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SMITH-COTTON



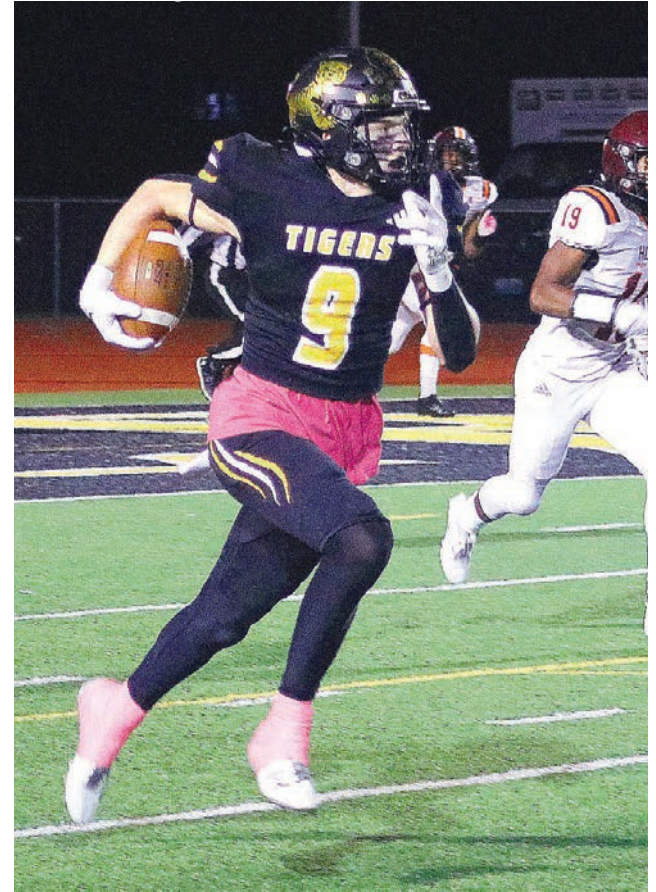
FOOTBALL

Head coach: Josh Gray

2023 record: 2-8

Highlights: The Tigers scored a season-high 52 points in a win over conference opponent Hickman. The team also had a 48-6 victory over Hogan Prep Academy Charter.

Outlook: Beau Gray enters his senior season as the Tigers' quarterback after having 1,695 all-purpose yards and 13 total touchdowns last season. Gavin Jackson also heads into his senior season as the team's top wide receiver. Dax Wiskur and Samuel Wright will lead the Tigers defense as juniors after having standout sophomore seasons.



2024 Schedule

Aug. 30 at Warrensburg
Sept. 6 vs. Rock Bridge
Sept. 13 at Camdenton
Sept. 20 at Jefferson City
Sept. 27 vs. Hickman
Oct. 4 at Battle with Columbia Independen
Oct. 11 vs. Capital City
Oct. 18 at Helias Catholic
Oct. 25 at Marshall

2023 Results

L, 28-7 at Moberly
L, 66-0 at Rock Bridge
L, 47-22 vs. Warrensburg
L, 56-14 vs. Jefferson City
W, 52-28 at Hickman
L, 20-14 vs. Battle
L, 48-21 at Capital City
L, 63-0 vs. Helias Catholic
W, 48-6 vs. Hogan Prep Academy Charter
L, 42-3 at Carthage



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SMITH-COTTON



BOYS SOCCER

Head coach: Ethan Weller

2023 record: 12-15

Highlights: The Tigers reached the district semifinals last season with a 1-0 overtime win over No. 3 Hickman.

Outlook: Weller enters his 15th season as the head coach of the Tigers and will have several seniors on the roster, including Francisco Gonzalez, Juan Matacu-Ubaldo, Jake Bunker and Alex Capkovic.

2024 Schedule

Aug. 30-31 S-C Shoot-out

Sept. 3 vs. Helias Catholic

Sept. 10 at Warrensburg

Sept. 12 at Blue Springs South

Sept. 16 vs. Camdenton

Sept. 18 vs. Hickman

Sept. 19 at Battle with Columbia Independent

Sept. 24 at St. Michael

the Archangel
Sept. 26 vs. Osage
Sept. 27-28 Moberly Invitational
Oct. 1 vs. Jefferson City
Oct. 3-5 Kickapoo Tournament
Oct. 8 at Center
Oct. 10 vs. William Chrisman
Oct. 16 at Rock Bridge
Oct. 22 at Capital City
Oct. 24 vs. Oak Grove
Oct. 29 at Boonville
Oct. 31 vs. Ruskin

VOLLEYBALL

Head coach: Emily Ruckman

2023 record: 9-18-1

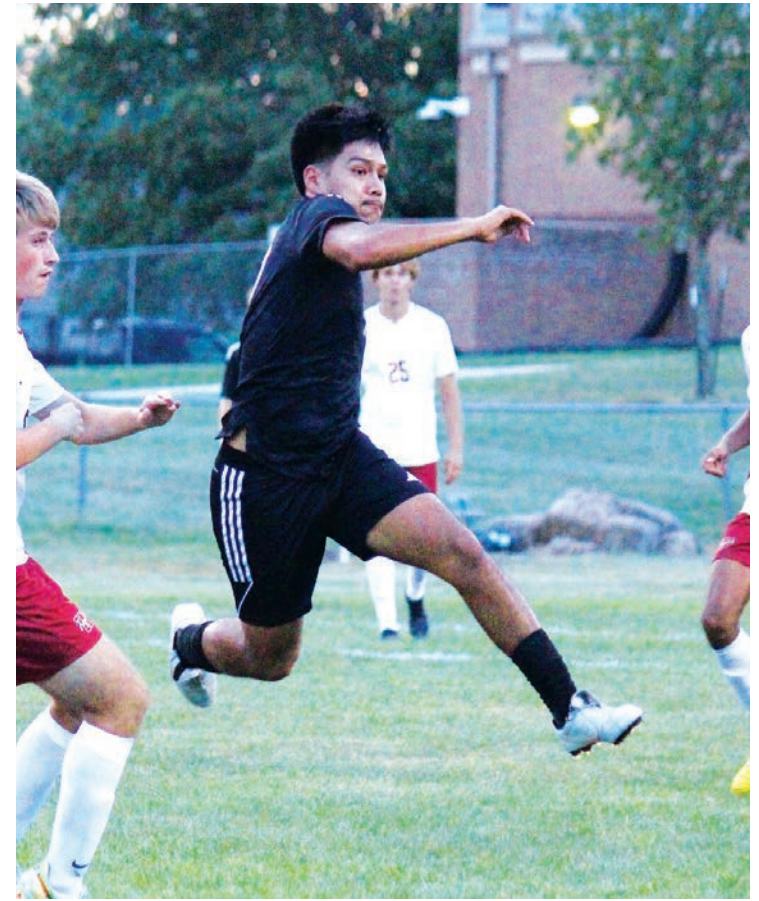
Highlights: Three of the Lady Tigers' nine wins last season came against teams that finished the season .500 or better, including against district champions Lafayette County.

Outlook: The Lady Tigers will have a nice mix of seniors and juniors on the court this season. Lennon Adams, Addison Lyles and Shaylin Wooster will help lead the team as seniors, while Alle Case, Piper Cantrell and Taylor Pinkel enter their junior seasons.

2024 Schedule

Sept. 3 at Osage
Sept. 5 at Odessa
Sept. 9 vs. Father Tolton Regional Catholic
Sept. 10 vs. California
Sept. 12 at Clinton
Sept. 14 Higginsville Spike-fest
Sept. 16 at Jefferson City
Sept. 17 at Warrensburg
Sept. 19 vs. Rock Bridge
Sept. 23 vs. Marshall
Sept. 24 at Helias Catholic

Sept. 25 vs. Hallsville
Sept. 28 Smith-Cotton Tournament
Oct. 1 at Hickman
Oct. 2 at Versailles
Oct. 3 vs. Camdenton
Oct. 7 vs. Battle
Oct. 8 vs. Warsaw
Oct. 9 at Oak Grove
Oct. 10 vs. Capital City
Oct. 14 at Eldon
Oct. 15 vs. Knob Noster
Oct. 17 vs. Boonville



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SMITH-COTTON



SOFTBALL

Head coach: Amy Miller

2023 record: 15-14

Highlights: The Lady Tigers hit double digit wins for the first time since 2010, benefiting from three straight shutout wins over Leeton, Battle and Eldon in September.

Outlook: Miley Rathmann and Ellie Kimbrough return as two of the Lady Tigers' top hitters this season, while Addison Snyder will be back in the pitching circle as a junior this season after having an earned run average of 3.43 in 108 1/3 innings pitched last season.

2024 Schedule

Aug. 31 Lady Pirate Lead-off Classic

Sept. 3 vs. Odessa

Sept. 4 vs. Knob Noster

Sept. 5 at Clinton

Sept. 9 at Warrensburg

Sept. 11 vs. Boonville

Sept. 12 vs. Marshall

Sept. 13-14 LOZ Tournament

Sept. 16 vs. Helias Catholic

Sept. 20 vs. Harrisonville

Sept. 20 vs. Waynesville

Sept. 23 at Battle with Columbia Independent

Sept. 24 vs. Russellville

Sept. 26 at Capital City

Sept. 30 at Hickman

Oct. 2 vs. California

Oct. 3 at Marshall

Oct. 5 Centralia Invitational

Oct. 7 vs. Jefferson City

Oct. 9 vs. Rock Bridge

Oct. 10 at Camdenton

Oct. 14 at Oak Grove



GIRLS TENNIS

Head coach: Christine Kindle

2023 record: 4-9

Highlights: Natalie and Elinor Beard reached the quarter-finals of the Class 3 State Doubles Tournament.

Outlook: Natalie Beard will be a senior this season and will be joined by her younger sister, Gretchen, who is entering her freshman season. Hannah Wright and Emily Chernish are also among the team's returning players.

2024 Schedule

Aug. 29 vs. Father Tolton Regional Catholic

Aug. 30 vs. Marshall

Sept. 3 at Warrensburg

Sept. 5 vs. Battle

Sept. 9 at Capital City

Sept. 10 vs. Jefferson City

Sept. 11 vs. Clinton

Sept. 12 at Osage

Sept. 17 at Rock Bridge

Sept. 18 vs. Hickman

Sept. 19 at Odessa

Sept. 20 Warrensburg JV Double Tournament

Sept. 25 at Helias Catholic

Sept. 27 Smith-Cotton Invitational

Sept. 30 at Camdenton
Oct. 2 Capital City Tournament

Oct. 3 vs. Boonville

Oct. 7 at Raymore-Peculiar

Oct. 8 vs. Knob Noster

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SMITH-COTTON



CROSS COUNTRY

Head coach: David Holiway

Highlights: The boys team placed fifth and the girls team placed sixth at the CMAC Championships.

Outlook: Jose Lorenzo, Indiana Ellison and Elijah Holiway are back on the boys team, while Julie Kuehner, Lindsey Carrico and Reese Green return to the girls team.

2024 Schedule

Aug. 31 Jim Marshall Invitational
Sept. 12 Marshall Invitational
Sept. 21 Smith-Cotton Invitational
Sept. 28 Gans Creek Open
Oct. 4 Laker Invitational
Oct. 12 Capital City Invitational
Oct. 18 CMAC Championship
Oct. 26 Fatima Invitational



BOYS SWIMMING AND DIVING

Head coach: Samantha Yewell

Highlights: The Tigers sent four members to state: Julius Washington, Findlay Hume, Aiden Scholl and Hayden Carlock.

Outlook: Yewell enters her second season at the helm and will have Matthew McCoy and Talon Newell, the winners of the team's Most Improved Player awards, return as juniors this season.

2024 Schedule

Sept. 3 Blue Springs South
Sept. 10 Lee's Summit Duals
Sept. 11 Sedalia Duals
Sept. 13-14 Belton Invitational
Sept. 21 Truman Invitational
Sept. 24 Lee's Summit
Oct. 4-5 COMO Invitational
Oct. 9 Truman Invitational
Oct. 10 Jefferson City Invite
Oct. 19 Tiger Invitational
Oct. 22 Warrensburg
Oct. 24 CMAC Championship
Oct. 28-29 Independent League Championships
Oct. 31 West Central Classic




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SMITH-COTTON



GIRLS GOLF

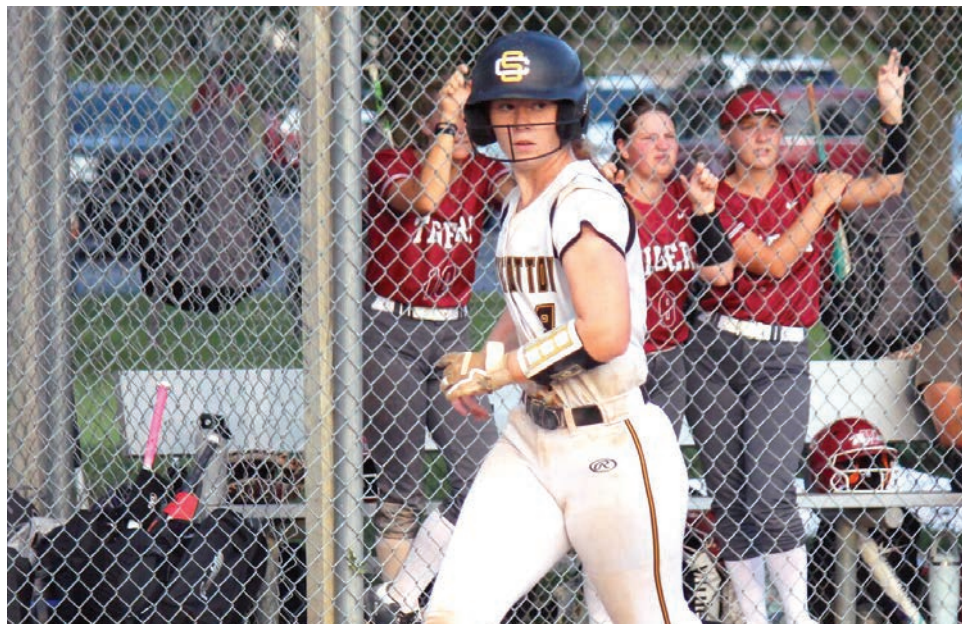
Head coach: Craig Harvey

Highlights: The Lady Tigers golf team placed second at the CMAC Championship with a team score of 398.

Outlook: Juniors Gracie Vannatta and Charlotte Fischer return to the team this season as the Lady Tigers' two main catalysts.

2024 Schedule

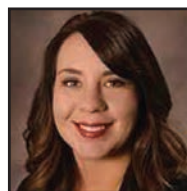
- Sept. 5 Marshall Quad
- Sept. 11 Helias Invitational
- Sept. 16 S-C Classic
- Sept. 17 Marshall Tournament
- Sept. 18 Richmond Tournament
- Sept. 25 at Rock Bridge
- Sept. 26 Smith-Cotton Quad
- Sept. 30 Lady Jays Invitational
- Oct. 2 CMAC Tournament
- Oct. 8 Battle Spartan Invitational



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WARRENSBURG



FOOTBALL

Head coach: Chris Cavanah

2023 record: 6-5

Highlights: Under Football outlook, please change to Warrensburg returns a wide range of veteran experience including Kobe Westphal, Jack Smith-Taylor, AJ Smith, Ryan Munsterman, Seth Johnson, Trey Murphy, Cruz Villegas, Ty Carman, Maddox Kulenkamp, Reid Kearfott, and Tristan Blew

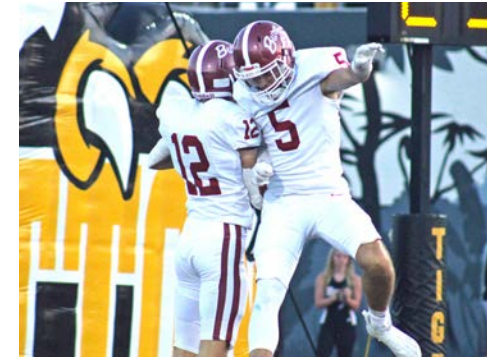
Outlook: Health will be key for the Tigers across all positions in 2024. They will be looking to win the Silver Tiger Trophy for the seventh-consecutive year in what is expected to be a festive Week 1 home opener.

2024 SCHEDULE

Aug. 30 Smith-Cotton
Sept. 6 Cameron
Sept. 13 at Moverly
Sept. 20 Harrisonville
Sept. 27 Pleasant Hill
Oct. 4 at Odessa
Oct. 11 at Center
Oct. 18 Clinton
Oct. 25 at Oak Grove

2023 RESULTS

L, Capital City 41-29
W, at St. Charles 12-6
W, at Smith-Cotton 47-22
L, Harrisonville 54-48
W, at Center 42-0
L, Odessa 42-41
W, at Pleasant Hill 38-38
W, Clinton 57-6
L, Oak Grove 87-56
W, Osage 30-28
L, at Pleasant Hill 55-14



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WARRENSBURG



VOLLEYBALL

Head coach: Chandler Vaughan

2023 record: 13-9-1

Highlights: Former Jennies volleyball athlete Chandler Vaughan is heading into her first year as head coach, taking over for Abby Schumacher. Warrensburg made a run to the district championship game last year, losing to eventual state semifinalist St. Michael the Archangel.

Outlook: Returners include Ella Christensen, Delaney Fleeman, Janey Van Dyke, Peyton Ernst, Madelyn Meldrem, Kadence Fristch and Kyla Dunn.

2024 SCHEDULE

Sept. 3 St. Michael the Archangel

Sept. 5 Notre Dame de Sion

Sept. 10 at Marshall

Sept. 14 Lafayette County Tournament

Sept. 16 at Knob Noster

Sept. 17 Smith-Cotton

Sept. 19 at Capital City

Sept. 21 William Chrisman Tournament

Sept. 23 Grandview

Sept. 24 Oak Grove

Sept. 26 at Odessa

Oct. 1 at Lawson

Oct. 2 at Lincoln College Prep

Oct. 5 Warrensburg Tournament

Oct. 5 Santa Fe

Oct. 8 Pleasant Hill

Oct. 10 at Harrisonville

Oct. 15 Clinton

Oct. 17 at Center



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WARRENSBURG



SOFTBALL

Head coach: Carey Thomas

2023 record: 8-19

Highlights: Warrensburg had three MRVC West wins last season, recording one against Pleasant Hill and two against Cllinton.

Outlook: The Tigers will have a young rooster once again this year with a roster that only includes one senior in Erika Bloom. The program has two juniors, eight sophomores and 12 freshmen. Along with Bloom, returners include Madelyn Derritt, Olivia Johnson, Ripley Laws, Aspen Osborn and Leah Coombs.

BOYS SOCCER

Head coach: Matthew Bax

2023 record: 14-5

Highlights: Warrensburg found itself in contention for a MRVC West title last season. The Tigers only dropped two conference games, coming in close matches with Harrisonville and Oak Grove.

Outlook: This year will feature a new look in terms of personnel after graduating a large senior class. Notable returners include Anton Wiederhoeft, Carlos Escobar and Chuy Escobar. Carlos Escobar is one of three seniors, joined by Chase Livengood and Lucas Burykin.



2024 SCHEDULE

Aug. 31 Marshall Tournament	Sept 19 at Pleasant Hill
Sept. 3 Camdenton	Sept. 24 at Harrisonville
Sept. 4 at Jefferson City	Sept. 26 Oak Grove
Sept. 5 Richmond	Sept. 27-28 UCM Tournament
Sept. 9 Smith-Cotton	Oct. 1 Pleasant Hill
Sept. 11 at Odessa	Oct. 2 Belton
Sept. 12 Harrisonville	Oct. 3 Odessa
Sept. 13-14 Warrensburg Tournament	Oct. 8 at Oak Grove
Sept. 17 Clinton	Oct. 9 Summit Christian Academy
	Oct. 10 at Clinton

2024 SCHEDULE

Sept. 3-7 Bartow Soccer Tournament	Oct. 3-5 Bolivar Liberator Classic
Sept. 10 Smith-Cotton	Oct. 10 at Knob Noster
Sept. 12 at St. Michael the Archangel	Oct. 15 at Clinton
Sept. 17 Harrisonville	Oct. 17 at Marshall
Sept. 24 Odessa	Oct. 21 Cameron
Sept. 26 Summit Christian Academy	Oct. 22 Center
Oct. 1 at Pleasant Hill	Oct. 24 at Capital City
	Oct. 29 Oak Grove

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WARRENSBURG



GIRLS GOLF

Head coach: Karla Hinnah

Highlights: Karla Hinnah takes over as head coach after previously serving as an assistant for Chris Nimmo.

Outlook: Avrie Fox highlights the Tigers as a returning state qualifier. Returners to the lineup also include Lillie Mannering and Marissa Kenish.

2024 SCHEDULE

Sept 13 at Center Triangular
Sept. 9 at Odessa
Sept. 11 Helias Invitational
Sept. 12 Odessa, Richmond
Sept. 16 Smith-Cotton Classic
Sept. 17 Clinton
Sept. 18 Richmond Tournament
Sept. 19 Warrensburg, Oak Grove
Sept. 23 Lady Jays Invitational
Sept. 24 at Richmond Quad
Sept. 26 at Smith-Cotton Quad
Oct. 2 at St. Michael the Archangel
Oct. 7 MRVC Tournament
Oct. 8 Battle Tournament

GIRLS TENNIS

Head coach: Dustin Bergman

2023 record: 8-4

Highlights: Dustin Bergman will lead the girls tennis program in 2024. He will be assisted by returning assistant coach Hope Dahlhoff.

Outlook: Warrensburg's roster includes just two seniors, made up of Melanie Seelinger and Chiara Betsch.

2024 SCHEDULE

Sept. 3 Smith-Cotton
Sept. 4 Harrisonville
Sept. 5 at Odessa
Sept. 6 at Platte County Invitational
Sept. 10 at Clinton
Sept. 12 Center
Sept. 13 Warrensburg Tournament
Sept. 17 at Harrisonville
Sept. 18 Cameron Tournament
Sept. 23 Odessa
Sept. 24 Clinton
Sept. 25 Marshall
Sept. 26 at Center
Sept. 27 S-C Invitational
Oct. 4 Bolivar Tournament
Oct. 9 MRVC Tournament

BOYS SWIMMING

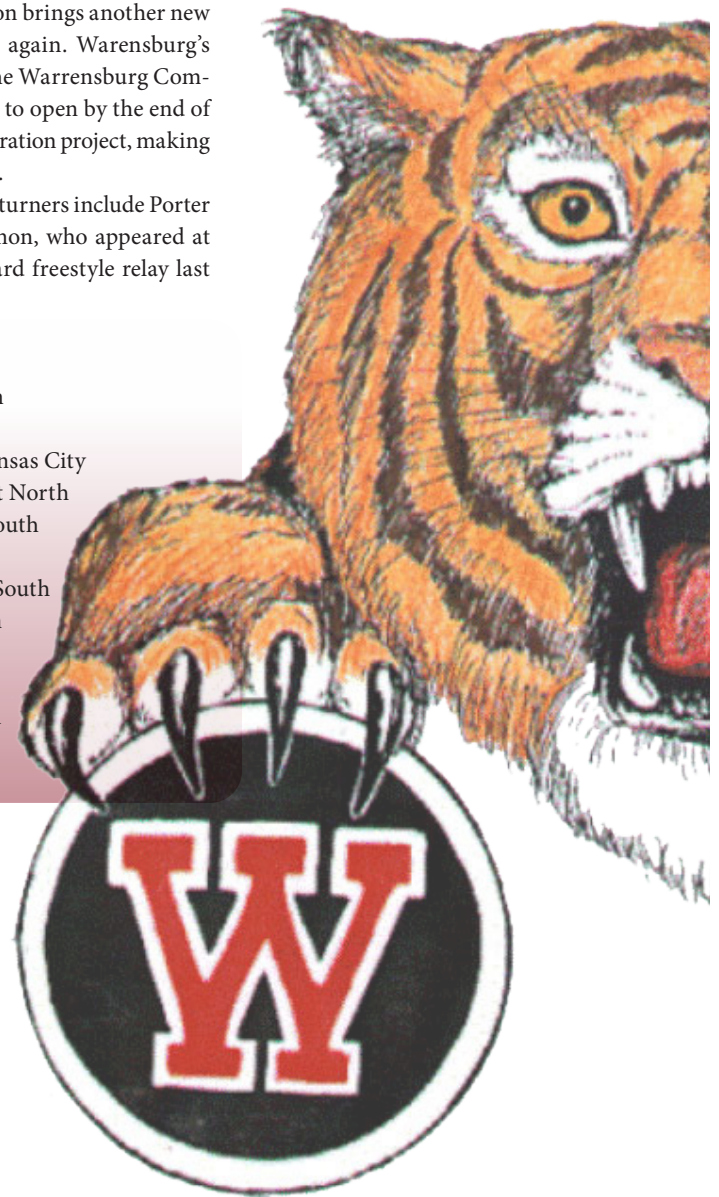
Head coach: Jennifer Singleton

Highlights: A new season brings another new coach for the Tigers once again. Warrensburg's home practice facility of the Warrensburg Community Center is expected to open by the end of the month following a restoration project, making way for a practice location.

Outlook: Anticipated returners include Porter Bingham and Skyler Golmon, who appeared at state with the boys 200-yard freestyle relay last year.

2024 SCHEDULE

Sept. 11 at Smith Cotton
Sept. 14 at Belton
Sept. 20-21 at North Kansas City
Sept. 24 at Lee's Summit North
Oct. 1 at Blue Springs South
Oct. 9 at Raytown
Oct. 15 at Blue Springs South
Oct. 19 at Smith-Cotton
Oct. 22 Home Meet
Oct. 28-29 ILCs
Oct. 31 at Smith-Cotton



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WARRENSBURG



CROSS COUNTRY

Head coach: Creighton Collier

Highlights: Warrensburg returns much of its lineup from both sides of the program.

Outlook: Returning state qualifiers include Jeremiah Akinbohun, Luke Younblood and Carson Hennrich on the boys side. Alex Kientzy is the lone returning qualifier on the girls side.

2024 SCHEDULE

Sept. 3 Grain Valley Glow Meet

Sept. 7 Bolivar Invitational

Sept. 14 Forest Park Festival

Sept. 21 Smith-Cotton Invitational

Sept. 28 Gans Creek Classic

Oct. 5 KC Classic

Oct. 17 Warrensburg Invitational

Oct. 23 MRVC West Meet (at Richmond)



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CHILHOWEE



VOLLEYBALL

Head coach: Cheyenne Ginn

2023 record: 20-12-1

Highlights: Chilhowee continued its up-climb last year, recording the program's most wins in recent history according to MSHSAA.org.

Outlook: The Indians have a veteran core that includes senior Haley Lankford, Alexis Miller, Ryliegh Dean, Olivia Hornback and Kaydee Lankford

2024 SCHEDULE

Aug. 29 La Monte
 Sept. 3 at Northwest
 Sept. 5 Miami
 Sept. 9 at Lincoln
 Sept. 10 at Kingsville
 Sept. 12 at Lakeland
 Sept. 14 Lexington Tournament
 Sept. 16 Windsor
 Sept. 17 vs Sacred Heart (at Green Ridge)
 Sept. 17 at Green Ridge
 Sept. 19 at Miami
 Sept. 20 at Bronaugh
 Sept. 23 Crest Ridge
 Sept. 24 at Ballard
 Sept. 27 Sheldon
 Sept. 28 Hy-Vee Arena Invitational
 Oct. 1 Tipton
 Oct. 3 at Sherwood
 Oct. 4 Otterville
 Oct. 8 Leeton
 Oct. 10 Lone Jack JV
 Oct. 11 at Northeast Vernon
 Oct. 14 at Drexel
 Oct. 17 Hume
 Oct. 19 GVVC Tournament
 Oct. 21 Orrick

CROSS COUNTRY

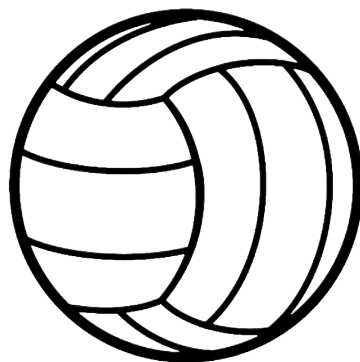
Head coach: Susan Kedigh

Highlights: The Indians are heading into their second season of cross country.

Outlook: Chilhowee's boys roster includes Mason Griffin and Charles Kedigh. Its girls roster includes Bailey Coulter and Jahmie Conner.

2024 SCHEDULE

Aug. 31 Clinton Invitational
 Sept. 10 Lafayette County Invitational
 Sept. 14 Knob Noster Invitational
 Sept. 21 Odessa Invitational
 Sept. 25 Lone Jack Invitational
 Oct. 5 Calvary Lutheran Invitational
 Oct. 12 Battle of Lexington Invitational



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COLE CAMP



FOOTBALL

Head coach: Kevin Shearer

2023 record: 3-7

Highlights: The Bluebirds opened the season with a 16-14 double-overtime road win against Wellington-Napoleon.

Outlook: Grant Rodriguez returns for his junior season and will help lead the Bluebirds on both sides of the ball. Conner Petersen, Jentzen Crider and Colton Thompson make up the team's senior class.

2024 Schedule

Aug. 30 at Salisbury
 Sept. 6 at Windsor
 Sept. 13 at Sherwood
 Sept. 20 vs. Crest Ridge with Chilhowee
 Sept. 27 at Lone Jack with Kingsville
 Oct. 4 vs. Butler
 Oct. 11 at Midway
 Oct. 18 vs. Lincoln
 Oct. 25 at Adrian

2023 Results

W, 16-14 2OT at Wellington-Napoleon
 L, 22-20 vs. Windsor
 L, 54-0 at Tipton
 W, 48-19 vs. Lone Jack
 L, 24-18 vs. Versailles
 L, 50-16 at Crest Ridge
 L, 28-26 at Lincoln
 L, 55-6 vs. Adrian
 W, 16-14 vs. Midway
 L, 28-26 vs. Versailles



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COLE CAMP



VOLLEYBALL

Head coach: Abby Massingill

2023 record: 17-15-1

Highlights: The Lady Bluebirds had two thrilling five-set victories early in the season against good Holden and Concordia teams.

Outlook: All-Kaysinger selections Emily Burdick and Gracie Thompson graduate, but much of the Lady Bluebirds return this season as juniors and sophomores.

2024 Schedule

Sept. 2 at St. Paul Lutheran (Concordia)
 Sept. 3 vs. Holden
 Sept. 10 vs. Osceola
 Sept. 11 vs. Concordia
 Sept. 16 at Lone Jack
 Sept. 17 vs. Windsor
 Sept. 19 at Otterville
 Sept. 23 at Versailles
 Sept. 24 vs. Lincoln
 Sept. 26 vs. Stover

Sept. 28 Smith-Cotton Tournament
 Sept. 30 at Tipton
 Oct. 1 vs. Sacred Heart
 Oct. 3 at La Monte
 Oct. 7 at California
 Oct. 8 at Green Ridge
 Oct. 10-12 Kaysinger Conference Tournament
 Oct. 15 at Smithton
 Oct. 17 at Northwest
 Oct. 19 Versailles Invitational Tournament



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COLE CAMP



BOYS SOCCER

Head coach: Ryan Crawford

2023 record: 4-19

Highlights: The Bluebirds got a 3-0 win over La Monte in the first round of the Class 1 District 5 Tournament.

Outlook: The Bluebirds will have a lot of experience under their belts this season with much of the team being made up of juniors and seniors.

2024 Schedule

- Sept. 4 at Knob Noster
- Sept. 10 at Dixon
- Sept. 12 vs. Fatima
- Sept. 16 at Calvary Lutheran
- Sept. 19 at Green Ridge
- Sept. 23 at Iberia
- Sept. 24 vs. Smithton
- Sept. 26 at La Monte
- Sept. 30 vs. Lone Jack
- Oct. 2 vs. Crocker
- Oct. 7-12 Kaysinger Conference Tournament
- Oct. 17 at Fair Grove
- Oct. 22 vs. Stover
- Oct. 24 at Sacred Heart
- Oct. 28 at Laquey with Richland
- Oct. 29 vs. Belle



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CREST RIDGE



FOOTBALL (Co-Op w/ Chilhowee)

Head coach: Jeremiah Baruxen

2023 record: 7-4

Highlights: Crest Ridge heads into the season with a returning head coach for the first time since 2021. The Cougars' seven wins in 2023 were twice the total from 2022 and 2021 combined.

Outlook: The return of names like Wes Taylor and Gavin Wyatt on the skills side goes along with others like Carsen Hursch, James Shelton and Logan Cordray. Wyatt Ducos is also back in the mix for the Cougars this season after a year away.

2024 SCHEDULE

Aug. 30 at Holden
Sept. 6 Penney
Sept. 13 at Lincoln
Sept. 20 at Cole Camp
Sept. 27 Midway
Oct. 4 Lone Jack
Oct. 11 Westran
Oct. 18 at Salisbury
Oct. 25 Windsor

2023 RESULTS

L, Tipton 52-7
W, Wellington-Napoleon 55-42
W, Lincoln 42-8
W, at Midway 34-32
W, at Lone Jack 61-0
W, Cole Camp 50-16
L, Adrian 41-7
L, at Windsor 26-6
W, at Russellville 34-20
W, Midway 21-12
L, North Platte 46-12

VOLLEYBALL

Head coach: Christi Wade

2023 record: 11-17-2

Highlights: The Cougars lose the contributions of a large senior class, but also bring back a number of returners.

Outlook: Names to keep an eye on include Addi Contreras, Macy Keys, Savanna Camp, Laney Wilhite, Colie Weigand, Shelby Stoff and Addie Shippy.

2024 SCHEDULE

Sept. 3 at Smithton
Sept. 5 Sacred Heart
Sept. 9 at Adrian
Sept. 10 at Appleton City
Sept. 12 Green Ridge
Sept. 16 at La Monte
Sept. 17 Sherwood
Sept. 19 at Orrick
Sept. 23 at Chilhowee
Sept. 25 Achie
Sept. 26 Concordia
Oct. 1 at Sweet Springs
Oct. 2 at Leeton
Oct. 3 Lutheran KC
Oct. 8 Kingsville
Oct. 9 at Santa Fe
Oct. 10 Wellington-Napoleon
Oct. 12 I-70 Tournament
Oct. 15 Lone Jack
Oct. 17 at St. Paul Lutheran
Oct. 21 Windsor



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GREEN RIDGE



BOYS SOCCER

Head coach: Andy Hoos

2023 record: 12-13

Highlights: The Tigers were Class 1 District 5 runner-ups last season.

Outlook: The Tigers will look to keep their scoring up as the team averaged just under three goals per game last season.

2024 Schedule

Sept. 3 at Calvary Lutheran

Sept. 9-14 Clinton Cup Invitational

Sept. 17 at Lone Jack

Sept. 19 vs. Cole Camp

Sept. 20 vs. Crocker

Sept. 24 vs. Stover

Sept. 26 vs. Sacred Heart

Sept. 27-28 Moberly Invitational

Oct. 7-12 Kaysinger Conference Tournament

Oct. 14 at Smith-Cotton JV

Oct. 22 at La Monte

Oct. 24 at Smithton

Oct. 29 at Knob Noster

Oct. 31 at St. Paul Lutheran (Concordia)

VOLLEYBALL

Head coach: Lori Larimore

2023 record: 19-16-1

Highlights: The Lady Tigers got a straight sets victory over Lakeland in the first round of the Class 1 District 13 Tournament.

Outlook: Abby Warner, Mallory Reed and Sydney Gordon all return as seniors to help lead a Lady Tigers team that is made up of mostly freshmen.

2024 Schedule

Sept. 3 at Sweet Springs

Sept. 5 vs. Knob Noster

Sept. 6 at Leeton

Sept. 10 at Santa Fe

Sept. 12 at Crest Ridge

Sept. 14 Hickman Tournament

Sept. 16 vs. Appleton City with Montrose

Sept. 17 Tri with Chilhowee and Sacred Heart

Sept. 19 at Northwest

Sept. 23 vs. Osceola

CROSS COUNTRY

Head coach: Sarah Donaldson

Highlights: Weston Crawford and Rylee Donaldson represented the Tigers at the Class 1 State Championship.

Outlook: Rylee Donaldson returns to the girls team and will look to make it back to state, while the boys team will try and grow

Sept. 24 at La Monte

Sept. 26 at Otterville

Sept. 28 23rd Midway Tournament

Oct. 1 at Lincoln

Oct. 2 at Concordia

Oct. 3 vs. Windsor

Oct. 8 vs. Cole Camp

Oct. 10-12 Kaysinger Conference Tournament

Oct. 15 vs. Stover

Oct. 16 at Smithton

throughout the season with many freshmen on the roster.

2024 Schedule

Sept. 14 Knob Noster

Sept. 21 Smith-Cotton Invitational

Sept. 28 Hermitage Cross Country Dam Invitational

GIRLS GOLF

Head coach: Hayden Matthew Doane

Highlights: Ava Needy placed 10th at the Class 1 State Tournament with a two-day total of 190.

Outlook: Katlynn Hiller, who placed eighth at the Kaysinger Conference Tournament, returns as a senior along with Miley Hayes and Hannah Lentz.

2024 Schedule

Sept. 3 Quad with Cole Camp, Tipton and Sacred Heart

Sept. 5 Marshall Quad

Sept. 11 Cole Camp Tri

Sept. 16 S-C Classic

Sept. 17 Marshall Tournament

Sept. 19 Sacred Heart Tri

Oct. 2 Tri with Sacred Heart and Cole Camp

Oct. 7 Kaysinger Conference Tournament

Oct. 9 Lady Bulldog Invitational

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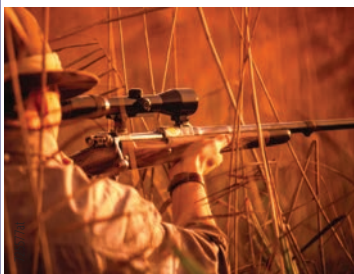
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HOLDEN



FOOTBALL

Head coach: David Diener

2023 record: 7-4

Highlights: Holden heads into its fourth fall under David Diener with plenty of experience on both sides of the ball. Highlighting the group is All-State offensive lineman Aiden Christian. He's also returning All-District with a list that includes junior defensive end Jacob Andes.

Outlook: The Eagles expect to continue their brand of football in 2024. The Eagles have sites on their defense being the best in recent history, backing an offense that will be driven by a quarterback along with the backfield skills of Sam Comer.

2024 SCHEDULE

Aug. 30 Crest Ridge
Sept. 6 at Pembroke Hill
Sept. 13 Adrian
Sept. 20 Lincoln
Sept. 27 at Lexington
Oct. 4 Lafayette County
Oct. 11 at Richmond
Oct. 18 Carrollton
Oct. 24 at Knob Noster

2023 RESULTS

W, Sherwood 55-14
W, Mid-Buchanan 27-14
L, at Clinton 21-7
L, at Butler 22-20
W Lexington 40-22
L, at Lafayette County 39-14
W, Richmond 17-13
W, at Carrollton 40-0
W, Knob Noster 27-16

VOLLEYBALL

Head coach: Emily Purnell

2023 record: 15-15-1

Highlights: Emily Purnell takes the helm of Eagles volleyball in 2024. Holden claimed a first-place finish in the Lexington Tournament last season.

Outlook: Returning names include Jaci Gower, Izzy Guinn, Kia Harmon, Brionna Johnson, Cami Agee and Lillian Carver.

2024 SCHEDULE

Sept. 3 at Cole Camp
Sept. 5 Barstow
Sept. 10 Oak Grove
Sept. 12 at Harrisonville
Sept. 14 Lexington Tournament
Sept. 16 at Kingsville
Sept. 17 at Odessa
Sept. 19 at Carrollton
Sept. 24 at Knob Noster
Sept. 26 Lexington
Oct. 1 Lafayette County
Oct. 3 at Richmond
Oct. 5 Archie Invitational
Oct. 8 Carrollton
Oct. 10 Knob Noster
Oct. 12 Sherwood Black & White Tournament
Oct. 14 Richmond
Oct. 15 at Lexington
Oct. 17 at Lafayette County

SOFTBALL

Head coach: Jeff Smith

2023 record: 24-7

Highlights: Holden saw season, which included a MRVC East title, end with a loss to eventual Class 3 third-place finisher Oak Grove in last year's district championship. The Eagles had seven losses, though five were against larger schools.

Outlook: The Eagles will be striving to get back to the championship round, with the mindset of advancing even further. Returning names include Abby Sisk, Addilyn Wooster, Addy Campbell, Adi Yoder, Hayley Brooks, Jazzy Brown, Lilee Keller, Lilli Bay, Macey Greene and Olivia Wooster.

2024 SCHEDULE

Aug. 30-31 Greater KC Suburban Softball invitational
Sept. 3 Oak Grove
Sept. 5 at Pleasant Hill
Sept. 10 Knob Noster
Sept. 12 at Lexington
Sept. 14 Chillicothe Tournament
Sept. 16 Nevada
Sept. 17 at Lafayette County
Sept. 19 Richmond
Sept. 23 at Odessa
Sept. 24 at Carrollton
Sept. 26 at Knob Noster
Sept. 27-28 UCM Tournament
Oct. 1 Sherwood

Oct. 2 Lexington
Oct. 3 Lafayette County
Oct. 8 at Richmond
Oct. 10 Carrollton

CROSS COUNTRY

Head coach: Scott Teufel

Highlights: Holden heads into its first season under the leadership of Scott Teufel.

Outlook: Garrett Hankins returns as Holden's lone runner to appear in the MSH-SAA Class 3 Championships last season.

2024 SCHEDULE

Sept. 7 at St. Michael the Archangel
Sept. 10 Husker Invitational
Sept. 19 Platte County Invitational
Sept. 28 Gans Creek Classic
Oct. 2 Oak Grove Invitational
Oct. 8 Excelsior Springs Invitational
Oct. 12 Lexington Invitational
Oct. 17 Warrensburg Invitational
Oct. 23 MRVC East Invitational (at Richmond)



Holden's Jazzy Brown winds a pitch against Knob Noster on Sept. 5, 2023, at the Knob Noster Sports Complex.

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KINGSVILLE



VOLLEYBALL

Head coach: Jaymie Swearingen

2023 record: 10-16-1

Highlights: Kingsville reached double-digit wins for the first time since 2018 last season.

Outlook: Returners to the Tigers include Hannah Collens, Payton Clark, Kylie Stout and Jenna Murkin

2024 SCHEDULE

Sept. 3 at Windsor
 Sept. 4 at Otterville
 Sept. 9 Midway
 Sept. 10 Chilhowee
 Sept. 12 at La Monte
 Sept. 16 Holden
 Sept. 18 at Drexel
 Sept. 23 Concordia
 Sept. 26 at Miami
 Sept. 28 Hy-Vee Arena Tournament
 Sept. 30 Orrick
 Oct. 3 Sweet Springs
 Oct. 5 Miami Invitational
 Oct. 7 Lakeland
 Oct. 8 at Crest Ridge
 Oct. 10 Ballard
 Oct. 17 Sherwood

CROSS COUNTRY

Head coach: Lee Smith

Highlights: Kingsville had one state qualifier last year in Avery Barnes. He finished 74th out of 170 runners in Class 1.

Outlook: The Tigers have a young core on the boys side of the program, holding a roster of seven that includes just one upperclassman. The girls roster features two athletes made up of one junior and one freshman.

2024 SCHEDULE

Sept. 10 Lafayette County Invitational
 Sept. 14 Knob Noster Invitational
 Sept. 21 Odessa Invitational
 Sept. 25 Lone Jack Invitational
 Sept. 28 Hermitage Dam Festival
 Oct. 1 Oak Grove Invitational
 Oct. 5 Grain Valley Invitational
 Oct. 12 Lexington Invitational
 Oct. 17 Warrensburg Invitational
 Oct. 23 Montrose Invitational



GO TIGERS!

Kingsville's Avery Barnes runs in the MSHSAA Class 1 Championships on Nov. 3, 2023, at the Gans Creek Cross Country Course in Columbia.

Good Luck this season!

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KNOB NOSTER



FOOTBALL (CO-OP WITH LEETON)

Head coach: Mike Franklin

2023 record: 5-5

Highlights: The year features plenty of new for the Panthers, highlighted by an upgrade in artificial turf at the program's facility. A seating upgrade is also expected ahead of Knob Noster's home opener, with new bleachers arriving to replace the previous concrete setup.

Outlook: Returning to the Panthers on the offensive side includes Sam Livingston, Eli Avery, Dre Quinones, Alex Garro and trevon Hudson. On the defensive name there's names like Garro, Quinones, Conner Morris, Aiden Cruz and Landon Wirtz.

2024 SCHEDULE

Aug. 30 at Versailles
Sept. 6 at Oak Grove
Sept. 13 at St. Pius X (Festus)
Sept. 20 Northeast KC
Sept. 27 at Carrollton
Oct. 4 Lexington
Oct. 11 at Lafayette County
Oct. 18 Richmond
Oct. 25 Holden

2023 RESULTS

L, 26-24 at Versailles
W, 46-0 Salem
W, 26-8 Windsor
W, 47-14 at Northeast KC
W, 26-8 Carrollton
W, 20-0 at Lexington
L, 61-35 Lafayette County
L, 42-0 at Richmond
L, 27-16 at Holden
L, 35-0 at Boonville

Knob Noster running back Sam Livingston runs the ball up field against Crest Ridge during the Knob Noster jamboree Aug. 19, 2023, at Knob Noster High School.



VOLLEYBALL

Head coach: Kelli Johnson

2023 record: 17-11-1

Highlights: The Panthers finished with double-digit wins for the fourth-consecutive year last season. The season included the program's first win against Lafayette County since 2020. Knob Noster also beat Holden for the first time in more than 15 years.

Outlook: The Panthers will turn to names like Peri Wark, Sophie Hatch, Haden Luebrecht and Gracelyn Rosine this year.

2024 SCHEDULE

Sept. 3 St. Paul Lutheran
Sept. 5 at Green Ridge
Sept. 9 Clinton
Sept. 12 Warsaw
Sept. 14 West Plains Showdown
Sept. 16 Warrensburg
Sept. 17 Bolivar
Sept. 19 at Lafayette County
Sept. 23 at Oak Grove
Sept. 24 Holden
Sept. 26 at Carrollton
Sept. 28 Knob Noster Tournament
Sept. 30 at Richmond
Oct. 1 at Lexington
Oct. 3 Lafayette County
Oct. 8 Richmond
Oct. 10 at Holden
Oct. 12 Willard Tournament
Oct. 14 Carrollton
Oct. 15 at Smith-Cotton
Oct. 17 Lexington
Oct. 21 Smithton

SOFTBALL

Head coach: Peggy Buzzanga

2023 record: 11-9

Highlights: Knob Noster had its first winning season since 2020 last year.

Outlook: Returners to the Panthers' lineup from last year's team include Jenna Buzzanga, Ella Goodrich, Kylie Miller, Emma Wuster and Kenzie Luber.

2024 SCHEDULE

Sept. 3 Notre Dame de Sion
Sept. 4 at Smith-Cotton
Sept. 5 at Harrisonville
Sept. 9 at St. Michael the Archangel
Sept. 10 at Holden
Sept. 12 Carrollton
Sept. 17 Lexington
Sept. 18 at Norborne
Sept. 19 at Lafayette County
Sept. 23 Summit Christian Academy
Sept. 24 at Richmond
Sept. 26 Holden
Sept. 30 Clinton
Oct. 1 at Carrollton
Oct. 3 at Lexington
Oct. 8 Lafayette County
Oct. 10 Richmond
Oct. 14 Odessa



Knob Noster's Jenna Buzzanga swings at a pitch against Holden on Sept. 5, 2023, at the Knob Noster Sports Complex.

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KNOB NOSTER



BOYS SOCCER

Head coach: Garrett Streit

2023 record: 10-11

Highlights: Knob Noster reached double-digit wins for the second time in program history last year.

Outlook: The Panthers have three seniors on their squad, led by Brady Zink. Giovanni Talavera and Sean Biery. Juniors include Kolton Absher, Tyler Brandenburg and Orlando Kenne.

2024 SCHEDULE

Sept. 4 Cole Camp
 Sept. 5 Odessa
 Sept. 10-13 Smithton Classic
 Sept. 16 Stover
 Sept. 18 at Smithton
 Sept. 19 at Harrisonville
 Sept. 24 St. Paul Lutheran
 Sept. 26 Center
 Oct. 2 at La Monte
 Oct. 3 Pleasant Hill
 Oct. 7 at Smith-Cotton JV
 Oct. 10 Warrensburg
 Oct. 15 KC Lutheran
 Oct. 17 at Clinton
 Oct. 21 at Lone Jack
 Oct. 24 Cameron
 Oct. 29 Green Ridge
 Oct. 30 at Oak Grove

GIRLS TENNIS

Head coach: Rachel Ledbetter

2023 record: 3-10

Highlights: The Lady Panthers had two wins against Lexington and one win against Richmond last season.

Outlook: Knob Noster's roster is anchored by seniors Danika Yates, Chloe Brown and Quinn Binder.

2024 SCHEDULE

Sept. 3 at St. Michael the Archangel
 Sept. 5 Lafayette County
 Sept. 10 Osage
 Sept. 12 Carrollton
 Sept. 13 Warrensburg Tournament
 Sept. 17 Lexington
 Sept. 18 Richmond
 Sept. 19 at Lafayette County
 Sept. 23 at Boonville
 Sept. 24 at Richmon
 Sept. 26 Odessa
 Sept. 30 at Lexington
 Oct. 2 MRVC Tournament
 Oct. 8 at Smith-Cotton

CROSS COUNTRY

Head coach: Bridgette Carpenter

Highlights: Returning state qualifiers include Micah Rivera, Andrew Collier, Eli Vaughan and Ethan Gentry from the boys program, along with Lyla Stiles and Trinity Howard from the girls

Outlook: The Knob Noster boys will be looking to qualify for state as a team for the fourth-consecutive season. The Panthers finished 11th as a team last season.

2024 SCHEDULE

Sept. 10 Lafayette County Invitational
 Spet. 14 Knob Noster Invitational
 Sept. 21 Odessa Invitational

Sept. 24 Boonville Invitational
 Sept. 28 Gans Creek Classic
 Oct. 12 Lexington Invitational
 Oct. 17 Warrensburg Invitational
 Oct. 23 MRVC Invitational (at Richmond)



Knob Noster's Trinity Howard runs in the MSHSAA Class 3 Championships on Nov. 5, 2023, at the Gans Creek Recreation Area in Columbia.



Knob Noster's Tyler Zink and Micah Rivera run in the MRVC conference meet on Wednesday Oct 18, at Southview Park in Richmond.



LA MONTE



BOYS SOCCER

Head coach: Robert Bickel

2023 record: 3-21

Highlights: The Vikings had a 4-3 double-overtime win over Calvary Lutheran in mid-September last season.

Outlook: Junior Carter Breshears returns to the team after being selected to the All-Kaysinger First Team last season.

2024 Schedule

Sept. 5 vs. Paseo Academy
 Sept. 11-13 Smithton Soccer Classic
 Sept. 14 Calvary Lutheran Tournament
 Sept. 19 vs. Smithton
 Sept. 21 vs. Fair Grove
 Sept. 24 at Sacred Heart
 Sept. 26 vs. Cole Camp
 Oct. 1 at Calvary Lutheran
 Oct. 2 vs. Knob Noster
 Oct. 4 at Lutheran (Kansas City)
 Oct. 7-12 Kaysinger Conference Tournament
 Oct. 14 vs. Christian Fellowship Sr.
 Oct. 15 vs. Calvary Lutheran
 Oct. 22 vs. Green Ridge
 Oct. 24 at Stover
 Oct. 28 vs. Lone Jack

VOLLEYBALL

Head coach: Vanessa Green

2023 record: 4-21-1

Highlights: The Lady Vikings had a five-set win over Otterville in mid-September.

Outlook: Green takes over the Lady Vikings volleyball program after the team tragically lost their head coach from last season, Michael Finley, in March.

2024 Schedule

Aug. 29 at Chilhowee
 Sept. 3 at Christian Fellowship Sr.
 Sept. 4 vs. Bunceton
 Sept. 5 vs. Russellville
 Sept. 9 at Leeton
 Sept. 10 at Columbia Independent
 Sept. 12 vs. Kingsville
 Sept. 16 vs. Crest Ridge
 Sept. 17 vs. Northwest
 Sept. 19 at Stover
 Sept. 23 at Orrick
 Sept. 24 vs. Green Ridge
 Sept. 26 at Smithton
 Sept. 28 Knob Noster Invitational
 Sept. 30 vs. Hogan Prep Academy
 Charter
 Oct. 1 vs. Otterville
 Oct. 3 vs. Cole Camp
 Oct. 7 vs. Calvary Lutheran
 Oct. 8 vs. Windsor
 Oct. 10-12 Kaysinger Conference Tournament
 Oct. 15 at Lincoln
 Oct. 16 vs. Sweet Springs
 Oct. 17 at Sacred Heart



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LEETON



VOLLEYBALL

Head coach: Jaina Wheatley

Highlights: Volleyball makes its return to Leeton for the first time since 2003 this fall. The addition of the sport means softball is heading back to the spring for the first time since 2016.

Outlook: The makeup includes familiar names to the Leeton athletic scene, including seniors Jillian Mudd, Jayden Parsons and Hadley Shaffer. Seniors also include Amber Armstrong, Kalista Burford, Seanna Burford and Morgan Koncilla. Leeton's roster includes 17 athletes.

2024 SCHEDULE

Sept. 4 Windsor

Sept. 6 Green Ridge

Sept. 9 La Monte

Sept. 11 at Smithton

Sept. 13 at Otterville

Sept. 17 Drexel

Sept. 18 at Lincoln

Sept. 20 Lakeland

Sept. 25 at Ballard

Sept. 26 at Orrick

Oct. 2 Crest Ridge

Oct. 5 Archie Tournament

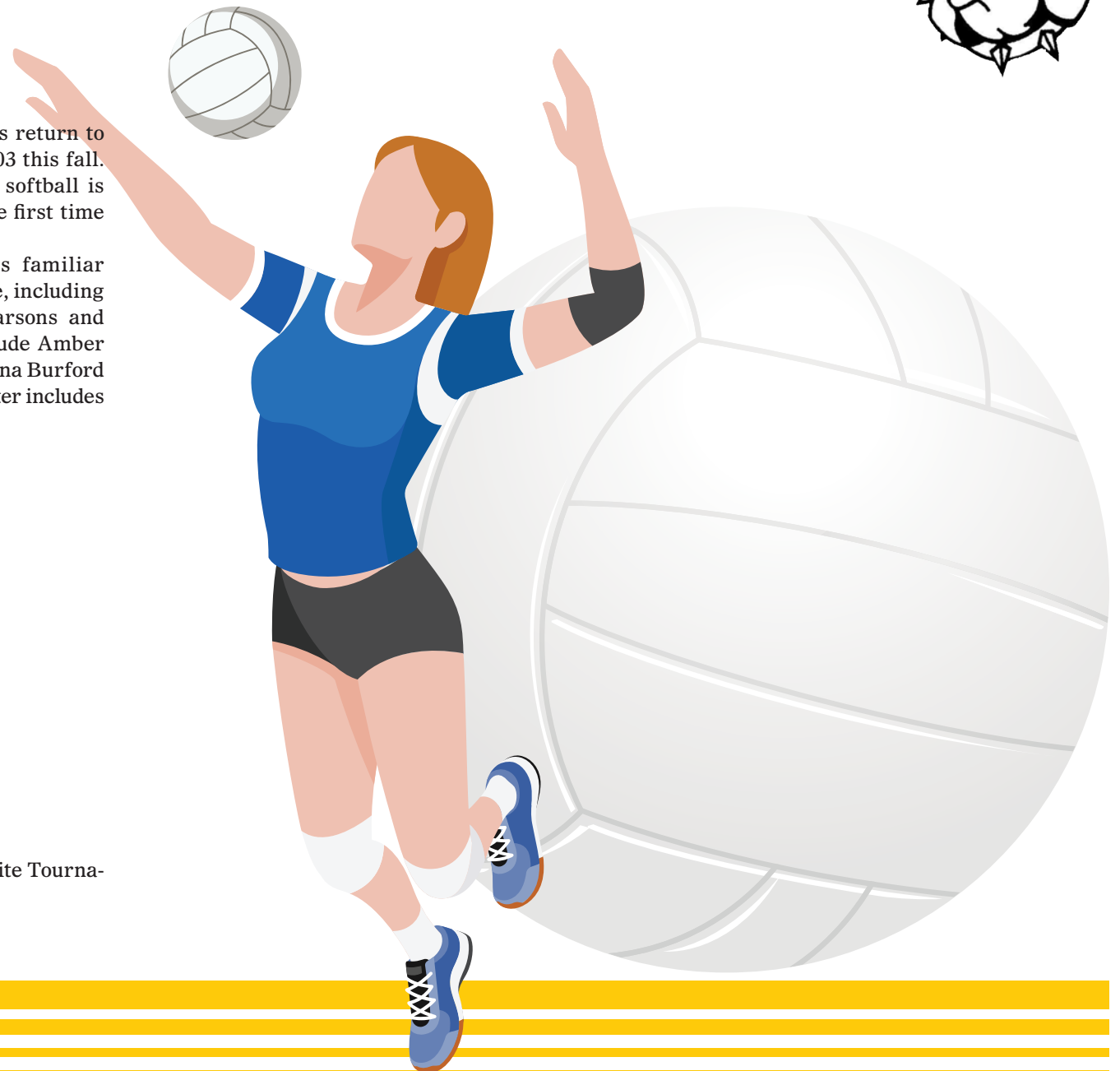
Oct. 8 at Chilhowee

Oct. 10 Sherwood

Oct. 12 Sherwood Black and White Tournament

Oct. 16 Miami

Oct. 17 at Archie



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LINCOLN



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FOOTBALL

Head coach: Brad Drehle

2023 record: 2-7

Highlights: The Cardinals erased a 20-point deficit in the fourth quarter of their 28-26 win over Cole Camp in early October.

Outlook: Junior Riley Sanders returns to lead the Cardinals' offense at quarterback this season, while Camden Everhart enters his senior season as the team's primary running back and linebacker.

2024 Schedule

Aug. 30 vs. Willow Springs
Sept. 6 vs. Tipton
Sept. 13 vs. Crest Ridge with Chilhowee
Sept. 20 at Holden
Sept. 27 at Windsor
Oct. 4 vs. Adrian
Oct. 11 at Lone Jack with Kingsville
Oct. 18 at Cole Camp
Oct. 25 vs. Midway

2023 Results

W, 58-7 vs. Lone Jack
L, 60-14 at Tipton
L, 42-8 at Crest Ridge
L, 40-20 vs. Windsor
L, 48-8 at Adrian
W, 28-26 vs. Cole Camp
L, 50-20 at Midway
L, 31-30 vs. Wellington-Napoleon
FW, 13-0 vs. Wellington-Napoleon
L, 59-14 vs. North Platte

VOLLEYBALL

Head coach: Gabbi Spunaugle

2023 record: 4-20-1

Highlights: The Lady Cardinals had a five-set victory over Otterville early in the season.

Outlook: All-Kaysinger honorable mention Alyssa Mellen returns for her senior season along with Braylin Paxton, Kaylee Simons and Sydney Spry.

2024 Schedule

Sept. 3 at Warsaw
Sept. 4 at Archie
Sept. 9 vs. Chilhowee
Sept. 11 vs. Lakeland
Sept. 12 vs. Concordia
Sept. 16 vs. St. Paul Lutheran (Concordia)
Sept. 17 vs. Stover
Sept. 18 vs. Leeton
Sept. 19 at Windsor
Sept. 24 at Cole Camp

Sept. 26 at Northwest
Sept. 28 Knob Noster Tournament
Oct. 1 vs. Green Ridge
Oct. 2 at Bunceton
Oct. 3 vs. Smithton
Oct. 7 at Sweet Springs
Oct. 8 at Sacred Heart
Oct. 10-12 Kaysinger Conference Tournament
Oct. 14 vs. Tipton
Oct. 15 vs. La Monte
Oct. 17 at Otterville

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NORTHWEST



FOOTBALL

Head coach: Caleb Crooker
2023 record: 5-6

Highlights: The Mustangs stomped Santa Fe in the first round of the playoffs with a 72-0 win.

Outlook: The Mustangs have a good mix of seniors and juniors. Senior Clayton Crooker will lead the team's offense at quarterback, while junior Dane Palmer will try to provide a spark at corner.

2024 Schedule

Aug. 30 at Santa Fe
Sept. 6 at St. Paul Lutheran (Concordia)
Sept. 13 vs. Concordia
Sept. 20 at Sweet Springs
Sept. 27 vs. Braymer with Breckenridge
Oct. 4 vs. North Shelby
Oct. 11 vs. Slater
Oct. 18 at Keytesville with Brunswick, Northwestern (Mendon)
Oct. 25 vs. Hardin-Central with Norborne

2023 Results

L, 10-6 vs. Santa Fe
L, 46-22 at Osceola
L, 51-36 vs. St. Paul Lutheran (Concordia)
L, 36-30 vs. Sweet Springs
W, 54-14 at Orrick
L, 27-22 at Concordia
W, 46-30 vs. Knox County
W, 58-0 vs. Paris
W, 54-28 at Hardin-Central
W, 72-0 vs. Santa Fe
L, 36-32 vs. Sweet Springs

Northwest junior Gabby Meyer goes up to spike a ball during a match against Green Ridge last season.



VOLLEYBALL

Head coach: Katie Walker
2023 record: 31-3-2

Highlights: The Lady Mustangs placed third in the Class 1 State Tournament last season to cap off a historic season.

Outlook: A very large group of seniors graduated, meaning the Lady Mustangs must find players to step up and take over. All-Stater Gabby Meyer returns to the team as a junior and will be a player to watch this season.

2024 Schedule

Sept. 3 vs. Chilhowee
Sept. 4 at Osceola
Sept. 5 vs. Santa Fe
Sept. 10 at Sweet Springs
Sept. 12 vs. Concordia
Sept. 17 at La Monte
Sept. 18 vs. Crest Ridge
Sept. 18 vs. Green Ridge

Sept. 24 at Smithton
Sept. 26 vs. Lincoln
Sept. 28 Knob Noster Tournament
Oct. 1 at Stover
Oct. 3 at Sacred Heart
Oct. 8 at Otterville
Oct. 10-12 Kaysinger Conference Tournament
Oct. 15 vs. Windsor
Oct. 17 vs. Cole Camp



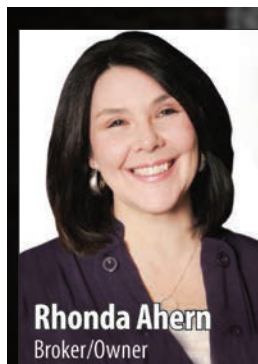
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OTTERVILLE



VOLLEYBALL

Head coach: Nichole Hollomon

2023 record: 2-16

Highlights: The Lady Eagles opened the season with a sweep of Columbia Independent.

Outlook: Alana Bemboom, Jady Phillips and Cheridan Hopkins are all seniors this season for the Lady Eagles.

2024 Schedule

Sept. 3 at Columbia Independent

Sept. 4 vs. Kingsville

Sept. 10 at Chamois

Sept. 13 vs. Leeton

Sept. 17 vs. Smithton

Sept. 18 at Bunceton

Sept. 19 vs. Cole Camp

Sept. 21 Calvary Lutheran Tournament

Sept. 24 at Windsor

Sept. 26 vs. Green Ridge

Oct. 1 at La Monte

Oct. 3 at Stover

Oct. 4 at Chilhowee

Oct. 8 vs. Northwest

Oct. 10-12 Kaysinger Conference Tournament

Oct. 15 at Sacred Heart

Oct. 17 vs. Lincoln

Oct. 21 vs. Russellville

CROSS COUNTRY

Head coach: Christa Kahrs

Highlights: Finn Ganguin and Cameron Schaller ran sub-23 minute 5Ks at the Class 1 District 3 meet.

Outlook: Ganguin and Schaller return to the team this season with their sights set on making it to state.

2024 Schedule

Aug. 31 Clinton Invitational

Sept. 11 Vienna Eagle Invitational

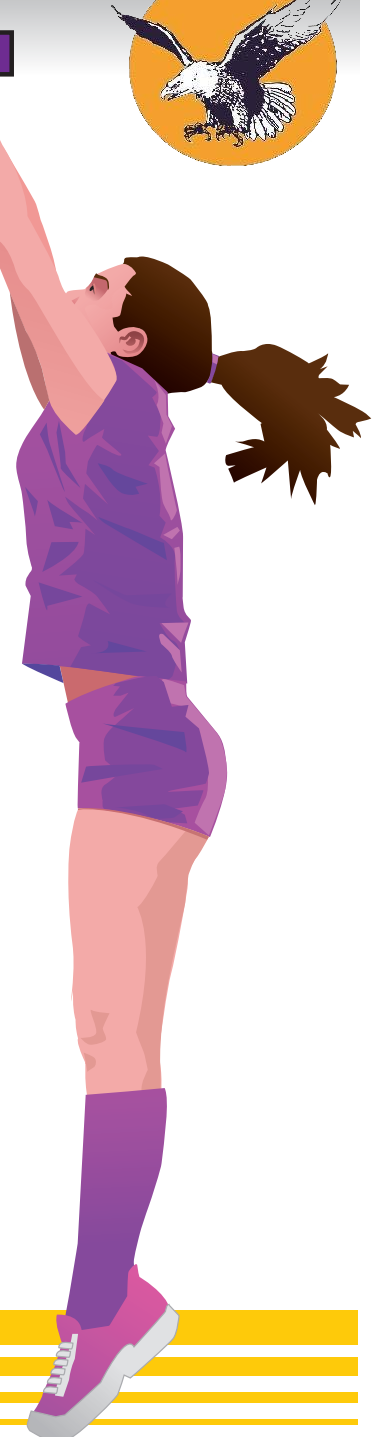
Sept. 28 Hermitage Cross Country Dam Invitational

Oct. 5 Calvary Lutheran Invitational

Oct. 12 Brian T. Simpson Invite

Oct. 16 Kaysinger Conference Meet

Oct. 19 Smithton Pumpkin Run



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SACRED HEART



BOYS SOCCER

Head coach: Sam Bruce Jones

2023 record: 23-5

Highlights: The Gremlins won their first district title since 2017 last season, highlighted by a 1-0 overtime win over St. Paul Lutheran (Concordia) in the championship game.

Outlook: Four seniors stand out on a Gremlins' roster that has several players from each class.

2024 Schedule

Aug. 30-31 S-C Shootout

Sept. 3-7 Barstow Soccer Tournament

Sept. 10 at Father Tolton Regional Catholic

Sept. 12 vs. Christian Fellowship Sr.

Sept. 14 at Jefferson City

Sept. 17 vs. Greenwood

Sept. 19 at Stover

Sept. 24 vs. La Monte

Sept. 26 at Green Ridge

Sept. 27 vs. Lutheran (Kansas City)

Oct. 1 at Smithton

Oct. 7-12 Kaysinger Conference Tournament

Oct. 14 at Osage

Oct. 18 at St. Paul Lutheran (Concordia)

Oct. 21 at Helias Catholic

Oct. 24 vs. Cole Camp

Oct. 25 vs. Pleasant Hill

Oct. 28 vs. Southern Boone

Oct. 29 vs. Fatima



Sacred Heart senior Diego DeLeon dribbles the ball between defenders during a game last season.

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SACRED HEART



CROSS COUNTRY

Head coach: Kara Hill

Highlights: Jackson Manning placed in the top-20 of the Class 2 State Meet, while Jared Owens placed 24th.

Outlook: Owens returns for his junior season along with Logan Howell. On the girls side, Sarah Hill enters her senior season.

2024 Schedule

Sept. 10 at Lafayette County
Sept. 21 Smith-Cotton Invitational
Oct. 1 Warsaw Invitational
Oct. 5 Calvary Lutheran Invitational
Oct. 12 Brian T. Simpson Invite
Oct. 16 Kaysinger Conference Meet
Oct. 19 at Smithton

GIRLS GOLF

Head coach: Eric West

Highlights: Olivia Dobson shot a 136 at the Kaysinger Conference Tournament.

Outlook: Olivia Dillon, Olivia Jones and Cristal Toro make up the Lady Gremlins golf team.

2024 Schedule

Aug. 30 Boonville Par Three Event
Sept. 3 Quad with Cole Camp, Tipton and Green Ridge
Sept. 10 Tri with California and Boonville
Sept. 11 Cole Camp Tri
Sept. 17 Marshall Tournament
Sept. 19 Tri with Green Ridge and Cole Camp
Sept. 26 at Marshall
Oct. 2 Cole Camp Triangular
Oct. 7 Kaysinger Conference Tournament
Oct. 9 Lady Bulldog Invitational

VOLLEYBALL

Head coach: Amy Epple

2023 record: 12-11-4

Highlights: The Lady Gremlins had two three-match winning streaks in the 2023 season, one in mid-September and another to start October.

Outlook: Avery Epple, Ava Stone and Emily Tienda will be the team's senior leaders this season.

2024 Schedule

Aug. 31 Tolton Catholic Tournament
Sept. 2 at Marshall
Sept. 5 at Crest Ridge
Sept. 9 vs. Concordia
Sept. 11 vs. Sweet Springs
Sept. 12 vs. Tipton
Sept. 17 at Chilhowee
Sept. 19 at Smithton
Sept. 23 at Bunceton
Sept. 24 at Stover

Sept. 26 at Windsor
Oct. 1 at Cole Camp
Oct. 2 vs. Santa Fe
Oct. 3 vs. Northwest
Oct. 7 at Osceola
Oct. 8 vs. Lincoln
Oct. 10-12 Kaysinger Conference Tournament
Oct. 15 vs. Otterville
Oct. 17 vs. La Monte
Oct. 19 Eugen Volleyball Invitational




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BOYS SOCCER

Head coach: Sean Hutchinson

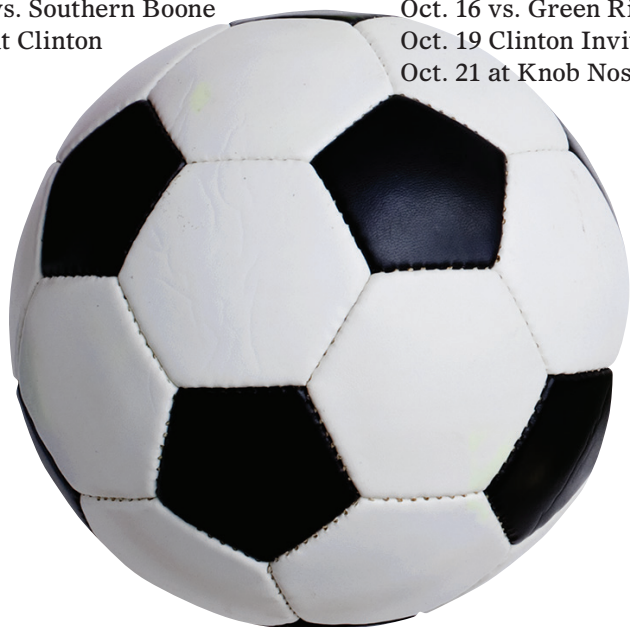
2023 record: 16-8

Highlights: The Tigers opened last season on a four-game winning streak and then won six straight games from Sept. 14 to Oct. 3 before closing the regular season with a 2-1 overtime win against Clinton.

Outlook: The Tigers have six seniors on the roster this season, including All-Kaysinger First Team player Sam Bray.

2024 Schedule

Aug. 30 at Fatima
 Sept. 5 vs. Christian Fellowship Sr.
 Sept. 11-13 Smithton Classic
 Sept. 18 vs. Knob Noster
 Sept. 19 at La Monte
 Sept. 20 vs. Capital City JV
 Sept. 24 at Cole Camp
 Sept. 25 at Rock Bridge Freshman
 Sept. 26 at Stover
 Oct. 1 vs. Sacred Heart
 Oct. 4 at Ewing Marion Kauffman with University Academy Charter
 Oct. 7-12 Kaysinger Conference Tournament
 Oct. 15 vs. Lone Jack
 Oct. 22 at Crocker
 Oct. 24 vs. Green Ridge
 Oct. 25 vs. Iberia
 Oct. 29 vs. Southern Boone
 Oct. 31 at Clinton



VOLLEYBALL

Head coach: Laurel Larimore

2023 record: 11-12-2

Highlights: After starting the season slow, the Lady Tigers got rolling with two separate four-game winning streaks on their way to picking up a postseason win over Eugene.

Outlook: All-Kaysinger First Team selection Aubree Huddleston returns for her junior season. The Lady Tigers will also have five seniors this season, including Kaitlin and Kenna Simmons.

2024 Schedule

Sept. 3 vs. Crest Ridge
 Sept. 5 at Concordia
 Sept. 9 vs. Calvary Lutheran
 Sept. 11 vs. Leeton
 Sept. 16 vs. Warsaw
 Sept. 17 at Otterville
 Sept. 18 vs. Sweet Springs
 Sept. 19 vs. Sacred Heart
 Sept. 24 vs. Northwest
 Sept. 26 vs. La Monte
 Sept. 28 Knob Noster Tournament
 Sept. 30 vs. Eugene
 Oct. 1 at Windsor
 Oct. 3 at Lincoln
 Oct. 7 at Bunceton
 Oct. 8 at Stover
 Oct. 10-12 Kaysinger Conference Tournament
 Oct. 15 vs. Cole Camp
 Oct. 16 vs. Green Ridge
 Oct. 19 Clinton Invitational
 Oct. 21 at Knob Noster

CROSS COUNTRY

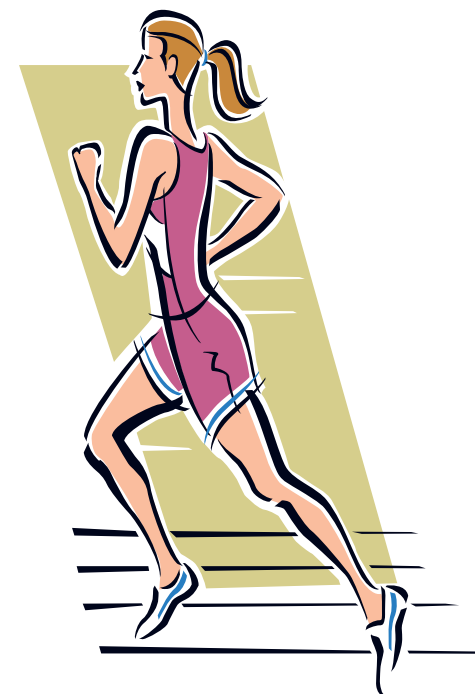
Head coach: Zack Dyer

Highlights: The Smithton cross country team sent five runners to the Class 2 state meet. Gabe Aitken had the best finish as he placed 36th.

Outlook: Four of the five state runners return to the Tigers. For the boys that's Sam Tagtmeyer, Coby Tagtmeyer and Colby Bryan, while Emily Trelow returns to the girls team.

2024 Schedule

Sept. 7 SWCCCA Bolivar
 Sept. 21 Smith-Cotton Invitational
 Sept. 28 Hermitage Cross Country Dam Invitational
 Oct. 4 Nike Twilight
 Oct. 12 Brian T. Simpson Invitational
 Oct. 16 Kaysinger Conference Cross Country Meet
 Oct. 19 Smithton Pumpkin Run
 Oct. 26 Fatima Invitational





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STOVER



BOYS SOCCER

Head coach: Chris Witte

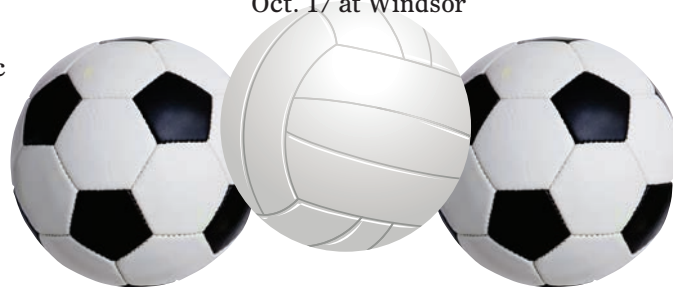
2023 record: 16-12

Highlights: The Bulldogs defeated Green Ridge 4-3 in overtime in the Class 1 District 5 Tournament to claim the district title.

Outlook: The Bulldogs will have to rely on their younger players this season after the team graduated four All-Kaysinger First Team players.

2024 Schedule

- Sept. 3 at Moberly
- Sept. 5 vs. Dixon
- Sept. 10 at Rock Bridge Sophomores
- Sept. 13 at Dixon
- Sept. 16 at Knob Noster
- Sept. 19 vs. Sacred Heart
- Sept. 24 at Green Ridge
- Sept. 26 vs. Smithton
- Sept. 30 vs. St. Paul Lutheran (Concordia)
- Oct. 1 vs. Christian Fellowship Sr.
- Oct. 3 at Boonville
- Oct. 7-12 Kaysinger Conference Tournament
- Oct. 14 vs. Lone Jack
- Oct. 19 Stover Classic
- Oct. 21 vs. Iberia
- Oct. 22 at Cole Camp
- Oct. 24 vs. La Monte
- Oct. 28 at Crocker



VOLLEYBALL

Head coach: Candace Bauer

2023 record: 34-3

Highlights: The Lady Bulldogs won their third straight district title last season.

Outlook: The Lady Bulldogs lose All-State player Hannah Bauer and All-Kaysinger player Allie Palmer, but All-Stater Ashlyn Pinzke returns for her senior season after having 552 kills last season.

2024 Schedule

- Sept. 3 at Versailles
- Sept. 5 at Eugene
- Sept. 9 vs. Lawson
- Sept. 9 vs. Santa Fe
- Sept. 12 at Russellville
- Sept. 14 Lexington Tournament
- Sept. 16 vs. Skyline
- Sept. 17 at Lincoln
- Sept. 19 vs. La Monte
- Sept. 24 vs. Sacred Heart
- Sept. 26 at Cole Camp
- Sept. 28 HyVee Shootout
- Oct. 1 vs. Northwest
- Oct. 3 vs. Otterville
- Oct. 8 vs. Smithton
- Oct. 10-12 Kaysinger Conference Tournament
- Oct. 15 at Green Ridge
- Oct. 17 at Windsor

GIRLS GOLF

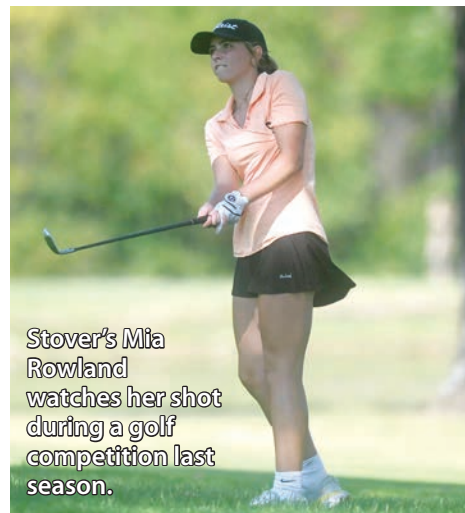
Head coach: Jon Jarvis

Highlights: The Lady Bulldogs reached the Class 1 State Tournament and placed seventh overall.

Outlook: All four girls who competed in the Class 1 State Tournament for the Lady Bulldogs return this season.

2024 Schedule

- Aug. 30 at Boonville
- Sept. 4 Lady Laker Golf Invitational
- Sept. 9 at Russellville
- Sept. 17 Marshall Tournament
- Sept. 19 Versailles Invitational
- Sept. 23 Versailles Quad
- Sept. 24 California Invitational Tournament
- Sept. 25 Eugene Quad
- Sept. 30 New Bloomfield Invitational
- Oct. 2 at Cole Camp
- Oct. 7 Kaysinger Conference Tournament
- Oct. 9 Lady Bulldog Invitational



Stover's Mia Rowland watches her shot during a golf competition last season.

CROSS COUNTRY

Head coach: Cindy Marriott

Highlights: The Bulldogs team sent three runners to state last season.

Outlook: Two of the three state runners, Gavin Welpman and Gabby Sidebottom, return to the team this season.

2024 Schedule

- Aug. 31 Jim Marshall Invitational
- Sept. 11 Vienna Eagle Invitational
- Sept. 14 46th Annual Linn XC Invitational
- Sept. 21 Smith-Cotton Invitational
- Sept. 24 at Boonville
- Sept. 28 Hermitage XC Dam Invitational
- Oct. 5 Camdenton Invitational
- Oct. 12 vs. Harrisburg
- Oct. 16 Kaysinger Conference Cross Country Meet

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TIPTON



FOOTBALL

Head coach: William Duke
2023 record: 8-3

Highlights: The Cardinals picked up a 40-8 postseason win over Louisiana.

Outlook: In their first season outside the Kaysinger Conference, the Cardinals will go against some fresh opponents this year, but will still face the likes of Lincoln and Windsor.

2024 Schedule

Aug. 30 vs. California
Sept. 6 at Lincoln
Sept. 13 at Lamar
Sept. 20 vs. Windsor
Sept. 27 vs. Harrisburg
Oct. 4 at Fayette
Oct. 11 at Linn
Oct. 18 vs. Russellville
Oct. 25 vs. South Callaway

2023 Results

W, 52-7 at Crest Ridge
W, 60-14 vs. Lincoln
W, 54-0 vs. Cole Camp
L, 14-12 vs. Orchard Farm
W, 52-12 vs. Wellington-Napoleon
W, 48-22 at Windsor
W, 30-22 at Midway
W, 50-0 vs. Lone Jack
L, 53-16 at Adrian
W, 40-8 vs. Louisiana
L, 8-6 vs. Crystal City

VOLLEYBALL

Head coach: Hannah Ashley
2023 record: 10-19-4

Highlights: The Lady Cards swept Cole Camp in the first round of the district tournament last season.

Outlook: Charlee Bailey will be the only senior on the team this season, but will be joined by All-Kaysinger honorable mention Kaitlyn Tuttle.

2024 Schedule

Aug. 31 Tolton Catholic Tournament
Sept. 3 vs. Dixon
Sept. 5 vs. Versailles
Sept. 9 at Centralia
Sept. 10 at Skyline
Sept. 12 at Sacred Heart
Sept. 17 at Marshall
Sept. 23 vs. Windsor
Sept. 28 Hallsville Invitational
Sept. 30 vs. Cole Camp
Oct. 1 at Chilhowee
Oct. 3 vs. Linn
Oct. 8 vs. New Bloomfield
Oct. 9 at Warsaw
Oct. 10 at Eugene
Oct. 14 at Lincoln
Oct. 17 at Russellville
Oct. 19 Versailles Invitational
Tournament



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TIPTON



CROSS COUNTRY

Head coach: Michael Reeves

Highlights: Carter Helms had a time of 22:25.16 in the Class 2 District 4 meet.

Outlook: Helms returns the boys team, while the girls team looks to make a name for themselves.

2024 Schedule

Aug. 31 Jim Marshall Invitational
Sept. 12 Marshall Invitational
Sept. 14 46th Annual Linn Invitational
Sept. 21 Fulton Invitational
Sept. 28 Hermitage Cross Country
Dam Invitational
Oct. 21 Vienna Autumn Classic
Oct. 26 Fatima Invitational

GIRLS GOLF

Head coach: Jason Culpepper

Highlights: The Lady Cardinals had three top-10 finishes at the Kaysinger Conference Tournament last season.

Outlook: Madison Carvajal joins Charlee Bailey as the upperclassmen on a team with several freshmen on it.

2024 Schedule

Sept. 11 Tipton Tri
Sept. 17 Marshall Tournament
Sept. 19 Versailles Invitational
Sept. 23 Lady Jays Invitational
Sept. 24 California Invitational Tournament
Sept. 26 Harrisburg Quad
Oct. 2 Central State 8 Conference Tournament
Oct. 9 Lady Bulldog Invitational



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FOOTBALL

Head coach: Ryan Boyer

2023 record: 8-4

Highlights: The Wildcats were Class 2 District 3 runner-ups last season.

Outlook: Garrett Ferguson will lead a Wildcats team that has a large group of seniors.

2024 Schedule

Aug. 30 at Lawson
 Sept. 6 at Adrian
 Sept. 13 vs. Lafayette County
 Sept. 20 vs. Sherwood
 Sept. 27 at Versailles
 Oct. 4 vs. El Dorado Springs
 Oct. 11 at Butler
 Oct. 18 vs. Midway
 Oct. 25 at Pleasant Hope with Halfway

2023 Results

W, 36-8 vs. Marceline
 W, 48-27 vs. Versailles
 L, 27-22 at Lafayette County
 W, 26-14 vs. Sherwood
 L, 22-21 at Hogan Prep Academy Charter
 W, 37-8 at El Dorado Springs
 L, 30-27 vs. Butler
 W, 34-6 at Skyline
 W, 43-6 vs. Buffalo
 W, 49-0 vs. Carrollton
 W, 46-28 vs. South Callaway
 L, 40-7 vs. Father Tolton Regional Catholic



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VOLLEYBALL

Head coach: Kelsi Brosnahan

2023 record: 5-16

Highlights: The Lady Wildcats got a postseason win over Center in the Class 3 District 13 Tournament.

Outlook: The Lady Wildcats look to continue their upward trajectory under Brosnahan as she enters her third season with the team.

2024 Schedule

- Sept. 3 vs. Lincoln
- Sept. 4 at Skyline
- Sept. 9 at Osceola
- Sept. 10 at Butler
- Sept. 12 at Knob Noster
- Sept. 16 at Smithton
- Sept. 17 vs. Pleasant Hope
- Sept. 19 at Clinton
- Sept. 24 vs. Versailles
- Sept. 26 vs. Eugene
- Sept. 28 23rd Midway Tournament
- Oct. 1 vs. Conway
- Oct. 2 at Windsor
- Oct. 3 at St. Paul Lutheran (Concordia)
- Oct. 8 at Smith-Cotton
- Oct. 9 at Tipton
- Oct. 10 vs. Adrian
- Oct. 15 at Sherwood
- Oct. 17 vs. El Dorado Springs
- Oct. 19 Versailles Invitational Tournament
- Oct. 21 vs. Buffalo

CROSS COUNTRY

Head coach: Ehren Banfield

Highlights: Wesley Jackson made it to the Class 3 State Meet and placed 88th with a time of 17:38.70.

Outlook: Jackson returns to the boys team after making a trip to state and will be joined by seniors Jaxson Deckard and Elijah Long. The girls team will rely heavily on sophomores Jasmin Meyers and Maya Daughenbaugh.

2024 Schedule

- Sept. 7 SWCCCA Meet
- Sept. 21 Smith-Cotton Invitational
- Sept. 24 at Stockton
- Sept. 28 Hermitage Invite
- Oct. 1 Warsaw Invitational
- Oct. 5 Camdenton Invitational
- Oct. 10 at Buffalo
- Oct. 12 at Butler
- Oct. 17 Ozark Highlands Conference Meet
- Oct. 22 at El Dorado Springs



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WINDSOR



GO GREYHOUNDS!

FOOTBALL

Head coach: Chuck Speer

2023 record: 8-4

Highlights: The Greyhounds picked up two postseason wins over West Platte and Skyline to be the runner-ups in Class 1 District 3.

Outlook: Rowan Cox and Chase Hampton will look to lead Windsor's rushing attack after Parker Craig graduated. Alex Bauer aims to be the sparkplug for the Greyhounds' defense.

2024 Schedule

Aug. 30 vs. Lone Jack with Kingsville
Sept. 6 vs. Cole Camp
Sept. 13 at Linn
Sept. 20 at Tipton
Sept. 27 vs. Lincoln
Oct. 4 at Midway
Oct. 11 vs. Versailles
Oct. 18 vs. Butler
Oct. 25 at Crest Ridge with Chilhowee

2023 Results

L, 35-8 at Adrian
W, 22-20 at Cole Camp
L, 26-8 at Knob Noster
W, 40-20 at Lincoln
W, 26-14 vs. Midway
L, 48-22 vs. Tipton
W, 52-6 vs. Wellington-Napoleon
W, 26-6 vs. Crest Ridge
W, 52-13 vs. Lone Jack
W, 39-0 vs. West Platte
W, 38-28 vs. Skyline
L, 42-6 vs. North Platte

VOLLEYBALL

Head coach: Nancy Rhoads

2023 record: 6-24

Highlights: The Lady Greyhounds picked up wins over La Monte and Otterville in the Kaysinger Conference Tournament.

Outlook: The team loses All-Kaysinger honorable mention Alexis Millington, which means they will have to rely on a core of young players.

2024 Schedule

Sept. 3 vs. Kingsville
Sept. 4 at Leeton
Sept. 10 vs. Sherwood
Sept. 16 at Chilhowee
Sept. 17 at Cole Camp
Sept. 19 vs. Lincoln
Sept. 23 at Tipton
Sept. 24 vs. Otterville
Sept. 25 at Lakeland
Sept. 26 vs. Sacred Heart
Oct. 1 Smithton

Oct. 2 vs. Warsaw
Oct. 3 at Green Ridge
Oct. 8 at La Monte
Oct. 10-12 Kaysinger Conference Tournament
Oct. 14 vs. Concordia
Oct. 15 at Northwest
Oct. 17 vs. Stover
Oct. 19 Clinton Invitational Tournament
Oct. 21 at Crest Ridge

CROSS COUNTRY

Head coach: Danielle Betsworth

Highlights: The Greyhounds placed 15th while the Lady Greyhounds placed seventh at Class 2 District 4 meet.

Outlook: Hunter Chaney returns for his senior season on the boys side, while Lily Betsworth looks to lead the girls team in her senior season.

2024 Schedule

Aug. 31 at Clinton
Sept. 10 Husker Invitational
Sept. 12 Marshall Invitational
Sept. 14 at Knob Noster
Sept. 21 Smith-Cotton Invitational
Sept. 28 Hermitage Cross Country Dam Invitational
Oct. 1 Warsaw Invitational
Oct. 16 Kaysinger Conference Meet
Oct. 17 at Warrensburg
Oct. 19 Smithton Pumpkin Run



Windsor senior Hayden Wilson prepares to penetrate the offensive line.

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STATE FAIR



MEN'S SOCCER

Head coach: Michael Poropat

2023 record: 3-9-1

Highlights: The Roadrunners picked up a 1-0 win over East Central College in the Region 16 Tournament quarterfinals.

Outlook: Sacred Heart alums George Bain IV, Traven Wheeler and Andres Vanegas join All-Region 16 Second Teamer Mosiah Bonney on a large roster this season.

2024 Schedule

Aug. 24 vs. Western Iowa Tech
 Aug. 28 at Allen County Community College
 Aug. 31 vs. Iowa Central Community College
 Sept. 2 at Johnson County Community College
 Sept. 7 at Mineral Area College
 Sept. 11 at St. Charles Community College
 Sept. 12 vs. Missouri Valley College
 Sept. 15 vs. Central Methodist University
 Sept. 18 vs. Metropolitan Community College
 Sept. 21 vs. East Central College
 Sept. 24 at Central Methodist University
 Sept. 28 vs. Crowder College
 Oct. 1 vs. John Wood Community College
 Oct. 5 vs. St. Louis Community College
 Oct. 8 at Metropolitan Community College
 Oct. 9 vs. Drury University
 Oct. 12 at Crowder College
 Oct. 16 at Jefferson College
 Oct. 19 at Southwestern Illinois College
 Oct. 21 at Drury University

WOMEN'S SOCCER

Head coach: Michael Poropat

Outlook: After being on hiatus last season, the Lady Roadrunners are back for the 2024 season. Sacred Heart's Margo Karpenchuk and Green Ridge's Kaelyn Ray join Smith-Cotton alums Adamaris and Emily Ramirez on the roster.

2024 Schedule

Aug. 22 vs. Kansas City Kansas Community College
 Aug. 24 vs. Western Iowa Tech
 Aug. 28 at Allen County Community College
 Sept. 2 at Johnson County Community College
 Sept. 7 at Mineral Area College
 Sept. 11 at St. Charles Community College
 Sept. 15 vs. Missouri Valley College
 Sept. 18 vs. Metropolitan Community College
 Sept. 21 vs. East Central College
 Sept. 28 vs. Crowder College
 Oct. 1 vs. John Wood Community College
 Oct. 5 vs. St. Louis Community College
 Oct. 8 at Metropolitan Community College
 Oct. 12 at Crowder College
 Oct. 16 at Jefferson College
 Oct. 19 at Southwestern Illinois College

CROSS COUNTRY

Head coach: Brad Hagedorn

Highlights: The men's and women's teams each won the Region 16 Division II Championships. Josh Schaffart won the individual championship on the men's side, while Tanner Maggard was the runner-up on the women's side.

Outlook: Schaffart returns with Justin Horn for their sophomore seasons, while Cheyanne Evans is back for her sophomore season as well.

2024 Schedule

Sept. 6 at Southwest Baptist
 Sept. 13 at Missouri Southern State University
 Sept. 27 at Chile Pepper Cross Country Festival
 Oct. 11 at Indian Hills Community College
 Oct. 25 at Region 16 Championships
 Nov. 9 at NJCAA DII National Championships

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CENTRAL MISSOURI

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FOOTBALL

Head coach: Josh Lamberson

2023 record: 11-2

Highlights: Central Missouri climbed into the national spotlight last year, benefiting from a potent offense led by Harlon Hill Award winner Zach Zebrowski. Zebrowski and the Mules led Division II in a number of offensive categories. Along with Zebrowski, UCM returns an All-American offensive lineman in Gabe Clark. In total, UCM has eight All-MIAA athletes returning from last season. The list also features running back Marcellous Hawkins, wide receiver Jack Pospisil, offensive lineman Liam Wortmann, defensive lineman Weston King, linebacker Cale Miller and defensive back Noah Blair.

Outlook: Central Missouri heads into the season ranked No. 2 in the American Football Coaches Association Division II preseason poll, only sitting behind defending national champion Harding. The Mules were also picked to win the MIAA in the preseason coaches polls. Since Northeastern State is not competing in the MIAA this year, the Mules will have two non-conference matchups in the first three weeks of the season.

2024 SCHEDULE

Sept. 7 Northeastern State
Sept. 14 at Central Oklahoma
Sept. 21 at Davenport (Mich.)
Sept 28 Nebraska-Kearney
Oct. 5 at Fort Hays State
Oct. 12 Missouri Western
Oct. 19 at Northwest Missouri State
Oct. 26 Washburn
Nov. 2 at Pittsburg State
Nov. 9 at Emporia State
Nov. 16 Missouri Southern

2023 RESULTS

W, at Missouri Western 45-38
W, Central Oklahoma 41-17
L, Pittsburg State 38-37
W, Washburn 58-28
W, Northwest Missouri State 41-38
W, Nebraska-Kearney 38-14
W, Northeastern State 63-24
W, Emporia State 77-27
W, Missouri Southern 42-21
W, Fort Hays State 47-28
W, Lincoln 63-27
W, Henderson State 56-14
L, Harding 35-34

VOLLEYBALL

Head coach: Caitlin Peterson

2023 record: 25-8

Highlights: Central Missouri claimed both the MIAA regular season and postseason titles last season before advancing to the second round of the NCAA Division II Central Region Tournament.

Outlook: The Jennies will be a blend of old and new in terms of experience. Returns from last year's squad include Grace Winkelmann, Arley Anderson, Elinor Engel, Emma Wheeler and Emma Siron. National rankings and MIAA preseason coaches poll had not yet been released at the time of content deadline on Aug. 19, though the Jennies finished the 2023 season ranked No. 15 in DII.

2024 SCHEDULE

Sept. 6 West Virginia State
(at West Texas A&M)
Sept. 6 West Texas A&M
Sept. 7 Texas A&M International
(at West Texas A&M)
Sept. 13 Dallas Baptist (at MSU Denver)
Sept. 13 MSU Denver
Sept. 14 TBD (at MSU Denver)
Sept. 17 at Rockhurst
Sept. 20 Drury
Sept. 27. Nebraska-Kearney
Sept. 28 Fort Hays State

Oct. 4 Arkansas-Fort Smith
Oct. 5 Central Oklahoma
Oct. 8 at Missouri Southern
Oct. 11 at Pittsburg State
Oct. 12 at Newman
Oct. 18 Emporia State
Oct. 19 Washburn
Oct. 25 Missouri Southern
Nov. 1 at Central Oklahoma
Nov. 2 at Arkansas-Fort Smith
Nov. 8 at Missouri Western
Nov. 9 at Northwest Missouri
Nov. 15 Newman
Nov. 16 Pittsburg State



Central Missouri's Zach Zebrowski breaks a tackle against Northwest Missouri State on Sept. 30, 2023, at Walton Stadium.

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CENTRAL MISSOURI



WOMEN'S SOCCER

Head coach: Lewis Theobald

2023 record: 16-5-2

Highlights: Central Missouri made an appearance in the NCAA Division II Playoffs for the 13th consecutive season last year. The Jennies advanced to the second round of the regional, ultimately seeing their season come to an end with an overtime loss to eventual national runner-up Washburn.

Outlook: The Jennies were picked to finish second in the MIAA preseason poll, and enter the fall ranked No. 21 in the DII preseason poll. Returning athletes include Ashleigh Martin, Aspen Patterson, Andree Orcutt, Ryann Clark, Mikayla Ernst, Caroline Cole, Molly Ricker, Lexie Ruff and Kristen Wright.; Under Women's Golf, change to The Fall portion of Central Missouri's schedule will serve as a chance for UCM to iron out its lineup for the spring portion of its season. The Jennies are coming off their second-consecutive MIAA Championship.

2024 SCHEDULE

Sept. 6 Augustana
Sept. 8 at Illinois-Springfield
Sept. 13 Minnesota State
Sept. 15 Grand Valley State
Sept. 19 at Dallas Baptist
Sept. 21 at Oklahoma Baptist
Sept. 27 Northeastern State
Sept. 29 Rogers State
Oct. 4 at Fort Hays State

Oct. 6 at Nebraska-Kearney
Oct. 11 at Northwest Missouri
Oct. 13 at Missouri Western
Oct. 18 Central Oklahoma
Oct. 20 Newman
Oct. 25 Washburn
Oct. 27 Emporia State
Nov. 1 at Missouri Southern
Nov. 3 at Pittsburg State

CROSS COUNTRY

Head coach: Kirk Pedersen

Highlights: Local ties continue to be a theme for UCM, with names in the program include Warnesburg grads Colton Palmer, Cooper Palmer, Alana Osborn, Callie Manning, Julian McNeil along with Kingsville's Luke Engel and Knob Noster's Tyler Zink. **Outlook:** Bryan Palmer, Luke Engel and Cooper Palmer highlight the returners from last year's men's squad, while the list of returners for the Jennies is highlighted by Korry Davis.

2024 SCHEDULE

Sept. 6 SBU Invitational
Sept. 20 Roy Griak Invitational
Oct. 5 Griffon Invitational
Oct. 11 ESU Invitational
Oct. 26 MIAA Conference Championship

WOMEN'S GOLF

Head coach: Chris Port

Highlights: As of Aug. 19, Central Missouri's roster lists returners in Mia Rallo, Nicole Rallo, Maya McVey, Libby Green and Kiki Bruner. The Jennies also welcome Warnesburg grad Reece Nimmo this fall.

Outlook: The Fall portion of Central Missouri's schedule will serve as a chance for Central Missouri to iron out its lineup for the spring portion of its season. The Jennies are coming off their second-consecutive MIAA Championship.

2024 SCHEDULE

Sept. 9-10 Midwest Ladies Collegiate
Sept. 15-17 DBU Classic
Sept. 23-24 MIAA Fall Preview
Oct. 7-2 Grace Shin Invitational
Oct. 14-15 Midwest Classic

MEN'S GOLF

Head coach: Tim Poe

Highlights: The Mules head into the season with a veteran group that includes Brooks Baldwin, Calvin Dillon, Nick Fallin, Alex Gentry and Jake Hope.

Outlook: Central Missouri's lineup also includes a plethora of underclassmen, including incoming freshmen Will Boys (California), Archer Schnieders (Jefferson City) and Lawson Barks (Popular Bluff). Expect the Mules to continue the success that led to a runner-up finish in the MIAA last spring.

2024 SCHEDULE

Sept. 9-10 The Mule
Sept. 16-17 NSU Men's Golf Classic
Sept. 23-24 National Preview
Oct. 7-8 Central Region Preview
Oct. 21-22 Washburn invitational
Oct. 28-9 Tulsa Cup



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