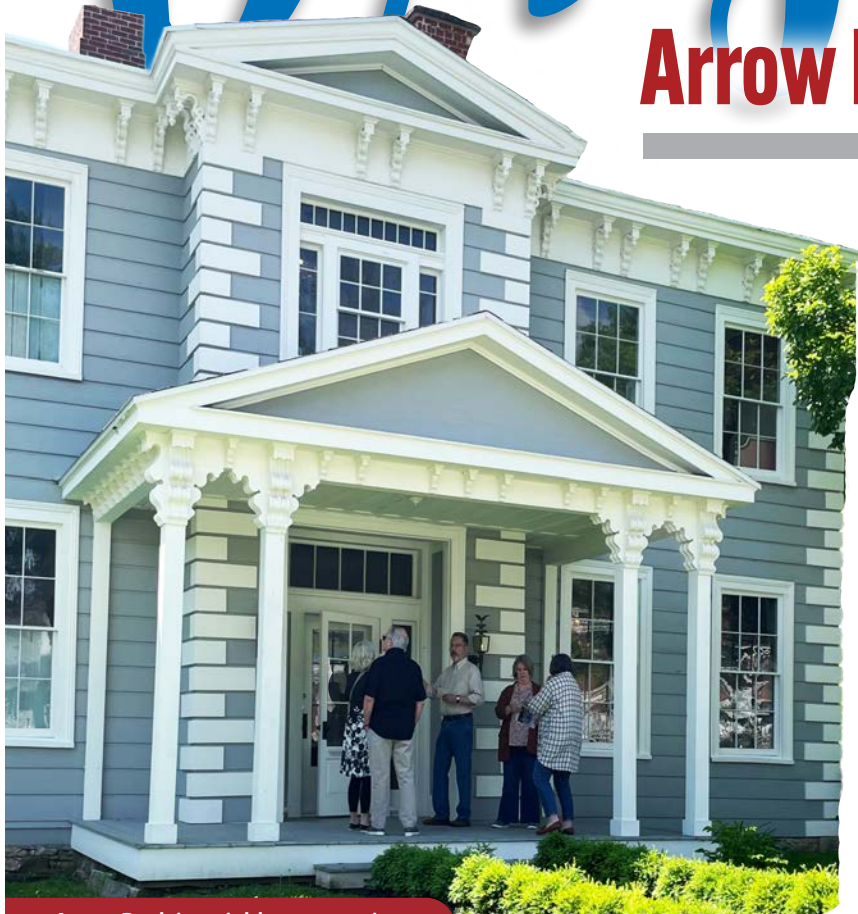


2024 GUIDE TO:

DAY TRIPS

SEDALIA DEMOCRAT Star Journal

Arrow Rock is an open air museum along the Missouri River



By Chris Howell

chrish@sedaliademocrat.com

Arrow Rock is only an hour from Sedalia, but visitors to the tiny town may feel like they have gone back in time 200 years, as the town is dedicated to keeping its colorful past alive.

The entire village is part of the National Historic District designated in 1963 by the Department of the Interior National Park Service.

Karalee Tearney is a seasonal worker for the Missouri Department of Natural Resources — State Parks and explains to visitors the historical significance of Arrow Rock.

“Arrow Rock is an old river town, we’re on the Lewis and Clark trail and the Santa Fe trail and we’re the ancestral area for the Osage Indians,” Tearney said. “That’s why we’re called Arrow Rock, because the Indians would come here in this 5-mile stretch of limestone and dig up flint nodules and make arrowheads and lance heads.”

The restoration of the Huston Tavern in 1923

marked the beginning of restoration efforts, which continue to this day. Artist George Caleb Bingham’s home is listed as a National Historic Landmark and is a must-see item on walking tours of the town.

“In 1923, the Daughters of the American Revolution decided they wanted the help of the State of Missouri to help educate the people about the history of Arrow Rock,” Tearney said. “Instead of just the American Revolution, they wanted to teach American history and because of the Santa Fe trail, Lewis and Clark and the Native Americans, they want they felt Arrow Rock needed to be not lost in history but to share history. So, the State of Missouri purchased the Tavern on Main Street, and at this date still owns the Tavern they purchased for \$5,000.”

That preservation effort kept the look of the town in an 1800s time capsule, and though it is still a viable community with around 60 full-time residents, each home is kept with amazing attention to historic detail.

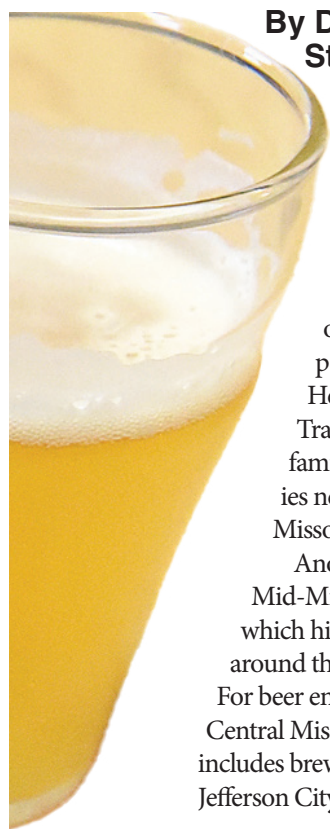
See **ARROW ROCK** | S7

Arrow Rock is a viable community with only 60 permanent residents. Home tours offer a glimpse of antique homes, which line the eight-by-four-block town.

PHOTO BY CHRIS HOWELL | DEMOCRAT

CENTRAL MISSOURI’S WINE AND CRAFT BEER SCENE

EXPLORING



By Democrat Staff

Central Missouri offers several wine and brewery trails, showcasing the region’s diverse offerings. One popular trail is the Hermann Wine Trail, featuring seven family-owned wineries nestled along the Missouri River.

Another option is the Mid-Missouri Wine Trail, which highlights wineries around the Columbia area. For beer enthusiasts, the Central Missouri Ale Trail includes breweries in cities like Jefferson City and Colum-

bia, offering a variety of craft beer experiences. Each trail provides a unique opportunity to taste locally produced beverages while exploring the scenic beauty of central Missouri.

Wine 101

Central Missouri’s vineyards are often characterized by their picturesque settings amidst rolling hills and along river valleys, offering a unique terroir that contributes to the distinct flavors of their wines. Here’s a deeper look at some key aspects:

1. Hermann Wine Trail: This trail encompasses seven wineries in the small town of Hermann, founded by German immigrants in the 19th century. The vineyards here benefit from the area’s rich German heritage and the fertile soil of the Missouri Riv-

er Valley. Visitors can explore a variety of grape varietals, including Norton, Chardonnay, Vignoles, and more. Each winery along the trail offers its own ambiance and specialties, ranging from elegant tasting rooms to historic cellars.

2. Climate and Terroir: Central Missouri’s climate is characterized by hot summers, cold winters, and moderate rainfall, creating ideal conditions for grape cultivation. The diverse landscape, with its mix of river valleys, hillsides, and plateaus, contributes to different microclimates within the region, allowing for the cultivation of various grape varietals. The Missouri River, in particular, plays a crucial role in moderating temperatures and providing water for irrigation.

3. Grape Varieties: Central

Missouri has many fine wineries in the area, including Dale Hollow, Stone Hill, and St. James.
FILE PHOTOS BY FAITH BEMIS-MCKINNEY | DEMOCRAT



Missouri vineyards

grow a range of grape varieties suited to the region’s climate and soil conditions. Norton, Missouri’s official state grape, thrives in the area and is known for producing robust, full-bodied red wines. Other popular varietals include Chardonnay and Seyval Blanc, which yields crisp white wines, and Vignoles, known for its floral aromas and tropical fruit flavors.

4. Winemaking Traditions: Many of the wineries in central

Missouri are family-owned and have been operating for generations. They often combine traditional winemaking techniques with modern innovations to produce high-quality wines that reflect the region’s unique terroir. Visitors to these vineyards can usually participate in guided tours and tastings to learn more about the winemaking process and the history of winemaking in Missouri.

See **EXPLORE** | S7

CHECK OUT
CHECK OUT
CHECK OUT

THESE CENTRAL MISSOURI GOLF COURSES

By Star-Journal Staff

Central Missouri may not have a spot on the PGA Tour, but it has plenty to offer in its golf scene. Whether it’s the traditional 18 holes, the non-traditional simulated version, or the throwing variety of disc golf, there is always somewhere to play the great game and shoot for par.

Traditional Courses

The shining star of the golf courses in Central Missouri is the Mules National Golf Club in Warrensburg. Located just over an hour south of Kansas City, the 18-hole course features stunning greens, fairways, and bunkers that anybody, not just golfers, will enjoy playing at.

The facility is owned and operated by the University of Central Missouri and serves as the home of the Mules and Jennies

golf teams.

Its golf course, driving range, and pro shop are open from 8 a.m. until dusk from Monday through Sunday and features a restaurant, Traditions at Perte Springs, overlooking the 18th hole that serves everything from mimosas in the morning to mouth-watering steaks in the evening.

Elsewhere in Mid-Missouri, the Higginsville Country Club is a short drive north after exiting off Interstate 70 and offers a

9-hole course that challenges players’ long and short games. The par 25 course includes a putting green, chipping area, pool, and bar and grill with a banquet room available for rent.

In Knob Noster, the Royal Oaks Golf Course gives players the opportunity to play a round and the chance to catch the flight of a B-2 stealth bomber from Whiteman Air Force Base.

Further east, the Sedalia Country Club sits just outside the city it gets its name from, but has plenty to offer

when you need to get away from the city life. From its beautiful 18-hole course that is both challenging and relaxing, to its dining and entertaining events thrown throughout the year, the club is a place to be.

South of Warrensburg, the Clinton Country Club and the Meadow Lake Golf Course highlight the golf scene in Clinton and allow for a smooth drive south on Busi-

ness 13.

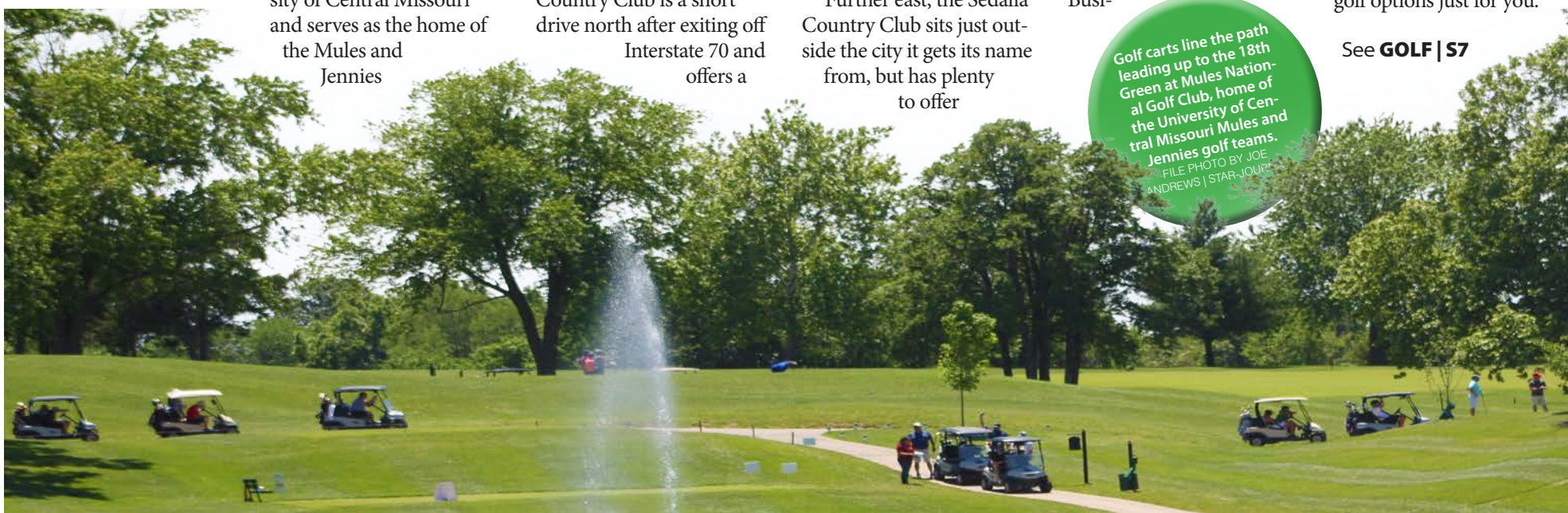
If you want to stay near Kansas City, Blue Springs offers its golf club, along with the Stone Canyon Golf Club and Adams Pointe Golf Club.

Other kinds of golf

If you are not interested in the blazing heat, demoralizing bunker shots, and games that take hours upon hours to play, Central Missouri has some alternative golf options just for you.

See **GOLF** | S7

Golf carts line the path leading up to the 18th Green at Mules National Golf Club, home of the University of Central Missouri Mules and Jennies golf teams.
FILE PHOTO BY JOE ANDREWS | STAR-JOURNAL



Boonville offers family adventure along the Katy Trail

By Chris Howell
chrish@sedaliademocrat.com

Those looking for a unique getaway need only to drive, hike, or bike to Boonville, just 36 miles northeast of Sedalia along the Missouri River.

Michelle and Brad Bullerdieck, of Columbia, made the trip for soccer games and had time to explore the quaint town and even walk out over the river on the scenic Katy bridge.

"It kind of reminds me a little bit of downtown St. Louis," Michelle said. "All the pretty historic brick buildings and everything. We wanted to come, check out the Katy Trail and the Katy bridge."

Heavily laden barges fight the strong currents of the muddy river below to deliver their contents,

The grounds of State Fair Community College in Boonville offer a delightful rest stop for those visiting the historic city with 450 sites on the National Historic Registry.

PHOTOS BY CHRIS HOWELL | DEMOCRAT

much as they did in the pioneer days when Boonville was the largest port west of St. Louis.

"It's going a lot faster than I thought," Michelle said, stopping for a photo. "It's just a very nice system, it was really neat to see the barge come through, just



Boonville merchants host Heritage Days the third weekend in June and invite visitors for the food, shopping and family-friendly activities.

kind of see nature, very scenic." Cheryl Gates works for the City of Boonville at the Visitors Center and says the town is popular in part because of the 8,000 visitors coming through on the Katy Trail each year looking for places to stay and things to do.

"We have four chain hotels out by the highway, we have Hotel Frederick downtown, a historic boutique hotel, and there's also a hotel at the Isle of Capri casino," Gates said. "We have several VRBOs and a really historic bed and breakfast."

Besides gaming the river, many visitors visit Warm Springs Ranch, home of the Budweiser Clydes-

dales, open from April to October just 6 miles up the road.

"We just have a lot of history here because we were the only port this side of St. Louis for the longest time," Gates said. "So a lot of people just stopped here to pick up goods during the Western expansion."

More than 200 years of history can be seen in artifacts on display at the River, Rails, and Trails Museum in the visitors center, including a replica of an authentic river barge.

"We had four Civil War battles," Gates said. "So a lot of people that study that come through and want to know about that."

Busy year-round with downtown activities, merchants host Heritage Days the third weekend in June with 450 sites on the National Historic Registry.

Just outside the visitors center

runs the 237-mile Katy Trail State Park, winding right out to the Katy Bridge, restored so it is accessible right to the old lift span.

Automotive enthusiasts can visit the Mitchell Antique Motorcar Museum to see the largest collection of Mitchell motorcars, bikes and wagons in the world, while young folks might prefer to spend the day splashing at the Aquatic Center.

Golfing at the Hail Ridge Golf Course, historic walking tours and downtown shopping help make Boonville a family-friendly and interesting stop-over or a unique day trip.

For more information, call the Boonville Visitors Center at 660-882-3867 or visit goboonville.com.

Chris Howell can be reached at 660-530-0146.



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State parks offer fishing, hiking, swimming & more

By Democrat Staff

Missouri's state park system includes 93 state parks and historic sites, with more than 160,000 acres available to the public. Several are in Central Missouri, offering a variety of outdoor activity options for locals and visitors.

Bothwell Lodge State Historic Site

Known as "Sedalia's castle on the hill," Bothwell Lodge offers a stunning view from atop a bluff along U.S. Highway 65.

Visitors can walk through the 31-room, 12,000-square-foot lodge built atop two natural caves by Sedalia lawyer John Homer Bothwell. Most of the furnishings in the house are original. The property also has a 3-mile hiking and mountain biking trail, plus a picnic area with picnic tables, a shelter and playground equipment.

The historic site grounds are open from 8 a.m. to sunset. Tours are available throughout the year, although times vary depending on the season.

The site is at 19349 Bothwell State Park Road in Sedalia. For more information, call 660-827-0510.

Knob Noster State Park

Knob Noster State Park is "a tranquil retreat of open oak woodland with a few patches of prairie" along both sides of Clearfork Creek in Johnson County. The park also features an oxbow slough, designated



Knob Noster State Park in Johnson County includes a visitor center, two small lakes for fishing, picnic sites, a recently renovated campground, and several types of trails that wind through the park.

STAR-JOURNAL FILE PHOTO

as Pin Oak Slough Natural Area.

A park naturalist is available year-round to conduct nature programs. The visitor center contains exhibits that trace the park's history and special natural features. Two small lakes offer the opportunity to fish for bass, bluegill and channel catfish, plus there are picnic sites and two playgrounds.

Several types of trails wind through the park, which have been developed for equestrian use, all-terrain bicyclists, and hikers. A wooded campground has restrooms, hot showers, and the Lil' Forest Amphitheater.

The park grounds are open from sunrise to sunset and the picnic area from 7:30 a.m. to sunset. Campsites are available from April 15 through October.

The park is at 873 SE 10 Road in Knob Noster. For more information, call the

Park Office at 660-563-2463 or the Nature Center at 660-563-2463.

Finger Lakes State Park

The roar of ATVs and off-road motorcycles combines with the peacefulness of rolling hills at Finger Lakes State Park.

Built in a former coal mining area, the 900-acre park includes a motocross track, a campground, the challenging 3.8-mile Kelley Branch Mountain Bike Trail and a 4.5-mile water trail. The numerous finger-shaped lakes allow swimming, fishing, canoeing and scuba diving. Wooded areas have picnic and camping areas, and a hiking and mountain biking trail features a pump track next to the trailhead.

The park is open from 6 a.m. to 10 p.m. from April through October and 6 a.m. to 9 p.m. from November through March. The motocross/ORV area is open

and picnic areas. Lodging options include campsites, yurts, camper cabins, a full-service marina cabin and a lake house.

On the Pittsburg side, Indian Point Trail meanders through a savanna woodland to a scenic platform overlooking the lake. Shorter hikes are possible using connector trails. On the

Hermitage side, hikers will travel through a more heavily wooded area and follow the rocky bluffs along the lake on Cedar Bluff Trail.

Pomme de Terre Lake is the only lake in Missouri that offers true muskellunge fishing, and boats, equipment, canoes and kayaks are available for rent.

Naturalist-led activities are scheduled on weekends during the summer to entertain and inform visitors.

The park is at 23451 Park Entrance Road in Pittsburg. For more information, call the Park Office at 417-852-4291 or Marina, Store and Lodging at 417-852-1031.

Boone's Lick State Historic Site

After a short hike, Boone's Lick State Historic Site visitors can see the remnants of one of Missouri's first and most important industries: salt.

Daniel Boone's sons commercialized the largest of the area's springs, opening up a salt business and shipping the salt, which crystallized after the water was boiled away, to St. Louis by keelboat.

See **PARKS**, Page S5

from 8 a.m. to 8 p.m. from April through October and 8 a.m. to 5 p.m. from November to March. Beach hours are from sunrise to sunset May 24 through Sept. 2.

The park is at 1505 E. Peabody Road in Columbia. For more information, call the Park Office at 573-443-5315.

Pomme De Terre State Park

With locations on both the Hermitage and Pittsburg sides of Pomme de Terre Lake, Pomme de Terre State Park offers a little bit of everything. A marina and boat ramps make it easy to fish for bass, walleye, catfish, crappie, or muskie. There are two public swimming beaches, two hiking trails,



Fall turns maple leaves shades of gold and orange as Shyra Newbill and her son Niles, 2, visit Bothwell Lodge State Historic Site on Wednesday morning, Oct. 18. Newbill and her son enjoyed a hike on one of the trails.

FILE PHOTO BY FAITH BEMISS-MCKINNEY | DEMOCRAT



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Spend a fun summer day in

Rocheport

By Faith Bemiss-McKinney

faithb@sedaliademocrat.com

If one is dreaming of a quiet and quaint place to visit for summer, the small hamlet of Rocheport fits the bill. It offers bike trails, bed and breakfasts, art galleries, and an award-winning winery beside the mighty Missouri River.

Diane Dunn, the spokesperson for Rocheport, noted that each month April through November, the town hosts a Second Saturday event for visitors. The Second Saturday includes a sip and shop, where the merchants provide something to drink while customers shop. Dunn also owns the Stockton Mercantile and Girls Nite Inn, a bed

and breakfast in Rocheport.

"It might be wine, it might be lemonade," she noted. "It's up to the merchants. We have pop-up shops in some of our shops.

"So, each Second Saturday, I have a person come in," she continued. "It might be someone who has jewelry, it might be freeze-dried candy, it might be a coffee person. Just somebody different and not a regular business that's here."

Live music is also provided from 11 a.m. to 1 p.m. In addition to the various cafés, a food truck is also located on Central Street.

"And it's a different food truck each month," Dunn said. "Second Saturdays is just something fun. We have a Farmers' Market that is set up on Saturdays; it's small but local.

"And then, we have a new place that's opening at the end of Central Street, that's right on the (Katy) Trail, called The Rest Stop at the Katy Trail," she continued. "It's basically an outdoor pavilion. So, we may have some additional vendors there once they get up and running"

The Rest Stop at the Katy Trail also plans to offer live music. Restaurants and cafés in Rocheport include the bluff top Les Bourgeois Bistro, the Rocheport Winery at Mt. Nebo, Rocheport General Store and Café, and Meriwether Café & Bike Shop. If one wants to ride the Katy Trail but doesn't have a bicycle, rentals are available at Meriwether's and the Rest Stop.

See ROCHEPORT, Page S5



The Les Bourgeois Bistro in Rocheport is associated with the award-winning winery of the same name. The bluff top Bistro offers an indoor and outdoor dining area with an upscale casual meal experience. PHOTOS BY FAITH BEMISS-MCKINNEY | DEMOCRAT



Visitors to the Rocheport General Store and Café enjoy lunch on May 4 in the small Missouri River town of Rocheport.

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ROCHEPORT

From Page S4

Dunn added that the town has nine to 10 Airbnbs and three traditional bed and breakfasts: the School House B&B, Girls Nite Inn, and Amber House B&B.

This summer, Rocheport's Candle Bar Candle Co. is open on Saturdays for walk-ins.

"The lady that owns Southern Provisions has her own candle company," Dunn explained. "She custom makes candles.

"But on Saturdays, you can walk in from 10 (a.m.) to 4 (p.m.) and basically create your own formula for a candle," she added. "And make the candle with your own personal scent?"

The Candle Bar also offers group candle-making parties.

"Like, instead of a traditional couple's shower, they come and make candles," Dunn explained. "Maybe for a bridal shower, the

girls could come and make their own candles. Or birthday parties, that kind of thing."

The Candle Bar offers a variety of classes, including making a charcuterie board. The class learned how to burn the wording on the board, make the rosettes out of meat, and arrange the food items on the board.

"She's had terrarium classes; it's just a variety," Dunn added. "It changes all the time."

On the fourth Friday of the month, from 5 to 7 p.m., Southern Provisions offers a jam session on its back patio. Dunn said people show up with their instruments and play.

Rocheport is located two miles off the westbound side of I-70 between Boonville and Columbia. For more information, visit rocheport.com or call Dunn at 573-698-4580.

Faith Bemiss-McKinney can be reached at 660-530-0289.



One can relax at the Meriwether Café & Bike Shop while visiting Rocheport. The Katy Trail is right across the road, and if one doesn't have a bicycle, it can be rented from Meriwether.

PHOTO BY FAITH BEMISS-MCKINNEY | DEMOCRAT

PARKS

From Page S3

It has picnic facilities and a short, steep trail that winds to the spring site, where wood remnants of the saltworks and an iron kettle are still visible. Outdoor exhibits interpret and explain how salt became big business in "Boone's Lick Country." Some artifacts found in archaeological excavations are on display at the Arrow Rock State Historic Site visitor center.

The site is open from sunrise to sunset and is on Highway 187 in Boonesboro. For more information, call the Park Office at 660-837-3330.

Rock Bridge Memorial State Park

Rock Bridge Memorial State Park contains some of the state's most popular hiking and bicycling trails and offers solitude while hiking in the Gans Creek Wild Area.

Visitors can also see a large cave system with its rock bridge, sinkholes, a spring and an underground stream at the Devil's Icebox. Explore Connor's Cave in the light of the



The new campsites at Knob Noster State Park, seen in March, are much larger and easier to access. Several of the campsites and the bathrooms are also ADA compliant. FILE PHOTO BY CHRIS HOWELL | SEDALIA DEMOCRAT

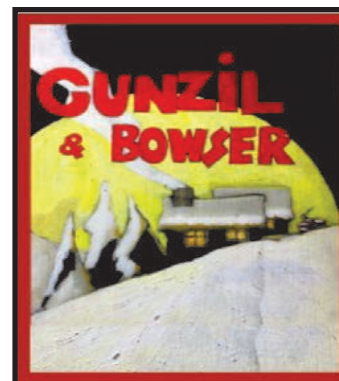
opening for a taste of the underground world. Park staff lead Devil's Icebox Trail and Connor's Cave tours for groups who make arrangements in advance.

Summer bat emergence programs and other programs are offered to the public. Picnic sites and playground equipment are available.

The park is at 901 S. Highway 163 in Columbia. For more information, call the Park Office at 573-449-7402.

For more information, visit mstateparks.com.

Information for this article was obtained from the Missouri State Parks website.



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Summer Events in Central Missouri

July

Jimmy Buffet's "Escape to Margaritaville" from June 28-July 7 at the Lyceum Theatre in Arrow Rock. Visit lyceumtheatre.org.

Comedy Night with Steven Taylor on July 6 at the Hayden Liberty Center in Sedalia. Visit libertycentersedalia.com.

Johnson County Fair from July 9-13 on the Johnson County Fairgrounds. Visit johnsoncountyfairassociation.com.

Trails End Western Art Show from July 11-Aug. 31 at the Hayden Liberty Center in Sedalia. Visit libertycentersedalia.com.

The Big Rub bicycle race from 8 a.m. to 8 p.m. July 13 in Sedalia. Visit facebook.com/TheBigRub.

Wings Over Whiteman from July 13-14 at Whiteman Air Force Base. Visit whiteman.af.mil/WOW.

Smithton Town & Country Fair from July 12-13 in Smithton. Visit facebook.com/SmithtonFair.

Pickleball Tournament at noon July 14 at Salt Fork YMCA in Marshall. Visit facebook.com/ymcasaltfork.

Festival of Butterflies from July 18-Aug. 4 at Powell Gardens in Kingsville. Visit powellgardens.org.

Roald Dahl's "Charlie and the Chocolate Factory" from July 19-28 at the Lyceum Theatre in Arrow Rock. Visit lyceumtheatre.org.

Robert Woolery Sr. Memorial Pow Wow from July 20-21 in the Agriculture Building on the Missouri State Fairgrounds in Sedalia.

Water Ploozza from 11 a.m. to

2 p.m. July 20 at Mitch Franklin Park in Knob Noster. Visit facebook.com/KNOBPR.

All-ages hike and scavenger hunt from 10 a.m. to noon July 20 hosted by the Sedalia Public Library at Bothwell Lodge State Park in Sedalia. Visit facebook.com/sedaliapubliclibrary.

Annual Zucchini Races from 5 to 8 p.m. July 20 in downtown Cole Camp. Visit colecampmo.com.

Cooper County Fair from July 23-27 on the Cooper County Fairgrounds in Boonville. Visit facebook.com/thecoopercountyfair.

UCM President's Lawn Concert at 6:30 p.m. July 29 at Selmo Park at the University of Central Missouri in Warrensburg.

August

Harborfest from 1 to 8 p.m. Aug. 3 at Drake Harbor in Warsaw. Visit facebook.com/BentonCountyMo.

Boardwalk Concert and Main Street Dance on Aug. 5 in Arrow Rock. Visit arrowrock.org.

Missouri State Fair from Aug. 8-18 on the Missouri State Fairgrounds in Sedalia. Visit mostatefair.com.

Movie on the Lawn at 8:30 p.m. Aug. 16 on the Johnson County Courthouse lawn in Warrensburg. Visit warrensburgmainstreet.org.

"Noises Off" from Aug. 17-25 at the Lyceum Theatre in Arrow Rock. Visit lyceumtheatre.org.

Battle of the Brews at noon Aug. 24 on the Jefferson City Jaycees Fairgrounds. Visit facebook.com/BattleoftheBrewsJC.

com/BattleoftheBrewsJC.

Barkfest to celebrate National Dog Day from 6 to 8 p.m. Aug. 26 at Clover Dell Park in Sedalia. Visit sedaliaparks.com.

Voices of Arrow Rock at 10 a.m. Aug. 31 at the Historic Christian Church in Arrow Rock. Visit arrowrock.org.

September

Chilhowee Fair over Labor Day Weekend in downtown Chilhowee. Visit facebook.com/chilhoweefair.

Cole Camp Fair from Sept. 5-7 in downtown Cole Camp. Visit the Cole Camp Fair page on Facebook.

Get the Red Out Street Fair from 10 a.m. to 12:30 p.m. Sept. 7 on South Holden Street in Warrensburg. Visit ucmo.edu/gtro.

Johnson County Rodeo from Sept. 6-7 on the Johnson County Fairgrounds. Visit johnsoncountyfairassociation.com.

Ken Ludwig's "Moriarty: A New Sherlock Holmes Adventure" from Sept. 6-15 at the Lyceum Theatre in Arrow Rock. Visit lyceumtheatre.org.

Lincoln Fly-In on Sept. 7 at the Lincoln Municipal Airport. Visit the Annual Lincoln, MO Fly-In page on Facebook.

Holden Street Fair from Sept. 12-14 in downtown Holden. Visit facebook.com/holdenchamber64040.

50th Anniversary Ozark Music Festival from Sept. 13-15 in Sedalia. Visit ozarkmusicfest.com.

Dodger Charger Cruise-In from Sept. 20-22 at Bothwell

Lodge State Historic Site in Sedalia. Visit facebook.com/DodgeChargerCruiseIn.

Mozark Fest from Sept. 20-22 at the State Fair Grandstand on the Missouri State Fairgrounds in Sedalia. Visit facebook.com/TheMozarkFestival.

"Exit the Body" from Sept. 20-22 at the Hayden Liberty Center in Sedalia. Visit libertycentersedalia.com.

RiOak Fall Market from 9 a.m. to 6 p.m. Sept. 21 in downtown Cole Camp. Visit facebook.com/RiOakdesign.

"Million Dollar Quartet" from Sept. 27-Oct. 6 at the Lyceum Theatre in Arrow Rock. Visit lyceumtheatre.org.

Cole Camp Oktoberfest on Sept. 28 in downtown Cole Camp. Visit the Oktoberfest in Cole Camp page on Facebook.

Sip & Stroll at 4 p.m. Sept. 28 in Arrow Rock. Visit friendsofarrowrock.org.

Recurring Events

Sedalia Area Farmers' Market from 3 to 6 p.m. Tuesdays and Fridays from May through September and Fridays in October in the Nucor Pavilion on the Missouri State Fairgrounds.

Warrensburg Farmers' Market from 8 a.m. to noon Saturdays from May through September on the Johnson County Courthouse square.

Third Wednesday Art Walk from 5 to 7 p.m. on the third Wednesday of every month from April through September in downtown Warrensburg. Visit warrensburgmainstreet.org.

warrensburgmainstreet.org.

First Thursdays from 5:30 to 8:30 p.m. on the first Thursday of every month from April through October in downtown Sedalia. Visit facebook.com/SedaliaMainStreets.

Knob Noster Open Air Market on July 20, Aug. 24, Sept. 21 and Oct. 19 in downtown Knob Noster. Visit the Open Air Market Knob Noster, Mo page on Facebook.

First Saturday Presentations at 10 a.m. on the first Saturday of the month at the Arrow Rock Visitors Center. Visit arrowrock.org.

Sonic Summer Nights cruise nights from 6 to 10 p.m. the third Saturday of every month from May through September at Sonic in Versailles. Visit facebook.com/SonicSummerNights.

Columbia Farmers' Market from 4 to 7 p.m. Wednesdays and from 8 a.m. to noon Saturdays through October in Columbia. Visit columbiafarmersmarket.org.

Second Saturdays from 10 a.m. to 4 p.m. on the second Saturday of the month from April through November in Rocheport. Visit rocheport.com.

Warrensburg Community Band free concerts at 3 p.m. July 3 at Warrensburg Veterans Home, 7 p.m. July 3 at Grover Park Baptist Church, 7 p.m. July 20 at Knob Hill Barn and 6:30 p.m. July 29 at Selmo Park. Visit facebook.com/WarrensburgCommunityBand.

Sedalia Concert Band free concerts at 7 p.m. July 11, 18 and 25 at The Pavilion in downtown Sedalia. Visit facebook.com/sedaliacconcertband.



The German Table

Where Friends and Family Gather

MISSOURI'S BEST AWARD
for the last 6 consecutive years




Located in the heart of Cole Camp, Missouri is the German Table. Established in 2012, this gem, listed on the National registry for historical locations, serves a German based menu passed down for generations. Whether you are there for one of their German beers and wines or simply craving schnitzel, the German Table is truly where friends and family gather.



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107 E. Main Street • Cole Camp, MO

Open Friday and Saturday 4:30-8:30
Also Open Thursdays 4:30- 8:30 Memorial Day through Labor Day
Reservations Recommended



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Warrensburg, MO

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old-fashioned candy ~ retro & new toys ~ florals ~ greenery
aprons & cozies ~ metal art ~ paintings ~ fabric arts
candles, waxmelts ~ soap & body care*

Craft classes & Events, too!

FOLLOW US ON FACEBOOK FOR EVENTS, CLASSES, & ANNOUNCEMENTS.

ARROW ROCK

From Page S1

Darby and Jack Standifer, of Wichita, Kansas, came to Arrow Rock for a wedding and were immediately struck by the beauty of the eight-by-four-block town founded in 1829.

“We’ve been all throughout this little area,” Darby said. “We had no idea the historical value in everything.”

“It’s full of history,” Jack said.

“All the tribes, the Indians that were here,” Darby continued. “It’s all this history needs to be taught, from the slave stuff to the salt, and all of that. It’s just how things were developed and very interesting.”

Closely regulated development has kept Arrow Rock a bit of a living museum from the cobblestone gutters to the 100-year-old homes.

“There’s so much similarity, but it’s so simple,” Darby said. “It’s just the simplicity, the houses are still kind of built the same, not it’s the same quality obviously, but just how everything was simple. We’re staying at an old boarding house, not in this town, but in Blackwater, which is right by here. It’s from 1889 and no TV, no anything, and it’s just like we didn’t even realize that it wasn’t there. It’s very interesting, you step back in time and realize how simple everything is, you don’t need

all this other stuff?”

The tourists were struck by the fact the visitors center museum didn’t try revising Arrow Rock’s rich history, but instead embraced it.

“With everything going on in the world today, reading the history on some of the college campuses now, they don’t teach that, they’re trying to get rid of it,” Jack said. “It’s just very interesting that they just run the whole gamut of history over there, it’s really neat.”

Deb Bowers with the Arrow Rock Hand Weavers Guild weaves wool with a drop spindle and wool roving at the visitors center.

“We do weaving and spinning and rug hooking, everything hanging on the wall was woven,” Bowers said proudly.

Many visitors come to see productions at the Lyceum Theatre, built in a converted church and one of Missouri’s oldest professional regional theatres.

“I think the people that come like the history, they like the quiet,” Tearney said. “We’re unique in the state because this facility is not only a State Park, but it’s a historic site and we are right next to the community.”

For more information on historic Arrow Rock, visit arrowrock.org. For more information about the Lyceum Theatre, visit lyceumtheatre.org.

Chris Howell can be reached at 660-530-0146.

EXPLORE

From Page S1

Some excellent Central Missouri wineries to visit are Dale Hollow in Stover, Wildlife Ridge near Smithton, Timber Ridge in Stover, Les Bourgeois in Rocheport, Primitive Olde Crow in Clinton and Arcadian Moon in Higginsville.

5. Cultural and Culinary Experiences: In addition to wine tasting, visitors to central Missouri vineyards can enjoy a range of cultural and culinary experiences. Some wineries host events such as wine and food pairings, live music performances, and vineyard tours. The surrounding area also offers opportunities for outdoor activities such as hiking, biking, and boating, making it a popular destination for wine enthusiasts and nature lovers alike.

Missouri’s craft beer culture

Central Missouri is known for its scenic beauty, historic landmarks, and burgeoning craft beer scene. From small-batch breweries tucked away in quaint towns to bustling brewpubs in vibrant city centers, the region offers diverse options for beer enthusiasts to explore.

Central Missouri’s craft beer culture is rooted in a passion for quality, creativity, and community. Breweries in the region pride themselves on using locally sourced ingredients,

experimenting with innovative brewing techniques, and fostering connections with their patrons.

The craft beer scene in Central Missouri continues to grow, with new breweries regularly joining the ranks and established ones expanding their offerings. This dynamic environment ensures that beer enthusiasts always have something new and exciting to discover.

Brewery Trails

Central Missouri boasts several brewery trails that provide a curated experience for visitors looking to sample various craft beers while exploring the region’s scenic beauty.

For example, the Central Missouri Ale Trail features breweries in cities like Jefferson City, Columbia, and Sedalia, showcasing the diversity of craft beer offerings in the area. Visitors can embark on self-guided tours or join organized brewery crawls to experience the best each brewery offers.

Another popular trail is the Katy Trail Beer Trail, which highlights breweries along the famous Katy Trail, a 240-mile-long rail trail that traverses Missouri’s heart. This trail offers a unique opportunity for outdoor enthusiasts to combine their love of hiking or cycling with craft beer tasting.

Breweries and Brewpubs

Central Missouri is home

to a wide range of breweries and brewpubs, each with its own distinct personality, brewing philosophy, and beer lineup.

In Columbia, craft beer lovers can visit Logboat Brewing Company, known for its laid-back atmosphere and eclectic beer selection, or Rock Bridge Brewing Company, which specializes in barrel-aged and sour beers.

Jefferson City is home to popular breweries like Bur Oak Brewing Company, known for its commitment to sustainability and community engagement, and Prison Brews, housed just two blocks from the former Missouri State Penitentiary.

Other notable breweries in the region include Broadway Brewery in Columbia, Public House Brewing Company in Rolla, Lost Art Taproom in Knob Noster, Welpman Springs Brewing in Stover, Bee’s Knees Brewing Company in Versailles, and Piney River Brewing Company in Bucyrus. Each offers its own unique take on craft beer and hospitality.

In downtown Sedalia, patrons can sample a wide variety of Missouri-made beers and other beverages at The Local Tap. Customers can enjoy one of several rotating draft beers or choose from countless options in the bar’s large refrigerators.

While it doesn’t offer beer or wine, Warrensburg is home to Phantom V

Distillery, which creates and sells vodka and numerous flavors of brandy. Soon, Warrensburg will also be home to its own brewery, Mule Barn Brewing Co. A storefront is in the works, but those interested in a preview can find several Mule Barn offerings such as the Depot Street Lager or the B-2 Brown Ale at Checker Tavern in downtown Warrensburg.

Special Events and Festivals

Central Missouri hosts beer-centric events and festivals throughout the year that celebrate the region’s craft beer culture.

Columbia Craft Beer Week, for example, features a week-long lineup of beer tastings, brewery tours, and special events showcasing the best the local craft beer scene has to offer.

Other notable events include the Capital City Craft Beer Festival in Jefferson City and the Oktoberfest celebrations hosted in various regions.

Whether one is a seasoned beer enthusiast or a casual imbibor, Central Missouri offers a wealth of opportunities to explore and enjoy the craft beer scene. From brewery trails and brewpubs to special events and festivals, there’s no shortage of ways to experience the region’s rich brewing heritage and vibrant beer culture.

GOLF

From Page S1

Warrensburg is home to Easy 18 Indoor Golf, an indoor golf simulation business with two large high-definition hitting bays. Located at 328 E. Young Ave., golfers of all shapes and sizes will enjoy the comforts of indoor golf, while also feeling the thrill of competition. Bays can be rented for up to three hours per day, with every hour costing \$30.

Further east in Sedalia, Down Range Indoor Golf

Simulator offers similar prices and includes a driving range, simulating play at different courses from around the world, and monthly membership options for customers.

Aside from ordinary golf, over the last half-decade, disc golf has taken over as a mainstay sport in America.

Per Udisc.com, 500 million people live within 6.2 miles of a disc golf course, with the U.S. making up 254 million of that number. Disc golf is also pretty cheap, with disc packages ranging from \$25 to \$50 and close to 90%

of courses being free to play.

Compared to a round of traditional golf, an 18-hole round of disc golf takes less than half the time.

Missouri has been at the forefront of the disc golf revolution, with many courses opening up across the state and in the major cities of Kansas City and Columbia. Columbia’s Harmony Bends won the 2017 Disc Golf Course of the Year by DGCourseReview.com.

In the smaller Missouri cities, the disc golf craze has also caught on. In Sedalia, players can visit Clover Dell

Park Disc Golf Course, an 18-hole course set just off the Katy Trail heading west. Higginsville’s Disc Golf Course was built just two years ago and was the first course in any Missouri state park. Even in Warrensburg, Marr Park offers a 9-hole free-to-play course in its park.

Upcoming Golf Events and Leagues

The Higginsville Country Club offers scramble league matchplay on Tuesdays, a women’s league on Wednesdays, and a men’s league on Thursdays. For

more information, visit www.higginsvillegolf.com/league-schedules.

The Sedalia Country Club offers a Sunday Couples League, weekly junior golf sessions, a Thursday ladies league and a country club men’s league. In July, it is hosting the Center for Human Services Golf Tournament from July 12-14. It is also hosting the Missouri Golf Association Junior Golf Tournament on July 14 and the ninth annual State Fair Community College Tournament that benefits school athletic

scholarships on July 22. The Central Missouri Ladies Golf Tournament is set to be hosted on July 24 and 25. For more information, visit sedaliacountryclub.com/events.

The Clover Dell Park Disc Golf Course hosts Monday league nights called “Clover Dell Mondays” every week, weather permitting. It is a single-player league but is beginner-friendly and open to anyone. For more information, visit the course’s Facebook group or contact the league director, Kevin Montgomery.

WE CAN’T WAIT!

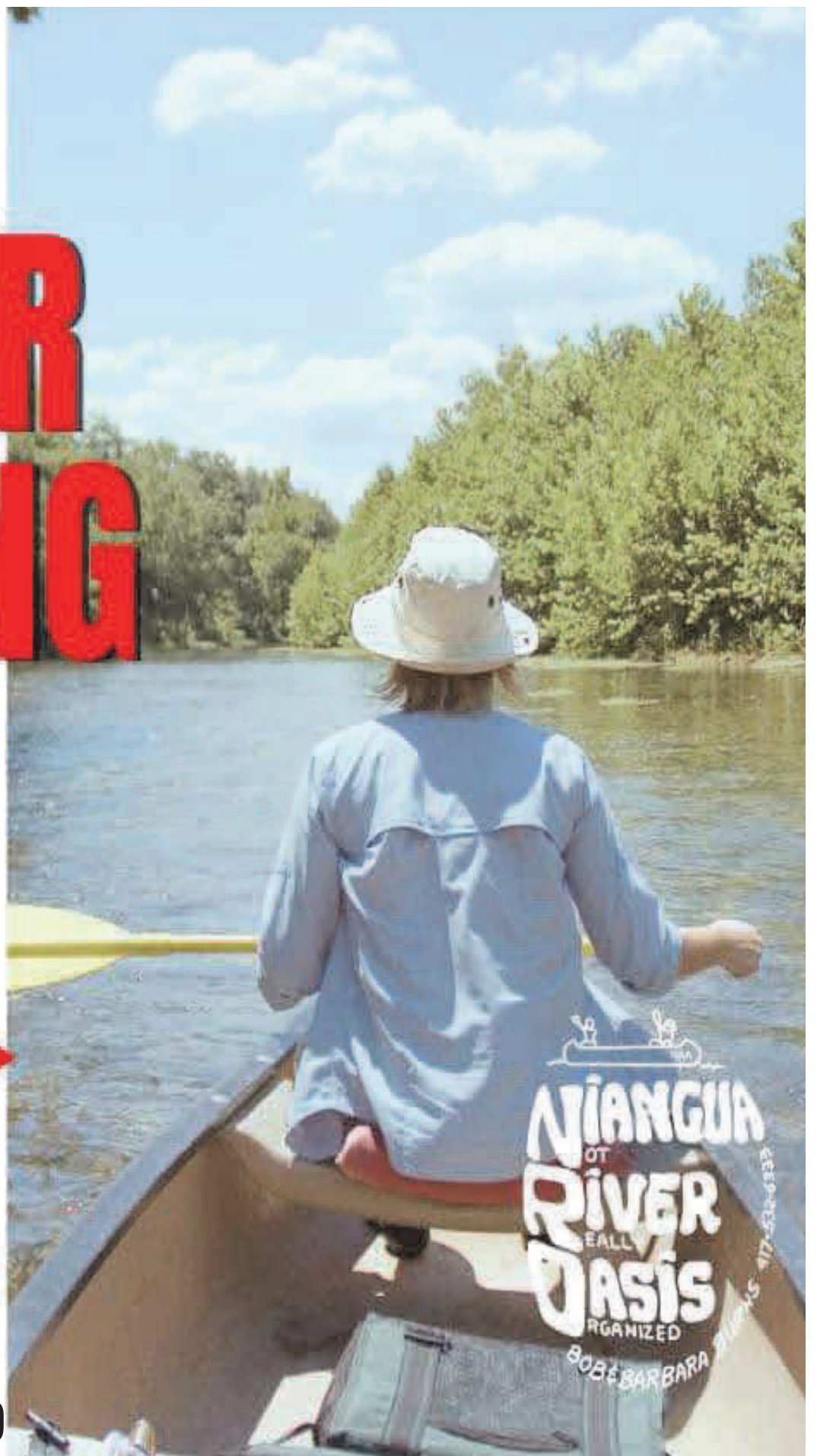
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JULY

4 Lincoln Fireworks – Mark your calendars for this one-of-a-kind spectacular fireworks show in Lincoln!

6 Drake Harbor Fireworks – Mark your calendars for this one-of-a-kind spectacular fireworks show overlooking the Osage Arm of Lake of the Ozarks at Drake Harbor!

6 Lincoln Fourth of July Events

6 Cole Camp Jaycees MSTPA Sanctioned Truck & Tractor Pull

20 Cole Camp Zucchini Races – You heard it right! Come down and race your zucchini or enter it for best decorated for prizes or be a spectator. Where else can you see zucchini's on wheels?

AUGUST

3 Smokin' Hot Harborfest – Don't miss this unique event in beautiful Drake Harbor! Live bands, beer garden, food trucks, kid's zone, a water ski show on the Osage Arm of LOZ and more!

30-31 Benton County Rodeo – MRA and URA Sanctioned Rodeo with saddle bronc riding, steer wrestling, cowgirl's barrel race, bareback bronc, calf roping, bull riding, mutton busting, contest ages 4-7, break away roping, team roping, sheep scramble for kids 10 years and younger and more!

SEPTEMBER

5-7 Cole Camp Fair – This fair has the most unbelievable floats in MO – must-see! Carnival rides, food vendors, contests, competitions, car show, 5K, and much more!

7 Lincoln Fly-In – "Fly-in" to the last of the remaining grass roots airstrips in MO and have a bite to eat, chat with the pilots and enjoy all of the unique planes that come in.

14 Lincoln Fall Market/Balloon Glow/Strongman Competition – Activities include a Farmer Strongman Competition, Pie Auction, Pumpkin Growing Contest, Live Music & Beer Garden all day, Hot Air Balloon Glow, Dinner and Rides, Beer Garden with The Groove Pilots following the Balloon Glow!

19-22 Mozarkite Rock and Gem Show (Lincoln)

28 Cole Camp Oktoberfest – Live German music, food and traditional festivities held in Downtown Cole Camp!

28 Antique Farm Show (Cole Camp) – They have apple cider press, apple butter, churned butter, beekeeper, blacksmith, wheat threshing & straw baling, sugar cane & molasses press, corn meal, sawmill, Grandma Kitchen Museum.

OCTOBER

19-20 Warsaw Heritage Day – Over 200 handmade craft booths, food vendors, live music and more!

19-20 Kaysinger Heritage Days – Live demonstrations at this working 1800's pioneer village with log cabins, a General Store, tradesman, craftsman,

25-26 Cole Camp Haunted House at RiOak

26 Cole Camp Pumpkin Fest – This unique Halloween event includes a Spirit Stroll, pumpkin carving contest, spooky scavenger hunt, haunted house, food vendors, 5K Zombie Run & Walk, food trucks and more!

31 Warsaw Halloween Hoopla – A big safe Halloween experience downtown Warsaw. Businesses set up cover about 6 blocks. Main and Van Buren. Booths open at 6 pm. Costume Contest by Creative Palette.

31 Lincoln Frightfully Fun Family Night – Join us at the big city park in Lincoln for Halloween activities and a trunk or treat for the whole family!



FOR MORE INFORMATION, GO WWW.VISITBENTONCOMO.COM AND "LIKE" BENTON COUNTY TOURISM AND RECREATION ON FACEBOOK. 660-438-2090 • info@bentoncomo.com

