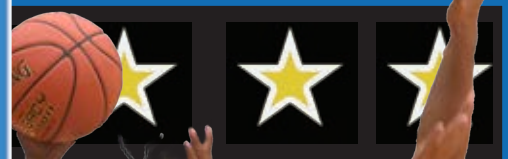




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SMITH-COTTON



Smith-Cotton's Malaki Reed shoots while closely guarded by a Jefferson City player on Nov. 22, 2022.

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BOYS BASKETBALL

Head coach: Ben Lyles

2022-23 record: 6-20

Highlights: The Tigers got victories in February over Boonville and CMAC opponent Capital City.

Outlook: Lyles had a lot to sort through in his first year back in the coaching ranks, but it was certainly an improvement over the 1-24 record of the season prior. It's a project that will require some patience, but doubling last year's half-dozen wins isn't out of the question with a young but talented group.

2023-24 SCHEDULE

Nov. 29-Dec. 2 at Willard Basketball Classic

Dec. 6 Hickman

Dec. 11 at Marshall
Dec. 14 Versailles
Dec. 16 vs Hillcrest
Dec. 18 Harrisonville
Dec. 21 at Blair Oaks
Jan. 5 Hogan Prep Academy
Jan. 8 at Clinton
Jan. 10 at Battle
Jan. 12 Waynesville
Jan. 16 Knob Noster
Jan. 19 at Jefferson City
Jan. 22-27 at 93rd Annual Eldon Boys Tournament

Jan. 31 at Warrensburg

Feb. 2 Rock Bridge

Feb. 9 Moberly

Feb. 10 Boonville

Feb. 13 at Helias

Feb. 16 at California

Feb. 20 Capital City

GIRLS BASKETBALL

Head coach: Ron Rhodes

2022-23 record: 4-22

Highlights: S-C battled Boonville for a 66-50 win at home on Jan. 10.

Outlook: Disappointing would be a word to describe last season for the Lady Tigers, who lacked size, and more importantly scoring in a step back from 2021-22. Enter Rhodes, whose pedigree is certainly impressive. He'll get a weapon that last year's team didn't have in 6-foot-2 transfer Anastasia Bellamy, who joins a senior group with backcourt experience and talented junior forward Eliza Cavanagh.

2023-24 SCHEDULE

Nov. 20 at Marshall

Nov. 27-Dec. 2 at 85th Annual Tipton Tournament

Dec. 5 at Hickman

Dec. 7 Warrensburg

Dec. 12 Waynesville

Dec. 14 Bolivar

Dec. 16 vs Eldon

Dec. 18 at Harrisonville

Jan. 2 Jefferson City

Jan. 4 Helias

Jan. 9 at Boonville

Jan. 10 Clinton

Jan. 15-19 at Gary Keeling Invitational

Jan. 22-27 at 46th Annual Clinton Girls Tournament

Jan. 30 at Battle

Feb. 1 at California

Feb. 8 at Versailles

Feb. 9 Moberly

Feb. 12 Rock Bridge

Feb. 20 at Capital City



Smith-Cotton junior Eliza Cavanagh rises for a mid-range jumper against Boonville on Jan. 10, 2023.

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SMITH-COTTON



Lady Tigers senior guard Zoey Hieronymus shoots a 3-pointer in a non-conference home game on Jan. 10, 2023.



Smith-Cotton junior Karen Staten handles the ball against Waynesville on Jan. 13, 2023.



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Smith-Cotton heavyweight Kwan Watkins studies his opponent in a home match on Jan. 17, 2023.

WRESTLING

Head coach: Joe Hulsey

Highlights: The Lady Tigers went 14-3 in duals and defended their CMAC Championship.

Outlook: Not settling for being the best team in the CMAC, S-C's girls' team repeated and Hulsey earned CMAC Girls Wrestling Coach of the Year honors. Eleven girls and two boys were named all-conference, while six Tigers between the two teams com-

bined reached the state tournament, the most in history. Even better, four of those six return this season for a sport that has shined repeatedly in recent years.

BOYS SCHEDULE

Nov. 28 Camdenton
 Dec. 2 at Grain Valley Tournament
 Dec. 6 at Battle
 Dec. 9 at Versailles Invitational
 Dec. 15-16 at Harrisonville Tourna-

ment
 Dec. 19 Marshall/Richmond
 Dec. 20 Rock Bridge
 Jan. 4 at Jefferson City
 Jan. 9 Capital City/Van Horn
 Jan. 11 Boonville/Tipton
 Jan. 13 at Warsaw Invitational
 Jan. 16 at Hickman
 Jan. 25 at Helias
 Jan. 27 at Benton Tournament
 Feb. 1 at Warrensburg
 Feb. 3 at CMAC Tournament

GIRLS SCHEDULE

Nov. 21 at Versailles Invitational
 Nov. 28 Camdenton
 Dec. 6 at Battle
 Dec. 8 at Excelsior Springs Tournament
 Dec. 15-16 at Lady Mustangs Christmas Clash
 Dec. 19 Marshall/Richmond
 Dec. 20 Rock Bridge
 Dec. 28-29 at Wonder Woman Tournament
 Jan. 4 at Jefferson City
 Jan. 9 Capital City/Van Horn
 Jan. 11 Boonville/Tipton
 Jan. 12 at Cole Camp Tournament
 Jan. 15 at Brick City Girls Classic
 Jan. 16 at Hickman
 Jan. 18 at Harrisonville Scramble
 Feb. 1 at Warrensburg
 Feb. 3 at CMAC Tournament



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SMITH-COTTON



Smith-Cotton's Mollie Miner swims the 200-yard IM in Sedalia on Feb. 1, 2022.

GIRLS SWIMMING AND DIVING

Head coach: Samantha Yewell

Highlights: Camden Youngblood broke the program record in the 500 freestyle at the West Central Classic, where the team had six other first-place finishes.

Outlook: Madison Lane is the only one to graduate from what has been a successful relay quartet, while Yewell will still have two more years of Mollie Miner and Youngblood to go with senior Lauren Chancellor.

2023-24 SCHEDULE

- Nov. 28 at Blue Springs South
- Dec. 5 Sedalia Duals
- Dec. 12 at Blue Springs South
- Dec. 16 at Truman Invitational
- Dec. 27 at COMO Invitational
- Jan. 3 at Truman
- Jan. 11 at Warrensburg
- Jan. 13 Tiger Invitational
- Jan. 19-20 at Belton Invitational
- Jan. 24 West Central Classic
- Feb. 1 at CMAC Championship
- Feb. 5-6 at Independent League Championship



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BOYS BASKETBALL

Head coach: Chris Nimmo

2022-23 record: 13-14

Highlights: Warrensburg finished runner-up in the MRVC West Tournament last season and was third in the regular season conference standings.

Outlook: The Tigers return familiar faces from last year's squad including Josh Thomas and Nick Nimmo. Warrensburg's varsity squad also welcomes names that include Maddox Kulenkamp, Kobe Westphal and Eli Anderson.

2023-24 SCHEDULE

Nov. 28 KIPP Legacy

Dec. 6 Jefferson City

Dec. 8 vs TBD (at Mizzou Arena)

Dec. 11-15 MRVC West Tournament (at Harrisonville)

Dec. 20 vs TBD (at Hy-Vee Arena)

Dec. 26-28 Rolla Holiday Tournament

Jan. 5 Grandview

Jan. 8-12 California Tournament

Jan. 17 at Hogan Prep

Jan. 19 Pleasant Hill

Jan. 3 at Van Horn

Jan. 29 at California

Jan. 31 Smith-Cotton

Feb. 2 at Harrisonville

Feb. 6 Oak Grove

Feb. 8 at Center

Feb. 14 St. Pius X

Feb. 16 at Odessa

Feb. 20 Clinton

Feb. 22 Fort Osage



Warrensburg's Josh Thomas posts a triple against Boonville on Jan. 3, 2023, at Warrensburg High School. He finished the game with four three-point makes.



Warrensburg's Nick Nimmo moves the ball around the arc against Center on Feb. 10, 2023, at Warrensburg High School.

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Warrensburg's Avrie Fox posts a shot against East Newton on Dec. 28, 2022, at Hy-Vee Arena in Kansas City.



Warrensburg's Adrianna Nunnely drives the ball against Odessa on Feb. 17, 2023, at Warrensburg High School.

GIRLS BASKETBALL

Head coach: Ernie Haag
2022-23 record: 15-12

Highlights: Ernie Haag takes the helm of the Lady Tigers program, becoming the third head coach it has seen in the last four years. Haag served as an assistant coach for Chris Nimmo last season after previously serving as the longtime head coach at Stover.

Outlook: The two-time defending MRVC West co-champs return names to the court that include Adrianna Nunnely, Gabriella Reasbeck, Gabby Fatka, Avrie Fox, Lillianne Teichman and Makayla Buck.

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2023-24 SCHEDULE

Nov. 29-Dec. 1 Van Horn Tournament
 Dec. 5 Southern Boone
 Dec. 7 at Smith-Cotton
 Dec. 11-15 MRVC West Tournament (at Harrisonville)
 Dec. 28 vs TBD (at Hy-Vee Arena)
 Jan. 4 at Ewing Marion Kauffman
 Jan. 5 Grandview
 Jan. 8 Capital City
 Jan. 16 Van Horn
 Jan. 18 Pleasant Hill
 Jan. 25-27 at Lebanon Tournament
 Jan. 30 Notre Dame de Sion
 Feb. 2 at Harrisonville
 Feb. 6 Oak Grove
 Feb. 8 at Center
 Feb. 13 at St. Teresa's Academy
 Feb. 15 at Odessa
 Feb. 20 Clinton
 Feb. 22 Fort Osage

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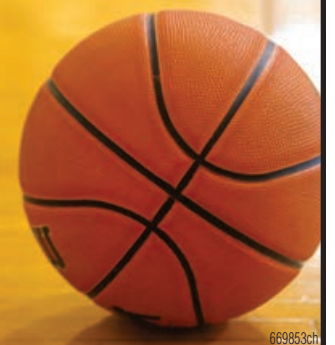
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BOYS WRESTLING

Head coach: Candace Cameron

Highlights: Warrensburg begins the season with a new head coach for the second-consecutive season. Candace Cameron joins the Tigers after time at Jefferson City, most recently serving as the head coach of the Jays' girls program.

Outlook: Dayton Dunn is the program's lone returning state qualifier. Other names coming back to the program include Justus Griffith, Reid Kearfott, Tatum Davis, Hayden Gilpin, Cruz Villegas and Elias McKinley.

2023-24 SCHEDULE

- Nov. 28 at Knob Noster
- Nov. 29 at Holden
- Dec. 7 Boonville
- Dec. 8-9 Lee's Summit North Tournament
- Dec. 15-16 Harrisonville Tournament
- Dec. 29 at Hallsville
- Jan. 6 Excelsior Springs Tournament
- Jan. 9 Marshall
- Jan. 13 MRVC West Tournament (at Lafayette County)
- Jan. 16 Odessa
- Jan. 18 at Van Horn
- Jan. 19-20 Platte County Invitational
- Jan. 23 at Clinton
- Jan. 27 Odessa Invitational
- Jan. 30 at Oak Grove
- Feb. 1 Smith-Cotton



Warrensburg's Elias McKinley wrestles against Knob Noster on Nov. 29, 2022, at Knob Noster High School.

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GIRLS WRESTLING

Head coach: Shelby McDonald

Highlights: Shelby McDonald is set to serve as the first-ever Warrensburg girls wrestling head coach. The program saw its first true wave of athletes last year.

Outlook: Among the returning names to the Lady Tigers include Avah Hall, Arianna Brown, Cerissa Holsey, Alexis Ilnick and Avee Bevans. Brown and Hall are the two most senior members of the program as juniors.

2023-24 SCHEDULE

Nov. 28 at Knob Noster
Nov. 29 at Holden
Dec. 7 Boonville
Dec. 8-9 Belton Invitational
Dec. 15 Eldon Tournament
Dec. 28 Battle Tournament
Jan. 4 at Pleasant Hill
Jan. 5 Butler Invitational
Jan. 9 Marshall
Jan. 12 MRVC Tournament (at Lafayette County)
Jan. 16 Odessa
Jan. 18 at Van Horn
Jan. 19-20 Clinton Invitational
Jan. 23 at Clinton
Jan. 30 at Oak Grove
Feb. 1 Smith-Cotton
Feb. 3 Winnetonka Tournament
Feb. 6 at Nevada



Warrensburg's Avah Hall wrestles an El Dorado Springs opponent during the Knob Noster quad Nov. 29, 2022, at Knob Noster High School



GIRLS SWIMMING

Head coach: Brandon Campbell

Highlights: The Tigers head into their first season under the leadership of Brandon Campbell.

Outlook: Warrensburg will be seeking another year of program growth. Returning names include Bailey Bromwell, Madison Chenault, Bridget Kellner, Lillie Mannering, Brinlea Rhyne and Isabella Teaford.

2023-24 SCHEDULE

Nov. 28 at Blue Springs South
Dec. 5 at Smith-Cotton
Dec. 6 at Raytown
Dec. 9 Winnetonka Invitational
Dec. 12 at Blue Springs South
Dec. 14 at Central
Dec. 19 at Lee's Summit North
Dec. 29 at Winnetonka
Jan. 3 at Belton
Jan. 10 at Belton
Jan. 10 at Raytown
Jan. 11 Warrensburg Home Meet
Jan. 13 Smith-Cotton Invitational
Jan. 17 at Winnetonka
Jan. 19-20 Belton Invitational
Jan. 23 at Blue Springs South
Jan. 24 West Central Classic (at Smith-Cotton)
Feb. 5-6 ILCS (at Central)

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BOYS BASKETBALL

Head coach: Chad Grammer

2022-23 record: 1-26

Highlights: Chilhowee had just one win last season, arriving in the form of a 54-53 overtime win over Ballard. The Indians graduated their leading ball handler in Asher Harness.

Outlook: Chilhowee expects to have an increase in numbers this season. They played several games with five athletes last season. The Indians finished their lone win in a 3v5 scenario.

2023-24 SCHEDULE

Nov. 17 at La Monte
 Nov. 21 Hardin-Central
 Nov. 27-Dec 2 GVVC Tournament (at Sheldon)
 Dec. 7 Green Ridge
 Dec. 12 at Lakeland
 Dec. 15 vs Norborne (at SFCC)
 Dec. 19 Climax Springs
 Dec. 26-29 William D. Gordon Holiday Classic (at Drexel)
 Jan. 2 at Northeast Vernon County
 Jan. 4 Montrose
 Jan. 8-13 Appleton City Invitational
 Jan. 16 Hume
 Jan. 18 Otterville
 Jan. 26 at Sheldon
 Jan. 30 Miami
 Feb. 2 Bronaugh
 Feb. 6 Kingsville
 Feb. 9 at Lutheran KC
 Feb. 12 Ballard
 Feb. 16 at Prairie Home



Chilhowee's Hunter Wharton jumps for a shot against Northwest on Nov. 18, 2022, at Northwest High School.

GIRLS BASKETBALL

Head coach: Randy Buss

2022-23 record: 13-15

Highlights: Chilhowee claimed its first postseason win since 2018-19 last season, opening the Class 1 District 8 Tournament with a 34-31 victory against Kingsville. The Indians averaged 39.6 points per game while allowing their opponents to 41.4.

Outlook: Chilhowee returns a core that includes juniors Ryleigh Dean, Alexis Miller and Haley Lankford. The Indians have finished with double-digit wins in back-to-back seasons for the first time since MSHSAA.org recordkeeping began in 2008-09.

2023-24 SCHEDULE

Nov. 17 at La Monte
 Nov. 21 Hardin-Central
 Nov. 27-Dec 2 GVVC Tournament (at Sheldon)
 Dec. 7 Green Ridge
 Dec. 12 at Lakeland
 Dec. 15 vs Norborne (at SFCC)
 Dec. 19 Climax Springs
 Dec. 26-29 William D. Gordon Holiday Classic (at Drexel)
 Jan. 2 at Northeast Vernon County
 Jan. 4 Montrose
 Jan. 8-13 Appleton City Invitational
 Jan. 16 Hume
 Jan. 18 Otterville
 Jan. 26 at Sheldon
 Jan. 30 Miami
 Feb. 2 Bronaugh
 Feb. 6 Kingsville
 Feb. 9 at Lutheran KC
 Feb. 12 Lincoln
 Feb. 16 at Bunceton

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BOYS BASKETBALL

Head coach: Kevin Shearer

2022-23 record: 22-8

Highlights: Cole Camp won a district championship for a second year in a row by beating Russellville.

Outlook: An encore of 2021-22's dramatics, the Bluebirds advanced in sectionals with a 54-51 win in triple overtime over North Callaway. Gentry Dieckman and Reid Harrison return for a team that should remain plenty formidable.

2023-24 SCHEDULE

Nov. 27-Dec. 2 at Warsaw Tournament

Dec. 7 Versailles

Dec. 12 at La Monte

Dec. 15 at Sacred Heart

Dec. 16 vs St. Paul Lutheran

Dec. 19 at Sherwood

Dec. 30-Jan. 6 at Stover Tournament

Jan. 8 at Crest Ridge

Jan. 9 Concordia

Jan. 12 Tipton

Jan. 16 at Lincoln

Jan. 18 at Warsaw

Jan. 19 at Windsor

Jan. 20 at Russellville

Jan. 23 Otterville

Jan. 27-Feb. 3 at Kaysinger Conference

Tournament

Feb. 6 Northwest

Feb. 9 Green Ridge

Feb. 13 at Smithton

Feb. 16 at Stover



Bluebirds senior Reid Harrison puts the ball on a floor in a postseason game on March 3, 2022.

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COLE CAMP



Lady Bluebirds guard Kyla Harms attempts a free throw at the Kaysinger Conference Tournament on Jan. 28, 2023.

GIRLS BASKETBALL

Head coach: Derald Henderson

2022-23 record: 10-18

Highlights: The Lady Bluebirds went on the road for a victory in double overtime over Green Ridge on Feb. 10.

Outlook: Cole Camp is expected to reset after losing seven seniors, including first-team All-Kaysinger pick Kyla Harms. It'll happen under a new head coach in Henderson.

2023-24 SCHEDULE

Nov. 20 Warsaw

Nov. 27-Dec. 1 at Warsaw Tournament

Dec. 7 Versailles

Dec. 12 at La Monte

Dec. 14 Sacred Heart

Dec. 16 vs St. Paul Lutheran

Dec. 18 at Russellville

Dec. 19 at Sherwood

Dec. 30-Jan. 6 at Stover Tournament

Jan. 8 at Crest Ridge

Jan. 9 Concordia

Jan. 11 at Tipton

Jan. 15 Lincoln

Jan. 18 Windsor

Jan. 26-Feb. 2 at Kaysinger Conference

Tournament

Feb. 6 Northwest

Feb. 8 at Green Ridge

Feb. 12 Smithton

Feb. 16 at Stover

Good Luck this Season Cole Camp Bluebirds!



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BOYS BASKETBALL

Head coach: Cole Schmidli

2022-23 record: 14-14

Highlights: Crest Ridge advanced to the district semifinals last season, seeing its season end against eventual district champion Wellington-Napoleon.

Outlook: The Cougars return the majority of their contributors from last season including Wesley Taylor, Conner Buttram and Landon Ashworth and Gavin Wyatt. Crest Ridge is also expected to welcome back Wyatt Ducos to the floor after missing his sophomore season with an injury.

2023-24 SCHEDULE

Nov. 17 Green Ridge
 Nov. 21 at Kingsville
 Nov. 27 at Windsor
 Dec. 1 at Holden
 Dec. 4-9 I-70 Conference Tournament (at Concordia)
 Dec. 15 at Leeton
 Dec. 20 Concordia
 Jan. 2 at Sherwood
 Jan. 5 Lone Jack
 Jan 8 Cole Camp
 Jan. 12 at Wellington-Napoleon
 Jan. 16 at Lexington
 Jan. 19 at Archie
 Jan. 22-27 F&C Bank Cougar Classic
 Jan. 30 Orrick
 Feb. 2 Santa Fe
 Feb. 7 at Stover
 Feb. 9 at Knob Noster
 Feb. 13 Sweet Springs
 Feb. 15 at St. Paul Lutheran

GIRLS BASKETBALL

Head coach: Katie Woolsey

2022-23 record: 10-17

Highlights: Crest Ridge compiled wins against Green Ridge, Kingsville, Windsor, Orrick, Lincoln, Cole Camp, Lexington and Knob Noster last season.

Outlook: Crest Ridge's returners include Mady Troubough, Katlyn Gassen, Graycen Vanwey, Chesni Edwards, Grace Shanks and Kayley Marten.

2023-24 SCHEDULE

Nov. 17 Green Ridge
 Nov. 21 at Kingsville
 Nov. 27 at Windsor
 Dec. 1 at Holden
 Dec. 4-9 I-70 Conference Tournament (at Concordia)
 Dec. 15 at Leeton
 Dec. 20 Concordia
 Jan. 2 at Sherwood
 Jan. 3 at Lincoln
 Jan. 5 Lone Jack
 Jan. 8 Cole Camp
 Jan. 12 at Wellington-Napoleon
 Jan. 16 at Lexington
 Jan. 18 Smithton
 Jan. 19 at Archie
 Jan. 22-27 F&C Bank Cougar Classic
 Jan. 30 Orrick
 Feb. 2 Santa Fe
 Feb. 7 at Stover
 Feb. 9 at Knob Noster
 Feb. 13 Sweet Springs
 Feb. 15 at St. Paul Lutheran

LET'S GO COUGARS!



Crest Ridge's Conner Buttram watches a pass float past the finger tips of a Lexington defender during the F&C Bank Cougar Classic third place game Jan. 28, 2023, at Crest Ridge High School.



Crest Ridge sophomore Kayley Marten faces pressure against Lincoln on Jan. 4, 2023, at Crest Ridge High School.

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BOYS BASKETBALL

Head coach: Jason Cannon

2022-23 record: 10-17

Highlights: The Tigers picked up two wins at the Kaysinger Conference Tournament over La Monte and Windsor.

Outlook: The metrics moved in the right direction from two seasons ago for Green Ridge, who had four losses by a basket or less. Senior Weston Crawford and the Tigers should push to improve above .500.

2023-24 SCHEDULE

Nov. 17 at Crest Ridge
 Nov. 20 Kingsville
 Nov. 21 Hermitage
 Nov. 28 Prairie Home with Bunceton
 Nov. 29 Leeton
 Dec. 7 at Chilhowee
 Dec. 12 Otterville
 Dec. 15 at Northwest
 Dec. 18 Concordia
 Dec. 27 vs Hardin-Central
 Dec. 30-Jan. 6 at Stover Tournament
 Jan. 9 at Smithton
 Jan. 15 at Warsaw
 Jan. 16 Sacred Heart
 Jan. 19 at Stover
 Jan. 22 at Ballard
 Jan. 23 at Tipton
 Jan. 26-Feb. 2 at Kaysinger Conference
 Tournament
 Feb. 6 La Monte
 Feb. 9 at Cole Camp
 Feb. 13 Windsor
 Feb. 16 at Lincoln

GO TIGERS!

GIRLS BASKETBALL

Head coach: Hayden Doane

2022-23 record: 6-19

Highlights: Green Ridge got its best road victory of the year by beating Concordia on Feb. 9, 47-44.

Outlook: The Lady Tigers graduated just three players and had no juniors last season. Their youth will look to take another step after winning four of the last five to end the regular season last winter.

2023-24 SCHEDULE

Nov. 17 at Crest Ridge
 Nov. 20 Kingsville
 Nov. 21 Hermitage
 Nov. 28 Bunceton with Prairie Home
 Nov. 29 Leeton
 Dec. 7 at Chilhowee
 Dec. 12 Otterville
 Dec. 15 at Northwest
 Dec. 18 Concordia
 Dec. 27 vs Hardin-Central
 Dec.30-Jan. 6 at Stover Tournament
 Jan. 9 at Smithton
 Jan. 11 at Dixon
 Jan. 16 Sacred Heart
 Jan. 19 at Stover
 Jan. 23 at Tipton
 Jan. 26-Feb. 3 at Kaysinger Conference
 Tournament
 Feb. 6 La Monte
 Feb. 8 Cole Camp
 Feb. 13 Windsor
 Feb. 16 at Lincoln



Green Ridge sophomore Wyatt Brosch rises for a shot in the paint in a W-K Holiday Shootout game held Dec. 27, 2022.

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BOYS BASKETBALL

Head coach: Nathan Martin

2022-23 record: 9-16

Highlights: Holden was one win shy of reaching double-digit victories for the first time since 2016 last year. The Eagles' nine wins were the most the program has seen in a season since then.

Outlook: The Eagles will have shoes to fill this season after graduating Josh Taylor. They will also likely have to navigate the year without 2022-23 leading scorer Aiden Morarity, who suffered an injury during the football season.

2023-24 SCHEDULE

Nov. 21 at Concordia
Nov. 28 Sherwood
Dec. 1 Crest Ridge
Dec. 5 Carrollton
Dec. 8 Knob Noster
Dec. 11-16 Midway Tournament
Dec. 18 at Richmond
Dec. 21 12 Courts of Christmas (at Hy-Vee Arena)
Dec. 30-Jan. 6 Stover Tournament
Jan. 9 at Lexington
Jan. 11 at Butler
Jan. 12 at Knob Noster
Jan. 15 at Oak Grove
Jan. 19 Lafayette County
Jan. 22 F&C Bank Cougar Classic
Jan. 30 at Carrollton
Feb. 2 Richmond
Feb. 13 Lexington
Feb. 15 at Lafayette County

GIRLS BASKETBALL

Head coach: Ben Kiger

2022-23 record: 19-7

Highlights: Holden appeared in the Class 3 District 13 championship game last season, losing to eventual state-runner-up El Dorado Springs. It marked the first time the Lady Eagles finished with single-digit losses since 2018.

Outlook: The Eagles will have a new wave on the hardwood after graduating Alli Iles, Camille Davidson and Marah Klover. Their on-court personnel should feature Jaci Gower, Rachel Wamsley, Adalyn Campbell and Lilee Keller.

2023-24 SCHEDULE

Nov. 21 Adrian
Nov. 28 Sherwood
Nov. 30 at Crest Ridge
Dec. 1 at Oak Grove
Dec. 5 Carrollton
Dec. 8 at Pleasant Hill
Dec. 11-16 Midway Tournament
Dec. 18 at Richmond
Dec. 21 12 Courts of Christmas (at Hy-Vee Arena)
Dec. 30-Jan. 6 Stover Tournament
Jan. 8 Lexington
Jan. 11 Knob Noster
Jan. 16 at Odessa
Jan. 19 Lafayette County
Jan. 22-27 F&C Bank Cougar Classic
Jan. 30 at Carrollton
Feb. 2 Richmond
Feb. 12 at Lexington
Feb. 13 at Knob Noster
Feb. 15 at Lafayette County

GIRLS WRESTLING

Head coach: Ron Franklin

Highlights: Holden girls wrestling made a name for itself last season, earning a Class 1 District 3 District title. The Eagles had three medals at state, including a runner-up showing from Macey Greene and fifth-place finishes from Haley Brooks and Charlie Gregg.

Outlook: The Eagles return their core from a year ago and should continue to excel as a program.

2023-24 SCHEDULE

Nov. 21 Versailles Invitational
Nov. 28 at California
Nov. 29 Warrensburg
Dec. 2 Marcelin Tournament
Dec. 7 at Sherwood
Dec. 8-9 Belton Tournament
Dec. 12 at Adrian
Dec. 15-16 Lady Mustangs Christmas Clash (at Eldon)
Dec. 27 Parkview Tournament
Jan. 5 Butler Tournament
Jan. 9 Lafayette County
Jan. 12 MRVC Tournament (at Lafayette County)
Jan. 15 Brick City Girls Classic (at Mexico)
Jan. 16 at Carrollton
Jan. 19 Clinton Tournament
Jan. 25 at Lexington
Jan. 30 at Richmond
Feb 3 Buffalo Tournament



HO
LD
EN

BOYS WRESTLING

Head coach: Matt Hertzog

Highlights: Daylen Greene compiled the third state medal of his career with a runner-up finish in the MSHSAA Class 1 Championships 120-pound bracket.

Outlook: The Eagles had three boys wrestlers at state last season. CJ Reifsteck and Kale Tryon joined Daylen Greene in Columbia.

2023-24 SCHEDULE

Nov. 28 at California
Nov. 21 Warrensburg
Dec. 2 Ray Stockdale Invitational
Dec. 7 at Sherwood
Dec. 12 at Adrian
Dec. 15-16 Battle on the Katy Trail (at Mathewson Center)
Jan. 6 Butler Tournament
Jan. 9 Lafayette County
Jan. 13 MRVC Tournament (at Lafayette County)
Jan. 16 at Carrollton
Jan. 20 Gary Haag Invitational (at Brookfield)
Jan. 25 at Lexington
Jan. 27 Odessa Tournament
Jan. 30 at Richmond Tri
Feb. 3 James Booher Memorial Wrestling Tournament (at Albany)

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BOYS BASKETBALL

Head coach: Bill Adams

2022-23 record: 15-12

Highlights: Kingsville finished above .500 for the first time since 2010 last season. The Tigers averaged 53.6 points per game while holding its opponents to 47.9

Outlook: Kingsville's returners include John Feleeman, Brayden Barnett, Brady Stout, Chase Stout, Jack Jagow and Harley Rusche.

2023-24 SCHEDULE

Nov. 20 at Green Ridge
 Nov. 21 Crest Ridge
 Nov. 28 Appleton City
 Nov. 30 Northland Christian
 Dec. 4-9 Pilot Grove Tiger Classic
 Dec. 15 Lakeland
 Dec. 18 at Northeast Vernon County
 Dec. 21 vs West Platte (at Hy-Vee Arena)
 Dec. 26-29 William D. Gordon Holiday Classic (at Drexel)
 Jan. 5 Wellington-Napoleon
 Jan. 8 La Monte
 Jan. 9 at Sherwood
 Jan. 12 at Drexel
 Jan. 16 Orrick
 Jan. 19 at Miami
 Jan. 25 Northwest
 Jan. 29 at Bronaugh
 Jan. 31 at Sweet Springs
 Feb. 6 at Chilhowee
 Feb. 9 Montrose
 Feb. 13 at Ballard
 Feb. 15 at Hume



GIRLS BASKETBALL

Head coach: Kierston Howerton

2022-23 record: 9-18

Highlights: Kingsville reached nine wins last year, highlighting the most the program has seen since reaching 12 in 2019.

Outlook: Kingsville's returners to the court include Laci Collens, Ashlyn Grisell, Kiersten Murkin, Hannah Collens and Sylvia Schoenberger.

2023-24 SCHEDULE

Nov. 20 at Green Ridge
 Nov. 21 Crest Ridge
 Nov. 28 Appleton City
 Nov. 30 Northland Christian
 Dec. 4-9 Pilot Grove Tiger Classic
 Dec. 15 Lakeland
 Dec. 18 at Northeast Vernon County
 Dec. 21 12 Courts of Christmas (at Hy-Vee Arena)
 Dec. 26-29 William D. Gordon Holiday Classic (at Drexel)
 Jan. 5 Wellington-Napoleon
 Jan. 8 La Monte
 Jan. 9 at Sherwood
 Jan. 12 at Drexel
 Jan. 16 Orrick
 Jan. 19 at Miami
 Jan. 25 Northwest
 Jan. 29 at Bronaugh
 Jan. 31 at Sweet Springs
 Feb. 2 Heartland
 Feb. 6 at Chilhowee
 Feb. 9 Montrose
 Feb. 15 at Hume



Kingsville's Laci Collens awaits an open teammate against Crest Ridge on Nov. 22, 2022, at Crest Ridge High School.



Kingsville's Brock Truby posts a jumper against Crest Ridge on Nov. 22, 2022, at Crest Ridge High School.

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Go Panthers!

BOYS BASKETBALL

Head coach: Henry Stratton

2022-23 record: 14-13

Highlights: Knob Noster's 2022-23 season included an appearance in the F&C Bank Cougar Classic championship game. The Panthers averaged 57 points per game while allowing its opponents to 59.9.

Outlook: The Panthers return most of their lineup from a year ago including Lucas Martin, Carson Zimmerschied, Josh Hagle and Sam Livingston.

2023-24 SCHEDULE

Nov. 21 at Clinton
Nov. 27-Dec. 2 Warsaw Tournament
Dec. 5 at Pleasant Hill
Dec. 7 Harrisonville
Dec. 8 at Holden
Dec. 12 Richmond
Dec. 21 at Osage
Dec. 30-Jan. 6 Stover Tournament
Jan. 9 Lafayette County
Jan. 12 Holden
Jan. 16 at Smith-Cotton
Jan. 19 at Carrollton
Jan. 26 F&C Bank Cougar Classic
Jan. 30 Lexington
Feb. 2 at Lafayette County
Feb. 6 at Richmond
Feb. 9 Crest Ridge
Feb. 13 Carrollton
Feb. 15 at Lexington
Feb. 22 Versailles

GIRLS BASKETBALL

Head coach: Drew Apsher

2022-23 record: 7-19

Highlights: Knob Noster finished with wins against Weaubleau, Cole Camp, Lafayette County, Summit Christian Academy, Crest Ridge and Lexington (twice) last season.

Outlook: The Panthers' returning athletes feature Khyllie Remenga, Jenna Buzzanga, Sophia Scarbrough, Jaidan Meyer and Danika Yates.

2023-24 SCHEDULE

Nov. 20 at Concordia
Nov. 27-Dec. 2 Warsaw Basketball Tournament
Dec. 4 at Marshall
Dec. 8 Versailles
Dec. 12 at Richmond
Dec. 18 at Odessa
Dec. 19 at Oak Grove
Dec. 30-Jan. 6 Stover Tournament
Jan. 8 Lafayette County
Jan. 10 at Harrisonville
Jan. 11 at Holden
Jan. 18 at Carrollton
Jan. 22-27 F&C Bank Cougar Classic
Jan. 29 at Lexington
Feb. 2 at Lafayette County
Feb. 5 Richmond
Feb. 8 Holden
Feb. 9 Crest Ridge
Feb. 12 Carrollton
Feb. 15 Lexington

BOYS WRESTLING

Head coach: Aaron Avery

Highlights: Knob Noster finished with three Class 1 state medalists last season, made up of a third-place finish from Trey Payne, a fifth place finish from Eli Avery and a sixth-place finish from Mason Grosz.

Outlook: The Panthers will look to make another strong showing in Columbia this year.

2023-24 SCHEDULE

Nov. 28 Adrian, El Dorado Springs, Warrensburg
Dec. 2 Ray Stockdale Invitational
Dec. 5 at Versailles
Dec. 7 Lexington
Dec. 11 California, Cole Camp, Stover
Dec. 15-16 Battle on the Katy Trail (at Mathewson Center)
Jan. 6 Butler Tournament

Jan. 11 Harrisonville
Jan. 13 MRVC Tournament (at Lafayette County)
Jan. 16 at Smith-Cotton
Jan. 23 at Lafayette County
Jan. 25 Carrollton, St. Paul, University City
Jan. 27 Highway 13 Throwdown (at Lafayette County)
Jan. 30 Richmond, Holden

GIRLS WRESTLING

Head coach: Ray Stockdale

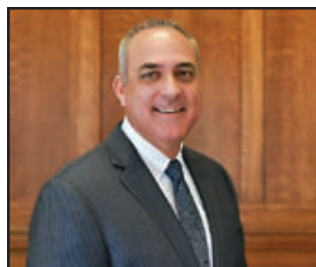
Highlights: Ray Stockdale returns to the sidelines this season as the first official head coach of Knob Noster girls wrestling. He previously led the boys program for 27 seasons.

Outlook: Abby Sader returns as the Panthers' lone All-State athlete from a year ago. She was a state-runner up in Class 1.

2023-24 SCHEDULE

Nov. 28 Adrian, El Dorado Springs, Warrensburg
Nov. 30 at Odessa
Dec. 5 at Versailles
Dec. 7 Lexington
Dec. 8-9 Greater KC Tournament (at Belton)
Dec. 11 California, Cole Camp
Dec. 15-16 Battle of the Katy Trail (at Mathewson Center)
Dec. 30 Wonder Woman (at Columbia)
Jan. 5 Butler Tournament
Jan. 11 Harrisonville
Jan. 18 Harrisonville Girls Scramble
Dec. 20 Knob Noster Girls Tournament
Jan. 23 at Lafayette County
Jan. 25 at Carrollton
Jan. 26 Highway 13 Throwdown (at Lafayette County)
Jan. 30 at Holden

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LAMONTE



La Monte junior Ryan Anderson attempts a free throw in a Kaysinger Conference Tournament play-in game against Stover on Jan. 27, 2023.



Vikings senior Tyler Weber goes up for a layup in a game against Chilhowee on Dec. 16, 2022.

BOYS BASKETBALL

Head coach: Scott Floyd

2022-23 record: 3-22

Highlights: La Monte won its lone game on home court on Jan. 23 against Columbia Independent, 53-24.

Outlook: All-Kaysinger Honorable Mention Tyler Weber returns for his senior year as the Vikings look to be more competitive, and will do so having graduated just one senior from last season's side.

2023-24 SCHEDULE

Nov. 17 Chilhowee
 Nov. 21 at Santa Fe
 Nov. 28 at Jamestown
 Nov. 30 at Calvary Lutheran
 Dec. 2 at Sweet Springs
 Dec. 4 Tuscumbia
 Dec. 8 at Tipton
 Dec. 11 Columbia Independent
 Dec. 12 Cole Camp
 Dec. 15 at Miami
 Dec. 19 vs Northland Christian
 Jan. 5 Ballard
 Jan. 8 at Kingsville
 Jan. 9 Lincoln
 Jan. 12 Windsor
 Jan. 16 at Otterville
 Jan. 17 Concordia
 Jan. 19 Northwest
 Jan. 22 at Columbia Independent
 Jan. 23 Smithton
 Jan. 27-Feb. 3 at Kaysinger Conference
 Tournament
 Feb. 6 at Green Ridge
 Feb. 9 at Stover
 Feb. 13 Sacred Heart
 Feb. 15 at Northland Christian

GIRLS BASKETBALL

Head coach: Jonathan Hall

2022-23 record: 0-26

Highlights: The Lady Vikings fell to Columbia Independent by just two points, 33-31, on Jan. 23.

Outlook: After the program went on hiatus for a year, La Monte girls basketball returned. Six of last year's eight players were underclassmen, who will be tasked with taking the obvious step of putting at least one in the win column this year.

2023-24 SCHEDULE

Nov. 17 Chilhowee
 Nov. 21 at Santa Fe
 Nov. 28 at Jamestown
 Nov. 30 at Calvary Lutheran
 Dec. 2 at Sweet Springs
 Dec. 4 Tuscumbia
 Dec. 8 at Tipton
 Dec. 11 Columbia Independent
 Dec. 12 Cole Camp
 Dec. 15 at Miami
 Dec. 19 vs Northland Christian
 Jan. 8 at Kingsville
 Jan. 9 Lincoln
 Jan. 12 Windsor
 Jan. 16 at Otterville
 Jan. 17 Concordia
 Jan. 19 Northwest (JV)
 Jan. 22 at Columbia Independent
 Jan. 23 Smithton
 Jan. 27-Feb. 3 at Kaysinger Conference
 Tournament
 Feb. 6 at Green Ridge
 Feb. 9 at Stover
 Feb. 13 Sacred Heart
 Feb. 15 at Northland Christian



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Leeton's Camden Uptegrove posts a jumper against Concordia during the F&C Bank Cougar Classic on Jan. 24, 2023, at Crest Ridge High School.



Leeton's Hadley Shaffer drives the ball against Platte Valley in the MSHSAA Class 1 third-place game March 10, 2023, inside the Hammons Student Center in Springfield.



Leeton's Jayden Parsons puts up a shot against Meadville in the MSHSAA Class 1 semifinal round March 9, 2023, at Great Southern Bank Arena, in Springfield.

BOYS BASKETBALL

Head coach: Ross Shull

2022-23 record: 22-6

Highlights: Leeton captured the program's first district title since 2015 last season. The Bulldogs also won the F&C Bank Cougar Classic and finished second in the Skyline Tournament.

Outlook: Leeton's returners include Camden Uptegrove, Reid Johnson, Anthony Gutridge, Jaxon Shaffer and Ethan Page. The Bulldogs will be looking for their 12th winning record in the last 13 years.

2023-24 SCHEDULE

Nov. 21 Lone Jack
 Nov. 29 at Green Ridge
 Dec. 1 at Appleton City
 Dec. 5 Lakeland
 Dec. 7 at Tipton
 Dec. 13 at Drexel
 Dec. 15 Crest Ridge
 Dec. 19 at Sacred Heart
 Dec. 27 vs Macks Creek (at SFCC)
 Jan. 2 at Montrose
 Jan. 4 Northwest
 Jan. 8-13 Skyline Tournament
 Jan. 16 Sherwood
 Jan. 19 Wellington-Napoleon
 Jan. 22-27 F&C Bank Cougar Classic
 Jan. 31 at Prairie Home
 Feb. 2 at Butler
 Feb. 7 at Archie
 Feb. 9 Midway
 Feb. 12 St. Paul Lutheran
 Feb. 14 at Concordia

GIRLS BASKETBALL

Head coach: Travis Fleming

2022-23 record: 26-5

Highlights: Leeton advanced

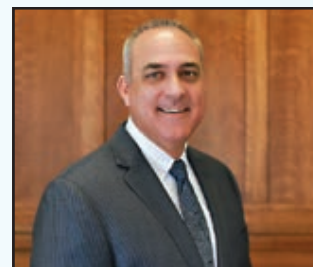
to the program's fourth consecutive final four, finishing fourth in Class 1 last season. The Bulldogs have won seven consecutive district titles and have reached at least 20 wins in eight straight seasons.

Outlook: A change of the guard will take place this year after graduating the "three-headed monster" of Bailey Fleming, Jadeyn Johnson and Jordan Crooks. The Bulldogs return Chezney Early, Jillian Mudd, Jayden Parsons and Hadley Shaffer from last season's final four contributors.

2023-24 SCHEDULE

Nov. 21 Lone Jack
 Nov. 29 at Green Ridge
 Dec. 1 at Appleton City
 Dec. 5 Lakeland
 Dec. 7 at Tipton
 Dec. 13 at Drexel
 Dec. 15 Crest Ridge
 Dec. 19 at Sacred Heart
 Dec. 27 vs Macks Creek
 Jan. 2 at Montrose
 Jan. 4 Northwest
 Jan. 6-13 Skyline Tournament
 Jan. 16 Sherwood
 Jan. 19 Wellington-Napoleon
 Jan. 22-27 F&C Bank Cougar Classic
 Jan. 31 at Bunceton
 Feb. 2 at Butler
 Feb. 7 at Archie
 Feb. 9 Midway
 Feb. 12 St. Paul Lutheran
 Feb. 14 at Concordia

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Lincoln's Kyle Eckhoff shoots a 3-pointer against Concordia in a W-K Holiday Shootout game on Dec. 14, 2022.



Lady Cardinals senior Mackenzie Yearout handles the ball in a game against Smithton in Sedalia on Jan. 30, 2023.

BOYS BASKETBALL

Head coach: Tyler Burke

2022-23 record: 28-1

Highlights: Lincoln ran the table in the regular season, then won a Class 2 district title.

Outlook: The Cardinals were dominate defensively en route to a flawless slate until sectionals. It will be a rebuilding year around a new nucleus after the graduation of a six-senior class that won nearly 80 games in the last four seasons.

2023-24 SCHEDULE

Nov. 27-Dec. 2 at Warsaw Tournament

Dec. 5 Butler

Dec. 8 at Lakeland

Dec. 11 Stover

Dec. 13 vs Concordia

Dec. 16-22 at Otterville

Holiday Classic

Jan. 2 Skyline

Jan. 4 at Eugene

Jan. 5 Smithton

Jan. 9 at La Monte

Jan. 12 at Sacred Heart

Jan. 16 Cole Camp

Jan. 19 at Tipton

Jan. 23 Warsaw

Jan. 26-Feb. 3 at Kaysinger

Conference Tournament

Feb. 6 at Windsor

Feb. 9 Northwest

Feb. 13 at Otterville

Feb. 16 Green Ridge

GIRLS BASKETBALL

Head coach: Dana Lynde

2022-23 record: 8-18

Highlights: Lincoln won three games at the Kaysinger Conference Tournament, capturing fifth place.

Outlook: The Cardinals will miss multi-year starter Gracyn Efiert, but junior Alyssa Mellen proved a nice building block for a team that otherwise returns nearly intact.

2023-24 SCHEDULE

Nov. 20 at Hermitage

Nov. 27-Dec. 2 at Warsaw Tournament

Dec. 4 at Warsaw

Dec. 5 Butler

Dec. 8 at Lakeland

Dec. 11 Stover

Dec. 13 vs Concordia

Dec. 16-22 at Otterville

Holiday Classic

Jan. 3 Crest Ridge

Jan. 5 Smithton

Jan. 9 at La Monte

Jan. 12 at Sacred Heart

Jan. 15 at Cole Camp

Jan. 18 Tipton

Jan. 26-Feb. 3 at Kaysinger

Conference Tournament

Feb. 5 Windsor

Feb. 9 Northwest

Feb. 12 at Chilhowee

Feb. 13 at Otterville

Feb. 16 Green Ridge

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BOYS BASKETBALL

Head coach: Rick Mills

2022-23 record: 21-8

Highlights: The Mustangs defeated Sacred Heart in the title game to win the Pilot Grove Tiger Classic.

Outlook: Coming off a year of triumphant wins and heartbreaking losses, Northwest moves on without first-team All-Kaysinger selections Issac Nieters and Gavin Killion. If anyone can get the best out of a young group of players after the turnover, it's the veteran Mills.

2023-24 SCHEDULE

Nov. 17 Orrick
Nov. 21 Slater
Nov. 27 Concordia
Nov. 30 at Santa Fe
Dec. 1 Sweet Springs
Dec. 4-9 at Pilot Grove Tiger Classic
Dec. 12 at Smithton
Dec. 15 Green Ridge
Dec. 16-22 at Otterville Holiday Classic
Jan. 4 at Leeton
Jan. 9 Sacred Heart
Jan. 12 Stover
Jan. 16 Tipton
Jan. 19 at La Monte
Jan. 23 at Windsor
Jan. 25 at Kingsville
Feb. 6 at Cole Camp
Feb. 9 at Lincoln
Feb. 16 Otterville

GIRLS BASKETBALL

Head coach: Caleb Crooker

2022-23 record: 20-9

Highlights: The Lady Mustangs defeated Iberia to win the Otterville Holiday Classic.

Outlook: A program that won just one game in 2020, Northwest could follow in the footsteps of volleyball and be headed for a special season. Karli Smith, a 1,000-point scorer, is back as a senior, as is Gabby Meyer, who already was one of the most impactful forwards in the Kaysinger as a freshman.

2023-24 SCHEDULE

Nov. 21 Slater
Nov. 27 Concordia
Nov. 28 at Climax Springs
Nov. 30 at Santa Fe
Dec. 1 Sweet Springs
Dec. 4-9 at Pilot Grove Tiger Classic
Dec. 12 at Smithton
Dec. 14 vs Bunceton with Prairie Home
Dec. 15 Green Ridge
Dec. 16-22 at Otterville Holiday Classic
Jan. 4 at Leeton
Jan. 9 Sacred Heart
Jan. 12 Stover
Jan. 16 Tipton
Jan. 19 at La Monte
Jan. 23 at Windsor
Jan. 25 at Kingsville
Feb. 5 at Versailles
Feb. 6 at Cole Camp
Feb. 9 at Lincoln
Feb. 16 Otterville



Mustangs guard Gavin Killion pulls the trigger from beyond the arc against Chilhowee on Nov. 18, 2022.



Northwest forward Gabby Meyer looks to shoot in the paint against Bunceton with Prairie Home during a game on Dec. 15, 2022.

NORTHWEST

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OTTERVILLE

BOYS BASKETBALL

Head coach: Tom Ward

2022-23 record: 12-15

Highlights: Otterville ran off a four-game winning streak that included a victory over Green Ridge at home.

Outlook: The Eagles showed flashes where they were even better than their record indicated, losing four games by one possession. After graduating just Bryce Lappat, it'd be no surprise to see them leap above .500 and push for a top-4 seed in the Kaysinger.

2023-24 SCHEDULE

Nov. 20 Pilot Grove
Nov. 21 at Chamois
Nov. 27-Dec. 2 at Tipton
Tournament
Dec. 12 at Green Ridge
Dec. 14 Ballard
Dec. 16-22 at Otterville
Holiday Classic
Jan. 4 at Calvary Lutheran
Jan. 5 Santa Fe
Jan. 9 at Stover
Jan. 10 Jamestown
Jan. 12 at Smithton
Jan. 16 La Monte
Jan. 18 at Chilhowee
Jan. 19 Sacred Heart
Jan. 23 at Cole Camp
Jan. 26-Feb. 3 at Kaysinger
Conference Tournament
Feb. 6 at Tipton
Feb. 9 Windsor
Feb. 13 Lincoln
Feb. 16 at Northwest

GIRLS BASKETBALL

Head coach: Ryan Benny

2022-23 record: N/A

Highlights: Otterville's players participated in a co-op with Sacred Heart and were big contributors to an 18-win team.

Outlook: After two years in a row where the girls' side of the Kaysinger Conference was shorthanded, Otterville has the numbers to go yet again. Senior Jenna Halter will be the focal point for the Lady Eagles under a first-year head coach in Benny.

2023-24 SCHEDULE

Dec. 12 at Green Ridge
Dec. 16-22 at Otterville
Holiday Classic
Jan. 4 at Calvary Lutheran
Jan. 9 at Stover
Jan. 10 Jamestown
Jan. 12 at Smithton
Jan. 16 La Monte
Jan. 18 at Chilhowee
Jan. 19 Sacred Heart
Jan. 23 at Cole Camp
Jan. 26-Feb. 3 at Kaysinger
Conference Tournament
Feb. 6 at Tipton
Feb. 9 Windsor
Feb. 13 Lincoln
Feb. 16 at Northwest

**GO
EAGLES!!**



Otterville senior Austin Krause follows his shot in a game against Green Ridge at State Fair Community College on Jan. 27, 2023.



Wearing red and white as part of last year's co-op with Sacred Heart, Otterville's Katie McKinney looks toward the basket in a Kaysinger Conference Tournament quarterfinal on Jan. 28, 2023.



Eagles junior Braedyn Eads looks for a teammate in a game against Green Ridge on Jan. 27, 2023.

Good Luck to all area teams this season.



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Sacred Heart's Clayton Crooker handles the ball in a W-K Holiday Shootout game on Dec. 17, 2022.



Gremlins senior Gavin Caldwell shoots a 3-pointer against Sweet Springs on Dec. 17, 2022.

BOYS BASKETBALL

Head coach: Steve Goodwin

2022-23 record: 19-10

Highlights: Sacred Heart defeated Northwest and Weaubleau in back-to-back games in early February.

Outlook: With Tanner Damlo the only big contributor graduated from last year's team, the Gremlins feel set to take a step forward again. Another year of maturity and experience may mean greater consistency for Goodwin's group.

2023-24 SCHEDULE

Nov. 21 at Christian Fellowship Sr.

Nov. 28 Lafayette County

Dec. 4-9 at Pilot Grove Tiger Classic

Dec. 12 Windsor

Dec. 15 Cole Camp

Dec. 16 vs Sweet Springs

Dec. 19 Leeton

Dec. 21 at Weaubleau

Jan. 2 Macks Creek

Jan. 4 at St. Paul Lutheran

Jan. 9 at Northwest

Jan. 12 Lincoln

Jan. 16 at Green Ridge

Jan. 18 Clinton

Jan. 19 at Otterville

Jan. 23 at Stover

Jan. 26-Feb. 3 at Kaysinger Conference Tournament

Feb. 5 at Santa Fe

Feb. 6 Smithton

Feb. 10 at Hall of Fame Classic

Feb. 13 at La Monte

Feb. 16 Tipton

GIRLS BASKETBALL

Head coach: Michael Schwartz

2022-23 record: 18-9

Highlights: The Gremlins made a run to the Kaysinger Conference Tournament final after beating Northwest in the semifinals.

Outlook: It figures to be a building year for Sacred Heart. Combined with Otterville going out on its own again, Schwartz has to replace all five starters. Regardless, it'll be a young team with just three seniors and juniors listed combined.

2023-24 SCHEDULE

Nov. 21 at Christian Fellowship Sr.

Nov. 28 Lafayette County

Dec. 1 at Helias

Dec. 4-9 at Pilot Grove Tiger Classic

Dec. 11 at Windsor

Dec. 14 at Cole Camp

Dec. 16 vs Sweet Springs

Dec. 19 Leeton

Dec. 21 at Weaubleau

Jan. 2 Macks Creek

Jan. 4 at St. Paul Lutheran

Jan. 9 at Northwest

Jan. 12 Lincoln

Jan. 16 at Green Ridge

Jan. 18 Clinton

Jan. 19 at Otterville

Jan. 23 at Stover

Jan. 26-Feb. 3 at Kaysinger Conference Tournament

Feb. 5 at Santa Fe

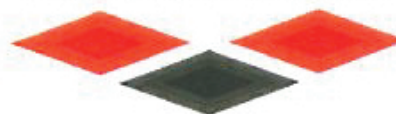
Feb. 6 Smithton

Feb. 13 at La Monte

Feb. 15 at Tipton

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Sacred Heart guard Mariana Restrepo leaves the ground for a shot against Sweet Springs on Dec. 17, 2022.



Gremlins sophomore Bailee Vogel establishes post position in a Kaysinger Tournament quarterfinal against Smithton on Jan. 28, 2023.

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Smithton junior Kenna Simmons brings the ball up the floor in a Kaysinger Conference Tournament quarterfinal on Jan. 28, 2023.



Tigers senior Brock Huffman guards an inbound play in a postseason game on Feb. 23, 2022.

BOYS BASKETBALL

Head coach: Richie Pond

2022-23 record: 8-18

Highlights: The Tigers won at least one game at every tournament they appeared in, including two at the Pilot Grove Tiger Classic.

Outlook: Smithton had a load to replace from two seasons ago and mourned the loss of assistant coach Darrell Sypes. Brock Huffman and the Tigers have more experience under their belts, meaning they should step forward again under Pond.

2023-24 SCHEDULE

Nov. 17 Concordia
 Nov. 28 Calvary Lutheran
 Dec. 4-9 at Pilot Grove Tiger Classic
 Dec. 12 Northwest
 Dec. 13 at Jamestown
 Dec. 15 vs Climax Springs
 Dec. 16-22 at Otterville Holiday Classic
 Jan. 2 at Slater
 Jan. 5 at Lincoln
 Jan. 9 Green Ridge
 Jan. 12 Otterville
 Jan. 16 Stover
 Jan. 23 at La Monte
 Jan. 26-Feb. 3 at Kaysinger Conference Tournament
 Feb. 6 at Sacred Heart
 Feb. 9 at Tipton
 Feb. 13 Cole Camp
 Feb. 16 at Windsor

GIRLS BASKETBALL

Head coach: Hayley Kahrs

2022-23 record: 4-20

Highlights: The Lady Tigers won three out of four mid-season, including a pair of victories over Lincoln.

Outlook: Kahrs' Smithton team was one of the youngest in the Kaysinger last season with just two upperclassmen combined. One of them, Anna Tripp, is back as a senior to try and guide the Lady Tigers to a few more wins this winter.

2023-24 SCHEDULE

Nov. 17 Concordia
 Nov. 28 Calvary Lutheran
 Dec. 4-9 at Pilot Grove Tiger Classic
 Dec. 12 Northwest
 Dec. 13 at Jamestown
 Dec. 15 vs Climax Springs
 Dec. 16-22 at Otterville Holiday Classic
 Jan. 2 at Slater
 Jan. 5 at Lincoln
 Jan. 12 Otterville
 Jan. 16 Stover
 Jan. 18 at Crest Ridge
 Jan. 23 at La Monte
 Jan. 26-Feb. 3 at Kaysinger Conference Tournament
 Feb. 6 at Sacred Heart
 Feb. 8 Tipton
 Feb. 12 at Cole Camp
 Feb. 16 at Windsor



SMITHTON

STOVER

BOYS BASKETBALL

Head coach: Tony Pace

2022-23 record: 17-10

Highlights: The Bulldogs enjoyed their most wins since 2010, including quality victories over Crocker and Cole Camp.

Outlook: Pace's team played great defense last season. Despite graduating seniors that included Blaine Brodersen, Landon Edinger and some quality guards are expected to make the Bulldogs a tough out almost every night once again.

2023-24 SCHEDULE

Nov. 27 at Hermitage
Dec. 1 Pilot Grove
Dec. 8 at Iberia
Dec. 11 at Lincoln
Dec. 14 at Windsor
Dec. 16 vs Santa Fe
Dec. 21 vs Warsaw
Dec. 22 vs New Bloomfield
Dec. 30-Jan. 6 Stover Tournament
Jan. 9 Otterville
Jan. 12 at Northwest
Jan. 13 Crocker
Jan. 16 at Smithton
Jan. 19 Green Ridge
Jan. 23 Sacred Heart
Jan. 25 California
Jan. 26-Feb. 3 at Kaysinger Conference Tournament
Feb. 7 Crest Ridge
Feb. 9 La Monte
Feb. 13 Tipton
Feb. 16 Cole Camp

GIRLS BASKETBALL

Head coach: Jake Reardon

2022-23 record: 18-10

Highlights: Stover won six of its final games of the regular season, including a victory over Northwest.

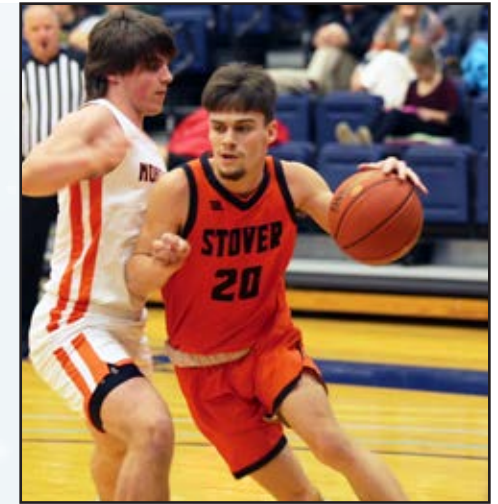
Outlook: The Lady Bulldogs, a staple of Kaysinger consistency, graduated two first-team All-Kaysinger players. But another, junior Ashlyn Pinzke, is back with Hannah Bauer for Reardon's squad that should again be near the top of the conference.

2023-24 SCHEDULE

Nov. 27 at Hermitage
Dec. 1 Pilot Grove
Dec. 5 Russellville
Dec. 8 at Iberia
Dec. 11 at Lincoln
Dec. 14 at Windsor
Dec. 16 vs Santa Fe
Dec. 21 vs Warsaw
Dec. 22 vs New Bloomfield
Dec. 30-Jan. 6 Stover Tournament
Jan. 9 Otterville
Jan. 12 at Northwest
Jan. 13 Crocker
Jan. 16 at Smithton
Jan. 19 Green Ridge
Jan. 23 Sacred Heart
Jan. 26-Feb. 3 at Kaysinger Conference Tournament
Feb. 7 Crest Ridge
Feb. 9 La Monte
Feb. 13 Tipton
Feb. 16 Cole Camp



Lady Bulldogs guard Mia Rowland runs the offense in a W-K Holiday Shootout against Tipton in the Kaysinger Conference game on Dec. 17, 2022.



Stover's Dom Winters drives with the ball during a game against Tipton in the Kaysinger Conference Tournament on Jan. 28, 2023.



Bulldogs senior Landon Edinger shoots a free throw at State Fair Community College on Jan. 28, 2023.

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Sweet Springs senior guard Lauren Shahan attempts a 3-pointer against Sacred Heart with Otterville on Dec. 17, 2022.



Lady Greyhounds senior Sammy Butts attempts a free throw in a W-K Holiday Shoot-out game on Dec. 17, 2022.

BOYS BASKETBALL

Head coach: Tim Smith

2022-23 record: 9-17

Highlights: The Greyhounds put together a three-game winning streak that included victories over Santa Fe and Southwest Livingston County in January.

Outlook: Sweet Springs allowed 56.5 points per game last season, but history has shown that the Greyhounds are capable of taking leaps in rebuilding seasons. There's four Kaysinger programs on the slate.

SCHEDULE

Nov. 17 at Marshall
 Nov. 21 Warsaw
 Nov. 28 Southwest Livingston County
 Dec. 1 at Northwest
 Dec. 2 La Monte
 Dec. 4-9 at I-70 Conference Tournament
 Dec. 12 at Lafayette County
 Dec. 16 vs Sacred Heart
 Dec. 22 vs West Nodaway
 Jan. 8 at Oak Grove
 Jan. 9 Wellington-Napoleon
 Jan. 11 at Glasgow
 Jan. 12 at Santa Fe
 Jan. 16 Richmond
 Jan. 19 at Lone Jack
 Jan. 22-27 at 43rd Annual Wildcat Classic
 Jan. 30 at Slater
 Jan. 31 Kingsville
 Feb. 2 at Concordia
 Feb. 5 Carrollton
 Feb. 6 at Orrick
 Feb. 9 St. Paul Lutheran
 Feb. 13 at Crest Ridge

GIRLS BASKETBALL

Head coach: Brent Niemeyer

2022-23 record: 14-15

Highlights: The Lady 'Hounds reached the district championship game before losing to eventual Class 2 state champion Tipton.

Outlook: The double-double average of Ryan Johnson will be difficult to replace for Sweet Springs, but a senior backcourt of Lauren Shahan and Sammy Butts still returns for a team that should get underclassman production, too.

SCHEDULE

Nov. 20 Windsor
 Nov. 28 Southwest Livingston County
 Dec. 1 at Northwest
 Dec. 2 La Monte
 Dec. 4-9 at I-70 Conference Tournament
 Dec. 12 Lafayette County
 Dec. 16 vs Sacred Heart
 Dec. 22 vs West Nodaway with Nodaway-Holt
 Jan. 8 Oak Grove
 Jan. 9 Wellington-Napoleon
 Jan. 10 Norborne
 Jan. 11 at Glasgow
 Jan. 12 at Santa Fe
 Jan. 19 at Lone Jack
 Jan. 22-27 at 43rd Annual Wildcat Classic
 Jan. 30 at Slater
 Jan. 31 Kingsville
 Feb. 2 at Concordia
 Feb. 5 Carrollton
 Feb. 6 at Orrick
 Feb. 9 St. Paul Lutheran
 Feb. 13 at Crest Ridge

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BOYS BASKETBALL

Head coach: Michael Reeves

2022-23 record: 22-6

Highlights: A run to the Kaysinger Tournament final included wins over Otterville and Northwest.

Outlook: Reeves inherits a team that took that next step and became pretty tough to beat last season. Some big contributors graduated, but senior Jackson Bailey is back for a team that should still be plenty competitive.

2023-24 SCHEDULE

Nov. 21 Sweet Springs
 Nov. 27-Dec. 2 Tipton Tournament
 Dec. 7 Leeton
 Dec. 8 La Monte
 Dec. 11-16 62nd Annual Linn Holiday Tournament
 Dec. 18 at Crest Ridge
 Dec. 22 Linn
 Dec. 27 vs Russellville
 Jan. 5 at Lexington
 Jan. 9 Vienna
 Jan. 12 at Cole Camp
 Jan. 16 at Northwest
 Jan. 19 Lincoln
 Jan. 23 Green Ridge
 Jan. 25 Windsor
 Jan. 27-Feb. 3 at Kaysinger Conference Tournament
 Feb. 6 Otterville
 Feb. 7 at Versailles
 Feb. 9 Smithton
 Feb. 13 at Stover
 Feb. 16 at Sacred Heart



Tipton's Jack Moon shoots in front of the Cardinals' bench in a Kaysinger Conference Tournament quarterfinal against Otterville on Jan. 28, 2023.



Lady Cards guard Courtney Edwards attempts a 3-pointer in a game against Russellville on Dec. 28, 2022.

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Tipton senior Charlee Bailey shoots from in front of the team's bench in the Class 2 state semifinal on March 10, 2023.

LET'S GO CARDINALS!

TIPTON

GIRLS BASKETBALL

Head coach: Jason Culpepper

2022-23 record: 31-1

Highlights: Nothing says highlight quite like winning the Class 2 state title, the first in program history.

Outlook: For a program that has reached for the top, losing Myra Class, along with Briar and Brett Cox, probably means a step back. But senior Charlee Bailey will lead a group that includes talented underclassmen in Tipton's last year in the Kaysinger Conference.

2023-24 SCHEDULE

Nov. 17-18 at Bluefish Shootout

Nov. 27-Dec. 2 85th Annual Tipton Tournament

Dec. 7 Leeton

Dec. 11-16 at 62nd Annual Linn Holiday Tournament

Dec. 19 at Skyline

Dec. 27 vs Russellville

Jan. 2 at Concordia

Jan. 5 El Dorado Springs

Jan. 7 vs Northeast Cairo

Jan. 8 at Windsor

Jan. 11 Cole Camp

Jan. 15 Jefferson City

Jan. 16 at Northwest

Jan. 18 at Lincoln

Jan. 23 Green Ridge

Jan. 27-Feb. 3 at Kaysinger Conference Tournament

Feb. 6 Otterville

Feb. 8 at Smithton

Feb. 13 at Stover

Feb. 15 Sacred Heart

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BOYS BASKETBALL

Head coach: Matt Brownsberger

2022-23 record: 1-24

Highlights: The Wildcats opened up the season with a 36-27 victory at home against Concordia.

Outlook: The second year under Brownsberger could result in more wins if the defense continues to improve, which it did from 2022, but will have to do so largely with underclassmen.

2023-24 SCHEDULE

Nov. 17 at Lone Jack
 Nov. 21 at Sweet Springs
 Nov. 27-Dec. 2 Warsaw Tournament
 Dec. 5 Osceola
 Dec. 8 at Hermitage
 Dec. 11 at California
 Dec. 15 at Eldon
 Dec. 21 vs Stover
 Jan. 5 St. Paul Lutheran
 Jan. 8-13 at 62nd Annual Skyline Boys Tournament
 Jan. 15 Green Ridge
 Jan. 16 at Versailles
 Jan. 18 Cole Camp
 Jan. 23 at Lincoln
 Jan. 29 at Climax Springs
 Jan. 30 Buffalo
 Feb. 1 at El Dorado Springs
 Feb. 9 Butler
 Feb. 10 at Lawson
 Feb. 13 at Sherwood
 Feb. 16 Aurora

GIRLS BASKETBALL

Head coach: Matt Henderson

2022-23 record: 6-22

Highlights: The Lady Wildcats won their first district game in over a decade by beating Cole Camp.

Outlook: Warsaw doubled its win total from 2022, and now will attempt to take another step forward. Guard Tanna Howe appears to be a solid building block after an impact freshman campaign.

2023-24 SCHEDULE

Nov. 17 at Lone Jack
 Nov. 20 at Cole Camp
 Nov. 27-Dec. 2 Warsaw Tournament
 Dec. 4 Lincoln
 Dec. 5 Osceola
 Dec. 12 at Weaubleau
 Dec. 18 Stockton
 Dec. 21 vs Stover
 Dec. 28-30 at Doug Loehr Holiday Classic
 Jan. 4 at Hermitage
 Jan. 6-13 at 17th Annual Skyline Girls Tournament
 Jan. 16 at Versailles
 Jan. 22-27 at 38th Osceola Invitational
 Jan. 29 at Climax Springs
 Jan. 30 Buffalo
 Feb. 1 at El Dorado Springs
 Feb. 9 Butler
 Feb. 13 at Sherwood

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BOYS BASKETBALL

Head coach: Shawn Bigler

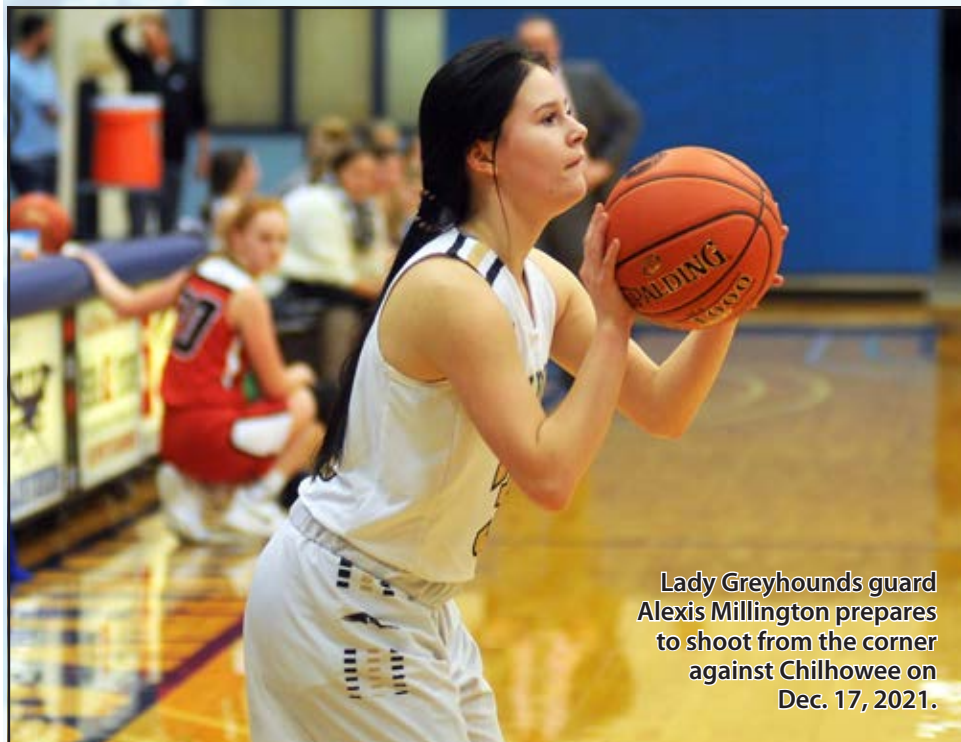
2022-23 record: 8-17

Highlights: The Greyhounds picked up a pair of wins at the William D. Gordon Holiday Classic over Kingsville and KC Lutheran.

Outlook: Bigler takes over the keys from Chuck Speer, Windsor's football coach who stepped in for a season, but he'll hope for some of the grit that this year's underclassmen showed on the gridiron this fall to edge back towards .500.

2023-24 SCHEDULE

Nov. 21 Archie	Jan. 5 Concordia
Nov. 27 Crest Ridge	Jan. 11 at Sherwood
Nov. 28 Lone Jack	Jan. 12 at La Monte
Nov. 30 at Lakeland	Jan. 19 Cole Camp
Dec. 8 at Adrian	Jan. 23 Northwest
Dec. 12 at Sacred Heart	Jan. 25 at Tipton
Dec. 14 Stover	Jan. 26-Feb. 3 at Kaysinger Conference Tournament
Dec. 18 Osceola	Feb. 6 Lincoln
Dec. 26-29 at William D. Gordon Holiday Classic	Feb. 9 at Otterville
Jan. 4 Slater	Feb. 13 at Green Ridge
	Feb. 16 Smithton



Lady Greyhounds guard Alexis Millington prepares to shoot from the corner against Chilhowee on Dec. 17, 2021.

GIRLS BASKETBALL

Head coach: Anthony Balbirnie

2022-23 record: 6-20

Highlights: Consecutive wins included a 50-48 home victory over Cole Camp on Jan. 19

Outlook: It's another coaching change for the Lady Greyhounds. Taking over is Balbirnie, who has formerly coached at Northwest and now takes the job at his alma mater. Windsor won five of its final eight regular season games last year.

2023-24 SCHEDULE

Nov. 20 at Sweet Springs	Jan. 4 Slater
Nov. 21 Archie	Jan. 5 Concordia
Nov. 27 Crest Ridge	Jan. 8 Tipton
Nov. 28 Lone Jack	Jan. 11 at Sherwood
Nov. 30 at Lakeland	Jan. 12 at La Monte
Dec. 8 at Adrian	Jan. 18 at Cole Camp
Dec. 11 Sacred Heart	Jan. 23 Northwest
Dec. 14 Stover	Jan. 26-Feb. 3 at Kaysinger Conference Tournament
Dec. 18 Osceola	Feb. 5 at Lincoln
Dec. 26-29 at William D. Gordon Holiday Classic	Feb. 9 at Otterville
	Feb. 13 at Green Ridge
	Feb. 16 Smithton



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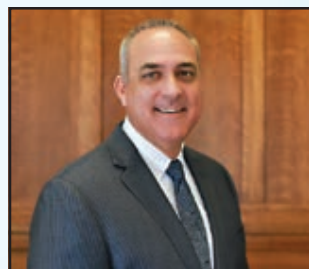
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MEN'S BASKETBALL

Head coach: Matt Brown

2022-23 record: 10-21

Highlights: In the penultimate game of the regular season March 25, State Fair defeated a 22-win Mineral Area College team in OT at home, 69-62.

Outlook: In what was also a heart-wrenching year for Brown off the court, the Roadrunners struggled on the hardwood. Devon Ellis and Jules Bikoy were standouts, but there wasn't enough elsewhere, particularly from whatever was expected of the front court. Several of them moved on to four-year universities -- Ellis is at Maryland Eastern Shore, a D-I program -- but all nine of the freshmen or redshirt freshmen from last year's State Fair team have moved on.

Through the first few games of this season, several players provide optimism that the Roadrunners could climb back above .500. One is Thomas Diew, a 6-foot-8 forward whose frame is impressive. Averaging a team-high 17.7 points through the first three contests, he'll go as far as his shooting can take him, but the Minnesota native can be disruptive on the other end, also. Steven Samuels, a standout at Jefferson City HS, will also be critical to the team's success. Cliff Barrow, a 6-6 wing out of Michigan, should also add scoring and help on the glass as he becomes available.

2023-24 SCHEDULE

- Nov. 1 Missouri Valley College JV
- Nov. 3 Central Methodist JV
- Nov. 4 Cloud County Community College
- Nov. 10 at Marshalltown CC
- Nov. 11 vs Southeastern Community College
- Nov. 15 at Butler Community College
- Nov. 17 North Platte Community College
- Nov. 18 Kansas City Kansas Community College
- Nov. 22 Neosho County Community College
- Nov. 24 vs Viscennes University
- Nov. 25 vs Highland Community College
- Nov. 29 St. Louis Community College
- Dec. 8 at Northeast Mississippi Community College
- Dec. 9 at Northeast Mississippi Community College
- Jan. 6 Link Year Prep
- Jan. 10 Moberly Area Community College
- Jan. 17 at Mineral Area College
- Jan. 20 Three Rivers Community College
- Jan. 24 at Moberly Area Community College
- Jan. 27 at Missouri State University — West Plains
- Jan. 31 MCC Penn Valley
- Feb. 3 Mineral Area College
- Feb. 10 at Three Rivers Community College
- Feb. 14 at Missouri State University — West Plains
- Feb. 17 Moberly Area Community College
- Feb. 24 at Mineral Area College
- Feb. 28 Three Rivers Community College
- March 2 Missouri State University — West Plains



State Fair Community College guard Ben Miller brings the ball up the floor against Cloud County Community College on Nov. 3, 2023.



Roadrunners freshman guard Mosa Osagie nearly puts in a dunk in the team's home opener on Nov. 1, 2023.

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WOMEN'S BASKETBALL

Head coach: Nicole Collier

2022-23 record: 13-16

Highlights: State Fair pieced together two nice wins in a row by beating Jefferson College and Crowder College in early December.

Outlook: Things are definitely trending in the right direction for the Lady Roadrunners under Collier. Coming in following a one-win season, a nine-win campaign was followed up by a four-victory improvement last year. The third year under her guidance has the potential to see not just a return to a winning record, but even hitting that 20-win mark.

The seeds of optimism weren't planted too far away from the Multipurpose Center, but they'll continue to grow there. Freshmen Myra Class and Briar Cox, who won a state title at Tipton, were big from a recruiting standpoint and figure to be impact players of a varying degree from the get-go. Through three games, Florida native Nakayla Green is looking like a big time scorer as well. If redshirt sophomore Quincenia Jackson returns successfully from a second knee injury -- she was slated to return after missing the opening week -- the Lady Roadrunners might be in for a nice Region 16 Tournament run.

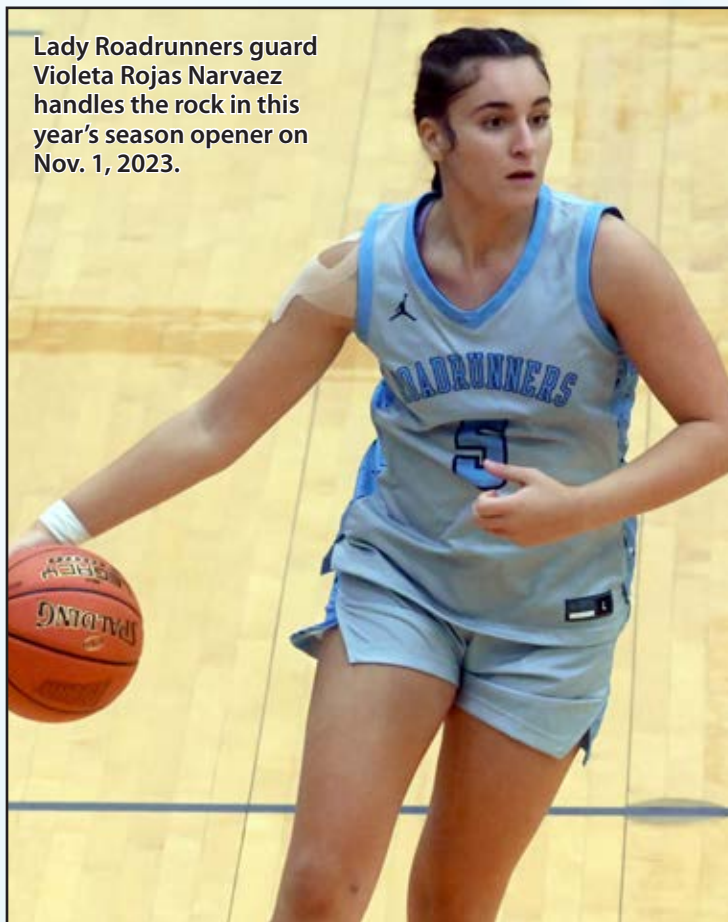
2023-24 SCHEDULE

Nov. 1 Haskell Indian Nations University JV
Nov. 3 Rend Lake College
Nov. 4 John A. Logan College
Nov. 10 vs Kansas Wesleyan University JV
Nov. 11 vs Mid America Nazarene University JV
Nov. 17 vs Brescia University JV
Nov. 18 at Rend Lake College
Nov. 20 Missouri Valley College JV
Nov. 24 Allen County Community College
Nov. 24 Northeastern Oklahoma AM College
Nov. 29 St. Louis Community College
Dec. 2 at Jefferson College
Dec. 9 Kansas City Kansas Community College
Dec. 16 at Missouri Baptist JV
Jan. 6 Highland (KS) Community College
Jan. 10 Moberly Area Community College
Jan. 13 at North Arkansas College
Jan. 17 at Mineral Area College
Jan. 20 Three Rivers Community College
Jan. 24 at Moberly Area Community College
Jan. 27 Crowder College



GO TEAM!

Lady Roadrunners guard Violeta Rojas Narvaez handles the rock in this year's season opener on Nov. 1, 2023.



SFCC sophomore guard Tanila Marshall follows her perimeter shot in a home game on Nov. 1, 2023.

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Central Missouri's Ben Fritz posts a jumper against Roger State on Jan. 14, 2023, at the Multipurpose Building.

MEN'S BASKETBALL

Head coach: Adam Bohac

2022-23 record: 11-17

Highlights: The Mules head into their first season under head coach Adam Bohac, who was hired from 2022-23 Central Region runner-up Southern Nazarene. Bohac's staff includes associate head coach Ryan Mahoney and assistant head coach James Hays.

Outlook: Central Missouri returns four members of last year's roster in Ben Fritz, Jack Chapman, Jordan Hayes and Yafet Haile. The Mules welcome 11 new faces including Caleb Nero and Jalen Knott.

2023-24 SCHEDULE

Nov. 10 vs Ouachita Baptist (at Arkansas Fort Smith)
 Nov. 11 vs Harding (at Arkansas Fort Smith)
 Nov. 18 Missouri S&T
 Nov. 25 Park
 Nov. 30 at Central Oklahoma
 Dec. 2 at Newman
 Dec. 9 at Lincoln
 Dec. 14 Missouri Southern
 Dec. 18 vs St. Louis (Las Vegas)
 Dec. 19 vs Truman State (Las Vegas)
 Jan. 4 at Fort Hays State
 Jan. 6 at Nebraska-Kearney

Jan. 10 Washburn
 Jan. 13 Emporia State
 Jan. 18 at Northeastern State
 Jan. 20 at Rogers State
 Jan. 25 Northwest Missouri
 Jan. 27 Missouri Western
 Jan. 30 Pittsburg State
 Feb. 3 Lincoln
 Feb. 7 at Pittsburg State
 Feb. 10 at Missouri Southern
 Feb. 15 Nebraska-Kearney
 Feb. 17 Fort Hays State
 Feb. 21 at Emporia State
 Feb. 24 at Washburn
 Feb. 29 Rogers State
 March 2 Northeastern State

WOMEN'S BASKETBALL

Head coach: Dave Slifer

2022-23 record: 25-5

Highlights: Central Missouri was picked to finish first in the MIAA Preseason Coaches Poll and the MIAA Preseason Media Poll. The Jennies were runner-up in both the 2022-23 standings and the 2023 MIAA Championships. Four of last year's five losses were by a single possession.

Outlook: The Jennies return all but one member of last season's starting five, made up of Brooke Littrell, Olivia Nelson, Ashley Tull and Lauren Frost. Other returners include Graycen Holden, Cierra Smith, Ali Vigil and Charley Bovaird. UCM welcomes four new faces including Drury transfer Allie Clevenger.

2023-24 SCHEDULE

Nov. 10 Northern State (at Rogers State)
 Nov. 11 MSU Moorhead (at Rogers State)
 Nov. 16 Augustana
 Nov. 24 at Barry
 Nov. 25 Lynn (at Barry)
 Nov. 30 at Central Oklahoma
 Dec. 2 at Newman
 Dec. 9 at Lincoln
 Dec. 14 Missouri Southern
 Dec. 16 Pittsburg State
 Dec. 29 Evengel
 Jan. 4 at Fort Hays State
 Jan. 6 at Nebraska-Kearney

Jan. 10 Washburn
 Jan. 13 Emporia State
 Jan. 18 at Northeastern State
 Jan. 20 at Rogers State
 Jan. 25 Northwest Missouri
 Jan. 27 Missouri Western
 Jan. 30 Pittsburg State
 Feb. 3 Lincoln
 Feb. 7 at Pittsburg State
 Feb. 10 at Missouri Southern
 Feb. 15 Nebraska-Kearney
 Feb. 17 Fort Hays State
 Feb. 21 at Emporia State
 Feb. 24 at Washburn
 Feb. 29 Rogers State
 March 2 Northeastern State



Central Missouri women's basketball head coach Dave Slifer leads the Jennies against Fort Hays State on March 4, 2023, at the Municipal Auditorium in Kansas City.



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WRESTLING

Head coach: Cody Garcia

2022-23 record: 1-6

Highlights: Central Missouri enters its second season under the leadership of Cody Garcia.

Outlook: Central Missouri's roster includes Knob Noster High School graduate Conner Johnson and Warrensburg High School graduate JD Culp. The Mules return one 2022-23 national qualifier in Tommy Frezza.

2023-24 SCHEDULE

Nov. 4 Falcon Invitational (Park City, Kan.)

Nov. 16 Drury Duals

Nov. 18 Lindenwood Open

Dec. 1 vs Quincy (at Drury)

Dec 1 at Drury

Dec. 2 Drury Open

Dec. 15-16 Midwest Classic

Jan. 6 Avila Duals

Jan. 14 Roger Denker Open

Jan. 21 Maryville

Jan. 27 Nebraska-Kearney

Jan. 28 Fort Hays State

Jan. 28 Ouachita Baptist

Feb. 4 at Central Oklahoma

Feb. 18 at Newman

INDOOR TRACK AND FIELD

Co-Head Coaches: Kip Janvrin and Kirk Pedersen

Highlights: The Mules and Jennies combined for 10 All-American accolades during last year's NCAA Division II Indoor Championships. Of them included a runner-up mark from Trey Miller in the heptathlon and a runner-up showing from Vincent Hobbie in pole vault.

Outlook: Area products on UCM's published roster include Warrensburg's Colton Palmer, Cooper Palmer, Carter Bell, Alana Osborn and Liberty Brown along with Holden's Camille Gudde and Kingsville's Luke Engel.

2023-24 SCHEDULE

Dec. 2 Happy Holidays Multi (Crete, Neb.)

Dec. 8 Pittsburg State Crimson & Gold Invitational

Jan. 19 UCM Invitational

Jan. 27 Wendy's Pittsburg State Invitational

Feb. 2 Washburn Open & Multi

Feb. 9 Pittsburg State Gorilla Classic

Feb. 16 Arkansas Qualifier

Feb. 16 Northwest Missouri State Quad Meet

Feb. 23-25 MIAA Indoor Championships (Topeka, Kan.)



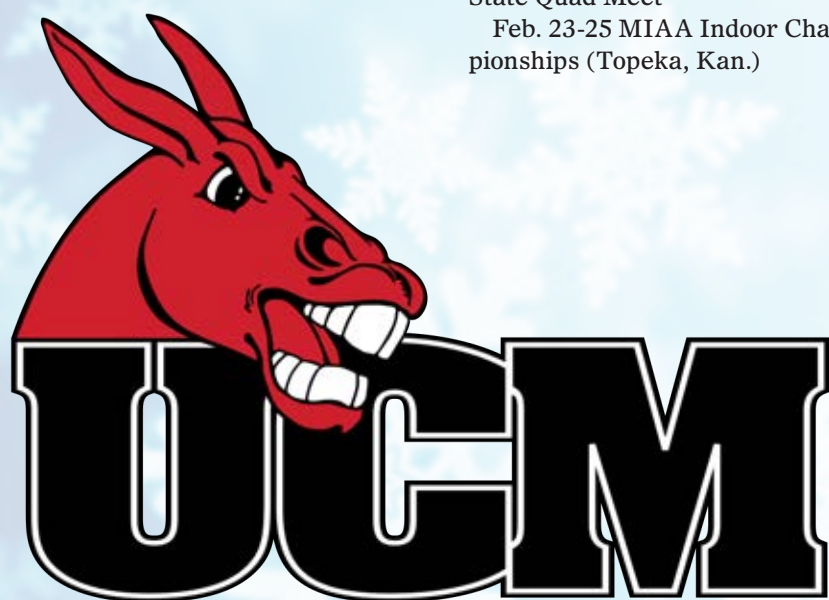
Central Missouri sophomore Jack Chapman posts a shot against Washburn on Feb. 18, 2023, at the Multipurpose Building.



Central Missouri's Olivia Nelson floats for a layup against Missouri Southern in the MIAA Championships title game March 5, 2023, at the Municipal Auditorium in Kansas City.



Central Missouri's Brooke Littrell drives the ball against Nebraska-Kearney on Jan. 2, 2023, at the Multipurpose Building.





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