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PONTE VEDRA



# Recorder

September 3, 2020

Volume 51, No. 44

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**‘Coastal Elites’ – Sarah Paulson gets emotional in new HBO special**

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## INSIDE Check it Out!

The Recorder's Entertainment EXTRA featuring TV listings, streaming information, puzzles and more!



Stay tuned to find out who won!

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**senior Recorder LIVING**

Assessing Your Assets  
Column: Estate planning is one of the most important things you can do for your family

## Senior Living

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# WELCOME BACK TO SCHOOLS



St. Johns County Schools are back in session for the first time since March. After the COVID-19 pandemic closed schools early, the new school year will look a little different as safety protocols have been put in place.

For more, go to page 5

Photos by Kassidy Lankford

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## Send us your news

We welcome submissions of photos, stories, columns and letters to the editor. Let us know what's happening. Email submissions to [pvrecorder@opcfla.com](mailto:pvrecorder@opcfla.com) or bring them by our office at **1102 A1A N., Unit 108, Ponte Vedra Beach**. Submissions may be published in the paper, on our website or on our social media platforms.

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Also, check out the **Ponte Vedra Recorder** channel on YouTube.

### EDITOR'S NOTES

**What's This?:** Because of the COVID-19 pandemic, The Recorder is suspending the "Do you know what this is?" contest until further notice.

**Pets of the Week:** Because the St. Johns County Pet Center is closed to walk-in traffic, The Recorder's Pets of the Week feature has been temporarily suspended. The feature will return once the Pet Center reopens.

### NOTES TO READERS

**Don't miss an issue:** In case social distancing requirements get more strict, we will email you your paper. Send your email address to [don@opcfla.com](mailto:don@opcfla.com).

**Weekly newsletter:** The Recorder offers a weekly newsletter every Monday that outlines some of the top stories of the week, as well as providing access to our E-Edition and Entertainment EXTRA! To get the newsletter emailed for free, email [don@opcfla.com](mailto:don@opcfla.com). We'll add you to the list.

### BRIEFS

#### SJC fiscal year 2021 budget and millage adoption public hearing set for Sept. 8

St. Johns County is hosting a public hearing regarding the fiscal year 2021 budget at 5:01 p.m. on Tuesday, Sept. 8, at the County Administration Building, 500 San Sebastian View.

A second hearing will occur on a future date to be determined.

The hearings are held in conjunction with the annual budget process, and the public is invited to attend and provide feedback on the proposed budget. In accordance with Executive Order 20-179, St. Johns County budget and millage public hearings do not require a quorum of the Board of County Commissioners to be present in person and may use telephonic and video conferencing.

In response, while all meetings remain open to the public to attend in person, all St. Johns County budget and millage hearings may also utilize telephone or video conferencing. The meetings can be viewed on GTV, Comcast cable channel 3, or online at [www.sjcfl.us/GTV](http://www.sjcfl.us/GTV). Members of the community who would like to participate in public comment during these meetings may do so by calling (904) 209-1265.

#### Labor Day Weekend shuttle service

The Mickler's Beachfront Park shuttle will transport beach visitors between Cornerstone

Park, 1046 A1A North, and Mickler's Beachfront Park, which provides direct access to the beach from 10 a.m.-4 p.m. Saturday, Sept. 5 through Monday, Sept. 7.

The pier shuttle will transport beach visitors between St. Augustine Beach City Hall, 2200 A1A South, and the Pier parking lot, which provides direct access to pier amenities and the beach. The shuttles will run every 20 minutes with the final shuttles departing at 4 p.m.

In accordance with CDC recommendations and Florida safety guidelines, shuttles have safety plans in place to protect drivers and passengers, including drivers wearing masks, buses sanitized frequently, social distancing protocols, capacity limited per trip and beach equipment stored in the rear cargo bay.

#### Vilano Beach driving access and Surfside Park parking lot closed beginning Sept. 8

Due to a beach renourishment project that will restore critically eroded shoreline and dunes, vehicular access to Vilano Beach will be restricted beginning Sept. 8.

In addition, the Surfside Park parking lot and pedestrian beach access point will be closed, and on-beach driving, horseback riding and commercial fishing will be restricted from Vilano Beach to Serenata Ocean Villas. The project is scheduled to be complete in early 2021. To follow the progress of this project, visit the U.S. Army Corps of Engineers Project webpage.

For more information, call (904) 209-0260.

### PUZZLE SOLUTIONS

C	A	V	E	S	A	F	T	O	G	L	E	
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8	1	4	3	7	6	9	2	5				
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7	4	9	6	1	8	2	5	3				
1	5	2	7	3	4	6	8	9				

Solutions correspond to last week's puzzles.



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FREE ESTIMATES



## Stay tuned for the Best of the Best of Ponte Vedra results!

Voting in the second annual Ponte Vedra Recorder Best of the Best of Ponte Vedra contest ended Monday, Aug. 31, and the results will appear in a special section of the Recorder on Oct. 8.



Winners will receive a free framed certificate and a Best of the Best of Ponte Vedra window cling. Each winner will also be listed in our Best of the Best of Ponte Vedra special section and on the winner's website.

Winners will be notified by Recorder staff after votes are counted.

To advertise in the Oct. 8 special section of the Recorder, contact your sales representative, email [susan@opcfra.com](mailto:susan@opcfra.com) or call (904) 686-3938.

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SAWGRASS PLAYERS CLUB | \$525,000

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JAX GOLF & CC | \$839,900

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PALENCIA | \$975,785

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# Reward for hit-and-run info increased to \$10K

The reward for information leading authorities to the driver in an unsolved hit-and-run case has been increased to \$10,000.

The victim, Bryan Bennett Wrigley, was struck and killed while riding his bicycle on April 13, 2011, on County Road 214. Wrigley was riding eastbound when a westbound vehicle hit him and then drove away from the scene.

Deputies responded to a 911 call at 3:21 p.m. but found Wrigley deceased.

Evidence at the scene indicated that the vehicle was a 2001-2003 blue Ford Ranger XLT pickup. A witness reported seeing a blue

extended-cab Ford Ranger pass by his home on C.R. 214 shortly after the crash with a bicycle tire stuck to the front of the truck.

The witness described the driver as a young man between the ages of 17 and 22. The identity of the driver and location of the pickup remain unknown.

Anyone with information on the identity of the driver or the location of the pickup is asked to call Crime Stoppers at 888-277-8477 or download the Crime Stoppers App (P3Tips) to text the information. The caller will be eligible for cash reward of up to \$10,000 if the tip leads to an arrest.



**Bryan Wrigley  
Victim**

**Hit and Run Vehicle**

**Suspect Composite**

Photo provided by St. Johns County Sheriff's Office

**SJSO is looking for a suspect in the hit-and-run death of Bryan Wrigley, who was killed while riding his bicycle April 13, 2011 on County Road 214.**

## St. Johns County Elections Office provides important information to voters about general election

The Aug. 18 Primary has been certified and the St. Johns County Election Office is preparing for the general election.

The elections office is sharing important information with voters to prepare for voting in November. The information especially important for voters who choose to vote by mail.

Here are some statistics from the August Primary:

- 49,820 vote by mail ballots were mailed for the Primary Election
- 27,158 were voted and returned
- 1,068 ballots were returned to the Elections Office as undeliverable mail
- \* 59 vote-by-mail ballots were not counted because voters did not sign their envelope
- \* 27 vote-by-mail ballots were not counted because voter's signature did not match their record
- 234 ballots were received late and could not be counted. Most of these ballots were mailed on election day or the day after the election
- Seven vote-by-mail ballots were turned in at the polls on Election Day and could not be counted

(\* – When a voter does not sign their ballot or their signature differs, the voter is contacted (phone, email and U.S. Mail) and given the opportunity to cure his or her signature until 5 p.m. on the second day following the election.)

Voters whose ballots were not counted will be receiving letters from the Elections Office letting them know, so they can take the appropriate action to ensure their ballot will count in future elections.

Vote by mail ballots for the general election will be mailed Sept. 24 to voters who have requested them. You can track your vote by mail ballot by visiting [www.votesjc.com](http://www.votesjc.com) and use My Voter Status.

Here are some tips for voters who choose to vote by mail. Follow these tips to ensure your ballot will count.



- Request, vote and return your ballot in time to be counted
  - Make sure your address is up to date with the elections office so your ballot can reach you
  - In order to count, vote by mail ballots must be received in the elections office no later than 7 p.m. on Election Day
  - Do not mail your ballot on Election Day as it will be late and will not count
  - Do not turn your voted ballot in at the polls; you can surrender it and vote in person
  - Sign your envelope
  - Update your signature if it has changed over the years
  - If you are contacted by elections office regarding your ballot, respond immediately; and the office will provide information on what you need to do cure your ballot so it will count
- You have several options for returning your ballot. You can use the postage paid return envelope to mail your ballot, use the 24-hour drop box located in front of the elections office or use one the secure drop boxes, which will be available Oct. 19-31 at all early voting locations during the hours of voting.

The deadline to register for the general election is Oct. 5.

For help with voter registration or election information, go to [www.votesjc.com](http://www.votesjc.com) or call (904) 823-2238.

## LETTER TO THE EDITOR

With the COVID-19 pandemic far from over, veterans of the United States and armed forces continue to suffer through the reality of higher costs for groceries, medicines and other necessities that have gone up due to a combination of public health restrictions and excessive lawsuits.

We served our country abroad, defending the freedoms we hold so dear, but COVID-19 has brought on another, unexpected war back home.

Businesses are allowed to reopen under approved public safety guidelines, but some remain closed for fear of being sued. Others face lawsuits that could put them out of business, and even more were forced to shut their doors for good. Not only does this put thousands out of work and slow our economic recovery, but supply shortages have led to higher prices, and veterans feel this pain more than most.

It is my hope that our lawmakers honor our sacrifice and help protect businesses so that prices go down and jobs are restored.

**Rev. Jarry Moore,**  
U.S. Navy veteran

## Candidate to offer free food truck meals to nursing assistants on Labor Day

Dave Rogers, a candidate for District 17 state representative, will offer free food truck meals to certified nursing assistants (CNAs) within his community on Labor Day to show appreciation for the work they do.

Rogers will host several food trucks to deliver quick, free lunches to CNAs in the Nocatee area from 11:30 a.m. to 1:30 p.m. in the parking lot at Starling at Nocatee, 885 Crosswater Parkway.

A campaign media release stated that CNAs perform a physically and emotionally demanding job, providing an intimate level of care for some of the most vulnerable citizens, often for low wages and limited benefits.

Rogers said he wanted to find a way to acknowledge their selflessness.

"For the past six months, we have asked CNAs and other essential healthcare workers to risk their lives to care for our loved ones in assisted living and nursing homes," he said in the media release. "I just want to show a token of my appreciation to them by hosting this grab-and-go lunch in my community on Labor Day."

Lunches will be provided free with proper ID but everyone is welcome to come out, purchase a lunch and show their support for the nursing assistants. Social distancing restrictions will be observed.

# School is back in session, with new rules

On Monday Aug. 31, St. Johns County students returned to school for the first time since before spring break. Although social distancing and mask requirements have been put into place, 75% of students in St. Johns County decided to return to the brick-and-mortar schooling experience with the rest opting for a virtual learning experience.



Photos by April Snyder

## VILLAGE ARTS HOSTS BOOK SIGNING



On Saturday Aug. 29, members of the Ponte Vedra community gathered together at the Village Arts Gallery to celebrate the release of Dr. Razvan Balotescu's first book, a collection of photos titled the St. Augustine Coffee Table Book. Balotescu (right) fell in love with the unique beauty of the nation's oldest city and released a photo book to share with the community.

Photos by Cassidy Lankford



## Neptune Beach book store plans virtual author event

Internationally bestselling author Scott Anderson will appear in the first-ever virtual author event conducted by The Bookmark, 220 First St., Neptune Beach.

Anderson will speak with NPR news correspondent Quil Lawrence at 8 p.m. Sept. 8, introducing his new book, "The Quiet Americans: Four CIA Spies at the Dawn of the Cold War — A Tragedy in Three Acts."

"The Quiet Americans" is described as a gripping history of the early years of the Cold War, the CIA's covert battles against Communism and the consequences that still affect America and the world today.

It chronicles the exploits of four spies — Michael Burke, a former football star fallen on hard times; Frank Wisner, the scion of a wealthy Southern family; Peter Sichel, a German Jew who escaped the Nazis; and Edward Lansdale, a brilliant ad executive. The four ran covert operations across the globe, trying to outwit the KGB in Berlin, parachuting commandos into Eastern Europe, plotting coups and directing wars against Communist insurgents in Asia.

The intertwined lives of these men began in a common purpose of defending freedom, but the ravages of the Cold War led them to different fates.

Anderson is the author of two novels and four works of nonfiction, including "Lawrence in Arabia," an international bestseller which was a finalist for the National Book Critics Circle Award and a New York Times Notable Book. A veteran war correspondent, he is a contributing writer for The New York Times Magazine.

To participate in the event, go to <https://www.crowdcast.io/e/an-evening-with-author> and reserve a spot.

For more information about this BookMark event, go to [bookmarkbeach.com](http://bookmarkbeach.com).

*Whether it's a bicycle or a 200-mph stock car, Scott Lagasse Jr. loves to race. The St. Augustine driver grew up in a racing family, following his father, two-time Sports Car Club of America champion Scott Lagasse. Now he's steering through a career that includes a full-time job in the Trans Am Racing Series, stock cars, racing trucks, dirt racers and sports cars. An avid bicyclist, Lagasse also is a colon cancer survivor and has championed the need for testing to each of his projects. Lagasse, who finished ninth in the NASCAR Truck Series road-course race on Aug. 16, also works tirelessly with the Florida Department of Transportation's "Alert Today Alive Tomorrow" campaign to promote bicycle and pedestrian safety. Lagasse slowed down long enough to talk about what's around the next turn.*

As told to Don Coble

**The finish at Daytona seemed improbable since your team, On Point Motorsports, had never posted a Top-10 finish. How did that feel?**

It was a fun deal. It was a small team. Literally, everyone on the team called me afterwards and thanked me and said that was a win for them. It was their first Top 10. It's really a great group of guys and gals that are underfunded. That was a proud one, for sure. Those are the ones you like the most — when you run better than you should run. I wanted more at the end, but they needed to get that truck through there without a scratch on it, so I was ultra conservative and let a couple guys go that were wheel-hopping and going to wreck us.

**Is there anything you don't like to drive?**

I love it and I enjoy the challenge of new things. I'm not a road-racer, certainly not a traditional road-racing trained. I'm doing that now and I'm loving it. I want to get back in a dirt car soon and go race that. You look at the guys you admire from a racing standpoint, it's the guys who are good at everything. There are very, very few of them that have won across all different types of racing. To me, that's a huge deal. There are different skill sets for each one. It's fun.

**Your love of cycling may have saved your life since one day you felt discomfort on the seat that turned out to be colon cancer. Explain how all that happened.**

I didn't even tell my mother about my surgery until the day I had it. It really wasn't like I was trying to keep it secret, but I figured everyone has their own little battles. I didn't realize it could be inspiring for other people. I was lucky. If I hadn't been cycling, I wouldn't have found it.

**You also are one of FDOT's leading advocates for cycling and pedestrian safety, especially the use of helmets. Since cycling has become so popular since the COVID-19 pandemic started, is there a greater concern to make sure riders are being properly fitted with helmets and bicycles?**

Absolutely. It's hard to keep cycling equipment on the shelves because it's become so popular. That's why it's so important to think about safety. I've been involved with "Alert Today Alive Tomorrow" for a long time. I've made hundreds of appearances for them because it's an important message. My



Photo provided by Scott Lagasse

goal is to get everyone to take a couple extra seconds to think about the safety of others on the road. In 2015, we started a 60-mile Champions Ride for Bicycle Safety during SpeedWeeks at Daytona. It's amazing because many of the drivers, NASCAR officials and celebrities participate, including Jimmie Johnson.

**You don't seem to stay with one racing discipline for a long time because you said you want to be able to compete at any level. Who are the drivers you respect as "complete" racers?**

Smoke (Tony Stewart). You look at Jimmie (Johnson). Those two always ring true to me because they've been great to me in my career. They're very real people that never forgot where they came from. You look at the different types of things they've won races in and what they're doing — Jimmie's going to go run IndyCars (next year). That's crazy at this point in his career. I know how serious he'll be about it. He'll be competitive. That's a major step. There's nothing simi-

lar between the two skill sets. You look at those kinds of guys. You look at (Kyle) Larson right now. From a driver's standpoint, he's winning everything. It doesn't matter what you put him in. Obviously, Kyle made a huge mistake. But from a driver's standpoint, he's incredible. I watched my dad make the transition from road-racing to oval tracks and do well. I've always said that's what I want to do. I want to go win in everything. It's hurt me in my career, I'm sure — going road-racing instead of staying in a NASCAR deal, or choosing dirt-racing instead of staying on the NASCAR side, but I'm loving life and pretty happy with what I've accomplished. I want to accomplish more, no doubt.

**So what's ahead for you?**

I don't know what's next. The road-race program right now with M1 chassis (in Trans Am) and all has really been a neat experience for me. I've not had to ever wear as many hats that I have to right now, whether it be helping young

kids run well. We're working with Sam Mayer in the GM Group's Driver's Edge to train their young drivers. Sam is a shoe. I enjoy that. I'm enjoying not traveling 35 or 40 weeks a year. I've got great thing with this road-racing program. It's a lot of fun and it's a great group of guys. It's people I want to be around all the time. It makes it fun and easy.

**How do you manage to fit it all in?**

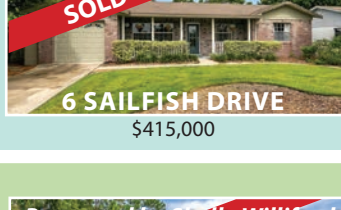
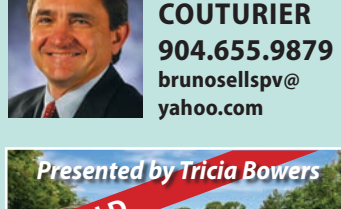
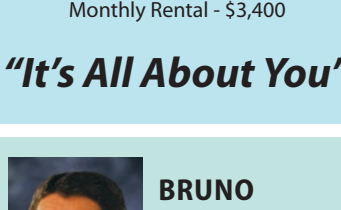
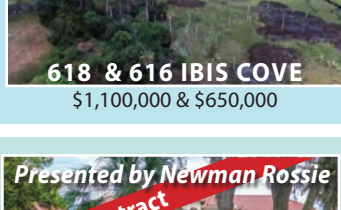
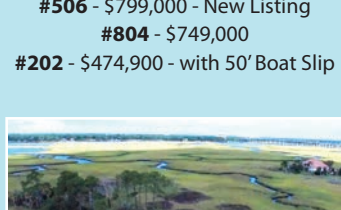
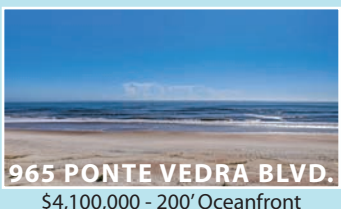
I get caught pretty thin at times. I'm very lucky to have the wife (Kelley) I have and the kids that I have. They're understanding. I tend to jump in with both feet when I get into something. I don't lose well, and surely not for long. My main focus is the road-racing program with M1 chassis, the Trans Am Series. It's got huge growth potential. It's a great model. I enjoy the heck out of it. I'll still do the NASCAR stuff. On Point wanted me to go race with them, and I did. There will be some more races, hopefully with them. Anything I can drive, I will.

# Your Real Estate Experts from the Beaches and Beyond

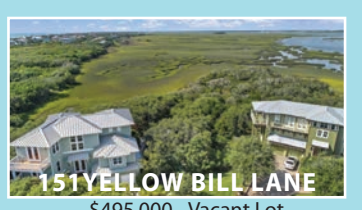
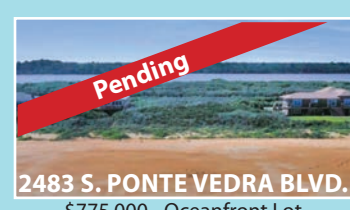


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All properties listed are in Ponte Vedra unless otherwise noted.

# Baptist Medical Center Jacksonville receives highest honor for Stroke Gold Plus hospitals

The American Heart Association and the American Stroke Association have designated Baptist Medical Center Jacksonville a Stroke Gold Plus Honor Roll Elite with Advanced Therapy Achievement Award hospital.

The designation recognizes high levels of adherence to treatment guidelines and dedication to improving outcomes for stroke patients.

Because the hospital previously

achieved Gold Plus status and met criteria for the new advanced therapy award level, it was selected to advance for continued excellence in stroke patient care, receiving the highest level of award possible for a Gold Plus hospital.

The award acknowledges Baptist Jacksonville's commitment to providing state-of-the-art stroke treatment according to nationally recognized, research-based guidelines.

"Baptist Health is dedicated to providing excellence in stroke care for our community," said hospital president Michael A. Mayo in a media release. "We are proud to receive national recognition for our Stroke & Cerebrovascular team's efforts."

Baptist Medical Center South, Baptist Medical Center Nassau and Baptist Medical Center Beaches were also recognized by the associations for their dedication to ensuring excellence in stroke care for all

patients, marking the first time all adult hospital campuses received a Silver level award or higher.

"We strive to be at the forefront of new technology, research, clinical trials and treatment advancements in stroke care," said Ricardo Hanel, neurosurgeon and co-medical director of the Baptist Stroke & Cerebrovascular Center. "Thanks to these developments, our patients experience better long-term outcomes."

## Sale of Home from the Heart to raise money for nonprofit

MasterCraft Builder Group has announced that it will build this year's Home from the Heart to raise money for Builders Care, a nonprofit organization that provides cost-effective construction to the elderly, the disabled and other nonprofits throughout Northeast Florida.

The home is being built on lot 42 in SilverLeaf, a family-friendly, master-planned community in St. Johns County, and is currently on the market for \$491,105.

"We've had more than 40 manufacturers, suppliers and tradespeople offer free supplies and reduced labor to help maximize the potential profit of the home," explained Chris Shee, founder and CEO of MasterCraft Builder Group. "When the home is sold, all of the proceeds will be donated directly to Builders Care. This is an incredibly important fundraiser for the organization as it provides a substantial portion of the annual budget."

Contributing and participating part-



Photo provided by Old City Public Relations

**The sale of this Home from the Heart, being built by MasterCraft Builder Group, will raise money to help a nonprofit provide cost-effective construction to those in need.**

ners include Construction Solutions & Supply, A/C Designs of St. Augustine, Florida Home Store, James Hardie Building Products and Seltzer's Appliances, in addition to dozens of other local, regional and national companies.

"Our trade partners and suppliers have been unbelievably supportive as they always are with our charitable endeavors," Shee said. "We'll hopefully reach a six-figure donation with this effort."

Founded by the Northeast Florida Builders Association in 2001, Builders Care is a faith-based nonprofit construction organization. It has renovated more

than 600 homes and provided \$6.5 million worth of construction at no charge to families throughout Northeast Florida.

Established in 2011, MasterCraft Builder Group is managed by brothers Chris Shee and Brad Shee. It has performed construction throughout St. Johns County and currently builds in Madeira, TrailMark, RiverTown, SilverLeaf, Shearwater and Villages of Valencia.

For information about MasterCraft Builders Group, go to [mastercraftbuildersgroup.com](http://mastercraftbuildersgroup.com). To learn more about Builders Care, go to [builderscare.org](http://builderscare.org).

## OBITUARIES

### Judith Mary (Reid) Duvall

Judith Mary (Reid) Duvall, 82, departed this earth on Monday, August 24, 2020, in Ponte Vedra Beach, Florida,



Judith Mary (Reid) Duvall

at the home of her daughter after a long illness. She is survived by her beloved and adoring husband of 62 years, Emerson Duvall; cherished son, Michael Anthony (Mary Rose); and three devoted daughters:

Suzanne Duvall, Michelle (Chris) Vendemia, and Christini (Jim) Bradley.

Judy was blessed with and took much delight in her 9 grandchildren and 2 great-grandchildren: Tony (Vera) Bozzi Jr., Michael A. Duvall Jr., Christopher (Vinnie) Vendemia, Lindsay Nolan, Camille Vendemia (Ian Sweet), Jesse Duvall, James Duvall, Ruth Duvall, Elizabeth Duvall, and great-grandsons, Alex and Liam Bozzi.

Judy was born in Washington, D.C. and grew up in Hyattsville, MD, Woodlawn Beach, MD and NW, Washington. She attended St. Martin's Catholic School and Suitland High.

Memorial services will be held at a later date in Florida and Maryland. Internment private.

Donations can be made in Judy's name to the Alzheimer's Association.

Please sign the online guestbook at [www.pontevedravally.com](http://www.pontevedravally.com)

### Carole J. Knoetgen

Carole J. Knoetgen, 85, of Ponte Vedra, Florida, died Aug. 29, 2020. Ponte Vedra Valley Funeral Home, Cremation Center and Cemetery – (904) 285-1130 – [www.pontevedravally.com](http://www.pontevedravally.com)

### Fred Walker

Fred Walker, 99, of Ponte Vedra Beach, Florida, died Aug. 27, 2020. Ponte Vedra Valley Funeral Home, Cremation Center and Cemetery – (904) 285-1130 – [www.pontevedravally.com](http://www.pontevedravally.com)

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The Recorder's garden columnist Kathy Esfahani, of Kathy's Creative Gardens & Nursery, shares her tips for growing gorgeous gardens in Northeast Florida.

## KATHY'S GARDENING GUIDE

"Wherever life plants you, bloom with grace."



**Kathy Esfahani**  
Columnist

### HEAT LOVING PLANTS

As the weather is surely heating up, what can we plant?

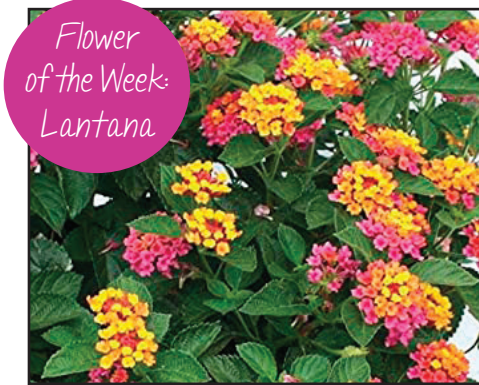
Summer can be a great time to plant heat-loving plants that will usually last into the fall. With June, July and August being the hottest and most humid months in our area, our choices are more limited in tough plants that can tolerate this heat.

### ANNUALS

Plants to consider that give you immediate impact and vibrant color are vinca, malapodium, angelonia, new Guinea impatiens, ornamental peppers, zinnia and more. Once established, all will do well with a little extra water during any dry stretches of summer.

### PERENNIALS

In addition to annuals, there are many perennials that provide color from spring to fall. These listed can be planted in the



Flower of the Week: Lantana

summer and last through the intense heat: lantana, blue daze, milkweed, pentas, variegated sun rose, sedum, mandevilla, gailardia, gazania, guara, mexican petunia, gold dust and more.

As always, please pay attention to the sun/shade requirements for each plant for optimal growth. Especially in summer, some plants may need partial shade but can handle the heat. With this in mind, you will be successful in your summer landscaping.

Happy Planting!

Email Kathy at [kathys.creative.gardens@gmail.com](mailto:kathys.creative.gardens@gmail.com) for any questions or gardening tips you would like to see in the future.

Kathy's Creative Gardens & Nursery is located at 196 N. Roscoe Blvd. in Ponte Vedra Beach. (904) 655-7373



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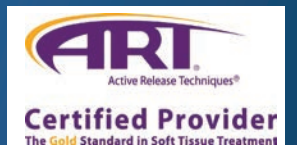
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Dr. Heinz is a Jacksonville native, former starting pitcher for The George Washington University Colonials, and currently resides in the Nocatee community.



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### Panoramic Guana-to-Ocean Views

With the Guana River to the west and the Atlantic Ocean to the east, this oceanfront home offers stunning panoramic views. Built with top engineering designs, this home thoughtfully merges comfort with sustainability. **7 bedrooms, 7.5 baths \$2,450,000**



### Oceanfront Oasis

Stunning 210 ft oceanfront estate on private gated 2-acre lot with 27 ft elevation. Impeccable, quality home with spectacular views throughout. This gated paradise offers unrivaled privacy in the heart of Ponte Vedra with easy access to all local amenities.

**5 bedrooms, 6 full / 2 half baths \$5,900,000**



### Classic Oceanfront Cottage

Ideally located between the 5 Diamond Ponte Vedra Inn & Club and The Lodge & Club, this home offers charming coastal curb appeal with a circular drive, 100 ft. of ocean frontage, no HOA, and room for a pool.

**5 bedrooms, 5.5 bathrooms \$4,500,000**



### Ideal Investment Condo

Ideally located within walking distance to restaurants, grocery shopping, TPC and much more. This unit offers vaulted ceilings, new AC unit, wood burning fireplace and nature preserve views. Ideally located in Grand Cay Villas in the heart of Ponte Vedra Beach.

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**ELIZABETH HUDGINS**

**TRAVEL SPOTLIGHT**

Ponte Vedra resident and tour guide Gary Sass shares his experiences from his recent journey hiking the Appalachian Trail in a five-part series to be featured in The Recorder. Here is Part 1.

**DAY 1 – MOUNT GREYLOCK (MA)**

All journeys start with a preliminary event; mine began with a pandemic. Daily workouts commenced due to the lack of regular work and a desire to maintain a routine. A month later and 10 pounds lighter, an idea emerged with my newfound stamina. It was time to hike the Appalachian National Scenic Trail (AT) or at least partake in the highlights of the trail given the cards I was holding and the gas I had accumulated in the tank. I was not thinking about taking a trip to a particular mountain destination with a group of like-minded hikers. This would be a journey, a personal experience, between the destinations while hiking mountains in five states.



**Gary Sass**  
Journey Columnist

workouts commenced due to the lack of regular work and a desire to maintain a routine. A month later and 10 pounds lighter, an idea emerged with my newfound stamina. It was time to hike the Appalachian National Scenic Trail (AT) or at least



**Day 1: The sign at the summit of Mount Greylock**



**Day 1: Veterans Memorial Tower**



**Day 1: View from the summit of Mount Grelock in the rain.**

.....  
The entire AT crosses 14 states from Mount Katahdin in Maine to Springer Mountain in Georgia. I planned to drive a car between the parking lots of each trailhead in order to summit a couple of mountains per day. My six-day journey had only a definitive start and a tentative end. The exact hiking trails on and off the AT in the middle would just present themselves in due time. I have to believe M. Scott Peck would approve of this type of creative road less travelled.

.....  
After I dropped off my daughter at college and my wife at the airport in Rhode Island, I was exactly 1,138 miles from home. A direct drive back to Florida would take 19 hours. Alternatively, my high altitude route would take almost a week while maintaining a safe social distance of course. The mountains were calling and the last time I checked, they were not very crowded. Mt. Greylock, the highest point in Massachusetts, was within striking distance on day one.

.....  
The bendy mountain roads that led to my initial destination seemed to go through the heartland of the North East. The properties were all kept up on this beautifully clean stretch of pavement. These are salt-of-the-earth people I thought to myself. Reading every sign closely, I became more focused when entering Adams, Massachusetts, at the foothills of my first mountain. Founded originally by Quakers, the town was named after Samuel Adams, a signer of the Declaration of Independence. I thought it kind of ironic that the religious town's namesake is also a popular brand of alcoholic beer.

.....  
I had to trust my online notes that described where Gould Road terminated at the trailhead next to a farm. There was no one around to confirm my research. It

was a bit unnerving to be the only car in the gravel parking lot, but no time to waste, it was already 4 p.m. Mount Greylock needed to be conquered in the next three hours. The risk of being lost in the dark would be best mitigated with a fast-paced start. The mountain's name is believed to be a tribute to a Native American Chief Gray Lock. Too bad he was not around to be my tour guide on this initial ascent. I looked diligently for a sign to indicate I was headed in the right direction.

.....  
About a quarter of a mile into the trail, I heard a sound from my childhood. It was a rumbling noise that seemed to echo from the top of the mountain through the ravines down to me. The legendary writer Washington Irving equated the sound of distant thunder in the Catskills to a game of ninepins played by elderly men. At this point in time, it only meant one thing to me, walk faster. About midway, I was thankful I brought my old rain poncho out of retirement. The loose fitting garment fit over top of my body and small backpack. As the rain increased, I became acutely aware of each and every step. Simple stepping stones were now slick rocks and the dirt turned to slippery mud. The hike up would now be harder, but the hike down could be a disaster if I was not careful.

.....  
Being on a time table of sorts, I discovered that my physical preparation paid off. The at-home cardio exercise program I developed in the early weeks of the COVID-19 pandemic consisted of jogging

around the neighborhood loop followed by old fashioned circuit training in the garage. My daily workouts kept me from needing any rest breaks on this steady mountain climb.

.....  
All was going well until I got above the tree line. Most serious storms I have witnessed in recent times are from the safety of my house glancing through a window pane. Now I was in the middle of what seemed to be a hurricane-strength storm with high winds and stinging rain. The cyclone around me blew out my poncho which became a swinging dress that was only tethered around my neck. The snaps on the sides of the flimsy plastic rain coat would not stay fixed. I did all I could just to hold the poncho to my body as I scrambled towards the lonely Veterans War Memorial Tower on the summit. Surely I could find some type of relief from the sideways, pelting rain. I walked around the unopened tower twice only to find a single patch of dry ground against the wall of the structure. All I could see through my wet eyeglasses was a panoramic sign about 10 feet away and a wall of grey in the distance. So much for that touted clear day view of 90 miles seeing five states from the 3,491 foot peak. Skip the scenic photo session; there was just enough time to snap a selfie to say I made it. My cell phone pictures would become my modern way of taking quick notes. I thought if I don't make it back alive, someone could at least piece together that I made it to the summit and include that in my eulogy.

You forget how fast the temperature can change in the mountains. The word hypothermia came to mind as a chill ran through my body. A dry shirt I carried in my backpack could make a difference. My knees worked as a clamp to hold my wet garb as I made a quick shirt change. Somehow I got my poncho back on despite the gusts of wind that penetrated my little refuge. Too bad I did not have a simple string to wrap around my waist to keep the poncho secure against my body. I should have learned that lesson from the first Rambo movie. Feeling dry now, the next task was to double-time it to the canopy of the tree line about 50 yards away. In the next 50 yards, my situation took a turn for the better. The sun was out and a beautiful vista could be seen through a clearing. I took a few seconds to enjoy the moment and wondered if I should go back to the top. The unpredictable weather conditions were a reason not to attempt a second run at the peak. Besides, any extra time I had would be better spent being more cautious on the slippery slope of the return trek.

.....  
As the weather broke, more landmarks were noticeable on the way down. I saw a weathered stone with an engraving along the path. I could barely read the quote from John Ruskin which said, "Mountains seem to have been built for the human race, as at once their schools and cathedrals." It seems this journey would be a learning experience.

.....  
Before long, I was back to the safety of the car and the warmth of dry clothes. Seeing no one on the trail, I felt a sense of freedom. There was time now to reflect on day one of my hiking adventure. My mind went right to the positive. This was definitely a sign. After surviving the worst possible summer conditions at high elevation, it could only get better. I had taken all that the mountain could throw at me and I was still smiling. The best of journeys always have a little adversity. The tone was set; the next five days would each be memorable in a different way.

*Look for Part 2 in an upcoming edition of the Ponte Vedra Recorder.*

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# senior LIVING Recorder

## Assessing Your Assets

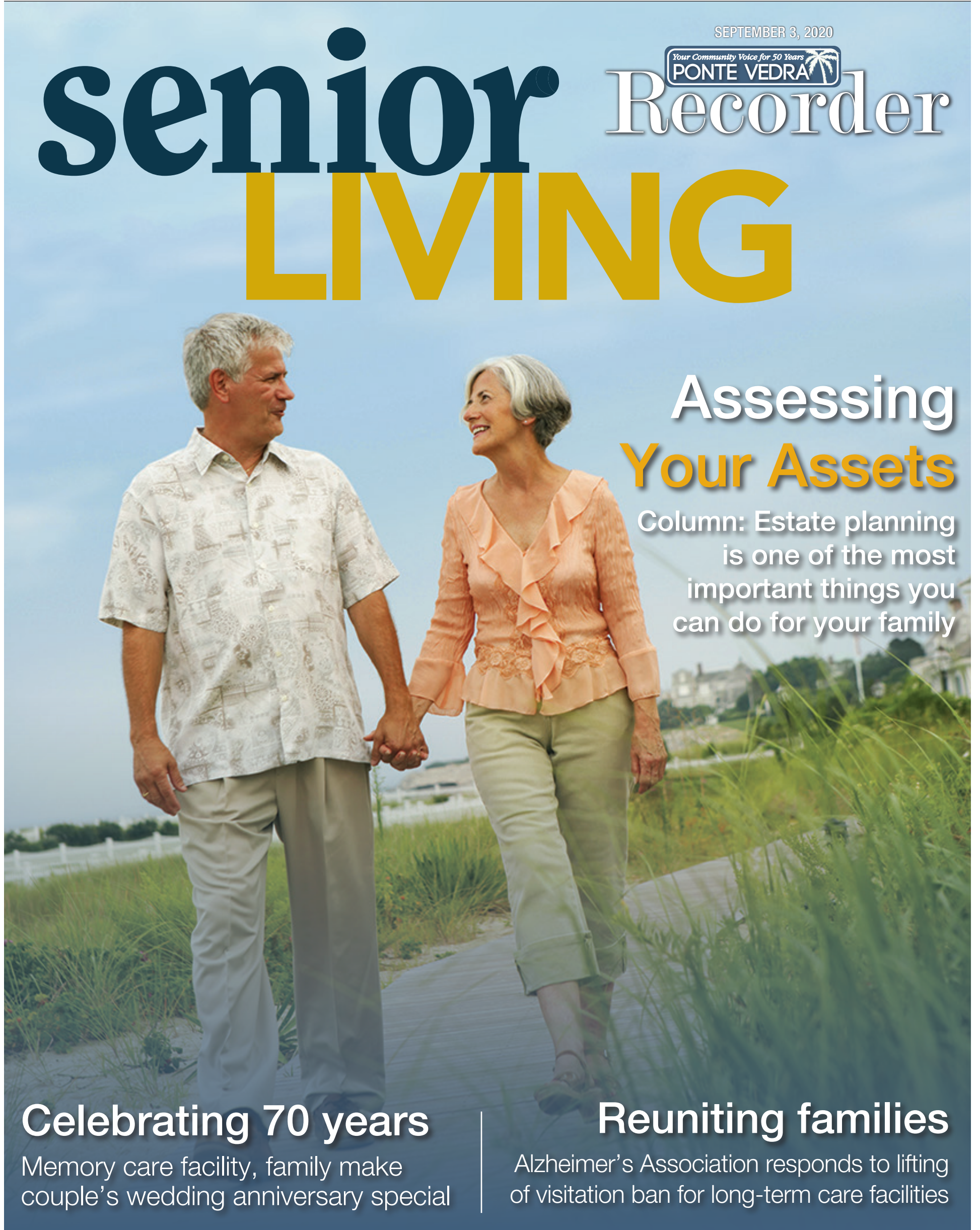
Column: Estate planning is one of the most important things you can do for your family

### Celebrating 70 years

Memory care facility, family make couple's wedding anniversary special

### Reuniting families

Alzheimer's Association responds to lifting of visitation ban for long-term care facilities



# Local couple celebrates 70th anniversary

Ponte Vedra Gardens helps family make moment special amid COVID-19 restrictions

By Paris Moulden

Seventy years ago, Harry Truman was president, the “Peanuts” comic strip made its debut “Annie Get Your Gun” was released at the movies, a loaf of bread was around 13 cents and the Cleveland Browns were NFL champions.

That was also when Robert and Nancy Hostetler got married and began a loving relationship for the ages. Last Friday, Aug. 28, Robert and Nancy celebrated their 70th wedding anniversary at Ponte Vedra Gardens Alzheimer’s Special Care Center.

Celebrations of any kind are nearly impossible at the moment because of the COVID-19 pandemic, but especially in assisted-living and memory care facilities where residents are among the most vulnerable. So, the Hostetlers’ daughter, Barbara Marlette, wanted to make it special for the couple as best as she could, and discussed her options with Ponte Vedra Gardens program director Jennifer McCormick.

“Jennifer made it really wonderful,” Marlette said. “When we brought it up to her, she just ran with it, and went above and beyond. ... She made it better than we could have expected given the situation we’re in.”

Marlette also decided a special dinner was in order for such a celebration. She decided to treat her parents to a home-cooked meal, because she said that is what they would prefer. She made her mom’s homemade meatloaf, mashed potatoes and gravy and noodles — a family tradition. For dessert, she made a pumpkin pie for her dad and a cherry dessert for her mom.

“They just wanted old-fashioned home cooking,” she said.

The Hostetlers have seen a lot in their 70 years of marriage. Both Barbara and Robert grew up in Ohio. Barbara was raised in Canton as one of six children. Robert was born the youngest of six children, and grew up on a farm in Beach City, Ohio, where he left school in the 10th grade to run the farm while his older brothers were away at war.

Their relationship initially began as pen pals while Robert was in the Army, stationed in Alaska. After he left the Army, the couple married on Aug. 28, 1950.

“We had to wait until payday to get married,” Nancy told McCormick. “That is how we chose the date.”

The couple made their home in Massillon, Ohio, and adopted three children,



Photos provided by Ponte Vedra Gardens Alzheimer’s Special Care Center

**Nancy and Robert Hostetler celebrated their 70th wedding anniversary on Aug. 28 at Ponte Vedra Gardens. Their family was able to share in their celebration through the visiting window.**



**The Hostetlers enjoyed a home-cooked meal by their daughter while watching a video of their lives throughout the years.**

including Barbara, who was adopted after their 4-year-old adopted daughter Becky passed away.

They worked hard, but always put family first, Marlette said. They would take the kids camping all across the country during the summer. Robert worked for Republic Steel for 41 years and, after retiring, the couple decided to buy a mobile home in a retirement village in Sebring, Florida, where they would spend the winters.

In 2018, they moved to the Ponte Vedra Beach area to live with Barbara and her family. But, in 2019, Nancy was involved in a car accident and needed emergency surgery for a brain bleed. During recovery, she was unable to talk and struggled to understand others.

“My dad would just sit and hold her hand and tell her it was going to be OK,” Marlette said. “He was lost without her.”

While Nancy was recovering from surgery, Robert was hospitalized with congestive heart failure, and both required rehab and were placed in separate memory care centers while they recovered. They were then able to make the move to the same assisted-living facility and were thriving. Then COVID hit. Marlette said the isolation of the situation took its toll on her parents, and they were moved into Ponte Vedra Gardens to receive more specialized care.

“We’ve always said from Day 1 when everything happened, we weren’t going to separate them,” Marlette said.

So, when it was time to celebrate their



**The Hostetlers were married on Aug. 28, 1950, and have shared many special experiences throughout their 70 years of marriage.**

major milestone, Marlette wanted to make it as special as possible. Through a window at the facility, the Hostetlers got to visit with their daughter and her husband, their two grandchildren, with their spouses, and their five great-grandchildren.

During their special dinner, they were also treated to a video of their lives through the years. Marlette spent weeks going through family photos and making the video, starting with her parents’ childhoods to the time they met and throughout their lives growing their family and up through where they are now.

“I can tell you I cried a lot making that movie,” Marlette said. “I told my husband I probably cried more in the last few weeks while making that movie than I have in the last five years.”

Even though 70 years may seem like a long time to some, it’s apparently just a drop in the bucket for the Hostetlers. McCormick said when the couple was congratulated on their milestone anniversary by Ponte Vedra Gardens staff, Robert responded with, “and we are still just kids!”

McCormick said the love and care between the Hostetlers is evident as soon as you meet them. And their never-ending love story sends a message of hope and happiness during these difficult times.

“With all the bad news going on, it’s nice to know you can still make the best of things and get a bright spot in there somewhere,” Marlette said.

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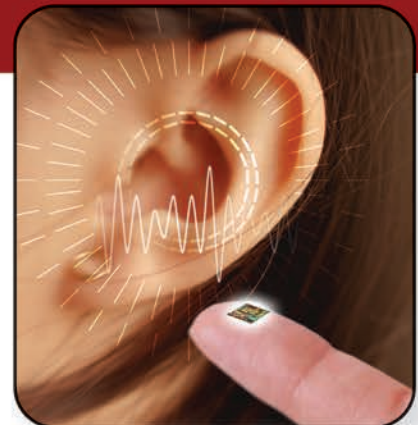
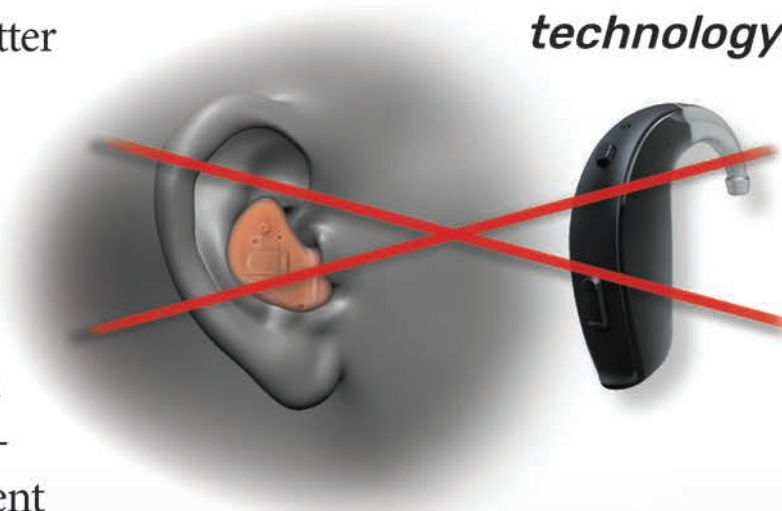


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They also make it a point to stay connected to us, communicating with us all the time about how she is doing or to set up a video chat with her. The strongest endorsement of The Palms I can give comes from my father. He trusted The Palms with the most precious person in his life. Just before he died, he asked me to keep my mother at The Palms because “it is her home and she is happy there” even though her children are not local and he would not be with her. And, he was right. It is her home and she is very happy.”

- Mary Frances M.

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Photos provided by Home Ability Store

The Home Ability Store team gathers around the selection of lift chairs, which help people with declining body strength to stand from a sitting position. From left are Scott Weikel, Abby Horner and Diane Fryfield. Seated: Steve Horner.

## Home Ability Store helps people attain mobility, accessibility and independence

By Shaun Ryan

When one is healthy and active, it's natural to forget that time and the aging process inevitably redefine a person's lifestyle. And, as with every stage of life, the golden years pose their own unique challenges.

Prudence suggests planning for a future in which the current level of physical activity is curtailed. One might ask: What products can help me to remain safely in my own home?

It's a question that a local business answers on a daily basis.

“We are blessed with technology that allows us to enhance our lives and not have to succumb to the limitations that come with aging,” said Steve Horner, CEO of the Home Ability Store in Jacksonville.

Horner said the store strives to empower its customers and serve the community by offering solutions for mobility, accessibility and comfort in and out of the home.

“It's about giving people independence,” he added, “giving people the ability to live their lives to the fullest despite limitations that come up.”

The business offers a range of solutions to meet a variety of needs, but at the heart of these is the need to prevent falls.

“Falls are the single most significant threat to individuals who are aging in their home,” Horner said.

Home Ability Store specializes in six areas, including stair lifts, which help residents get up and down stairs, and lift chairs — medical-grade recliners that help lift people into a standing position. The latter is especially beneficial to people who no longer have the strength to rise from a regular recliner.

The business also carries ramps for both the interior and exterior of the home.

“For somebody who is wheelchair-bound, a 3-inch threshold can be insurmountable,” Horner said.

There are scooters and electric wheelchairs and auto lifts, which allow people



Home Ability Store carries products that help make bathrooms safer. According to CEO Steve Horner, 81% of all falls happen in the bathroom.

to store those scooters and wheelchairs inside or mount them on the outside of their vehicle.

“It's remarkable when you see someone who's been mobility-impaired and the freedom that they feel when they get their first mobility aid,” Horner said.

Of course, the business carries a number of walking aids, as well as products that will help ensure that the bathroom remains safe. According to Horner, 81% of all falls happen in the bathroom.

Horner said he has seen more older people deciding to remain in their homes following the onset of COVID-19. It's a decision that necessitates consideration of safety issues and how best to address them.

In addition to selling products that enhance mobility and accessibility, Home Ability Store also rents. This is particularly beneficial to those who might have a short-term need. It's also helpful for younger people who would like to set up a ramp or other product in anticipation of a visit by an older relative.

Horner is enthusiastic about the mission of Home Ability Store.

“There's no better feeling of satisfaction than helping people solve their issues,” he said.



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# Alzheimer's Association responds to lifting of visitation ban for Florida's long-term care facilities

Following Gov. Ron DeSantis' announcement Tuesday, Sept. 1, that he will sign an executive order lifting restrictions on long-term care facility visits, the Alzheimer's Association issued a statement saying the move is an incredible first step in reuniting families.

As a member of the governor's Task Force for the Safe and Limited Reopening of Long Term Care Communities, Michelle Branham, vice president of public policy for the Florida region of the Alzheimer's Association, believes this is a critical thing to get right.

"It was important to do our very best to find the safest and quickest path to visitation," Branham said. "We came to a great consensus in a short period of time, and believe that doing this incrementally and adjusting as needed is the way to go. Many times throughout the process, we called our recommendations a 'living document' that could hopefully build on success and continue to provide enhanced visitation in the weeks and months to come. We applaud the governor's swift turnaround on this task force and look forward to reuniting Florida families."

The Task Force recommendations include:

- Designation for Essential Care Providers (each resident can have up to two ECPs that can visit at different times). ECPs will require the same level of safety and PPE as staff. ECPs can do daily tasks including dressing, feeding and providing emotional support. All ECPs will have to wear PPE and be screened before the visit. ECPs must bring their own PPE
- Designation for Compassionate Caregiver (provide care at end of life and major disruptions to life) will follow the same protocols as ECPs. There can be up to two CCs designated per resident.
- All visits will be by appointment only — scheduling will be crucial for success.
- General visitation: Two visitors will be allowed at a time with a total of five visitors per day. All general visitors will need to adhere to all CDC protocols and maintain social distance, as well as wear PPE.
- No minors will be allowed to visit at this time; but this will be evaluated again soon.

VISITATION continues on Page 17

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# Christ Episcopal Church at Serenata Beach joins COA as Caring Partner

Christ Episcopal Church at Serenata Beach, a second campus of Christ Episcopal Church of Ponte Vedra, has joined St. Johns County Council on Aging as a Caring Partner sponsor. Caring Partners provide financial resources to support specific COA programs.

The congregation has committed to being the Caring Partner this year for Care Connection, a program dedicated to helping older adults maintain their independence and remain in their homes for as long as possible.

The program fills needs for which there are no current funding sources. It offers services that help seniors stay in their homes when circumstances might otherwise compel them to enter assisted living. These services include minor home repairs, basic lawn care, meals for pets, assistive devices, wheelchair ramp construction and energy assistance. The program is 100% reliant upon donations and almost entirely volunteer-run.

The church has dedicated its outreach to serving St. Johns County and, in 2002, COA became their first outreach partner.

“The congregation recognized immediately the importance of the work being done by COA, but also the quality and breadth of services COA provides,” said parish executive Steve Harrison. “The primary church in Ponte Vedra soon took notice of the good works their new little church was doing and began looking for ways to strengthen the relationship with COA even further.”

Harrison also serves on COA’s board of directors.

The congregation’s involvement grew from support for COA’s original golf tournament to supporting and volunteering for many programs, including support for River House, COA’s original off-site memory programs, and, ultimately, support for COA’s Ponte



Photo provided by St. Johns County Council on Aging

**The congregation of Christ Episcopal Church at Serenata Beach gather to worship. The church has joined St. Johns County Council on Aging as a Caring Partner sponsor.**

Vedra Memory Care Center.

“Working with COA for over 18 years, Christ Church is proud of our relationship and is honored to partner with COA in making such a positive impact for seniors in our county,” Harrison said.

“The program makes a huge difference in people’s lives,” said Ponte Vedra resident Ed Olsen, who has been leading volunteer crews that have been building wheelchair ramps with Care Connection for six years. “One minute they are powerless to leave or enter their homes, and several hours later they are enjoying their yard and their independence again. That freedom and dignity are priceless.”

“The Care Connection program is a wonderful example of the ways generous supporters and caring volunteers in our community can come together to be there for our elders when they need our help,” said Becky Yanni, COA’s executive director. “We are deeply grateful to the congregation at Christ Episcopal for their extremely steadfast support over the years.”

## Visitation

Continued from 16

■ No facility can allow visits until 14 days have passed without a confirmed, new coronavirus case from a resident or staff member unless the visitor is an “essential care” member.

In addition to these task force recommendations, the Alzheimer’s Association previously released guidance to long-term care settings that include enhancing testing in long-term care community settings; implementing necessary reporting; developing protocols to respond to a rise in cases; and ensuring all facilities have the necessary equipment (i.e. PPE).

“Our leadership in Florida has always been at the forefront of protecting our seniors and most vulnerable,” Branham said. “The nature of the pandemic and the need to implement appropriate social distancing has been hard for everyone, especially for families who have been unable to visit their loved ones in nursing homes and assisted living facilities. Implementing these important recommendations from the Task Force, and reviewing continued measures, such as point of care testing, will protect this vulnerable population, continue to enhance more visitation with family members and safeguard the professionals dedicated to caring for them every day.”

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# Vicar's Landing is keeping members safe — and entertained

**By Tess Crosby**

Director of marketing, Vicar's Landing

Vicar's Landing management and staff have continued to be busy keeping its members active and safe.

It all starts with dining services, which has been creating special events, such as opening up the ice cream truck and celebrating National Milk Chocolate Day with a chocolate giveaway. Who doesn't love chocolate?

The in-house television channel has been broadcasting events daily, including travelogues produced by one of Vicar's Landing's members, exercise classes, movies and plays which are directed by members and starring members.

Next up is a talent show, which is showcasing not only members, but staff as well.

We have also been able to start back up some live classes and groups. The Legacy Writing Group is back to writing its memoirs, the Book Club is enjoying reconnecting and, for the more active members, exercise and line-dancing classes are taking place.

To show support of the newest fashion (a.k.a. the mask), Vicar's Landing is currently accepting submissions from its members to see who has the most creative mask. The winning member will be treated to a special surprise with the neighbors in the atrium of their building.

And we would be surprised if you have not seen our staff at Publix, shopping for our members on Thursdays and Fridays or our wellness nurse at CVS on Wednesdays or Fridays. More than 500 items on each of those two days are purchased and then distributed to members according to their list. "Safety first" is our motto and nothing proves that more than the shopping effort.

We continue to appreciate all the members are doing to keep our community safe and healthy!



Residents of Vicar's Landing get an ice cream delivery.



Vicar's Landing members keep cool with a water aerobics class.



Vicar's Landing members enjoy a socially distanced concert.



Photos provided by Vicar's Landing  
Residents of Vicar's Landing show their appreciation to the staff.



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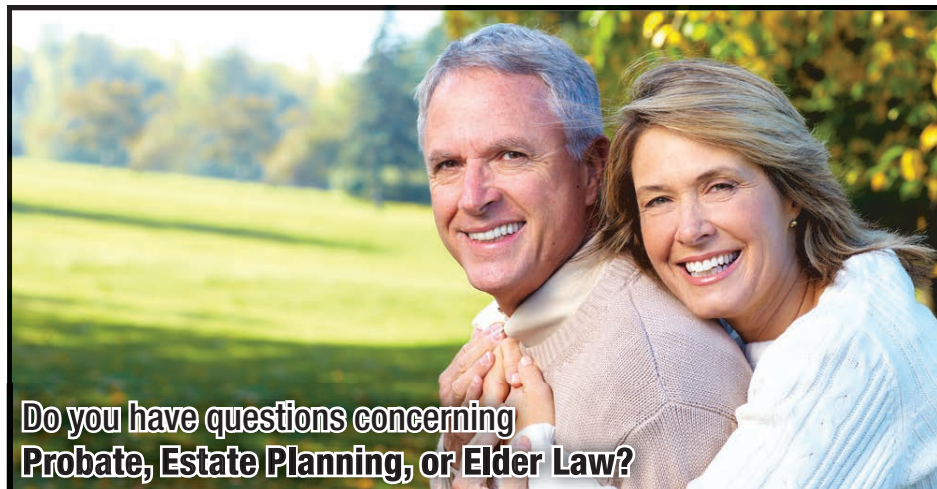
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# Perhaps the most important narrative I ever wrote



**Harry Pappas**  
Columnist

The answer I suspect for most of us is obvious and recent surveys suggest that family is undoubtedly the most valuable element in people's lives. One would presume that if families were of highest importance in our lives, we would seize all the necessary actions to ensure that our family is protected in case of our death or disability.

In other words, it is our money, so let us do everything we can to ensure a smooth and quick way to get our money to our heirs as quickly as possible upon our death while keeping the IRS, courts and attorneys out of our wallet.

One the most important gifts I could give my kids was a well thought out plan for my estate. Regrettably, I find a remarkable amount of folks that have done little or no estate planning. The most significant deterrent to properly plan for one's estate is the thief of time (procrastination). Sometimes known as the dark corner of planning, estate planning is difficult because it is challenging to become motivated to plan for our demise or special needs. I urge you not to make the blunder that I have witnessed repeatedly where one ignores this very important matter, only to pay a dear price for postponement.

Please forgive me for being so direct but unless you take actions to protect your treasures, there is an excellent chance that your estate will be burdened with needless delays, attorney fees, probate costs, and tax obligations. We have been told that if we do nothing for our estate plan, we should, at least, create a will. That is sound advice, but in many situations, a will is simply not enough. I believe the worst thing that we can do for our family is absolutely nothing, and that is what most people do.

I encourage you to take a few minutes to address the following questions. The more, "No" responses, the more that you should talk with your advisor or attorney. I think this is a good time to give an important disclaimer; although I am Certified Estate and Trust Specialist (CES) by the Institute of Business and Finance (IBF) and have significant experience in estate planning issues, I am not an attorney and cannot provide legal advice. I advocate seeking the assistance of a competent estate-planning attorney to address your legal issues.

### ESTATE PLAN CHECKLIST

- | Yes                      | No                       |   |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have a will?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have a living trust?   |
| <input type="checkbox"/> | <input type="checkbox"/> | If you have a living trust, are your assets titled in the name of the living trust? |

- | Yes                      | No                       |  |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | Do you know the difference between a living trust and a will?                    |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have a durable power of attorney?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you understand the cost and process of probate?                               |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you own any assets in your own name without beneficiary designation?          |
| <input type="checkbox"/> | <input type="checkbox"/> | Are you aware of a simple and often overlooked technique to avoid probate?       |
| <input type="checkbox"/> | <input type="checkbox"/> | Are you familiar with the probate avoidance strategy for real estate.            |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have assets titled in your name along with family members or friends?     |
| <input type="checkbox"/> | <input type="checkbox"/> | Have you named a contingent beneficiary on your IRA, annuity and life insurance. |

Is your head spinning? I get it! This estate planning stuff can get a bit overwhelming, but it needs to be addressed if you care about your family. I urge you not to do what so many others do when they get a bit overwhelmed; they put the matter on the preverbal back burner, waiting for...who knows what! Please do not make this mistake! Just get'er done!

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# 55-plus community experiences life to the fullest at Nocatee's newest independent living facility

By Cassidy Lankford

Whether it's instructor-led exercise classes, engaging art sessions or an afternoon trip to the St. Augustine Alligator Farm, the residents of Starling at Nocatee Independent Living are never without the opportunity to live life to the fullest. On Sep. 6, the facility will celebrate the first year anniversary of opening its doors.

"In our first year, over 100 residents moved in to the facility," said Kerri Dufour, executive director at Starling.

The facility provides the 55+ community with luxury apartment-style living with 140 separate apartments all under one roof. The facility offers both one-and- two-bed-room options with a wide variety of amenities available to its residents.

"We have transportation, a dine-in bistro, a heated resort-style swimming pool, and an exercise room for our residents," Dufour said, adding that their residents are also offered a number of options for engaging activities like art and exercise classes, live music, day trips and more. This is just the start of the many benefits that come with life at Starling.

Unlike similar facilities, Starling does not require the astronomical buy-in fee that many independent and assisted living communities have. Residents pay a reasonable monthly rent just as they would at a traditional apartment complex, allowing individuals to live in the facility without the outlandish financial responsibility that sometimes comes along with life at independent living facilities.



Photo provided by Starling at Nocatee

"Monthly rent at Starling is all-inclusive," Dufour said. "It covers the cost of the living space, WiFi, cable, meals and more," Dufour said.

Once residents outgrow independent living and require more around-the-clock care, residents have the option to relocate to the assisted living or memory care facilities that are located close to Starling, Dufour said.

In addition to the standard care provided to its residents, the facility has also ramped up its attentiveness to protect both residents and employees from COVID-19. Because the facility is an independent living-style establishment, residents are welcome to have family and

friends visit, but guests are required to wear masks and go through a COVID-19 screening upon entering the building.

"I am happy to say that our independent living facility has been able to remain 100% COVID-free," Dufour said.

She credits this accomplishment to the fact that not only is the facility very careful about screening guests, their employees have been making smart, safe lifestyle choices on and off the clock to ensure the health and safety of the residents.

Although Starling is still a new facility, it has grown leaps and bounds in its first year. With the help of its dedicated staff and its growing community of residents, Dufour envisions a very bright future for Starling. The Nocatee community has been on a consistent upward growth trend, with businesses and communities heightening everywhere.

"With a lot of families relocating to the Nocatee area from all over the country, Starling is a great option because it allows people to bring mom and dad or their grandparents with them when they move," Dufour said. "Families have the feeling of security that their loved ones are being well cared for,"

Dufour also said the facility does daily check-ins on its residents and takes care of the day-to-day household tasks many individuals struggle to carry out as they age.

For more information about Starling at Nocatee, go to [www.starlingliving.com](http://www.starlingliving.com) or call at (904) 596-0880.



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Our Seniors Guide offers all these choices plus free benefits for seniors, entertainment options and much more. It's a way to sit down comfortably in your own home and look through all the offerings available to seniors at every stage of aging. Relax while you browse through and you might find some interesting opportunities you'd like to further explore. **The book is FREE.**

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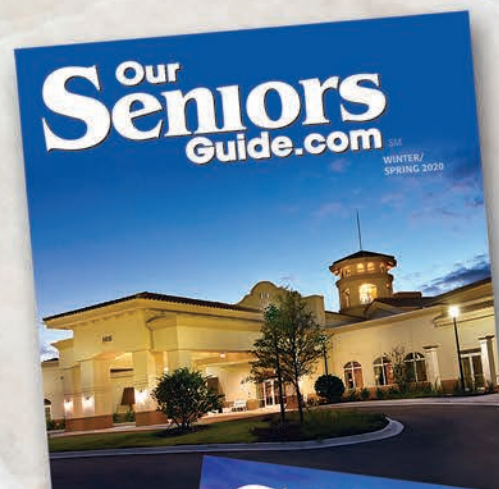
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*Kathy G. Jacksonville Beach, FL*



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# Business Weekly

PAGE 23 THURSDAY, SEPTEMBER 3, 2020

Northrup Grumman VP discusses company's projects at EDC virtual presentation

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## NOCATEE HAPPENINGS



Dr. Ryan Heinz (center), with St. Johns County Chamber members, family and staff members, cuts the ribbon to celebrate the opening of True Wellness Health Center in the Nocatee Town Center on Thursday, Aug. 27.

## New wellness center brings chiropractic care to Nocatee community

By Kassidy Lankford

For Dr. Ryan Heinz, chiropractic care is more than a few cracks to the back. When patients visit Heinz's new Nocatee practice, they receive far more than the five-minute, spine-snapping visit that many chiroprac-

tors offer. Nestled in the heart of the Nocatee Town Center, True Wellness Health Center is a haven for patients of all ages to receive a customized treatment plan for their health needs.

"I'm not selling my patients on



Photos by Susan Griffin

True Wellness Health Center provides treats to visitors during its ribbon-cutting grand opening event.

WELLNESS continues on Page 24

## Make investments work as hard as you do



Kasrten Jacobson  
Columnist

Labor Day is almost here. Of course, this year, the holiday may have a different impact, given the employment-related stress and disruptions stemming from the coronavirus. Yet, it's good to recognize the value of work and its importance in achieving your life's goals. But if you're going to retire comfortably and reach your other

financial objectives, you also need to invest — and your investments need to work as hard as you do.

To help make this happen, you need to know why you're investing in the first place. You likely have a variety of financial goals, including short-term ones — a long vacation, a new car — and long-term ones, such as a comfortable retirement and the desire to leave a legacy for your family. But you can't invest in the same way for these goals. For example, when you're planning an overseas vacation for next year, you want a certain amount of money to be available at a certain time, so you'll want an investment that offers a high degree of preservation of principal. However, when you're saving for a retirement that may be decades away, you need to consider investments that offer growth potential. In any case, you can help your investments work efficiently for you by matching them with specific goals.

You also want to keep your investments "on the job." In the immediate aftermath of large market downturns, such as we saw earlier this year, many people simply stopped investing altogether. But taking a "time out" can be costly. For one thing, when you stop adding to your investment portfolio, you reduce its growth potential. Furthermore, if

JACOBSON continues on Page 24

## New tap room specializes in uniquely flavored craft beer

By Shaun Ryan

Nocatee Town Center continues to grow with the addition of Really Good Beer Stop, a craft beer tap room at 295 Pine Lakes Drive, suites C3 and C4.

The business, which opened Aug. 20, follows the success of the first Really Good Beer Stop, which opened five years

ago in Jacksonville Beach.

Owners Angie and Tim Brack envision it as a place where people can stop in with their laptops and have a pint as they wind down at the end of the day. It's a place where patrons might meet for business or just spend a relaxing evening with friends.

CRAFT continues on Page 26



Really Good Beer Stop, a craft beer tap room, has opened in Nocatee Town Center. Pictured are Bob Van Scoy (from left), co-owner Angie Brack and Riley McKelvie. Not pictured: co-owner Tim Brack.

Photo by Shaun Ryan

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*Legal Eagle* section, educating on the legal issues related to beach living!

## Wellness

Continued from 23

30-visit plan packages," said Heinz, explaining that chiropractic care is not one size fits all. "I come up with a treatment plan that is customized to the specific condition of the patient and we re-evaluate the progress at each visit."

Heinz said he likes to spend at least 30 minutes per visit (or even longer at the initial appointment) with patients to get a deeper feel for their health needs.

Heinz is a Jacksonville native who recently went back to his roots after living in New Jersey. As a college baseball player, Heinz suffered a stress fracture in his lower spine and was unable to find any relief. Medical professionals couldn't help him and he was at a loss, his quality of life and his sanity dwindling. It wasn't until he visited a chiropractor while he was at home on Christmas break that he finally found relief. It was then that Heinz decided to leave his baseball days in the rearview mirror and pursue a higher education in chiropractic care.

Heinz practiced in the New Jersey area for a number of years, but when he felt it was time to open his own clinic he knew that returning to his roots was his best option. Around Thanksgiving 2019, Heinz packed his bags and began his journey to opening his chiropractic clinic in Nocatee.

"I love working with the Nocatee and Ponte Vedra community because everyone is so welcoming," Heinz said, noting New Jersey lacked the 'at-home' community feeling that is so prominently felt in the Ponte Vedra area. "I've gained a lot of business through word-of-mouth, just because patients are sharing their experience here with the rest of the community."

Heinz shared his love for the Ponte Vedra area and said even the art on the walls of his clinic all comes from local Ponte

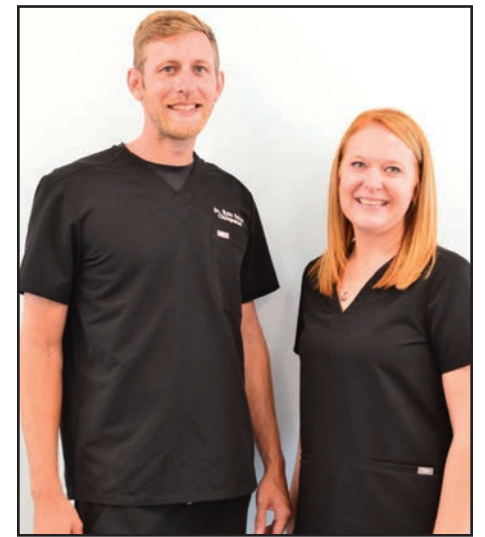


Photo by Cassidy Lankford

**Dr. Ryan Heinz, owner of True Wellness Health Center in Nocatee, with office manager Jennifer McLendon.**

Vedra and Jacksonville artists.

"Ponte Vedra has a very special, family feel," added Jennifer McLendon, office manager at True Wellness Health Center

For Heinz, providing chiropractic care to the Ponte Vedra community is not just a job — it is a passion. Helping patients improve their quality of life and reduce their pain is something that brings Heinz great joy.

Although True Wellness Health Center has only been open since June 2020, its business is already growing. It celebrated its opening with a ribbon cutting on Thursday, Aug. 27, and the team is excited to continue its journey providing care to the Ponte Vedra community.

"The most rewarding part of my job is watching a patient come in with pain and seeing their smile come back by the time they leave," Heinz said.

True Wellness Health Center is open Mondays from 10 a.m.-6 p.m., Tuesday-Thursday from 9 a.m.-6 p.m. and Fridays from 9 a.m.-noon. For inquiries and appointments, call (904) 626-2681.

## Jacobson

Continued from 23

you're on the investment sidelines, you might miss out on the next market rally — and the biggest gains often happen in the early stages of these rallies.

Not everyone simply abandons the investment world following a downturn, though — some people just put more money into cash and cash equivalent accounts. And while it's a good idea to have enough cash on hand for emergencies (about three to six months' worth of living expenses), you may not want to have cash as the major component of your portfolio. Cash simply doesn't "work" hard enough in the sense of providing you with long-term growth opportunities.

So, whether the markets are moving up, down or sideways, it's important to keep investing and keep a reasonable percentage of growth-oriented investments in your portfolio, with the exact amount depending on your goals, risk tolerance and time horizon. These investments will fluctuate

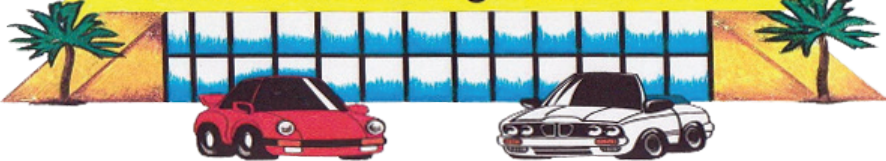
in value, but the longer you hold them, the more the impact of short-term drops may be reduced, especially if you maintain a diversified portfolio, although diversification, by itself, can't ensure a profit or protect against loss in a declining market.

Finally, here's one other step you can take to help keep your investments working hard: Check up on them periodically. Review your portfolio at least once a year to determine if it's still helping you make progress toward your goals. If it seems like you're falling behind, you may need to adjust your investment mix.

You've probably discovered that hard work pays off for you in just about every endeavor — so why should it be any different with investing? Keeping your investments working diligently can help boost your chances of achieving your important financial goals.

**Karsten L. Jacobson, CFP, is a financial advisor for Edward Jones at 2208 Sawgrass Village Drive in Ponte Vedra Beach. (904) 285-9898. This article was written by Edward Jones for use by your local Edward Jones financial advisor.**

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# Northrop Grumman VP addresses Economic Development Council

By Shaun Ryan

After Randy Bradley took the helm at the local Northrop Grumman facility in January, he quickly found himself working to keep things running despite challenges posed by the COVID-19 pandemic.

As it turned out, there were no layoffs at the St. Augustine Aircraft Integration Center of Excellence where Bradley is vice president and site leader.

“I would say our company did a great job with getting me prepared,” he said in a presentation Friday, Aug. 28, during a virtual meeting of the Economic Development Council hosted by the St. Johns County Chamber of Commerce.

Indeed, before Bradley moved into his new position he had time to develop under his predecessor and came to the job with an extensive background, two things that no doubt contributed to his effectiveness.

The former U.S. Marine earned his degree at Southern Illinois University and joined Northrop Aircraft in 1990, four years before it merged with Grumman

Aerospace. After a five-year stint with the Honeywell Corp., he returned to Northrop Grumman and worked in various capacities leading up to his current role.

He has been involved with a number of aircraft and spacecraft projects, including environmental control systems for the International Space Station. In 2013, he came to St. Augustine where he has been involved in work on the Navy’s E-2D Advanced Hawkeye and other projects.

“If you look at the movie ‘Top Gun’ you will see a lot of Grumman products,” Bradley said. “A lot of those products were modified here in St. Augustine.”

The E-2D is the main focus at the local facility, which is one of the largest employers in the county. It’s a big job. The aircraft has tens of thousands of parts. In fact, during the process of assembling one, workers drill more than a million holes.

“The E2 is probably one of the longest running programs that the Navy has,” Bradley said. “It started in the ‘50s and here we are in 2020 still talking about E-2Ds. That goes to show the evolution and



Photo provided by St. Johns County Chamber of Commerce

**Northrop Grumman Vice President Randy Bradley (center) spoke during a virtual Economic Development Council meeting hosted by the St. Johns County Chamber of Commerce on Aug. 28. With Bradley are SJC Chamber President and CEO Isabelle Renault (left) and Mike Kopphenhauer, chairman of the Chamber’s Economic Development Council.**

the growth of that product and the need for it.”

Another project the local plant has been working on is modifying aircraft to add air-refueling, which extends flying time.

“We’re very excited about that,” said Bradley.

This spring, the facility will start building conformal fuel tanks for the F-18, which extend the endurance of the aircraft.

Bradley said Northrop Grumman has a great relationship with the community and is involved with STEM classes at local high schools.

On a more personal note, he enjoys living in the Nation’s Oldest City.

“My wife and I really make this a home now,” he said. “We’ve gotten to love this community. We talk about it all the time. This is where we want to settle down — in St. Augustine.”



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# Craft

Continued from 23

And while those things might also be said of a traditional bar, the ambience here is quite different. The large windows permit sunlight to fill the space. The interior decor is bright and cheerful. The bar itself is really more of a counter.

Indeed, the Bracks compare it to a coffee shop — one that serves beer rather than coffee.

But the real attraction here is ever-changing selection of craft beers, each one unique.

“We pride ourselves on a lot of great beers that are not in other locations,” said Angie Brack.

On a wall over the 20 taps is a menu board showing which beers are available at any given time. The selections constantly rotate; each time one comes off the board, it is replaced by another. Patrons will make new discoveries every time they visit.

“There are so many great craft beers that we want people to try and experience as many as possible,” Brack said.

In fact, since opening their first tap room, the Bracks have served thousands of different beers.

Really Good Beer Stop serves pilsners and lagers, but much more. There are New England IPAs, which have a juicier flavor, and sours brewed in styles that were nearly lost to history — styles like gose and Berliner weisse. There are seasonal beers, and one-time brews that are gone once they are sold out.

Resident beer expert Riley McKelvie compared the production of craft beers to the period before Prohibition when every town had three or four breweries in it.

For much of the 20th century, however, the selection was limited to that of larger manufacturers, but in recent years there has been a growing interest in craft beers.

“I think for a long time, people just got sick of the classic American adjunct lager,” said McKelvie. “They were looking



Photo by Shaun Ryan

**In addition to the many craft beers that Really Good Beer Stop has on tap, the new business sells bottled and canned varieties.**

for something else with a bit more flavor.” Each selection on tap at Really Good Beer Stop is listed with its percentage of alcohol, and in a commitment to responsible consumption those with more alcohol are served in smaller glasses.

The onset of COVID-19 has posed challenges to the tap room, as it has for every other business.

Because bars have been ordered closed, the Bracks decided to serve some food, which allowed them to open under a restaurant license. In addition, they are partnering with nearby restaurants.

“We’ll have like a night where we focus on M Shack, and people can order on their app and we’ll run and get it for them,” Angie Brack said, adding that patrons are welcome to bring their food into the tap room, as well.

The business also offers pick-up service and 32-oz. crowlers — tap beer canned on sight for portability. There’s also a large selection of canned and bottled craft beers for purchase.

Really Good Beer Stop in Nocatee is open noon to 10 p.m. Monday-Wednesday, noon to 11 p.m. Thursday and noon to midnight Friday and Saturday. Patrons can find the current selection of craft beers on the Untappd app.

A grand opening is scheduled for Labor Day weekend.

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## ACROSS

- 1. Domenikos Theotokopoulos, a.k.a. El Greco
- 6. Org. striving to attain "the highest possible level of health" for all
- 9. Faculty member, for short
- 13. Rekindled
- 14. Western omelet ingredient
- 15. Trailblazer Daniel
- 16. Not a minor
- 17. Spud bud
- 18. Nonsense
- 19. \*Colorful autumn attraction
- 21. \*Popular fall decor item, pl.
- 23. Leave speechless
- 24. Thailand money
- 25. Belfry dweller
- 28. Dwarf buffalo
- 30. Eccentric one
- 35. 2nd word in fairytale?
- 37. Overnight lodgings
- 39. Marilyn Monroe's given name
- 40. Between a trot and a gallop
- 41. \*Pressed beverage
- 43. \_\_\_\_ Blanc
- 44. Type of saltwater fish
- 46. Like a broken horse
- 47. Larger-than-life
- 48. Sound setup
- 50. "CliffsNotes," e.g.
- 52. Fifth note
- 53. Genuflecting joint
- 55. "\_\_\_\_ he drove out of sight..."
- 57. \*Back to what?
- 60. \*\_\_\_\_ weather
- 64. Cell dweller
- 65. Tokyo, pre-1868
- 67. Out of the way
- 68. Be needy
- 69. Sticky stuff
- 70. Conical dwelling
- 71. Heidi's shoe
- 72. Asian capital
- 73. Move furtively
- 12. Funny Poehler's funny friend
- 15. Himalayan kingdom
- 20. Relating to genes
- 22. Unit of electrical resistance
- 24. Boo-boo wrap
- 25. \*Next spring's flowers
- 26. To the left, on a boat
- 27. Safari hat
- 29. Fonzie: "Sit \_\_\_\_!"
- 31. Top of the Capitol
- 32. \*Fall bounty
- 33. Prenatal test, for short
- 34. \*Pumpkin garden
- 36. Not far
- 38. Big rig
- 42. Stitch again
- 45. Vietnam river
- 49. Lennon's widow
- 51. \*Celebrant's bagful
- 54. Lament for the dead
- 56. Artist's tripod
- 57. Exchange for money
- 58. Greek muse of history
- 59. Before Kong
- 60. Any time now
- 61. #70 Across, alt. sp.
- 62. Biblical paradise
- 63. Stink to high heaven
- 64. Broadband access overseer
- 66. Unidentified John
- 66. Garden cultivator

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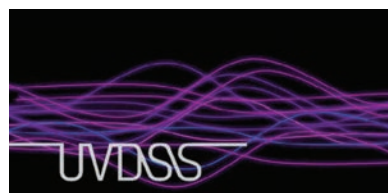
# HOME TOUR

**Saturday September 12th, 2020**  
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Ponte Vedra  
*NewsLine*



Photo provided by Cultural Center at Ponte Vedra Beach

Mark Macco homes in the Beaches area will be featured in the Cultural Center at Ponte Vedra Beach 10 annual Home Tour on Sept. 12.

## Cultural Center at Ponte Vedra Beach to host 10th annual Home Tour event

By Kassidy Lankford

On Saturday, Sept. 12, the Cultural Center at Ponte Vedra Beach will hold its 10th annual Home Tour, an event which gives the Ponte Vedra community the opportunity to experience a tour of three of beautiful Ponte Vedra homes designed by architect Mark Macco.

These luxury homes were designed with unparalleled vision and creativity, crafted with the finest materials resulting in gorgeous abodes that would take the breath away from anyone.

“We are so grateful to all of the homeowners for opening their homes to this event,” said Donna Guzzo, president and executive director of the Ponte Vedra Cultural Center. “Without them, there would be no Home Tour,” she went on,

explaining that the generosity of these homeowners is what makes this artistic educative experience possible for the people of Ponte Vedra.

Although COVID-19 has resulted in the cancellation of many local events, the Cultural Center was determined not to allow the pandemic to put a damper on their plans. The Cultural Center has made adjustments and carefully planned the event to ensure the safety of all volunteers and attendees.

“Upon arrival, guests will be required to wear masks and will go through a wellness check to make sure they are healthy,” Guzzo said, explaining that attendees will go through a COVID-19 screening prior to the event.

Once guests have passed the wellness check, they will receive a wristband to

wear so that volunteers and fellow event-goers will be assured they are healthy.

“We will have volunteers with sanitization kits to make sure everything is clean,” said Guzzo, who went on to say the health and safety of the homeowners, volunteers and guests is their top priority. In addition to being split into two separate timeframes — 10 a.m.-1 p.m. and 1 p.m.-4 p.m. — the event will be capped at around 150 guests to ensure proper safety and social distancing.

Once guests pass the wellness check, they will be placed on luxury coaches and will be taken to the three featured homes on the tour to experience the beauty of Mark Macco architecture.

For more information about the Home Tour or to purchase tickets to the event, go to [www.ccpbv.org/events](http://www.ccpbv.org/events).

## Sing Out Loud performances virtual this year

By Shaun Ryan

St. Augustine’s fifth annual Sing Out Loud Festival will indeed go on this month, but due to challenges posed by the coronavirus pandemic, the performances will be presented virtually.

The much-anticipated festival is a free, multi-date, multi-venue event that features hundreds of local, regional and national acts. A wide range of musical styles is always represented, and the festival brings thousands of visitors to the county.

This year, performances will not be limited to the immediate St. Augustine area. Starting Sept. 12, Sing Out Loud: Virtual Sessions will take place each Saturday and Sunday, showcasing live-stream performances from several locations throughout St. Johns County.

To watch the live stream or for more information, go to [singoutloudfestival.com](http://singoutloudfestival.com).

Here’s a look at the schedule:

### SEPT. 12, 3-8 p.m.

**Live from Nocatee Preserve and the St. Augustine Amphitheatre Back Deck:** The Wild Shiners (Americana), Katie Grace Helow (folk rock), Jackie Stranger (Americana), Fond Kiser (folk) and Davis Loose & The Loose Cannons (classic country).

### SEPT. 13, 3-5 p.m.

**Live from Ponte Vedra Concert Hall:** Florida Chamber Music Project (chamber music) and Sam Pacetti (folk).

### SEPT. 19, 3-7 p.m.

**Live from Alpine Groves Park:** Quarter Roy (indie rock), Ghost Tropic (indie rock), Folk is People (folk) and Aslyn & The Naysayers (Southern folk).

### SEPT. 20, 1-7 p.m.

#### Gamble Rogers Showcase

**Live from Beluthahatchee Park:** The Skinny (folk), Jamie DeFrates (folk), John Dickie and The Collapsible B (Americana), Michael Jordan (Americana), Carpetbaggers (Americana) and Obscure Brothers (Americana).

### SEPT. 26, 3-9 p.m.

**Live from The Backyard Stage and Front Porch at The St. Augustine Amphitheatre:** Stephen Pigman (funk), Chillula (pop), Ramona (funk), The Young Step (rock), Mudtown (hillbilly punk) and Reels (post-punk/surf).

### SEPT. 27, noon-3:30 p.m.

**Live from Faver-Dykes and Fort Mose state parks:** Half My Home (pop punk/rock), Emma Moseley (singer/songwriter), Ellen Moseley (Americana), 86hope (indie rock) and Mental Boy (punk).

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# Sports

THURSDAY, SEPTEMBER 3, 2020 · PAGE 29

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## Jaguars hope addition by subtraction will result in victories

Team prepares for season opener after cutting ties with 4 top players

By Don Coble

Jacksonville Jaguars fans were disappointed when the team traded away All Pro cornerback A.J. Bouye to the Denver Broncos in March.

They were saddened when five-time All Pro defensive end Calais Campbell was traded to Baltimore a week later.

The loss of defensive end Yannick Ngakoue, another All Pro player, last month was expected since he refused to sign a \$17.8 million tender offer and vowed to skip the season if he wasn't traded. The Jaguars eventually relented, send him to Minnesota for a couple of future draft picks.

But when running back Leonard Fournette was put on waivers less than 24 hours later, everyone, including several players, now wonders when the fire sale will end.

More important, will the deals make Jacksonville better and lead to more victories?

Head coach Doug Marrone, whose job is dependent on a considerable improvement compared to last year's 6-10 record, believes the change in culture will offset the loss of talent.

"Well, I think what happened was, I tried to challenge everyone; coaches, scouts," Marrone said as the Jaguars continued their preparation for a Sept. 13 regular season opener against Indianapolis at TIAA Bank Field. "That we were going to look at what we've been doing now in practice, not knowing how the players are going to come back, not knowing really who we had, not really having a lot of experience to them. We were going to have to make good decisions on what's best for the team.

"Let's not go ahead and say because someone did something before, maybe we'll get the same type of results, or



Photo provided by the Jacksonville Jaguars

**Running back Leonard Fournette was waived by the Jaguars on Monday after four years with the team.**

things [of that nature]. Really just trying to take the team and put the best team together for what we've seen in our practices."

Fournette, the fourth overall pick of the 2017 Draft. While he's shown tremendous bursts of excellence, including a 225-yard effort at Denver last year, he's also been troublesome. After reporting to camp overweight, he missed seven games in 2018 with an assortment of injuries, and he was suspended for another game after he threw of punch at Buffalo Bills defender Shaq Lawson in a bench-clearing brawl.

Fournette went unclaimed on waivers to officially become a free agent. On Tuesday, he filed a grievance against the Jaguars to recoup more than \$4 million that was voided by his release.

Jacksonville now plans to use a committee of running backs, Marrone said.

Chris Thompson, a fifth-round pick by Washington in

2019, is the only running back with significant experience. Devin Ozigbo, Ryquell Armstead and rookies James Robinson and Nathan Cottrell are expected to share the load.

"Committee is a word that people use out there," the coach said. "I think that we have guys that have really good skill sets, that have really had good camps. I think now we're able to hone in on that and really work on that. I think you see that was a big reason why. When people say, 'Why now?' I think that's why so now we can hone that in, get that thing right for us going into this year."

Added with the departures of quarterback Blake Bortles and cornerback Jalen Ramsey, the newest wave to trades and releases continues a trend to move further away from the Tom Coughlin era.

Coughlin helped build the team that made it to the 2017 AFC Championship against New England, but his brand of discipline was counterproductive to modern-day athletes.

Although owner Shad Khan fired Coughlin, who was serving as the vice president of football operations, in the final month of the 2019 season.

Marrone said since his job depends on wins, he's more concerned about finding a winning formula that worrying about the past.

"I can't really right or really jump in and tell someone else what to think or what to do. I think the best way to probably approach it, with obviously not having thought a lot about being able to present this, is I would like to just tell you what my role is," he said. "My role is [to] put the best guys I can together as a team, same way I've been talking to the players since the beginning. At the end of the day, it's going to fall to me [on] who those best players are and how we want to play and what we want to do.

"So at the end of the day, I've got to be able to field a team that I believe gives us the best chance to win and that's what my role is and that's what I'm doing."

Even if he has to do it without four of his top players.

## Stetson's Chris Williard wins JAGA Match Play Championship

Medalist from qualifier holds off Jacksonville's Jacob Posze 2 and 1

Stetson University graduate student Chris Williard won five matches over three days to take home the 10th JAGA Match Play Championship on Sunday, Aug. 30 at Queen's Harbour Yacht and Country Club.

Williard bested Jacob Posze of Jacksonville, 2 and 1, in the finals.

In the consolation match, Underwood Cup participant and Palencia Club food and beverage director Aaron Badz was also a 2-and-1 winner over Evan Thompson of Oakland and Florida Tech.

Williard got off to a slow start in the championship match with two bogeys in his first six holes but was stellar the rest of the way hitting lots of fairways and greens,

resulting in one birdie, one bogey and nine pars. The 22-year-old Columbus, Ohio native played the 17 holes 1-over par.

Posze jumped out to a 1-up lead with a par at No. 1, but would not win another hole in the next 10 and found himself 5 down standing on the 12th tee. The LSU graduate and former First Tee employee clawed his way to two down with four to play after making birdies on 12, 13 and 14.

The comeback stalled at the par-3 15th when Posze missed the green to the right and failed to get up and down while his opponent was making par. A sloppy bogey by Williard on 16 kept the match alive. It concluded on the 17th when Williard and Posze both made routine pars on the par 5.

The championship match at the 6,915-yard Queen's Harbour layout was set up on Saturday afternoon when Williard dispatched Badz, 4 and 3, and Posze clipped Thompson 1 up.

In his march to the finale, Williard also defeated Maxwell Telford of St. Augustine (2 up), Michael Del Rocco of Jacksonville (1 up) and Nate Moseby of Jacksonville (4 and 3). At the Aug. 23 qualifier at Palencia, Williard posted the only sub-par round (2-under 70) to lead the pack by two shots.

Posze shot 73 in the qualifier (tied for fifth) and was seeded eighth. He took down Zach Lee of Jacksonville Beach (6 and 5), Ty Capps of Palm Coast (2 and 1) and Gonzalo Miguelarena of St. Augustine (5 and 4) in his first three matches.

The top finishers will be awarded World Amateur Golf Ranking points. The JAGA Match Play is one of three JAGA tournaments recognized by the WAGR, joined by the First Coast Amateur and the Jacksonville Amateur.

For complete tournament results, go to [jax.bluegolf.com](http://jax.bluegolf.com) or [www.jaxareagolf.org](http://www.jaxareagolf.org).

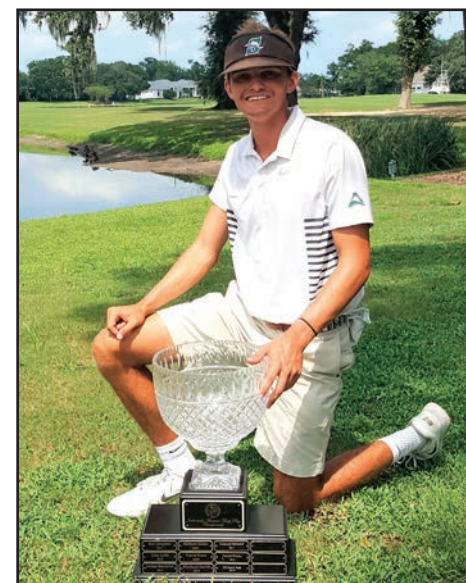


Photo provided by JAGA

**Chris Williard poses with the trophy after winning the 10th JAGA Match Play Championship last Sunday at Queen's Harbor Country Club.**

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