's an alternate nominated Strip title for this 74 Diving venue actress for puzzle "Georgia" 75 Made a typo, 121 Flavorings for 25 The X's of absinthes e.g. 76 Got along 122 Tell, as a tale 26 Even, in golf 123 Outstanding 77 "GLOW" star 27 Was in a pew 124 Liquefy anew Brie 28 "Lifestyles 81 Longtime 125 Old truisms of the Rich panelist on 126 No-goodnik 'To Tell the and Famous" DOWN Truth" 1 Tire-filling tool 30 "Morning 84 Funny stuff Has Broken" 85 Hooplas 2 "I, Robot" writer Asimov 87 "Hey, I was 3 Cotta or firma 36 Eggy holiday thinking ..." 88 Crude liquid preceder

53 Singer 12 Golfer Aoki 13 Barber's tool 54 Bluff-busting 14 Tie again, as a necktie 15 Supersmart supervillain 59 Abbr. for 16 Emulate a supermodel 17 Snow queen 60 Words on in "Frozen" 18 With, to Fifi 61 Yule tree 19 "Concetta" pianist John 24 SEAL's group 65 — a beet 67 Prevailed 29 Map of Hawaii, often 31 Lao- · 32 Actor Keach 69 Test in a and singer Lattisaw 70 Moo goo — 33 Greeting on a May greeting 71 Fire felony card 34 "Chicago Med" airer 74 Political 35 Fraternal patriotic org. 39 Reggae singer Peter 76 Migrating 40 "Holy --!" 41 In the past 77 "Moby-Dick" 42 Throw a fit

85 — chili (pepper type) 86 Cry of Homer poker words Simpson 58 Prioress, e.g. 91 Chin-wag 92 Nearly zero three primary 94 "--- Little Teapot" 96 A "Baby Bell" a flat rental phone co. 97 Environs 98 Choice Ioin 64 Prague native steaks 101 Tiptops 102 Dubbed 68 NYC subway 103 The "T of LGBT, in brief 104 Old overlord 105 "XOXO" actress Skye 72 1983 Woody 106 Ghastly Allen movie 107 Loosen up 73 "Hello" singer 108 Other, in Oaxaca 109 Batted without playing the field, birds' regular for short 110 "CSF NY

"YOU'RE A BEAST!"

| 2nd St. NE, Cook, at 7:00 pm |
|-------------------------------|
| Sunday. For information call |
| 218-666-2820 or 218-780-7670. |
| |

AL-ANON MEETING IN COOK Ashawa Al-Anon Family Group meets at Trinity Lutheran Church, 231 2nd St. NE, Cook at 7:00 pm Sunday. This meeting is for families and friends of alcoholics.

OPEN MEETING Thursdays at 7 p.m. at Woodland Presbyterian Church 7 at Acacia Blvd. and Central Drive in Babbitt.

ELY WOMEN'S OPEN AA MEETING- Every Monday at noon at Ledgerock Community Church, 1515 E Camp St., Ely.

YOU THINK YOU HAVE A PROBLEM WITH DRUGS, give yourself a break. There way out with the help of other recovering addicts in Narcotics Anonymous. We have been there. For meeting or other information call 218-728-3199. (Narcotics Anonymous is a non-profit organization.)

HIV/AIDS? For confidential compassionate local support call the Rural AIDS Action Network, tollfree 1-888-647-RAAN(7226).

ALCOHOLICS ANONYMOUS East Range meetings and infor-mation, call 218-749-3387 or www.district8online.org.

AA FRIDAYS- 7 p.m., First Presbyterian Church, 262 E Harvey St., Ely. Meets in the basement.

— King Crossword — Answers

Solution time: 23 mins.

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| | 4 DIFFICULTY THIS WEEK: ◆ ◆ Easy ◆ ◆ Medium ◆ ◆ ◆ Difficult © 2023 King Features Synd., Inc. | | | | | | | | | | 37 Building itcol 38 Noted Dodge Gity sheriff 90 Nine-sided 46 Watch via Hulu, e.g. 93 Sharp pang 49 "A Christmas Garol" miser 50 Too trusting #86 was 51 "Got ya!" 55 Opening in a schedule athletes | | | | | | | | |
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| drink88 Crude liquid37 Building floor89 Partner of38 Noted Dodge90 Nine-sidedGity sheriff90 Nine-sided46 Watch viafigureHulu, e.g.93 Sharp pang49 "A Christmas95 DefensiveCarol" miserstackle whose50 Too trusting#86 was51 "Got ya!"Chiefs55 Opening in a97 Best | | | | | of ed ang e nose | 4 Virtuoso 5 Fido's foot 6 Newsman Melber 7 More jittery 8 Very slightly 9 — Tin Tin 10 "Lust, Caution" director Lee 11 Atom | | | | 41 In the past 42 Throw a fit 43 Fodder tower 44 Cooking appliance 45 Clears, as profit 46 Pat of "Wheel of Fortune" 47 At that place 48 Cooking appliance | | | | route for short 77 "Moby-Dick" 110 "CSI: NY helmsman actress V 78 Real doozie 79 Apple option since 1998 113 Choral va 116 Ugly wito 117 Pickup's 80 Ankle coverer 81 Coffee from Hawaii 119 "I Hate 82 "This — Valentine emergency!" Day" actr 83 Star-giving Vardalos | | | | | | | |
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| 104 | 105 | 106 | 107 | | | | 108 | 109 | 110 | | | 111 | | | | | | 112 | | 113 | te, Inc. All rights reserved |
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