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Senior Living Page 15

Thursday, September 5, 2024

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Anastasia plans shelved

By Shaun Ryan

After drawing strong opposition statewide, including in St. Johns County, a plan by the state Department of Environmental Protection to "enhance public access, recreation and lodging at state parks" has been shelved.

At the direction of Gov. Ron De-Santis and following feedback from the public, the DEP has withdrawn all remaining proposed amendments to state parks, according to a spokeswoman for the department. The DEP will now shift to discussions with local park managers. It will revisit park improvements next year, if needed, according to DEP.

In support of the state's "Great Outdoors Initiative," the DEP had reported that it wanted to develop a park lodge with a capacity of up to 350 rooms, four pickleball courts and a disc golf course within the park, mostly in areas now in an undeveloped, natural state. The lodge would have been the second-largest hotel in the county.

The DEP had scheduled public meetings for Tuesday, Aug. 27, at eight sites across the state, each focused on a different park and the specific developments planned there.

The plans drew criticism statewide. On Friday, Aug. 23, U.S. Sen. Marco Rubio, U.S. Sen. Rick Scott and 13 others sent a letter to DeSantis and the DEP's Acquisition and Restoration

ANASTASIA continues on Page 7

Grande Dame, Grand Benefactor

Limelight Theatre to honor donor Inez **McDonald**

By Gaye S. Farris

How does one begin to describe Inez McDonald?

Do you start by saying how spry, fit and sharp she is at 99 years young?

Or do you first say what a generous philanthropist to the St. Augustine community she is, demonstrated by her annual donations to local nonprofits?

These amazing traits will come together in December when she celebrates both her 100th birthday at a party in the Limelight Theatre and her donation to the theater of \$100,000. In turn, Limelight will honor her by naming its large stage the Inez McDonald Main Stage.

Why Limelight?

"I have been a fan of Limelight and its excellent productions since its early days, even before it had a building of its own," McDonald said.

And now that Limelight has its own building, there are lots of needs that McDonald's gift will help.

Limelight Improvements

"There is nothing glamorous about the fundamental needs of a new roof and some electrical upgrades that we



Ponte Vedra

Inez McDonald has found joy in donating to causes that contribute to life in St. Augustine.

settled on," Limelight Theatre executive director Sherrie Provence said, "but we also decided with a portion of the gift to upgrade our main stage by getting a new projector and Cyclorama wall to both elevate productions and use as a film

"Inez said that one of the things she missed was being able to watch films at the St. Augustine Art Association. Since

MCDONALD continues on Page 27





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BRIEFS

Pine Castle plans open house, caregiver resource fair

Pine Castle, one of Northeast Florida's leading agencies that serves adults with intellectual and developmental disabilities, will host its inaugural open house from 5 to 7 p.m. Tuesday, Sept. 10. With openings available for an additional 200 new participants to enroll in the Academy Pathways Day Program, caregivers and their loved ones are invited to learn more about Pine Castle's programs and services by visiting the 10-acre, college-like campus at 4911 Spring Park Road, Jacksonville. In addition to receiving information about Pine Castle, attendees will also have the opportunity to mingle and network with local partners and organizations that support the IDD community.

RSVP for the event by going to pinecastle. org/2024-open-house-rsvp.

Grief support group to meet

A grief support group meets on the third Wednesday of every month at St. Paul's Catholic Church in Room 107 of the Family Life Center, 578 First Avenue N., Jacksonville Beach. The group is for men and women grieving the death of a family member or friend. The next meeting will be at 7 p.m. Sept. 18. For information, call Kathy at 904-553-8933.

Palm Valley Market every Tuesday

The Palm Valley Market is held from 10 a.m. to 1 p.m. every Tuesday inside the Palm Valley Community Center, 148 Canal Road. The market offers fresh produce, baked goods, local honey, tea, seasonal treats, soap, jewelry, plants and more.

Amelia Island wins six awards for outstanding tourism marketing

During the Florida Governor's Conference on Tourism (Aug. 28-30) in Tampa, the Amelia Island Convention and Visitors Bureau (CVB) won a total of six awards for outstanding tourism marketing in VISIT FLORIDA's 2024 Flagler Awards. The CVB took top honors in four categories.

The CVB won Henry Awards for its quarterly meeting planner emails (Resource/Promotional Material-Trade), USAE & Northstar

third-party emails (Direct Marketing), digital ads with Padsquad (Mobile Marketing) and iHeart Podcast (Radio Advertising). Bronze Awards were presented for the CVB's blog campaign (Social Media Marketing) and AmeliaIsland.com (Websites).

As the state's annual tourism marketing competition, the Flagler Awards recognize Florida's travel businesses and organizations that demonstrate outstanding tourism marketing efforts. Each year, the Flagler Awards honor many of the countless individuals and organizations that help position Florida as a premier travel destination and pay tribute to the determined efforts of those who help ensure the continued success of the state's most important industry.

For more information about Amelia Island, go to AmeliaIsland.com.

Concert planned at Beluthahatchee

The next Sundays at Stetson's concert at 2 p.m. Sept. 8 features Larry Mangum. Reservations are not required, but there will be limited seating inside only — arrive early to guarantee your seat.

Larry Magnum, a Floridian since 1970, known for his butter-smooth voice, has released 10 albums of original music and two live albums since 1980. An award-winning songwriter, he writes from a keen sense of observation and experience capturing the moments that reveal the human truths that bind us all together. An evening of Magnum's songs is an emotional roller coaster touching the heart, the mind and the soul that stays with the listener long after the performance.

A \$10 donation at the door is suggested for each attendee. For information, contact skf. concerts@gmail.com.

Beluthahatchee is located at 1523 S.R. 13, Fruit Cove, at the end of a short dirt road,

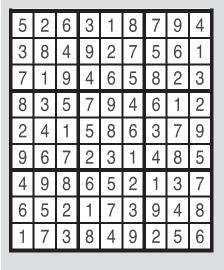
1/4 mile south of Roberts Road. To schedule a tour of Beluthahatchee, call 904-549-9444. Future Sundays at Stetson's Concerts

- Oct. 13: Songs For Stetson
- Nov. 24. Grant Peeples
- Dec. 8: Feed Your Neighbors

— Compiled by Shaun Ryan

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thropy, inspired by the Ice Bucket Challenge phenomenon.

From 5:30 to 8:30 p.m. Tuesday, Sept. 10, the ALS Association plans to soak community members at Intuition Ale Works in Jacksonville. CEO Soak events are making waves across the United States and each event is as unique as the community it serves.

Whether you're standing in a fountain, taking the plunge in a pool, braving a dunk tank, or simply embracing an ice bucket over your head, there's a way for everyone to make a splash. Challenge your peers, network with fellow changemakers, and boost employee morale by getting soaked!

"Over the past 10 years, we've seen major advancements in research, advocacy and care that have impacted the ALS community," said Ray Carson, territory executive of the ALS Association. "The Ice Bucket Challenge changed the future and trajectory of the disease and our hopes for the future. But there is still more work to be done. By getting 'soaked' at CEO Soak Jacksonville presented by VyStar Credit Union, you are helping us continue to provide hope and help to those in our community living with ALS and their caregivers, while aggressively searching for new treatments and a cure. It's going to take all of us, working

together, to finally see a world without ALS."

Intuition Ale Works is located at 929 E. Bay St., Jacksonville.

All funds raised by the CEO Soak provide help and hope for those living with ALS by supporting patient care, advocacy and cutting-edge research to find treatments and a cure for this debilitating, always fatal disease.

To learn more about the CEO Soak Jacksonville presented by VyStar Credit Union, go to als.org/CEOSoak-Jacksonville.





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Festival to focus on fashion, food, film

For The Recorder

Fashion, food and film come together for a weekend of creative expression and innovation at the inaugural Jax Fuse Festival. Northeast Florida's local designers, filmmakers and culinary professionals will share their unique arts at events designed to connect and inspire. The Jax Fuse Festival is Sept. 13 and 14 at the link, 425 Town Plaza Ave., Ponte Vedra Beach.

"The link has organized events that

have fueled the entrepreneurial ecosystem," said Gurpreet Misra, co-founder of the link. "Jax Fuse is a festival that highlights the vision and creative work of designers, culinary artists and filmmakers and creates a springboard for models. Overall, festivals are all about bringing people together and making memories. Jax Fuse sets out to do just that, packed with vibrant colors, delicious flavors and loads of creativity. We're excited to showcase local talent and spread some joy in the community."

Jax Fuse Festival begins with Fashion + Food Day on Friday, Sept. 13, with a delicious "Taste Of" experience featuring sweet-and-savory bites from Chef Corina Danielson with Healthy Hands Cooking, Tanks Sushi Bistro, Treylor Park, Timoti's Seafood Shak, Orange Blossom Catering, DNP Cupcakes, Nothing Bundt Cakes and Miss Kara Anderson.

It's a delicious prelude to fashion shows featuring emerging and established designers, including Ramsey Salter, Fleur de Lis Boutique, Lady Strut Gowns, Nena Cavalieri, Bollywood Dance Mania and Shway-Highlight.

Saturday, Sept. 14, is a full day of film. Attendees can enjoy screenings from many genres, participate in hands-on workshops and network with industry professionals.

"It's inspiring to see more creative spaces emerging in our community," said Nena Von Sternberg, founder and CEO of Nena Cavalieri. "I'm thrilled to be part of the fashion segment, which is expertly organized and supported by leaders in the



Sweet-and-savory bites from area sources will be featured.

field. The innovative blend of disciplines at Jax Fuse, held at the link, sets a new standard for our city's creative future. I'm confident this event will elevate Jackson-ville's profile in the fashion world."

Jax Fuse Fest has a dedicated committee of advisers, including Jodi-Lee Thomas, founder of Shway Partners; Kate Tunnel, founder of the Model Group Florida; Adam Madrid, the City of Jacksonville Film and Television Office; Cole Faust, owner of Jax Media Marketing

FESTIVAL continues on Page 7



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Beverly Flanagan is this year's president of The Rotary Club of Ponte Vedra Beach.



As told to Shaun Ryan

Tell us a little about yourself and your background

I'm a CXS railroad baby. My father was transferred all over the Northeast, so I felt as though I lived everywhere — in Maryland, Virginia, West Virginia, Pennsylvania, Ohio — but the one place our family called home was the Richmond, Virginia, area. We still have family there and we try to get up there to see them.

But I'm definitely a Floridian now. I have been here since 2005, and I'm never leaving! I love this area.

It seems we meet a lot of people in the same boat. They come here, they love it, and they never want to leave.

I was transferred here by a financial institution. Then, they transferred me to the Daytona Beach market, where I worked for five years. But my family was here in the Jacksonville area, and I finally was able to convince them that they needed me in Jacksonville.

It worked beautifully, and I was able to transition to this market. I have been living in the Beaches area ever since late 2010.

I actually live in Atlantic Beach.

Tell me a little bit about your profession.

I'm in the financial services industry. I'm a relationship strategist, and I have a background in trust and estate planning within a bank framework. I've been doing that now for 30 years.

I really love working and the work I do. I get to take care of families. Oftentimes, you feel like you're part of the family. That makes the work I do pretty interesting.

How long have you been involved with The Rotary Club of Ponte Vedra Beach?

Nine years

There's a wonderful lady who lives in Ponte Vedra. Her name is Shelly Morgan; she's a good friend of mine. She convinced me I needed to go to a meeting with her one day.

Honestly, when I found out the meeting was at 7:30 in the morning and it was down in Marsh Landing — again, I live in Atlantic Beach — I was like: Wow, I don't know if I can do that!

But, you know, I came to a couple of meetings and loved the people. I'm not kidding when I say we are like a family. The Ponte Vedra Beach Rotary Club is really like my home away from home. That's what it's evolved into over the nine years.

And I love it!

What do you like best about the club?

The camaraderie, the friendships and our commitment to service. We do a lot of great things for the community.

We have a great club. This is a special group of 100 people that belong to this club. I just feel really happy to be involved with it and the community service that we do.

What are your goals as the club's president?

You know, I really want to increase our membership over different categories of people in different professions. I would like to see more representation from community leaders.

We've had a lot of great service projects that we've been involved in. One of the things that we do every year is our Mineral City Gala. The last one we did, we called it the "M*A*S*H" Bash. That was at the Ponte Vedra



Contributed photo

Beverly Flanagan

Concert Hall.

It was a great time. Many years, we get dressed up and put on tuxedos and long gowns, but this year we decided we were going to show up wearing some grunge-wear and it was so much fun!

You know, what is impactful — and this is important — with the work that we've done through our gala and our Rotary Club of Ponte Vedra Beach Foundation, we have given away about \$1.7 million over many, many years.

We celebrated our 40th anniversary in June 2022.

One of the things we do that I think is special is we clean up a large segment of A1A. We have something called Ecology Day. So, every couple of months, you'll see probably 15 to 20 Rotarians out on the roadside trying to keep that stretch of A1A clean from about where Poppy's Restaurant and Fresh Market are down to the Ponte Vedra Concert Hall. That's our section.

Who are the beneficiaries of your fundraising?

Local charities.

What do you like most about living in this area?

I think being close to the ocean and the easygoing lifestyle that we get to enjoy. I'm not a person that really sits on the beach that much, but I just love that this is an area where people are working out, they're taking care of themselves, and we have the opportunity to play a lot of sports all year round.

I play a lot of tennis — I'm on three different tennis teams — and learning how to play golf. You don't get to do that in every part of the country year-round like we do.

How do you like to spend your free time?

I like spending time with my kids. I have two sons who are age 23 and 24. That time with them is really dear, because one lives in Miami and the other one is living in Madison, Wisconsin. So, I don't get to see them quite as often as I once did. So, whenever we can get together, that's fun.

I love playing tennis and traveling and finding local restaurants. I'm kind of a foodie. My husband and I love to try all kinds of neat things.

Anastasia

Continued from 1

Council to protest plans for three golf courses within Martin County's Jonathan Dickinson State Park and what they saw as limitations on the proposed public meeting there.

Locally, hundreds of residents lined State Road A1A at the entrance to Anastasia State Park to protest proposals concerning the park.

On Friday, Aug. 23, the DEP canceled the meetings, citing "overwhelming interest" and a need to find venues that would better accommodate the public.

On X, the DEP initially suggested that new meeting dates would be scheduled for September, but that is no longer the case.

During an event Wednesday, Aug. 28, in Winter Haven, DeSantis addressed the issue.

"This is something that was leaked," he said. "It was not approved by me. I never saw that. They're going back to the drawing board, talk to your local communities. Here's the thing: I'd rather not spend any money on this. If people don't want improvements, then don't do it."

Calling the idea to develop facilities for pickleball, disc golf and golf, as well as lodging at the state parks "half-baked" and "not ready for prime time," DeSantis said nothing would be done this year.

He claimed the news was leaked to an unnamed "left-wing group" in order to "create a narrative."

He added that, if no improvements are needed, "we're not going to take away any green space."

The same day, leaders from Northeast Florida gathered for a press conference at Embassy Suites by Hilton St. Augustine Beach Oceanfront Resort to express their opposition to the project.

County Commission Chair Sarah Arnold called the project "an egregious overreach of state government, a plan that sought no local input whatsoever with public meetings that were hastily scheduled and just as hastily canceled."

"They seem to appear to be a farce," she said.
"Pre-recorded presentations with no Q&A and no public comment. I want our residents to know that this rollout doesn't just feel like a done deal for them; it feels like a done deal for us."

She said she had never seen an issue that has galvanized "a community, a region or an entire state" the way this one had.

"The local tourism economy is highly dependent on cultural resources, natural resources and our scenic beauty," said state Rep. Cyndi Stevenson. "That's what people come here for. They don't come for the high-density development. They come here because we aren't the high-density development."

Others attending the press conference included City of St. Augustine Beach Mayor Dylan Rumrell and City of Jacksonville Councilman Rory Diamond.



Contributed photo

Jax Fuse will celebrate food and fashion in addition to the cinema.

Festival

Continued from 4

Solutions; Ramana Murthy, founder and producer at Curry Leaves Productions; and Maria Montoya, executive director of MiAddvantage.

Tickets are currently on sale at jaxfuse.com. General admission starts at \$35, VIP tickets start at \$60 and a VIP two-day pass is available for \$100. Jax Fuse Fest is still accepting films for the Saturday screening at 97yq82u74gt. typeform.com/to/LAWfeS0a?typeform-source=www.jaxfuse.com.

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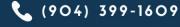
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COA encourages community support when dining at Columbia

By Anthony Richards

Throughout September, members of the community can support the St. Johns County Council on Aging's work just by dining at the Columbia Restaurant in downtown St. Augustine.

The opportunity for the community to give back is part of the Columbia's month-long Community Harvest initiative, now in its 27th year, where the company donates 5% of all diners' checks to charities selected by the guests themselves.

During the month, guests can dine at the Columbia Restaurant and choose Council on Aging from a ballot provided with the check.

"We are so thankful to the Columbia Restaurant for their continued support for our mission," said COA executive director Becky Yanni. "Our generous partners in the community make it possible for us to be there for seniors and those who care for them."

The restaurant calculates the 5% and provides the charity with gift certificates that may be used at any of their associated restaurants for up to one year. There is no additional cost to the guest.

The Columbia Restaurant is located at 98 St. George Street in downtown St. Augustine. To view their menu and to



Contributed photo

The Columbia Restaurant is located at 98 St. George Street in downtown St. Augustine.

make a reservation, go to www.columbiarestaurant.com/historic-district-staugustine.

In 27 years, the company's monthlong Community Harvest program has provided \$4 million to Florida nonprofit organizations, including much of that going back into the Northeast Florida

"As we look ahead to the Columbia's 120th anniversary in 2025, I'm reminded that great restaurants are more than just places to eat; they're part of the fabric of the community," said fourth



generation caretaker and president Richard Gonzmart. "I started this program to help many of the worthy non-profits so important to the people who live near our restaurants across Florida. The simple concept is to 'Eat Well and Do Good.' It's a delicious way to help these organizations."

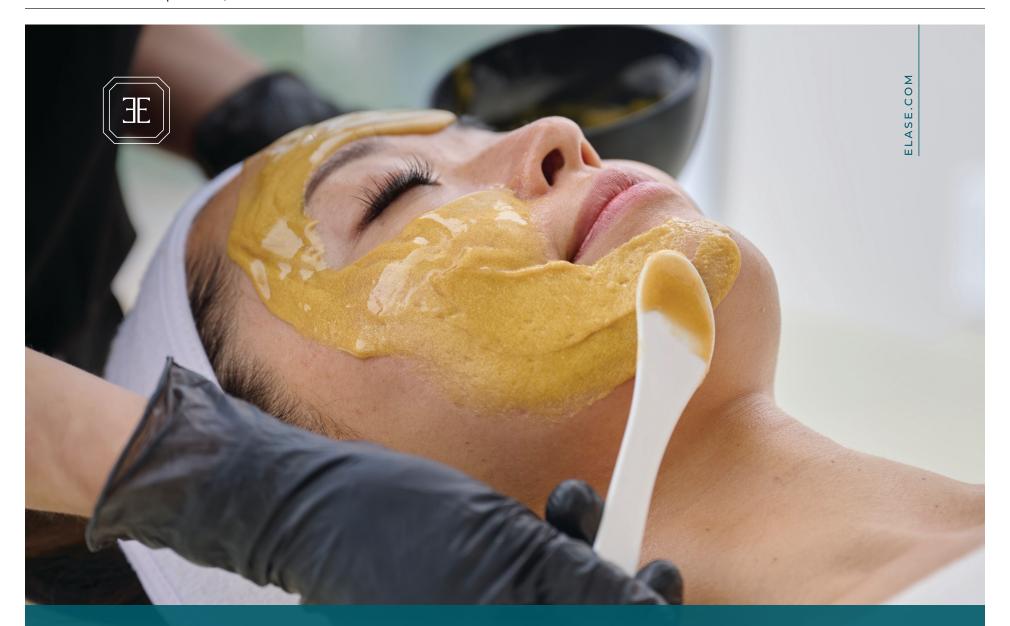
The original Columbia Restaurant was founded in Tampa's Historic Ybor City in 1905 by Cuban immigrant Casimiro Hernandez, Sr., and is Florida's oldest restaurant.

All 1905 Family of Restaurants in Florida are participating in the Community Harvest program, including Columbia Restaurants in Ybor City Tampa, Sarasota, St. Augustine, Clearwater Beach, Celebration, downtown Tampa and Tampa International Airport.

For more information on the Council on Aging's programs and services for St. Johns County seniors and caregivers, go to www.coasjc.org or call 904-209-3700







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St. Augustine Humane Society's 'Pin Up Paws' winners announced

For The Recorder

This year's St. Augustine Humane Society's annual "Pin Up Paws Calendar" features St. Augustine's winningest pets in a "Sweet Things" theme.

Thirteen pets who garnered the most votes have taken the stage in a professional photo shoot conducted by photographer Addison Fitzgerald and will grace the pages of this year's calendar, with a total of 80 local animals featured.

This year's cover model is Katherine, a tuxedo cat, with 4,920 votes. The 12 months will be represented by another tuxedo cat, Cupcake, and 11 dogs: Lucy, Bix, Otis, Ginger, Mabel, Piper, Charlie, Sookie, Layla, Tucker and Harley. And one winner, Sookie, is looking for her "furever" home.

"All of our featured pets have made stunning models, but we would love to call special attention to Sookie," says Carolyn Sindad Smith, executive director of the St. Augustine Humane Society. "She was entered by Swamp Haven, a local rescue that advocates for underprivileged dogs — they literally saved Sookie's life and have fostered her for eight months. She is a very sweet senior pup who had a rough start in life, and despite all that, she's just a cuddly homebody looking for a family to love."

Interested adopters can learn more about Sookie at swamphaven.org/adopt/linus-mffps-4eyse-6t7ak.

Each whiskered winner also receives a tasty treat for their human companions — gift cards to The Columbia Restaurant in St. Augustine. The gift cards are part of a donation made through the restaurant's annual Community Harvest Program, coordinated by The Columbia's



Sookie is seeking a place to call home.

corporate arm, The 1905 Family of Restaurants.

The 1905 Family of Restaurants and its legacy owners, the Gonzmart family, have organized its annual Community Harvest every September since 1998. Now in its 27th year, the Gonzmarts have donated nearly \$4 million in gift certificates to more than 100 nonprofit organizations across Florida.

"As we look ahead to Columbia's 120th anniversary in 2025, I'm reminded that great restaurants are more



Contributed photos by Addison Fitzgerald

Cover model Katherine celebrates her victory.

than just places to eat; they're part of the fabric of the community," said Richard Gonzmart, fourth generation owner/caretaker. "I started this program to help many of the worthy nonprofits so important to the people — and animals — near our restaurants across Florida. The simple concept is to 'eat well and do good.' It's a delicious way to help these organizations."

The calendar will be unveiled and available for purchase at the Pin Up Paws Party at The White Room on Oct. 24. Tickets may be purchased at gogophotocontest. com/pupcalendar25/pages/16840.





Celebrating its 40th year, Caring Chefs remains a beloved annual tradition in Jacksonville, bringing together the area's finest chefs, sommeliers, and brewers to offer their favorite bites and sips to guests and volunteers alike.

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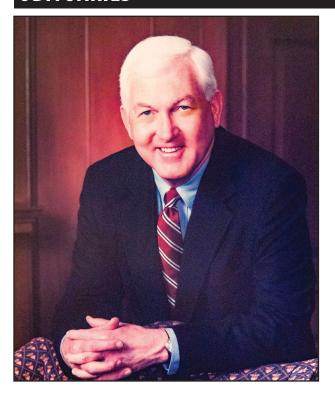
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OBITUARIES



Dewey Alvin Cash "Al"

Dewey Alvin Cash "Al" was born on March 6, 1936, in the mountains outside of Lynchburg, Virginia, to Leavia Fauber and Luke Cash. The Blue Ridge Mountains forever held a special place in his heart.

Al attended E.C. Glass High School, where he met the love of his life, Charlotte Wolfe. They were named the "Cutest Couple" at E.C. Glass. Al was a multi-sport athlete. He graduated from Greenbriar Military Academy

in 1955 and was admitted to the University of Virginia on a full football scholarship, the first in his family to attend college. He was a two-way starter at Virginia and remained an avid Virginia football fan his entire life. He graduated in 1959 and credited the University with changing the trajectory of his life.

Charlotte and Al were married in 1956, and have three daughters, the other loves of his life.

After graduating from Virginia, Al was an English teacher and head football coach at Norfolk Academy, in Norfolk, Virginia. He coached the school's only undefeated football season. He kept in touch with his players over the years and that season was one of his proudest accomplishments.

In 1964, he graduated from Fuller Theological Seminary in Pasadena, California. He was president of the student body.

After graduation, Al and his family returned to Lynchburg where he was assistant pastor at Rivermont Presbyterian Church. He received a call to pastor Laurel Presbyterian Church, in Laurel, Virginia in 1966. In 1969, he was named head of the Lower School at Norfolk Academy. He received his Masters in Education from the College of William and Mary in 1971.

He was named headmaster of Athens Academy, in Athens, Georgia in 1977. He next served as headmaster of the Lovett School, in Atlanta, Georgia. The Al Cash Financial Aid Endowment Fund was established in his honor. His final headmastership was at Episcopal School of Jacksonville, Florida. With vision, wisdom, charisma, and remarkable communication and interpersonal skills, he led each school on a path of continual growth and improvement.

After retiring in 1996, Charlotte and Al enjoyed living

in Ponte Vedra Beach, Florida. He was an avid golfer, famously shooting an 80 on his 80th birthday. He loved writing and wrote two books and many poems in retirement. Most of all he loved spending time with his wife, three daughters, and two grandchildren. Charlotte and Al were married for 68 years, and he was deeply devoted to

Al was a man of strong morals, and lived a life full of fun, humor, and passion. He was sweetly sentimental, especially when it came to his wife and daughters, and could light up a room with his stories. He loved to make people laugh and is best known for making anyone he met feel special and cared for. He was a champion for his family, friends, faculty, staff, and students. No one who met Al forgot him. He will be deeply missed.

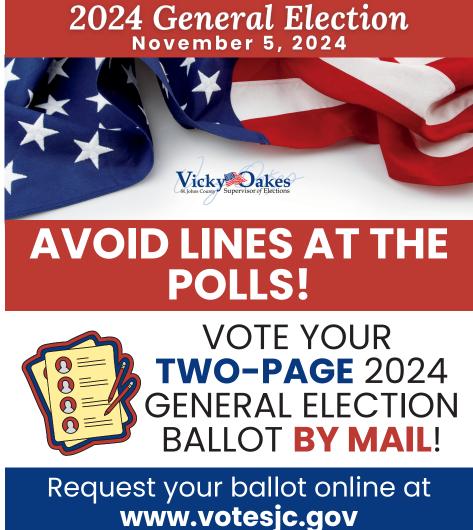
Al Cash was preceded in death by his parents and two sisters. He is survived by his wife, Charlotte, his children Andrea Langsfeld (Joel), Laura Michels (Vic), Sherryl Fern (Scott), his grandchildren Will Cash Donaldson and Grace Langsfeld, and his sister Bev Wells.

A Funeral Service will be held at Christ Episcopal Church, 400 San Juan Drive, Ponte Vedra Beach, Florida 32082, on Thursday September 12, 2024, at 11 a.m. A reception will follow at the church. Please visit his online Tribute at www.quinn-shalz.com.

Arrangements by





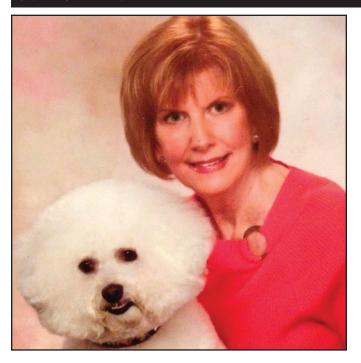


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OBITUARIES



Mimi McDaniel

Mimi McDaniel, 75, of Ponte Vedra Beach passed away on Thursday, August 1st. Mimi was born in Fredericksburg Maryland to Thomas and Rosanne Emmons and had a brother, Kim, who passed away in 1978. She was beloved by all who had the pleasure to meet her. Mimi was a great lover of animals and fostered many pets in her lifetime from guinea pigs to dogs. She is survived by her beloved son Chris and cousin Agnes who will miss her dearly.



DEATH NOTICES

Dewey Alvin Cash

Dewey Alvin Cash, 88, of Ponte Vedra Beach, Florida, died Aug. 25, 2024. Arrangements by Quinn Shalz Funeral Home & Cremation Centre, Jacksonville Beach, FL 32250, 904-249-1100, www.quinn-shalz.com

Harold Dee Griffin

Harold Dee Griffin, 78, of Atlantic Beach, Florida, died Aug. 22, 2024. Arrangements by Quinn-Shalz Family Funeral Home & Cremation Centre. www.quinn-shalz.com. 904-249-1100

Henry Allan Taylor

Henry Allan Taylor, 82, of Jacksonville, Florida, died Aug. 29, 2024. Arrangements by Quinn-Shalz Family Funeral Home & Cremation Centre. www.quinn-shalz.com. 904-249-1100

Community Harvest benefits nonprofits like Habitat St. Johns

This year the Columbia Restaurant in downtown St. Augustine, part of the 1905 Family of Restaurants, is celebrating its 27th Annual Community Harvest. It is a month-long celebration of local nonprofits and the work they do.

This event gives Columbia Restaurant customers a chance to designate 5% of their bill, at no extra cost, to one of the pre-selected nonprofits, including Habitat for Humanity of St. Augustine/St. Johns County (Habitat St. Johns).

During the last 26 years of the Community Harvest, the 1905 Family of Restaurants, including the Columbia Restaurant has awarded more than \$4 million to Florida nonprofits, including Habitat St. Johns.

Malinda Everson, executive director of Habitat St. Johns, said "The Columbia Restaurant's generosity helps Habitat for Humanity honor and celebrate our donors, volunteers and community members by providing a meaningful and memorable experience for all."

The Columbia Restaurant in St. Augustine has a free parking lot located on Spanish Street for those who eat at the restaurant. The restaurant is on St. George Street.

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Charity Golf Classic is Sept. 30

Berkshire Hathaway HomeServices Florida Network Realty has announced that the third annual Charity Golf Classic benefitting Dreams Come True will be held Sept. 30 at Queen's Harbour Yacht and Country Club in Jacksonville.

"Our Charity Golf Classic will support the work of Dreams Come True and its mission to bring hope and joy to every First Coast child battling a life-threatening medical condition," said Berkshire Hathaway HomeServices Florida Network Realty President Ann King. "We are looking forward to a great day of golf at Queen's Harbour's premier Mark McCumber-designed golf course, and we welcome everyone to join us as a player or a sponsor."

Registration opens at 7:30 a.m., followed by a 9 a.m. shotgun start and a luncheon and awards ceremony at 1:30 p.m. Sponsorship opportunities ranging from \$500 to \$5,000 are available. Individual entry fees are \$200 or \$800 for a nonsponsored foursome. All entries include green fees, cart and range balls, water, awards luncheon and swag bag. To register or to learn more about sponsorship, contact Erin Spalding at Erin.Spalding@FloridaNetworkRealty.com or call 774-219-2860

All proceeds from the Charity Golf Classic will benefit Dreams Come True and support the organization's Dreams and Special Times. Since 1984, Dreams Come True has been using the power of a dream to bring hope and joy to local children in Northeast Florida and Southeast Georgia battling life-threatening illnesses. To date, more than 4,800 children have seen their dreams turned into realities. Currently, the organization is working with more than 423 children and families. To learn more, go to DreamsComeTrue.org.

Jacksonville Humane Society announces date for 26th Annual Toast to the Animals

For The Recorder

The Jacksonville Humane Society (JHS) has announced the date for the 26th Annual Toast to the Animals, a fundraising event to benefit the JHS Medical Fund. The event is scheduled for 6 p.m. Friday, Oct. 4 at EverBank Stadium. All community members are invited to join JHS for this annual event as a partner, attendee or advocate.

Toast to the Animals is an opportunity for animal lovers to have a night on the town while raising money to save the lives of pets in need. Proceeds from Toast to the Animals will benefit the JHS Medical Fund, which provides lifesaving medical care to animals suffering from illness or injury.

At this year's event, JHS will honor Peter Racine, senior vice president of the Jaguars Foundation, for the impact he and the foundation have had on our community.

In addition, JHS will recognize the Kitten Krusaders, veterinary practices that partner with JHS to provide Good Samaritans the opportunity to care for kittens in their homes instead of surrendering them to a shelter: First Coast No More Homeless Pets, Mandarin Veterinary Clinic, Intracoastal West Veterinary Hospital, Mandarin Veterinary Clinic, VCA All Animal Hospital of Orange Park, VCA Augustine Loretto Animal Hospital, VCA Briarcliff

Animal Hospital and VCA Fleming Island Animal Hospital.

Toast to the Animals brings community leaders, executives and philanthropists together to support the work the JHS Medical Fund does annually. The evening will feature small plates and desserts from more than a dozen local restaurants and eateries, wine and beer, music and one-of-a-kind silent and live auctions. Community members who have benefitted from JHS's lifesaving mission will share inspirational stories and a special pet will be featured.

"We are looking forward to celebrating this 26th year of Toast to the Animals with our animal-loving community," said Denise Deisler, JHS CEO. "It's inspiring to see so many people unite year after year with the goal of supporting pets in need. Jacksonville is nationally known for being a leader in lifesaving, and this is our night to come together and raise the funds to save even more lives. We can't wait to toast with you on Oct. 4!"

Tickets to Toast to the Animals are available for purchase now for \$150 via jaxhumane.org/toast, via phone at 904-493-4585 or in person at JHS, 8464 Beach Blvd., Jacksonville. Animals, with the exception of trained service animals, are not permitted at this event.

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Senior powerlifter has earned gold, set records

By Shaun Ryan

When Candy Baroni Mette began to train for, and compete in, powerlifting competitions, it was something few women did. Powerlifting was considered to be a male sport. But Mette, whose journey began 24 years ago with a simple visit to the gym, would go on to become something of a pioneer. She earned gold medals and set records that, due to subsequent changes in weight classes, can no longer be officially challenged.

Now, at age 65, she is still going strong — she intends to compete in the Jacksonville Senior Games in October and her hard work, dedication and almost inevitable success will surely inspire both women in sports and seniors.

One day in 2000, Mette was at Bailey's Gym in Jacksonville where she met a group of about six older people and their trainer who were preparing for an upcoming weightlifting competition. Friendships were forged and before long the trainer — known then as "Coach Joe" told Mette, "I'm going to make you a powerlifter."

Mette, who had visited the gym to work out with small weights and do some cardio exercise, said no. But Coach Joe was persistent and began to train her with barbells and other equipment. Soon



Candy Baroni Mette's display of trophies and medals won at several powerlifting competitions.

she realized that, if people two decades older than her could compete in the sport, she could do it, too.

Not everyone was convinced this was a good idea.

"People used to say, 'You're going to get hurt; you're going to get hurt," she recalled. "But I said, 'Not if I don't break form. ... It's not the weight; it's the form."

She stuck with it and, as a member

of Florida USA Powerlifting (USAPL) began to compete in events around the state. Florida USAPL is a drug-free association. Members pay an annual fee to belong and are tested for drugs to keep everything honest.

In the 2004 USAPL Southeastern USA Regional Powerlifting Championships in Fort Lauderdale, Mette set new Florida State Powerlifting Records for women



Contributed photos

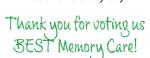
Candy Baroni Mette wears the gold medal she won at one of her recent powerlifting competitions.

POWERLIFTER continues on Page 25

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Sunny side up for retirees in this economy

By Stratton & Co.

Economic factors for fiscally conservative retirees — those seeking less risk and more predictable outcomes — have never been more favorable. The current financial climate is turning the retirement industry upside down. However, many retirees have not changed their strategy to match the change in rates and remain unaware of the unique opportunities this economic bubble presents.

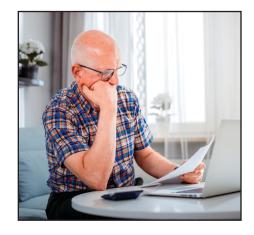
Our clients often share stories about their first mortgage, with tales of paying 12%, 14% or even 16% interest. However, few were able to take advantage of the high fixed income rates of those times, because we were young and broke! We were borrowing money, rather than earning interest through CDs, fixed annuities or other fixed-income financial instruments. But today, successful retirees have paid off their mortgages, or refinanced at a low rate, and have considerable assets that should be working for you! And while you've had to endure near-zero rates for over a decade, the landscape has changed dramatically. Short-term interest rates surged from nearly zero to over 5% this year, giving retirees with assets a sunny-side-up scenario.

The rapid increase in rates resulted from a perfect storm of political unrest, a global pandemic, and a government printing press working overtime for over three years. The national debt has doubled in the past five years, reaching nearly \$35 trillion. But if you've saved diligently over the decades, this environment can work in your favor.

Today, retirees with saved assets can enjoy substantial fixed income performance, guaranteed. This is a rare opportunity, and while diversification remains wise, having a portion of your retirement funds in fixed income instruments can be a wise move. The current favorable rates may not last, and the Federal Reserve could cut rates, slowing down this beneficial period. But if you take advantage of fixed income, you can lock in these high rates for your lifetime.

Modern retirement planning, including using fixed rates like CDs and modern annuities, work exceptionally well for today's retirees. There are many options to enhance financial security and optimize IRA assets, with low-risk vehicles. With modern annuities — not your parents' antique, inflexible products — and thoughtful planning, retirees can achieve greater income and financial security than we have seen in recent decades.

Though the financial world may seem upside down, these times are particularly



good for retirees. The current climate may be harder for the younger generations, but retirees have an exceptional chance to secure their financial future. The era of almost 0% interest rates since the Great Recession of 2008 has ended, and we are now seeing incredible rates on savings and impressive guaranteed income payouts for life.

Taking a prudent portion of your retirement savings and investing in fixed income can significantly improve your retirement. Using a more substantial allocation combined with your growth portfolio may even lead to an excess of income, potentially resulting in more funds to enjoy your retirement now while you're feeling great and ready to live your life.

Embrace the sunny side of this economic anomaly and leverage these favorable conditions to enhance your retirement security. This period offers a unique opportunity to secure a financially stable and stress-free retirement. If you haven't changed up your strategy since these rates have changed, it's time to act!

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COA reschedules Champions for Elders Tournament

By Anthony Richards

The St. Johns County Council on Aging has announced that its Champions for Elders Golf Tournament has been rescheduled for December 16 and will be played at The Palencia Club in St. Augustine.

The annual fundraising event supports the COA and the critical services relating to seniors and caregivers in St. Johns County that the nonprofit offers.

The event was initially scheduled with an August date but was rescheduled due to inclement weather in the area.

Sponsors are invited to bring a team of four to enjoy a day of golf followed by a celebratory luncheon or participate as a sponsor off the course and support the important work COA does every day for local seniors and caregivers.

Playing sponsorships that include a golf team of four begin at \$1.500.

Supporting sponsorships are available starting at the \$300 level. All sponsors are invited to attend the luncheon at the close of the tournament.

As a nonprofit organization, the COA relies heavily upon the financial support of members in the community, local businesses, and community organizations to support their important mission.



Contributed photo

The St. Johns County Council on Aging has announced that its Champions for Elders Golf Tournament has been rescheduled for December 16 and will be played at The Palencia Club in St. Augustine.

The COA is confident that the date change will not affect the funds raised from the event, as it is a key annual fundraiser for the organization.

"We look forward to this new tournament date in December to spend time with the members of our community who are making a difference in the lives of local seniors," explained COA Executive Director Becky Yanni. "Our sponsors truly care for the elders we serve, and we could not accomplish our mission without their generous support."

For more details on sponsorship opportunities, go to the event's website at www.coasjc.org/champions.

Individuals and organizations interested in participating as playing teams and/or sponsors may contact Janel Graham with the COA by calling 904-209-3697 or emailing jgraham@coasjc.org by December 10.

The Palencia Club is located at 600 Palencia Club Drive in St. Augustine.

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Cypress Village celebrates the spirit of Woodstock

For The Recorder

In a heartwarming celebration of peace, love and community, Cypress Village Retirement Community recently hosted a Woodstock-themed party that transported residents and staff back to the iconic summer of 1969. The event was a joyous occasion filled with music, dancing and an abundance of groovy vibes, reminding everyone of the timeless spirit of togetherness.

Dressed in their best tie-dye shirts, bell-bottom jeans and flower crowns, both residents and staff fully embraced the era's vibrant style. The event was a unique opportunity for everyone to connect over shared memories and create new ones in a setting that radiated positivity and nostalgia.

"We wanted to create an experience that would resonate with our residents and staff alike," said Lisa, director of community life services. "The Woodstock era was all about coming together and celebrating life, and that's exactly what we did here. It was beautiful to see everyone having such a great time."

The Woodstock party was more than just a fun event; it was a

testament to the strong sense of community at Cypress Village. Residents shared stories of their youth, reminisced about the '60s and danced their hearts out. In addition to the festivities, the event served as a reminder of the importance of intergenerational connection. Residents and staff alike found common ground in the music and culture of the era, bridging the gap between generations and fostering a deeper understanding and appreciation for one another.

"Events like this are what make Cypress Village so special," said a resident of the community. "It's not just about living here; it's about being part of a family that celebrates life in all its forms. The Woodstock party was a perfect example of that spirit."

Cypress Village Retirement Community is a premier senior living community in Jacksonville, offering a variety of living options, services and amenities designed to support an active and fulfilling lifestyle for its residents. With a focus on wellness, engagement and community, Cypress Village provides a welcoming environment where residents can thrive











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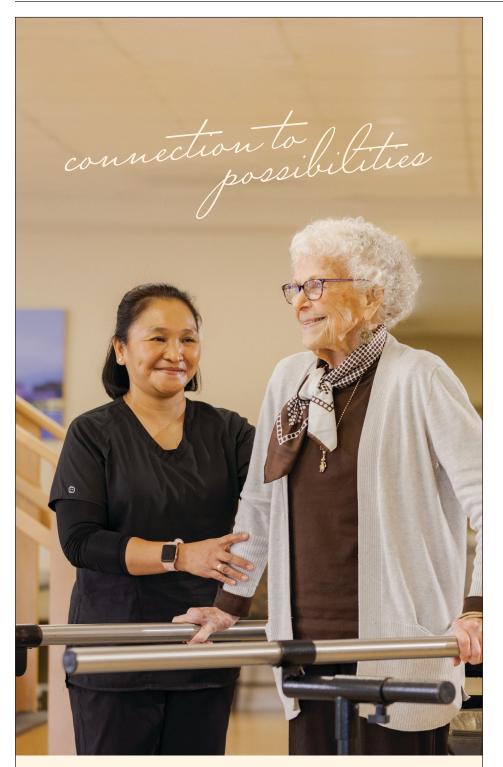
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Growing number of baby boomers, retirees writing their life story

For The Recorder

Jewel Anderson Czuchta, a retired nurse, has lived her life embracing new adventures and foreign places. She traveled to or lived in 20 countries. As a highly skilled, award-winning registered nurse, she was among the first to care for AIDS patients when it was a mysterious new disease in the early 1980s.

Her life story, friends and family told her, should be in a book for her family. Now it is. "Jewel: An Adventurous Life" chronicles her life story from her birth in New Jersey to her life today in Palm Coast, Florida.

"Everyone loved it. They knew all the places I lived, but not my reactions to them," says Czuchta, who will soon turn 90. She loved reminiscing about her childhood and telling stories from her life

Her book was written by professional biographers at Legacies & Memories, a St. Augustine company that has been writing life stories since 1999 — and helping writers get their story into books. The firm, which has worked with seniors throughout the United States, including those in New Jersey, California, Illinois, Texas, New York and Florida, also offers free information to anyone writing their story.

"Everyone has a story," says E.L. (Ed) Wilks, president of Legacies & Memories, LLC. "I think more and more baby boomers and seniors see the value of writing their story — or having it written, not in a book for sale, but for their family. Stories keep family members connected for generations. Many of our clients say they wish their parents or grandparents had written their life story."

Czuchta's daughter had been encouraging her mother to write her story.

During the pandemic, Czuchta thought seriously about it.

"I was reevaluating my life and what I wanted to do with the remaining years," she says.

She started writing her story, but decided she needed help from experts who write life stories. They interviewed her, gathered her stories, wrote her biography and produced books for her family.

Founded in 1999, Legacies & Memories, LLC is an award-winning boutique biography firm writing and preserving stories for families, for businesses, or to publish. The company also writes business books and provides traditional publishing and co-publishing for select writers working in most genres. To learn more, go to www.LegaciesandMemories. com and www.BizSuccessBooks.com. Call 904-293-9893.

Rise welcomes new residents

By Shaun Ryan

Residents began to move into Rise at Nocatee, a new 55-plus active living community one mile from Nocatee Town Center, in mid-August. About 25 have taken up residence in the muchanticipated community located at 1200 Preservation Trail. Ponte Vedra Beach.

More residents are expected to settle in during October and November, according to General Manager Jerry Shafer. In fact, newly completed Rise at Nocatee is already 26% pre-leased.

"I just got moved in myself," Shafer said.

In all, Rise at Nocatee offers 59 one-, two- and three-bedroom apartments in four-story Building 1000. Five-story Building 2000 contains 119 one- and two-bedroom apartments.

Floor plans start at 683 square feet and go up to 1,538 square feet. All first-level apartments will have screened-in porches.

The latest news is that the pool is now open.

"We've got all the pool furniture out there and it looks awesome," said Shafer.

The community's lifestyle coordinator begins work this month, so daily activities will soon be offered.

In May, Rise announced that its 10,000-square-foot clubhouse had opened. The clubhouse features a yoga room, fitness room, music and media room, arts and crafts room, game room and bar area.

For more information, go to risepontevedra.com, email live@ risepontevedra.com or call 904-341-5239.



The seniors were treated to a tour of the Cummer Museum and were able to view the latest exhibition called "Fabric of a Nation: American Quilt Stories from the Museum of Fine Arts, Boston."



Photos courtesy of Dial-a-Ride

The Cummer Museum of Art & Gardens welcomed 25 older adults from the low-income seniors from Jacksonville Beach on Aug. 11.

Cummer, Dial-a-Ride partner for senior art trip

By Anthony Richards

The Cummer Museum of Art & Gardens welcomed 25 older adults from the low-income senior residence of Pablo Towers and Pablo Hamlet in Jacksonville Beach on Aug. 11.

Most of these seniors are not able to drive, but Dial-a-Ride, the main transportation program of Beaches Council on Aging was able to take them to the Cummer with three of their vans. Many of them were regular riders with Dial-a-Ride.

The seniors were treated to a tour of the museum and were able to view the latest exhibition called "Fabric of a Nation: American Quilt Stories from the Museum of Fine Arts, Boston." For these older adults, this experience brought back many memories from their past of quilts they had made or that were produced by someone in their family.

For many, it was their first visit to the Cummer Museum, and due to the rain, there was not much time spent in the garden, but there was plenty to see inside.

"I cannot tell you how grateful these

folks were. Almost all of them came up to me at some point during the afternoon to say, 'thank you' and how much the experience had touched them," said Lori Anderson, executive director of Beaches Council on Aging. "We hope to do this again."

TRIP continues on Page 24





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St. Johns County senior centers plan programs, activities

The following programs and activities are being offered this month at specific COA centers.

PLAYERS COMMUNITY SENIOR CENTER

The following programs will be held at COA's THE PLAYERS Community Senior Center, 175 Landrum Lane, Ponte Vedra Beach, beginning in September. If you have any questions, call the center at 904-209-3659. For more information, go to coasic. org/ponte-vedra-center.

Lunch — **Tuesdays:** Noon to 1 p.m. Weekly. Registration required in advance and fee required: \$5 per meal.

Lunch — **Thursdays:** Noon to 1 p.m. Four weeks starting Sept. 5. Registration required in advance and fee required: \$5 per meal.

Duplicate Bridge: Noon to 3 p.m. Four weeks starting Friday, Sept. 6. Fee required: \$2 per person, per Friday.

Tap Dance Class: 10:30 to 11:30 a.m. Four weeks starting Friday, Sept. 6. Instructor Ginny Wirzbicki brings much experience to this style of dance and encourages all different levels of dance to learn. Fee required: \$25 for the month or \$6.25 per class.

Hisshin Sumi-E Painting Class: Traditional East Asian Brush Painting. This class typically meets once a month; this month the date is Thursday, Sept. 12. Class is from 11:30 a.m. to 12:30 p.m. Fee required: \$3 per person.

Acrylic Painting: 9 a.m. to noon. Wednesdays. No fee required. Instructor on site Wednesday, Sept. 11.

Chair Exercise — **Tuesdays**: 9:30 to 10 a.m. Weekly.

Chair Exercise — **Thursdays:** 9:30 to 10 a.m. Four weeks starting Thursday, Sept. 5.

Tai Chi: 10-11 a.m. Four weeks starting Thursday, Sept. 5.

Canasta — **Thursdays:** 10 a.m. to noon. Four weeks starting Thursday, Sept. 5.

Mah Jongg — Fridays: 10 a.m. to noon. Four weeks starting Friday, Sept. 6. We have two game sets/mats and two 2024 cards that may be checked out at the front desk

Ask a Nurse: 11 to 11:30 a.m. Weekly. Bingo — Tuesdays: 1-2 p.m. Weekly.

Bingo — **Thursdays:** 1-2 p.m. Four weeks starting Thursday, Sept. 5.

Board Game Playing: Rummikub, Scrabble and more! 10 a.m. to noon. Weekly.

Wii Bowling: 10-11 a.m. Four weeks starting Thursday, Sept. 5.

Technical Help for phones and computers: Available Tuesdays and Thursdays from 10 a.m. to noon.

Are you ready for some football? 11 a.m. to noon Thursday, Sept. 5. Super fun Jennifer James of Concierge Care drops in to help us welcome back NFL football!

Wear your jerseys, hats or other gear to represent your favorite team! 50/50 raffle!

Florida Public Service Commission: 11 a.m. to noon Tuesday, Sept. 10. Meet Thelma Crump MBA and learn how her organization can help area residents who are eligible for discounted phone service, need help paying their utility bills, and how to avoid potential utility scams.

Happy Birthday September! 11 a.m. to noon Thursday, Sept. 12. Enjoy cake, ice cream and the music of Lou Parisi as we celebrate September birthdays.

Fall Prevention! 11 a.m. to noon Tuesday, Sept. 17. Amy McWilliams of Home Instead talks strategies and services to help you safely age in place — in your own home!

Mobile Manicurists: 10 a.m. to noon Thursday, Sept. 19. Nelson Correa of Humana/CarePlus returns this month to help keep our hands looking their best with mini-manicures! Stop in for a polish change!

Feeding Northeast Florida: We are excited to offer this series of free nutrition classes and cooking demonstrations from our local food bank, Feeding Northeast Florida. This month's topic: Food processing and marketing. 11 a.m. to noon Tuesday, Sept. 24.

St. John's County Legal Aid: Megan Wall, St. John's County Legal Aid managing attorney, presents a lecture on the expense of nursing homes; you don't have to go broke! Come take advantage of this important free lecture. 11 a.m. to noon Thursday, Sept. 26.

Check Your Blood Pressure with Diane DeCarlo: 10:30 to 11 a.m. Thursday, Sept. 26. Free

COA CENTER AT UF HEALTH NOCATEE

The following programs will be held in September at COA Center at UF Health Nocatee, 351 Town Plaza Ave., Suite 205, Ponte Vedra. Unless specified otherwise, register by email to pbrunell@stjohnscoa. com or by calling 904-814-9407. Programs are open to adults ages 18-plus. For more information, go to coasjc.org/center-at-nocatee.

TUESDAYS

Exercise, Stretch, Move & Groove (no floor): 10-11 a.m. Sept. 17 and 24. Free and easily adapted to your fitness level. Can be done standing or sitting.

Caregiver Support Group: All caregivers are welcome. The group meets every Tuesday from 1 to 2:30 p.m. There is a trained facilitator present at every meeting to guide the group.

Open Card Play: 1-4 p.m. every Tuesday. Bring your deck of cards and join others in playing the card game of your choice. No instructor will be present. This

Activities

Continued from 22

is a self-directed group.

Bereavement Sessions 1 & 2: Experiencing grief due to the death of a loved one? Six sessions starting Sept. 10 and ending Nov. 19. Pre-registration required because space is limited. Registration closes on Aug. 27.

Widows and Widowers: Social group meeting the second and fourth Tuesdays of every month from 11 a.m. to 12:30 p.m. Some meetings may take place outside the

Decluttering for Seniors: 10:30 to 11:30 p.m. Sept. 17. Learn to simplify your space to simplify your life from this free presentation by global real estate adviser Angel Cutshall.

WEDNESDAYS

Open Art: 9:30 to 11:30 a.m. every Wednesday. Bring your art or craft project to work on while socializing with friends.

Mah Jongg Meet-up: Open play for experienced players. 1-3 p.m. September 11 and 25; and 3-5 p.m. Sept. 18.

Scams & Fraud Protection: 10-11 a.m. Sept. 11. A special presentation by St. Johns County Sheriff's Office.

How to Navigate Food Choice after a Pre-Diabetes or Type II Diabetes Diagnosis: 10-11 a.m. Sept. 18. A free presentation by Jennifer Wickliffe, MPH, CPH.

Genealogy Group: 1 to 2:30 p.m. Sept. 18. A genealogy expert will guide you in discovering your ancestors on the third Wednesday of each month.

Spouse in a Nursing Home? Do I Have to Go Broke? Presented by Megan Wall, managing attorney of St. Johns County **Legal Aid:** 10-11 a.m. Sept. 25

Caregiver Needs Assessment: Make an appointment with a qualified dementia care specialist who will set up a time to discuss your situation one to one; develop an individualized education and needs assessment; support and guide; and empower you to find solutions for those needs. Call to schedule a free appointment, 904-814-9407 or email pbrunell@stjohnscoa.com.

RIVER HOUSE

The following programs will be held at COA's River House, 179 Marine St., St. Augustine, beginning in September. If you have questions, call 904-209-3655 Monday-Thursday or email tharris@coasjc. org. For more information, go to coasic. org/river-house.

Classes That Require Registration:

Registration is required for the following programs, and space is limited. To review course details and to register, go to coasic. coursestorm.com/category/river-house.

Gentle Yoga: 9:15 to 10:45 a.m. Four weeks starting Monday, Sept. 9.

Chess, a Mechanism of Happiness: 9:30 to 11 a.m. Four weeks starting Monday, Sept. 9.

Flexibility and mobility: 10:15 to 11:15 a.m. Three weeks starting Monday, Sept. 9.

Chair Yoga: 11 a.m. to noon. Four weeks starting Monday, Sept. 9.

Spanish for Fun and Travel: 11:30 a.m. to 12:30 p.m. Three weeks starting Monday, Sept. 9.

Neurographic Art Meditative Class: 11:30 a.m. to 1 p.m. Two weeks starting Monday, Sept. 9.

Neurographic Art Meditative Class: 11:30 a.m. to 1 p.m. Two weeks starting Monday, Sept. 23.

Zumba Gold: 12:15 to 1:15 p.m. Four weeks starting Monday, Sept. 9.

Ballet: 1:30 to 2:30 p.m. Four weeks starting Monday, Sept. 9.

101 Ways to Transition to a Plant Based Diet: 1:30 to 3 p.m. Monday, Sept.

Four weeks starting Monday, Sept. 9. **Introduction to Meditation:** 2-3 p.m.

Four weeks starting Monday, Sept. 9.

Learn How to Draw: 1:30 to 3:30 p.m.

Tap Dancing Level 1 & 2: 2:45 to 3:45 p.m. Four weeks starting Monday, Sept. 9.

Fishing: 9-11 a.m. Tuesday, Sept. 17.

Strength and Balance for Active Aging: 9-10 a.m. Three weeks starting Tuesday, Sept. 10.

Tai Chi/Qi Gong: 10:30 to 11:30 a.m. Three weeks starting Tuesday, Sept. 10.

Balancing Your Blood Sugar and Preventing Diabetes: 1:15 to 2:15 p.m. Tuesday, Sept. 17.

Balancing Your Blood Sugar and Preventing Diabetes: 1:15 to 2:15 p.m. Tuesday, Sept. 24.

Sound Vibrational Frequency: 2:30 to 3:30 p.m. Three weeks starting Tuesday, Sept. 10.

Chair Yoga: 9-10 a.m. Four weeks starting Thursday, Sept. 5.

Drawing 1: 9 to 10:30 a.m. Four weeks starting Thursday, Sept. 5.

Bellydance Basics and Beyond: 9:30 to 10:30 a.m. Four weeks starting Thursday, Sept. 5.

American Sign Language for Beginners: 10:30 to 11:30 a.m. Four weeks starting Thursday, Sept. 5.

Tai Chi and Qigong: 10:30 to 11:30 a.m. Four weeks starting Thursday, Sept. 5.

Bellydance Basics Level 1: 10:45 to 11:45 a.m. Four weeks starting Thursday,

Watercolor: 11 a.m. to 1 p.m. Four weeks starting Thursday, Sept. 5.

Latin Rhythm Exercise Class: 11:45 a.m. to 12:45 p.m. Four weeks starting Thursday, Sept. 5.

Make an Ally of Your Intuition: 12:30 to 1:30 p.m. Four weeks starting Thursday,

Colored Pencil Art: 1:30 to 3:30 p.m. Four weeks starting Thursday, Sept. 5.

Introduction to Complementary and Alternative Medicine: 3-4 p.m. Four weeks starting Thursday, Sept. 5.

ACTIVITIES continues on Page 25





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Trip

Continued from 21

Due to the success of the partnership with Dial-a-Ride, the Cummer hopes to continue moving forward and helping to bring the world of arts to local senior citizens.

"We are thrilled to partner with Dial-a-Ride to bring older community members to the museum," said Kim Kuta Dring, director of learning and engagement at the museum. "Seeing the joy and excitement on the seniors' faces as they explored the museum and engaged with the art was truly inspiring. It's a reminder of the importance of making art accessible to everyone,"

Beaches Council on Aging is the nonprofit agency that has been operating the free transportation service for seniors and disabled adults for 49 years in Jacksonville Beach. Dial-a-Ride oper-

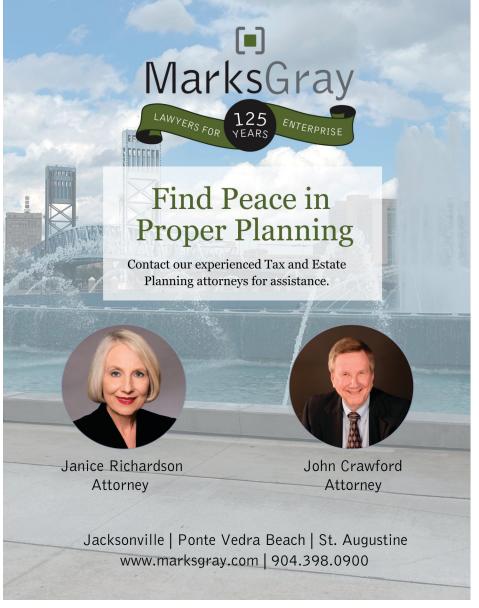




Photo courtesy of Dial-a-Ride

Dial-a-Ride transported people from the low-income senior residence of Pablo Towers and Pablo Hamlet in Jacksonville Beach on the field trip.

ates Monday through Friday 8 a.m. to 4 p.m. with limited service on Saturdays and currently four vans with three able to accommodate wheelchairs.

To qualify for the service provided by Dial-a-Ride, riders must be 62 years of age or older, unable to drive and live from Mayport south to Ponte Vedra Beach and across the Intracoastal to Cypress Village.

However, they do also accommodate

many dialysis patients and adults over 18 years old who are permanently or temporarily disabled.

The process for reserving a Dial-a-Ride appointment is simple and only requires one phone call a few days prior to the ride

No person who qualifies is turned away and only a \$5 donation is suggested.

To schedule Dial-a-Ride, call 904-246-1477 Ext. 1.

ElderSource launches campaign for hunger relief among older adults

For The Recorder

Thousands of local older adults are currently on waiting lists to receive homedelivered meals. Each day they're forced to make tough decisions between buying medicine or groceries — and the problem is getting worse.

Nonprofit ElderSource has launched its Suppers for Seniors campaign, working to raise \$50,000 that will be matched by the Delores Barr Weaver Legacy Funds to help move low-income people off the waitlist for desperately needed food assistance.

"More than 5,000 low-income older adults in our area need food assistance," said Linda Levin, CEO of the nonprofit ElderSource. "As the Area Agency on Aging for Northeast Florida, ElderSource has always focused on connections, linking older adults and caregivers with resources that enhance their lives. We have a rare opportunity to make a big impact with this campaign."

Funds raised through the campaign will help ElderSource provide home-delivered meals to local seniors in need through programs like Meals-on-Wheels.

To meet the acute need — and in honor of ElderSource's 50th anniversary of service — the Delores Barr Weaver Legacy Funds offered a one-time matching challenge grant of \$50,000. Because of this challenge grant, every donation made to Suppers for Seniors will be matched up to \$50,000. That means ElderSource has the opportunity to raise \$100,000 toward feeding low-income older adults in its sevencounty Northeast Florida service area.

Research shows one in five food-insecure homes in America include an older adult. Almost 11% of 50- to 59-year-olds and more than 9% of 60- to 69-year-olds are food insecure.

For more information about how you can help, go to MyElderSource.org/SuppersForSeniors.





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Powerlifter

Continued from 16

in her 165-pound weight class for: squat (242 pounds), bench press (154 pounds), deadlift (297 pounds) and combined total.

When the governing organization changed weight classes in 2014, it retired all of the records previously awarded. So, Mette's records stand and have been archived.

Mette competed for 14 years. Then, she heard about The Jacksonville Senior Games, an Olympic-style event series for athletes older than 50. It sounded like fun, so she competed in 2014 and 2015, winning gold medals there

In 2018 and 2019, Mette returned to USAPL competition because the events were to be held in Jacksonville. She earned the gold medal in these, as well.

Then, with the pandemic came the closing of gyms. Mette continued to work out with Olympic-style barbells she had at home. When the gyms reopened, she joined Planet Fitness and LA Fitness in Jacksonville.

When she heard about Forever Fit 50 & Beyond: Jacksonville Senior Games, set for Sept. 27 through Oct. 5, she decided to begin conditioning herself and compete once again.



Contributed photos

Candy Baroni Mette wears the gold medals she won at a Florida USAPL competition.

"This is my first time back in a while, so I'm not really going full force real strong," she said. "I think it's just going to get me back mentally and physically and get me motivated."

To prepare, Mette trains for a couple of hours, three days a week. She still follows the regimen she learned from Coach Joe: work different sets of

muscles on different days.

"Maybe some day I'll get back into the (USAPL) association," she said. "I don't think I'm ready just yet. I'm working too much now, and you need to concentrate more on the training. But the Senior Games are fun. I'd like to go, and I'd like to see what I can

Activities

Continued from 23

Open Programs

Open programs are free and, where noted, may require registration. Go to coasjc.org/river-house for more information.

Mahjong Open Play: 1-3 p.m. Mondays. Bring your mahjong game and come play.

Healing Hearts: 9:30 to 10:30 a.m. Meets the second and fourth Tuesdays of each month. A group for grieving a loss.

One-on-One Tech Help: One-on-one help for your smart phone, tablet or laptop questions from 10 a.m. to 2 p.m. on Tuesdays, Sept. 10, 17, 24. Call 904-209-3655 to reserve a one-hour spot.

Happy Hookers: 10 a.m. to noon Tuesdays. Join this social group as they crochet, knit, etc.

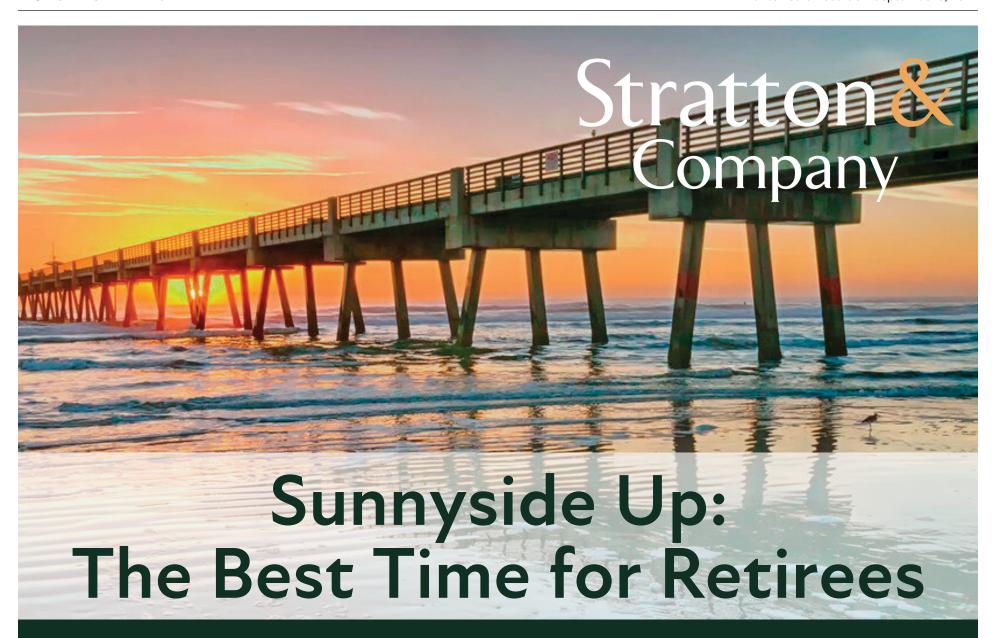
Widow to Widow: 11:45 a.m. to 12:45 p.m. Wednesdays. A support group for widows by widows

STA Strong BHOF (Bone Health & Osteoporosis Foundation) Education Group: This group meets bimonthly to learn about prevention, diagnosis and treatment of osteoporosis. The next meeting is on Wednesday, Sept. 11, from 1:30 p.m. to 2:30 p.m.

Open Game Play: 12:15 to 3:15 p.m. every Thursday. Bring your deck of cards or your board game and socialize over a friendly game of your choosing. There are games available at River House.

Spouse in a Nursing Home? Do You Have to Go Broke? with Megan Wall of S.J.C. Legal Aid: 10-11 a.m. Friday, Sept. 27.





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McDonald

Continued from 1

the Limelight was also looking to support the St. Augustine Film Festival, this seemed like a great opportunity to do many things all at once. We are getting some assistance from Spencer Glover (JSL-Jax Stage) to do these upgrades. We hope to offer movies weekly in a matinee time slot mid-week and on occasional Sunday nights."

Inez McDonald's Influence

When asked why she makes these annual \$100,000 donations, McDonald replied, "I want my legacy to be that Inez McDonald is remembered for recognizing the needs of St. Augustine and did her best to address those needs. There is joy in giving to this wonderful town I love so much."

Provence said that it is not only Mc-Donald's generosity that is impressive. It is the woman herself.

"From the moment I met Inez, this 99-year-old firecracker has inspired me," she said. "Her insight and motivation challenge me as a woman; her creativity and vision for how to make an impact in her community made me realize the countless ways to make a difference ... big and small. For as generous as she is with her large monetary gifts, she also knits and gives away every-

thing she makes to those in need. And Inez has managed to sustain an incredibly physically fit body at 99, sharing that she started 'pumping iron' at 80!"

Limelight Theatre Guild volunteer Linda Roberts remembers well those pumping days.

"I met Inez in an exercise class called Pump," she said. "It incorporated weightlifting with cardio moves. We worked out together for several years, and our class celebrated her 90th birthday. I am honored to know her and strive to emulate her."

The trim and well-coifed McDonald still has a regime of daily exercise that includes 60 squats (down from the 100 she did until recently) and pumping five-pound weights. Additionally, she is active in a tai chi group and Creative Crafters; she knits prayer shawls for St. Anastasia Catholic Church to give to those in grief.

How and Why McDonald Donates

McDonald attributes her ability to make these donations to managing her savings and income when she was the assistant for 25 years to the executive director of a large public relations organization in Washington, D.C., and to the fact her two daughters are doing well on their own.

She attributes her desire to donate to how pleased she is to have retired to St. Augustine and enjoyed her life here. Specifically, she began a whole new adventure of ballroom dancing at the Riverview Club and other venues that she continued until COVID. She also became active in staying fit and belonging to a gym.

Recipients of McDonald's Generosity

McDonald's donations to Habitat for Humanity began in 2008. In 2009, she began \$10,000 matching gifts to encourage others to donate to Habitat for Humanity and St. Francis House. Since 2020 she has increased her generosity to donations of \$100,000 to:

- The Lightner Museum for restoration of Tiffany stained-glass windows (including the beautiful one depicting St. Augustine),
- Council on Aging to refurnish the kitchen used for Meals on Wheels.
- Habitat for Humanity to help build a neighborhood that will feature a Mc-Donald Avenue,
- West Augustine Historical Community Center to erect a 14,000-square-foot West Augustine Medical and Wellness Center to house UF-Flagler Hospital medical provider, YMCA Inez McDonald Fitness Center, EPIC Social Behavior Issues Center and St. Augustine Youth Services.
- And now the Limelight Theatre's roof, lighting and main stage improvements.

What Limelight Theatre Does for the St. Augustine Area

Limelight Theatre, founded in 1992, presents an annual season of nine plays, ranging from Broadway musicals to classical and contemporary dramas. Additionally, it offers a dozen or so varied musical and dramatic shows on weekends between plays. They include staged readings, western to classical music groups, taletelling and improv shows.

Limelight also has a children's education and summer camp program for kindergartners through high school seniors, with scholarships available for those in need. Additionally, the theater has worked with The Florida School for the Deaf and the Blind, teaching on-stage spatial awareness.

Limelight's three on-site entertainment venues are now the Inez McDonald Main Stage, the Matuza Black Box Theatre and a Boxcar Outdoor Theatre near the parking lot.

The Legacy Will Live On

"I am so grateful and honored that Inez chose Limelight to be part of her legacy," said Provence. "Her gift will create a ripple effect that will live on through the stories we tell in our productions, and in the lives, young and old, that will be part of the creative magic of making theatre for generations to come. Thank you, Inez McDonald!"







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www.PonteVedraRecorder.com

Financial security the focus of upcoming seminar

By Anthony Richards



A financial seminar will be hosted by LPL Financial at Palm Valley Barn in Ponte Vedra Beach on Sept. 10 from 5 p.m. to 7 p.m. with a focus on defending one's

The special guest speaker will be Brenda Moxley, who is a retired FBI special agent-executive and renowned author, as well as

president and CEO of MoXenial Consulting.

Her consulting business is located in Ponte Vedra, so she brings a local flair to the seminar but has also served as a keynote speaker both nationally and internationally.

MoXenial Consulting is global comprehensive security consulting firm, where she uses her background with the FBI to continue to help those in need of financial security.

Moxley's experience in the field will be the focus of her presentation during the event, which will highlight specific strategies.

Through these strategies those in attendance will get a better understanding of how to anticipate and respond to dangerous situations.

Not only will she talk about the best ways in which to encounter situations that arise, but an important aspect is also the preventative measures that can be taken to make sure dangerous situations never occur at all.

Moxley has a variety of areas with which to draw her expertise from, including serving as the director of community security with a nonprofit organization serving Miami-Dade County.

In that role she provided strategic security consultation and guidance to more than 160 institutions, with a focus on critical infrastructure protection, security assessments, preparedness and crisis management

Her portfolio also includes experience working violent crimes, counterterrorism, international operations and national security matters.

Provided training and education to community leaders and collaborated with local, state and federal law enforcement agencies to help further pass along the knowledge she has garnered over the years is nothing

new for her.

LPL Financial is sponsoring the speaker event that will also feature adult beverages and light hors d'oeuvres being served to those attending, as well as each person receiving a complimentary copy of Moxley's book "Be Aware: Strategies for Keeping You and Your Loved Ones Safe."

The Palm Valley Barn is

located off Canal Boulevard at 531 N. Wilderness Trail in Ponte Vedra Beach.



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GUEST COLUMN

Understanding risk for bond investors

Written by/for Wells Fargo Advisors

A primary reason investors own bonds is because their values have historically remained relatively stable over time. In other words, they've been less risky than stocks. (Of course, their returns have been lower as well.) So, you might want to have bonds in your portfolio in case the stock market takes a hit. If that happens, the bonds could stabilize your portfolio's overall value. And that may help you avoid making emotional (and sometimes costly) heat-of-the-moment choices.

Lower risk doesn't mean no risk

Bonds are considered less risky than stocks, but they're certainly not risk-free (no investment is). Although some investors may believe bonds are as safe as cash, that's not the case. In fact, bond investors face a number of risks,

Interest rate risk. The chance of a change in a bond's price in response to movements in interest rates. It's important to understand this risk in a low-interest-rate environment because bond market prices and interest rates are negatively correlated. In other words, if interest rates increase, existing bond prices are likely to decrease. Conversely, when rates are higher and begin to decrease, bond prices will tend to increase.

Credit risk. The prospect that an issuer may suffer a relative decline in credit quality or outright default. The lower the credit risk, the fewer credit-related price fluctuations there should be.

Default risk. When you purchase a bond, you face the



risk that the issuer may be unable to pay the interest or par value when it's due.

Opportunity risk. The possibility of missing out on potentially better returns you may be able to get from other investments, like stocks.

Consider your big picture

Whether you're talking about bonds or stocks or any other investment, it's important to remember that the amount you own should be determined based on a strategic asset allocation — how your portfolio is divvied up between different investment types — based on your:

- Goals. What you're investing for, such as being able to afford retirement.
- Time horizon. How long you have before you need to tap into investments. If you're 48 and want to retire at 68, you have a 20-year time horizon.
- Risk tolerance. How comfortable you are with fluctuations in your portfolio's value. If market volatility makes it difficult for you to get a good night's sleep, you

likely have a relatively low risk tolerance.

If you already invest in bonds or are wondering whether you should, you need to understand their risks and the important role they can play in your overall investment strategy. For help with that, you may want to work with a professional financial adviser.

Investments in fixed-income securities are subject to market, interest rate, credit and other risks. Bond prices fluctuate inversely to changes in interest rates. Therefore, a general rise in interest rates can cause a bond's price to fall. Credit risk is the risk that an issuer will default on payments of interest and/or principal. This risk is heightened in lower rated bonds. If sold prior to maturity, fixed income securities are subject to market risk. All fixed income investments may be worth less than their original cost upon redemption or maturity.

This article was written by/for Wells Fargo Advisors and provided courtesy of Ponte Vedra Wealth Management Group in Ponte Vedra Beach at 904-273-7918.

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Contributed photos







Coasta

Coastal Wine & Tapas to open new location in Nocatee

Reimagined space to open early summer 2025 in Nocatee Town Center

For The Recorder

Coastal Wine Market & Tasting Room (soon to be Coastal Wine & Tapas) has announced that after eight wonderful years, they are rebranding and relocating to a new expanded space in Nocatee Town Center. Local residents Steve and Shaun Lourie are eager to share their elevated vision, which includes a waterfront patio, private dining room and state-of-the-art kitchen, mirroring the same friendly atmosphere that has kept their loyal guests returning to their

current location for years.

"This is the holy grail for us as small business owners," said co-owner Steve Lourie. "We get to continue growing in our hometown of Nocatee and create a footprint that our guests will enjoy for years to come."

"We are deeply grateful for the unwavering support of our incredible team members and loyal community, who are the heart of our success and the driving force behind our growth," added co-owner Shaun Lourie. "We're elevating everything — from the ambiance to the seating and even our name. We are excited to bring this vision to life and can't wait for the community to see what we've been working on."

Coastal Wine & Tapas isn't moving that far; the new location will soon occupy

the space adjacent to The Chophouse at Nocatee.

Coastal Wine & Tapas, which originally opened as a retail concept, has continued to develop and evolve alongside the Nocatee community. It is the go-to place for adults who seek a little conversation, relaxation and connection in a warm and inviting atmosphere.

The wine bar and eatery offers housemade and chef-curated tapas, boutique wine offerings, unique craft beer selections, top-notch table service and weekly drink and food specials. Menu staples like their coastal Angus sliders, coconut shrimp, flatbreads, goat cheese and fig jam and award-winning charcuterie boards have kept guests enjoying and returning for years. Along with an extensive wine-bythe-glass and bottle menu, Coastal Wine & Tapas offers specialty wine flights, remarkable winemaker events and noteworthy wine tastings.

"We are thrilled to have Coastal Wine & Tapas anchor what will soon be a destination dining pocket for all of Ponte Vedra," said Riley Skinner, vice president of Skinner Bros. Realty. "We have worked with owners Steve and Shaun Lourie since they opened their doors in 2016, and it has been a joy to watch them grow into a beloved Nocatee favorite. We look forward to many more years to come providing Nocatee residents a first-class dining experience."

Coastal Wine & Tapas plans to open in early summer 2025. In the meantime, guests can visit the current Nocatee location to get a feel of what's to come.



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West Eastern Health opens center



West Eastern Health marked the grand opening of its new Mental Wellness Center in Nocatee with a well-attended open house event. The state-of-the-art facility aims to provide comprehensive mental health services to the community, including ketamine-assisted treatments, mindfulness practices and holistic healing approaches.

During the event, attend-



ees had the opportunity to meet the center's expert team and learn about the innovative therapies available. The community response was highly positive, with many expressing appreciation for the center's dedication to addressing mental health needs in Nocatee.

The open house highlighted West Eastern Health's commitment to fostering a supportive and healing environment. As the center begins to serve the community, it is poised to become a valuable resource for mental wellness.

For more information, see the West Eastern
Health website at westeasternhealth.com or follow
them on social media @
WestEasternHealth.

Contributed photos





First Florida Credit Union wins top awards

First Florida Credit Union and its president and CEO, Brent Lister, claimed top honors at the 2024 Best of Bold City Community's Choice Awards Gala for the second year in a row, winning the titles of "Best Credit Union" and "Best Boss" respectively.

Thanks to the unwavering support of the Jacksonville community, First Florida Credit Union outperformed even larger credit unions, securing the "Best Credit Union" title in the finance category.

Lister was also celebrated at the gala, where he was awarded the prestigious "Best Boss" title in the top employers — people category. After two decades with First Florida Credit Union, Lister said he finds the recognition both gratifying and exciting.

"Receiving these awards is a true honor, as it reflects not only the hard work we've put into building this credit union, but also the trust and support we've earned from the community," Lister said. "Every day, our team goes above and beyond to connect with our members, and it's their commitment to excellence that has made this achievement possible."

The Best of Bold City Community's Choice Awards celebrate hundreds of businesses and organizations across Jacksonville in more than 160 categories. The annual awards program begins with public nominations, narrowing down to the top five contenders in each category. From there, a voting round determines the finalists and winners. The winners are announced at the awards gala and featured in a special print and online edition of The Florida Times-Union.

The Best of Bold City Community's Choice Awards is produced by Ventures and powered locally by jacksonville.com, as part of the USA Today network. The full award list is available on YourChoiceAwards.com/BoldCity.



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Contributed photos



Providence Homes' Alberta Model in Seabrook Village in Nocatee



Sean Junker, president COO, and Bill Cellar, founder and CEO of Providence Homes

Providence Homes wins award

For the third year in a row, Providence Homes has been selected as a 2024 Housing Innovation Award Winner.

This national award recognizes energy-efficient home building, and is awarded by the U.S. Department of Energy as a part of its Zero Energy Ready Home (ZERH) program. ZERH is a certification with rigorous requirements that ensure outstanding levels of energy savings, comfort, health and durability — and it signifies a high-performance

home so energy efficient it offsets most or all of its annual energy usage.

Providence Homes also won the award in 2022 for its Royal Model at Kettering at eTown and in 2023 for its Manatee Model in Kettering at eTown.

This year, the homebuilder is being awarded for its Alberta model in Seabrook Village at Nocatee. These Providence Homes boast such a low average monthly energy bill, homeowners save hundreds of dollars a year. And the benefits don't stop there. ZERH homes

have better indoor air quality, Energy Star appliances, high performance windows, optimized insulation, water protection and more.

"We are so pleased to be selected as a U.S. Department of Energy Housing Innovation Award Winner, again!" said Sean Junker, president and COO of Providence Homes. "Our company has an enduring dedication to sustainability, quality and efficiency. We're proud to be leaders in the housing industry constructing more healthy and resilient homes in Florida."

Homes selected for the Housing Innovation Award meet performance criteria set by the DOE ZERH national program, and each home is verified by a qualified third-party as part of the certification process.

For more information, go to providencehomesinc.com. To learn more about the DOE ZERH program and the Housing Innovation Awards, go to energy.gov/eere/buildings/doe-zerh-housing-innovation-awards.

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A tactile art piece



A tactile art piece



A woman experiences a tactile art piece.

Tactile Art Show features touchable works

For The Recorder

The St. Augustine Art Association (STAAA) continues its centennial with an art show that allows visitors to experience the magic of art in a tangible and exciting way.

Every October for more than 20 years, STAAA has collaborated with The Florida School for the Deaf and the Blind and The Florida DeafBlind Association to present the annual "Tactile Art Show." The exhibit will be displayed at the St. Augustine Art Association, 22 Marine St., St. Augustine, and online at staaa. org Oct. 4-27 during National Sensory Processing Awareness Month.

"In galleries and museums, we're always told 'Don't touch!' which is normal, except, what if you don't experience visual activities the same way someone else does?" says Jennifer Flynt, executive director of STAAA. "With the 'Tactile Show,' all of the artwork is designed to be experienced through sight, but most importantly, touch, allowing viewers living with disabilities, especially those who are blind or visually impaired, to experience art using different senses."

The Creating Tactile Art workshop will accompany the "Tactile Art Show." Led by local artist Jenny Keyser, the three-day course will introduce innovative techniques that will help participants

break free from the constraints of visual art. Keyser will show beginners and seasoned artists how to add dimension to a mixed media work to make it engaging for people of all abilities.

Creating Tactile Art will be offered 1-3 p.m. Sept. 11, 18 and 25. Workshop details and registration are available staaa.org/event/please-touch-creating-tactile-art

The "Tactile Art Show" will be displayed at the St. Augustine Art Association from Oct. 4 through 27. The show will include pieces by students at The Florida School for the Deaf and the Blind. Artists of all ages, skill levels and backgrounds are invited to participate.

The Call for Art will become available mid-September, with online entries due by Monday, Sept. 30. Pieces will be judged for acceptance and awards. Artwork must be safe to touch and may not contain sharp edges. For information and exhibit updates, go to staaa.org/event/tactile-art-show.

The "Tactile Art Show" is sponsored by the Eye Center of St. Augustine and VyStar Credit Union, and in part by grants from the St. Johns County Tourist Development Council, the St. Johns County Cultural Council, the Community Foundation of Northeast Florida and Benjamin & Jean Troemel Arts Foundation



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Cummer Museum to present River Blossom Jamboree

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For The Recorder

The Cummer Museum of Art & Gardens will present the River Blossom Jamboree, a bluegrass garden concert on the riverfront of the St. Johns, this weekend.

The concert, to be held 5-7 p.m. Saturday, Sept.7, will feature performances by Jake Eddy & Band, Larry & Joe and Low Ground. Bring your family, your friends and your overalls to celebrate the end of summer with boots, brews and banjos. Music begins at 5:30 p.m., rain or shine.

Make an Americana day of it at the museum and enjoy free admission at Citi Free First Saturday until 4 p.m. and check out "Fabric of a Nation: American Quilt Stories." When the galleries close, grab

your lawn chairs for a beautiful evening of bluegrass on the river. Drinks and light bites from the Cummer Café will be available for purchase for guests.

"Fabric of a Nation: American Quilt Stories," features 44 remarkable textiles and other works of art created by a variety of makers and dating from the 17th century to the present day, revealing a rich story of the nation's collective history. The makers of these remarkable textiles showcase the diversity of America representing male, female, known and unidentified artists, urban and rural makers, immigrants and Black, Latinx, Indigenous, Asian and LGBTQ+communities.

The exhibition also explores how



the quilt, which is often thought of as a timeless, quintessentially "American" art form, like bluegrass music, continuously evolves to meet the moment of our time.

Admission is \$40 for members, \$55 for nonmembers.

This event was made possible by the

Mildred Shafer Brown Memorial Fund.

The Cummer Museum of Art & Gardens is located at 829 Riverside Ave., Jacksonville.

Parking is available in lots across from the museum and between the museum and Garden Club.

Cultural Council announces arts awards and winners

For The Recorder

The Cultural Council of Greater Jacksonville has announced one of their most anticipated events of the year: the 47th annual Arts Awards will take place on Oct. 4 at the Florida Blue Conference Center. The event will honor this year's award winners with an unforgettable evening celebration.

As the City of Jacksonville's official leading Local Arts Agency, the Cultural Council of Greater Jacksonville stands as the preeminent cultural organization in Northeast Florida and has served as the steward of the city's funding for arts and

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culture nonprofits and organizations for decades.

The Cultural Council currently manages the Cultural Service Grant Program, serving more than 30 local cultural nonprofits that provide the city more than \$114 million in creative economic impact, and manages the city's Art in Public Places program.

This year's intentional "Futuristic" themed event captures the innovative and creative future of Jacksonville's cross-sector momentum, with arts and culture as the defining thread of success that runs through them all.

This dynamic annual event serves as the Cultural Council's largest annual fundraiser for regranting and matchmaking funding needed in real-time for the community.

"Through a 47-year tradition, we have had the honor of highlighting our preeminent artists, cultural leaders and catalysts from our local communities, and championing the impact these individuals and businesses have on our city as whole," said Cultural Council of

Greater Jacksonville Executive Director Diana Donovan.

The winners in each of the categories are:

• Helen Lane Founders Award, which honors a leader who integrates arts and culture into everyday life within their community: Jason Peoples, Executive Director of Jacksonville Arts & Music School (JAMS)

- Corporate Business of the Year, which honors a business that graciously gives support to arts and cultural programs and organizations: PNC Bank
- Robert Arleigh White Award For Advocacy, which honors an individual who fosters an environment of educating and learning of the benefits of the arts: Taryn "LoveReigns" Wharwood, program director, The Performance Academy
- Small Business of the Year, which honors an organization that has fewer than 250 employees and graciously gives support to arts and cultural programs and organizations despite its size: The Walrus
- Art Innovator, which honors an in-

dividual who creates new and innovative ideas to benefit the community: David Luckin, music director and radio host, WJCT

- Art Educator, which honors an individual who demonstrates dedication to enriching their students with a passion for the arts: Amanda Holloway, art educator at GOCA Arts
- Art of Giving, which honors an individual or couple who stewards their resources to fund, support and sustain arts and culture programs: Carol Grimes, arts advocate and philanthropist
- Community Impact Award, which honors an individual or organization who has a record of visible transformational results that are evident within their community, and a commitment to impacting others' lives: John Silveira, manager and director of Riverside Arts Market

Limited tickets are available for the Arts Awards. To secure your tickets, find more information about the 2024 Arts Awards or to read full bios on award winners, go to culturalcouncil.org/art-sawards.

SOCIES

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-WEEK 3 FOOTBALL PREVIEW

Nothing like home sweet home for local teams

By Anthony Richards

A week after Ponte Vedra, Nease and Beachside all being on the road, now they each return home riding high after wins.

Beachside handled its first road trip of the season with ease en route to a 58-14 victory over Englewood in Jacksonville and will now host fellow St. Johns County opponent Menendez on Sept. 6.

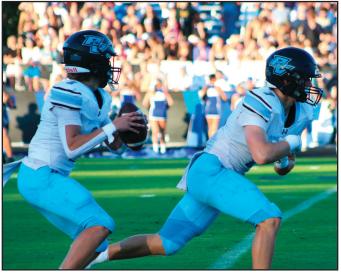
The Barracudas have outscored their opponents 100-30 in the first two games and will face a Falcons team that continues to develop under head Coach Anthony Rivers.

Slowing down the Barracudas offense is the key for any opponent and not something that is easily done, and the Falcons experienced this one year ago when they fell 38-7 to the Eddie Jordan-led squad.

All signs seem to be pointing toward another productive night for the Barracudas all around, as they continue to make waves as one of the most high-flying offenses in Northeast Florida.

Jordan has thrown for 700-plus yards and eight touchdowns with no interceptions through the first two weeks.

Another team that has had their way the first couple of weeks has been the Nease Panthers, and they welcome in Ridge Community High, who will be making the lengthy trip from Daven-



Drew Price and Brian Case will play in the Shark Tank for the first time this regular season against Baker County on Sept. 6 at 7 p.m.



Photos by Anthony Richards

K.J. Perry is a major cog of the Panthers' explosive offense.

port in Central Florida.

The Bolts will be making the nearly three-hour trip as part of the second part of a home-and-home series with the Panthers.

The matchup is probably the most interesting for both teams and will be the farthest out of their region that both teams will go this regular season.

The Panthers defeated the Bolts 48-6 last season, and the Panthers offense looks even further along at this point this year, so all signs point to another possible high-scoring Friday night, this time in front of their home fans.

For the Sharks, last week the question was how they would bounce back,

and they wound up doing that is a big way by beating Bartram Trail 28-21.

Now this week, the question centers around if they can keep it going, as they seemed to have found a rhythm both as players on the field and coaches on the sideline in the way they went about calling plays.

In many ways, this week's opponent Baker County presents some of the same tests that Bartram Trail did as a squad that presents a combination of athleticism and physicality and a winning pedigree.

Fortunately for the Sharks, they seemed to find themselves last week and it was the case on both sides of

the ball, as the offensive line provided Drew Price the protection he needed and as a result he looked comfortable in the pocket and was making quick and precise reads in the passing game, which in turn opened running lanes for Brian Case.

And on the defensive side of the ball the veteran defensive front was able to win its battles and insert its presence on the game early and often.

One of the important things the Sharks will have this week they have yet to have this season is its home crowd behind them, as they play in the Shark Tank after opening the season with consecutive road games.





The Ponte Vedra Sharks run through a banner to take the field.



Robbie Grieco (No. 48) leads a host of Sharks' converging on the quarterback.

SHARKS, PANTHERS ENJOY MEMORABLE ROAD WINS



Brian Case (No. 7) carries a defender for extra yards.

It was a busy football Friday night throughout St. Johns County, as the Ponte Vedra Sharks went on the road and defeated the Bartram Trail Bears 28-21, while the Nease Panthers handed the Creekside Knights a convincing 45-7 defeat of their own. The following are photos from the contests.

Photos by Anthony Richards



J.P. Dolan is congratulated by teammates after a rushing touchdown.



Davis Latina (No. 32) breaks up a pass with tight coverage.



Brayden Felder hauls in a pass.



Nease's Nate Harry scrambles to the sideline.



Enrique Ordonez runs through an attempted tackle.



K.J. Perry (No. 7) does a little dance following a touchdown.



Sharks' cheerleaders during the National Anthem.

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Legals **NOTICE TO CREDITORS**

IN THE CIRCUIT COURT FOR ST. JOHNS COUNTY, FLORIDA

PROBATE DIVISION File No. 552024CP000542A000MX

Division Probate

IN RE: ESTATE OF

Alexander Cameron Hannon, III
Deceased.
The administration of the estate of Alexander Cameron Hannon, III, deceased,

whose date of death was March 17, 2024, is pending in

the Circuit Court for ST. JOHNS County

Probate Division, the address of which is 4010 Lewis Speedway, St. Augustine, FL

The names and address of the personal representative and the personal represen-

representative and the personal represen-tative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court ON OR BE-FORE

THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS

claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.
ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN FLORIDA STATUTES SECTION 733.702 WILL BE FOREVER BARRED.
NOTWITHSTANDING THE TIME PERIODS SET FORTH APONE ANY CLAIM

ODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this notice is September 5, 2024.

Petitioner Alexander Cameron Hannon, IV

Alexander Cameron Hannon, IV 21 Ponte Vedra Ct. Unit B Ponte Vedra Beach, FL 32082 alexanderhannon71@gmail.com 762-234-0921 Attorney for Petitioner

Christian Smith

FL Bar Number: 1039145 60 E. 5th St.

60 E. 5th St. Apopka, FL 32703-5245 csmith@trustandwill.com 727-424-1464 Legal 99171 Published 9/5/2024 and 9/12/2024 in St. Johns County Ponte Vedra Recorder newspaper

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61				62					63					
64				65							66			
67				68							69			

ACROSS

- 1. Separate with an instrument
- 5. State clearly
- 11. One-time MLB speedster Gordon
- 14. Broad in scope
- 15. Lacking social polish
- 16. Amount of time
- 17. Frame
- 19. Automobile
- 20. Caps
- 21. High school dances
- 22. Utilize
- 23. Checked
- 25. One-sideo
- 27. Having an extreme greed for wealth
- 31. Potted plants
- 34. We all have one
- 35. Lake north of the Kalahari
- 38. Unidentified flying object
- 39. Aging persons
- 41. Small amount
- 42. Mother of Perseus
- 44. Ornamental waist box
- 45. Officials
- 46. Uncertain
- 49. A cotton fabric with a satiny finish
- 51. Extensive, treeless plains
- 55. Your consciousness of your own identity
- 56. Consumer advocate Ralph
- 60. Notable Spanish sports club
- 61. Body part
- 62. One's responsiveness
- 64. Woman (French)
- 65. Ready and willing to be taught
- 66. Muslim ruler title
- 67. Unhappy
- 68. Gradually disappeared
- 69. Able to think clearly

DOWN

- 1. Brushed
- 2. Water sprite

- 3. Ones to look up to
- 4. Monetary units
- 5. We all have one
- 6. Marine invertebrate7. One who institutes a
- legal proceeding
- 8. Outer
- 9. Parallelograms
- 10. Uncomfortable feelings
- 11. Cross to form an X
- 12. Remove
- 13. Some pages are dog-_
- 18. Capital of Ukraine
- 24. A citizen of Denmark
- 26. Eighth month (abbr.)
- 28. Hindu queens
- 26. Hillau queens
- 29. Acids structurally related to amino acids
- 30. Rider of Rohan in Tolkien
- 31. Wet dirt

- 32. Russian city
- 33. Observed
- 36. Irate
- 37. Travelers need them
- 39. Musical composition
- 40. Auction
- 43. Form of "to be"
- 45. Women
- 47. Inspire with love
- 48. Think Japanese ankle sock
- 49. Appears
- 50. Old World lizard
- 52. The lead dancer: __ ballerina
- 53. Protein involved in motion
- 54. Rosalind Franklin
 - biographer
- 57. Popular 1920s style art ___
- 58. __ Blyton, children's author
- 59. Abnormal breathing
- 63. A place to rest



Level: Advanced

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!





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