



The Armstrong Journal



Jared Colegrove
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Life
Insurance



Wednesday, March 30, 2016

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ARMSTRONG, EMMET COUNTY, IOWA 50514

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75¢

North Union School Board receives budget information

By: Rachael Jaeger

ARMSTRONG – Ebony L. Rahe, CPA from Spencer, presented the North Union school district the financial estimate drawn up for the audit. Rahe encouraged the schools to continue examining their budgets to maintain their cost efficiency.

Superintendent Matt Berninghaus supplied the board with a series of slideshows that showed why he recommended cuts every year.

The main reason being, in the last nine years, North Union has lost an average of fifteen students each year.

Referring to the graph on-screen, Berninghaus added the school has "slowly been leveling out" over the years, based on the school's prediction. The graph provided an honest look at the different situations schools like Sentral was in before the high school closed. To enroll one student results in the average amount of \$6,500 per year. With the amount multiplied by the fifteen students, North Union loses \$97,500 per year.

"That's very, very rough, obviously because that number has fluctuated," Berninghaus said. Then he clicked to the next slide which displayed the dollar amounts for North Union's unspent authorized budget. Every year the school takes note that if it goes negative two years in a row, it triggers the phase two audit and in turn, opens the possibility North Union may be closed down. "In the past we had talked about the goal is to keep that unspent authorized budget at ten to fifteen percent of our maximum authorized budget," Berninghaus continued. The only ways to increase the spending amount is to tax more, increase enrollment numbers, or qualify for the state supplemental weighting. North Union and North Kossuth have increased their total reserve spending authority by whole grade sharing, sharing staff, and operational sharing and now the reorganizational sharing incentives. "You can also reduce expenditures," Berninghaus said. "Remember, that number jumped up quite a bit. We did quite a few reductions this year and we've also got the operational sharing incentives. So for another couple of years, we are good for our unspent number." In another two or three years, the operational sharing will disburse but at that point, Berninghaus told the board, they would need to figure out something.

The last time the school districts reorganized, the boards had decided each district would be responsible for its own general obligation bonded debt. "That's the reason why in the last couple of years, we've had different tax rates," Berninghaus informed. "As soon as that debt is taken care of, we will have one tax rate. This will be the first year that has happened." In the past, the school board had a goal of merging the North Union tax rates as soon as possible in order to create less confusion regarding two tax rates, generate greater unification within the district, and save the North Union tax payers substantial interest payments in the estimated amount of \$120,000.

"The pebble cannot be used for instructional purposes, whereas the instructional support levy can be," President Art Pixler clarified. "It would be safe to say that right now the North Union district has sufficient funds to pay for infrastructure needs and that kind of thing."

Berninghaus also explained that the tax rate has decreased due to the debt levy decrease, the land valuations increasing by \$900,000 and North Union collecting most of the rest of the amount. With that, Secretary Erin Rogers added that since the recommendations are looking well, the tax rates could go down even more. Pixler then encouraged the board members and the audience to write and call their legislators "so they will pass allowable growth the size they can."

The proposed 2016-17 calendar was presented to the board by Berninghaus. The calendar will be developed in conjunction with the North Kossuth board and shared by both North Union and North Kossuth school districts. As a kick off for the year, the teachers would have three days of professional development, but the school board did make some changes. Instructional minutes will increase ten minutes per day which would allow for early-outs for professional development. This year North Union has barely gotten by with the time it spends for its professional development, so next semester, two days a month will occur for professional development. A date was set for school to start no later than August 23, 2016.

Berninghaus also informed the school board that Tom Mart is working with his maintenance staff

for the upcoming summer projects planned for North Union. "Within this next month, the buildings and grounds committee will meet with Tom and I and we'll bring a recommendation of those summer projects," Berninghaus said.

The Next Generation Technology plan was then presented to the board by Berninghaus, stating that they are aligning plans to merge both North Union and North Kossuth's districts in the technology aspect. Currently Armstrong and Fenton's computer hosts operate independently but are looking into networking all the schools so they are on the same page.

Next Berninghaus informed the board he had received a superintendent recommendation but made it clear that this month it was not an action item. "Between now and next month, I would like the board to review the document and ask questions," Berninghaus said.

Principal Robert Zotz presented the board with a report on the John Baylor Prep Data for the 2015-16 school year. Overall students believed it helped them better prepare for the ACT test. After the John Baylor program, a few students had also taken the ACT again and scored at least three points higher. "Students have access to the program all year around so they can get a refresher course prep anytime," Zotz also said.

North Union art students participated in the Red Rock Center Art Contest, competing against Blue Earth, Fairmont, Martin Luther, Granada-Huntley-East Chain, and Truman. "We took seven special awards," Zotz added, and noted a North Union student had taken fourth place as the next highest place. North Union received three gold trophies out of the five categories, as well as the Best of Show Award.

In the meeting, the board also:

-approved the audit as presented by Ebony L. Rahe

-approved the 2016-17 budget as presented

-approved the retirement of Kevin Hanson, bus driver for the last thirty years

-welcomed Karl Dearie as the full-time elementary principal for the 2016-17 year

North Kossuth School Board regular meeting is on page 8.

'MADE-JUST-RIGHT' Supper & Silent Auction

The Armstrong Presbyterian Church will be sponsoring a 'Made-Just-Right' Supper and Silent Auction on Sunday, April 10, 2016, at the Armstrong Community Center.

Supper serving begins at 4:30 p.m. and the silent auction will end at 6:15 p.m. Supper is a free will donation. Menu lists as: maid-rites, potato salad or chips, relish tray, pie and beverage.



Doing their 'good deed' for the week

This group of helpers worked for a couple of hours on Tuesday, March 22, 2016 at the city shed sorting cans for the 4th of July fireworks. Ashley Scheevel, coach of the North Union Volleyball team, rounded up some players to donate their time. Pictured in the first row from left to right is Max Eaton, Eli Oleson, and Harper Evans. In the second row from left to right is Kate Staton, Ashley Scheevel, Hallie Reese, Samantha Hagedorn, Haeley Sandvig, McKayla Burt, Erin Gorackzkowski, and Clint Davis. Standing in back is Ben Scheevel. Not pictured was Greg Buum.

Armstrong spring garage sale weekend

Armstrong Garage Sale weekend will be on May 6th and 7th. Ads will run in the April 27th and May 4th papers. Deadline to make the town map poster is April 28th.

Cost for an ad in the newspaper is \$12 for the first 25 words, 10¢ per word after. Email clint@armstrongjournal.com or drop off at 520 6th Street, Armstrong, Iowa 50514.



This Easter Chick was on the loose at Bank Midwest last Friday morning . . . thanks to Sue Walker . . . and her Happy Easter message!

Coming Events

FRIDAY, APRIL 1

Father-daughter dance at Armstrong Community Center, see ad for complete info

SATURDAY, APRIL 2

2016 Spring Fever night at Country Green Golf Course; its free chili on family night & serving begins 5:30 p.m.; check ad for complete info

Mother-son dance at Armstrong Community Center, see ad for complete info

SUNDAY, APRIL 3

11 a.m.-12:30 p.m. Sundaes on Sunday fundraiser for Ringsted library, Ringsted Legion Community Center

TUESDAY, APRIL 5

7 p.m. American Legion Auxiliary at the home of Audrey Obbink

WEDNESDAY, APRIL 6

8 a.m. - 6 p.m. Open House at Paul Chiropractic, Armstrong

THURSDAY, APRIL 7

Methodist Church Luncheon & Bake Sale; 10:30 a.m. bake sale starts; 11 a.m. luncheon begins; check out ad & article for more information
6:30 p.m. Emmet county veterans

are invited to join a visit with Bubba Sorensen who will soon be painting the Emmet County Freedom Rock

SATURDAY, APRIL 9

9 a.m. Wagner Bros. Spring Machinery Consignment Auction, Blue Earth; see ad for details

SUNDAY, APRIL 10

Presbyterians hosting their annual Made-Just-Right supper & silent auction at Armstrong Community Center beginning at 4:30 p.m. Silent auction ends at 6:15 p.m.

SATURDAY, APRIL 16

Ceylon Sale, Community Days Consignment Auction, 80th Year!!; see ad for details

FRIDAY & SATURDAY, May 6 & 7

City Wide garage sales in Armstrong; see ad for information

Heritage Museum -- Open on Wednesdays from 1 - 3 p.m.; monthly meetings on third Wednesday of the month, 3 p.m.

Armstrong Recycling: April 1 & 15

Schools -- Kindergarten roundup -- NU Swea City Campus & NU preschool roundup -- Fenton Campus; check out ads for complete info

Successful week for Severe Weather Awareness

Emmet County had a successful Severe Weather Awareness week! Emmet County Emergency Management Coordinator Terry Reekers reports that even though Mother Nature threw in a Winter Storm which caused the postponing of the Statewide Tornado Drill on Wednesday it was a successful week.

"We were still able to do radio spots, review plans, and do our Tornado Drills like we do every year during Severe Weather Awareness Week" stated Terry.

Even though schools and Iowa Lakes Community College were closed due to the approximately 8" of heavy, wet and difficult snow causing the postponement of the Statewide Tornado Test on Wednesday to Thursday there was still excellent participation during the drill.

Some of the facilities reporting that they did participate include Avera Holy Family Hospital, Emmet County Court House, Emmet County Law Enforcement Center and Jail and others.

"Emmet County has always participated and supported the Emergency Management program and take it very seriously. It is a comfort to know that if the siren sounds, NOAA Weather radio goes off, indoor warning devices sound off or you are alerted by another way, hundreds of students from day care to college know where there shelter is and when they should go" Terry mentioned.

If you have any questions about your disaster preparedness plans, please contact Emmet County Emergency Management at 712-362-5702 or ema@emmetcountya.com.



Gail Anderson got a chance to snuggle with the Easter Bunny last Saturday a.m. as he entertained the kids with an Easter Egg Hunt, one which was transferred inside due to the weather -- snow!

Journal & Dispatch Office now closed on Tuesdays.

United Methodist women to hold Spring Luncheon on April 7th

Armstrong United Methodist women will be hosting their Spring Luncheon on Thursday, April 7th at the church fellowship hall. Everyone is welcome!

The ladies will have a bake sale starting at 10:30 a.m. with dinner serving to begin at 11 a.m.

The menu features hot beef sandwiches, mashed potatoes & gravy, coleslaw, pasta salads, pie, refrigerator desserts, and beverages for \$8.00 per person. Youngsters 6 and under can eat for Free Will Offering.

Bubba Sorensen to be at Valley Vue

Bubba Sorensen will be a guest at Valley Vue Care Center on Thursday, April 7. Veterans from Emmet county are invited to join care center resident veterans for a visit with Sorensen.

Sorensen will be in Armstrong painting the Emmet County Freedom Rock during that time.

The event will start at 6:30 p.m. at Valley Vue Care Center.



Happy Easter 2016 . . . Paisley Wegner isn't too sure about sharing her goodies with the Eatser Bunny, but her mother Deana reassures her it's alright while dad, Bill, looks on.



Happy Easter 2016 . . . possibly the youngest visitor to the Easter egg hunt was Raylee Hertrampf, three and half month old granddaughter of Tom and Lisa Hansen.

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EMMET COUNTY COURTHOUSE REPORT

Criminal Cases

State vs. Conn. Daniel Eric: of Armstrong, IA was charged with lottery-forgery or theft of lottery ticket. Defendant pleaded guilty to this charge and as a result, charge was amended to 4th degree theft. Daniel now must pay \$764.25 in costs, fine, surcharge, and restitution.

State vs. Fredericksen, Joseph Donald: of Atlantic, IA was charged with operating while under the influence 1st offense. This was a deferred judgement. Joseph will serve 1 year probation and pay \$1360.00 in costs and fine.

Small Claims

Accounts Management INC vs. Kelley Hansen: (of Milford, IA) Judgement was entered against defendant who as a result paid plaintiff \$95.00.

Accounts Management INC vs. Richard & Lori Hannam: (of

Wallingford, IA) Judgement was entered against defendant who as a result paid plaintiff \$105.00.
Midland Funding LLC vs. Janet Helmick: (of Armstrong, IA) Judgement was entered against defendant who as a result paid plaintiff \$85.00.

AAA Collections INC vs. Sheppard, Timothy C: (of Estherville, IA) Judgement was entered against defendant who as a result paid plaintiff \$95.00.

Traffic Tickets

Mark Robert Vogelsang of Fairmont, MN failure to comply with safety regulations rules
Brian Russell Deling of Dolliver, IA failure to maintain or use safety belts
Jared Thomas Mitchell of Redwood Falls, MN failure to comply with safety regulations rules
Charles Richard Umscheid of

Estherville, IA speeding
Alyssa Kay Shumski of Vernon Center, MN speeding
Lakoda Ann Kelber of Estherville, IA failure to maintain or use seatbelts
Cody William Hansen of Truman, MN speeding
Stephen Mark Torgerson of Fairmont, MN speeding
Randy R Kocian of Colby, WI speeding
Matthew Michael Arlandson of Jackson, MN speeding
Junior G Ramos Ajuria of Fairmont, MN contempt-failure to pay AMTS/MAG CT
Joseph W Applegate of Wallingford, IA contempt-failure to pay AMTS/MAG CT
Diquan Lajay Craig of Sioux City, IA contempt-failure to pay AMTS/MAG CT
Samantha Kay Murillo of Estherville, IA failure to provide security against liability

Michael Allen Johnson of Kirksville, MO speeding
Claire Helen Sparks of Graettinger, IA speeding
Melissa Beth Lutat of Estherville, IA speeding
Felicia Ann Duenez of Marshalltown, IA speeding
Felicia Ann Duenez of Marshalltown, IA failure to prove security against liability
Monte Jay Hoffmeyer of Estherville, IA registration violation
Pedro Erreguin Cervantes of Estherville, IA failure to have valid license
Lucas G Richardson of Estherville, IA driving while license under suspension
Emilio Antonio Hernandez of Estherville, IA contempt-failure to pay AMTS/MAG CT
Felicia Ann Duenez of Marshalltown, IA driving while suspended

Your Right To Know

Proceedings of Emmet County Board of Supervisors

Approved Minutes Emmet County Board of Supervisors Minutes
March 15, 2016
Regular Meeting
Board Room, Courthouse

Present: Tim Schumacher, Chair, Bev Juhl, Vice Chair, John Pluth, Jeff Quastad, Al Madden

Absent: None

Schumacher, Chair, called the meeting to order. Motion by Juhl, seconded by Madden, to approve the minutes from last week's meeting and also approve them for publication. All ayes, motion carried.

Supervisor Pluth reported some issues that were presented at the safety meeting held yesterday. One concern being our East and West doors being locked during windy days. It is a real inconvenience to our handicapped people. He is asking for ideas or options. One idea was to build some sort of windbreak for the doors. Another idea was to possibly checking with Northwest Iowa Glass, the seller of the doors, to see if they have a stronger closure mechanism. They will continue to explore options.

Also discussed was the site certification and Iowa's Certified Site Program for new businesses. Supervisor Juhl will visit with Lyle Hevern, Estherville Economic Development Director and Kiley Miller from Iowa Lakes Corridor CEO, and report back to the Board with more information.

Walter Davis-Oeth, Emmet County Engineer presented the 2016 Traffic Markings Contract with Vogel Traffic Services, Inc. of Orange City, for \$54,645 for approval and Board signature. It was moved by Madden, seconded by Pluth to sign and approve the contract. All ayes, motion carried.

Davis-Oeth also presented the road report, stating that the roads are soft and there is a bad spot on A-13 up by Tuttle Lake, that they will try to work on and correct. He also stated that secondary roads have been getting some dust complaints.

The Board was presented an appointment letter that needed to be signed by the Board, after the appointment of Roxanne Christensen as Emmet County's

1st place teen small group hip hop - "Get Low" Rianna Vivens, Anna Redinius, Halle Rezac, Grace Lutat, Jazmyne Anderson, Kelsey Moran, Meaghan Dahna

2nd place teen small group tap - "The Hum" Rianna Vivens, Anna Redinius, Grace Lutat, Meaghan Dahna

3rd place teen small group jazz - "Captain Jack" Rianna Vivens, Anna Redinius, Halle Rezac, Grace Lutat, Jazmyne Anderson, Kelsey Moran, Meaghan Dahna

Weed Commissioner in January of 2016. The Board will sign and forward on the letter to Iowa Department of Agriculture and Land Stewardship.

It was moved by Quastad, seconded by Juhl, to sign and approve payment of bill for ECD#61 joint drainage district and send back to control county, Dickinson County for payment. The bill was to Jacobson Westergard & Associates for \$9,180.50. All ayes, motion carried.

At 9:30 the Chair called to order the public hearing on the proposed budget for fiscal year 2016-17. Present were Mike Bartens, Emmet County Sheriff, Barb Bohm, Emmet County Assessor, Amy Sathoff, Emmet County Auditor, Diann Minion, Emmet County Recorder and Vickie Jurrens, Emmet County Treasurer. Also Ed Funston, KILR, and Amber Hovey, Estherville News were present. The Board held some discussion on the proposed budget. Martens spoke to the Board concerning the deputy position that was added in this budget year. There were no written comments received.

Motion by Juhl, seconded by Quastad, to close the public hearing considering the proposed county budget for 2017. All ayes, motion carried.

Moved by Quastad, seconded by Pluth, to adopt Resolution #16-05 concerning the Compensation's Board recommendation. The Board will give a 2% salary increase for elected officials, exempting the Supervisors, which will get a 0% increase. Roll call vote taken: Ayes: Juhl, Madden, Quastad, Pluth & Schumacher. Nays: None. Motion carried. Resolution #16-05 reads as follows:

RESOLUTION 16-05

WHEREAS, the Emmet County Compensation Board meets annually to recommend a compensation schedule for elected officials for the fiscal year immediately following, in accordance with Iowa Code Chapters 331.905 and 331.907, and

WHEREAS, the Emmet County Compensation Board met on January 28, 2016 and made the following salary recommendations for the following elected officials for the fiscal year beginning July 1, 2016:

Elected Official	Current Salary	Proposed Increase	Recommended Salary
Auditor	\$ 51,407.88	5%	\$ 53,978.27
County Attorney	\$ 73,145.00	5%	\$ 76,802.25
Recorder	\$ 51,407.88	5%	\$ 53,978.27

Sheriff	5%	\$ 67,572.39
		\$ 70,951.01
Supervisors	5%	\$ 27,347.59
		\$ 28,714.97
Treasurer	5%	\$ 51,407.88
		\$ 53,978.27

THEREFORE, BE IT RESOLVED that the Emmet County Board of Supervisors approves the following salary adjustments for the following elected officials for the fiscal year beginning July 1, 2016

Approved Official
Elected Salary
Approved Increase

Auditor
\$ 52,436.04
2%

County Attorney
\$ 74,607.90
2%

Recorder
\$ 52,436.04
2%

Sheriff
\$ 68,923.84
2%

Supervisors
\$ 27,347.59
No Increase

Treasurer
\$ 52,436.04
2%

Approved this 15th day of March 2016.
EMMET County Board of Supervisors ATTEST:

Tim Schumacher, Chairperson
Amy M. Sathoff, Auditor

Motion by Juhl, seconded by Pluth, to adopt the FY17 Budget as published. Roll call vote: Ayes: Juhl, Quastad, Pluth & Schumacher. Nays: Madden. Motion carried.

Motion was made by Quastad, seconded by Juhl, to adjourn the meeting at 10:19 a.m. All ayes, motion carried.

Colleen Anderson,
Assistant to Auditor

Tim Schumacher, Chairman
(Published on March 30, 2016)

From afar . . . March 23, 2016 Gone fishin'

When I was on the college faculty in Eugene, Oregon, in the '70s, I'd often go to coffee or lunch with a campus electrician named Jene (Scottish spelling, he said).

Incidentally, two of my frequent lunch partners were the head electrician and the head cabinet builder. These were great people to have on my side when problems arose. That cabinet builder, Selmer Loony, could build anything for me for the library. He also built grandfather clocks from scratch. Before I got to know him, I'd built my own from a kit (but it was nevertheless a tough project). I simply bought a grandmother clock from Selmer.

One day I called to see if Jene the plumber was available and the receptionist in campus facilities said he was ill and would probably be back on Monday.

Well—I soon had a phone call from the Brunette and she mentioned that she was baking four loaves of bread and they'd be finished about the time I got home from the college. She baked quite a few types of bread and that was a wonderful thing. Nothing like fresh-baked bread.

I asked, "Would you mind giving one loaf away?" and I explained about Jene being sick. At the end of the day, I drove the four miles home and we both drove over to where Jene and his wife Lee lived (incidentally, she turned 100 the other day). No one was home, so I put the nicely wrapped bread on the hood of a pick-up parked in the carport along with a note pertaining to his being sick.

On Monday I called to the large, get me into trouble and sought me out. "Boy, did you ever get me into trouble last Friday!"

"By the way, the bread was delicious. Thank you." Then he went into the explanation of his TROUBLE.

He hadn't been sick, but he had gone fishing instead of going to work, and he told me that he had just driven past the campus and had kept driving down to the Umpqua River an hour south of town and had enjoyed about five hours of fishing from a favorite hole.

When he got home, he put the fish in the freezer and set his equipment in the garage as if it had simply been another day at the broom factory.

Lee had already discovered the bread on the hood of the pick-up and was ready with some "hot" questions. "I understand that you didn't go to work today. Where did you go instead? Why didn't you tell me or even take me with fishing? Where are the fish?"

Fortunately, he was able to point to his creel and retrieve the *not-even-frozen fish* in the freezer out in the garage. It took a while for Lee to cool off, but they did enjoy the fresh bread.

For several years, after that close call with death, Jene would seek me out at the library and his initial question was, "Where's my bread?" My reply was, "I'm afraid I'll get you in trouble like the last time."

There were over 600 employees on the campus, and I believe that half of them knew that story. Jene was tall and slim and walked like John Wayne. He was one of the characters in my life.

Some questions & answers . . . a strange test


This confusion was sent to me by Daimlath, a former Armstrong kid. It's as if he geared it up.

If you had a student who answered these question as this one did, how would you grade it?
I would have given him 100%!

Each answer is absolutely grammatically correct and funny too.
The teacher had no sense of humor.

- Q1 In which battle did Napoleon die?
* His last battle
- Q2 Where was the Declaration of Independence signed?
* at the bottom of the page
- Q3 River Ravi flows in which state?
* Liquid
- Q4 What is the main reason for divorce?
* Marriage
- Q5 What is the main reason for failure?
* Exams
- Q6 What can you never eat for breakfast?
* Lunch & dinner
- Q7 What looks like half an apple?
* The other half
- Q8 If you throw a red stone into the blue sea what will it become?
* Wet
- Q9 How can a man go eight days without sleeping?
* No problem, he sleeps at night.
- Q10 How can you lift an elephant with one hand?
* How will never find an elephant that has one hand.
- Q11 If you had three apples and four oranges in one hand and four apples and three oranges in the other hand, what would you have?
* Very large hands.
- Q12. If it took eight men ten hours to build a wall, how long would it take ten men to build it?
* No time at all, the wall is already built.
- Q13. How can you drop a raw egg onto a concrete floor without cracking it?
* Any way you want, concrete floors are very hard to crack.

Spread some laughter, share the cheer.
Let's be happy, while we're here!



From afar . . .
by Del Matheson
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Eugene, OR 97405
mathesondel@comcast.net
1-541-485-5808

Gift Idea ... stop at the newspaper office and purchase a gift subscription ... great for grandparents to follow kids in school ... great to add to existing subscriptions for that person who has everything ... each subscription comes with a gift card announcing your gift! Makes a great birthday/ anniversary gift!

Area dancers compete in Minnesota

Members of the Regional Wellness Center of Estherville's youth dance program, Dancetastic, recently traveled to Hastings, Minnesota, to compete for the first time in the Midwest Starz Dance Competition. Dance instructor Nicole Jungers took 10 girls and 9 routines to compete on Saturday, March 19th and Sunday, March 20th. "This was our first-ever competition and the kids exceeded my expectations! We represented Northwest Iowa very well and came home very proud of our accomplishments! I couldn't be any prouder of my girls", commented Coach Jungers.

Results:

1st place pre-teen jazz trio - "Dear Future Husband" Hannah Nitchals, Kiera Dalen, and Abby Rezac

2nd place pre-teen hip hop trio - "Roar" Hannah Nitchals, Kiera Dalen, and Abby Rezac

1st place pre-teen tap duet - "Black Magic" Dancetastic and Kiera Dalen

5th place overall high score pre-teen duet or trio - "Dear Future Husband"

4th place overall high score pre-teen duet or trio - "Roar"

1st place pre-teen small group clog - "Shipping Up To Boston" - Rianna Vivens, Anna Redinius, Kiera Dalen, Hannah Nitchals, Grace Lutat

1st place overall high score pre-teen small group - "Shipping Up To Boston"

1st place teen clog solo - "Born This Way" - Anna Redinius

4th place teen jazz solo - "Torro Torro" - Rianna Vivens

"Dancin' Doll" Judge's Choice Award from judge Maurice Watson-Rianna Vivens for solo "Torro Torro"



Pictured are (L to R): Abby Rezac (Armstrong), Kiera Dalen (Estherville), and Hannah Nitchals (Estherville)



A group photo from the event: Front row: Jazmyne Anderson (Armstrong), Halle Rezac (Armstrong), Rianna Vivens (Armstrong)
Back row: Anna Redinius (Wallingford), Kelsey Moran (Graettinger), Meaghan Dahna (Wallingford), Grace Lutat (Estherville) and instructor Nicole Jungers

NOTICE OF PROPOSED ACTION

TO INSTITUTE PROCEEDING TO ENTER INTO A FRANCHISE AGREEMENT WITH MIDAMERICAN ENERGY COMPANY

The City Council of the City of Ringsted, Iowa, will meet on the 11th day of April, 2016 at the City Hall, in the City, at 7:00 o'clock p.m., for the purpose of granting a Non-Exclusive Natural Gas Franchise to MidAmerican Energy Company for a term of (25) twenty-five years.

At the aforementioned time and place, oral or written objections may be filed or made to the proposal to enter into Franchise. After receiving objections, the City may determine to enter into the Franchise, in which case, the decision will be final unless appealed to the District Court within fifteen (15) days thereafter.

By order of the City Council of the City of Ringsted, Iowa.

Cathy Wikert
City Clerk
(Published on March 30, 2016)

Probate Notice

IN THE IOWA DISTRICT COURT EMMET COUNTY

IN THE ESTATE OF Dorothy H. Bonnicksen Deceased. Probate No. ESPR009858.

NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Dorothy H. Bonnicksen, Deceased, who died on or about February 1, 2016: You are hereby notified that on February 17, 2016, the last will and testament of Dorothy H. Bonnicksen, deceased bearing date of the 10th day of March, 2011, was admitted to probate in the above named court and that Mike Bonnicksen was appointed executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the Clerk of the above named District Court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed

or paid) a claim is thereafter forever barred.
Dated this 5th day of February, 2016.

*Designate Codicil(s) if any, with date(s).

Mike Bonnicksen
105 North Larch Street
Ringsted, Iowa 50578

Christopher Fuhrman,
ICIS PIN No:AT0010200
Attorney(s) for the Executor
Pelzer Law Firm
113 North 6th Street
Estherville, IA 51334-2228
Address

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The Armstrong Journal & The Ringsted Dispatch

A message from the Iowa Department of Public Safety, Governor's Traffic Safety Bureau and your local law enforcement agencies.

BIBLE CAMP FUNDRAISER BREAKFAST

EVERYONE WELCOME!

Armstrong Community Center
Sunday, April 3, 2016 • Serving 7 a.m. to 1 p.m.
Pancakes, French Toast, Sausage, Scrambled Eggs,
Coffee & JUICE

FREE WILL DONATION

Please be generous, our community will be represented by 30 area youth from multiple congregations this year. Funds raised will help to defray costs for our community youth to attend Bible Camp. If you are unable to attend but would like to make a donation to help our area youth, please contact Loren & Janine Kinnander 712-864-3927

Under The Sea Dance

Armstrong Community Center -- Two Days
Father-Daughter • April 1 Mother-Son • April 2

Toddler thru 4th grade 6-8 p.m.
5th grade thru 12th grade 8:30-10:30 p.m.

DJ Music along with Sandwich, Snacks & Beverages provided & a Photo to remember the night!
\$15 per couple if purchased early; \$5 for each addition daughter/son or \$20 per couple if purchased at the door April 1 or 2; \$5 for ea. additional daughter/son

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for more information, contact Janine Kinnander 712-363-1546

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08 Pontiac Grand Prix, 4-dr., brown, V6, auto, wheels, spoiler\$ 6,500
06 Pontiac Grand Prix, 4-dr., white, V6, auto, leather, wheels, spoiler\$ 4,750
06 Chevy Impala LTZ, 4-dr., brown, V6, leather, sunroof, spoiler\$ 6,950
06 Chevy Monte Carlo SS, 2-dr., red, sunroof, leather, V8, 59,000 mi.\$12,900
00 Dodge Dakota, ext. cab, red, v8, auto, new tires, 4x4\$ 4,500
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Armstrong, Iowa

Country Greens Clubhouse is ready to open and you're invited to join us for our annual **FREE CHILI** (Also French Onion Soup) **FAMILY NIGHT** Saturday, April 2

Bring your family and friends for an evening of fun, free food, socializing, and welcoming Spring (open to public, no golfing required). Serving begins at 5:30 p.m.

2016 Season Pass Fees:
• Family \$352
• Single \$302
• Student \$165

Out-of-area golfers, deduct \$20 from your season pass fee. If you purchase your season pass by 7:30 p.m. on April 2, you will be entered into a drawing for a refund of 1/2 of your season pass fee.

If you were not a season pass holder in 2015, ask about our special savings.

2016 All Day Green Fees:
• Weekdays, M - Thur. \$13.00
• Fri. - Sun. \$16.00
• Holidays \$16.00

Cart Rental:
• First 9 holes \$14.00
• Ea. additional 9 Holes \$7.00

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SOLD!
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Armstrong Presbyterian Church

'Made-Just-Right' Supper

Sunday, April 10, 2016
Serving begins at 4:30 p.m.
at the Armstrong Community Center

MENU: Maidrites potato a lad or b ips relib tray, pie, bee rage **Free Will Donation**

Silent Auction ends at 6:15 p.m.

Fairmont Opera House Presents

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A dynamic, Emmy-award winning vocal trio

Friday, April 1
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\$20.00 adult \$10.00 student
Call 507-238-4900, or visit fairmontoperahouse.com to order tickets!

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North Union Preschool Roundup

for the 2016 - 2017 School Year

Thursday, April 21, 2016
6:30 - 7:30 p.m.
at the Fenton Campus

- Any student age 4 by September 15, 2016 is eligible to attend.
- Letters will be sent to prospective students after March 30.
- Please call the school 515-889-2261, ext. 1038 to be included on the mailing list for pre-school.

NU

HOUSE FOR SALE

208 2nd Street South - Swea City, Iowa

Large lot. Spacious living room. Recent updates. Heated single stall attached garage.

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Ceylon Sale

Community Days Consignment Auction

"80th" YEAR

April 16th, 2016
Starts at: 8:30am Ceylon MN
Accepting Items April 8th - 14th
Nothing Accepted on April 15th

Craft Vendor Show in Legion Food Trucks & Garage Sales all over town

Check Website for Daily Updates
www.howellrealestateandauction.com

To Consign CONTACT:
Mark Howell 712-260-9690
Gary Helmers 507-236-2921
Larry Howell or Jack Rooney

Spring Luncheon

at United Methodist Church
Armstrong, Iowa
Thursday, April 7th 2016
Bake Sale 10:30 a.m.
Dinner 11:00 a.m.

Menu:
Hot Beef Sandwiches
Mashed Potatoes & Gravy
Coleslaw & Pasta Salads & Pie & Refrigerator Desserts
Beverages

\$8.00 per person
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Join Us For Sundaes On Sunday

A Library Fundraiser with proceeds being used for Library programs for special events projects.

Sunday, April 3 • 11 a.m. - 12:30 p.m.
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Backstage in Bancroft Presents

Friday, April 15
Saturday, April 16
Sunday, April 17
2016

SUITE SURRENDER

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Directed By Glenn Wilson

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Cover crop seeding techniques field day to be held April 13 near Kanawha

Iowa Learning Farms, in partnership with Practical Farmers of Iowa, Hagie Manufacturing and Iowa State University (ISU) Extension and Outreach, will host a cover crop field day on Wednesday, April 13, from 10:30a.m.-12:30p.m. at the ISU Northern Research and Demonstration Farm near Kanawha. The event is free, open to the public, and includes a complimentary meal.

Cover crops continue to grow in popularity in Iowa due to the many benefits they provide. Such benefits include reduced nitrogen and phosphorus loads entering water bodies, increased soil organic matter, and reduced soil erosion. Choosing which seeding method to implement can have a significant impact on achieving these benefits and farmer's goals.

To help producers evaluate different seeding techniques available, three demonstration sites were established in north central Iowa to assess the establishment of single species cover crops and mixtures using three seeding methods: above canopy and below canopy into standing cash crop and post-harvest drilling. This field day offers an opportunity to visit the site established at the ISU Northern Research and Demonstration Farm and hear from the project partners:

- Tim Smith cover crop farmer and demonstration site near Eagle Grove
- Stefan Gailans, Practical Farmers of Iowa research scientist
- Rachel Halbach, Hagie Manufacturing and demonstration site near Clarion

The field day will start at the Kanawha demonstration site located on the south side of 5th St. (B63) Kanawha, IA 50447. From Main St. Kanawha, turn west on W 5th St. (B63) for 1/2 mile. Field day location will be on south side of the road. Following the program, a complimentary meal prepared by Big Brad's BBQ will be served at the Northern Research and Demonstration Farm main building 1040 James Ave., Kanawha, Iowa. The workshop is free and open to the public, but reservations are suggested to ensure adequate space and food. Contact Liz Juchems at 515-294-5429 or email ilf@iastate.edu.

For more information about Iowa Learning Farms, visit the website: <http://www.extension.iastate.edu/ilf/>.

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2016 NORTH UNION SPRING SPORTS PREVIEW

Six state qualifiers return for Warrior girls' track

By Greg Grabianowski
The 2016 edition of the North Union Warrior girls' track squad has nine letter winners returning, including six that have experience running at the state track meet in Des Moines.

The green-black-and-silver has three seniors, four juniors, three sophomores and eight freshmen to make up this spring's squad that numbers a total of 18 young ladies.

Loren Looff returns for another season as the head mentor for the Warriors and will be again assisted by Troy Adams, Tommy Elliott and Dwayne Von Bank.

North Union was seventh at the North Iowa Conference meet last season with 48 points; took fifth at the regional meet in Manson with 63 team points and scored two points at the Class IA state meet to finish in 47th place last May.

Heading the list of returnees is senior MaKayla Hardman. She has run at the state track meet each of the past three years and is a three-time letter winner for North Union.

She placed eighth in the 100-meter dash last spring with her clocking of 13.59; was fifth in the same race her sophomore year in 13.21 and took 16th place as a freshman in 13.27.

MaKayla also was 14th in the 200-meter dash last season with her time of 27.15 and was 12th in the 2014 in 2014 in 27.18. She has also ran on the Warriors' 4 x 200 and 4 x 100-meter relay squads in 2015 and ran on the green-black-and-silver's spring medley team in 2013.

"MaKayla is the leader of our team and is a very good sprinter," said Coach Looff. "She has been very good in the sprints for us the last three years and I would expect nothing different from her in her senior year."

Classmate Sarah Rolling is another three-year letter winner that has run at the state track meet the last three seasons. She was the North Union shuttle hurdle relay group that was 15th last spring in 1:12.38; ran on the 21st place team in 2014 that was clocked in 1:13.24 and on the 21st squad that ran at state but was disqualified.

Senior Emma Engelby is also a three-time letter winner and ran on the 2015 shuttle hurdle relay juniors. Kysarsten Mullen and Alexis Valvick both ran on that hurdle relay last year and are two-time letter winners.

Both of those juniors were on the 4 x 200-meter relay



2016 North Union Girls' Track Team
Front row left to right: Breanna Anderson, Dayna Umscheid, Victoria Laubenthal, Emma Engelby, MaKayla Hardman, Claudia Kinnander, Nicole Burgess, Brandi Kinnander, Bailey Harris. Back row: Shawna Person, Rory McClelland, Skyler Morphew, Olivia Marlow, Sarah Rolling, Kysarsten Mullen, Alexis Valvick, Maddie Rolling, Maci Marlow.

team that placed eighth at state last season in 1:50.20 and on the 4 x 100-meter relay unit that was disqualified as Mullen also ran on the 2014 sprint medley relay squad.

Junior Olivia Marlow is a two-year letter winner that anchored the green-black-and-silver's sprint medley relay team in 2014 that finished 13th at Des Moines.

"We return three girls off the 4 x 1.4 x 200 and shuttle hurdle relay teams and I am expecting good things out of all of those young ladies," said the North Union coach. "They all have great attitudes and seem to continue to improve each day and they are definitely the leaders of our squad."

The other returning letter winners are junior Claudia Kinnander, a two-year letter winner along with sophomores Nicole Burgess and Skyler Morphew, who earned their first varsity track letter last year.

"Those three distance girls have shown a lot of improvement since last spring and I am pleased with their progress," Loren said. "Those three along with Breanna coming out this year should be able score some points for us in meets."

Rounding out the roster is sophomore Breanna Anderson along with freshmen Bailey Harris, Brandy Kinnander, Victoria Laubenthal, Maci Marlow, Rory McClelland, Shawna Person, Maddie Rolling and Dayna Umscheid.

"We are a little thin in the field events right now as we are trying to piece some things together," said Coach Looff. "Sarah will high jump. Maddie is going to try the long jump and both Shawna and Maci have been working hard with Coach Von Bank in the weight events."

"It is very good group of girls to work with and they get along very well. I think most nights out, we are going to very competitive in the sprint relays and hurdles and if we stay healthy, we should be able to score quite a few points in the meets."

The biggest young ladies graduated off last season's team with the five long being state qualifier Emily Hagebock. Also graduating was Elizabeth Boyer, Melissa Neusch, Lydia Fiverned and Sara D'Angelo.

"Bishop Garrigan has quite a few state qualifiers coming back and they have to be the favorite," the Warrior coach said about the conference meet. "They probably have the most talent; they always get off to such a great start in the field events and you seem to be chasing them all night long."

Garner-Hayfield/Ventura, West Hancock and Lake Mills will be right there with us but I just do not think any us have enough depth to win the title although I think it will be a very interesting meet and I am glad it is at Armstrong.

North Union will open the season on Thursday, March 31 at the Algona Early Bird Meet and head to Spencer on Friday, April 8 for the Maverick Relays.

The green-black-and-silver will host the Jim Godfredsen Relays on Monday, April 18; the John Larson Relays on Thursday, April 28 and the Top of Iowa Conference Western Division meets at Armstrong this spring.

- 016 North Union Girls' Track Schedule**
- March 31 @ Algona Early Bird
 - April 8 @ Spirit Lake Relays
 - April 12 @ Spirit Lake Relays
 - April 14 Bison Relays @ Buffalo Center
 - April 18 Jim Godfredsen Relays
 - April 19 Cardinal Relays @ Fairmont
 - April 22 Midget Relays @ Estherville
 - April 26 Indian Relays @ Forest City
 - April 8 @ Larson Relays
 - May 2 West Hancock Relays @ Britt
 - May 5 Top of Iowa Conference Meet
 - May 6 Sentinel Relays @ Fairmont
 - May 9 Panther Relays @ Northwood
 - May 12 Districts @ TBA
 - May 19-21 State Meet in Des Moines

Quality not quantity for Warrior boys' track team



2016 North Union Boys' Track Team
Front row left to right: Cody Geerdes, Riley Bauer, Blake Cramer, Derek Thompson, RJ Hargrove, Isaac Engeman. Back row: Shaun Cook, Nate Joyce, Eytan Blair, Trent Pedersen, Chris Grussing, Angel Martinez.

Cody and Blake and I think Chris is much stronger this season and times will continue to come down."

Rounding out the roster is sophomore Nate Joyce along with four freshmen in Isaac Engeman, Elliott Hagebock, R.J. Hargrove and Angel Martinez.

"We are a little thin in the field events right now," said the North Union head coach. "Both Cody and Eytan have experience coming back in the long jump and shot put and we were going to try Elliott in the high jump but right now he has a bum knee."

"Angel and R.J. are working hard with Coach Von Bank in both the shot put and discus and we are looking for them to continue to show improvement as the season progresses."

The Warriors will be in the Top of Iowa Conference this spring and they will host the Western Division conference at Armstrong as the coach sizes up the competition.

"I feel the conference favorite has to be Bishop Garrigan," said Coach Looff. "They have some very strong field events which gets them off to a great start and Marty can put together a very strong line-up throughout the meet that has good balance and they have the most talent in the league."

Garner-Hayfield/Ventura have some good distance runners; Belmont-Klemme has Sander in the sprints and Eagle Grove could surprise some people with a nice team. Forest City, Lake Mills, North Iowa and West Hancock all have some good athletes so it should be a very entertaining conference meet."

North Union will open the season on Thursday, March 31 at the Algona Early Bird Meet and travel to Spencer on Friday, April 8 for the Maverick Relays.

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2016 North Union Boys' Track Schedule

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- April 8 @ Spirit Lake Relays
- April 12 @ Spirit Lake Relays
- April 15 Midget Relays @ Estherville
- April 18 Tom Elliott Relays
- April 21 Bison Relays @ Buffalo Center
- April 22 Indian Relays @ Pocahontas
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- May 5 Top of Iowa Conference Meet
- May 6 Sentinel Relays @ Fairmont
- May 9 Panther Relays @ Northwood
- May 12 Districts @ TBA
- May 19-21 State Meet @ Des Moines



2016 North Union Senior Track
Sarah Rolling, Emma Engelby, MaKayla Hardman and Shaun Cook.

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FEATURING WARRIOR TRACK AND GOLF TEAMS

North Union girls' golf team returns four players

By Greg Grabianowski
A group of four letter winners return to build a solid foundation on for the 2016 edition of the North Union Warrior girls' golf squad this spring.

The Warriors have a total of eight young ladies out for golf this season with three seniors, three sophomores and a pair of freshmen making up the team.

The green-black-and-silver compiled an overall record of 8-21 last season and were 1-9 in North Iowa Conference play. The squad finished eighth in the conference meet with a team score of 377 and placed fifth at the regional meet at Lake Mills with a team total of 519.

Head Coach Carole Bernhard returns for her fourth year as the head mentor of the squad this year.

"We are excited for the upcoming season and looking for improvement from the girls," said Coach Bernhard. "We are a young squad with only four letter winners. We have some fresh faces that I am looking forward to help out our team this year."

"We have not been out on the golf course much yet but we have been working on our swings inside. I have been trying to get the girls' swings back into a good groove."

A pair of seniors are three-year letter winners for the Warriors in Ashley Lavery and Maddie Schiltz. Lavery placed 28th in the conference tournament with an 18-hole score of 121 and was 30th at the regional meet with a total of 128.

Schiltz finished in 47th place in the conference tournament at Spring Valley with her score of 136 and ended up in 32nd place at the regional tournament with a 132.

Classmate Courtney Foertsch earned her second varsity letter last season and finished in 43rd place in the conference meet with a 124 and was 23rd at Lake Mills with her 18-



2016 North Union Girls' Golf Team
Front row left to right: Kayla Sabin, Hailey Arndorfer, Kiana Breiner, Kennedy Krantz, Sarah Ingalls. Back row: Courtney Foertsch, Ashley Lavery, Maddie Schiltz

Warrior boys' golfers return five letter winners

By Greg Grabianowski
Junior Parker Oleson leads a solid nucleus of five returning letter winners as the North Union Warrior boys' golf team heads into the 2016 campaign on the course.

Seniors Colton Nicolson and Ryan Larson; junior Nathan Eaton and sophomore Brady Anderson all are returning lettermen for the green-black-and-silver, who will be coached by Ken Sabin, as he enters his fifth year at the school as the head mentor.

"We are very excited to get the season started," said Coach Sabin. "Parker is our leader even though he is only a junior and I look for him to have another great season."

"He placed 11th at the state meet last year and gained a lot of valuable experience playing in Marshalltown as a sophomore. I think he will be a lot more comfortable down there this year after experiencing it last year."

"We also return four other lettermen along with him that combined to shoot a 158 later in the year last season. Colton is a three-time letter winner and Nathan has played a lot of golf during the off-season."

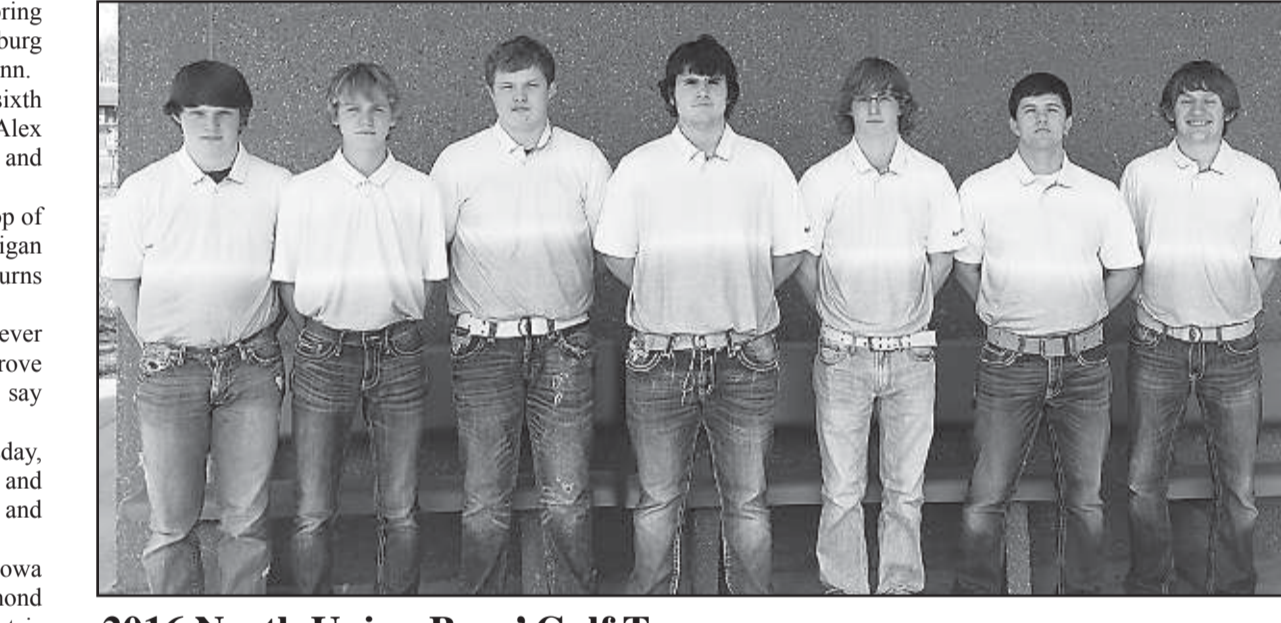
Oleson is a two-year letterman that was the Cornbelt Conference medalist as a freshman in 2014 and finished third in the North Iowa Conference meet at Garner with a 41-38—79 last season.

He won the sectional champ at Newell last spring and also won the district individual title at Spencer with his 18-hole round of 42-38—80 for the Warriors. Parker placed 11th at the state after shooting a 76-78—154 36-hole total.

Colton Nicolson is three-year letter winner that was a second-team all-conference golfer in 2014. Last year at Garner, he shot 46-51—97 to place 41st at the conference meet and fired a 47-48—95 at the district meet at Spencer to finish in 41st place.

Eaton is a two-time letter winner that was also a second-team all-conference in 2014. He shot a 44-46—90 to finish 27th at the conference meet in Garner last spring and shot a 45-48—93 to place 33rd at districts.

Senior Ryan Larson and sophomore Brady Anderson both earned a varsity letter last year for the Warriors. Anderson placed 32nd at the conference meet after recording a 45-48—93 and shot a 55-54—109 at the district meet at Spencer last year to place 54th.



2016 North Union Boys' Golf Team
Left to right: Preston Brandenburg, Hayden Nicolson, Austin Quinn, Parker Oleson, Colton Nicolson, Ryan Larson, Nathan Eaton, missing is Brady Anderson.

- 016 North Union Golf Schedule**
- April 7 @ Algona, Estherville-LC (B)
 - April 8 @ Garner-Hayfield/Ventura (B-G)
 - April 11 @ Lake Mills, Forest City (B-G)
 - April 15 @ West Hancock, Eagle Grove (G)
 - April 19 @ Eagle Grove, Lake Mills (B-G)
 - April 22 @ Bishop Garrigan, North Iowa (B-G)
 - April 28 West Hancock, Garner (B-G)
 - May 2 Conference Meet @ Spring Valley (B)
 - May 9 Conference Meet @ Belmont (G)
 - May 13 Sectionals @ Newell (B)
 - May 16 Regionals @ TBA (G)
 - May 19 Districts @ Spencer (B)
 - May 27-28 State Meet @ Marshalltown (B)



2016 North Union Senior Boys' Golf
Colton Nicolson and Ryan Larson

2016 North Union Senior Girls' Golf
Courtney Foertsch, Ashley Lavery, Maddie Schiltz

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The Warrior Weekly

North Union High School

This page created by the High School Journalism Class

SPOTLIGHT ON GRADUATES



Trey Eugene Busch

Trey Eugene Busch was born in Fairmont, Minnesota, on August 28th in 1995. His parents are Karen and Gene Busch. He has a younger sister Peyton who is a Junior at North Union.

Trey loves being involved in Special Olympics and his favorite class is by far PE with Mr. Fisher and will miss that the most when he graduates. His favorite sports are basketball and bowling. He also loves having class with Ms. Gelhaus.

His favorite school memory was while he was at still NK and he got his picture taken with Dallas Clark.

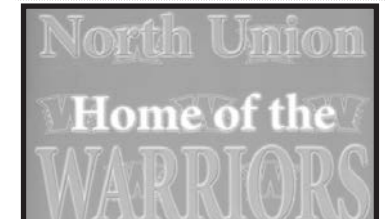
You can often find Trey jamming to "Livin' on a Prayer" or humming "The Star Spangled Banner." He also enjoys listening to Katy Perry. As far as other favorites go, his favorite color is red and he loves the movie Cars.

If you know Trey, you know he is always watching basketball either at a game or on TV! He also loves watching his favorite college teams the Iowa Hawkeyes and Notre Dame. Trey also enjoys watching his favorite pro baseball team the Minnesota Twins and singing along with the team jingle!

Trey definitely won't miss Mondays and getting up early for school, but will miss all his friends. His advice to underclassmen would be to always be happy and hum lots of songs! Trey's favorite quote is, "You can never have enough ice cream!" Which is why you can often find him eating chocolate ice cream? Trey is still undecided about what he plans to do after high school.

Words of the Week

impignorate-to pawn or mortgage something
macrosmatic-good sense of smell



Health Science Field Trip

Erica Anderson & Courtney Foertsch

Around 50 juniors and seniors from Mrs. Welcome's Anatomy, Chemistry, and Physics classes met at the school at 8:30 am to get on the bus to head to Fairmont. The Health Science Day at Presentation College began around 9 am. Three schools attended the event: North Union, Martin Luther, and Truman.

After the students arrived, they were broken into three different groups of about 20 students each. There were four rooms of different health science careers. The students were informed about nursing, DNA, psychology, anatomy lab, and a radiologist technician.

In the nursing room, there were 6 mannequins set up for students to have a hands on experience at what a nurse might do. The students could take the mannequins pulse and blood pressures. Also in the nursing room the students were able to measure medicine with a syringe for IVs.

In the DNA room students got to see their own DNA. They first had to swish Gatorade in their mouths for at least 30 seconds, and then put it in a test tube. They then added a couple different ingredients and mixed it together. At the end they could see their DNA come to the top of the test tubes.

In the psychology, students learned the different aspects in being a psychology major. They also got to do an activity to test their cognitive abilities.

In the anatomy lab students got to see and touch real human organs. They also got to see and touch a human cadaver.

With the radiologist technician students got to see X-Rays and learned how to position a patient for an X-Ray.

After all the groups were done with visiting each room they got refreshments. The day ended around 11 am, and students got back on the bus and headed back to school for the rest of the day. Students enjoyed the field trip and learned a lot.

Question of the Week!

If you could go back in time and see anything or anyone, where and when would you go?

Mr. Zotz: I would go back to see the Steelers Immaculate Reception.

Karissa Rasch: Meet my first ancestor that came to America.



Leanne Laue: Go back to see the cowboys in the wild west and ride horses.

Rory McClellan: Go see Michael Jordan play.

Blake Cramer: I'd want to witness the moon landing.

AAU Volleyball 2016

Alyssa Fothergill & Emma Engelby

Every year North Union volleyball players participate in an off-season volleyball league. There is a JV and Varsity team. The JV team consists of Baillie Harris, Shawna Person, Zoe Heller, Sam Hagedorn, Dayna Umscheid, Erin Gorackowski, Melissa Burt, Kayla Sabin, Victoria Laubenthal, Grace Steinberger, and Rory McClellan. The varsity team consists of Lyndsey Deitering, Alexis Valvick, Olivia Marlow, Katie Ortman, Anna Ingalls, Landra McClellan, Rachel Monson, Kate Anderson, Breanna Anderson, Maddie Rolling, and Hallie Reese.

The JV team is coached by JoAnn Eaton, former North Union volleyball coach. The varsity is coached by Carol Shillington, former North Kossuth and North Sentral Kossuth volleyball coach.

Both teams play in tournaments on Saturdays in Belmont Klemme. They also play in tournaments on Sundays in Forest City at

the Waldorf Field House.

Their first tournament was Sunday March 20th. The JV team played well and stuck with the other teams as they were the only JV team there. The Varsity also did well and placed 3rd. The varsity team has been working really hard to replace the seniors from last year. The girls participate in AAU to work on their skills in the offseason to help better them for the regular season in the fall.



More Giggles

What type of socks do pirates wear?
— Arrrrrrngyle.

Why was 10 scared?
— Because 7 ate 9.

How do you make a tissue dance?
— Put a little boogie in it.

What do you call a train that sneezes?
— Achoo choo train.

Why did the golfer pack an extra pair of pants?
— In case he got a hole in one.

What did one eye say to the other eye?
— Something smells between us.

What stays hot in the fridge?
— A hot dog!

What is a rabbit's favorite kind of music?
— Hip Hop.

Catch-Up On Track

Sarah Rolling & Kyarsten Mullen

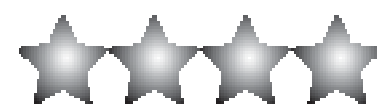
Last week the North Union Track members have been training very hard to prepare for their first track meet on Thursday, March 31st at Algona high school. As part of their training they have been trying to avoid injuries by doing a water workout in the pool at the RWC in Estherville Iowa. It's a fun way to keep active and still get a great workout it together, and to add to the fun the coaches provided pizza for the whole team after their hard workouts.

The high schoolers were very happy to hear that the middle school has over 60 kids out this year. On Tuesday March 22nd a few high school members showed the middle schoolers how to get into blocks properly, go over hurdle drills, and learn how to do long distance training.

The team is also very excited about this years season, and came up with cool track shirts for the community to have and help support the team. Order forms will be in the High School and Swea City middle school office for anyone who would like a track shirt. These shirts will be due Wednesday April, 7th at 3:05. We hope to see everyone at the first track meet, supporting the Warrior track team!



NU Special Olympians Triston Teacout, Trey Busch, Brandy Bendickson, Sami Marte and Derrick Hagedorn were recognized at an asseby on March 11. NU high school students formed a tunnel (pictured below) for the olympians.



Just Joking

What is a pirate's favorite letter?
— Rrrrrrr!

What do you call a flying skunk?
— A smelly-copter!

Where do sheep go to get their hair cut?
— The baa-baa shop.

What do you call an alligator in a vest?
— An investogator.

What did the buffalo say when his son left to go to school?
— Bison.

Why did the cow cross the road?
— Because he wanted to go to the mooovies.

Why did the cookie go to the doctor?
— Because he was feeling crummy.

What did one plate say to the other plate?
— Lunch is on me.

After the Winter

CLAUDE MCKAY

Some day, when trees have shed their leaves
And against the morning's white
The shivering birds beneath the eaves

Have sheltered for the night,
We'll turn our faces southward, love,
Toward the summer isle
Where bamboos spire the shafted grove

And wide-mouthed orchids smile.

And we will seek the quiet hill
Where towers the cotton tree,
And leaps the laughing crystal rill,
And works the droning bee.
And we will build a cottage there
Beside an open glade,
With black-ribbed blue-bells blowing near,
And ferns that never fade.

Claude McKay, "After the Winter" from Claude McKay: Complete Poems.

Warrior Events

Thursday, March 31st
Track: CO-ED HS
@ Algona 4: 30PM



Holidays

March 31
Bunsen Burner Day

April 1
Fun at Work Day
Walk to Work Day

April 3
World Party Day

April 4
Square Root Day
Tell a Lie Day

April 5
Read a Road Map Day
First Contact Day

April 6
Sorry Charlie Day

Trending Tweets:

#InternaitonalDayOfHappiness

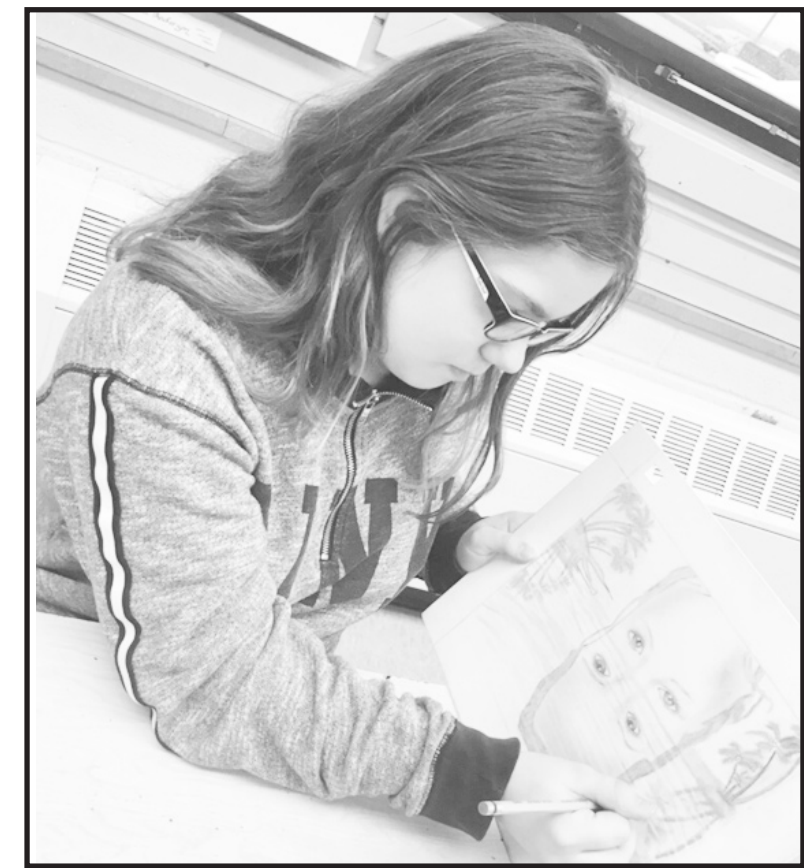
#LoveTwitter

#March Madness

#Sweet 16

The Artist's Corner

Freshman artist Sydney Swalve completes hr pencil sketch of the conference art show.



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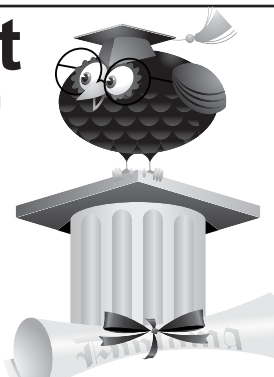
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North Union Breakfast and Lunch Menus

Swea City Campus

Friday, April 1: Breakfast: Pancake, syrup, bacon, pears; Lunch: Crispos, cheese sauce, broccoli, romaine or garden salad, peaches, brownies

Monday, April 4: Breakfast: Fr. toast, syrup, sausage links, peaches; Lunch: Hamburger/bun, shredded Romaine, tomatoes, French fries, carrots, pears, mandarin oranges

Tuesday, April 5: Breakfast: Breakfast pizza, apricots; Lunch: Chicken nuggets, mashed potatoes, corn, pineapple, strawberry cups

Wednesday, April 6: Breakfast: Combo bar, toast, mandarin oranges; Lunch: Tacos, shredded lettuce, tomatoes, shredded cheese, green beans, fruit cocktail, sunshine bars

Thursday, April 7: Breakfast: Waffles, syrup, bacon, applesauce; Lunch: Chicken Alfredo over noodles, California vegetables, applesauce, mandarin oranges, blueberry coffee cake

Friday, April 8: Breakfast: Long Johns, yogurt, pears; Lunch: Pizza, romaine/garden salad, green beans, applesauce, Jello

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Saturday, April 9

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North Iowa Community School KINDERGARTEN ROUND-UP

Tuesday, April 5, 2016
9 - 11 a.m. at Buffalo Center, IA
Contact Sheryl Davids by April 4, 2016
641.562.2525

- Children who will be 5 years of age by September 15 are invited to attend a day in Kindergarten and Kindergarten Prep.
- Children will attend and explore school from 9:00-11:00 a.m.
- Parents will spend time with the teachers from 5:00-7:30 p.m.
- In the North Iowa Commons. Childcare provided.

Call 641-562-2525 to register your child.

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Contact Steve Menke
515-341-0436

Fenton and Armstrong Campuses

Friday, April 1: Breakfast: Biscuits and gravy or cereal, fruit, juice, milk; Lunch: Pork tender on bun, peas 1/2 orange, milk

Monday, April 4: Breakfast: Pancake on a stick, fruit, juice, milk; Lunch: Chicken Alfredo, romaine/spinach lettuce, 1/2 apple, milk

Tuesday, April 5: Breakfast: Ham/egg combo, toast, fruit, juice, milk; Lunch: Crispito's, cheese, chili, corn, BB sandwich, applesauce, milk

Wednesday, April 6: Breakfast: Breakfast pizza, fruit, juice, milk; Lunch: Rib on bun, wedge fries, mixed vegetables, pineapple, milk

Thursday, April 7: Breakfast: French toast sticks, fruit, juice, milk; Lunch: Mini corn dogs, baby carrots, Mandarin oranges, milk

Friday, April 8: Breakfast: Breakfast wrap, fruit, juice, milk; Lunch: Lasagna, green beans, bread stick, pears, milk

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The Iowa State Fair invites all community groups, special interest clubs and businesses to join the fun during this year's Iowa State Fair Parade. Iowa's largest parade takes place Wednesday, August 10th, and we are looking for entries to help us kick-off the 2016 Iowa State Fair, August 11-21.

Entries are available at www.iowastatefair.org/fair-attractions/parade or by contacting Tonya Cook at 515/262-3111 ext. 215 or tcCook@iowastatefair.org. Entry fee is \$25 per entry, or \$35 if postmarked after July 1. No entries will be accepted after July 15.

Entries will be judged and winners will receive plaques in each of the following categories: best use of Fair theme, best specialty group, most creative/original, Governor's Cup (best overall marching band), marching band (by class), best performance, best horses and best drum line.

The parade will begin at 6:15 p.m. in downtown Des Moines on Wednesday, August 10, 2016. Spectators will be able to watch an estimated 200 floats, animals, vehicles, novelty and performing units. Staging will take place at the State Capitol Complex. Parade entrants will then travel west on Grand Avenue to 13th Street. Dispersion will take place between 13th and 18th Streets.

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- There is an annual permit fee of \$35.00.
- Copies of the driver's licenses of all operators, as well as proof of current insurance coverage are required.
- The permits are a requirement by City code and will be enforced by the Kossuth County Sherriff's Department.
- The Sherriff's Department will also be enforcing that these vehicles follow all traffic laws.
- You may view the code in full at Swea City City Hall.
- Please contact Alycia at City Hall(515-272-4606) to obtain a permit or if you have any questions.

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Enhancing Relationships

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Tonic Sol Fa at Fairmont Opera House

Tonic Sol Fa, the fun a cappella trio from the Minneapolis-St. Paul region, will take the Fairmont Opera House stage on Friday, April 1 at 7:30 p.m. Tickets are available at 507-238-4900, by visiting www.fairmontoperahouse.com, or at the Fairmont Opera House Box Office the night of the show. "We're always glad to see this group," said Jonas Nissen, Executive Director of the Fairmont Opera House. "They always put on a great show."

Tonic Sol-fa has established itself not only as the most in-demand vocal group in the Midwest, but also one of the most successful independent acts in America. In addition to substantial CD sales of its own

independent releases (2,000,000 copies sold), the group has toured extensively throughout the US and abroad, building their financial base with a steady list of festivals and private shows that eventually led to numerous sold-out tours of theaters and small arenas. The official site of the group is tonicsolfa.com.

Tonic Sol-fa began at St. John's University in Central Minnesota and includes lead vocalist Shaun Johnson, tenor and vocal percussionist, Greg Bannwarth, and bass, Jared Dove. Together the group reached national prominence with appearances on NBC's Today Show and in Newsweek magazine. Along the way, they shared the stage with a number of recognizable performers including Jay Leno, Jeff Foxworthy and Lonestar, and were recently part of Garrison Keillor's 30th Anniversary celebration of A Prairie Home Companion.

From the group's onset, the members have toured and operated the business of Tonic Sol-fa with only a small team of driven supporters acting as managers, lawyers, and publicists. Their revenue has increased from a few thousand dollars in their first year to a multi-million dollar limited liability company today. The group overcame a number of obstacles,

including the unspoken apprehension to the capella acts by individuals in the music industry and having a name that was anything but catchy (a system of naming the notes of the scale, usually do, re, mi, fa, sol, la, ti, developed to teach singing). Still, the group persevered, recording and manufacturing its own records and selling them to a growing legion of fans

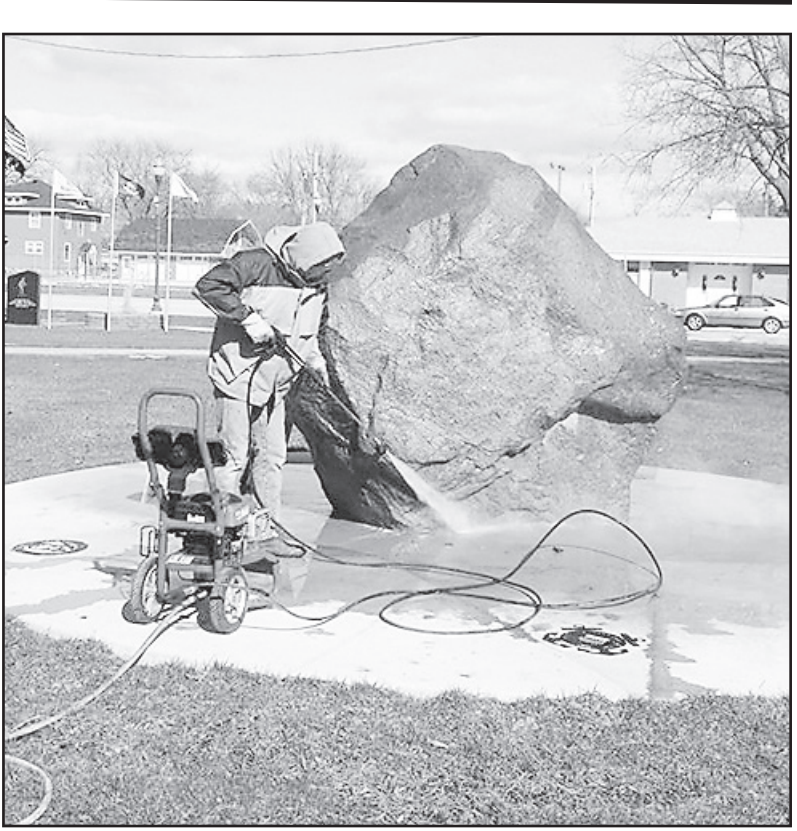
via the Internet and social networking sites, in the lobby of the theaters where they performed, and through a growing national distribution. One could say they gained their current consumer popularity the old fashioned way; they earned it.

At present, Tonic Sol-fa is in the studio recording their latest album,

entitled "Original," a new recording in a catalog of numerous award-winning DVD and CD projects highlighting three indelible voices. This outstanding blend has resulted in multiple Contemporary A cappella Recording Awards, NACA (National Association of Collegiate Activities) Entertainer of the Year nominations, considerable national press, and has

landed their music on the best-selling seasonal DVD at Wal-Mart, The 12 Dogs of Christmas.

Tonic Sol-fa continues to tour, record, and conscientiously run their business in the only way familiar to them - differently.



Freedom Rock gets a scrubbin'

Emmet County Freedom Rock under goes a thorough cleaning in preparation for the beginning of the painting job. It was very carefully power washed to remove all winter dirt, small stones, etc. Bubba Sorenson will begin painting this week.

North Kossuth School Board holds regular monthly meeting

By Kim Meyer
 staff writer

The North Kossuth School Board discussed several items during their regular monthly meeting on March 21 in Swea City.

Superintendent Mike Landstrum presented the budget with the 2016-17 proposed budget. He noted that the tax rate is \$8.70 and is the third lowest in the state. The budget hearing has been set for April 5 at 5:30 p.m.

The board also passed a motion to levy property tax for the fiscal year 2017.

Technology director Adam Fisher presented two quotes for the wireless density for the building. The bids came from Next Generation Technology in Buffalo Center and R&D Industries in Milford. Fisher informed the board the a large portion of the money will be reimbursed to the district if they are approved for E-Rate. But this must be applied for by April 29.

After much discussion and weighing the options of both companies, the board decided to hire Next Generation for the project.

Chad Slagle informed the board he met with Joe Clausen a salesman from Riddell Helmet Company. Clausen came to the school for his annual football helmet checkup and noted the helmets would expire in four years in 2019. Clausen also noted that the shoulder pads are needing to be replaced.

Slagle put together a proposal to begin purchasing helmets and shoulder pads on a yearly basis in order to spread out the money instead of purchasing them all at once.

Board president Jeanne Kinney stated she would like to have Chad purchase all the shoulder pads at this time. She, along with the rest of the board, felt that by not having new shoulder pads it could cause a safety issue.

The board passed a motion to purchase the shoulder pads and then begin to purchase new helmets on a rotation basis.

Slagle also asked the board about purchasing a baseball hitting mule for the high school team. The cost would be around \$550. The board approved the purchase.

They also approved the purchase of baseball caps for eight players who do not have them. The eight players will purchase their hats back. Since Chad can only purchase the hats in larger quantities, he will sell them to anyone who would like to purchase them.

Joe Johnson, wrestling coach, updated the board on the wrestling program. The high school had eight wrestlers during the past season. They also held their first home dual meet and won their first varsity dual win. He is expecting 11 wrestlers next season.

This year the junior high had seven wrestlers and is expecting six to ten wrestlers for next season.

The Little Warrior wrestlers had 65 wrestlers in grades preschool to eighth grade. They also held their first tournament in Swea City which was a success. They had five state qualifiers with Kaden Miller bringing home a first place win.

Johnson stated that in future he would like to look at making the wrestling room just a wrestling room. He would also like to expand the practice room area as the group grows.

Elementary principal Julie Runkmeier spoke about the middle school study table. This will be held on Tuesday and Thursday to help students who have fallen behind on assignments or grades. Parents will be notified when their child has missed an assignment or is receiving a d or f. They will then be required to stay after school to finish the assignment or receive help. One teacher will stay on those two nights to help the students. The students will be able to ride the athletic shuttle.

Kindergarten round up will be held on April 1st. Regular kindergarten students will have the day off.

Preschool round up will be held on April 7 from 4:00 - 6:00.

Donuts for Dads will be held on April 8th for students in kindergarten through second grade.

She also informed the board that Mr. Walter will be taking two quiz bowl teams to the Quiz Bowl Championship in Waukee.

Superintendent Landstrum has turned over all signing of purchasing orders to Julie Runkmeier due to his retirement.

He also informed the board he will be advertising for bids for mowing this summer.

The school's auditor will Skype with the board during the April meeting to discuss the audit.

The school board approved Master Contract for 2016-17 school year at a 3.66% raise. Most of this was insurance cost.

The board tabled the final phase of AC/Heating Units being installed by Hasebroeck Refrigeration until the April 4 board meeting.

They also tabled approving two open enrollment from North Union. The parents of the two students were present to explain why they wanted to open enroll their children to the Swea City Campus. The board needed to speak to fifth grade Troy Adams to see how he would feel about having 30 students in his class.

They did approve an open enrollment for a third grade student. They also approved the transfer of Tifani Stevens from eighth grade English to high school English.

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- If a letter attacks another specific individual, the newspaper may allow that person to read the letter submitted before publication and to answer it in the same issue, if he/she desires. Letters to the editor must be in the newspaper office by 5 p.m. Friday.
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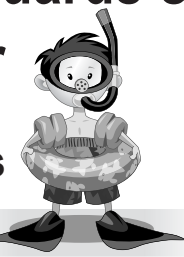
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Obituary



Jerald "Sam" Johnson

A funeral service for Jerald "Sam" Johnson was held on Saturday, March 26, 2016 at the First Presbyterian Church in Ringsted, Iowa with Pastor Suzanne Wobig officiating. Burial was at the Ringsted Memorial Cemetery. Henry-Olson was in charge of the arrangements.

Jerald J. Johnson the son of Sylvester and Margaret (Zirke) Johnson, was born January 18, 1928, in Estherville, Iowa. He died on Wednesday, March

23, 2016, at Lakeside Lutheran Home in Emmetsburg, Iowa at the age of 88. Sam grew up on a farm near Depew where he received his education. Sam served in the United States Air Force during World War II. Following his honorable discharge he returned to the area.

On February 25, 1951, he was united marriage to Bertha Naig in Emmetsburg. The couple made their home and farmed in the Ringsted area. Sam worked for Knapp Implement and also Arts Way Manufacturing for 20 years.

He was a former member of St. John's Lutheran Church, currently attending First Presbyterian Church in Ringsted and a lifetime member of the VFW and American Legion Post 0382.

Left to cherish Sam's memory are his wife, Bertha of Ringsted; children, Jadel (Kristin) Johnson of Brownsburg, Indiana; Julie (Donnie) Laidig of Ringsted; five grandchildren, Jessica (Chris), Kendra (Jared), Kayla, Travis (Sommer), Tyson (Kimberly); great-grandchildren, Samantha, Hannah, Jace, Sydney, Raegan, Maddie, Marissa, Ava and many relatives and friends.

He has been preceded in death by an infant son, Jerald; his parents and one sister, Avis.

Tyson Wirtz is teaching future social skills

By: Rachael Jaeger

ARMSTRONG – Tyson Wirtz is the easygoing, but firmly dedicated, social science teacher at North Union High School. Mr. Wirtz places a strong emphasis on teaching his students about applying life skills in the present so they will be better equipped to situations they may encounter later in life. Social interactions play a major role in what Wirtz sees as vital skills "necessary to be human."

"I want to teach them how to be a positive contribution to society," Wirtz related. "I want to teach them critical thinking skills to help them solve real world problems. I want to teach them what it means to be a member of society and why it is important that they contribute that to society. It is important that people know how to complete their civic duty, as well as how to have constructive conversations, even with people they don't understand. The difficult part is that we are teaching them how to solve problems that don't exist."

For instance, Wirtz mentioned teachers in the 1900s had no idea their students would encounter big problems like genocide or nuclear bombs.

"Because of this, we have to teach them broad problem solving skills," Wirtz said. While history events may change over time, Wirtz believes the overall basic principles of applying life skills stay considerably consistent. "As a social science teacher I like them to learn about the people, places, and events in history but more importantly I want to teach them how to be a positive contribution to society," Wirtz informed. "I want to teach them critical thinking skills to help them solve real world problems. I want to teach them what it means to be a member of society and why it is important that they contribute to that society. History changes, but these skills do not." It takes a while for a student to grasp the concepts Wirtz is teaching them.

But as they develop, they encounter more experiences in which they can apply the life skills, returning to Wirtz to express their thanks. "As a teacher you often don't see the difference immediately as students often pass through school, trying to get to the next level," Wirtz explained. "The difference is usually noticed by students later in life when they use a skill they learned in school. When students come back and say 'I used that skill/information you taught me the other day,' then you feel like you have made a positive impact."

In order to challenge his students, Wirtz incorporates as much of his project-based learning as possible in the classroom. Usually the project-based learning will involve focusing on meaningful information which focuses on evaluating "the why" of different situations.

"Memorizing dates is not nearly as meaningful as understanding why something happened and deciding whether or not it should have happened that way," Wirtz said. In his teaching, he has discovered that challenging their social environment assists their learning as well. "I often times will put students with peers that they do not usually interact with and require them to work together to solve the problem as a group." Often he will encourage students to work with others by taking time to discuss the information covered in class with a partner.

Aside from teaching social students, Wirtz has a passion for coaching football. He says that, in a way, coaching is not much different than how he teaches his social science skills to students.

"A lot of the same strategies I use in the classroom I try to use in coaching," Wirtz said. "I encourage players to work together and work with peers they don't normally work with. I try to instill the value of teamwork and counting on other people and being accountable yourself." Wirtz added that generally, it takes some encouragement for students to move out of their comfort zone but his presence helps. The challenge for his football players is preserving a balanced effort on accountability in both themselves and others.



Assigned partners Kyle Eldridge and Will Kersten work together on a Social Studies project. Teacher Tyson Wirtz hopes to create an educational experience for how the real world will work in the future, as he encourages his present students to collaborate. Wirtz believes the present will influence the future in their working relationships as well.

Lately society has pushed an emphasis on self-fulfillment and concentration on love of yourself. Yet Wirtz believes that while students need to recognize their need for confidence, they still need to be mindful of others, maintaining both perspectives at the same time.

"It is very important that students care for themselves and see themselves as important," Wirtz said. "I also think they should strive for a sense of self-fulfillment. However, we have to be careful to help kids understand that while they are important and people care for them, their needs are not more important than others."

Wirtz admits that concentrating intensely on yourself can evoke too much of a sense of selfishness. "We can tell kids they are special but we have to be careful to not set them up in a way that they love themselves too much and gain a sense of entitlement," Wirtz added. "It's a constant challenge to help them feel that they are important but also pointing out that others are just as important."

Wirtz believes students should keep their focus on each step of the way as they progress in their life, whether it's at the high school level or in college, their workplace, or any community in which they may live.

"I think that success is leaving the world in a better state than you found it," Wirtz stated. "My goal for success is making a positive lasting impression that will help make the world a better place for everyone."

Wirtz appreciates the opportunity to teach social studies at North Union. But in the near future, he hopes he will have the opportunity to teach the early morning classes North Union offers for dual high school and college credits. Right now he is seeking to better himself for his students as he furthers his own education online through the University of Northern Iowa.

New policy on publishing obituaries

Staline Publications would like to notify their readers about the new policy regarding obituaries beginning April 1, 2016.

As of this date, there will be a \$50 charge for publishing obituaries. The fee includes the full obituary with or without a photo.

A death notice and service times will be published free of charge.

Staline Publications will charge the funeral home directly for local obituaries. Persons bringing in obituaries will be responsible for payment.

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70 Years a member . . . These three men were each recognized as serving 70 years in the American Legion. Pictured left to right are: Eugene "John" Manson of Ringsted, Robert Reed of Ringsted, and Ormal Guinn of Swea City.

Church Services

UNITED METHODIST CHURCH
Dolliver, Iowa
SUNDAY, April 3
10:30 a.m. Worship service

FIRST PRESBYTERIAN CHURCH, Ringsted, Iowa
Pastor Suzanne Wobig
SUNDAY, April 3
10:30 a.m. Worship service

UNITED LUTHERAN CHURCH
Ringsted, Iowa
Pastor Lauri Boysen
WEDNESDAY, March 30
6 p.m. Confirmation
6:30 p.m. Choir

UNITED METHODIST CHURCH
Armstrong, Iowa
Rev. Lyndon Roesler, Pastor
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NOTE: Bring your Bible to Church

SUNDAY, April 3
9:15 a.m. Sunday School
10:30 a.m. Worship with communion

WEDNESDAY, March 30
9:30 a.m. Women's Bible Study
7 p.m. Choir

THURSDAY, March 31
7 p.m. Bible Study

FIRST PRESBYTERIAN CHURCH
Armstrong, Iowa
Pastor Suzanne Wobig

SUNDAY, April 3
9:00 a.m. Worship service with Sunday School following

SUNDAY, April 3
9 a.m. Worship Service, Communion & Missions Sunday

TUESDAY, April 5
10 a.m. BIBLE TIME AT V.V.

THURSDAY, April 7
Spring luncheon & bake sale
Everyone Welcome!
No UMW meeting
7 p.m. Bible Study

NAZARETH LUTHERAN CHURCH
Armstrong, Iowa
Pastor Lauri Boysen

WEDNESDAY, March 30
6 p.m. Confirmation Supper and instruction

SUNDAY, April 3
9 a.m. Worship service
10:15 a.m. Sunday School
10:15 a.m. Fellowship Coffee

TUESDAY, April 5
9-12 noon Quilting

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Meals on Wheels - Driver Schedule

Meals on Wheels are provided by Johanson's Cafe & Pizzeria. The meal will consist of their daily special & a dessert for \$5.50 plus tax and will be delivered Monday through Saturday. **Pick up time for volunteers is: 11 a.m.-11:15 a.m.** If you wish to receive Meals on Wheels, call Teressa Johanson at 868-4949.

- March 2016**
30 - Mary Kay Picht
31 - Armstrong Clinic
- April 2016**
1 - Suzanne Mart
2 - Johanson's Cafe
4 - North Star Bank, Sue Nelson
5 - Wanda Dailey
6 - Dave/LaRae Radunz
7 - GKN, Kris Odegaard
8 - Joyce Hiney
9 - Johanson's Cafe
11 - GKN, Connie Burgeson
12 - Aileen Reinhardt
13 - Deb Obbink
14 - Jean Thackery

- 15 - Janet Hardecop
16 - Johanson's Cafe
18 - Art's-Way, Gene Tonne
19 - Art's-Way, Gene Tonne
20 - Art's-Way, Gene Tonne
21 - Art's-Way, Gene Tonne
22 - Art's-Way, Gene Tonne
23 - Johanson's Cafe
25 - Violet Reichardt
26 - Denny/Sharon Theesfield
27 - Judy Griese
28 - Armstrong Clinic
29 - Dawn Unscheld
30 - Johanson's Cafe

Valley Vue & Spring Creek events

- March events, Valley Vue**
30 - Resident/Family Pancake Supper 5 p.m.
- April events, Valley Vue**
1 - Music with Jeff Buege 2 p.m.
7 - Bubba Sorenson speaks with veterans 6:30 p.m.
13 - Volunteer Appreciation with music by Steve Lang 2 p.m.
14 - NU Students 2 p.m.
27 - Bus Outing 1 p.m.
28 - Hymn & Hers Music 2 p.m.
29 - May Day Baskets 2 p.m.
- April 28, 1:30 p.m.
All Neighborhood Planning Meeting
- April birthdays at Valley Vue**
2 - Mary Harringa, party at 2 p.m.
19 - Doris Carlson, party on 16th, 2 p.m.
- Happy Anniversary to**
Morris/Marilyn Johanesen 4/8/53
Frank/Betty Helland 4/24/71
- April birthdays at Spring Creek**
10 - Helen Brown
- April events, Spring Creek**
5 - Grill Night 5:30 p.m.
6 - Community Coffee 9:30 a.m.
6 - Blood Pressure Clinic 9:30 a.m.
- 6 - Game Day with Main Street Manor 2:30 p.m.
7 - Breakfast Outing, Johansons 8 a.m.
7 - Bubba Sorenson speaks with veterans at VV 6:30 p.m.
8 - Bake Day 10 a.m.
11 - Pizza Night 5:30 p.m.
12 - Hot Breakfast 8 a.m.
12 - Retired A-R Employees Coffee 10 a.m.
13 - Community Game Day 2 p.m.
13 - Wine tasting 6:30 p.m.
14 - Lunch & Walmart Outing 10 a.m.
15 - Community Dinner 12 noon
19 - Casino Outing 12:30 p.m.
20 - Community Breakfast 7:30 p.m.
25 - Lunh Ouing, Ringsted 11 a.m.
26 - Grill Night 5:30 p.m.
28 - Community Bingo 6 p.m.
29 - May Day Baskets 2 p.m.
- April blood pressure clinics, free (sponsored by Valley Vue Care Center)**
6 - Spring Creek Assisted Living, Armstrong 9:30 - 10:30 a.m.
8 - Armstrong Senior Center, 8 - 9 a.m.
11 - Main Street Manor, Swea City, 3 - 4 p.m.
14 - Lone Rock Presbyterian Church, 9 - 10 a.m.
18 - Ringsted American Legion, 8:3 - 9:30 a.m.
21 - Ceylon American Legion, 8:30 - 9:30 a.m.

The Radical Nature of Faith

*"Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me."
—Luke 9:23 NIV*

The story of Abraham is often told as an example of the radical nature of faith. Abraham accepted on faith that his wife Sarah would give birth to a child in her nineties, and then after this actually happened, he accepted on faith that God required him to sacrifice this very son, Isaac. God relented of this demand after seeing Abraham's willingness to do so, but the philosopher Kierkegaard wondered what effect this whole experience must have had on Abraham. Can we go through such experiences and not be radically altered? Look at any of the Old Testament prophets and you see how radical faith can be. Isaiah went barefoot and naked for three years as a prophetic gesture. Hosea married a harlot in order to show how God was similarly yoked to the unfaithful people of Israel. Jesus's message must have been extremely radical in his day, enough for it to get him executed. The early Christians practiced their faith in secret because they too were in danger of being executed for it. Faith can be comforting, but if all it does is let you sleep well at night, then perhaps you aren't taking it far enough. As David Platt says in the book Radical, "I could not help but think that somewhere along the way we had missed what was radical about our faith and replaced it with what is comfortable." Consider whether you have made an idol of comfort and have in the process watered down your faith.
— Christopher Simon