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The INBERIAY Serving the communities of northern St. Louis Country since 1989

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VOL. 33, ISSUE 42

October 28, 2022

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ALTERNATIVE TREATMENTS

Local entrepreneurs tap THC market

Lax regulation and politics are question marks for the future

by DAVID COLBURN
Cook/Orr Editor

COOK- John and Heather Chaulklin, of Cook, already had a thriving e-commerce business selling natural health supplements and other items when they purchased the former propane gas building at the corner of East Vermilion Dr. and 1st St. Ethis past spring.

The Chaulklins opened The Natural Choice in June to make their products accessible regionally to walk-in customers. The self-titled "smoke shop" carries assorted glass pipes, bongs, and vaping products, but also stocks all-natural health and wellness supplements, including a wide array of products containing cannabidiol, or CBD, a non-psychoactive ingredient derived from marijuana.

And when edible gummies and drinks containing another marijuana derivative, THC, became legal in Minnesota on July Right: John and Heather Chaulklin say demand is high for the THC products they're selling from their Cook store. photo by D. Colburn

1, the Chaulklins hopped on board.

See...THC pg. 9



SCHOOL SPORTS

Ely board OKs more sharing with NE Range

by RACHEL BROPHY
Staff Writer

ELY – In a unanimous vote on Monday night the ISD 696 school board approved pursuing a cooperative agreement with Northeast Range for girls' basketball for the upcoming season.

The discussion preceding the vote began with Principal Anne Oelke asking how many girls might be coming over from Northeast Range.

Athletic Director Tom Coombe said, "They told us ten. I don't know if it will end up being that many, but that was the first number they gave me. That's how many they had when they made the decision to not field a team."

Oelke asked if the transportation piece would look similar to other arrangements already in place, and Coombe confirmed this.

"They're responsible for transportation,

See...SHARING pg. 9

BOIS FORTE

New Nett River dam planned

by DAVID COLBURN
Cook-Orr Editor

NETTLAKE-An aging, ailing concrete dam controlling the waters of Nett Lake is about to be demolished and replaced with a new design that will have ecological benefit for the lake and the Nett River.

The need to replace the dam, which was built in 1987 about three miles downstream from the lake, has been apparent for a number of years, Bois Forte Natural Resources Programs Director Chris Holm said.

"That old concrete and hardware isn't as waterproof as it used to be, and you get a tremendous force from water and from ice buildup," Holm said. "You have galvanized hardware that was holding on dam gates just breaking away and we'd find 5,000-pound gates just lying in the river.

See...NETT LAKE pg. 11



JOBS AND THE ENVIRONMENT

Babbitt engineer patenting a low cost solution to sulfate pollution

But the region's mining industry remains cool to the potential



Top: Jeffrey Hanson of Babbitt, holds up a small glass of the water he's treating in his basement laboratory to eliminate sulfate. He's already patented one of two steps in the process and has a patent pending on the final steps in the process.

Above: A raft of Hanson's bioreactors in an Iron Range mine pit lake a few years ago. His concept was part of an NRRI pilot study, completed in 2017.

Left: Waste carpet fibers are used as a bacteria-growing medium in the process.

photos by M. Helmberger

by MARSHALL HELMBERGER

Managing Editor

BABBITT — In a makeshift basement laboratory here, Jeffrey Hanson is fine-tuning a process that could turn a cost-effective fix for one of the Iron Range's biggest environmental problems into a job-producing enterprise. Hanson, a mechanical engineer by training, has been working for more than a decade on better ways to deal with waste and it's led him to a way to effectively and affordably treat sulfate pollution from Iron Range mines.

It's a multi-step process, a portion of which Hanson has already demonstrated as part of a pilot study conducted by the University of Minnesota's Natural Resources Research Institute, or NRRI, the results of which were published in 2017. That pilot study demonstrated that Hanson's concept could effectively convert sulfate in mine pit water to

hydrogen sulfide through the use of what's known as a "bioreactor." The process essentially mimics what already occurs naturally in lake and stream sediments, but in a controlled and accelerated

way that's fully contained.

The pilot proved a success, dramatically reducing sulfate levels in the water run through the bioreactors, yet it offered only part of the solution. While sulfate is an undesirable pollutant, hydrogen sulfide is even less desirable. Indeed, it's toxic, both to humans and to wild rice, a valuable wild food that grows in many lakes and streams in northern Minnesota.

Sulfate discharges, which are a byproduct of iron mining in Minnesota, provide the food source for what are known as sulfur-reducing bacteria, which convert the sulfate to hydrogen sulfide. That connection has been understood by scientists since

See...SULFATE pg. 10



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Community notices

Deadline for youth artwork for NLAA show is Tuesday, Nov. 1

ELY - Northern Lakes Arts Association (NLAA) is accepting submissions for their Youth Art Show in November. The art show is for children 18 and under. Three \$50 scholarships for art supplies will be awarded to the top three best in show and six \$25 scholarships will be given to the runnerups. The submission deadline is Tuesday, Nov. 1. For questions and more information regarding the submission process email contact@ northernlakesarts.org.

Embarrass Region Fair Association to host "A Very Special Pancake

EMBARRASS - The Embarrass Region Fair Association is sponsoring a pancake breakfast on Saturday, Nov. 5 at Timber Hall from 8 – 11 a.m. The breakfast is intended to serve three purposes: to honor veterans, all of whom will be served breakfast free of charge; to recognize Roland "Charlie" Fowler's 90th birthday; and an opportunity to check out the talents of local crafters who will have items on sale from 8 a.m. - 2 p.m.

Breakfast includes all-you-can-eat pancakes, choice of ham or sausage links, fruit cup, juice and a bottomless cup of coffee. The cost is \$6 for adults, \$3 for children aged 6-10, and free for children five and under.

Finnish Boarding Houses and Stories of the Past set for Tuesday, Nov. 1

HIBBING - Mary Palcich Keyes will present a program on local history on Tuesday, Nov. 1 at 2 p.m. at the Finnish Americans and Friends meeting at Grace Lutheran Church, 4010 9th Ave. W in Hibbing. This will be the last program until next February, so don't miss what is sure to be an interesting program! Everyone is invited, and a coffee social time follows the presentation.

Outdoor Story Stroll at Arrowhead Library System Wed. Nov. 9

MT. IRON - Celebrate National Picture Book Month by visiting an Outdoor Story Stroll at Arrowhead Library System (ALS) on Wednesday, Nov. 9 from 1-3 p.m. The featured title will be "If You Give a Moose a Muffin," by Laura Joffe Numeroff and illustrated by Felicia Bond. The Story Stroll will contain laminated big book pages attached to metal stakes placed at eight-foot intervals in a safe, outdoor environment for visitors. This activity combines the joy of reading with the benefits of being active outdoors. Following your stroll, select free books from the ALS Little Free Bookmobile and pick up a take-and-make craft. This self-guided event is suitable for all ages. Event will take place snow or shine! ALS is located at 5528 Emerald Ave. in Mt. Iron.

Trunk or Treat event set for Oct. 29 at the Plaza 53 parking lot

MT. IRON- Calling all ghosts and goblins (and kids in whatever other costumes are popular this Halloween). The St. Louis County Sheriff's Office and Virginia Police Department are partnering with Legacy Church and Recovery Alliance Duluth (RAD) to host a Trunk or Treat event on Saturday, Oct. 29, from 2-4 p.m., in the Plaza 53 parking lot, 5465 Mt. Iron Drive.

The event is free and open to the public. Area businesses and community members will be decorating vehicles with kid-friendly Halloween displays in the trunks, and will be handing out treats.

It's a great opportunity for families to safely trick-or-treat during the daylight, not to mention a chance for kids to wear their costume an extra time before Halloween



Please consider voting for me to fill the two-year Cook City Council seat. I'm interested in growing our economy, developing accessible and affordable housing, and supporting safety in our community. I received my master's in public health and have worked in leadership and grant management roles in various state governments. Now I am eager to bring these skills to my hometown.

> Thank you, Liza Root

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00 Paid by the candidate on her own behalf

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WOLFTRACK CLASSIC

"Dollars For Doggies" kicks off WolfTrack fundraising season

by RACHEL BROPHY

Staff Writer

ELY- Many mushers and WolfTrack Classic followers turned out at Grand Ely Lodge on Saturday, Oct. 15 for a night of music by Van & the Free Candies and fun bidding on auction items, door prizes and puppies. The event kicked off the online silent auction "Dollars for Doggies," which is the main fundraiser of the year for the WolfTrack Classic Sled Dog Race. Several area busi-

nesses and artists donated items to be auctioned at the kick off party. They included: Dorothy Molter Museum, Mike's Liquor, Merhar's Ace Hardware, Up A Creek Paddles by Linda Burgess. Contributors to the door prizes drawn throughout the evening included: Kristen and Coral Switajewski, Veterans on the Lake Resort, Raven Words Press, Dutchman Tree Service, Gene Hicks Gourmet Coffee, and Ely's Old Fashioned Candy. The puppies, Thor and

Loki, were far and away the big hit of the evening attracting not only event attendees but also hotel guests who couldn't resist coming down the hall for a snuggle. Peter Mc-Clelland and his daughter Morgan of White Wilderness Sled Dog Adventures brought the cute canines. White Wildness is also a silent auction donor. They





have donated a half-day dog sled trip for two people and are past sponsors of the race. Morgan is also signed up to run the 6 dog, 30 mile race.

Musher registration

Morgan McClelland of White Wilderness Sled Dog Adventures holds Thor (blonde) and Loki

Dorothy Molter Museum was one of several contributors to the Dollars for Doggies kickoff event auction.

(black). The two pups

were the stars of the

evening at the Dollars

for Doggies fundrais-

ing kickoff event.

for the race opened Oct. 14 for teams that ran the 2022 race. So far, more than 20 teams have signed up. New musher registration opens Nov. 1 with

space for 60 teams in the combined event. There are two races: the six-dog, 30 mile and the eight-dog, 50 mile race. Registration will be open until the race is full and after that, there will be a wait list.

The annual sponsor drive is now underway. With openings at all sponsorship levels; premier sponsor, purse sponsors, lead dog, and many more. For more information about being a WolfTrack Classic race sponsor contact Ellen Cashman at wolftrack@ely.org.

The silent auction is online until Nov. 5 when the winners will be contacted. All 56 items can be viewed and bid on https://www.32auctions.com/WTC2023.

Work continues on trail permits, planning the musher dinner, awards dinner, start & finish set up and sign up for all the volunteers needed to run a well-organized and safe race. If interested in volunteering, sign up online https://wolftrackclassic.com/volunteer-info.

Classic WolfTrack weekend is Feb. 26 and 27 and full to the brim with fun events for the whole family. For more information on the weekend events, race times and other questions call Race Director Ellen Cashman at 218-365-6123 or visit www.wolftrackclassic.



Mesabi Community Band Fall Concert set for Thursday, Nov. 3 in Eveleth

EVELETH- The Mesabi Community Band, under the direction of Bill Lavato and Larry Baker, will hold its Fall Concert on Thursday, Nov. 3, at 7 p.m., in the historic Eveleth City Auditorium. The band will present marches, light classical and medleys for an enjoyable evening. The band expresses its gratitude to the City of Eveleth for the use of this venue for rehearsals and performances. Admission is a free will donation to go towards the expenses of the band.

Left: Mesabi Community Band co-directors, Larry Baker and Bill Lavato are preparing the band for its Thursday, Nov. 3, 2022, concert. The concert will take place at 7 p.m. in the historic Eveleth City Auditorium.



Wednesday, November 9 5:45-6:30 PM

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One-year moratorium on new short-term rental properties in place

by JODI SUMMIT

Tower-Soudan Editor

EAGLES NEST TWP-The Eagles Nest Town Board approved a year-long moratorium on any new short-term rental properties in the township, unless they have received zoning approval from St. Louis County or are in the process of gaining approval. The motion was 4-1 with Supervisor DeAnn Schatz voting against.

The town board had brought up the idea last month, and since that meeting sent out letters to all known or suspected short-term rental property owners explaining the new policy. The board resisted the idea of postponing the vote for another month to ensure that all owners had been notified.

Short-term rentals in the township are already technically overseen by county ordinance and must meet health department, safety, insurance, and other rules to operate legally.

"Whoever is operating a short-term rental should know the rules," said Supervisor Kurt Soderberg.

"I always want to give people the benefit of the doubt," said Schatz.

The township posted the information on their website, and the Eagles Nest Lakes Association also sent out a special mailing to all its members.

"The buzz in the community has certainly been there," said Soderberg.

The moratorium will give the township time to decide if they want to enact a more restrictive ordinance than the current St. Louis County rules. The board noted they have the option of lifting the moratorium in less than a year if they come to a decision before then.

Addie Wales, who owns and manages a short-term rental in the

Discusses a possible fire department merger with Morse/Fall Lake joint service

Mud Creek Rd. area said she had just found out that permits were required.

"Most hosts are responsible and make sure guests follow the rules," she said. Wales said she is in the process of expanding, and currently has the financing in place to construct another rental home. She said they are going through the process to be certified by the county right now, so board members noted the moratorium would not affect her property.

Area realtor Mark Larson, from Wildwoods Land Co., said he has sold many cabins in Eagles Nest Township and that short-term rentals are a way to help people afford cabin upkeep.

"It's not a bad idea to research it," Larson said. "But the majority of short-term rentals are very respectful."

Larson said there are only eight to ten of these rentals currently operating in the township.

"Even if that doubled in the next year, it wouldn't be bad," he said. "It's not a huge number, so why do you need a moratorium?"

Larson suggested they just move forward researching the issue. He also wondered if the moratorium could only apply to properties in a residential-zoned area, as opposed to other parts of the township with mixed-use, non-shoreland designations, that are usually larger acreage parcels which can be zoned for commercial use.

The township will create a

committee to review the county short-term rental ordinance and to make a recommendation to the town board. Anyone interested in being on the committee should contact the township clerk.

Ambulance issues

Fire Chief Larry McCray told the board that all the townships in the Tower Area Ambulance Service area have accepted the idea of a double subsidy payment in 2023, except for Greenwood Township

"Tower is reluctant to order the unit until they hear something positive from Greenwood," he said. "Hopefully they will pay for their share for the service. Greenwood has the largest number of calls that the service responds to."

The board voted to accept the updated ambulance agreement contract.

Supervisor Frank Sherman reported on the informal group meeting to discuss future options for the ambulance service.

"There is now consensus among all the members, except Greenwood, that there should be a joint powers board to run the ambulance service," he told the board. Sherman reminded the board that Greenwood had hired their own consultant to create a plan.

"Greenwood has stopped attending ambulance commission meetings or our joint group meetings," he said. "They have not made their financial contributions that are needed to order a new ambulance. Somebody might have to make an intervention to have Greenwood live up to their commitments."

Soderberg said ambulance issues are not just a problem for Tower.

"The Ely Ambulance needs a bailout," he said, adding that Ely is also seeking a way to properly fund their service.

"Every parcel benefits from the ambulance," Soderberg said. "Everybody can use the service."

Fire Department

McCray told the board he has been in a discussion with the joint Morse/Fall Lake Fire Department about a possible merger with Eagles Nest.

"The likeness to our department is staggering," he said. "Our budgets are in line with each other."

McCray said Morse/Fall Lake has some equipment that Eagles Nest does not have and would be interested in storing some, such as a water rescue boat and a wildfire truck, in Eagles Nest's lower garage.

He noted their department brings three firefighters on duty during times the DNR calls for Red Flag Days, and one of them could be stationed at Eagles Nest. They also have six paramedics on their roster, as well as a member who is a certified instructor and would oversee department trainings. He said Morse/Fall Lake was excited about the idea of bringing Eagles Nest into their department.

Morse/Fall Lake operates under a joint powers agreement, and their Chief, Ed Krueger, reports to the joint powers board. Eagles Nest would then become the third member of that board. Budget-wise, McCray said,

it shouldn't affect what Eagles Nest is currently spending on its fire department.

McCray said he had a posi-

tive discussion with his department members.

McCray, who is running unopposed for a seat on the town board, will step down as chief if elected. He previously told the board that he hadn't found any current members interested in taking over the chief's position.

The board held an impromptu celebration in honor of long-time fire department member Rob Mattson, who recently resigned from the department. Mattson joined the department back in 1991, McCray said, in time to help fight the Mother's Day fire, and eventually served as the department's assistant chief.

Other business

In other business the board:

➤ Passed a motion accepting
the Park Land Outlots 5 and 7
by a 4-1 vote with Schatz voting
against. The board will wait until
spring to review and discuss
encroachments on these parcels.

➤ Heard an update on the OHV trail issue. Bud VanDeusen made a presentation to the St. Louis County Board on the issue, relaying the township's opposition to any formal route through the township, since there is already a route that runs south of the township.

➤ Heard the township is looking at upgrading the audio-visual technology at the town hall.

➤ Heard that the repairs of the township road damaged by flooding this spring will get underway soon, and the township is working on getting FEMA grants to cover some of the cost. They approved a quote from Low Impact Excavators for \$60,332 for the installation of culverts, tearing out the damaged culverts, and providing access to the landowners during the construction period. The township was able to purchase the culverts for around \$13,000. There will also be engineering costs of approximately \$10,000. The town board had approved spending up to \$100,000 on the project.

Driver in Embarrass area fatality wreck pleads guilty

by DAVID COLBURN

Cook-Orr Editor

REGIONAL- A Virginia man plead guilty to charges in a drunk driving crash in Embarrass Township last August that killed an Eveleth woman.

Michael Kenneth Miller, 40, of rural Virginia, plead guilty in St. Louis County District Court to criminal vehicular homicide Alcohol levels lead to criminal vehicular homicide charge

in the death of Jodi Dahl, 39, of Eveleth.

Miller had a blood alcohol level three times the legal limit when the Chevrolet Silverado he was driving veered across the center line of Hwy. 21 near Embarrass and struck Dahl's car on Aug. 12, killing her instantly. Emergency responders found

Dahl's car in a ditch, and discovered she had suffered severe head trauma.

Miller reportedly told investigators that he was on his way home from a bar where he had been drinking "vodka cranberries." Miller had been observed earlier in the day at another bar by an Embarrass Fire Department

member. A preliminary breath test conducted at the scene determined Miller's blood alcohol level to be 0.247.

Criminal vehicular homicide carries maximum penalties of ten years in prison and a \$20,000 fine, but under the terms of a reported plea deal worked out with pros-

ecutors, Miller's recommended sentence will be four years. With credit for jail time already served, Miller will likely spend two-andtwo-thirds years in prison and the balance on supervised release.

Miller's sentencing hearing is scheduled for Nov. 14.

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OPINION

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e-mail: editor@timberjay.com

Editorial

Stauber's disqualifying act

Stauber's attempt to overturn a free and fair election negates his right to hold public office.

Rep. Pete Stauber does not deserve re-election to Congress for many reasons, several of which we have touched on in previous editorials here. As the Duluth News-Tribune wrote in endorsing his DFL opponent Jen Schultz, "Stauber's votes increasingly have become partisan rather than what's in the best interest of Minnesota and his constituents. He voted against lowering pharmaceutical and insulin costs, against an independent investigation of Jan. 6, against equal pay, and against grants to make needed repairs to regional airports, as just a few examples."

For us, Stauber disqualified himself from representing our region the moment he made the decision to sign on to a fraudulent effort by the state of Texas to overturn a legitimate election and allow Donald Trump to remain in the White House despite the vote of the American people—including the vote of more than three million Minnesotans, who backed Biden by more than 230,000 votes.

That lawsuit, which was dismissed out of hand by the U.S. Supreme Court for its obvious lack of standing, would have never survived a moment's scrutiny, even by an ultra-conservative Supreme Court that has shown an alarming partisan bias. The central theme of the lawsuit was that voting rules differed by jurisdiction and that this created an equal protection concern that somehow robbed Texas voters of their right to be governed by a president who we now know had been plotting for months to hold onto the White House regardless of what the voters had to say.

The lawsuit was nonsense from the start because election rules have varied by jurisdiction for centuries in this country. States all have different rules on voter qualification, registration requirements and deadlines, and absentee and early voting rules and dates. And, of course, urban treated differently due to a limited number of voting locations, which often force them to wait for hours to cast a ballot, while their rural or suburban counterparts typically have little or no wait at all.

Unfortunately, the dishonorable members of Congress who signed onto this farce clearly paid little attention to the details. They were out to please a defeated president and the radical Republican base that, to this day, still hangs on Trump's every lie.

every lie.

Stauber has clearly demonstrated that he cares little about his oath of office. He has become part of a radical right-wing clique of Republican members of Congress, much in the mold of Paul Gosar, Jim Jordan, and

Marjorie Taylor Greene. As an ultra-partisan, it appears he doesn't even bother to read much of the legislation he votes against in Congress these days, even measures like the Inflation Reduction Act, which provided multiple benefits to citizens of the Eighth District. And, yet, he still has the audacity to send out press releases claiming credit whenever one of those bills brings benefits to our region.

Rep. Stauber's decision to back the Texas lawsuit shows an appalling lack of judgment and reflects a member of Congress who has clearly lost touch with the people he was elected to serve. While it's true that a majority of Eighth District voters backed Trump over Biden in 2020, Eighth District voters haven't always gotten their way in presidential elections, yet never, EVER, has our congressional representative sought to overturn the results of a free and fair election as Stauber did in 2020. His decision to do so was disqualifying.

Unfortunately, Stauber wasn't alone in promoting lies about the 2020 election, and some of his fellow Republicans, including local legislative candidates, have been too willing to promote false claims as well. District 3A candidate Roger Skraba should be embarrassed over his promotion of 2000 Mules, a slick piece of propaganda produced by serial dissembler Dinesh D'Souza, which aired in Ely this summer. We noticed that District 3 Senate candidate Andrea Zupancich also had her literature available at the showing of the film.

Republican politicians need to recognize that politics isn't supposed to be about power at any cost. Undermining public confidence in our electoral process by spreading falsehoods and conspiracy theories may rev up the base, but it comes with great risks, as the Jan. 6 attack on the Capitol should have made obvious. It was a conservative federal judge, appointed by President H.W. Bush, who noted earlier this year that Donald Trump remains a "clear and present danger to democracy" because the former president and his allies are continuing to lie about the 2020 election and are taking steps to undermine future elections. Those allies include Pete Stauber and other GOP candidates who refuse to speak out against those lies, simply to hold onto or gain power.

Such people aren't fit to serve. Think about that before you head to the polls.



Letters from Readers

A few things to consider about Jim Schultz

James Schultz is running for election as Minnesota's Attorney General. This office has surprisingly little to do with going after violent crimes like robbery, carjacking, and murder. That work is done on a local basis by city and county attorneys, elected or appointed by the local community and their neighbors.

It's not likely that Mr. Schultz could get elected to this job by people who know the following:

➤ Schultz's web page makes a big thing about how he went to Harvard and won a "Dean's Scholar Prize" in constitutional law. Dig into that award just a little bit, and you find out it's the same thing as an "A" in one class - one time, one semester.

Schultzspenttwo years at St. Thomas in St. Paul, hoping to be a Catholic priest. When that didn't work out, he went to Harvard instead. There's no mention of how well he did at either place, just that he didn't accomplish what he started out to do.

➤ Schultz has claimed "client confidentiality" prevents him from talking about what he's been doing as a lawyer. One thing he hasn't ever done, in the ten years since he became a lawyer here in Minnesota is ever go to court. Believe it or not- ten years as a licensed attorney and he hasn't shown up in a single case, anywhere. Look him up on the Minnesota Court Information System if you don't believe me.

➤ Schultz's employment history is what you might politely call, "checkered." Two years at the big-time law firm Kirkland & Ellis, known for working for very large corporations. Then he moved on to the Dorsey firm for a couple more years. Back when I worked there, Dorsey, Marquardt, Windhorst, West & Halladay prided themselves on being sure to keep the best talent and the hardest working people. I'd have to say Schultz didn't cut the mustard there, either.

Six years ago, Schultz caught on with a Real Estate Investment Trust outfit called "Two Harbors Investment Corporation." People in that neighborhood might recall whether they've been a positive influence in the community.

➤ What Schultz doesn't like to talk about is his last three years, working for an outfit called "Varde Partners." This company, largely based in India, buys and sells what it calls "Distressed Debt." Jimcalls this "Mergers and Acquisitions," and won't talk about any individual deals, results, or what happens to local communities when big companies buy, sell, and merge into each other. People on the Range do, eh?

With a background like this, Schultz doesn't quite pass the smell test when it comes to the most important part of the Attorney General job - protecting us from corporations hiding behind phony company names.

The state Attorney General's office has about 200 people working there. Does Schultz have any experience at all in managing people? Was he even in the military, where he might have gotten some experience working with people? He's got big ideas about getting the Legislature and the court system to work together to accomplish big things—but he has no experience, background, or familiarity with either institution or the people in it.

The question to ask Jim Schultz is, "Okay, you got a law license. Got that. What else ya got?"

Dave Porter Minneapolis

Stauber opposed good things for labor

The latest issue of *The Electrical Worker*, the official publication of the International Brotherhood of Electrical Workers, is titled "The Year of the Union Worker – Extraordinary Legislative Victories to Create Union Jobs for Decades". Within the main article are statements such as:

➤"Over the past 15 months, four of the IBEW's highest political priorities became law, some after decades of fighting."

➤ "Together, they are a blueprint to rebuild the nation and the middle class."

Taken together, the Batch Lewis Act, The Inflation Reduction Act, the Bipartisan Infrastructure and Jobs Act, and the CHIPS and Science Act will spread organized labor's promise of workers' protection, good wages, decent benefits, and dignified retirement."

➤ "These four laws, taken as a whole, reject four decades of America's abandonment of the working family in favor of big business and the wealthy."

Congressman Pete Stauber voted NO on all four of these bills.

George Pliml Cook

Why I'm supporting Jen Schultz For me this election will

determine the future of my children and grandchildren. It is no time to mess around with election deniers, conspiracy theories or other claptrap. We have seen enough of the big lie. No, he did not win the election and we have seen enough to be sure of it. Yes, I have lost friends for holding such views—so be it. It is with great sadness that has happened to those of us who exchange honest views with each other.

It is with both realism and optimism that I will vote for Jen Shultz for Congress. It is time we return the Eighth district to a candidate who will work hard for all of us. I have followed her campaign through the months. I have been impressed with her diligence and hard work to meet and greet with the voters in the district. I watched her debate her opponent. It was an impressive display of her intelligence, as she reminded her opponent that she was debating her and not Joe Biden!

I believe she is worthy of our trust and confidence.

Rev. Charles Barnes Aurora

Ever since I was a little girl and would go see western movies with my dad at the Tacora Theater in Aurora, I have been interested in American history, the Wild West, the goldrush, and ghost towns. In 2004, I started watching the TV series Deadwood on HBO. The series, based on many real-life characters was set in 1870s Deadwood, S. D. Wild

Deadwood, S. D. Wild Bill Hickok, Calamity Jane, Charlie Utter, George Hearst and the two main characters Seth Bullock and his partner Sol Star broughthistory to life. They would



later build what today is the Bullock Hotel, the jewel of Deadwood. Seth Bullock

was born in Canada in 1849 and at age 16 he ran away from home and lived with his sister in Montana. He became savvy in business and politics eventually becoming a senator. Together

with Theodore Roosevelt, he was influential in the formation of Yellowstone National Park. They became loyal friends, with Roosevelt inviting Bullock to

years later in 1905. While in Montana, Bullock had partnered with Solomon Star to form The Star & Bullock Auctioneers and Commission Merchants, then decided that the business would prosper in the booming camp of Deadwood, so in 1876 they headed east with all their hardware supplies, arriving one day before the murder of Wild Bill. They purchased the property on the corner of Main and Wall Streets setting up a tent at first and then operating the Star and Bullock Hardware Store that would eventually, after the ravages of a fire, become the site of the Bullock Hotel built in 1895 at a cost of \$40,000. It is said to have had 63 sleeping rooms with brass beds and oak furnishings and was considered to be one of the first luxury hotels of its time. In his lifetime he served as a Rough Rider under Roosevelt, a U.S. Marshall and the first sheriff of Deadwood, because of the camps demand for law and order. He had an imposing appearance with steel gray eyes and a big mustache. Seth Bullock died of cancer in 1909 in Deadwood at age 70 leaving behind a wife and three children. He is buried on top of a hill in Mt. Moriah Cemetery. It is also the burial place of Wild Bill Hickok and Calamity Jane whose graves are together.

For many years I wanted to travel to "historic and haunted" Deadwood to see places I'd read

stories about. Finally in 2010 my "then" husband, son, and I made the trip. We went in early June before masses of tourists filled the venues and before it got unbearably hot. We stopped and visited the Corn Palace, Wall Drug, Mt. Rushmore and other "must see" places on our way. I will never forget arriving in Deadwood, driving down the brick-paved Main Street with all the historic buildings and unique storefronts. I was thrilled to finally be there and I was in a state of expectation for our two-night stay at the Bullock Hotel because it had the reputation of being haunted. There are many ghost stories

See HAUNTED .pg. 5

As a born, raised, and lifelong Minnesotan, and a 35-year resident of St. Louis County, I have always loved how simple and straightforward it is for me to vote. I have often been the first person through the door at my polling place on Election Day. I love to first greet and thank my neighbors and friends who have volunteered to serve as election judges - and then I cast my vote. I am also grateful that I have had the choice to vote by mail the few times I have wanted that option. But I am concerned that this very foundation of democracy could be threatened. Sweeping new restrictions on voting are almost certain if election deniers running for statewide office and the Legislature are elected in November.

Here are the hard facts that refute the falsehoods about widespread voter fraud in Minnesota and a stolen 2020 election. There were 120,018 voters in St. Louis County and 3.3 million voters statewide in the 2020 election. Since then, despite extremely aggressive efforts by deniers to find illegal voting, there have been zero convictions for voter fraud in our county and only 17 convictions statewide.

Meanwhile, the U.S. General Accounting Office has estimated that strict requirements for photo ID, just one of several voter suppression laws proposed, will reduce turnout by 2 to 3 percentage points. A reduced turnout of 3 percentage points would have translated to 3,601 fewer eligible voters participating in St. Louis County and 98,790 fewer statewide. Advocates for the elderly say seniors would be particularly prone to disenfranchisement from rigid new bureaucratic requirements for eligibility, including those that restrict absentee voting, and eliminate same-day registration. It's absurd and just plain wrong to turn away tens of thousands of Minnesota voters to correct a problem that simply does not exist. Minnesota has a well-deserved national reputation, built by Democrats and Republicans over many decades, for clean elections and the highest turnout in the nation. Let's vote for candidates who will preserve that. Few issues are as important.

Mary Lawler Shedd Tower

Time for a change at the sheriff's office

Until this year I never saw the true importance of voting in a primary election. My eyes were opened after meeting a man named Chad Walsh who was running for sheriff in St. Louis County. He just happened to be at a community meeting I attended about a year and a half ago. After the meeting he was asked to say a few words about his interest in becoming our new sheriff. This guy gets up and starts talking about the Constitution and our rights given to us by God and explaining how the sheriffs' job is to protect those rights and how his job is to work for the PEOPLE and not the government. He said it's not a Republican or Democrat position...a sheriff protects and stands up for every citizen regardless of their beliefs.

We the people vote that person in and he is accountable to the people! It blew my socks off! Here's a guy out in the public, interested in community events, talking to common folks, and genuinely interested in the concerns we have for safety in our areas and even the potential for interference from a tyrannical government.

ment.
COVID brought to light
a lot of overreach by our
state and federal officials
and agencies who want to
do the thinking and make
decisions FOR you (because
you aren't smart enough).
It was a wake-up call for
many...and for many, they
just went along with the narrative. But Chad Walsh had
the courage to stand up when
he needed to, because he
knew his rights and watched

Letters from Readers

even the St. Louis County Sheriff's Office try to take his rights away illegally and try to shut his business down. I've lived in this county my whole life and I have never met our sheriff. never have seen him around. In fact, I've asked several people if they know who our sheriff is andguess what? "I think his name starts with an L?" is the response I get. That's interesting....his undersheriff is running in this election... no one knows him either. Then, another name showed up running for sheriff and he was in Duluth before, left, and came back....but I'm not sure he's the guy we want either. Do your research. The primary came and only 25 percent of registered voters showed up....I'm sure they were thinking like I used to, it's no big deal, I'll vote in November.

Well, because of low turn-out, Chad got a large number of votes, but not enough. Still, he's not giving up on 'we the people'...he registered to continue as a write-in so the people can have their voices heard in November. Honesty and Integrity are two qualities we need in a sheriff and Chad has them and he's not a part of the "establishment".

We need change in this county and to get it we need to exercise our freedom to vote. We can make a difference and it starts locally. Please write in "Chad Walsh" for Sheriff on Nov. 8.

Teri Radtke Embarrass

Greenwood should be part of the solution for Tower Ambulance

Lee Peterson's letter in the 10/21 edition needs a couple of clarifications. The mileage comparison of Tower's Ambulance to Virginia should mention that Virginia drives a lot of miles to Duluth hospitals which is lot easier than Greenwood, Embarrass, bike trails, logging roads, and gravel driveways in our

service are:

Lee also mentions the business plan should cover the "...need for a new ambulance, the type of ambulance...", etc. This is Ambulance Commission business, not just Tower. The commission discussed this and decided to move forward. The old ambulance is only usable in a dire emergency. We invite Greenwood to participate on the commission, to be a part of the solution instead of skipping meetings.

Regarding the business plan, we are watching costs wherever we can and still save lives. We have been using our business plan to evaluate our decisions for better transparency, pay, finances, and ways to reduce cost. We haven't formally approved the plan at the council level. There aren't many options to increase revenue. Pancake breakfasts won't cut it. We actively look for grants, but we have been denied because property values in Greenwood, which is part of our coverage area, are high compared other

The key for a business plan and successful operations is to first prioritize saving lives, which needs good people who are available 24/7, great training, and suitable equipment. Equipment won't save lives unless we have the people near a station to provide the service. We won't do transfers without coverage for 911 calls. We increased transfers from 38 last year to 51 as of September of this year. Transfers are also needed for our neighbors and loved ones. We provide mutual aid to other services. We are currently paying our bills, but revenue isn't enough to cover replacing equipment.

We provided a draft business plan to the ad hoc committee to discuss options for better supporting and keeping the service viable. Again, we invite an elected official from Greenwood to work with us on solutions and options. Currently every rural ambulance service is struggling to survive. See the articles about Ely and Cook in the last *Timberjay* and 10/23 *Star Tribune*

titled "Rural EMS has an Emergency All Its Own". Looking at how TAAS is performing both in coverage and financially, our business plan is sustaining us better than the experience with other services.

If we all work together, the service will be better for everyone. It's also better if we support it, instead of blowing it up.

Kevin Norby Tower

Support legislators who understand PILT

As county commissioners from throughout northern Minnesota deliberate their 2023 budgets and discuss property tax levies, capital investments, and road and bridge expenditures, they are expressing disappointment that the 2022 Legislature did not pass an omnibus tax bill. That tax bill, thanks to our local legislators, included an increase in Payment in Lieu of Taxes (PILT), which helps counties with a disproportionate amount of the state's public lands receive additional funds to compensate for the lost property tax revenue. Without PILT, that burden falls directly on local property taxpayers.

Northern counties especially rely on PILT payments, which equates to between 10 percent to 50 percent of their annual budget. PILT payments are instrumental in reducing our citizens' individual property tax payments. Unfortunately, election year politics ultimately sunk the 2022 Tax Bill and it failed to pass.

In 2021, Northern Counties Land Use Coordinating Board (NCLUCB) commissioned a study examining the state's Payment in Lieu of Taxes program (PILT). The study identified inequities in the distribution of PILT funds statewide. For example, over 90 percent of the state's eight million acres of state-owned public lands are concentrated in northern Minnesota counties, yet for more than a decade now, less than 10% of new PILT compensatory

funding has been distributed to these counties.

The percent of public land within our counties ranges from 25% in Marshall County to 50% in Koochiching County. The legislative intent is clear, 'compensate counties for the disproportionate impact of state land ownership on local units of government with a large proportion of state land.

NCLUCB willbebringing last session's legislation back for consideration in the 2023 session. St. Louis County Commissioner and NCLUCB Treasurer Mike Jugovich urges our fellow citizens and constituents, "to vote for state legislators who are knowledgeable about the PILT program and support an increase in PILT payments based on our vast public lands that benefit all Minnesotans."

For more information; go to nclucb.org.

Ann Marcotte, Aitkin County Commissioner NCLUCB Chair

Ramsay will pay attention to our region

In the race for St. Louis County Sheriff there is one candidate who stands above the rest and has run a positive campaign. Former Duluth police chief Gordon Ramsay has been a good friend for us on the Iron Range and his concern for public safety issues in the northern part of the county earned him the endorsement from the Range Police Chiefs Association. He will be here when we need him and will listen to community concerns putting the best interests of the people first. I was a longtime police officer in our area and care deeply about safety and quality law enforcement, that's why I encourage you

> John Saw Retired law enforcement Ely

to vote Ramsay for sheriff.

HAUNTED...Continued from page 4

reflecting the colorful and rich history of Deadwood in general and the hotel is a known attraction to paranormal investigators and spooky- adventure seekers. In 2015 the hotel was even featured on a special Halloween episode of ghost adventures! The hotel that stands today finished a renovation in 1993 recreating the original atmosphere and decor based on historic detail, with the lobby that featured velvet-like carpet-

ing and brass chandeliers. There are many stories from employees and hotel guests who claim the smell of lilac, roses and cigar smoke is often noticed throughout the hotel, with the cigar smell being very strong in room 211, the room that used to be Seth Bullocks. The cleaning staff reports that carts used to carry supplies between rooms will often be moved to another location from where they had left it. Staff has also reported that after changing a roll of toilet tissue they will go back into the room to find all of the paper scattered throughout, with the empty spool still on the holder. According to many guests who have left accounts of their experiences in a thick notebook on the front check-in counter. there have been numerous

sightings of Seth Bullock himself. They report seeing his tall ghostly figure in many areas of the hotel one time a staircase connected the bar and restaurant to the floors above. It was located behind the bar and on one account a bartender quit his job and fled after seeing the ghost of Bullock standing at the end of the bar. Perhaps he had traveled from his room above to check on the diligence of working staff below, said to be something he did on a regular basis. Aside from apparitions, plates and glasses are known to shake or fly, furniture is moved, appliances randomly turn on as do the showers in guest's rooms. Many guests have heard their names called or been tapped on the shoulder or heard disembodied footsteps in the hallway. The hotel offers a ghost tour for those to want to hear more about the colorful past and see the places where some of the paranormal activity occurs. There is never a dull moment at the legendary Bullock Hotel!

The basement of the hotel is named Seth's Cellar and at one time served as a smallpox ward, housing many sick residents from town. Numerous reports revolve around sightings of a little girl named Sarah and her mother who was a local

prostitute. Both had been patients in the makeshift hospital. Sarah reportedly watched her mother die just by the disease. There is a story from an employee who had worked at the hotel for many years and claims that while they were preparing a party on the lower-level and filling helium balloons, the balloons were all clinging to the ceiling but occasionally one would quickly come down, then rise up as if someone were tugging on it. Perhaps it was little Sarah playing a prank. That account also claims that during the party all of the balloons popped at one time. In the past there was a piano located in the basement and people reported they would hear it being played when

there was no one downstairs. We stayed in a corner room on the second floor, but it was not room 211. I definitely sensed a presence and in fact, I would not undress and take a shower as I wondered who might be peering at me! I admit sleep was also short on both nights of my stay. On one evening my son and I went out into the hallways to take pictures with our phones. We wanted to see if we could capture any orbs (balls of spiritual energy), and we were not disappointed. Many orbs of varying sizes appeared in our photographs. These

were different looking than those caused by light interference. I am particularly 'spooked" by my own Seth tured when I took a picture of a dresser in a hallway, revealing a mustached face in the lower right corner of the mirror. It was not apparent at the time I snapped the pic! To add more to the story, while we were out taking photos my husband was in our room resting on the bed and reported that the door which had been locked, slowly opened giving him an eerie feeling...because no one was there.

If you are intrigued by the paranormal and interested in history, a trip to Deadwoodshouldbeonyour bucket list. You still have a few days remaining before Halloween and there may be vacancies at the Bullock Hotel. Go have a cocktail in the bar and unwind... perhaps Seth himself will join you. You could also attend "Deadweird", the annual Halloween celebration. This could be the most "spooktacular" Halloween

of a lifetime.

Sources for this column were taken from: legends of america.com and rockymountainparanormal.com.

TIMBERJAY

Copyright © 2022 by *The Timberjay*. *The Timberjay* (PN 16025) is published weekly on Fridays, 51 weeks per year, by *The Timberjay Inc.*, PO Box 636, Tower, MN 55790. Busi-

ness/Editorial Office at 414 Main St., PO Box 636, Tower, MN 55790. Call (218) 753-2950 to subscribe. E-mail address is editor@timberjay.com. Periodicals postage paid at Tower, Minnesota.

POSTMASTER: Send address changes to The Timberjay, PO Box 636, Tower, MN 55790.

This award-winning community newspaper published each week serves the communities of Tower/Soudan, Cook/Orr, and Ely.

Publisher General Manager Cook/Orr Editor Office Manager Staff Writer Graphics/Ad Sales Ad Sales/Sports Marshall Helmberger Jodi Summit David Colburn Michelle Toutloff Rachel Brophy Scarlet Lynn Stone Jay Greeney

Official Newspaper:

City of Tower, Townships of Bearville, Eagles Nest, Embarrass, Kugler, Vermilion Lake, Field, Morcom, Leiding, Crane Lake, Kabetogama, Greenwood, ISD 707.

Member: Minnesota Newspaper Association, Lake Vermilion Resort Association, Lake Vermilion Area Chamber of Commerce, Ely Chamber of Commerce.

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VOTE STAUBER

Week of Oct. 31

Monday Embarrass Al-Anon Family Group- Hope Lutheran Church, 5088 Hwy. 21,

Tuesday

6 p.m.

Tower Area Food Shelf-Open on the third Tuesday of every month from 2:30-5:00 p.m. Located in the back of the Timberjay building on Main Street. Next food shelf day is Nov. 15.

Greenwood Fire Dept.-Meetings on the first (business meeting) and third (drill) Tuesday of each month at 6 p.m.

Thursday

AA Meeting- Lake Vermilion 12x12 (Open) 6:30 p.m. at Immanuel Lutheran Church, Tower. Use the rear side door entrance

Vermilion Country School Board- Meetings posted online at vermilioncountry.org.

St. Martin's Mass

TOWER- St. Martin's Catholic Church in Tower will have an All Saints Day Mass on Nov. 1 at 5:30 p.m., and an All Souls Day Mass on Nov. 2 at 9 a.m.

Grief support group at Immanuel

TOWER- Immanuel Lutheran Church in Tower is a grief support group on Wednesdays, Nov. 9 and 23, and Dec. 7 and 21, from 6 – 7 p.m. Pastor Liz Cheney, a certified grief counselor, will be leading the group. Questions, call the church at 218-753-

St. Martin's Christmas Bazaar set for Nov. 5

TOWER- St. Martin's invites you to their Annual Christmas Bazaar on Saturday, Nov. 5, from 10: a.m. to 1:30 p.m. There will be vendors, crafters, Bucket Raffles, a Silent Auction, the Christmas Elephant table, a Kid's Shop for kids to do their own shopping, a Make and Take table for the kids, a Quilt Raffle. and door pr The Cookie Patch returns again this year - let St. Martin's do your Christmas cookie baking for you. Of course, the St. Martin's Cafe will be open serving fresh caramel rolls, a variety of soups, and bars. We hope you'll make plans to attend; if you are not interested in shopping, stop by



for a delicious lunch.

OUR HISTORY, OUR CULTURE

LVCC celebrates the history of the Iron Range

by JODI SUMMIT
Tower-Soudan Editor

TOWER-The building might still be a work in progress, and it certainly does need a heating system, but St. Mary's Hall at the Lake Vermilion Cultural Center hosted its third and final event of the season on Tuesday evening. The so-called "Triple-Header Event" featured a history talk by Iron Range historian Pam Brunfelt, a buffet-style dinner featuring locally grown and locally-harvested foods, and an encore concert from The Sectionals, who had performed at the center in August.

Brunfelt started out her informal lecture by speaking about the building itself.

"It's a beautiful building," she said, "and there is a reason it is so small."

There weren't many Episcopalians that settled on the Iron Range, she said.

"There are Episcopalian churches all around the Iron Range," she said, "but why? They were the bosses, and they built these gorgeous buildings."

Brunfelt said the immigrant laborers who came to work in the mines most likely never entered these churches.

"There were 43 different ethnic groups that settled here," she said. "But the Yankees didn't consider themselves an ethnic group."

Brunfelt is an Iron Ranger, and her studies of the area's history have brought her a deeper understanding of both the history and the culture of this unique area.

After graduating from high

school in Virginia and college at Mankato State, she ended up working outside the Range, in both Otter Tail and Crow Wing counties.

Living away helped her bet-

Living away helped her better understand the culture of the community she grew up in, "in ways I didn't when I was here."

Along the way she earned her master's degree, then began a long teaching career at Mesabi and then Vermilion Community College. After retiring, she has focused her research on the importance of the Iron Range's iron ore to the nation, including its importance during World War II.

Brunfelt, who has been recovering from a stroke, sometimes struggled a bit with her train of thought and word-find-







ing, but the amount of knowledge knocking around in her brain was apparent to everyone in the room, and she always got back on track with a smile on her face. This is the first time she has spoken in public in almost two years, and if this audience's response to her talk was any indication, she will continue to be in demand as a speaker.

"I became convinced the history of the Iron Range was important to the whole state," she said. And her later research showed her how the Iron Range was important to the entire naAbove: Pam Brunfelt.

Left: LVCC
President
Mary Batinich
presented a
plaque to longtime board
member and
LVCC volunteer
Linda Haugen.

Bottom left: Danielle Young and her daughter Jade attended the event. Their family were members of St. Mary's Episcopal in Tower (now part of the LVCC), and her uncle, Brian Murphy, who recently passed away, has asked that any memorials in his name go to the LVCC. photos by J. Summit

🌉 tio

The Iron Range was a special kind of

melting pot, a pot forged in iron. The three iron ranges, Vermilion, Mesabi, and Cuyuna were home to some of the richest iron ores ever found. And as those ore bodies were developed, something else happened.

With the mixing of so many different cultures, everyone adopted aspects gleaned from others. Saunas became important not just for the Finns, and the Italian specialty of rigatoni became the household dish for everyone.

"We learned to identify with each other," she said. "When

a new kid came to school, we wanted to know their culture, not where they had moved here from. We knew our friends by their ethnicities and were proud of it. We valued each other's specialties."

THE TIMBERJAY

The history of Iron Range mining isn't being taught as it should be, Brunfelt said, and isn't represented in the pages of history books.

"Andrew Carnegie said it [iron ore] was more precious than gold," she said, "because it built America, not gold, silver, or copper. Don't ever forget that."

Brunfelt did admit she didn't have a primary source for that quote, but said it rang true.

"We wouldn't have the

Brooklyn Bridge or the Golden Gate Bridge or all our skyscrapers without our iron ore," she said. "Why aren't our children taught about the half a billion tons of iron ore that was mined here during World War II? Would we have won World War II without that? No."

The ore mined from the Iron

The ore mined from the Iron Range built more ships than any other nation produced during World War II, and many were built in Duluth and Superior, she said. "We were the center of the universe in World War II," she said.

The U.S. Air Force patrolled the skies over the Range mines to protect them from enemy attacks. And some in the audience could remember the sight of those planes in the sky.

History has a way of repeating itself. Brunfelt's senior thesis in college was about a proposal by an international mining company for a copper mine near the Boundary Waters.

"Now it's staring us in the face again, but this time with another company," she said.

Brunfelt talked about how iron mining was not as dangerous to the environment.

"It is not comparable to copper-nickel mining," she said. "My college research

"My college research showed me how dangerous copper mining is to our water."

Brunfelt said the Iron Range mining companies have never explained to their miners how iron mining is different.

And if it's up to Brunfelt, a lot more people are going to learn the history of the Iron Range, its miners, and the importance of the ore mined here to the country and the world.

COMMUNITY NOTICES

Election day chili feed at St. Paul's

SOUDAN- St. Paul's Evangelical Lutheran Church in Soudan is holding their Annual Election Day Chili Feed on Tuesday, Nov. 8 from 11 a.m. – 6 p.m. Cost is \$8. Meal includes chili, bread, beverage, and dessert. Take-outs are available. Proceeds will go to Operation Santa, the toy drive for families who use the Tower Area Food Shelf.

Dream Quilters to meet Nov. 3

TOWER- The Vermilion Dream Quilting Guild will be meeting in the lower level of St. Martin's Catholic Church in Tower at 6:30 p.m. on Thursday, Nov. 3. Items on the agenda include election of 2023 officers and a discussion on the future of charity projects. After the meeting, Diane Frerichs will present a program sharing her techniques in wool appliqué. Please bring holiday themed projects for show and tell.

Holiday Craft Sale set for Dec. 3 in Tower

TOWER- Friends of Vermilion Country School will again sponsor the annual holiday craft sale on Saturday, Dec. 3 from 9 a.m. – 3 p.m. at the Herb Lamppa Civic Center. Cost for an eight-foot table is \$25, and must be paid in advance. Setup

HALLOWEEN

Trick or Treat on Main Street

TOWER- Area children are once again invited to come trick-or-treat on Tower's Main Street on Monday, Oct. 31 after school. And they can expect to fill their buckets during daylight hours! Area businesses participating will have signs on their doors welcoming in children. Treats will be available until the end of the businesses regular business hours or the treats run out!

Fire department hosting Halloween meal

TOWER- The Tower Fire Department will be serving free hot dogs and chips to area children and their families on Monday, Oct. 31 from 3 – 5 p.m. at the Civic Center.

is on the day of the sale starting at 7 a.m. Tables and chairs are provided. To reserve your spot,

vermilioncountry.org, or call Jodi at 218-753-2950. Please let us know if you require access to an electrical outlet. Pay-

ment can be dropped off at the Timberjay office or mailed to Friends of VCS, PO Box 636, Tower, MN 55790.

NOTICE RESIDENTS OF SOUDAN - Proper -

SNOW PLOW ASSESSMENT DUE NOVEMBER 1, 2022

\$10



MAIL PAYMENTS TO:

Breitung Township
Box 56

Soudan, MN 55782

Attn: Snow Plow Assessment or drop off in the Township Water Payment Box. This ensures that the \$10 goes to the Township. If paid through Property

Tax Statement, the County takes a portion.

Read us online at www.timberjay.com

please email jsummit@

EGG-CELLENT EXPERIMENT

Ely eighth-grade science students launch Timberwolves 5 weather balloon

ELY - On Wednesday, Oct. 19, Ely eighth graders launched a high altitude balloon into the stratosphere. The Timberwolves 5 Weather Balloon was the fifth annual balloon launch for the students. The launch took place on the Ely Weather Balloon Launching Platform (also known as the Baseball Field).

The eighth graders had a variety of jobs ranging from live feed tracking, social media updates, tape master and balloon inflation technicians. The students designed an experiment to determine if there would be a difference in preserving raw or hard boiled eggs in the low pressure and temperature of the stratosphere. They hypothesized that a small amount of air present in the egg would expand and shatter the brittle shell. A parachute, two GPS trackers, cameras and the egg experiment were attached to the balloon prior to launch.

The balloon was predicted to ascend slowly before popping at an altitude of around 22,000 meters or about 13 miles up--about double the cruising altitude of most trans-oceanic passenger jets. Predictions also indicated this would take place somewhere over Duluth, and the balloon would begin its long fall back to Earth.

While the eggs didn't explode in flight, the eggs were both cracked when pulled out of the tree they landed in. When the balloon finally popped at its highest altitude of over 21,842 feet, the payload began to fall at about 50mph. One student remarked, "Those were probably the fastest eggs in the world!"

The class was able to acquire some beautiful photos of Lake Superior and the north woods as the payload with multiple cameras onboard floated over the northland. The launch took place at 10:52 a.m. and the balloon landed two and a half hours later outside of Solon Springs, Wis., which is 37 miles southeast of Duluth.



Above: Students work together to steady Timberwolves 5 weather balloon just before launch. Photo by Chezne Nickolson

Above: Balloon and payload hanging below just after it was released. Photo by Peyton Huntington

Below left: The pep band plays music as the balloon is inflated. They played the school song as the balloon was released. Photo by Peyton Huntington

Below right: Aerial shot taken by the GoPro on board the balloon. GoPros were set by George Sponholz and Aksel Skustad





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Tuesday Group schedule

ELY - The Tuesday Group community educational lunch gathering meets every Tuesday at the Grand Ely Lodge. Participants have an opportunity to order lunch. For those interested in being a host, or who have a speaker suggestion, contact Lacey Squier by email at ElyTuesdayGroup@ gmail.com or call her at 218-216-9141.

Upcoming Tuesday Group speakers:

➤Nov. 1: Meet New

➤Nov. 8: Iron Range PartnershipforSustainability, Kes Ebbs.

➤ Nov. 15: Helping Ely-Area Seniors Age in Place, Representatives from Northwoods Partners, EBCH, Essentia, ECHC, St. Anthonys Church and

ARDC.

➤Nov. 22: Grassroots Crossroads, Sitting at the Yellow Light, Dani Pieratos

Breathing Out

by Cecilia Rolando © 2022



in the night a burst house shakes with sudden thunder odd for October

Ely library

Hours: Monday - Friday, 9:30 a.m.-6:30 p.m. Closed on Saturday, Sunday, and holidays Phone: 218-365-5140

Babbitt library

10 am-6 pm 10 am-6 pm Wednesday 10 am-6 pm Thursday 10 am-6 pm

Tuesday

Friday 10 am-6 pm Phone: 218-827-3345

Support groups

AA - AICOHOLICS Anonymous **OPEN AA - 7:30** p.m. Wednesdays and Saturdays, in-person. First Lutheran Church, 915 E. Camp St., Ely. **SUNDAY NIGHT AA**at St. Anthony's Catholic Church is canceled. **ELY WOMEN'S OPEN** AA - Every Monday at noon at Ledgerock Church, 1515 E. Camp St., Ely. BABBITT AA - 7 p.m. Tuesdays, Woodland Presbyterian Church. AL-ANON - Sundays 8-9 p.m. at St. Anthony's Catholic Church in Ely.

For persons who encounter alcoholism in a relative or friend. **BABBITT AL-ANON -**Thursdays, 7 p.m., at

Woodland Presbyterian. **CO-DEPENDENTS'**

12-step support group, 5:30 p.m. Thursdays, Wellbeing Development, 41 E Camp St. Ely.

ADULT BASIC

EDUCATION GED Study materials and pre-

test available. Call 218-365-3359, or

1-800-662-5711. **CAREGIVER SUPPORT GROUPS:**

Babbitt: 3rd Monday of Month: 6-7:30 p.m. at Carefree Living. Ely: 4th Monday of

Month: 10-11:30 a.m. at Ely-Bloomenson Hospital.

BOREALIS BIKING

Team BOREALIS wraps season at Chisholm

REGIONAL-Local youth riders on Team BOREALIS wrapped up the mountain biking season with their fifth and final race Oct. 15-16. The Minnesota Cycling Association hosted their All-Team Season Finale at Redhead Mountain Bike Park in Chisholm with over 60 teams attending. A mix of snow and rain resulted in delayed start times

each day as crews worked to ensure the course was ready for the more than 1,300 riders in grades 6-12 who would take to the trails. Team BOREALIS riders Grady Anderson, Addison

Kannas, Wyatt Tedrick, and George Sponholz combined to take 14th place in the Division 2 Middle School class. The team fielded only three riders in the High School division, one short of the required four, and placed 46th in the rankings. In the overall season standings, Team BOREALIS

finished 28th out of 56 teams in the division 2 Middle School category and 49th out of 59 teams in the division 2 High School category. Riders, placement, and times included:

6th Grade Girls - Addison Kannas, 21, 27:37. 6th

Grade Boys D2 - Grady Anderson, 12, 25:42. 8th Grade Boys D2 - Wyatt Tedrick 24, 20:48;

George Sponholz, 44, 21:59; Mason Molden, 63, 23:48. 9th Grade Girls – Aila Harding, 37, 54:07. 9th Grade Boys – Blake Hegfors, 70, 45:05. JV2 Girls – Rena Johnston, 29, 40:47.

www.timberjay.com /



21:59.

Rena Johnston rides the downhill stretch in the last team mountain bike race of the season held over MEA

weekend at Redhead Mountain Bike

Park in Chisholm.

REELING IN A BIG WIN

Local bait shop and outfitter wins statewide award ELY - Ely's Oldest Bait & Tackle Store, votes to win Gold, followed by Reed Outdoors helped us get to where we are today since

Arrowhead Outdoors, recently won the Minnesota's Best 2022 Gold in the Fishing Outfitter category of the Minneapolis Star Tribune's Readers' Choice Awards.

Any local business throughout the state can be nominated by customers, fans, or owners. Nominated businesses are vetted and verified. Once verified, the nominees are placed on the ballot and voters decide the winners. This award program was created to help support local businesses throughout

Minnesota.

Arrowhead Outdoors received enough

who won Silver, and Joe's Sporting Goods in St. Paul who won Bronze. Piragis in Ely also won Gold in the "Outdoor Outfitter" category. The winners were announced Sunday,

Oct. 23, and a celebration event for all winners will be held Thursday, Nov. 3 at Orchestra Hall in Minneapolis.

"We were initially surprised that we were nominated by one of our customers. We were excited to win, and our customers stopped by

taking over in 2017. From the Ely business community, to the various business resources provided, to the Ely residents, and all our valued customers that have become friends.' Arrowhead Outdoors has become famous

for its widely distributed "Weekly Fishing Report" which is written by co-owner Steve Renneberg.

"It's exciting when a business from Northern Minnesota is featured and we hope this brings more visitors to our area to help

218-753-2950

to let us know they voted for us every day the voting was open!" says co-owner Kris all small businesses." Winkelman said. Winkelman. "We want to thank everyone who

HIGH-SPEED BROADBAND

Cook broadband stalled by supply chain issues

Optimistic projection for late fall start now pushed back to spring

Cook-Orr Editor

COOK- In early August, Paul Bunyan Communications had good reason to believe that there was a chance its new highspeed broadband network in Cook might be ready to start serving customers by late fall.

"It's still tentative," Paul Bunyan CEO Steve Howard told the Timberjay in August. "We orig-

inally were planning to start work there late this year and then finish up next year. But the weather's been cooperative, and things are lining up nicely to potentially start working on that project as soon as right after Labor Day, and we very likely would finish this year."

Work has been progressing at a steady pace, but Howard said Tuesday on the company's fiber optics projects Facebook

page that he now doesn't expect the service to be up and running until the spring. The culprit, Howard said, is the same one that's affected entire industries across the country this year: they can't get some of the parts they

"This is due to supply chain challenges getting some of the cabinets that are needed for the project," Howard wrote.

Problems with sup-

ply chains for broadband buildouts began last year, and the industry is still playing catch up. In fall 2021, communications giant AT&T slashed its projected target of bringing fiber optic broadband to three million homes by the end of the year by 500,000, mainly due to supply chain issues. Howard told the Timberjay in August that the delay in getting fiber optic cable was 18 to 24 months.

However, that hasn't been an issue for the Cook project because Paul Bunyan ordered about a four-year supply of cable before the pandemic.

A slim silver lining for Bunyan's issue in Cook could be that the lead time for getting fiber optic cabinets is the shortest of any segment of the broadband materials market, estimated to be 10-20 weeks according to a September report by the Fiber

Broadband Association. Howard didn't say in his post when he expects the cabinets to be received, but the delay is enough to push the "go live" date for the system back to spring. "We'll be splicing throughout the winter so we can get service going as quickly as possible after the cabinets are installed," Howard wrote.

Lions, VFW host **Halloween party**

COOK- The Cook Lions Club and Cook VFW will host a community Halloween party for children 10 and under at the Cook Community Center on Monday, Oct. 31 from 4-6 p.m.

Games, hot dogs, and candy will be part of the fun. Food is donated by Zup's of Cook.

Gallery exhibit to honor veterans in November

COOK- During the month of November, Northwoods Friends of the Arts Gallery in Cook will host a special exhibit honoring the members of the Cook VFW Post 1757 and the Honor Guard specifically.

Members of the Honor Guard were awarded a quilt on Oct. 25 by the Quilts of Valor Foundation. The private ceremony, conducted by Quilts of Valor representative Michele Sherwood, took place at the Cook VFW Post 1757 with family,

VFW members and the

NWFA Board of Direc-

Photographer Connie Stone photographed the ceremony, and the photos will be on exhibit at the NWFA Gallery in Cook during open hours in November.

On display with the photos will be exhibits and personal stories of six Honor Guard members who served during the Vietnam War years - Honor Guard Captain Dick Fontana, Skip (John) Dickinson, Donald Do-

COMMUNITY EVENTS

roff, Oz (Richard) Leceijewski, Darrel Lindgren and Jerry Snell.

The current veterans of the Cook VFW Honor Guard are Don Balmer, Navy; Al Bergman, Army; Galen Bergman, Army; Dan Brinker, Navy; Gary Dehn, Navy; John (Skip) Dickinson, Marine Corps; Don Doroff, Army, Dick Fontana, Navy; Les Holm, Army; Bill Lange, Navy; Richard (Oz) Leciejewski, Army; Darrel Lindgren, Marine Corps; Greg Lund, Army; Gerald (Jerry) Scofield, Navy; Jerry Snell, Navy; and Jim Taylor, Marine Corps.

The NWFA Gallery is located at 210 S River St. Winter open hours are Thursdays and Fridays from 10 a.m. to 4 p.m. and Saturdays from 9 a.m. to 1

Woodcarvers to resume Thursday meetings on Nov. 3

COOK- The Cook Woodcarvers Group that meets at Northwoods Friends of the Arts Gallery in Cook is ramping up for its first meeting of the fall on Thursday, Nov. 3 from 6 to 8 p.m.

Meet at NWFA Gallery at 210 S River St. Beginners are welcome to attend. For more information contact Howard at 218-290-1391.

Make a Saami bracelet at NWFA

COOK- Northwoods Friends of the Arts Gallery will host a "Saami Bracelet Class" on Saturday, Nov. 5 from 10 a.m.-5 p.m. Create a traditional Saami-style bracelet with caribou hide, tin trod (pewter and silver thread) and antler or pewter buttons. Students will spend the day designing, stitching and finishing a soft and supple wearable bracelet. Registration is required by emailing nwfamn.org@gmail.com. For information about upcoming NWFA offerings, visit the website at nwfamn.org.

Free Veterans Day lunch to be offered at Trinity church

COOK- Trinity Lutheran Church in Cook will be hosting a Veterans Day luncheon on Friday, Nov. 11 from 11 a.m. to 1 p.m. in the church fellowship hall.

This free lasagna lunch is in recognition of the service and dedication our veterans have given for our country. All area veterans and their family members are welcome to attend, as well as surviving spouses of veterans.

Any questions may be directed to the church office at 218-666-5965. Trinity is located at 231 2nd St. SE. Handicapped parking is available in both the north and south parking lots.

Fall bazaar coming on Nov. 5 at Trinity **Lutheran Church**

COOK- It's almost time for the fall bazaar hosted by Trinity Lutheran Church of Cook.

The bazaar is scheduled for Saturday, Nov. 5 from 9 a.m.-1 p.m. The event includes homemade crafts, a bake sale, basket raffles, and more.

PUDDLES BE GONE



KGM Contractors got to work last weekend on the parking lot paving project at **Veterans Riverfront** Park. The pavement will make the park more easily accessible.

Left: A broad curved drive leads from River St. to the parking area. Right: A worker drives a roller over fresh asphalt. photos by D. Colburn



NORTH WOODS SCHOOL

There's no place like home for school principal

by JOHN VUKMANICH

North Woods Principal

FIELD TWP- In my last article, I talked about the origin of homecoming and highlighted some of the homecoming activities at North Woods.

As I thought of ideas for this article, the idea of "home" seemed to be a theme!

This past weekend, I spent most of the Minnesota Education Association weekend at my shack in Orr. With the beautiful weather, there were many people out in the woods enjoying the beauty and wildlife of Northeastern Minnesota. On the ATV trail system, we saw many large groups of ATVs, somewhat similar to what I see when snowmobiling.

Families and friends now can enjoy a "destination-type" riding experience that snowmobilers have enjoyed for decades. with trail connections that go for miles. We saw folks from all over Minnesota. Why are they here? To enjoy the outdoors, right in our backyard. The outdoors is why many of us live here and stay here.

Our area has so much to

offer, and it is why so

many people flock to our Woods "home." area. We are lucky to live

Woods students and families can mean almost anywhere within 60 miles of tive culture. Our Student North Woods School. Are Leadership Team begins you aware that our school meeting this week. Our attendance area stretches focus is to utilize student north to Ash River, east to Crane Lake, west to Bear River and Side Lake, and we send a bus all the way south to the Virginia area. Our students come from a geographic area that I am guessing is one of the biggest anywhere. But we all call North Woods home.

As we move farther away from the challenges of the last couple years, our focus is to build a school culture that is second to none, one that values all of the unique qualities that our students and staff bring into our building.

It starts with a common understanding of why our school exists, and meeting our students and families where they are. Our challenge is to build common expectations while still offering students the flexibility that they sometimes need. When we collectively do this, it makes it easier for

our kids to truly call North

How are we doing this? We are reinvigorat-"Home" for North ing our Teacher Leadership Team, with the focus being wellness and posileadership to build positivity and strong character in our school. PBIS, Positive Behavior Intervention and Supports, is a part of our elementary school and will be a part of the high school setting as well, emphasizing common language and expectations for the different parts of our building. With our

district receiving a grant called Project Aware, we are beginning the important work of establishing a school-wide mental health support system. We are partnering with our local providers and utilizing additional in-school resources to support our students' well-being. All of these

systems take time to build,

but we will get there. North Woods School is our home. It is where we live, work, play, and offer our kids the tools to get to where they want to be, whether that is in Northeast Minnesota or beyond!

GRIZZLIES SENIORS



The North Woods Grizzlies senior football players were celebrated at a family dinner on Oct. 18, one day before their regular season home finale against East Central, which the Grizzlies won 20-7. This year's senior contingent included (not in order pictured) Jared Chiabotti, Lane Kneen, Garrett Lappi, Jake Swanson, Olin Nelson, Alex Woitalla, Tommy Debeltz, Kohen Briggs, Isaac Fultz, Anevay Goodsky-Spears, and Steven Sopoci. courtesy photo

Board member Tom Omerza commented on the arrangement.

"I think it's a good thing," he said. "I think they've given us the opportunity with the swim team over the many years that's been to have girls participate in swimming.'

Omerza pointed out that golf, hockey and football are all already com-

"For us to say 'no' seems to be not good," he

Omerza emphasized that the coaches and administration need to address the effects of combining with the players.

"They (the players) may not understand the way we understand," he said.

Omerza said that he will work with the principal, the athletic director, and the head coach to make combining work well for both the existing team and the players that are coming over from NER.

Chairman Ray Marsnik asked how the current numbers look. Coombe responded.

"Decent. Girls' (basketball) has lagged behind boys' as far as total participation for a number of years," Coombe said. "There's a good core group in the C-squad - the sixth, seventh and eighth grade coming up - but having said that, it's not like it was 20 or 30 years ago where you have eight seniors and six juniors. We're a small school even with Northeast Range being added to our program."

Coombe mentioned that his initial hesitation with the arrangement was whether Ely would remain a Class A School.

"We've gotten that confirmation from the high school league - we will, even with Northeast Range's enrollment added to ours, so in essence it's still two really small

schools getting together for girls' basketball. Any numbers would help," he said.

Omerza said numbers look good for the A-squad and the B-squad, but junior high (aka C-squad), "is sort of questionable as far as numbers, so I'm hoping they have some seventh and eighth-graders who want to come over."

'I echo Tom's concern with numbers overall with a lot of the sports," he continued. "We've got a lot of sports and not a lot of kids to stock them all. Our elementary basketball is concerning. We've gone from having 80 kids running around just a few years ago to considerably fewer. You wonder what we may have to do in the future to keep these sports going."

Combe assured the board, "We're still in a really good spot compared to some of the other schools." He cited several areas schools who have recently cancelled girls' and/or boys' basketball seasons. "It really creates some scheduling difficulties. We are not in that position. We're still in pretty good shape in comparison to some of the other small schools."

Marsnik added, "I think this is the thing to do. The big winners will be the Babbitt girls who have the opportunity to continue their basketball careers, and that's what we're here for. We're here for the kids."

Board member Chad Davis asked, "Up till this point it seems like we've been going sport-by-sport on a case-by-case basis. At some point in time does the conversation warrant just combining? It seems like we're almost there."

Coombe said that in his experience combining gradually as needed works better than a "top-down edict." He cited the football program not getting

as many students from Babbitt as were hoped as an example.

"There is some resistance to coming to a different school," he said. "I think when it happens naturally when one school or the other just doesn't have the ability to continue its program, it is a little bit easier sell."

In other business the

➤ Heard a report from Student Council President Madison Rohr on how Homecoming turned out, as well as what events Student Council is planning next.

➤ Approved the Senior Class trip to Washington D.C. scheduled for March 22-27.

➤ Accepted the resignation of cafeteria aide

➤ Approved Cathy Braun for a temporary part-time Social Studies teacher position for current school year.

➤ Received an update

from Kraus-Anderson Project Manager Todd Erickson on the 21st Century Facilities Project budget and progress.

➤ Discussed continued safety concerns regarding the most recent school shooting in St. Louis, Mo. Principal Oelke shared that Ely police have been included in lockdown drills and Principal Jeff Carey said students continue to be educated on why using only the safe and secure entrance

is necessary and required. ➤ Learned that locker rooms may be finished by mid-November in time for upcoming basketball seasons.

The next regular meeting of the Ely School Board will be Monday, Nov. 14 at 6 p.m.

$\mathbf{THC}_{\bullet\bullet\bullet}$ Continued from page 1 $\,$ –

"The gummies that we've got right now are five milligrams of THC with a maximum of 50 milligrams per package, according to state law,' John Chaulklin said. "We also have a punch-flavored THC powder that you put in water. We're adding products here weekly, and we plan on growing this thing as big as we can grow it.'

Chaulklin described the demand for THC products, including those with both THC and CBD, as "fantastic" and said he and Heather are a bit surprised at who's coming in to buy them.

"We thought it would be a little bit younger crowd, but it's actually the over-50 crowd," John said. "Our demographics are probably 90 percent of people over 50. They're using it for medicinal purposes and a bit recreational. They're using it for arthritis issues, using it for anxiety issues and restful sleep. They're coming back and buying more and telling their friends and we haven't even advertised yet."

The Chaulklins' THC products vary in their effects based on the type of THC they contain. Those with sativa-derived THC produce energizing and anxiety-reducing responses, while indica products induce relaxing effects and may also help reduce nausea and pain.

"People are coming and going all day long and we love the testimonials of what's working, and what's not. Let me be clear. this isn't for everybody,' Chaulklin said. "We don't give medical advice. We're not licensed to do that. But I like to tell people be cautious, because it's something new.'

The Chaulklins currently have three primary suppliers for THC edibles and drinks. Minny Grown is a Cannon Falls-based provider that grows and manufactures their products in Minnesota. The Chaulklins get gummies from Texasbased Hometown Hero, a company they chose because they use a portion of their proceeds to support veterans organizations. Hometown Hero made over \$100,000 in donations to such groups in 2021.

Their third supplier is a new Tower-area family-based business, HOBOTE, owned by Jim Galonski.

"HOBOTE stands for healing ointment, body oils, and therapeutic edibles," Galonski said.

WhileGalonskiplansto expand his offerings, THC products are his first entry into the market. His gummy line, Unforgedibles, and a power drink mix, Tranq, are manufactured out of state according to Minnesota legal specifications, and Galonski serves as the distributor.

Galonski has gone through the registration and background checks required by the MN Department of Agriculture to be a CBD farmer, he said, but while establishing that is still an ongoing process, the legalization of THC products in Minnesota provided an alternative to get rolling with HOBATE.

ChaulklinandGalonski both believe in strictly adhering to Minnesota law regarding THC edibles and drinks.

"Everything I do, I'm going to be legal, I'm going to follow Minnesota law," Galonski said.

"I do my due diligence because we live in this community, we know everybody in this community," Chaulklin said. "I believe what we're doing here is good for the community and a good alternative to pharmaceuticals, so we have to do what's best."

Lax enforcement

That THC edibles and drinks were made legal in the last legislative session came as a surprise to many Republican legislators who didn't notice the provision tucked into a larger health and human services bill that was hundreds of pages

"They pass these bills,

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but they don't read them," Chaulklin said. "They just vote with the party line. This goes to prove that because nothing was said about it, nobody really knew about it."

One aspect may have benefited from more scrutiny, and that's the part of the provision that assigned enforcement authority for THC products and sales to the state Board of Pharmacy, which is set up to license pharmacies and pharmacists. The Board has only 23 employees and wasn't allocated any additional funds to hire more for the additional tasks of regulating the potency, packaging, and age requirements of the new THC products. Compounding the challenge is the fact that the new law doesn't require a license to manufacture, distribute or sell THC edibles and drinks, greatly expanding the number of possible sites that would require regulation and enforcement activities.

And apparently, given Chaulklin's experience thus far, the Board of Pharmacy is overwhelmed, as he hasn't received even basic guidance about the

bill's provisions. "I haven't gotten anything from them, not an email, not anything," he said. "I do research on my own. We don't want to be doing anything we

shouldn't be doing." But in the absence of a robust enforcement provision, others may not be as conscientious as Chaulklin

and Galonski. "I know that there are some smoke shops that are selling some pretty crazy stuff right now,' Chaulklin said. "It's concerning because I see other places that don't care, they're just in it for a fast buck, and that's not good for guys like us that really want to do what's good for the community and do it

100-percent legit." Galonski said the Board of Pharmacy needs more resources to ensure that THC products sold

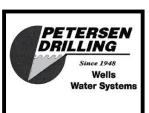
throughout the state are in strict accordance with the law.

"There's no enforcement," he said.

Chaulklin agrees and added that he would like to see a system of licensing for producers and businesses selling THC products that he believes would eliminate suspect products and level the playing field.

'We don't even need a license to sell this stuff, which is crazy," he said. "That doesn't make any sense to me. You need a license for everything, so why don't you need a license to sell THC products? They need a license and then they can keep the riff raff down, if you will."

Both believe the Legislature will dive more deeply into the THC issue in the 2023 session. Chaulklin said he anticipates more regulations and laws, while Galonski believes it's possible that an additional tax on THC products could be imposed which could significantly erode profit margins. And given the controversy that erupted after the passage of the authorizing bill and some of the unscrupulous practices



PUMPS

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he's observed elsewhere, Chaulklin is prepared for another possibility.

"They could shut this down at the next legislative meeting," he said. "We don't even know yet. There's still people who think this is bad." But the testimonials

from Chaulklin's customers serve to reinforce his belief in the health benefits of THC products, and since the future is unpredictable, the best thing to do is to stay the course.

"We'll keep plugging away, we'll keep adding

new products weekly and monthly," he said. "We'll see where it goes. It shouldn't be going away anytime soon."









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Hibbing, MN - Hibbing High School Auditorium Saturday, October 29, 7:00pm

Virginia, MN - Goodman Auditorium Sunday, October 30, 2:30pm

www.MesabiSymphonyOrchestra.org

Operating support is made possible by the voters of Minnesota through grants from the Minnesota State Arts peracting supports induce possible of use voters or minimisoral uniting grains from the minimisoral duals and Board and the Arrowhead Regional Arts Council thanks to a legislative appropriation from the arts and cultural heritage fund. Our work is supported in part by the National Endowment for the Arts through a grant from the Arrowhead Regional Arts Council.



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I want to express my gratitude and appreciation for everyone who has played a positive, supportive role in my run for St. Louis County Sheriff, and am humbled by the undivided encouragement you have extended to me.

I pledge that as your St. Louis County Sheriff, I will listen to community concerns and will put the best interests of the people first. I will always work on a foundation of respectable values accessibility, responsibility, and accountability.

I look forward to your ongoing support and vote on November 8. Your vote can make a difference and will help to

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VOTE NOVEMBER 8 VOTERAMSAY.COM **10** October 28, 2022 THE TIMBERJAY

News in brief

Area projects awarded **Culture and Tourism grants**

REGIONAL- Arts, culture, history, tourism and recreational activities are essential to the quality of life and economy of

our region. The IRRR recently approved a number of Culture and Tourism grants in the area,

Theatre: \$12,210 to market and advertise the End of the Road

Film Festival.

➤ Mesabi Symphony Orchestra: \$10,000 to market and advertise the Goodman Auditorium farewell concert at Virginia High School.

➤ Friends of the Parks (Cook):

\$24,999 to pave the parking lot at the newly developed community

➤City of Tower: \$29,550 to replace the roof and make improvements to the historic ticket office at the Train Depot Museum.

➤Tower-Soudan Historical Society: \$30,000 to install ADA restrooms and develop a new website for the historic fire hall.

SULFATE...Continued from page 1

at the least the 1940s, which is why Minnesota enacted a strict sulfate standard back in 1973 in order to protect the state's wild rice stands.

While Hanson's pilot project provided proof of concept that he could convert sulfate to hydrogen sulfide, the study's authors noted that it hadn't provided an effective means of handling the even more toxic end product.

While Hanson had proposed using iron to precipitate the sulfide, the study's authors concluded that: "the associated processes, including sequential chemical addition and mixing, characterization of reaction products, and techniques for collecting slurries, sludge, or precipitated materials, need further development before the methods could be incorporated into large-scale operations."

Hanson eventually patented the first step in his process and has spent the past four years developing a way to remove the hydrogen sulfide through his company Clearwater BioLogics. He says his new process, which he recently submitted for a federal patent, has proven effective in the lab and results in byproducts, like iron-sulfide and hydrogen, that are both potentially valuable. Now, he hopes to scale up his process and demonstrate its effectiveness using a mine pit lake. Hanson made a key dis-

St. Paul's Evangelical

Lutheran Church, Soudan

Annual Election Day

➤ Ely's Historic State

park that includes an area to honor the branches of the United States Military and veterans.

more than a decade ago,

with a company that was

seeking ways of recycling

fibers from old carpet-

ing, that he hit upon the

potential of using certain

types of the fibers, such as

polypropylene and poly-

ester, in bioreactors. As he

studied their properties,

he discovered that they

effectively grew loads of

bacteria. What's more the

fine fibers could provide

an enormous amount of

surface area for bacteria to

up on Birch Lake in Babbitt

and is well aware of the

sulfate problem on the Iron

Range, connected the dots

and realized that his old

carpet fibers might hold

one of the keys to solving

that long-standing problem.

So, Hanson, who grew

latch onto and grow.

pumps are designed to power with solar panels, so the system can be located in areas without nearby electrical connections. The process takes

occasional maintenance and regular testing to ensure that the modules are doing their job, which means the clean-up of the area's mine pit lakes would create jobs, dozens of them according to Hanson.

The company's potential is easy to recognize, which is one reason it was a finalist in the 2018 Minnesota Cup, an annual business start-up competition sponsored by the University of Minnesota's Carlson School of Business. Hanson said the judges were impressed with the potential of the technology, but pointed out he didn't have a market for it in Minnesota as long as the state didn't enforce its own water quality standards.

An ever-growing problem

Hanson said an economically viable solution for sulfate pollution is absolutely needed in Minnesota because the countless mine pit lakes that dot the Iron Range will continue to generate sulfate for decades, even centuries. It's basic chemistry, notes Hanson. Iron pyrite, otherwise known as fool's gold, is comprised of a single atom of iron bound to two atoms of sulfur, and it's found throughout the same rock mined for taconite. As pyrite is exposed to oxygen and water, it's slowly converted to sulfate. Mine pit lakes become literal sinks for sulfate contaminating groundwater that flows into lakes and streams, or simply discharging at the surface

The vast majority of Minnesota waters naturally contain very low levels of sulfate, typically less than five mg/l. But the water found in mine lakes can be much higher than that, often exceeding 1,000 mg/l and those levels tend to increase over time. Which means reducing sulfate isn't a temporary clean-up, it's a massive, long-term process that will require longterm, effective, and lowcost solutions to address. Hanson thinks he's found an answer, if only the state of Minnesota and the

mining industry are willing

to ask the question.

Vote • Jen Westlund

Ely School Board • November 8

• Lifelong Iron Ranger and 23-year Ely resident

"Let's bring the focus back to students,

teachers and staff."

Paid by the candidate on her own behalf.

• Parent of 2 children in Ely Schools

• 15 years of experience in state service

managing budgets, staff and facilities

Volunteer for community boards and

when they overflow.



Hanson looks out over Birch Lake, where he grew up. He says he appreciates his ready access to clean water and wants to help ensure that area lakes remain healthy and free of the effects of pollution from sulfate. photo by M. Helmberger

covery not long ago that has substantially improved the effectiveness of his process. For some time, he had been using taconite pellets to provide the iron to precipitate out the sulfide. It turns out sulfur likes to bind with metals and when presented with the opportunity, the sulfur in hydrogen sulfide will break its bond, freeing the hydrogen and binding the sulfur with a metal like iron. Hanson initially used taconite pellets to provide the iron for the process, which had only limited success. He eventually realized it was because taconite pellets are oxidized, which slowed the process. When he switched to direct reduced iron pellets, they proved much more effective. At the same time, the

DRI nuggets conduct electricity, so he submerged two packets of them underwater and applied electricity. The resulting electrodes helped speed the process considerably.

In the bench tests he's been conducting for the past few months, he's been able to take mine-impacted water from Spring Mine Creek near Babbitt and reduce the sulfate level from roughly 350 milligrams per liter to a non-detectable level. And he's shown he can reduce the resulting hydrogen sulfide from around 100 mg/l to less than four.

An affordable solution?

By rights, Hanson's process should have the state's mining industry intrigued, if not excited. Up until now, the only demonstrated treatment for the industry's sulfate discharges was reverse osmosis, or RO, a highly technical and expensive process that comes with its own waste disposal issues.

Hanson said his process can treat sulfate for roughly one-tenth the cost of reverse osmosis, and possibly less depending on the market some of the byproducts of the process. Such a potential savings had PolyMet Mining interested in Hanson's methods, as the company had committed to addressing the high sulfate discharges from several mine pit lakes near its proposed copper-nickel mine. 'But they can't afford to do it with reverse osmosis," said Hanson. Which is why the company gave Hanson permission to utilize one of its mine pits for his original pilot testing with NRRI.

But the mining industry, which has long had in St. Paul, has been able to hold off enforcement of the state's sulfate law for decades, despite pressure from native tribes and the federal Environmental Protection Agency, arguing that any required clean-up would be so costly it could force the shutdown of mines on the Iron Range.

Hanson believes that's why the mining industry has grown cool to his process and why mining companies are reluctant to give him access to their mine pit lakes to demonstrate his hydrogen sulfide treatment method. "Some of the mining companies really don't want a low-cost solution," said Hanson. 'Anything costs more than doing nothing, which is exactly what they told me to my face. As long as they can say that RO is the only alternative, they can keep the EPA or the MPCA at bay for years."

Because Hanson's hydrogen sulfide removal process has only been demonstrated in his lab, having access to one of the region's mine pit lakes would provide a critical opportunity to scale up and fine-tune the process and demonstrate its appli-

While Hanson said Cleveland Cliffs has been more open to his work than other iron mining companies on the Range, he notes the company declined to sell him DRI pellets for his most recent testing. He's since found another source, but he's keeping mum on the name of the company.

Waste to resource

Hanson arrived at his concept through a somewhat circuitous route. He's a guy who likes to connect dots and it was his work

It's been well understood for decades that sulfur-reducing bacteria are good at breaking down sulfate under the right conditions. That's one of the reasons that state regulators in Minnesota and elsewhere have regularly used engineered wetlands, which provide a home for the bacteria, as a passive and low-cost way to reduce sulfates and other pollutants. But those wetlands operate slowly and are ineffective much of the year in northern Minnesota when the wetlands are frozen. And to adequately treat large amounts of sulfate can require enormous wetlands.

Hanson realized that his

carpet fibers could recreate the same "habitat" for the bacteria in a much smaller area. So, he designed individual modules, each about 12-feet tall and seven feet by seven feet across and filled them full of his carpet fibers along with some bottom sediments to introduce the bacteria he was looking for. He also provides regular infusions of liquid feed to keep the bacteria healthy.

Each module may occupy very little space, but once filled with the old carpet fibers, it provides approximately 26-acresworth of surface area for the bacteria to grow. What's more, the modules are submerged underwater and continue to function well, albeit at a slightly slower pace, even under months of ice cover.

When installed in a mine pit lake, pumps slowly flow the high-sulfate water through the modules. When the water discharges at the end, it's nearly free of sulfate. The system's

organizations



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Crane Lake wastewater plant to get upgrade

by DAVID COLBURN

Cook-Orr Editor

CRANE LAKE- The lakeside community of Crane Lake is unique in many ways, and one of those that flies under the radar of most visitors is the town's wastewater collection and treatment system.

It's an afterthought for most, but not for the Crane Lake Water and Sanitary District (CLWSD) board and those charged with operating the plant.

CLWSD received word last week that the Iron Range Resources and Rehabilitation

Board approved \$250,000 for the Wastewater Treatment Facility Flow Equalization System project, an upgrade that's been in the works for about two years, and the IRRR award tops off the \$1 million needed for the project.

Irregular flow of wastewater into the plant is a natural outcome of the cycle of life in Crane Lake, and it's an issue city-based wastewater systems generally don't have to contend with, CLWSD board member Rob Scott said.

"We have the seasonal change in the summer, basically May into September, and the rest of the year it drops way down,"

Scott said. "And then you have what we call around here the spikes around Friday, Saturday and Sunday – the plant gets hit and then through the week it goes down."

The uneven flow pattern is problematic in how it affects day-to-day operations.

"It's very challenging as far as what and how much more of a particular chemical they put in or don't put in," Scott said. "It takes a big labor factor as well because you've got guys that are basically in there on a daily basis trying to work this thing."

The solution to creating a

more even flow is the installation of two large flow equalization tanks, where wastewater can be received and stored and released into the plant in a more controlled manner.

'It's like a holding tank, but it does more than that," Scott said. "It has processes in there for treatment. It's a kind of pretreatment process as well versus a straight holding tank. It gives us the ability where the peaks and the valleys come in to settle out and then do a measured approach as far as bringing that in for treatment."

CLWSD had already secured \$600,000 from the Minnesota

Clean Water Fund and \$200,00 from St. Lous County, and construction is now underway, Scott said. St. Michael-based Rachel Contracting will work into November on earthwork and piping, then resume construction in late spring/early summer as weather allows. Scott said the upgrade could be ready to come online by June. And that will be a relief to those who've had to manage all of the ebbs and flows of the system.

"This whole (upgrade) helps that tenfold," Scott said.

NETT LAKE...Continued from page 1 -

So then we have to call in construction crews and put it back together. After so many years of doing that it's really become just cosmetic, putting lipstick on a pig to try to fix it."

Holm was surprised that the dam withstood this past spring's historic

"We really thought the whole thing was going to go," Holm said. "It was completely inundated, the headwalls that anchor it to the shoreline were completely inundated, the water was up to the walkways, concrete was developing big cracks - I said it's going to go. And it didn't."

The possibility of the dam collapsing is of great concern when considering the importance of Nett Lake's annual wild rice

"NettLakehasamazing seed beds," Holm said. "If the concrete dam were to let go and we had a major flush of water out of the basin, we were worried about losing all the water very quickly, not being able to recover it, and either freezing out or desiccating the seed beds.



If that happened and we lost the rice forever, that would be unthinkable."

Holm said the Bois Forte Tribal Council has been taking a hard look at replacing the dam for the past two years.

"We've had engineering companies in here doing full feasibility studies and getting cost estimates on whether to replace or repair, and it just makes sense that it's time for that to go," Holm said.

The council also allocated close to \$1 million for the project, including federal American Rescue Plan funds, but with rising construction costs, that wasn't enough.

"A year ago, the estimated construction cost was \$780,000. Now it's \$1.2 million," Holm said.

But last week the Iron Range Resources and Rehabilitation Board kicked in an additional \$350,000 for the project, giving the Band what it needs to cover the \$1.2 million dam and about a \$100,000 for contingencies and engineering fees.

Rock arch dam

When the decision was made to replace the dam, that opened up an opportunity to consider alternatives.

"The issue became are we going to build another one of these old-school monstrosities that create their own set of ecological problems or are we going to get a little progressive and do what other areas of the state and nation are doing," Holm said.

The concrete dam was designed to block flow, not facilitate it, and that created issues for the Nett Lake basin. Holm said.

"You can never draw down water in the basin far enough to get a good cleaning of the basin, removing the rice straw and sediment that builds up from year to year," he said. "You create a dead water space, a stagnant space that encourages filling. Nett Lake on a good year will produce thousands of acres of rice which turns into rice straw. You've got to be able to get rid of some of that stuff and we haven't been able to do it for 35 years."

The concrete dam also prevented fish from moving in and out of the shallow basin.

"There's been a fishery crash out there," Holm said. "Nett Lake is really shallow, like three-feet average depth, and come wintertime there's no refuge for fish, so they

freeze out."

To solve those issues, Bois Forte chose to go with something that doesn't even closely resemble traditional concrete dams.

They're installing a rock arch dam, also known as a rock riffle. It's a series of boulders that stretch across the water in descending rows, with pools of water in between.

"It's engineered pilings of rocks on a three-to-fivepercent gradient, and the elevation is designed to maintain a middle-of-theroad optimal elevation for rice," Holm said. "It creates pools and riffles that fish and animals can use to get in and out of the basin. You can actually have water level control and encourage ecological connectivity without a big old concrete wall blocking the flow. It's a very low maintenance way of reconnecting frag-

mented aquatic systems.' Holm, the tribal council, and others visited such a structure in the Park Rapids area, and Holm said that helped the council to decide to go with the rock

arch construction.

An additional benefit the new dam will be reduced maintenance, Holm said.

"I'm going to say that dam is something like 20 miles away by car," he said. "It's out in the sticks and there's no electricity to it. There's just a secondary access road to get in. To do water levels for rice, somebody has to go out there and manually crank mechanical gates up and down to adjust water levels. This thing gets rid of all the mechanical functions and all the potential damages and repairs."

Demolition of the concrete dam is scheduled to begin next week, Holm said, and the target date for completion of the rock arch replacement is Dec. 31. Holm said that getting the work done now should help next year's wild rice development.

"We'll be back in the business of being able to move water out of the basin and regulate it for ricing again," Holm said.

WRITE-IN Greg Dostert

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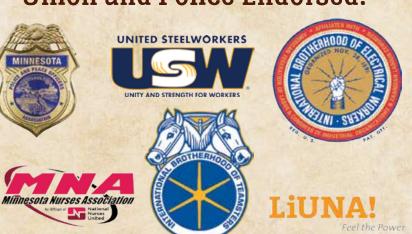


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THE TIMBERJAY October 28, 2022 1B



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CROSS COUNTRY

Ely runners find their stride at IR Conference final

Girls finish second, boys third among seven-team field

by RACHEL BROPHY
Staff Writer

HOYTLAKES-Timberwolves runners got an extra day of practice when snow prompted the postponement of the Iron Range Conference Championship meet last week. The event, originally scheduled for Tuesday, Oct. 18, was moved to the following day. The extra

practice paid off for the Ely varsity

girls who finished runners up to conference champion Rock Ridge, while the Ely boys' varsity came in third overall behind conference champion Rock Ridge and runner up GNK in a field of seven teams competing.

Rock Ridge senior, Cam Stocke took the lead in the boys' 5K, with a first-place finish of 15:59. Ely sophomore Caid Chittum's 17:39 finish was Ely's best time, and was good enough to secure ninth place. Senior Right: Ely runners named IRC All Conference, included (from left) Claire Blauch, Zoe Devine, Molly Brophy, Caid Chittum and Ben Cavalier on Oct. 19.

Ben Cavalier cracked the top 15 with a time of 18:16, narrowly beating out Silas Solum who finished 16th with a time of 18:20.

For the varsity girls 5K, Rock

See RUNNERS...pg. 4B





REGULAR SEASON FOOTBALL WRAP-UP

Grizzlies top East Central

Nab second win in regular season finale

by DAVID COLBURN
Cook-Orr Editor

FIELDTWP-The North Woods Grizzlies made the most of a short turnaround before the start of the sectional playoffs by chalking up a solid 20-7 win over visiting East Central last week.

North Woods had only a few days to right the ship after an Oct. 14 loss to Mesabi East, and both teams got off to a slow start in their Wednesday matchup on Oct. 19.

But North Woods put together their most impressive drive of the

Above: Jared Chiabotti bursts through a line of East Central defenders during last Wednesday's regular season finale. Chiabotti rushed for 143 yards on 25 carries.

Right: Freshman Jesse Oelke runs downfield.

season in the second quarter, an 86-yard grinder that ate up five minutes of the clock and ended with a 23-yard touchdown by Jared

See GRIZZLIES ...pg. 4B



Pick six lifts Ely to win over Storm



22-16 win a well-earned salve in an otherwise frustrating season

by Marshall Helmberger A late pick-six by senior line-

Managing Editor

ELY— The Timberwolves finally caught the break they were looking for all season, and it left them on the high side of a 22-16 final score against Hill City/Northland here last Wednesday.

Northland here last Wednesday.

Left: Ely's Alex Merriman
forces a fumble in the
backfield during last week's
contest with Hill City/

Northland. photo by J. Greeney

backer Jakson Hegman offered a rare bright spot in an otherwise frustrating season for the Timberwolves, who squandered opportunities to win at least three other games along the way to a 1-6 season record. Playing in their final home

Playing in their final home game of the season, the Wolves battled back and forth with the Storm. The Wolves went up 8-0 early on a 30-yard touchdown

See WOLVES..pg. 4B

SECTION 7A PLAYOFFS

Grizzlies bow out

Fall 22-6 to Chisholm

by DAVID COLBURN
Cook-Orr Editor

CHISHOLM- The North Woods football season came to an end on Tuesday at Chisholm, with the Bluestreaks coming out on top 22-6.

The Grizzlies could ill-afford to let Chisholm get its passing game on track, but after a scoreless first quarter that's just what the Bluestreaks did. Almost all of a second quarter 77-yard scoring drive came through the air, including a 34-yard touchdown and two-point conversion at the 7:30 mark. North Woods failed to score as Chisholm took an 8-0 lead into halftime.

The Grizzlies came out roaring in the third quarter. Head Coach Joel Anderson switched tactics and sent his runners straight through the middle of the Chisholm line, starting with an electrifying 27-yard burst from Olin Nelson. Nelson was the primary workhorse in the Grizzlies' eight-play, 62-yard scoring drive with five carries, including a five-yard touchdown plunge. The Grizzlies

See FOOTBALL..pg. 4B

SWIMMING

NR-E dominates Chisholm at home

by MARSHALL HELMBERGER

Managing Editor

CHISHOLM— The Northeast Range-Ely swimmers dominated the pool Tuesday night here, easily outpacing the Bluestreaks 55-28.

Lily Tedrick and Morgan McClelland both notched multiple first place individual finishes on the afternoon. Tedrick, who has been strong all season, crushed the field in the 160 IM Medley with a time of 1:55.94, besting the second place finisher by more than 16 seconds. She also took first in the 100 Breaststroke with a time of 1:16.24, topping the field by just under eight seconds.

McClelland took first in the 500 Freestyle with a time of 6:23.75, as well as in the 200 Freestyle, with a time of 2:18.37.

Anna Larson took first in the 100 Butterfly with a time of 1:13.32, while Cedar Ohlhauser took first in the 100 Breaststroke with a time of 1:30.28. Kelly Thompson notched a first in the 100 Backstroke with a time of 1:17.10.

NR-E also dominated the meet's relay events. In the 160 Medley relay, the team of Thompson, Larson, Tedrick and McClelland topped the field with a time of 1:57.89. The same squad took first in the 160 Freestyle relay with a time of 1:28.62.

NR-E was set to participate in the Pumpkin Quad at Mesabi East on Thursday. They'll take part in the Little Giants Invitational on Saturday, Nov. 5 ahead of sectional prelims on Nov. 10 and section finals on Nov. 12. **2B** October 28, 2022 THE TIMBERJAY

Our lives in the Northwoods

HUNTING

Bear hunt ends down 25 percent

by Marshall Helmberger Managing Editor

REGIONAL - It appears that hunters registered the lowest number of bears in five years, based on harvest data compiled by the Department of Natural Resources on Oct. 18. The 2022 bear season ended Oct. 16, although final bear registration numbers won't be issued until sometime this winter.

The preliminary totals show the harvest was down

year and a whopping 30 percent over the totals from 2020.

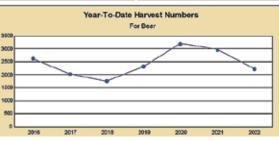
Most DNR wildlife managers had expected fewer registrations this year as hunters dealt with the effects of a bumper crop of wild foods, which make hunters' baits less attractive to bears. As is typical in productive food years, the female harvest declined substantially. Females are typically more cautious around baits than male bears, natural foods are scarce.

Statewide, hunters had registered 2,232 bears, 63 percent of them male, which should help improve the reproductive potential of the bear population heading into next year. The DNR has been attempting to boost bear numbers in recent years, after sharp declines a decade ago due to high hunter harvests.

Locally, hunters registered a total of 177 bears in permit area 25, which

about 25 percent over last but can be drawn in when encompasses all of northern St. Louis County outside the Boundary Waters along with eastern Koochiching County. Of those 112 were male, while 63 were female. In permit area 31, which includes much of eastern St. Louis and all of Lake and Cook counties outside the Boundary Waters, hunters registered a total of 197 bears, 137 (or 70 percent) of which were males, with 60 females.







A Lilliputian world

In our season of gray, take a closer look at lichens

hat brief period between the fall of our leaves and the coming snow, is a good time to pay attention to another colorful and fascinating part of the North Country environment - lichens.

It's easy to overlook these ubiquitous organisms the rest of the year, because they

are, well, everywhere here. They grow on bare rocks, the sides of trees, gravestones, rotting logs, old cars, even on the roofs of our houses. We can thank

our excellent air quality for that. Lichens are unique organisms that absorb all they need to survive from the air. That means they

have a tough time surviving in urban areas, where the air includes pollution from industry or vehicles.

Lichens can be found in many, often bright, colors, so they stand out in our typically gray late October forests. And they are often at their brightest this time of year, because the cool and damp air help keep them from becoming dormant, as they do in dry weather.

It's easy to mistake a lichen for a plant, but they are entirely unrelated to plants. Lichens are the physical manifestation of a symbiotic relationship between a fungus and an algae or cyanobacteria, and none of those constituent parts is classified within the plant kingdom on the phylogenetic tree.

Most of what we see of a lichen is comprised of the fungal partner, which provides a kind of case that protects the other part of the lichen, which

> is comprised of cellular layers of green algae or cyanobacteria, which we used to call bluegreen algae even though they are, in reality, bacteria.

Green algae, just so you know are classified as protists, not plants. And cyanobacteria are classified as bacteria even though they also

contain chlorophyll. I know, life on this planet is both amazing and weird.

MARSHALL

HELMBERGER

The partnership between these various organisms allows them to survive conditions that neither could survive on their own. The fungal partner provides protection from the elements, be it intense heat, frigid cold or intense dryness, while the algae or bacterial partner provides food for the combined organism, mostly through photosynthesis. The cyanobacteria can also fix

See LICHENS...pg. 3B





Top: A column of british soldier lichens (Cladonia cristatella) marches along a

photo by M. Helmberger

Above: An elegant sunburst lichen (Rusavskia elegens) seems to glow from the side of a boulder.

Left: A nearly foot-long strand of old man's beard lichen (Usnea species) hangs from the weathered trunk of a dead tamarack.

photos by V. Ranua

Nature Notes

This week's feature **GROUSE LOUSE FLIES**



It's been a good season so far for grouse hunters, but it may also be a good season for an unusual fly that parasitizes grouse and that can bite humans when they come in contact with the birds they've shot. We've had reports of this fly suddenly appearing when hunters have been cleaning grouse shot in northern St. Louis County.

They're called louse flies and they're from a family of parasitic flies known as hippoboscids. Each species specializes in parasitizing a specific bird or mammal and there is a species known as a grouse louse fly, which targets ruffed and other species of grouse.

Various hunting forums, mostly in Manitoba, have made reference to these flies and, invariably, they tend to leave hunters a bit disturbed. The flies are about the size of a deer fly, but they are narrower and very flat (almost like a roach) which is typical of parasitic insects. They're also hard to kill. A swat that would normally crush most other flies, is barely noticeable to a grouse louse.

One hunter who had shot several grouse up near Nett Lake reported being bit by one of the flies, but he fortunately didn't react. He said he hadn't seen such an insect before, but had assumed they had come off the grouse. The good news is the presence of the flies doesn't affect the meat of the birds at all. Those breasts will still cook up nice and tender in the fry pan.

PUBLIC LANDS

Superior National Forest hosting open houses

REGIONAL - Want to get better acquainted with the people behind the Superior National Forest? Then, you'll want to take advantage of a series of open houses, including events at all five district offices on the Superior, as well as at the supervisor's office in Duluth. The events, hosted by the local district rangers, are scheduled over the course of the next several weeks. The events are set to run from 3 p.m. to 8 p.m.

The first open house was held Wednesday, Oct. 26, at the Laurentian District office in Aurora, and the next was set for Thursday, Oct. 27, at the LaCroix District office in Cook.

See USFS...pg. 3B

from NOAA weather



The recent four-day youth deer hunt proved a milestone for 11-year-old Cooper Bakk, of Mt. Iron, who bagged his first deer while hunting near Lake Vermilion. Cooper is the grandson of Sen. Tom Bakk, who was at the group's longstanding hunting camp for the event.

Ranger Mike Crotteau.

Supervisor's Office, located

at 8901 Grand Avenue

Place, in Duluth. Hosted

by Forest Supervisor Tom

Hall and Deputy Forest

Supervisor Shannon Rische.

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USFS...Continued from page 2B

The other local area event is set for Thursday, Nov. 10, at the Kawishiwi District office in Ely. It will be a chance to meet Tom Hall, the new Forest Supervisor for the Superior as well as District Ranger Aaron Kania.

The events will have information on area Forest Service projects as well as information about career opportunities in the Forest Service.

Other open house events are scheduled as follows:

➤ Nov. 9 at the Tofte District Office, located at 7655 W. Hwy. 61, in Tofte. Hosted by District Ranger Ellen Bogardus-Szymaniak.

➤Nov.30attheGunflint District Office, located at 2020 W. Hwy. 61, in Grand Marais. Hosted by District



LAKE COUNTRY FORECAST







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0/19	35	21	0.00		10/19	36	22	0.00		10/19	34	23	0.00		10/19	45	23	0.00		10/19	36	21	0.00	
0/20	44	24	0.00		10/20	44	19	0.00		10/20	47	25	0.00		10/20	52	27	0.00		10/20	44	21	0.00	
0/21	50	30	0.00		10/21	51	21	0.00		10/21	54	25	0.00		10/21	61	43	0.00		10/21	51	22	0.00	
0/22	59	43	0.00		10/22	59	40	0.00		10/22	62	43	0.01		10/22	61	43	0.00		10/22	59	40	0.00	
0/23	61	42	0.00		10/23	62	37	0.00		10/23	61	43	0.00		10/23	73	46	0.00		10/23	61	41	0.00	
TD To	tal		23.20	2.2"	YTD To	otal		25.42	2.4"	YTD To	tal		23.22	4.0"	YTD To	otal		NA	NA	YTD Tot	al		30.82	2.9"

LICHENS...Continued from page 2B

nitrogen from the air, providing an additional critical nutrient.

The appearance and shapes of lichens are largely dependent on the fungal partner, and this is where things really get interesting. Lichens are generally lumped into three groups based on shape, including crustose, foliose, and fruticose. The crustose lichens are exactly what you might expect, comprised of those multi-color lichen crusts that grow on rock surfaces almost everywhere here. Foliose lichens have a more leafy quality, and often have distinctive lobes or ripples. The fruticose lichens come in any manner of shapes and sizes. The whitish clumps of "reindeer moss" that grow on our open rock outcrops is not a moss at all, but a variety of lichen known as Cladonia rangiferina. It's found throughout our region and all the way up to the tundra and it is a primary food source of caribou, hence its common name.

The fruticose lichens also include varieties like old man's beard, (genus Usnea), which drapes like a grayish-green beard, most often from the branches of trees. They like damp air, so you'll most often find this lichen growing along lakeshores or in swamps in our region.

Then there are varieties of the genus Cladonia, like the pixie cups or British soldiers, which form truly bizarre structures. The pixie cups, as the name suggests, look like tiny, grayish-green goblets, often laid out in rows, as if waiting for their



A pair of pixie cup lichens up close. photo by M. Helmberger

Lilliputian party to get started. The British soldiers can form any shape imaginable but are always capped with a top knot of scarlet, like the red coats formerly worn by the British Army. And just like soldiers, they often grow in formation.

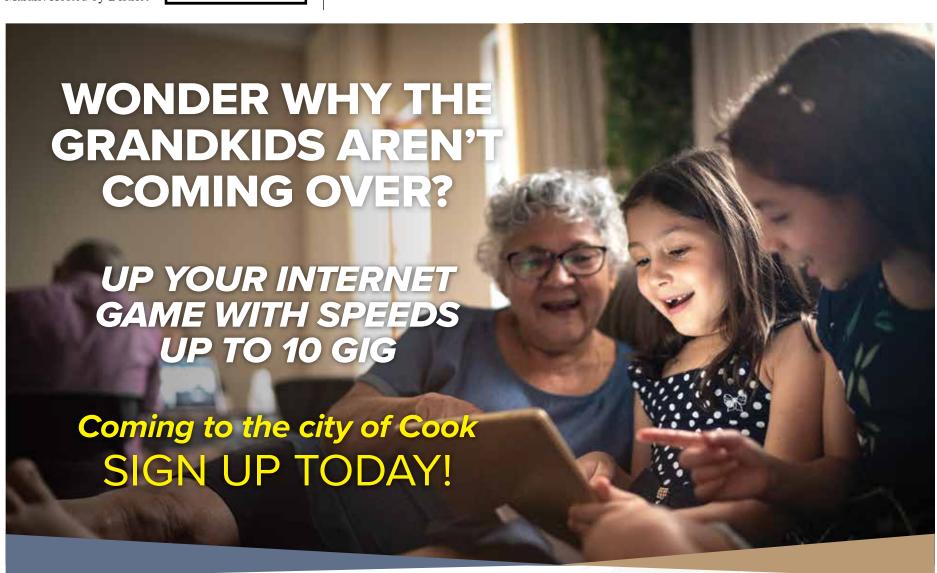
I've often felt guilty while walking across a rock outcrop in dry weather and having to step on countless lichens, particularly the fine branches of the reindeer lichens. It takes only a few hours of sunny weather for the lichens to dry out to the point of being crunchy, so you can destroy years of lichen growth with a single step.

Yet, each of those pieces of broken lichen can form a new lichen, and this is often how they reproduce. As you might imagine, traditional

reproduction can be a bit complicated for an organism that is, in reality, a collection of different organisms, so reproducing through the dispersal of broken chunks of the parent lichen is certainly the approach most likely to succeed. The fungal partner can also

reproduce through spores, but each fungus that arises from a spore must find an algal or bacterial partner in order to become and survive as a lichen. I can't imagine what the odds of success in that endeavor might be. If only they had social media.

So, while we're all waiting for the white stuff to arrive, it's a good time to explore the unusual and colorful world of lichens, found all around us here in the North Country.





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GRIZZLIES...Continued from page 1B

Chiabotti. Quarterback Jonah Burnett kept the drive alive early with a quick left-handed flip of the ball under pressure to Chiabotti, who ran for 15 yards and a first down. Converted receiver Lane Kneen caught a 23-yard strike from Burnett to set up Chiabotti's touchdown run.

After forcing a punt, the Grizzlies were in business again at their own 49 with under two minutes to go before the half. A team that has depended mostly on the run this season instead went to the air, with Burnett hitting Kneen again to move the ball to the East Central 43. On the next play the Grizzlies crossed up the Eagles' secondary and Burnett found a wide-open Olin Nelson for the 43-yard touchdown reception and sent North Woods to the locker room with a 12-0 lead at the half. "I noticed they weren't going out with him. We switched sets there to one that looks very similar to one of our other sets and we snuck Olin straight down the field," Grizzlies Head Coach Joel Anderson said. "I don't think anyone knew he was there. It was a good way to end the half."

North Woods squandered a golden opportunity after Burnett intercepted an East Central pass and returned it to the Eagles 10. A direct snap to Chiabotti went awry and the Eagles recovered the ball at the 22.

Unfazed, the Grizzles opened the fourth quarter with a five-minute, 58-yard drive culminating in Chiabotti's second touchdown on a five-yard scamper. Burnett's pass to Luke Will was good for the two-point conversion, putting North Woods up

The Grizzlies had their only major defensive lapse of the game on the next East Central series when running back Patch Gustafson ripped through the middle of the line and outraced everyone to the end zone, a 55-yard shocker. The extra point was good, drawing the Eagles to within 20-7. Grizzlies defender Issac Fultz made certain the Eagles wouldn't get any closer by intercepting a pass on East Central's next possession, and Burnett brought the game to an end by taking a knee at the East Central nine-yard-line to run out the clock.

Noting that the Grizzlies had three interceptions, Anderson said being in the plus column for turnovers will be important as the team moves into sectional playoffs. "When we can force teams into turning the ball over it puts us in a much better

position," he said.

North Woods has relied primarily on swing passes for its passing game this season, but the second half of the Mesabi East game and the win over East Central showed that when Burnett gets good protection the Grizzlies can stretch the field. "We've got to be able to complete some of those and get people to back up off of us and allow us to play evenly matched," Anderson said. Chiabotti had another big night for North Woods, picking up 143 yards on 25 rushes and 38 yards on three receptions. Nelson had 38 yards on seven carries to

go with his big touchdown reception. Burnett was six-of-15 passing for 118 yards and a touchdown. North Woods was slated to go on the road on Tuesday for a first round 7A sectional playoff game against Chisholm. The Grizzlies were in the game at the half with Bluestreaks in their regular season tilt, 10-8, and were poised to take the lead in the third quarter before fumbling the ball away. The Bluestreaks went on to win that one, 22-8.

WOLVES...Continued from page 1B

pass from senior quarterback Gunnar Hart to senior fullback Erron Anderson. Hart took it in on a keeper moments later for the conversion.

The Storm put six and two on the board later in the half to leave the game knotted at eight heading into the break. The Storm came out fast in the second half and put up another six and two to leave Ely trailing 16-8. But the Wolves didn't stay down long as they responded with a scoring drive of their own later in the third quarter, capped by a seven-yard



scamper from senior Jason Kerntz. Sophomore Alex Merriman grabbed a Hart

pass moments later for the game-tying conversion. It was all defense after

Meskill wraps up a Hill City/Northland runner. photo by J. Greeney

Left: Ely senior Logan

that and it looked like the game could be headed to overtime when Hegman suddenly made his move just after the two-minute mark, taking a pass away from a Hill City receiver, returning it 50 yards for the six amid excited cheers from the stands. Ely missed the conversion and still had to fend off the Storm for one more offensive series, but the Wolves weren't going to be denied the W this time.

"It was a good win," said Ely Head Coach Louie Gerzin. "We executed well and didn't make the critical mistakes. The guys were really excited.'

Kerntz led the way for Ely offensively, rushing for 108 yards and the second half touchdown. Anderson rushed for 25 yards in addition to his touchdown reception. Hart connected for 50 yards total passing.

On defense, junior Deegan Richards had a big night, with nine tackles, a fumble recovery and a pass deflection. Merriman added 8.5 tackles and a forced

fumble, while Hegman added 3.5 tackles, forced a fumble and deflected a pass in addition to his game-winning pick. Senior Logan Meskill stepped up when the Wolves needed it most, notching five tackles in second half to help keep the Storm at bay. "We had some injuries and some guys had to fill in," said Gerzin.

In playoff action on Tuesday, Elv fell hard to 7-1 Braham in the opening round of the playoffs. No further information was available at presstime.

RUNNERS...Continued from page 1B

Ridge freshman, Maija Lamppa, grabbed the top spot with a time of 19:56. Ely eighth-grader, Molly Brophy led the way for Ely, with a time of 20:26. Ely senior Zoe Devine finished four seconds later, good for seventh-place. Claire

Blauch also finished in the top 15, with a time of 21:50, good for 13th place.

The future of Ely Cross Country dominated the top 10 in both the boys' and girls' races. Ely's junior high boys claimed five of the top 10 places in

the 2.8K race with Oliver Hohenstein coming in first with a time of 10:58. Brooks Brenny came next to grab second with a time of 11:06. Grant Chittum placed sixth with his 12:16 finish. Mason Molden secured seventh with a time

of 12:17 and Oren Solum finished ninth in a time of

Ely's junior high girls also ruled the top 10 with Mattie Lindsay taking first place with a time of 11:47, while Katy Brophy snatched fourth place with

her time of 13:29. Julia Zgonc snagged an eighthplace finish with a time of 13:56 and Lucy Dunn rounded out the top 10 with a time of 14:19.

The Timberwolves traveled to Duluth (after presstime) on Thursday,

Oct. 27 to compete in the Class A Section meet at Lester Park Golf Course. Be sure to see the full story in next week's edition of the Timberjay.

FOOTBALL...Continued from page 1B

failed on the two-point conversion attempt, but were right in the thick of things, trailing just 8-6 with eight minutes left in the quarter.

The momentum carried over to the North Woods defense, with Tommy Debeltz recovering a Chisholm fumble on the next series at the North Woods 44.

But the offense sputtered, failing to pick up a first down, and North Woods never found the end zone again.

Chisholm responded with a nine-play drive that ended with a touchdown on first play of the fourth quarter, and the conversion boosted the lead to 16-6.

The Grizzlies burned a lot of clock but gained only 21 yards on their next possession and gave the ball back to Chisholm after failing to convert on fourth-and-14 at their own 41 yard line, with just 6:31 remaining.

The Bluestreaks cashed in again at the 2:48 mark with a short threeyard touchdown sweep to put the game out of reach at 22-6. North Woods picked up a meaningless first down as time ran out.

"I thought our guys battled well. We made things difficult for them all night long," Anderson said. "When we were driving, we just shot ourselves in the foot here and there. We just had to be able to sustain things a little bit longer and we just weren't able to do



that today. It's kind of been the story of our season."

The Grizzlies were hobbled throughout the season with injuries, Anderson said.

"We've had a lot of ticky-tack injuries," he said. "We're a little thin in places and it seems like the

injuries happened where we were thin. We'll go back to the drawing board and hopefully have a good offseason and go from there."

Nelson led the Grizzlies in rushing with 89 yards on 17 carries and a touchdown. Tommy Debeltz led the defensive

charge with eight tackles, two forced fumbles, and a fumble recovery.

North Woods wrapped up the season at 2-6.



Back By Popular Demand! Memories of the Early Days

A fascinating look back at the early history of the Lake Vermilion area

Written by Marshall Helmberger • Published by the Timberjay

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PUBLIC NOTICE

NOTICE OF SPECIAL ELECTION

INDEPENDENT SCHOOL DISTRICT NO. 707 NETT LAKE

STATE OF MINNESOTA

NOTICE IS HEREBY GIVEN, that a special election has been called and will be held in and for Independent School District No. 707, (Nett Lake), State of Minnesota, on Tuesday, the 8th day of November 2022 for the purpose of electing one school board member to fill vacancy in term expiring January 6, 2025.

Instructions to Voters:

To vote, completely fill in the oval(s) next to your choice(s) like this:

School Board Member Vote for One

Candidate S

Candidate T

Write-in, if any

The combined polling places for this election and the precincts served by these polling places will be as follows:

MAIL BALLOT AND Auditor's Office—Virginia Government Services Center 201 South 3rd Avenue West Virginia, MN 5572 AND Auditor's Office—Duluth Courthouse 100 N. 5th Avenue W. Room 214 Duluth, MN 55802

Any eligible voter residing in the school district may vote at said election at the polling place or combined polling place designated above for the precinct in which he or she resides. The polls for aid election will open at 8:00 o'clock a.m. and will close at 8:00 o'clock p.m. on the date of said election.

A voter must be registered to vote to be eligible to vote in this election. An inregistered individual may register to vote at the polling place on Election Day.

Dated: 7-11-22 BY ORDER OF THE SCHOOL BOARD

Ist Marila Kluschta Spears

Published in the Timberjay, Oct. 14 & 28, 2022

NOTICE OF GENERAL ELECTION

INDEPENDENT SCHOOL DISTRICT NO. 707 NETT LAKE STATE OF MINNESOTA

NOTICE IS HERBBY GIVEN, that the general election has been called and will be held in and for Independent School District NO. 707, (Nett Lake), State of Minnesota, on Tuesday, the 8th day of November, 2022, for the purpose of electing (three) school board members for four year terms. The ballot shall provide as follows:

Instructions to Voters:

To vote, completely fill in the oval(s) next to your choice(s) like this:

School Board Member Vote for Up to Three

Candidate S Candidate T Candidate U
Candidate V

Candidate W Candidate X

write-in, if any

write-in, if any write-in, if any

The combined polling places for this election and the precincts served by thise polling places will be as follows

MAII. BALLOT AND Auditor's Office---Virginia Government Services Center 201 South 3¹⁶ Avenue Wes MN 5572 AND Auditor's Office----Duluth Courthouse 100 N. 5th Avenue W. Room 214 Duluth, MN 55802

Any eligible voter residing in the school district may vote at said election at the polling place designated above for the precinct in which he or she resides. The polls for said election will open at 8:000' clock a.m. and will close at 8:00 o'clock p.m. on the date of said election.

A voter must be registered to vote to be eligible to vote in this election. Anunregistered individual may register to vote at the polling place on Election Day.

Dated: 7-11-22

BY ORDER OF THE SCHOOL BOARD Ist Makila Kletshka Spears

Published in the Timberjay, Oct. 14 & 28, 2022

CITY OF TOWER

2022 STATE GENERAL ELECTION ST. LOUIS COUNTY, MINNESOTA

Notice is hereby given to the voters of St. Louis County, Minnesota, that a State General Election will be held on Tuesday, November 8, 2022, at the Tower Civic Center, 402 Pine Street, Tower, MN 55790. Polling place hours will be from 7:00am until 8:00pm.

City, Federal, State, County, School District, and Judicial offices to be elected at the State General Election are as follows:

City Offices

Mayor (4-year term), Two Councilors (4-year terms), One Councilor (2-year term)

<u>Federal Offices</u> United States Representative District 8

State Senator District 3, State Representative

District 3A, Governor and Lieutenant Governor, Secretary of State, State Auditor, Attorney General

County Offices County Commissioner District 4, County Auditor-Treasurer, County Sherriff, County Attorney, North Soil and Water Conservation

District Supervisor District 1 and District 3

School District Offices
School Board Member District 3

Judicial Offices Supreme Court Associate Justices 3 and 6,

Court of Appeals Judges 1, 5, 7, 8, 10, 11, 16, 17, 18, and 19, 6th District Court Judges 3, 7, 8, 10, 11, 13, and 15

Michael Schultz City of Tower Clerk/Treasurer October 19, 2022

Published in the Timberjay, Oct. 21 & 28, 2022

LEIDING TOWNSHIP **PUBLIC ACCURACY TEST**

The Public Accuracy Test for the Auto Mark will take place on Monday, October 31, 2022, at 10:00 a.m. at the Leiding Town Hall.

Marie Milan, Town Clerk

Published in the Timberjay, Oct. 28, 2022

CITY OF TOWER

County of St. Louis, State of Minnesota **PUBLIC ACCURACY TEST**

NOTICE IS HEREBY GIVEN that a public accuracy test of vote counting equipment to be used in the November 8, 2022, General Election will be held on Wednesday, November 2, 2022, at 10:00 AM at Tower City Hall, 602 Main Street, Tower, MN

Published in the Timberjay, Oct. 28, 2022

KUGLER TOWNSHIP PUBLIC ACCURACY TEST

The Public Accuracy Test for the Auto Mark will take place on Tuesday, November 1, 2022, at 6:00 p.m. at the Kugler Town Hall.

Christopher Suihkonen, Town Clerk

Published in the Timberjay, Oct. 28, 2022

Subscribe Today (218) 753-2950

NOTICE OF CONTINUATION OF PUBLIC HEARING ON PROPOSED LOCAL LODGING TAX FOR CERTAIN UNORGANIZED TOWNSHIPS IN ELY AREA

Notice is hereby given that, on October 11, 2022, the Board of County Commissioners of St. Louis County, Minnesota, commenced a public hearing on a proposed local lodging tax of up to three percent (3%) in unorganized townships: 61-12, 61-14, 63-14, 63-15, 64-14, 65-14, 66-12, 66-13, 66-14, 67-13, 67-14, and 68-14, and the public hearing will continuously the continuously of the cont ue on Tuesday, November 15, 2022, at 9:40 a.m. at the McDavitt Town Hall, 9402 Zim Road, Forbes, Minnesota 55738.

Resolution 22-470 - Initial Determination on Imposition of Local Lodging Tax for Unorganized Townships in the Ely Area and Establishment of Public Hearing on Proposed Tax WHEREAS, Minn. Stat. § 469.190 provides for imposition of a local

lodging tax of up to three percent (3%) on the gross receipts from the furnishing for consideration of lodging at a hotel, motel, rooming house, tourist court, or resort, other than the renting or leasing of it for a continuous period of 30 days or more; and WHEREAS, St. Louis County has received a request from representa-

tives of the tourism and lodging industry located in the Ely area asking to expand the "Joint Powers Agreement (JPA) for the Collection and Administration of a Local Lodging Tax in the Elý area" to include certain unorganized territories; and WHEREAS, To begin the process of imposing a local lodging tax in the unorganized territory, the St. Louis County Board, acting as a town board, must make an initial determination that the tax is in the public interest and

hold a public hearing on the proposed tax pursuant to the statute. THEREFORE, BE IT RESOLVED, That the St. Louis County Board hereby makes an initial determination that a local lodging tax of up to three (3%) in the following unorganized townships is in the public interest: 61-12, 61-14, 63-14, 63-15, 64-14, 65-14, 66-12, 66-13, 66-14, 67-13,

67-14 and 68-14. RESOLVED FURTHER, That the St. Louis County Board establishes a public hearing on the proposed tax for Tuesday, October 11, 2022, at 9:35 a.m. at the Ely City Hall, Ely, MN, to consider the proposed tax.

Adopted on: August 9, 2022. Moved by Commissioner Nelson, supported by Commissioner Jugovich Passed 7-0.

BY ORDER OF THE BOARD OF COMMISSIONERS ST. LOUIS COUNTY, MINNESOTA

NANCY J. NILSEN, COUNTY AUDITOR-TREASURER By: Phil Chapman, Clerk of County Board

Published in the Timberjay, Oct. 28 & Nov. 4, 2022

Notice of General Election TOWN OF EMBARRASS State of Minnesota, County of St. Louis

NOTICE IS HEREBY GIVEN that a General Election will be held in all election precincts in the above named city or town at 7503 Levander Road, Embarrass, MN 55732 on Tuesday, November 8, 2022. Polling places will be open from 7:00 A.M. until 8:00 P.M.

FEDERAL OFFICES

One United States Representative, District 8

STATE OFFICES

State Senator Districts 3, 8, 7, 11 (offices will appear on ballots only in their respective districts.)

State Representative Districts 3A, 3B, 8A, 8B, 7A, 7B, 11A (offices will appear on ballots only in their respective districts.)

Governor and Lieutenant Governor

Secretary of State State Auditor · Attorney General

JUDICIAL OFFICES Supreme Court Associate Justices- Two (2) Seats

 Seat 3 (Incumbent: Moore)

(Incumbent: Hudson) Seat 6

Appeals Court Judge - Ten (10) Seats (Incumbent: Gaitas) Seat 1

Seat 5 (Incumbent: Bjorkman) Seat 7

(Incumbent: Segal) (Incumbent: Reilly) Seat 8

(Incumbent: Frisch) (Incumbent: Larkin) Seat 10 Seat 11

(Incumbent: Reyes Jr.) Seat 16 Seat 17 (Incumbent: Johnson)

(Incumbent: Bryan) Seat 18 Seat 19 (Incumbent: Connolly)

District Court Judge - 6th Judicial District - Seven (7) Seats
• Seat 3 (Incumbent: Lukasavitz)

(Incumbent: Peterson) Seat 7

Seat 8 (Incumbent: Pearson)

Seat 10 (Incumbent: Radosevich Pattni) Seat 11 (Incumbent: Cuzzo)

Seat 13 (Incumbent: Neo) (Incumbent: Beiers) Seat 15

COUNTY OFFICES

One County Commissioner for Districts 1, 4, and 6 (offices will appear on ballots only in applicable districts)

County Auditor

County Attorney

County Sheriff

North Soil and Water Conservation District Supervisors for Districts 1 and 3 (offices will appear on ballots only in their respective districts).

• South Soil and Water Conservation District Supervisors for Districts 2, 3, and 5. Special Election for South Soil and Water Conservation District Supervisors for Districts 1 and 4. (offices will appear on ballots only in their respective districts).

NOTE: Local city, town, and school district offices/questions may also appear on ballots within their respective jurisdictions.

Jennifer Boese Date: October 3, 2022

Published in the Timberjay, Oct. 28, 2022

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult * * * GO FIGURE!

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6B October 28, 2022

EMPLOYMENT

POSITION OPENING Ely Public Schools Cafeteria Aide

Ely Public Schools is accepting applications for a Cafeteria Aide for the 2022-2023 school year; background check required.

Qualifications include:

➤ Must be able to lift 30 lbs. on a regular basis

Must be able to work in a fast-paced setting
 Preferred experience working with school

Evidence of ability to work cooperatively and communicate effectively in a collaborative

Application available at: www.ely.k12.mn.us

A complete application must include the

- following:
- District Application
- ➤ Resume

➤ 2 letters of recommendation

Return materials to: Ely Public Schools, Attn: Superintendent, 600 E. Harvey St., Ely, MN 55731 or email lwestrick@ely.k12.mn.us

Starting Rate of Pay: \$15.85/hour

Hours: 2.75 hours/day; 5 days/week; student contact days

Deadline to apply: November 1st; open until

Published in the Timberjay, Oct. 21 & 28, 2022

POSITION OPENING **CITY OF TOWER**

Seasonal Maintenance Worker

For position description and to apply, visit www.cityoftower.com/positions-available Deadline Friday, November 11



Public Health Nurse \$27.61 - \$36.32 Hourly Apply by 11/03/2022

www.stlouiscountymn.gov or call 218-726-2422

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inquire by phone at 218-666-5901, or send resume to Dgrecinger@waschke.com.

WANTED!

Waschke Family Chevrolet is currently seeking an A/B technician. Prefer GM Certified but will train. Base pay plus incentives! Stop in and apply in person at 126 N Hwy. 53, Cook, or inquire by phone at 218-666-5901, or send resume to Dgrecinger@waschke.com. tfn



Current Openings LICENSED TEACHER

Vermilion Country School is seeking to hire a full-time licensed teacher for the 2022-

2023 school year. Position open until filled. Salary per established pay scale (available by request). Due to growing enrollment, we have openings in science, social studies and language arts. In our school's teaching model, teachers can teach

across the curriculum.

The Vermilion Country School is a grades 7-12 charter school in Tower. The school serves a multicultural student body of approx. 45 students, with an innovative learning model that is uniquely-adapted to this rural community. For more information, visit our website at www.vermilioncountry.org.

For more information, full job description, or an application, please email lkess@vermilioncountry.org, or call 218-753-1246 (ext. 2 for office)

Nurse Practitioner

Closes: 11/07/2022

Position Purpose: The Nurse Practitioner provides diagnostic, preventative, and therapeutic health services to patients and family members at the Bois Forte and Vermilion Clinics; with the ability to function as an independent practitioner.

The Bois Forte Health & Human Services and IHS goal is to raise Indian Health status to the highest possible level.

Website Address: https://boisforte.com/jobs/ Excellent Benefits!!*

Published in the Timberjay, Oct. 14, 21, 28 & Nov. 4, 2022

PUBLIC NOTICES

MORCOM TOWNSHIP

Notice of General Election

Notice is hereby given to all qualified voters of Morcom Township, County of St. Louis, State of Minnesota. General election will be held Tuesday, November 8, 2022. Polls will be open from 10:00 a.m. to 8:00 p.m. at the Bear River School, 12512 Hwy. 22, Cook.

Sasha Lehto, Town Clerk

Published in the Timberjay, Oct. 21 & 28, 2022

KUGLER TOWNSHIP Notice of General Election

Notice is hereby given to all qualified voters of Kugler Township, County of St. Louis, State of Minnesota. General election will be held Tuesday, November 8, 2022. Polls will be open from 7:00 a.m. to 8:00 p.m. at the Kugler Town Hall, 9072 Hwy 135 N., Tower, MN 55790. Polls are open to elect the follow-

(One) Board Supervisor c – four-year term (One) Township Treasurer – four-year term

Please call the Kugler Town Clerk Christopher Suihkonen with any questions, 218-248-0606

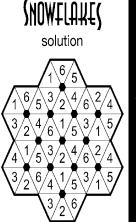
Published in the Timberjay, Oct 21 & 28, 2022

LEIDING TOWNSHIP CAMP FIVE TOWNSHIP **Notice of General Election**

Notice is hereby given to all qualified voters of Leiding Township and Camp Five Township, County of St. Louis, State of General election will be held November 8, 2022. Polls will be open_from 10:00 a.m. to 8:00 p.m. at the Leiding Town Hall, 10707 Hwy. 53, Orr, MN 55771.

Marie Milan, Town Clerk

Published in the Timberjay, Oct. 21 & 28, 2022





VERMILION LAKE TOWNSHIP

Notice of General Election

Notice is hereby given to all qualified voters of Vermilion Lake Township, County of St. Louis, State of Minnesota. General election will be held Tuesday, November 8, 2022. Polls will be open from 7:00 a.m. to 8:00 p.m. at the Vermilion Lake Town Hall.

Crystal Alaspa, Town Clerk

Published in the Timberjay, Oct. 28, 2022

FIELD TOWNSHIP NOTICE OF GENERAL ELECTION

Notice is hereby given to all qualified voters of Field Township, County of St. Louis, State of Minnesota. General election will be held Tuesday, November 8, 2022. Polls will be open from 7:00 a.m. to 8:00 p.m. at the Field Town Hall, 1627 Highway 25.

To view your ballot, go to the Minnesota Secretary of State website, myballotmn.sos. state.mn.us.

Pat Chapman, Town Clerk

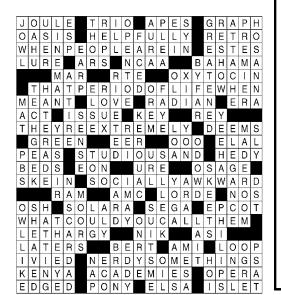
Published in the Timberjay, Oct. 28, 2022

FIELD TOWNSHIP **PUBLIC ACCURACY TEST**

The Public Accuracy Test for the Auto Mark and DS 200 will take place on Monday, October 31, 2022, at 9:30 a.m. at the Field Town Hall, 1627 Highway 25.

Pat Chapman, Town Clerk

Published in the Timberjay, Oct. 28, 2022





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PT Registered Nurse (Wage starting at \$35.17/hr, \$4,000 sign-on bonus)
PT Unit Clerk/HUC (Wage starting at \$17.36/hr. EMT and/or NA cert. required)

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The Cook Hospital is an equal opportunity provider and employer

Radiology
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<u>Dietary</u> PT Dietary Aide/Cook (Wage starting at \$14.18/hr.)

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Charter School DIRECTOR Vermilion Country School, Tower

SALARY: PER ESTABLISHED PAY SCALE (AVAILABLE BY REQUEST)

POSITION IS FULL-TIME, OPEN UNTIL FILLED FULL JOB DESCRIPTION: Email jsummit@vermilioncountry.org. Also

SEND COVER LETTER AND RESUME to: Jodi Summit, Board Chair, jsummit@vermilioncountry.org, or call 218-753-2950.

will be posted at WWW.VERMILIONCOUNTRY.ORG

QUALIFICATIONS: Minimum 4-year degree in relevant area. Administrator licensure or coursework preferred but not required Experience with charter schools and school leadership. Experience/ interest in innovative learning and creating a democratic school environment. Ability to write/manage grants, interact with state agencies, VCS authorizer, and all stakeholders. The board envisions this to be a full-time position. For more information, visit our website at www.vermilioncountry.org

CryptoQuote

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

FKTFNN ZR GNB K JDDV, ZB'R

K YQNJDUZGP AQKGB. FKTFNN

ZR K TKPGZYZSDGB AQKGB.

RBDXD QKSE

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Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆ ◆

◆ Moderate ◆◆ Challenging ♦ ♦ ♦ HOO BOY!

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puzzle. Place the numbers 1 - 6

around each of them. No number can

be repeated in any partial hexagon

shape along the border of the puzzle.

5

6

· Plank Paneling

· Industrial Lumber

Trim



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VIRGIE HEGG HOSPICE for patients and their families in ways such as: comfort care, massages, last wishes and more. For more information, contact Program Director Becca Bundy at 218-780-5423 or vhhpdirector@gmail.com. This ad is paid for by Virgie Hegg Hospice Partners

SUPPORT GROUPS

AA OPEN GROUP MEETINGS- in person meetings, Wednesdays & Saturdays at 7:30 p.m. at First Lutheran Church, 915 E Camp St., Ely.

MS SUPPORT GROUP- meets the second Friday of the month at 1 p.m. at the Babbitt Municipal Building, senior room. Open to all. For information contact Mary at 218-827-8327.

ORR AA meets Tuesdays at 8 p.m. at Holy Cross Catholic Church, Orr.

OVEREATERS ANONYMOUS-Meetings every Wednesday at 4:30 p.m. at Our Savior's Lutheran Church, Virginia.

BABBITT AL-ANON- meets Thursdays at 7 p.m. in the upstairs of Woodland Presbyterian Church.

AL-ANON FAMILY GROUP-Are you troubled by someone's drinking? Al-Anon Family Group is a community-based mutual support program for the friends and families of alcoholics. It is confidential and open to anyone affected by someone else's drinking. Hope Lutheran Church in Embarrass hosts an Al-Anon

VIRGINIA AA WOMEN'S MEETING- Ladies by the Lake. Tuesdays at 12 noon. Peace United Methodist Church, 303 S 9th Ave, please use side door

group on Monday evenings at 6 p.m. 218-984-2037.

AA MEETING IN COOK- Sunday Night Big Book Group meets at Trinity Lutheran Church, 231 2nd St. NE, Cook, at 7:00 pm Sunday. For information call 218-666-2820 or 218-780-7670.

AL-ANON MEETING IN COOK Ashawa Al-Anon Family Group meets at Trinity Lutheran Church, 231 2nd St. NE, Cook at 7:00 pm Sunday. This meeting is for families and friends of alcoholics

OPEN MEETING-Thursdays at 7 p.m. at Woodland Presbyterian Church, Acacia Blvd. and Central Drive

WOMEN'S OPEN AA MEETING- Every noon at Ledgerock Community Church, 1515 E Camp St., Ely.

IF YOU THINK YOU HAVE A

yourself a break. There is a way out with the help of other recovering addicts in Narcotics Anonymous. We have been there. For meeting or other information call 218-728-3199. Anonymous non-profit organization.)

HIV/AIDS? For confidential compassionate local support call the Bural AIDS Action Network, toll-

ALCOHOLICS ANONYMOUS East Range meetings and information, call 218-749-3387 or www.district8online.org.

AA FRIDAYS- 7 p.m., First Presbyterian Church, 262 E Harvey St., Ely. Meets in the

Bamboo is not a weed, it's

is a magnificent plant. Steve Lacy

Go Figure! 7 10 + 4 9 ÷ + 11 5 6 Х 15

Try out the Timberjay classifieds

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YAMAHA

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97 Orlando

theme park

99 End of the

103 Lack of vigor

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106 "See ya!,"

107 Ernie's pal

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MOCCASIN POINT MARINE

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Super Crossword

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CryptoQuote answer

a flowering plant. Bamboo

Read us online at timberjay.com 218-753-2950

DIFFICULTY THIS WEEK:

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Medium

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> Weekly SUDOKU Answer

2 6 9 8 4 3 5 7 2 9 1 3 5 7 8 4 6 5 3 4 6 9 7 8 2 1 1 2 9 5 6 3 8 7 4 7 6 5 2 4 8 9 1 3 3 8 4 7 1 9 5 2 6 8 2 7 5 3 9 1 6 4 2 4 9 7 1 3 6 5 8

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SQUARE PHASE

48 "On the

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50 Cowboy cry

52 "Absolutely,

53 Big retailer of

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8B October 28, 2022 THE TIMBERJAY

Obituaries and Death Notices



Marguerite Skala

Marguerite "Marge" Skala, 82, of Champlin, formerly of Burnsville, passed away on Saturday, Oct. 22, 2022. A Mass of Christian Burial will be held at 10:30 a.m. on Monday, Oct. 31 at the Church of St. Vincent de Paul in Brooklyn Park with visitation for one hour prior at the church. Arrangements are with Gearty-Delmore Funeral Chapels in Robbinsdale.

Miss Skala was a high school English teacher at Richfield and spent 20 years in retirement volunteering at the Minnesota History Center and Minnesota Zoo. Marge was proud of her Iron Range roots and had a zest for learning. She enjoyed traveling, walking, photography, the theater, and sharing afternoon tea with friends. Marge loved good chocolate, potica, teaching, and her students.

She will always be remembered for sending cards to acknowledge birthdays and anniversaries of her family and friends.

Marge is survived by her brother, Matt (Connie) Skala; nephew, Jess (Amy) Skala; nieces, Casie Skala (Scott Chiabotti) and Kathy Baucom; great-nieces and great-nephews; and special goddaughter, Mary (Paul) Ravnikar.

She was preceded in death by her parents, Matt and Marguerite "Marge" Skala; and sister, Barbara Baucom.



Sally Lautigar

Sally Lautigar, 88, of Tower, passed away on Thursday, Oct. 20, 2022, at Edgewood Vista in Virginia surrounded by her family after a faithful life. A Mass of Christian Burial was held on Thursday, Oct. 27 at St. Joseph's Catholic Church in Gilbert with Fr. Justin Fish as celebrant. Burial was in the Gilbert Cemetery. Arrangements were with Ziemer-Moeglein-Shatava Funeral Home in Gilbert.

Sally was born on

Jan. 4, 1934, in Virginia, to Fred and Estelle (La-Zella) Indihar. She was a graduate of Gilbert High School and later attended St. Cloud State College where she earned a degree in Education. Sally taught elementary school in Virginia for a short time before working as a flight attendant for Northwest Orient Airlines. On Aug. 1, 1959, she married Conrad Lautigar and went on to become a devoted wife and mother. For her children, she was a constant source of encouragement and unconditional love. In 1993, she and Conrad built their home on Lake Vermilion, where they spent many years together enjoying the changing

Sally had a passion for music and found joy in playing the piano. Through her gift of music, she touched many young lives as a piano teacher. Later in her life, Sally shared her love of music by serving as the pianist at St. Martin's Catholic Church in Tower.

Survivors include her children, Greg Lautigar of Tower, Jeana (Bob) Lautigar-McGowan of Edina and Julie (Chris) Beutz of Edina; grandchildren, Kate and Robby Mc-Gowan and Jack, Estelle and Amelia Beutz; and several nieces and neph-

She was preceded in death by her parents, Fred and Estelle; husband, Conrad; and siblings, Fred and Robert Indihar.

Jack E. Hautala

Jack Ernest Hautala, 88, of Winton, passed away on Friday, Oct. 21, 2022, at his home. Family arrangements have been entrusted to Kerntz Funeral Home of Ely.

Marcella A. Homola

Marcella Ann Connors Homola, 94, of Gilbert, died on Tuesday, Oct. 18, 2022, at Edgewood Vista in Virginia. Marcella's family would like to thank Edgewood Vista, especially Kelly and Steven and Caring Edge Hospice, for their wonderful and compassionate care. A Mass of Christian Burial was held on Tuesday, Oct. 25 at St. Joseph's Catholic Church in Gilbert with Fr. Justin Fish as celebrant. Burial was in the Gilbert Cemetery. Arrangements were by Ziemer-Moeglein-Shatava Funeral Home in Gil-

Survivors include her children, Cathleen (Thomas) Lautigar of McKinley, Mary Lee Pummell of Lakeview, Ohio, Nancy (Michael) Ralston of Lake Vermilion-Tower and John Homola of Gilbert: grandchildren, JoEllen (Brent) Roppe, Melissa Lautigar, Jennifer Lautigar, William (Mindy) Pummell, James (Betty Gibson) Pummell, Sarah (Bryan) Mills, Jeff

(Ashley) Ralston, Charity (Chuck) Kauder, Zachary Homola and Brittany (Austin) Kjenaas; 18 great-grandchildren; sister-in-law, Barb Connors of Grey Eagle; brother-inlaw, John Meehan of Gilbert; and numerous nieces, nephews and cousins.

Duane Mackie

Duane "Punky" Mackie, 85, of Babbitt, peacefully passed away on Sunday, Oct. 16, 2022, with his loving wife at his side. A heartfelt thank you goes out to Ely Bloomenson Hospital for their compassionate care. There will be a celebration of life from 2-5 p.m. on Saturday, Oct. 29 at Fish Tales Tavern (Tank's) in Babbitt.

He is survived by his wife, Darlene Lepisto Mackie; daughters, Cindy Perrault (Gerald), Bonnie Mackie (Russell Critchell), Lynn Carter and Shannon Mackie; grandchildren, Jessica Thom, Angela Olson, Nicholas Thom and Austin Carter; great-granddaughter, Roxanne Roberts; and greatgreat-grandson, Alexavier Morales.

Loretta R. Wovcha

Loretta Rosalyn Alto Wovcha, 87, of Virginia and Lake Vermilion-Tower, passed away on Friday, Oct. 14, 2022, at Methodist Hospital in St. Louis Park. Funeral services were held on Monday, Oct. 24 at Range Funeral Home in Virginia. Burial was in Greenwood Cemetery in Virginia.

She is survived by her daughter, Laurie Jane (Allan) Erkkila of Minneapolis; grandchildren Matthew, James, Harold, Eleanor, Rosalee and Aleena; and other rela-

Ramona Peterson

Ramona "Mona" Isham Wallberg Peterson, 64 passed away on Thursday Oct. 13, 2022, with her loving family by her side. A memorial gathering was held on Saturday, Oct. 22 at the Nett Lake Government and Services Center in Nett Lake.

She is survived by her children, Antonio Isham. Jamie June, Matthew Isham, Honor Life Isham and Daciea Isham; and brothers, Ira "Pete" (Doris) Isham and Francis Isham.

James Pryatel

James "Jimbo" Pryatel, 59, of Hibbing formerly of Ely, passed away unexpectedly on Thursday, Sept. 29, 2022 A service will be held on Friday, Nov. 4 at Kerntz Funeral Home in Ely. Visitation will start at 1 p.m.

He is survived by his mother, Mary Elaine "Bubsy"; daughter, Destiny; several grandchildren; a brother, aunts and cous-

LIVE MUSIC

The Mesabi Symphony Orchestra presents it's 2022-2023 season, Voyages

REGIONAL - The Mesabi Symphony Orchestra is delighted to invite you aboard the "Voyages" that will be our 2022-23 season. Maestro Benjamin Nilles notes, 'On behalf of the musicians and of the Board of-Directors, I thank you for helping the MSO thrive and remain a cultural pillar of our communities. We invite you to join us as we explore and find new ways forward with our season, "Voyages". We'll visit parts of the world as each concert this season will be dedicated to featuring the music of specific countries."

Where better to begin our musical journey than in Italy? On Saturday night, Oct. 29, our first concert takes place at 7 p.m. in the historic Hibbing High School Auditorium. We will repeat the program at 2:30 p.m. in Goodman Auditorium at Virginia High School on Sunday afternoon, Oct. 30. The MSO is thrilled to present this joyous, magnificent music free to the public.

At the Italy concert, the MSO will perform orchestral works including a suite from Rossini's ballet La Boutique Fantasque ("The Magic Toyshop"), which was orchestrated for full orchestra by Respighi. But Italy's music wouldn't be the same without singing, would it? So, our friends at the Duluth-based Lyric Opera of the North (LOON) will join us to perform some iconic and passionate arias from two of the most well-known Italian operas in the literature, Verdi's Rigoletto and Puccini's La Bohème. From Duluth, we welcome Sarah Lawrence (Co-Artistic Director of LOON) and Vicki Fingalson, both sopranos. Tenor Brian Wallin and baritone Mark Billy, both from the Twin Cities, will round out the vocal quartet. It is a rare treat to find this type and caliber of music on the Iron Range, and one would typically have to drive several hours for

such a program.

Later in the season, we'll journey to France in December, Germany and Austria in March, then return home to the United States in April. You can follow us on Facebook, or Instagram, or on our web-

site at www.mesabisymphonyorchestra.org.

The mission of Mesabi Symphony Orchestra is to keep orchestral music alive and thriving on the Iron Range. The musicians of the MSO are committed to artistic

excellence, community, and lifelong learning. Operating support is made possible by the voters of Minnesota through grants from the Minnesota State Arts Board and the Arrowhead Regional Arts Council thanks to a legislative appropriation from the arts and cultural heritage fund. Our work is supported in part by the National Endowment for the Arts through a grant from the Arrowhead Regional Council.



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October 28, 2022 **9B** THE TIMBERJAY

ELY'S TUESDAY GROUP

Alex Falconer runs for (and through) the Boundary Waters

by RACHEL BROPHY

Staff Writer

ELY - Alex Falconer's passion for running is bringing awareness to the very real threats facing Minnesota's most pristine wilderness, the Boundary Waters, and Falconer's passion was on full display at the Oct. 11 meeting of the Tuesday Group.

Falconer's presentation "Running for the Boundary Waters" cluded viewing his film "Boundary Waters Traverse." Falconer is a trail runner and Campaign Manager for the Campaign to Save the Boundary Waters.

Falconer said of his Running for the Boundary Waters project, "I've been doing (this) on the very limited time I have outside the campaign and family life; I'm usually found on a trail somewhere. The campaign has a pretty good history of supporting adventure advocacy where we use people's physical or adventure pursuits to raise awareness on the campaign."

Falconer cited examples such as when Dave and Amy Freeman paddled to D.C. or spent a year in the BWCAW and the Voyageur's Outward Bound school for women who towed a canoe from Winona to Ely as inspiration for his project. He thought, "What do I like to do? How can I bring that to the Boundary Waters in aid of the campaign?"

He said that while most people know and experience the Boundary Waters for canoeing and camping, there are also "world-class" backpacking trails.

"I thought it'd be a cool idea to run them all," he said.

These trails include the Border Route Trail, the Kekekabic, the Sioux Hustler, the Powwow Trail and the three concentric trails around Snowbank

envisioned this project to bring awareness of the campaign to a new audience. We talk to wilderness users, paddlers and clean water advocates, but this is my way of bringing the campaign to a new audience of runners," he said.

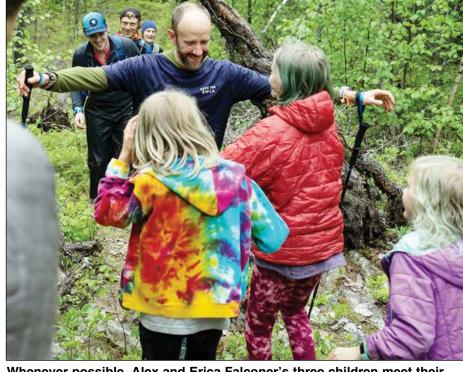
described Falconer how connections with Patagonia enabled him to connect with world champion 100-mile ultra-distance runner Clare Gallagher, who is sponsored by Patagonia. She was excited about the idea and brought on the Patagonia Trail Running division and the project grew from

"I initially had this idea of running the Border Route Trail and that'd be it, but after more investigation I discovered that the Border Route and the Kek are only separated by about a quarter of a mile at the Gunflint Trail. It'd be cool to link those together, but you don't want to run something like that without having experienced significant miles in the wilderness," Falconer

With this in mind, he broke the journey into different pieces and put in about 300 miles on the trails of the Boundary Waters before doing the full journey.

The first of the trails Falconer attempted was the 65-mile Border Route Trail (BRT) that runs along the international border in the northeast portion of the BWCAW. In the best of conditions, the trails Falconer ran were also in many places rocky and narrow. When one factors in the fact that many trails in the BWCAW have yet to be cleared from various blowdowns over the vears, this compounds the difficulty of hiking, let alone running these trails.

Falconer said that in his first attempt to com-



Whenever possible, Alex and Erica Falconer's three children meet their dad to complete a journey. Falconer is seen here greeting his children Donnie, Elsie, and Eddie before embarking on the last leg of the trek. photo courtesy of Brendan Davis

plete the BRT he made it 56 miles, although he broke his toe around mile 17. He had to keep going because as he said, "Where was I going to

One question Falconer said that he often gets is about how he brings water for his adventures. He says that for someone out west or running in deserts that may be a concern, but in the Boundary Waters, "It's right there. It's literally all around us. I know it's maybe kind of controversial, but I almost never filter my water in the Boundary Waters." He said that in 40 years of wilderness travel he's never had a problem.

"Adversity and overcoming the challenges of the Boundary Waters is one of the life-giving characteristics that the Boundary Waters can give people growing up and even into their adult life. (The lesson is) to overcome what's in front of you and learn from that and do it better next time,"

This first run on the BRT may not have been as successful as he'd have liked, but it informed Falconer's decisions as he made plans to go ahead with the 100-plus-mile

Falconer ran the BRT again, but this time instead of starting at daybreak, he started at sunset, thinking he could run through the night and get energized when the sun came up. He pointed out that with a run of this distance a runner will have to run at night at some point. On this stretch of the journey, he also compiled a photo montage that he sent to Senators Tina Smith and Amy Klobuchar asking that they support legislation that protects the Boundary Waters.

After this he went on to run the Kekekabic Trail, also known as "The Kek." This trail is roughly 47-miles and stretches from the Gunflint Trail to Ely at Snowbank Lake. Falconer's next step in his preparation was to run the Sioux Hustler Trail which

is roughly 31 miles. Next, he ran the Snowbank Lake trails that include a 20mile loop around Snowbank and can be extended to 26 miles by going around Disappointment Lake and extended yet again to 31 miles by adding the Old Pines Loop, which is made very difficult by the amount of trees vet to be cleared from the 2016 blowdown. Finally, he ran the Powwow Trail, which is roughly 29 miles and is partially the site of the Pagami Creek Fire.

"In 2011, 95 percent of this trail burnt to a crisp," Falconer said. He explained how the area is recovering as a jack pine forest and called it a "living laboratory" in reference to the many species that can flourish in the wake of a wildfire.

After his preparation, Falconer was ready to tackle his 110-mile run. Since his was the first known attempt at running both the BRT and Kekekabic in one stretch, he got the honor of naming the journey, which he

called the "Boundary Waters Traverse."

He completed running both trails on May 22, 2021, in a time of 38 hours, 15 minutes and 3 seconds. Falconer said that in the trail running world, a trail runner can set what is known as an FKT (Fastest Known Time). Since he was the first known runner to complete the Boundary Waters Traverse, his posted time is the current FKT for this run.

Upon completing the Boundary Waters Traverse, Falconer made a film of the same name documenting the experience which won two Webby Awards - the Academy and People's Choice in the Environmental Division. Falconer explained these awards are akin to the "Oscars of the Internet."

Though Falconer logged numerous miles on BWCAW trails and completed the entirety of the Boundary Waters Traverse on his own, there were many people including his wife, Erica, members of the Patagonia trail team and even the mayor of Grand Marais, just to name a few, who helped along the way with aid stations, joining in on segments of the run and helping to document the experience. His three kids also met him on the trail to run the last quarter mile with their dad.

In the film, Falconer reiterates the importance of protecting the water of the wilderness that is so clean and pure he was able to drink it straight from the lakes.

Falconer's entire Tuesday Group presentation can be viewed online on YouTube by searching "Tuesday Group: Running for the Boundary Waters with Alex Falconer.'

You can also follow adventures Falconer's through his Instagram account, @alexfalconrt.

PulsePoint creates a faster CPR response

by DAVID COLBURN Cook-Orr Editor

REGIONAL- Lifesaving help for someone suffering a cardiac arrest could be closer than ever now that the St. Louis County Sheriff's Office has joined the PulsePoint network.

PulsePoint Respond is an app and a nationwide service that supports emergency responders by making it easier for bystanders to help a person experiencing cardiac arrest until medical responders arrive.

When a possible cardiac arrest call in a public location is placed to 911, anyone in the vicinity of the call who has downloaded the free PulsePoint Respond app will receive an automatic alert. They can respond to the scene and begin CPR until first responders arrive.

"We're hoping it encourages people to get CPR certified, but even if you're not, download the app," said Supervising Deputy Brandon Silgjord. "The app will actually give you CPR instructions. If you get to a location where there's a cardiac arrest, you can open it and it will give you a quick instructions, it has a beat that it plays that you're supposed to do the rhythms to -- it kind of does everything for you if you need it

People who aren't trained to do CPR who download the app will only receive notifications for possible cardiac arrests that occur in public locations

like stores, restaurants, gas ed this program for us."

But those who are certified in CPR will get alerts for any cardiac arrest call in their area, including private

residences. "We don't want to send just anybody to a private residence, but let's say a local firefighter there in Cook (who is certified) doesn't keep his pager on him. Most everyone has their cell phone, so he'll get that notice and if he's nearby he can go help. Most of our deputies live out in the country like myself. If I'm mowing my lawn and my neighbor were to have a cardiac arrest I would get that notice so I could run to help."

The app also will provide information on the location of any nearby Automatic External Defibrillators (AED). All marked St. Louis County Sheriff's patrol vehicles now are equipped with an AED device, thanks to a grant from the University of Minnesota School of Resuscitation Medicine.

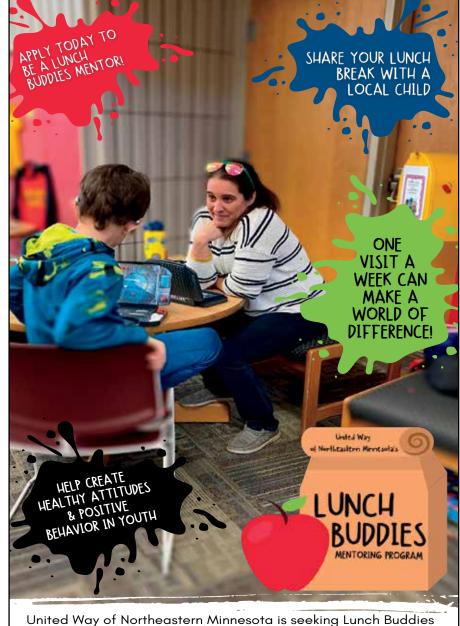
When a person experiences sudden cardiac arrest, their chances of survival decrease by seven to ten percent for every minute that passes before help arrives, Silgjord noted.

"PulsePoint is a great new tool that will save lives in St. Louis County," he said. "As large as our county is, response times can take longer, especially when weather may be bad. So, we are thankful to Arrowhead EMS, which fund-

stations, parks, and so on. An additional component of PulsePoint offers a second app for people to register the location of AED devices. This information is shared with emergency responders and nearby citizens through the Pulse Point app for use when a cardiac emergency occurs. During October, which is Sudden Cardiac Arrest Awareness Month. PulsePoint is offering an incentive contest. Anyone who registers an AED device is entered in a drawing to win one of ten gift cards, each worth \$500.

> Both the PulsePoint Respond and the PulsePoint AED apps are available for download from the iPhone App Store and Google Play.





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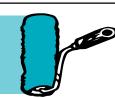
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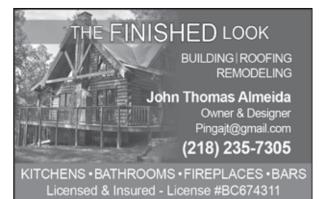
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