Ponte Vedra Corder

March 30, 2017 Volume 47, No. 13 75 cents

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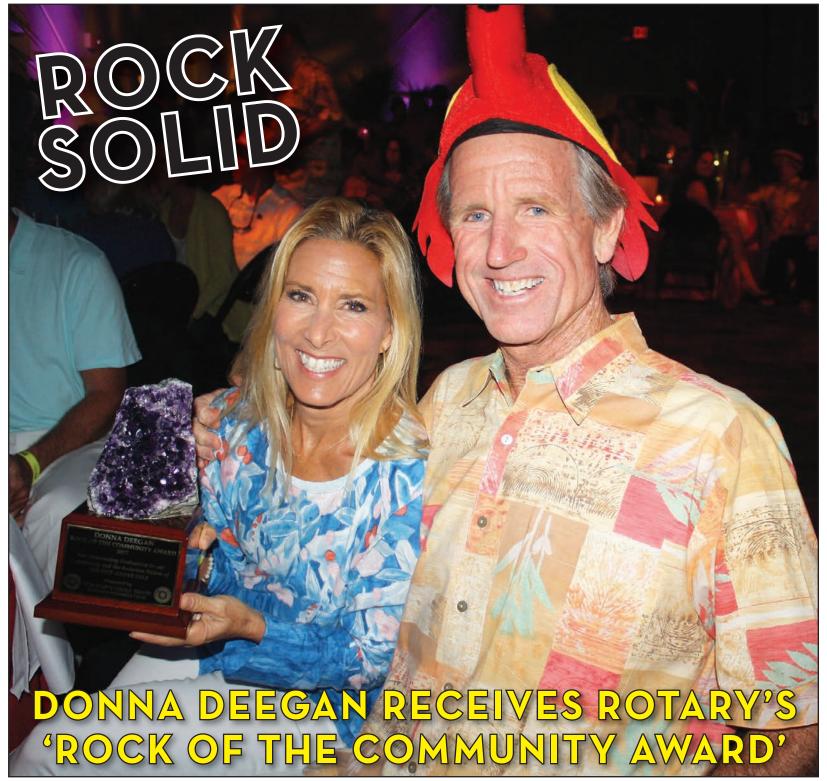
Fit & Healthy
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Sharks Blank Menendez



Former news anchor and breast cancer survivor Donna Deegan, shown here with husband First Coast News meteorologist Tim Deegan, displays the Rotary Club of Ponte Vedra Beach's 2017 "Rock of the Community Award." Deegan received the award at the Rotary Club's Mineral City Celebration, which featured a Jimmy Buffett-style theme of "PonteVedraville." Read more on page 8.

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Send us your news

We welcome submissions of photos, stories, columns and letters to the editor. Let us know what's happening. E-mail submissions to **pvrecorder@opcfla.com** or bring them by our office at **1102 A1A N., Unit 108, Ponte Vedra Beach.**



Visit our website at **www.pontevedrarecorder.com**

Plus, find the Recorder on Facebook at www.facebook.com/ThePVRecorder

WHAT'S THIS?



Do you know what this is?

Email your answer to jennifer@opcfla.com by Monday at 5 p.m.

All correct entries will be entered into a random drawing to win tickets for two adults and two children to the Jacksonville Zoo. In order to allow as many families as possible to win, participants are only eligible to win a ticket prize pack once every four months.

Several readers correctly identified last week's photo as the statue of Andrew Jackson at The Jacksonville Landing. Winner of the random drawing was **Barbara Stark** – congratulations, Barbara! You may pick up your prize at The Recorder offices during regular business hours.



ADOPT A PET

CAT OF THE WEEK

My name is Miki and I am a 7-year-old female cat who is looking for a new home to call my own. I was brought in by my owners because they could no longer care for me. Please come visit me today here at the pet center! #36892





DOG OF THE WEEK

My name is Riley, and I am a 4-year-old male terrier mix. I was brought in by my owners because they could no longer care for me. Please come visit me today here at the pet center! #36896

Any new pet being introduced to a new home will need time to adjust to their new environment. Please reinforce house-training and behavioral training and be mindful of interacting with other pets.

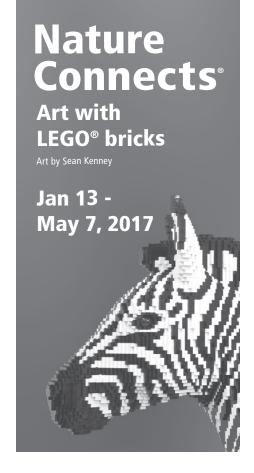
St. Johns County Pet Center

Cat adoptions at the St. Johns County Pet Center are \$30 for males and \$40 for females. Dog adoptions are \$45 for males and \$60 for females. Adoption fees include microchipping, neutering/spaying, rabies vaccinations and shots. The pet center is located at 130 N. Stratton Rd., off US 1 between County Road 210 and International Golf Parkway. Business hours are Tuesday through Friday 9 a.m. to 4:30 p.m. and Saturday 9 a.m. to 4 p.m. The center is closed to the public on Sunday. On Monday, the office is open by appointment only to claim a lost pet. For more information, please call the **St. Johns County Pet Center at (904) 209-6190**.

PUZZLE SOLUTIONS

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Solutions correspond to last week's puzzles.





jacksonvillezoo.org

PV2-LV36789

County completes repairs to hurricane-damaged beach walkovers

St. Johns County has completed repairs and reinstated pedestrian access at 17 beach walkovers damaged by Hurricane Matthew.

Off-beach parking is once again available at Mickler's Landing, Surfside Park, St. Johns County Ocean and Fishing Pier, 16th Street, 11st Street, Ocean Hammock Park and Crescent Beach Park. For a complete list of locations, visit www.sjcfl.us/beaches.

Large-scale repairs to South Ponte Vedra Park, Pope Road Beach parking and Boating Club Road are expected to begin by April 1.

Barbara Frances Siegmann

Barbara Frances Siegmann, 94, of Ponte Vedra, died March 25, 2017. Ponte Vedra Valley Funeral Home, Cremation Center & Cemetery – (904) 285-1130 – www.pontevedravalley.com



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COMMUNITY NEWS Ponte Vedra Recorder · March 30, 2017

St. Johns County enacts one-year moratorium on medical marijuana dispensaries

By Jon Blauvelt

The St. Johns County Board of County Commissioners unanimously passed a temporary moratorium on medical mari-

juana dispensaries last

The county approved the one-year delay to allow time for the state to implement legislation regulating medical marijuana sales, said county spokeswoman Sarah Hand.

Florida voters overwhelmingly approved a constitutional amendment in November that expands the medical use of mari-

juana for individuals with debilitating conditions. With the amendment enacted in January, the Florida Legislature has until July to create laws that regulate the location of medical marijuana sales. If no such laws are enacted, said Hand, the Department of Health (DOH) has until October to do the same. The county wants to wait until that process is complete before taking any action of its own.

The moratorium also provides the county with time to thoroughly review land use and zoning ordinances, Hand added, so local regulations can be implemented to prevent dispensaries from being established next to schools, playgrounds, daycare facilities, churches and other areas where kids are gathered.

Lynnette Horwath, program coordinator for PACT Prevention Coalition of St. Johns County, fully supports the moratorium. Her organization focuses on preventing and reducing underage substance abuse, and she said the state has a great deal of work ahead to roll out and implement the amendment. As a result, she says it's wise of the county to wait.

"It makes sense to delay these decisions until the DOH completes its implementation plans," said Horwath, "so we are not driving any decisions in the dark, not

knowing the guidelines ahead of us."

Hand emphasized that the moratorium does not prevent people who have the legal right to purchase medical marijuana from

> doing so. It just delays the process of their purchasing it within the county. Dr. Joseph Dorn, chief medical officer and co-founder of Medical Mariiuana Treatment Centers (MMTC) of Florida, which opened a clinic in Ponte Vedra Beach in January, said the county's

expanded use of medical marijuana for individuals with debilitating conditions is legal in Florida after voters passed Amendment Two in November. decision

> doesn't impact the clinic because it is solely a physician's office providing consultations.

"We have no connections at all with the dispensaries," he stressed. Dorn said his treatment center doesn't direct patients to individual dispensaries; instead, MMTC provides contact information for the organizations that oversee several dispensaries around the state, which Dorn said ultimately puts the onus on the patients to determine which option they want to pursue.

Dorn doesn't foresee his patients in St. Johns County having any trouble acquiring the medical marijuana product. He said the county's decision will simply force patients to go somewhere else where a moratorium is not in place. Dorn also noted that dispensing organizations around the state are now delivering via courier.

He did, however, call the moratorium and similar stays around the state "overkill," claiming that preexisting state laws already mandate where dispensaries can be located. Dorn also called the moratorium "hypocritical," since he said 71.3 percent of Floridians voted in favor of Amendment



Photo by Jon Blauvelt

The medical marijuana moratorium does not impact the recently opened medical marijuana treatment center in Ponte Vedra since that clinic solely offers consultations.



Photos courtesy of Medical Marijuana Treatment Centers of Florida

St. Johns County has imposed a one-year moratorium on medical marijuana dispensaries.

"It's interesting that these municipalities and counties are saying our people want it, but on the other hand we don't want it here," said Dorn, who noted that the Ponte Vedra clinic is progressively growing each

Dorn is hopeful the moratorium will be temporary, but understands change like this takes time, noting that medical marijuana still carries a stigma today.

Dr. Jeremy Mirabile believes there's good reason for that stigma, however, and would like to see the moratorium extended indefinitely. The addiction specialist and medical director for Recovery Keys in St. Augustine and Jacksonville didn't think the idea of taking a vote on medicinal marijuana was a good idea in the first place, since he said medicinal treatments are typically run through the Food and Drug Administration (FDA) first for validation and scientific rigor. Mirabile said there's still uncertainty within the medical

and scientific community regarding the exact constituents of marijuana, and until that's studied independently, he doesn't believe doctors should be recommending it to patients. He added that legalizing medical marijuana exposes more people to the chemical and allows the disease of addiction to blossom.

"I think it's an all-around bad idea." said Mirabile, who also acknowledged the voters' decision in November and medical marijuana's inevitable presence in Florida. "It's sort of like a train that's barreling down the rails, and it seems like there's no

St. Johns County will host a medical marijuana workshop at 4 p.m. April 13 to discuss proposed zoning and permitting regulations for medical marijuana retail stores. The public is invited to attend the event at the St. Johns County Permit Center to provide feedback.

COMMUNITY NEWS 5 Ponte Vedra Recorder · March 30, 2017

New school to open at former **Accotink Academy site**



Collage Day School is accepting applications for the new school slated to open in August on the Palm Valley campus of the former Accotink Academy By The Sea.

By Jennifer Logue

Nearly a year after its planned purchase of Accotink Academy By the Sea fell through, Keystone Child Development Center is moving forward with a new plan to open a day school for infants through grade 5 at the former Accotink site in Palm Valley.

Collage Day School is currently accepting applications for the 2017-18 school year at the former Accotink campus located at 171

Canal Blvd. Plans call for classes to start Thursday, Aug. 10, with the school following the St. Johns County public school calendar.

According to CEO and Founder Katie Falwell, Ph.D., the school will provide a personalized curriculum that encourages creative thinking.

"We are dedicated to educating the whole child – head, heart and hands," Falwell said. "We do this through a well-balanced curricu-

Collage Day School accepting applications for 2017-18 school year

lum of academics, arts and practical experiences with the goal of engaging the students intellectually, emotionally and physically."

In April 2016, Keystone announced plans to purchase Accotink Academy By The Sea and open Keystone By The Sea, keeping the Accotink staff on board to serve children ages three months to 8 years old. Keystone also planned to move its Keystone Child Development Center from its existing Southside location to the new campus.

Approximately six weeks later, however, Keystone officials confirmed the deal had fallen through as the parties could not reach an agreement over the sale of the property. Accotink Academy By the Sea subsequently closed at the end of the 2016 school year.

Keystone officials said they were not able to discuss the details of the recent transaction involving the sale of the former Accotink Academy. Director of Marketing and Communications Karen Rieley noted, however, that Keystone's plans for the new school have changed since last year.

"Since then, we have expanded our educational philosophy to include educating all children from 3 months old through fifth grade and are now opening a brand new

school called Collage Day School," Rieley said. "We will continue to serve children with special needs at our Southside location, which includes Mosaic Day School and Mainspring

Keystone also plans to open a Palm Valley clinic that will offer a range of health and wellness services.

'We have spent years developing an approach that is thoughtful and balanced," Falwell said. "It is also developmentally appropriate and based on the best practices in the education field. We are inspired by a variety of philosophies and approaches, which we blend together into a program that reflects our commitment to helping children lay the best possible social, emotional, physical and cognitive foundations."

Rieley said the new school's name refers to the process of transforming existing materials into a work of art.

"Collage art takes an open mind and willingness to explore," she said. "The beauty of collage art is that each piece is unique and there is no way of making a mistake. We will be shaping young minds and bodies to create a work of art."

First Coast News Anchor Jessica Clark to emcee Loretta Swit gala for Ayla's Acres



Jessica Clark

First Coast News Anchor Jessica Clark will be the guest emcee at The Loretta Swit Annual Gala, to be held Friday, April 7 at the TPC Sawgrass Clubhouse in Ponte Vedra Beach.

An Emmy Awardwinning journalist,

Clark has covered St. Johns County and St. Augustine since 2005. She will join actress and animal activist Swit, actor Gregory Harrison ("Trapper John, MD") and his wife, Randi

Oakes ("CHiPs"), and other celebrities at the gala, which will benefit St. Augustine's Ayla's Acres No-Kill Animal Rescue. The gala will include a gourmet dinner, entertainment, silent and live auctions, and a quickfire raffle. Ayla's Acres also will announce the winner of a 2017 Hyundai Elantra.

Proceeds from the event will be used for the construction of Peter's Friends Animal Resource Center, which will include an adoption center, an education facility for school and community organizations, and a low and no-cost spay and neuter clinic.

Tickets begin at \$165 and are available for purchase online at www.aylasacres.org/events.



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6 ONE OF USPonte Vedra Recorder · March 30, 2017

As co-founder of Family Board Meetings, Jim Sheils organizes a different kind of "board meeting" – one that helps busy entrepreneurs connect with their kids at family retreats in Ponte Vedra, where sun, sand and surfing helpsfamilies forge deeper connections.

Jim Sheils

By Jennifer Logue

What brought you to Ponte Vedra Beach?

Along with Family Board Meetings, my business partner and I have run a real estate investment company for almost 20 years. In 2004, while still based in California, we began researching the growth patterns of Northeast Florida and realized there was a ton of potential here. We fell in love with the area on our first visit. It wasn't just the business opportunities; the lifestyle was tremendous. It was an easy move to make. Since then, we've had a lot of families and friends move to the area as well.

What is Family Board Meetings and how does it work?

Family Board Meetings is a support network of entrepreneur families that want to be successful not only in business but in their home life as well. Our mission is to create relationships between entrepreneurs and their children that are deeper and more meaningful than they ever thought possible. We do this by sharing proven strategies and hosting specialized events, like our retreats here in Ponte Vedra. We've had families from all over the U.S. and Canada, Europe, even Australia join us here at the Sawgrass Marriott to participate. Experiential education and learning is critical in helping a child realize their best future and our events create the space to make this happen.

We believe a child's confidence in life comes from a powerful mindset that needs to be tested, nurtured and guided by a loving parent. We believe financial empowerment is taught and supported through experiential education and hands on learning from a young age. And we believe that service and contribution to the family and community build children who have a greater appreciation for life and a compassion for others.

What types of activities occur at a Family Board Meeting retreat?

We are big fans of experiential education. It gets everyone laughing and allows people to drop their guard (both parents and young people). When hosting here in Ponte Vedra, we aim to soak in the natural beauty of the area. We might be hiking in Guana, at the beach learning to surf, boogie board or paddle board – or even playing Giant Jenga back at the Sawgrass Marriott. We have a style of teaching that involves less lectures and more round table discussions. Our goal is to get communication going on a ton of different subjects and we want the younger crowd to have the opportunity to lead us.

How did you come to found Family Board Meetings?

My business partner, Brian Scrone, and I saw a great need to help support that work/life balance that so many busy entrepreneurs and professionals have a hard time maintaining. We live in a time when the power of a parent in shaping their child's most abundant and happy future has never been more important – and the need to do so is unprecedented. Family Board Meetings started as something small among friends and grew into what it is today. We believe no one should ever live as a stranger to their family just to achieve success in their career. It is possible to have the best of both worlds. A few simple rhythms and shared lessons can make a huge difference.



Your next event – to be held in Utah – is a departure from your previous beach-based retreats. What motivated you to plan an event out west?

We've had a lot of people on the West Coast wanting to get involved in our retreats so for ease of access, we decided to team up with The Summit Group and host a retreat at Powder Mountain, Utah this June. We're big fans of the beach, but we also appreciate a beautiful mountain setting once in a while. With that said, Ponte Vedra will always be home base for us.

Are there any charitable groups or activities with which you're involved?

Yes, we've supported The Homes of Hope Organization, which build houses in Mexico. Locally, we've supported The St. Augustine Public Montessori School, which is the only charter school in St Johns County. We helped create The Anthony Strong Project, which provided a local family with a much-needed wheelchair-accessible van. We are also involved with many other

local charity groups like Silent Surfers, Wounded Warriors, Never Quit, Life Rolls On and more. These groups use the ocean and outdoors to help improve people's lives. Best of all, they allow our children to be actively involved in their events. It's great to watch the kids shine while volunteering. It instantly removes the myth that kids and teens are inherently selfish. We've found the exact opposite to be true. We have found no better way to instill values in our children than to get them actively involved in service and contribution activities like these.

What is your favorite part of living on the First Coast?

Growing up in the New Jersey, I felt trapped inside half my life. Now I get to enjoy the ocean and other outdoor activities with my family and friends all year long. We also love the camaraderie and sense of community we've built here. Our family is never short on fun activities and great people to spend time with.

Ponte Vedra Recorder · March 30, 2017 COMMUNITY NEWS 7

Bolles students breathe life into figures of history with 'live wax museum'

Second grade Bolles students recently brought history to life with the school's annual live wax museum performance at the Bolles Lower School Ponte Vedra Beach Campus.

The students' March 15 performance marked the culmination of weeks of biographical research on famous historical figures. Since early January, students had been extensively studying historical figures they selected to learn more about, with findings including childhood interests and notable achievements. They then painted portraits of their subjects in art class, and considered how they might portray that figure on stage by writing scripts and developing costumes and props.

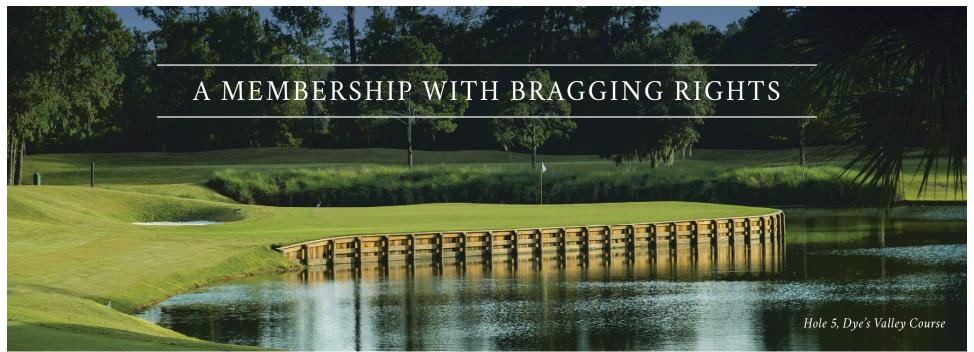
That work finally came to life with a colorful and informative live wax museum show directed by music teacher Stacey Posick. Characters included Sacagawea, Martin Luther King, Jr. and Steve Jobs. A total of 28 students participated in the show.

View more photos from the "live wax museum" online at www.pontevedrarecorder.com.



Photos provided by Bolle





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8 MINERAL CITY CELEBRATION Ponte Vedra Recorder · March 30, 2017

Rotary Club hosts annual

'PonteVedraville' event honors Donna Deegan as 2017 'Rock of the Community'

By Jennifer Logue

Hawaiian shirts, flip flops and parrot hats were the order of the day last weekend, when the Rotary Club of Ponte Vedra Beach brought a bit of Jimmy Buffett to the First Coast with its annual Mineral City Celebration.

An estimated 500 people set their watches to five o'clock and flocked to the Ponte Vedra Concert Hall, which had been transformed into "PonteVedraville," complete with tropical décor, stilt walkers, flame dancers, a steel drum band and more. Guests enjoyed margaritas and Caribbean cuisine while dancing to the beat of the Island Paradise Band. Attendees also had an opportunity to bid on scores of both silent and live auction items, with Channel 4 news anchor Kent Justice serving as the evening's emcee and auctioneer. Winner of the event's "Changes in Latitudes" trip auction, meanwhile, was John Drake, who won an exotic vacation to his choice of Rome, Hawaii, Tuscany or Ireland.

Rock of the Community Award

A special highlight of the evening was the presentation of the Rotary Club's 2017 "Rock of the Community Award" to breast cancer

survivor Donna Deegan. The former journalist and founder of The Donna Foundation accepted the award from Rotary Club President Michael Bruce and event chair Billy Wagner, and expressed her gratitude to those in attendance for their support for her foundation's efforts to aid other women battling breast cancer.

"I thank you from the bottom of my heart," said Deegan, who attended the event with her husband, First Coast News meteorologist Tim Deegan. "I love every one of you. We wouldn't be able to do what we do without all of you."

Deegan noted that her foundation has joined with the City of Jacksonville Beach to launch a "Brick by Brick" program, where residents can purchase commemorative bricks with proceeds benefiting breast cancer research and treatment. Information on the brick program is available at www.breastcancermarathon.com.

In addition to The Donna Foundation, proceeds from the Rotary Club's Mineral City Celebration will benefit the Beaches Dial-a-Ride program and numerous other Beaches area charities.



Photos by Jennifer Loque

Donna Deegan accepts the Rotary Club's "Rock of the Community Award" from Mineral City Celebration Chair Billy Wagner (left) and Club President Michael Bruce.



Emily Rhodin, winner of the 2016 Mineral City trip raffle, congratulates this year's winner, John Drake.



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Bill and Toni Chrabot

Mineral City Celebration





Julie Nasir with Vincent and Holly Grassia



Members of the Beaches Rotaract Club



Andrea and Norwin Voegeli



Evelyne Mitskopoulos, Deborah Green, Dee Matta, Mary Marx and Heidi Lang



Wayne, Anita, Anne and Todd Hickey



Bruce and Jessica Jones

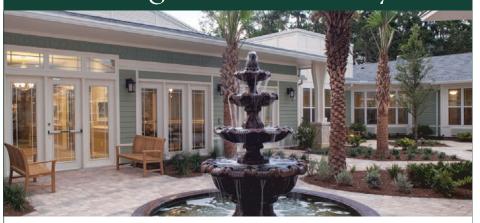


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Save Guana Now to host fundraising gala April 8

Save Guana Now will host a fundraising gala April 8 from 5 to 9 p.m. at a private home in Ponte Vedra Beach to benefit the advocacy group's conservation efforts.

Just a few tickets remain for the event, which will feature live music and a silent auction. A Mangroves-catered dinner of beef roast in a beef jus and wine reduction sauce, seared crab cakes with remoulade sauce, calypso chicken breast cutlets in coconut lime butter sauce, organic greens salad, organic braised green beans, garlic herb new

potatoes, dessert and assorted appetizers will also be served. Admission is \$60 per person, \$40 of which is tax deductible. Ticket price includes beer and wine.

For more information and to purchase one of the remaining tickets, visit www.saveg-uananow.org/donate-1. A \$2 service charge will be added to each ticket. Payments made by check do not require a service charge and may be made payable to Save Guana Now and mailed to Save Guana Now, P.O. Box 2111, Ponte Vedra Beach, FL, 32004.

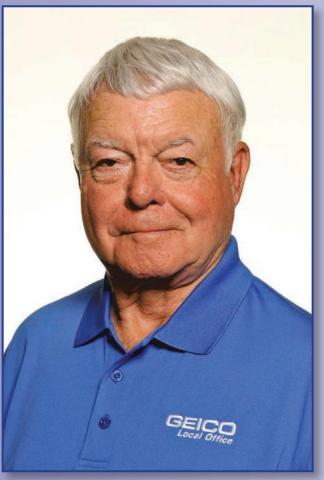
SHORT TAKES

Cameron to address Sierra Club

Former Assistant County Manager Jerry Cameron will discuss communicating with legislative and government officials at a meeting of the Northeast Florida Group of the Sierra Club.

To be presented at 6 p.m. Monday, April 17 at the Ponte Vedra Beach Branch Library, Cameron's presentation will outline how to be effective in communicating with local legislative and government officials on key issues such as the environment, health and welfare and education. The program will be held in the Friends of the Library meeting room

All are welcome to attend this presentation. For more information, contact Brian Paradise at (904) 710-0479.



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Ponte Vedra Recorder · March 30, 2017 COMMUNITY NEWS 11

Rotary, Recorder seek nominations for 25th Annual 'Local Heroes Awards'

By Jennifer Logue

The Rotary Club of Ponte Vedra Beach and the Ponte Vedra Recorder are seeking nominations for the 25th Annual "Local Heroes Awards."

Presented each spring, the Local Heroes Awards recognize individuals who give back to the community and reflect the spirit of the Rotary Club's motto, "Service Above Self." Suggested categories for which a person might be nominated include community service in the arts, education, the environment, vocational service, volunteerism and corporate community service. A youth category recognizes young people making a difference in the community.

Residents who know of an individual they believe is deserving of recogni-

SHORT TAKES

Shrimp and Suds Craft Beer Festival

The Baseball Grounds of Jacksonville will play host to the Shrimp and Suds Craft Beer Festival Saturday, April 1 from 3 to 6 p.m. The festival will benefit the Jacksonville USO. Guests will have the opportunity to get an early taste of the new ballpark menu and sample selections from more than 50 different beers, including some from local breweries. Tickets for the festival are available at www.jaxshrimp.com. Admission is \$40 and includes 20 drink samples and a jumbo-size ballpark pretzel. VIP admission is \$50 and includes 25 drink samples, a jumbo-size ballpark pretzel and early access to the festival at 2 p.m. Legal ID is necessary for entry, and the event is exclusively for guests ages 21 and older. Throughout the festival, guests will be able to purchase food and beverages from the grounds' concession stands, shop the souvenir store and purchase game tickets for the upcoming season. For more information, visit www.jaxshrimp.com or call (904) 358-2846.

Palms Presbyterian Church to present Fine Arts Series concert April 1

Palms Presbyterian Church will present its next Fine Arts Series concert featuring University of North Florida Chamber Singers on Saturday, April 1 at 7:30 p.m. Guests can expect to hear a wide variety of choral selections including an upbeat global a cappella repertoire, excerpts from Herbert Howell's "Requiem" conducted by Cara Tasher and the top student soloists accompanied by Yume Omura. All Fine Arts Series concerts are free and open to all. Nursery care is provided. Palms Presbyterian Church is located at 3410 Third St. S in Jacksonville Beach.

tion as a "Local Hero" are encouraged to complete the nomination form and email it to jclark@danielkids.org. Nomination forms may also be mailed to: Local Heroes Awards Committee, Rotary Club of Ponte Vedra Beach, PO Box 70, Ponte Vedra Beach, FL 32004. Deadline for submission of nominations is Thursday, May 4.

Award recipients will be recognized at the "Local Heroes Awards" reception to be

held Thursday, May 25 from 6 to 7:30 p.m. at Marsh Landing Country Club.

For more information, contact Rotarian Jim Clark at (904) 296-1055 or jclark@danielkids.org.



The Rotary Club of Ponte Vedra Beach

in cooperation with The Ponte Vedra Recorder

2017 Local Heroes Awards Nomination Form

| Arts Education | Environmental | Youth | | | | | | | | |
|-----------------------|---------------|-------|--|--|--|--|--|--|--|--|
| Category: (check one) | | | | | | | | | | |
| Nominator's Telephone | Email: | | | | | | | | | |
| Nominated by: | | | | | | | | | | |
| Telephone: | | | | | | | | | | |
| Address: | | | | | | | | | | |
| Nominee: | | | | | | | | | | |

Qualifications: Submit this form with a detailed description of the nominee's achievements and why he or she deserves recognition. Direct any questions to:

Ponte Vedra Beach Rotary Club member, Jim Clark, jclark@danielkids.org 296-1055.

Entry Deadline: Thursday, May 4 Send Entries to:

Local Heroes Awards Committee Rotary Club of Ponte Vedra Beach P. O. Box 70 Ponte Vedra Beach, FL 32004

Or email Entries to: jclark@danielkids.org

Thank you for your nomination!

Awards to be presented Thursday, May 25, 2017 at 6:00 p.m. to 7:30 p.m. Marsh Landing Country Club

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Exceptional Oceanfront on Ponte Vedra Blvd
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family area boasts wine closets, walk in pantry,
exercise room and steam shower. Upstairs includes
large bonus room, three bedrooms, theatre or 6th
bedroom and oceanfront deck. The 50 foot pool,
five car garage and beach walkover complete this
estate. \$5,195,000



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Local student earns scholarship to LaGrange College

Ponte Vedra High School senior Casey Hiden recently received a \$1,000 scholarship to LaGrange College in Georgia after participating in the college's Presidential Scholarship program.

Hiden was invited to join 135 other students from eight states for a series of interviews and leadership activities at the college in February. Scholarship recipients were evaluated by a panel of judges based on their school transcripts, SAT and ACT scores, interview performance, written essay and extracurricular activities.

A four-year liberal arts and sciences college affiliated with the United Methodist Church, LaGrange College offers more than 70 areas of study with an emphasis on global engagement and service.



Photo courtesy of LaGrange College

Ponte Vedra High School senior Casey Hiden receives a certificate from LaGrange College President Dan McAlexander for participating in the college's Presidential Scholarship program.

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GATE Foundation Charity Golf Tournament benefits The Arc Jacksonville Village

The GATE Foundation recently presented The Arc Jacksonville Village with a check for \$90,000 from the annual GATE Foundation Charity Golf Tournament, held in October 2016 despite several postponements due to Hurricane Matthew. Since the tournament's inception, GATE has donated more than \$1 million to charitable organizations.

"We are pleased to have partnered with such a praiseworthy organization," said Kathy Brady, executive director of The GATE Foundation. "The impact of The Arc Jacksonville Village on the lives of these individuals is incredible. We can't thank our registrants enough

for being committed to making their donations even when the tournament was cancelled due to Hurricane Matthew."

ARC Jacksonville President and CEO Jim Whittaker added, "This generous gift will directly support the 121 residents living independently at The Arc Jacksonville Village. By hosting this annual charity golf tournament, The GATE Foundation is changing countless lives in our community."

Created at the request of young adults and their families for a safe environment where individuals in needs of lifestyle support count independently establish a home, The Village is an apartment-style neighborhood housing 121 adults with disabilieies aged 18 and older. Since its inception, it has become a national model for custom design to promote socializing and sharing among residents in addition to engagement with the surrounding community.

Residents live among peers and choose the educational, recreational and employment opportunities they wish to pursue in greater Jacksonville. The Village opened in May of 2016, and was fully leased by August.

"The Arc Jacksonville has helped me to become more confident in my ability to do more things for myself," said Jermaine, an Arc Village resident. "Living on my own makes me feel free to make my own choices."

The Arc Jacksonville advocates for and serves community members with diagnoses including Down syndrome, autism, Fetal Alcohol Spectrum Disorders, cerebral palsy and other conditions of developmental delay.

Arc promotes and actively supports the full inclusion and participation in the community throughout their lifetimes of all persons without regard to diagnosis of a disability.

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Cypress Village embraces smart home technology

When resident Bess Turk first moved into her home in Cypress Village, her life suddenly changed.

Several years prior, Turk began losing her sight due to macular degeneration. It was a difficult adjustment, causing Turk to miss appointments and forget her daily activities. But the scalable smart technology Cypress Village provides for seniors has made it possible for her to work around the effects of the degeneration.

That technology is packaged in Amazon Echo, a voice-controlled smart home system Turk had installed in August of 2016. The system, which answers to the name "Alexa," gives Turk and other seniors the ability to request reminders and enable changes around their homes, increasing accessibility to tasks that might ordinarily be difficult.

"Now I can listen to music, turn lights on and off, change the thermostat, make a shopping list ... and so much more, all with voice commands," said Turk, who worked with Cypress Village's iPad instructor Michael Schmitt to design a system for her needs. "It has changed my life. I was missing appointments and forgetting my everyday activities – now, whenever I think of what I need to remember, I simply request Alexa to set my alarm, calendar, shopping list and daily activities. She will read it back to me anytime I ask ... all these little treats have

made a huge difference in my life."

Cypress Village's scalable smart technology is meant to make life easier in more ways than one, according to Director of Marking and Sales Lisa Adams. The technology is available in apartments and houses and can be tailored to each resident's individual needs. It can also include wellness monitoring, which can observe sleep cycles, medical consumption and dietary changes to give families and caregivers an extra tool for care and peace of mind.

"We are meeting the needs of seniors as the enter into the CCRC market," Adams said. "These technologies make life easier ... and play a role in how seniors can age in place."

Homeowners Jim and Judy Jandreau worked with Sound Installation and Design, Inc. to develop a voice-activated smart home of their own. The traditional switches and controls are connected to their secure WiFi and can be used for lights, ceiling fans, showers, thermostats and blinds. They've also installed a doorbell that allows them to see who is at their front door using their smart phones.

Cypress Village is currently designing a smart model apartment to perform live demonstrations of this technology that will be open to anyone interested in seeing how a smart home can make life more accessible.



Photos provided by Cypress Village

Bess Turk uses some of her home's adaptive technology.



Jim and Judy Jandreau have outfitted their Cypress Village home with smart technology.

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Interested candidates please call Susan Griffin at 904-686-3938 and email your resume to susan@opcfla.com.



Columbus ship replicas to dock in St. Marys

Replicas of Christopher Columbus' "Nina" and "Pinta" ships will visit St. Marys, Georgia in April, offering visitors a chance to learn more about the explorer's adventures.

From April 13-18, the ships will dock at Lang's Marina, where they will be available for tours. Both ships tour together as part of a new and enhanced "sailing museum" for the purpose of educating school children and the general public on the "caravel," a Portuguese ship used by Columbus and many early explorers.

While in port, the public is invited to visit the ships for a walk-aboard, self-guided tour. Admission is \$8 for adults, \$7 for seniors and \$6 for children ages 5-16. Children 4 and under are admitted free. The ships will be open every day from 9 a.m. to 6 p.m.

Teachers or organizations wishing to schedule a 30-minute guided tour with a crew member may call 1-787-672-2152 or email columfnd1492@gmail.com. A minimum of 15 participants is required for this guided tour, and admission is \$5 per person. For more information, visit www. ninapinta.org.

Lang's Marina is located at 307 Saint Marys St. West in St. Marys, Georgia.

COMMUNITY NEWS 15 Ponte Vedra Recorder · March 30, 2017

Fleet Landing welcomes World Affairs Council



U.S. Rep. John Rutherford and General Philip Breedlove, USAF (Ret.), recently visited Fleet Landing to speak with residents and World Affairs Council members about domestic and foreing policy matters. From left: Breedlove, Fleet Landing Board Member Marty Jones, Fleet Landing Director of Charitable Giving Olivia Bush, Rutherford, and David Strickland, chairman of the World Affairs Council Jacksonville.

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U.S. Rep. John Rutherford and General Philip M. Breedlove visited Fleet Landing recently to discuss both domestic and international affairs.

Members of Fleet Landing's Spinnaker Society attended the presentation along with members of the World Affairs Council's Ambassador's Circle, sponsors and benefactors. Rutherford, who represents Florida's 4th congressional district, gave attendees a "Washington Update," while Breedlove - who served as NATO's supreme allied commander from 2013-2016 - spoke on "America's Changing Role in the Global Arena." Both speakers then engaged in a question and answer session with the audience.



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THURSDAY, MARCH 30, 2017

Roatary Means **Business**

Page 18

www.PonteVedraRecorder.com

Underwood's hosts top crystal designer

One of the world's foremost crystal designers visited Ponte Vedra Beach last week, when Underwood's Jewelers hosted a cocktail reception for William Yeoward.

A native of the United Kingdom, Yeoward mingled with Underwood's customers, showcased some of his finest work and signed purchased pieces with his crystal pen. The designer's collection features more than 1,000 pieces of crystal, including bowls, glasses, bottles, vases and jars. The collection's pieces are entirely handmade and inspired by 18th and 19th century antiques from England and Ireland.

In addition to viewing the crystal collection, guests enjoyed cocktails, hors d'oeuvres and sweets from JJ's Bistro and Le Macaron.



Crystal designer William Yeoward, Christy Bromberg and John Rut-



Pete Dalmares, Mary Black, Connie Dalmares, William Yeoward and **Sharon Licamara**

Ding, ding, ding can be bad, bad, bad!



Harry Pappas

By Harry Pappas

Jay Mooreland, author of one of my favorite go-to websites, underscores my feelings that just about everything that is written about the short-term future direction of the stock market by self-proclaimed experts makes me want to smear myself with honey and jump into a nest of fire ants.

Allow me to explain. Moore-

land said in his July 6, 2016, post, "We are bombarded every day with people making predictions regarding the stock market and some of them are right. That is the nature of probability. Do something enough times and occasionally the unexpected or extraordinary will happen. The problem is, we tend to hear only about the 'winners.' The same thing happens in casinos."

The author continues, "You walk through a casino floor, and you hear Ding Ding Ding Ding Ding. Your mind is thinking, 'Wow, there are a lot of winners. I better get in on this.' What noise does a slot machine make when it loses, which occurs the majority of the time? Nothing, just like the expert prediction that was wrong again. We don't notice because we don't hear

We do not need gypsies with crystal balls, soothsayers wearing wizard hats, palm readers, and stock market pundits with sketchy records of accomplishment providing us investment advice. It cannot be said enough: The best advice, for most people, is boring and dull, so here is a nudge.

- Buy quality
- Diversify your portfolio
- Invest for the long term (three to five years
- Hire the professionals
- Implement a cost-efficient investment strategy
- Keep your finger off the panic button!

In the final analysis, I have no idea of the shortterm direction of the stock market, and no one else does either. What happens in the short run is often just "noise" to distract us from our long-term game plan. Don't take the bait! Stay the course, as the stock market has proven consistently that it moves higher over time. Of course, gut-wrenching declines will happen, which is why you should pay particular attention to the item mentioned above (#6).

During the past several years, the stock market has underscored the notion that bull markets tend to "climb a wall of worry." In other words, the stock market generally moves higher in the face of "headline fatigue," which is excessive exposure to negative news from the media. The commentators continue to warn us about everything that could go wrong with the economy and stock market. The songs of doom and gloom bombard

us, but in spite of the flood of undesirable broadcasts, stock prices have been moving consistently higher, as they climb the wall of worry, to many people's disbelief. Remember to keep your itchy finger off the

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Ponte Vedra Recorder · March 30, 2017

BUSINESS WEEKLY 17

Oregon vintner visits Nocatee's Coastal Wine Market

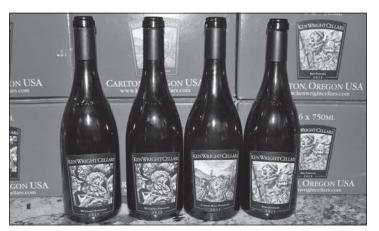


Photos by Susan Gri

Oregon vintner Ken Wright conducts a wine and tapas master class at Coastal Wine Market and tasting room in Nocatee.

Local residents had an opportunity to learn more about wine last week, when Nocatee's Coastal Wine Market and tasting room hosted Oregon vintner Ken Wright.

Wright conducted a master class in wine and tapas tasting at the market, sharing his knowledge of fine wines with attendees.

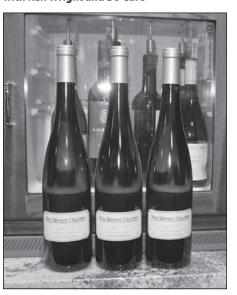




Ashton and June Stokes (front) with Paul and Cecelia Rose



Coastal Wine Market owner Steve Lourie with Ken Wright and Bo Cure





Photos by Susan Griffin

Misty Phillips, Managing Broker Phil Lamb and Cheryl Johnigean



Linda Ash, Cheryl Billings and Zandra Quintana

Watson Realty Corp. hosts company gathering at Coastal Wine Market

Coastal Wine Market was also the setting for an after-hours cultural event hosted by Watson Realty Corp.'s Nocatee office. Realtors enjoyed refreshments while socializing with their colleagues.

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Local Rotarians network at Rotary Means Business



Photo by Susan Griffin

Brian Anderson, Trudy Toche and Carol Maurer gather at the recent Rotary Means Business event held at the Hilton Garden Inn in Ponte Vedra Beach. Rotary Means Business encourages Rotarians to support their fellow Rotarians by doing business with them and sharing referrals with one another.



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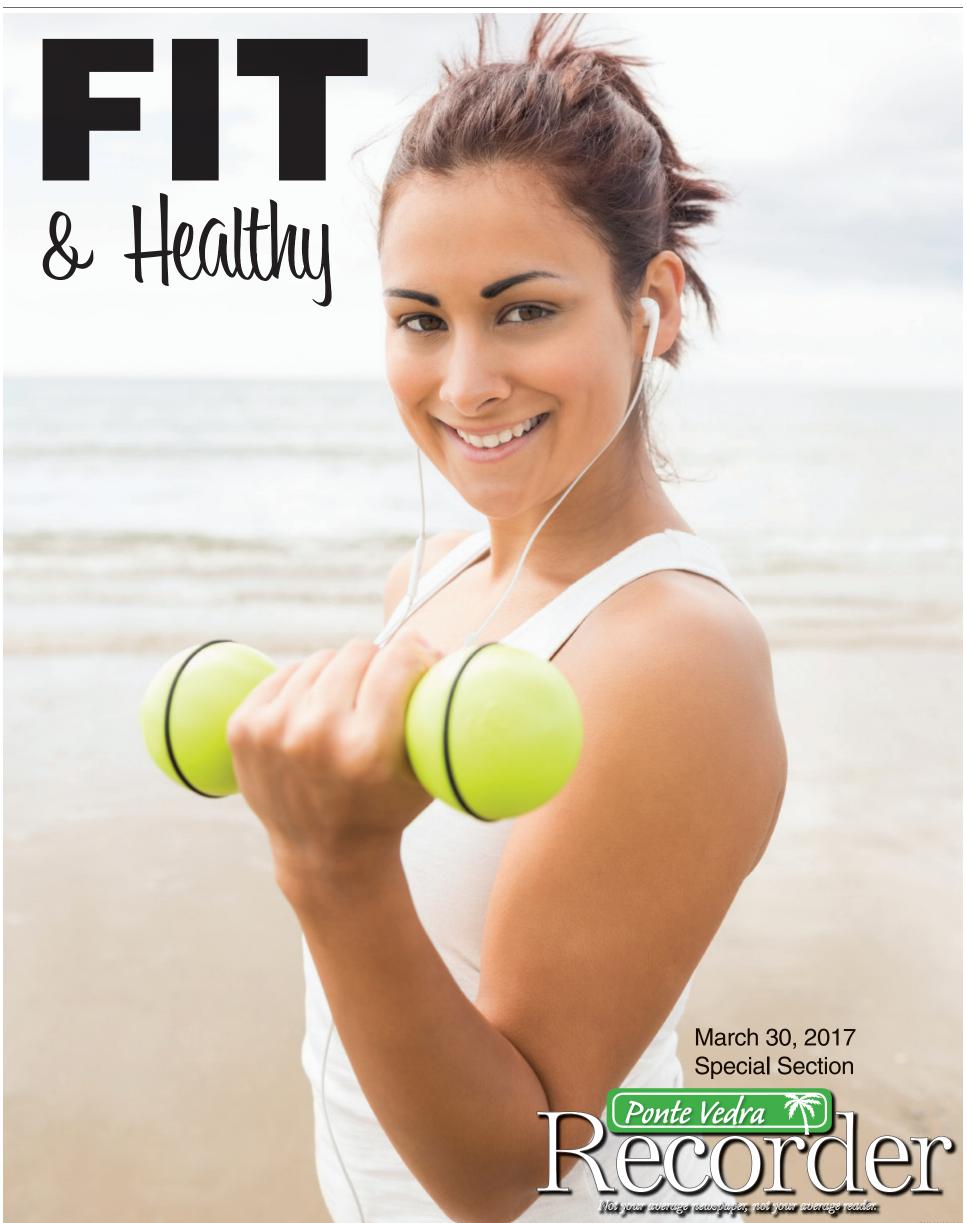
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Photos by Jon Blauvelt

Health Partners LLC Founder Lynn Kettell-Slifer discusses a supplement with office manager Stephanie Bedsaul.

New functional medicine practice offers relationship-focused medical option

By Jon Blauvelt

A new functional medicine practice has recently opened in Ponte Vedra Beach and is now accepting appointments for consultations.

Located at 100 Executive Way across from PVPV-Rawlings Elementary School, Health Partners LLC provides area residents with a "relationship-focused" option that staff members say bridges the gap between traditional, prescription-based primary care and alternative treatment.

"We go upstream from where symptoms are, and we do more than just treat symptoms," said Founder Lynn Kettell-Slifer, a family nurse practitioner with experience in preventative care, healthcare for the uninsured, medical missions and hospital oncology.

As explained on the practice's website, functional medicine uses a systems-oriented method to address the underlying causes of disease by engaging both the patient and practitioner in a therapeutic partnership – hence the company name, Health Partners.

This is where Kettell-Slifer said functional medicine distinguishes itself from primary care practices. Insurance companies, she said, dictate much of the care that is delivered by primary care providers, often resulting in brief appointments where physicians simply prescribe medications to treat patients' symptoms. As a result, Kettell-Slifer said, the cur-

rent healthcare environment has become overly pharmaceutical-based and isn't helping to solve patients' problems.

"We're seeing that prescriptions will treat a symptom and may be a band aid, but it really doesn't fix you," she said. "That's where functional medicine comes in"

Kettell-Slifer said Health Partners works diligently to develop relationships with its patients to optimize their health. The practice emphasizes the importance of investing time with patients to establish the root cause of their respective issues and help them return to a state of health. In addition to functional medicine, the practice provides weight management services, health coaching and nutritional counseling.

According to Kettell-Slifer, the majority of the practice's patients are middle-aged people experiencing chronic disease, such as cancer, diabetes, weight issues, fatigue and inflammation. She said many of them have already visited traditional doctors and taken several prescription medications. But unfortunately, she added, they're not feeling better, and they have decided they want to take control of their healthcare. In addition, she noted that the practice also sees very healthy patients who are trying to maintain their health by identifying potential vulnerabilities in their lives.

Initial consultations, which cost \$150,

last an hour and a half and include a detailed clinical and lifestyle assessment. The examination dives deep into all aspects of the patient's makeup, including nutrition, sleep and relaxation, exercise and movement, stress, relationships, mental disposition and spiritual health. If necessary, the consultation also includes targeted diagnostic testing for an additional cost. Patients leave with a personalized evaluation and treatment plan based on their specific needs.

Kettell-Slifer said follow-up appointments last 30 to 45 minutes, with costs for additional care depending on the severity of the patient's condition.

Health Partners does not take insurance, said Kettell-Slifer, because it would require additional staff to deal with the health care companies, which would increase the cost of care. More importantly, she noted that insurance companies would dictate the type of care her practice could provide, as they do with primary care practices. That wouldn't allow the practice to invest the necessary time with their patients to establish the true source of their problems, she said.

Kettell-Slifer opened Health Partners in early March with her business partner Dr. Suzanne Kersbergen, an osteopath certified in obesity medicine. The practice's team also includes office manager Stephanie Bedsaul.

"That's our small group trying to make



Health Partners Founder Lynn Kettell-Slifer

a difference in people's health here in Ponte Vedra," she said. "We are really passionate about the health of our patients. This is about working together with the patients to optimize their health in a true partnership." Ponte Vedra Recorder · March 30, 2017 FIT & HEALTHY 21

Ponte Vedra Wellness celebrates first anniversary of

Nocatee office

Ponte Vedra Wellness Center celebrated the first anniversary of its Nocatee office last week with an anniversary party and wellness event.

Held March 23 at the office at 205 Marketside Ave., the free event featured fitness demonstrations and chair massages, refreshments and a special children's area with kids' activities and face painting. Guests also received a free ticket for a chance to win prizes in a raffle drawing, ranging from a new beach cruiser to gift baskets and gift certificates.

Participating businesses included Blue Water Dental, Coastal Wine Market, Ponte Vedra Pediatric Dentistry & Orthodontics, State Farm Insurance, Trompe L'oeil Luxury Hair Salon, Watson Realty Corp. and Wise Women Gynecology. Representatives of the St. Johns County Chamber of Commerce's Ponte Vedra Beach Division were also on hand to help the center celebrate the anniversary of its Nocatee location. Ponte Vedra Wellness Center also has an office in Ponte Vedra Beach.



Photos by Susan Griffin

Above: Toni Boudreaux and Sarah Alexander

Top right: Logan Walsh, Daniel Brauch, Dr. Erika Hamer, Marissa Daniels and Jackie Pavne

Right: One lucky attendee won a beach cruiser at the anniversary celebration.





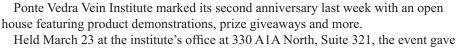
Ponte Vedra Vein Institute celebrates 2nd anniversary



Photos by Jennifer Logue

Above: The Ponte Vedra Vein Institute team includes Julieann Rowan, Jennifer Peters, Annmarie Peters and Dr. Megan Deacon-Casey. Not pictured: Angi Levy.

Left: Hillary Zikmund displays Neocutis skincare products at the Ponte Vedra Vein Institute open house.



guests a chance to win a gift basket valued at \$300 as well as discounts on skin care products and services.

In addition to offering medical treatments for varicose veins, spider veins and other venous disorders, Ponte Vedra Vein Institute offers a wide variety of aesthetic treamtents, including microdermabrasion, Botox, dermal fillers, Endymed ProTM skin tightening and more.





3rd Annual Fred Funk Challenge April 10

The 3rd Annual Fred Funk Challenge charity golf tournament will be held Monday, April 10 at Sawgrass Country Club in Ponte Vedra Beach.

Scheduled to begin at 8:30 a.m. with a shotgun start, the event will feature 18 holes of golf plus a post-tournament lun-

cheon. The registration fee for the tournament is \$250 per player and includes golf, use of the driving range, green and cart fees and the opportunity to play a hole with PGA Tour Champion Fred Funk as well as Bill Bates and Coach Dan Henning of the NFL. Each player will also

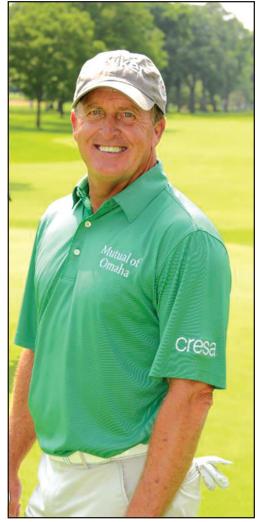
receive a team photo autographed by Fred Funk.

Prizes will be awarded in a number of categories. Hole in one prize opportunities are being sponsored by North Florida Yacht Sales and Claude Nolan Cadillac. Tournament sponsorship opportunities are available.

Crosswater Community Church's Children and Student programs regularly attract up to 250 children each week. In order to fulfill its mission and reach as many local families as possible, Crosswater along with Fred Funk launched a campaign to expand its facilities to reach more families in the area by offering dedicated worship areas, classrooms and more.

Proceeds from the tournament will benefit Crosswater Community Church's "Finish the Course" campaign.

Registration deadline for the Fred Funk Challenge is April 3. To register or for more information, call (904) 824-9800 or visit www.crosswaterchurch.net.





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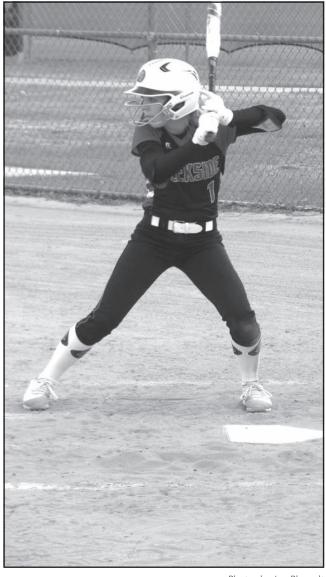
PV2-LV3674

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SPORTS

Nease softball loses to Creekside in heartbreaker, then shuts out Matanzas





Photos by Jon Blauvelt

Reese Catherwood sets up at the plate for Creekside.

Bailey Pattison bats against Creekside March 23.

By Jon Blauvelt

Nease softball split its two games last week, losing to Creekside on Thursday and then defeating Matanzas on Friday.

Heading into the end of the Creekside game, Nease was in control of its own destiny, leading the Knights 3-1 in the top of the seventh inning. A string of five straight runs from Creekside, however, put the Knights over the top and sent them home with a last-minute 6-3 victory. Panthers coach Britney Lee didn't allow the come-from-behind win to rattle her.

"We're playing Nease softball, and that's what we're going to continue to play," she said following the loss. "They strung a few together there at the end. We're going to be on the other side of that one day."

Panthers Junior Samantha Harmon finished the game with two RBIs and a hit, while junior Bailey Pattison added an RBI and three hits. Pattison pitched a gem of a game through the first six innings, only allowing one run; yet, she gave up the five runs in the seventh that boosted Creekside to its win.

"She pitched well the whole game," said Lee. "They strung a few together at the end. I don't think she was tired."

Pattison and the Panthers returned to action the following day with gusto and beat Matanzas, 6-0. Pattison pitched all seven innings of the shutout, allowing just three hits and striking out three batters. The junior pitcher also added an RBI and two hits on the offensive side of the ball.

Junior Courtney Furst had a big night for the Panthers with three RBIs and a hit. Freshman Grace Kim and junior Samantha Harmon accounted for the team's remaining RBIs.

Nease continues to hover around .500. The Panthers played Bartram Trail earlier this week and will match up with rival St. Augustine at home tonight at 7 p.m.



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Ponte Vedra Recorder · March 30, 2017 FIT & HEALTHY 25





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PV2-LV36798



of Greater Jacksonville to check out local success stories!

26 FIT & HEALTHY

SPORTS

Shark stickmen roll over Yellow Jackets

By Jerry Norton

Special to the Recorder

The Ponte Vedra High School boys' lacrosse team is cruising on a path to an historic end – a state championship, perhaps? But for an unaccountable loss to Jupiter, the Sharks have not met a team they couldn't beat. They added St. Augustine to their list of victims with a 16-5 win over the Jackets last week at the Shark Tank.

Ponte Vedra scored first on a goal by Clay Welch two minutes in and Matt Keeler put the Sharks up by a pair a short time later. Then for the better part of the first quarter the visitors had the advantage and even led briefly 3-2 with a minute left in the quarter.

Any hopes the visitors had of pulling off an upset quickly vanished under a barrage of six Shark goals. Walker Azzaro pulled Ponte Vedra even as the first quarter ended. Then Reid Smith, Welch, Jack Burke, CD James and Keeler each scored to put Ponte Vedra up 8-3 at the break.

Things didn't get any better for the Jackets in the second half. Goals by Azzaro, two more by Burke and one by Andrew O'Dare pushed the Shark advantage to 12-4. Then Smith took matters into his own hands scoring four fourth-quarter goals.

Lacrosse continues on Page 27





Photos by Chris and Jerry Norton

Above: #7 Reid Smith scores one of his five goals against St. Augustine.

Left: #14 Clay Welch of the Sharks looks for a teammate against St. Augustine.

Sharks blank Menendez

By Jerry Norton

Special to the Recorder

Ponte Vedra scored twice in the first inning thanks to big base hits by Eric Aleman and Jacob Young and that would be all the runs the Sharks would need Thursday evening at home against Pedro Menendez. Meanwhile, lefty junior pitcher Kevin Faulkner pitched five scoreless innings in which he allowed just a single base hit to earn the win.

The Sharks erupted for three more runs in the second on base hits by Tommy Barnhorst, Mike Zenni, Aleman and Jack Hahnemann. They added four more in the fifth, with Quinton Brehm's towering home run to left the big blow. Aleman had a three-for-three night, while Young col-

lected two hits in three trips and Barnhorst finished with two hits and two RBI in three trips.

Faulkner's pinpoint control kept the Falcon bats from making good contact and had the benefit of impeccable fielding behind him.

On Friday, Ponte Vedra completed the home and home set against Menendez with a 9-3 win. Ponte Vedra scored five runs in the seventh inning to ensure the victory.

The Sharks improved to 8-4 over all and are 4-0 in district play. They will host St. Joseph Academy on Thursday, March 30.



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Stay up to date on contests, advertising specials, and real-time news in Ponte Vedra. Our fans get access to exclusive content you can't find anywhere else!



Photos by Chris and Jerry Norton

Top: Shark catcher Michal Zenni awaits a pitch from starter Kevin Faulkner.

Above: Shark shortstop Eric Aleman fields the ball and will throw the Menendez batter out at first.

Right: Jack Hahnemann rounds second while he checks on the play at first.



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SPORTS

Lady Sharks explode for 20 runs Against Pedro Menendez

By Jerry Norton

Special to the Recorder

While sophomore pitcher Michelle Holder was busy pitching a no-hitter, she and her teammates were busy pounding out 14 hits and scoring 20 runs against district foe Pedro Menendez. Ponte Vedra scored their runs in the first four innings to beat the Falcons 20-0.

Shortstop Michelle Leone led the Sharks at the plate with a four-for-four night. Third baseman Bailey Wagoner was three for four, Holder two for three and designated hitter Kiley Hennessey also finished with two hits in three trips. The Sharks collected three extra base hits in the massacre including doubles by Holder and Hennessey and a triple by



#21 Andrew O'Dare of Ponte Vedra brings the ball up field with two Yellow Jackets in

.acrosse

Continued from 26

Prior to the St. Augustine game, the Sharks made short road trips to Gulliver Prep and Lake Howell to play Mt. Vista, a team from Colorado. Ponte Vedra handled Gulliver 18-6 thanks to five goals by Smith; four by Welch; two each by James, Burke, Azzaro and Prince; and a single by Keeler.

The game against Mt. Vista proved a challenge for the Sharks, who needed to come from down 7-4 to earn an 8-7 victory. Shark scorers included Welch with four, Smith with three and Dylan Hess with one.

Over the weekend, Ponte Veda traveled to South Carolina for games against Wando and Charlotte Catholic. Wando fell to the Sharks 13-10 on three goals by Smith and Keeler, two by Hess two by Welch and singles by Burke, O'Dare and James.

Charlotte lost to the Sharks 20-8, with Welch leading the way with seven goals. Smith tallied four, Burke three and Hess, O'Dare and Keeler added two each.

Scotland David.

Pitcher Holder had four runs driven and was the RBI leader for Ponte Vedra followed by Wagoner with three, catcher Taylor Bradshaw, and Leone and Quinlan Richmond with two each. The Falcons didn't help themselves very much by making five errors in four innings.

With the win, Ponte Vedra improves to 8-4 overall and stands at 2-1 in the

The Scoop on Pap Smears - Ingrid A. Carlson, MD





Pap smears can identify problems with the cervix before they develop into cancer. Having them done yearly was based more on "tradition" than on medical need and several years ago, a panel of nationally and internationally known experts convened to determine how often they need to be done to prevent cervical cancer. It was determined that some women over 65 without an abnormal pap in the previous 10 years could discontinue pap smears.

More recent articles suggest that some women may be at risk without a pap. Although the rate of cervical cancer is still low, 10-19% of new cervical cancer cases are in women over age 65. The median age for vaginal cancer is 67. Because of this, although it is outside of the current guidelines, I recommend erring on the side of caution and doing pap smears every 2-5 years, even after a hysterectomy. My recommendation to women for any type of cancer screening is that you should stop screening for cancer when you are at a point, either due to age or illness, that you would not do anything if you found out that you had cancer. Until that point, cancer screening may continue to extend your life.

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Thursday, March 30

Nitty Gritty Dirt Band

The Ponte Vedra Concert Hall will host the Nitty Gritty Dirt Band in concert March 30 at 7:30 p.m. The multi-platinum artists are often credited as the catalyst of the Country Rock and American Roots music movement and boast a slew of awards and accolades, among them several Grammy and CMA nods. Their 50th anniversary tour has included stops at Stagecoach, the Hardly Strictly Bluegrass festival and the historic Ryman Auditorium for a televised PBS special. Tickets start at \$53 and doors will open at 6:30 p.m. To purchase tickets and to learn more, visit www.pvconcerthall.com.

Adult Coloring Club

The Ponte Vedra Beach Branch Library hosts an adult coloring club aimed at reducing stress and socializing. The next session will be held Thursday, March 30 from 1 to 4 p.m. Participants will choose their own design to color and supplies will be provided. The library is located at 101 Library Blvd.

Life Enrichment Day Retreat

Arbor Terrace Ponte Vedra hosts a Life Enrichment Day Retreat every Tuesday, Wednesday and Thursday from 9 a.m. to 2 p.m. at Arbor Terrace Ponte Vedra, 5125 Palm Valley Road, Ponte Vedra Beach. The group is designed for those with memory changes who would like to stay active mentally, physically and socially. For more information, call (904) 834-7578 or visit www.at-pontevedra.com.

Meet the "Friends for the Arts"

Get involved in the arts by joining a team of fellow art supporters at the Cultural Center at Ponte Vedra Beach. Help develop and support fundraising projects and help initiate special projects to benefit and promote The Cultural Center and the arts in our community. For more information visit www.ccpvb.org./friendsfor-the-arts

Friday, March 31

Sunshine Golf Tournament

The Council on Aging (COA) will host its annual Sunshine Golf Tournament March 31 at 1:30 p.m. at the St. Johns Golf and Country Club. The tournament's proceeds will benefit the COA Sunshine Center and Memory Enhancement Program assisting dementia and Alzheimer's patients and their families. The event will include a Captain's Choice tournament and a BBQ Buffet Awards Ceremony. The cost of participation is \$100 per golfer or \$380 per team of four, with a buffet-only option of \$22. To learn more about the tournament or sponsorship opportunities, call Debbie Van Gemert at (904) 209-3684 or visit www.coasjc.com/fundraising. The St. Johns Golf and Country Club is located at 205 St. Johns Golf Drive in St. Augustine.

'The Art of Healing' Exhibition

The Cultural Center at Ponte Vedra Beach will present "The Art of Healing," an exhibition celebrating the healing effects of the arts through music, art-making and art interpretation. This exhibition will showcase children's work from Art with a Heart in Healthcare's "Inside the Outline" patient exhibition of body painting along with portraits from Heather Aguilera's Living Art Project. Pablo Rivera's portrait photography of the Cultural Center's music therapy program will also be on display. The opening reception will be held March 31 from 6-8 p.m. For more information, visit the event page at www.facebook.com/events/642504965933903.

PV Professionals Networking Group

The Ponte Vedra Professionals Networking Group meets Fridays at 9 a.m. at Watson Realty Corp., 615 Highway A1A S., Ponte Vedra Beach. For more information, call Gloria at (904) 635-6103, visit www.pvpng.com or email pontevedrapng@gmail.com.

Coastal Wine Market Wine Tasting

Coastal Wine Market hosts Friday wine tastings from 6 to 8 p.m. at 641 Crosswater Parkway, Suite B, Ponte Vedra Beach. Taste six wines for \$10. For more information, call (904) 395-3520.

Saturday, April 1

Palms Presbyterian Spring Carnival

Palms Presbyterian Church will host its annual Palms Preschool Spring Carnival on Saturday, April 1 from 10:30 a.m. to 2 p.m. The carnival will include a bounce house, train rides, face painting, food and ice cream trucks, games and more. The carnival is a community event and is open to the public. Tickets can be purchased at the door for \$1, \$5 and \$7. For more information, call Palms Preschool at (904) 247-0983.

Shrimp and Suds Craft Beer Festival

The Baseball Grounds of Jacksonville will play host to the Shrimp and Suds Craft Beer Festival Saturday, April 1 from 3 to 6 p.m. The festival will benefit the Jacksonville USO. Guests will have the opportunity to get an early taste of the new ballpark menu and sample selections from more than 50 different beers, including some from local breweries. Tickets for the festival are available at www.jaxshrimp.com. Tickets are \$40 and include 20 drink samples and a jumbo-size ballpark pretzel. VIP admissior is \$50 and includes 25 drink samples, a jumbosize ballpark pretzel and early access to the festival at 2 p.m. Legal ID is necessary for entry, and the event is exclusively for guests ages 21 and older. For more information, visit www. jaxshrimp.com or call (904) 358-2846.

Temple Bet Yam to present 'The Shooter'

Temple Bet Yam will host the fourth in a series of dramas written and performed by St. Augustine playwright-actor Lee Weaver with "The Shooter - Gun Violence in America." To be presented April 1 at 7 p.m., the drama follows Weaver, a second-amendment advocate, and his reform-minded wife Nan through the process of producing a documentary for television "The Shooter" features nine interviews with individuals whose lives have been impacted by gun violence – including a Sandy Hook police officer, the father of slain schoolchildren and more – all portrayed by Weaver. To reserve a seat, call Andi Marx at (904) 460-9569 or e-mail amarx46@comcast.net. Admission is \$20 and refreshments will be served. Temple Bet Yam is located at 2055 Wildwood Drive in St. Augus-

Sunday, April 2

Katz 4 Keeps Adoption Weekends

Join Katz 4 Keeps April 1-2 for a weekend adoption event helping cats and kittens find their forever homes. The event will be held from 11 a.m. to 3 p.m. at the Katz 4 Keeps facility located at 935B A1A North in Ponte Vedra Beach. For more information about this event or organization, call (904) 834-3223 or email info@katz4keeps.org.

Annual Flower & Garden Expo

The Flower and Garden Expo will celebrate its 22nd anniversary Saturday, April 1 from 9 a.m. to 5 p.m. and Sunday, April 2 from 10 a.m. to 3 p.m. at the St. Johns County Agricultural Center at 3125 Agricultural Center Drive in St. Augustine. A fundraiser for EPIC Behavioral Healthcare, the expo brings together a variety of growers, nurseries and garden-related artisans. Expo patrons will enjoy expert lectures, a children's area, access to master gardeners and a food court next to the center's gardens. On Sunday, the first 100 new patrons paying admission will receive a new plant courtesy of Southern Horticulture. Attendees also receive a pass for free admission to EPIC's "A Taste of St. Augustine" set to take place April 22, as well as discounts to local attractions. Admission is \$5 per person. and children 12 and under are admitted free. To learn more about the expo, visit www.epicbh. org or call (904) 829-3295. All proceeds benefit EPIC Behavioral Healthcare.

All-County High School Art Show

The St. Augustine Art Association will host the 12th Annual All-County High School Art Show through April 2. The show will featured select pieces of artwork by students in grades 9-12 in a juried exhibit. Gallery hours are Tuesday through Saturday from noon to 4 p.m. and Sunday from 2 to 5 p.m. The exhibit is free and open to the public. The St. Augustine Art Association is located at 22 Marine St. For more information, visit www.staaa.org/juriedexhibits. html or call (904) 824-2310.



Seymour's, the beach's only used book store, presents its Semi-Annual Book Sale April 4th - 8th, 2017

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Ponte Vedra Recorder · March 30, 2017

Monday, April 3

Tuesday, April 4

Thursday, April 6

'Holophusicon'

Artist Lauren Fensterstock is the next in MOCA's Project Atrium series, bringing her paper, Plexiglas and charcoal installations to the museum's exhibit space. The Portland-based artist draws inspiration from 18th-century gardens, crafting multi-layered, monochromatic cabinets made with shells collected from Maine and Sanibel Island. Fensterstock's pieces beckon visitors closer to inspect the intricacies that make up her works with "Holophusicon," on display through June 18. For more information, visit www.mocajacksonville.unf.edu.

Musicians Needed

The Ponte Vedra Memory Care center is in need of volunteer musicians to perform for its Integrative Memory Enhancement Program every other week for memory care participants. Guitarists are strongly encouraged to apply. Interested musicians may call (904) 209-3686 or email aleach@stjohnscoa.com.

Life Enrichment Group

The Life Enrichment Group is designed for those with memory changes who want to remain mentally, physically and socially active, while giving caregivers and loved ones some free time for themselves. The program is offered daily, serving Jacksonville Beach and Ponte Vedra area. For more information call (904) 417-7354 or email life_enrichmentgroup@yahoo.com

Volunteers Needed

Life Enrichment Day Retreat in Ponte Vedra is in need of volunteers any weekday for a few hours. This volunteer will assist participants with simple activities. Call (904) 417-7354 or email life_enrichmentgroup@yahoo.com for more information.

Caregiver Training Program

The Coastal Community Center will host a free caregiver training program on the first Tuesday of every month from 2:30 to 4 p.m. This program is intended to train families and others for the roles they face as new caregivers for loved ones with Alzheimer's or other dementias. The Coastal Community Center is located at 180 Marine St. in St. Augustine. For more information, call Paulette Kozlowski at (904) 297-0061 or (904) 209-3674, or email pkozlowski@stiohnscoa.com.

First Coast Card Club

The First Coast Card Club invites community members to its weekly "Let's Play Cards!" event. On Tuesday, April 4, the club will meet at the St Augustine Main Library located at 1960 N. Ponce De Leon Blvd. in St. Augustine, with club activity beginning at 1:30 p.m.

Farmer's Market

Join the Palm Valley Community Center Farmer's Market every Tuesday for fresh local produce, fresh seafood and artisan breads and sauces from 1 to 5 p.m. at 148 Canal Blvd. in Ponte Vedra Beach.

Sunset Rotary Club Meeting

The Rotary Club of Ponte Vedra Beach Sunset meets Tuesdays from 6 to 7:30 p.m. at the Hilton Garden Inn. Community leaders are welcome to attend. For more information, call club President Janeene Hart at (904) 412-5409 or email jwhart 1208@gmail.com.

Tapas Tuesday

The Cummer Museum of Art & Gardens presents Tapas Tuesday at the Cummer Café. Every Tuesday from 5 to 7:30 p.m., take in the sunset on the Cummer Café patio while listening to local musicians, with beer, wine or artfully inspired tapas for sale at the café. Reserve your table by calling (904) 899-6022. For more information, visit www.cummermuseum.org. The museum is located at 829 Riverside Ave.

Book Sales

The Ponte Vedra Beach Branch Library will host its semi-annual Book Sale April 4-8. On Tuesday, April 4, the event will kick off with a preview for Friends only from 4:30 to 7:30 p.m. Book sales will continue from 10 a.m. to 7:30 p.m. April 5, 10 a.m. to 5:30 p.m. April 6-7 and from 10 a.m. to 4 p.m. April 8. On April 8, visitors will have the opportunity to fill a bag for \$10. Those attending must be a current year member of the Friends of the Library. Membership dues and proceeds from book sales and Seymour's all support the library by raising funds for materials, programs and more. For more information, call (904) 827-6950.

Wednesday, April 5

'Understanding the Civil War'

The monthly meeting of the "Understanding the Civil War" discussion group will be held on Wednesday, April 5 at 1 p.m. at the St Augustine Beach City Hall Conference Room, located on the corner of 16th St. and Rt. A1A. The topic of discussion will be the advantages and disadvantages for the North and South from 1860-1861. The meeting is open to the public. For more information, email Charlie Smith at smithc32@bellsouth.net.

Toastmasters Club

Toastmasters Club #5199 of Ponte Vedra Beach meets every Wednesday at 7:30 a.m. at the Players Community Senior Center. These meetings will help attendees improve public speaking and gain leadership skills. The senior center is located at 175 Landrum Lane. Email Carmen at carmenjsardinas@gmail.com for additional information.

Abby Vega Book Signing

Author Abby Vega will hold a book signing April 6 at A'propos Boutique in Sawgrass Village from 4 to 6 p.m. Vega will sign copies and discuss her newly released memoir, "Sno-Cone Diaries," which chronicles her adventures aboard a snow cone truck over the course of 11 months as she pursued a childhood dream.

Sunset Fashion Show

Jacksonville Beach's Hotel Palms and Penelope T will partner to present a "Sunset Fashion Show" April 6 at 7:30 p.m. Locals are welcome to the boutique hotel's courtyard to see Penelope T's current spring looks, socialize and enjoy hors d'oeuvres from KC's Kitchen. Beer, wine and cocktails will also be served. Following the fashion show, guests are invited to shop the looks seen on the runway at Penelope T and Gypset and Pearl pop-up shops onsite. Tickets for the spring fashion presentation are limited and available at three separate tiers starting at \$20 for general admission. Tickets can be purchased at www.ptxhpfashionshow.eventbrite. com. Doors open for the fashion show at 6 p.m. Parking is available at Community Presbyterian, across the street from Hotel Palms, which is located at 28 Sherry Drive in Atlantic Beach.

Watercolor Techniques

Martha Ferguson will teach another six-week session watercolor class beginning Thursday, April 6, from 1 to 4 p.m. at River House. Dates for the class include April 13 and 20 and May 4, 11 and 18. The cost to River House Activity Members is \$75, and \$85 for non-members. Space is limited; early registration and advance payment is required. For more information call (904) 209-3655. River House is located at 179 Marine Street in St. Augustine.

Free calendar listings for community groups and nonprofit organizations are published at our discretion on a space-available basis. Send your event at least 10 days before publication. Submit events to jasmine@opcfla.com, post online at www.pontevedrarecorder.com using



FORUM ON GOVERNMENT AND PUBLIC POLICY

THURSDAY, APRIL 6



John A. Farrell

Author and correspondent for National Journal and The Atlantic

"Why Nixon? Why Nixon now? A study of a controversial president in a time of presidential controversy"

LECTURES BEGIN AT 7 P.M.
Lewis Auditorium at Flagler College
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V2-LV3686



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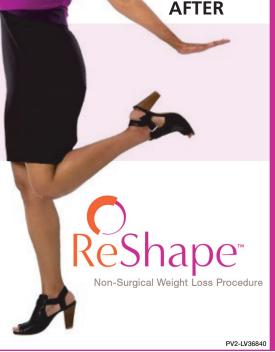
To learn more about the ReShape Procedure, we invite you to attend our upcoming seminar:

Monday, April 17, 2017 at 6:00pm 4147 Southpoint Drive East, Jacksonville, FL 32216 RSVP: Friday, April 14th - (904) 332-6774









Ponte Vedra Recorder · March 30, 2017 IN THE ARTS 31

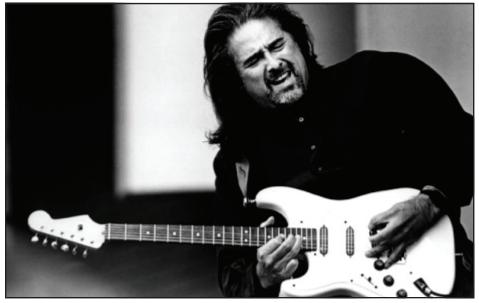


Photo courtesy of Beaches Museum and History Park

Beaches Museum Chapel Concert to present the Coco Montoya Band

The Beaches Museum and Lazzara Family Foundation will present the Coco Montoya Band Thursday, April 10 at 7 p.m. as part of the Beaches Museum Chapel Concert series.

Montoya is a guitarist who spent years learning his techniques from bluesman

Albert Collins. His sound is distinguished by his left-handed, upside down style and the emotional intensity in which he plays.

Tickets for the Coco Montoya Band are \$20 in advance and \$25 on the day of the show. Visit www.beachesmuseum.org or call (904) 241-5657 to purchase tickets.





32 IN THE ARTS Ponte Vedra Recorder · March 30, 2017



Photos provided by Kathy Stark

Artist Kathy Stark stands with one of her pieces, titled "Avenue of Palms, Road to Kingsley Plantation."

The art of preservation artist Kathy Stark uses paintings to promote, preserve the city's parks

By Jasmine Marshall

When artist Kathy Stark first decided to set up a One Spark booth downtown in 2013, she did so with one goal in mind: She would use the crowd-funding festival as a self-imposed deadline to create a body of work she could show potential supporters.

But that simple goal would soon turn lofty as Stark considered just what she'd been doing over the course of the few years leading to that moment. Her subject matter had taken a decidedly natureoriented turn as the artist looked increasingly to the city's natural monuments for inspiration. The idea of creating a book then struck naturally. Stark's new goal would be to compile a series of sketch-

book journal entries and paintings to blend art and education.

Four years later, Stark's work has culminated into a campaign. She released her book, "The Wilderness of North Florida's Parks," on Feb. 23, coinciding with her exhibition launch as artist-in-residence at Jacksonville's Museum of Science and History (MOSH). Her series of largescale watercolor paintings and sketches will adorn the walls of the museum until September, but Stark is adamant about creating an exhibition that travels with a meaningful message.

"The festival had motivated me to keep building content right up until last the summer, when I really worked hard on filling the book," she said. "It's a nice

message – it's saying 'here's all these parks around Jacksonville, now pay attention to the concerns of our environment.' We need to preserve these lands and speak up for our state, not pave it over."

More than just a picture book, "The Wilderness of North Florida's Parks" is Stark's heartfelt bid to raise awareness of the natural wonders on the First Coast. It includes her own journal entries logged in park preserves, conservation areas and forests within an hour's drive of Downtown Jacksonville. Sites like Guana, Nocatee's Greenway Trails and Cradle Creek Preserve are among the 19 illustrations in the book, a complete resource of all 60 parks in Jacksonville and its surrounding area. With the book's publication and

exhibit, she ultimately hopes to increase awareness of the parks' existence and encourage people to preserve them.

"It took a lot of research to even find a lot of these places," the artist recalled. "I illustrated a map and included it in the book with Downtown Jacksonville at the center to ... localize the places in the book. People look at that map and say to me, 'I didn't even know these places existed.' So I hope it can act as a one-stop resource for people who want to know more about our nature and its history."

Stark's efforts have seen her establishing a formal relationship with Timucuan Parks Foundation, a nonprofit dedicated

Preservation continues on Page 33

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Preservation

Continued from 32

to preserving and promoting Timucuan Parks that Stark had long supported. She now acts as the foundation's first fine artist in its newly launched "Artists for the Parks" series. Corporate partner Merrill Lynch, which funded the printing of her book and her exhibit at MOSH, will donate more than 300 hardback copies of "The Wilderness of North Florida's Parks" to libraries throughout the four counties (Duval, St. Johns, Clay and Nassau) that are included in the book. In the future, she expects to see her exhibit in the Thrasher-Horne Center for the Arts and the Cultural Center at Ponte Vedra Beach. Her book can be found at North Guana Outpost and at her website, www.

kathystark.com.

In the meantime, as she promotes her book and exhibit, the artist wants to inspire the community at large to experience the city's expansive park systems – a goal that became increasingly important to her as she traveled all 60 parks by foot, bike, canoe and kayak.

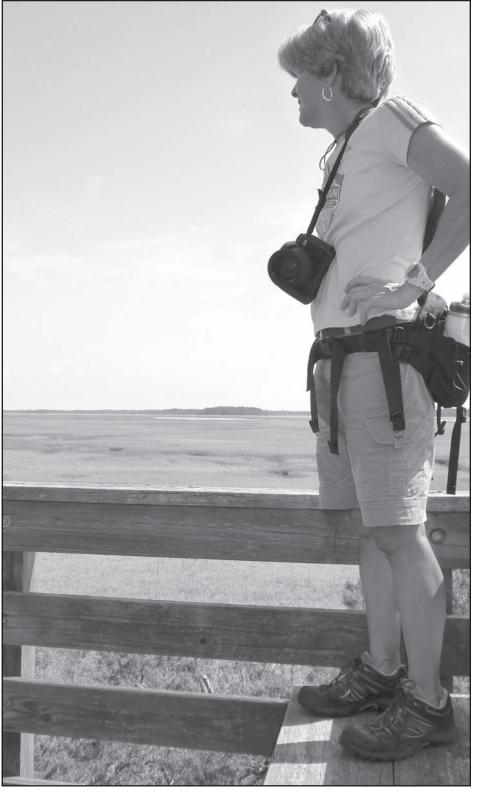
"If people don't know about these parks, they won't get any support," she said. "If you don't grow that awareness, people won't know to protect them. I want to build that interest, get people away from their phones and laptops and get them outside again.

"I hope people walk (into my exhibit) and that something will catch their eye so that they'll be interested in investigating it further," Stark continued. "Maybe they'll be inspired to nurture their own creativity in a way that allows them to appreciate



An illustration of Little Talbot Island by Kathy Stark

Kathy Stark's MOSH exhibit will be on display until September, extended from its original end-date of May 29. MOSH is located at 1025 Museum Circle in Jacksonville. For more information, visit www.themosh.org.



Artist Kathy Stark on an outing at the Stokes Landing Conservation Area, observing Guana and the Intracoastal Waterway in the distance

MOSH calendar of events:

In addition to the "The Wilderness of North Florida's Parks" exhibit, MOSH will host a variety of activities throughout the month April and May:

April 15: Dave Eggar & Morely with The Chamber Symphony of Peace – This concert event was created and conceived by musician Dave Eggar exclusively for this performance at MOSH. Eggar will be joined by vocalist Morley and The Chamber Symphony of Peace, a special group including members of the Jacksonville Symphony Orchestra led by Concertmaster Philip Pan.

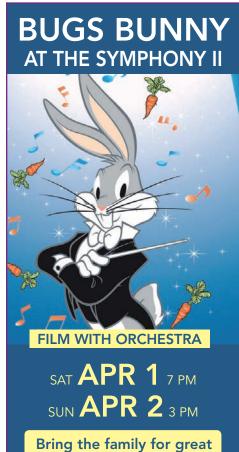
April 27: MOSH After Dark: Succulent Science – MOSH invites patrons to act as horticulturalists with The Elements of MOSH for a lesson in mater gardening led by Greg Burghardt, president of

Rockaway Inc. Burghardt will discuss the science of gardening and share tips and for starting a Florida-friendly garden.

May 6: Jax AquaFest – A waterless carnival, river tours and invertebrate encounters at the VyStar Intertidal Touch Tank make for an educational Aquafest May 6. From 10 a.m. to 4 p.m., join MOSH as it explores water conservation.

May 27: Dinosaurs in Motion Exhibit Opening – MOSH will open a traveling exhibition featuring 14 fully interactive, recycled metal dinosaur sculptures with exposed mechanics inspired by actual fossils. This exhibit combines archaeology and STEAM principles.

For more information about event times, prices and activities, visit www.themosh.org.





APR 7-9

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Jessica Clark (First Coast News)

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Purchase Tickets at 904.325.3554 or online at www.aylasacres.org/events

Jacksonville Symphony to present 'Bugs Bunny at the Symphony II'

The Jacksonville Symphony's Symphonic Night at the Movies returns April 1-2, spotlighting the comedic cartoon hijinks of Bugs Bunny, Elmer Fudd, Daffy Duck and more.

Conducted by Emmy Award-winning George Daughtery, "Warner Bros. Studio Presents Bugs Bunny at the Symphony II" will feature such fan favorites as "What's Opera, Doc?", "The Barber of Seville," Liszt's "Hungarian Rhapsody No. 2" and music from Wagner's "Die Walküre." In addition to conducting for some of the world's leading orchestras, opera houses and ballet companies, Daughtery is an award-winning director, writer and producer for television, film, concerts and live theater.

"Bugs Bunny at the Symphony II" is the second sequel to the critically acclaimed "Bugs Bunny on Broadway," which originally debuted in 1990. The film with orchestra concert was created and produced by Daugherty and David Ka Lik Wong.

"Bugs Bunny at the Symphony II" will be presented at 7 p.m. Saturday, April 1 and 3 p.m. Sunday, April 2 in Jacoby Hall at the Times-Union Center for the Performing Arts. Tickets range from \$27-\$77 and are available at www.jaxsymphony.org.



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PV2-LV36777

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Photo courtesy of Ponte Vedra Concert Hall

Country Western Swing group Asleep at the Wheel to play Ponte Vedra Concert Hall May 25

Tickets are now on sale for the Country Western swing act Asleep at the Wheel, which will perform at the Ponte Vedra Concert Hall Thursday, May 25.

Now in its 46th year, the longtime act has been traveling the country for decades, bringing American roots music to new generations.

"It's been an amazing ride," front man Ray Benson said. "But rest assured, there are still so many exciting projects in the works. The Wheel keeps rolling!"

In addition to Benson, the group was

founded by Floyd Domino, Lucky Oceans, Leroy Preston, Chris O'Connell and Gene Dobkin. In 1970, the group landed a gig opening for Alice Cooper and Hot Tuna in Washington, DC. A year later, they were coaxed into moving to California by Commander Cody, leader of Commander Cody & His Lost Planet Airmen. But the band's big break came when Van Morrison mentioned them in an interview with Rolling Stone.

"There's some relatively unknown group around that I really dig," Morrison told the

magazine. "Asleep at the Wheel plays great country music." That mention made record labels sit up and take notice.

Since then, the band has amassed a number of awards, including "Touring Band of the Year" (CMAs, 1976) and "Lifetime Achievement in Performance" (Americana Music Awards 2009). The group has also dominated the Grammy's "Country Instrumental" category over the years.

Throughout its four decades, the Wheel has covered new musical territory, picking up a

few new passengers along the way. In 2016, the group added a fresh look and sound with the additions of Katie Shore on fiddle and vocals, Dennis Ludiker (fiddle, mandolin) and Connor Forsyth on keyboard and vocals.

Tickets for Asleep at the Wheel are available at the Ponte Vedra Concert Hall and St. Augustine Amphitheatre box offices, ticketmaster.com, all Ticketmaster outlets and by phone at (800) 745-3000.

Del Webb hosts writer's conference

Writers from across the nation visited Nocatee's Del Webb community Saturday, when the Riverwood Writer's Group hosted the Florida Fling Writer's Conference.

Held at Del Webb's Anastasia Clubhouse, the conference was a program of the International Women's Writing Guild. Instructor Judy Huge presented "Making More of Memoir: Tools for Drawing Readers to and into Your Nonfiction Writing," while instructor Kelly DuMar presented "Writing Truth and Beauty: Using Your Personal Photos for Creative Writing in Poetry and Prose."

Participants also had an opportunity take part in open readings of their work



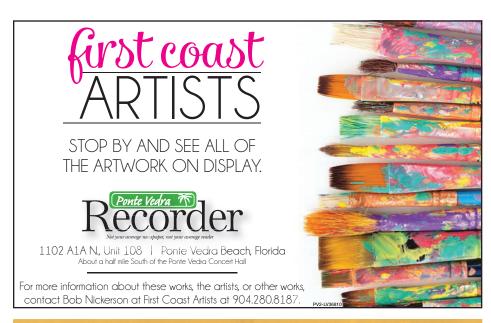
Photo submitted by Diane Machaby

First Coast Opera presents double bill of courtroom comedies

The Big Bad Wolf finally faced justice last week, when First Coast Opera presented an original composition that put the fairy tale villain on trial for his notorious crimes.

"The Trial of B. B. Wolfe" was presented March 16 and 18 at St. Augustine's Ancient City Baptist Church. Written by First Coast Opera Director Curtis Tucker and collaborator Nelson Sheeley, the family-friendly opera was supported by a \$10,000 grant from the National Endowment for the Arts.

In keeping with the courtroom theme, the opera was presented as part of a double bill featuring Gilbert and Sullivan's comedy, "Trial by Jury."





First Coast Opera photos

Above: Little Red Riding Hood confronts the Big Bad Wolf in First Coast Opera's "The Trial of B.B. Wolf."

Right: First Coast Opera members performsGilbert and Sullivan's "Trial







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Northeast Florida Conservatory Theatre to present 'Hello, Dolly!'

As Bette Midler returns to Broadway in the title role of "Hello, Dolly!," First Coast residents will have a chance to see a local production of the award-winning musical.

Northeast Florida Conservatory Theatre will present its production of "Hello, Dolly!" April 21-23 and 28-30 at the conservatory, located at 1363 San Jose Blvd., Building 200 in Jacksonville. Conservatory voice teacher Regina Torres will star in the production as Mrs. Dolly Levi. A veteran of many musical performances in Jacksonville and St. Augustine, Torres was most recently seen as Ursula in "The Little Mermaid" at Theatre Jacksonville.

Mark Snitzer will portray Horace Vandergelder, the cranky "half-millionaire" from Yonkers, New York on whom matchmaker Dolly sets her sights. A native of Buffalo, New York, Snitzer appeared as Tevye in NFC Theatre's first production, "Fiddler on the Roof."

Founded by Executive Director Richard A. Dickson, the nonprofit conservatory offers programs for band, orchestra, theatre and art, along with free music lessons for children in need as part of Laura's Friends.

Tickets are \$20 for "Hello, Dolly!" which will feature live orchestra music. Tickets can be purchased at www.showtix.now or by calling (904) 374-8639. Free parking is available.







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38 IN THE ARTS

Village Arts hosts Artists' Open House

Sawgrass Village's Village Arts Framing and Gallery celebrated its 25th anniversary with an Artists' Open House event Friday, March 24. Several artists represented by store owner Pamela Keegan made appearances at the event for one-on-one discussions and demonstra-

'Wedding Song' by Lynn Sickinger

anniversary as store owner.

Additional Artists' Open House events will be held April 28 and May 19 from 4 to 7 p.m. at the gallery, where guests will enjoy light refreshments and appearances by exhibiting artists.



'Oh! So Girlie!' by artist and frame maker

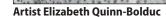




Pamela Keegan







Artist Diane Hart

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Artist Marilyn Antram stands before her work





Ponte Vedra Recorder · March 30, 2017

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APPOINTMENTS RECOMMENDED









CIRCAJEWELS.COM

Cutter and Cutter welcomes Michael and Inessa Garmash

Sawgrass Village's Cutter and Cutter Fine Art gallery welcomed artists M. and I. Garmash March 24 with a reception, personal appearance and exhibition of paintings.

The husband and wife team of Ro-

mantic Impressionist artists Michael and Inessa met in 1990 and have since worked as a pair, creating paintings, stained-glass windows, mosaics and drawings together. Cutter and Cutter unveiled new works by the artists during its Friday event.



Photos by Jasmine Marshall

Artists Michael (right) and Inessa Garmash



Sonya and Len Cutter



'In the Rays of the Northern Sun'



Christine Ondek, Carol Maurer and Gloria Dongara



Walter Krupinski and Susan Cathcart



Terri and John Tumlin



Photos provided by Cutter and Cutter Fine Art Artists



Ponte Vedra Recorder · March 30, 2017 IN THE ARTS 41

Apex Theatre Studio to present 'The Ultimate 80s Dance Party'



Apex Theatre Studio photo

Apex Theatre Studio will kick off its Summer Theatre Series with a trip back to the 1980s, when the theatre troupe presents "The Ultimate 80s Dance Party."

To be presented Saturday, June 10 at 8 p.m., the show will feature a variety of 1980s pop and soul favorites. In addition to a live disc jockey, the evening will feature retro-themed dance lessons and a flash mob sure to ignite memories of moussed hair, ripped Flashdance t-shirts and soundtracks from such popular '80s films as "St. Elmo's Fire," "The Breakfast Club," "Say Anything" and "Sixteen Candles."

"We were looking for an event that would allow us to throw open the doors of the space and welcome folks in to connect, laugh and groove," said Ian Mairs, managing director of Apex Theatre Studio. "At Apex, we are in the business of enabling young artists to hone their craft and express themselves. Dancing allows everyone the opportunity to let loose and play."

Ponte Vedra Concert Hall Director Ryan Murphy added, "There is a considerable legion of people whose alter ego dwells in John Hughesian existence. Whether you fancied punk, rap or Madonna, we will cover it musically over the course of the evening, with a great deal of fun."

Guests are encouraged to don clothes which reflect the sparkle, glitz and humor of the era.

"Torn jeans, fishnets, gloves and denim are all welcome," Apex board member Amy Wilson said.

Now in its fourth year, the Apex Summer Theatre Series will feature the Broadway musical "The Secret Garden," a 90-minute version of William Shakespeare's "As You Like It" (set in old Ponte Vedra) and the '70s favorite, "Godspell."

Tickets for "The Ultimate 80s Dance Party" are on sale now at the Ponte Vedra Concert Hall and St. Augustine Amphitheatre box offices, ticketmaster.com, all Ticketmaster outlets and by phone at (800) 745-3000.

Read us online! www.pontevedrarecorder.com



Local author to discuss book on Nazi hunters at Temple Bet Yam of St. Augustine

Award winning author, journalist and St. Augustine resident Andrew Nagorski will discuss his latest book, "The Nazi Hunters," in a free presentation to be held April 23 at 2 p.m. at Temple Bet Yam in St. Augustine.

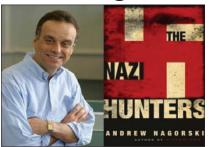
Nagorski's book reveals the experiences of a number of key figures in the decades-long battle to bring Nazi war criminals to justice, including the young American prosecutors at the Nuremberg trials; a Polish investigating judge who handled the case of an Auschwitz commandant; Germany's judge and prosecutor who repeatedly forced his countrymen to confront their country's record of mass murder; the Mossad agent who led the Israeli team that captured Adolf Eichmann; and the head of the U.S. Justice Department's Office of Special Investigations, who belatedly sought to expel war criminals living quietly in the United States.

Nagorski's discussion will focus on the archival research and numerous interviews

he conducted for the book, which is available online. Hard copies will be available for a book signing at the presentation.

Temple Bet Yam is asking for interested people to RSVP by April 14 via phone at (904) 819-1875 or email at TempleBetYam@gmail. com.

The former Newsweek bureau chief in a number of European capitals, Nagorski is also the author of "Hitlerland: American Eyewitnesses to the Nazi Rise to Power."



to the Nazi Rise to Power." Photo courtesy of Temple Bet Yam

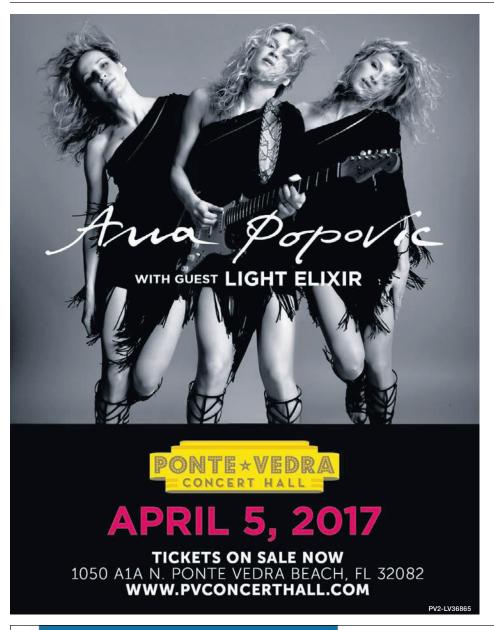
"The Nazi Hunters" Author Andrew Nagorski







Ponte Vedra Recorder · March 30, 2017







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Shapiro Group, 2012.

Hope at Hand to present Jax Poetry Fest April 4-7



Photos courtesy of Hope at Hand

1. Big Ben's face

9. Hefty competitor

55 Nuke

57. *High ride

65 Roundish

61. *Requires luring

66. Variable, abbr.

68. "Roots" author

69. Shoe binders

70. Shoshonean

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ing"poet

DOWN

2. Places

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5. Stabbed

water

doina?

6. No problem

8. Brindled kitty

12. Doctor's order

15. Genus in plural

22. Make a choice

24. Gun sleeve

25. *On a string

26. Paintings in an

Orthodox church

27. Layered cake

1. Staff leader

71. Discrimination

72. Soon, to a bard 73. The day before

Hope at Hand is presenting the second annual Jax Poetry Fest next week.

Hope at Hand will celebrate National Poetry Month with its second annual Jax Poetry Fest April 4-7. The event will include poetry lessons, spoken word, interactive poetry and a high school poetry contest.

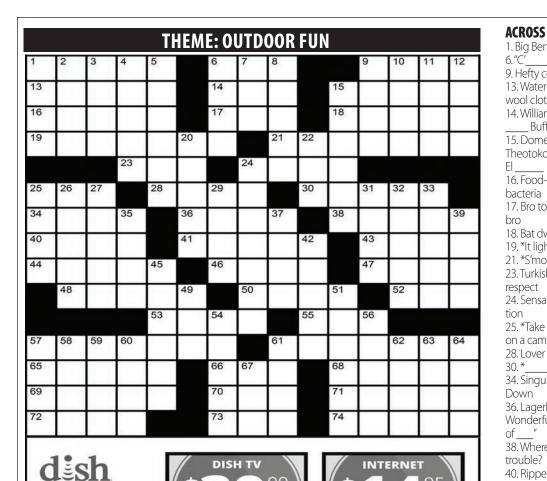
"With community interest and sustained funding, we have expanded the festival from a one-day event to a fourday event over the course of a year," said Steffani Fletcher, founder and executive director of Hope at Hand, a nonprofit that provides poetry lessons for at-risk youth in North Florida. "Jax Poetry Festival is the perfect way to kick off National Poetry Month!"

Jax Poetry Fest will kick off April 4 with poetry lessons provided by Jennifer Wolfe from Women Writing for (a) Change, Dr. Nile Stanley from University of North Florida and North Florida Poetry Hub. Each workshop will be held at Hope at Hand's headquarters at 3886 Atlantic Blvd. in Jacksonville.

On April 5, the festival will take place at Jacksonville's downtown art walk in Hemming Park, providing interactive poetry activities for the public along with spoken word at the Hemming Park Café. The day's activities will also include a session of blackout poetry at Chamblin's Uptown coffee shop, a Dr. Maya Angelou lesson at the Jacksonville Public Library and a high school poetry contest.

Additional poetry classes will be held at Hope at Hand April 6. The festival will conclude April 7 with an appearance by award-winning, performance poet, educator and activist Dominique Christina at the Karpeles Manuscript Library Museum.

All festival activities and lessons are free and open to the public. To learn more, please visit the Jax Poetry Fest Facebook page.



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48. Type of car

*Picnic invader

53. Make like a cat

50. Greek Hs

74. "The Second Com-3. Carbon monoxide 4. "The Late Show" quest 7. *Used on powder and 9. Tennis great Steffi 10. First name in jeans 11 Maple to a botanist 20. What Pinocchio was 29. "Days" in Havana 31. At a great distance 32. Served hot in winter 33. God's revelation to 58. Popular Russian

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

"movie

Muhammad name 35. Financial aid criterion 59. Little bit, in Mexico 37. Dick and Jane's pet 60. Right to a property 39. *Camping abode 61. "Born 42. Mbabane native 62. Pelvic parts 63 Home on a limb 45 *Shoot this? 49. Teresa of Calcutta, 64. Fitness centers 67. *For any terrain 51. Move sideways 54. A variety show 56. Bacteriophage, informally 57. French novelist ...

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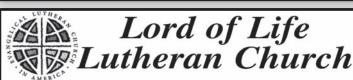
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