Spring 2023

# Your guide to springtime festivals on the Gulicoast <br> Your guide to springtime festighs on the Cult Coast 

## BEACHIN



## contents



Champions
Get off the beaten path
with an exploration of
record-breaking trees
just out of sight in our woods


Lifeguard
Learn about the 7 Things Gulf Shores Beach Rescue lifeguard Kallie Byrd carries on the job.


## Festivals

Looking for fun festivals to fill your spring schedule? We've got your guide from Mobile to Pensacola.

Recycling Local restaurants partner with Alabama Coastal Foundation to recycle shells and rebuild oyster beds.


## Art

D Swiger turns trash into art that makes a statement.




THINK YOU FOUND A CHAMPION TREE?
This is the criteria for trees to be considered eligible:
Have a single woody stem at least $\mathbf{1 3}$ feet tall
-Have a circumference of at least $\mathbf{1 6}$ inches when measured 4.5 feet above the ground

- Not poisonous or hazardous

Be native or naturalized in Alabama
Not considered invasive by the Alabama Invasive Plant Council

Baldwin County is currently home to 11 champion trees, a number that wiggles and
shimmies like the branches of its honorees because the trees are remeasured every four years. Baldwin County-based botanist Fred Nation, who has discovered dozens of champion trees, said many are enormous because they are so far from humans, and thus, difficult to visit and measure.
For some, words like big and huge are far too trivial. Ancient. Mammoth. Not the stuff of legends. They are legend.
People talk about spotting them as they've glimpsed Bigfoot. In Northern
Baldwin County's Bayou Jessamine, whose Baldwin County's Bayou Jessamine, whose
waters, depending on the season, flood or barely move with the help of the Tensaw River, is hidden what was deemed the state's champion bald cypress. It reigns in a forest that was depleted by loggers several times since settlers arrived in Baldwin County. By sheer luck or by crews too tired to down the already massive trunk, the tree survived. Hikes to it usually require a kayak and a lot of luck.
In 2020, a Clarke County cypress bested its numbers, measuring 8 feet more than the Baldwin tree's 27 feet across. An easier hike can be made to the bluff
oak in Daphne, whose trunk reaches 97 feet Oak in Daphne, whose trunk reaches 97 feet
into the sky and whose branches stretch into the sky and whose branches stretch
57 feet across. It casts a heavy shadow upon the gravestones at Village Point Park Preserve.
It is not to be confused with nearby Jackson's Oak whose legend claims Gen Andrew Jackson stood atop one of its branches to speak to his troops. While that live oak, decked out with a photo-worthy observation deck that is a staple of tourist
stops, measures 28 feet around, a Mobile County live oak reigns supreme at 2 feet
wider.
Still a visit to the Daphne park is to walk among giants. Nation said more trees have been nominated in that spot than in any in the state.
But with nearly 23 million acres covering $70 \%$ of the state, Nation said he is certain bigger trees are out there. And not necessarily in the deepest, darkest part of the woods.
"A oo of these trees are in places where people were living for a long time and cared
for them. They didn't cut them down, and the trees had reduced competition," Nation said. found?
"I am," Nation said, "quite certain of it."

There are 11 champion trees in Baldwin
County, a record currently only bested
by Madison County, home to Huntsville in the northern most reaches of the state, where 14 champion trees reside.

The champion trees in Baldwin County:
Atlantic White Cedar, 103 -inch circumference, 81 feet tail 32-foot crown spread

Cottonwood Swamp, 81-inch circumference, 69 feet tall. 44-foot crown spread

Water Hickory 152-inch circumference, 136 feet tall. 78 -foot crown spread

Dahoon Holly, 58-inch
circumference, 55 feet tall.
37-foot crown spread
Bay Loblolly, 59-inch
circumference, 74 feet tall, 29-foot crown spread

Mayhaw, 31-inch circumference, 24
feet tall, 29-foot crown spread
Bluff Oak, 101-inch circumference, 97 feet tall, 57 -foot crown spread

Myrtle Oak, 30-inch circumference,
35 feet tall, 29-foot crown spread
Sand Live Oak, 222-inch circumference, 59 feet tall. 101-foot crown spread

Longleaf Pine, 103-inch circumference, 94 feet tall. 57 foot crown spread

Southern Red Gedar, 175-inch circumference, 59 feet tall, 76 -foot crown spread



THINGS
Words by Kara Mautz Photos by Micah Green
with
KALLIE BYRD, GULF SHORES BEACH RESCUE

Kallie Byrd, a full time lifeguard with Gulf Shores Beach Rescue, certainly has a lot on her hands come spring and summer.
Unlike lifeguarding at a pool, the Gulf brings additional challenges, such as strong tides, wildilife and waves: making beach lifeguarding no easy feat.
Byrd was most recently named Lifeguard of the Month in August 2022 and will soon begin her fourth year as a lifeguard for the City of Gulf Shores.
Here are 7 Things Kallie Byrd carries with her to keep beach visitors safe amid the harsh elements and dangers of the water.


## 1. rescue can

According to Byrd. although the "rescue can" (floation device) may seem like an obvious choice

## it is the on the beach.

"Every lifeguard on duty is required to have one at all times, and for good reason," Byrd said "Without the assistance of flotation, a swimmer cannot be rescued. In case you swim out too far or encounter currents that are too strong to fight, yo can rely on your floatation and signal to shore for help."

## 2. Fins

Byrd said she is often asked by patrons of the
beach how lifeguards are able to swim so fast during a rescue. The answer is quite simple: they utilize rubber fins to combat the surf and complet save safely.
"Though we have rigorous physical standards to become a beach lifeguard, none of us are
superhuman swimmers," Byrd said. "The next most important piece of equipment are our hard and quickly reach avictim"

## 3. rado

How do lifeguards communicate through strong winds and loud speakers? Byrd said they mostly rely on the use of radios to stayalert on the beach -Wilh on the use of ress and hos to stay of a button the bervone on the beach will hear the information you need to pass along." Byrd said. "Lifeguards are trained not only to communicate with each other but also to communicate with the fire department. police department and 911 dispatch.
Byrd urges anyone who may need help to not hesitate to go to a lifeguard tower. Even if they can't directly help they can call someone who can

## 4. medical box

 "Every lifeguard is a trained Emergency MedicaResponder (EMR), able to provide basic lifesaving
for any number of medical emergencies on the beach. In every manned tower is a small orange for a situation as simple as a small cit or as serio as a drowning or a cardiac arrest." Byrd said.
However, there are also patrol units who monito the beach, consisting of older, more experienced
lifeguards who hold additional medical licenses.
Most carry Basic EMT, Advanced EMT or even Paramedic licenses," Byrd said. "Patrols will carry alarger medical box and are able to further assess the patient as well as provide more care than a tower."

## 5. water

Summer days can be painfully lons
and excruciatingly hot as any residy and excruciatingly hot, as any resider of southern Alabama could tell you. water with her during her shift, as waternion is key to a hea thy and "Dehydration is the higgest performe life
we will face out here on the beach. It takes about three days to die from dehydration, however you feel the effects of dehydration as soon as you do - not replenish water expelled from your body" Byr said. "A hydrated lifeguard is focused and able to said. "A hydrated lifeguard is focused and able to
physically exert themselves at a moment's notice." physicaly exert themselves at a moment's notice."
Byrd said it is also essential for the general pubiic to stay hydrated, as overheating is one of the most common calls the lifeguards encounter.

It is frequently due to people not drinking enough water. Patrols and Beach Rangers will have coolers with water to replenish lifeguards water supply as well a s people of the general public who need it," Byrd saic
6. SUN PROTECTION

Getting a sunburn is painful, uncomfortable and taxing on the body, as many beachgoers hav experienced, which is why Byrd makes sure to carry sunscreen with her dail) vour skinto the point that a melanoma is deve
and you have to see a doctor to cet treatment Byrd said.
However, according to Byrd, the most effective way to combat harshrays is to use a combination of SPF and polarized sunglasses.

## 7. BEACHSAFE PAMPHLET

> -Beach Safe is a program we are implementing to snead infomationand anareness anoit to spread information and awareness about beach safety. These pamphlets contain useful information. such as a diagram of a rip current ano how to escape, treatment for a jelly fish sting, the beach filag identification system, hurricane/storm evacuation routes and other general safety tips," Byrd said.
Although all lifeguards are proficient in this, Byrd says many vacationers and even locals are still not aware of it
since it incertias reached thousands of peop since its inception last summer," Byrd said, "and

## FISH RIVER GRILL Fish River Grill

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608 S. McKenzie Street
(Foley Plaza on Hwy. 59)


## APRIL

APRIL 1
Mudbugs and Margaritas
Heritage Park, Foley, tickets are
\$5, www.beachlifeevents.com
Spring Fling Music Festival The Grounds, Mobile.
Tickets start at \$50,
www.springflingmusicfestival.com
APRIL 15-16
Kites Over Mobile 2023
Brookley by the Bay, Mobile, fre
to attend, www.cityofmobile.org

## APRIL 16

Fred Levin Way Fest 2023
Museum Plaza, Pensacola,
free to attend,
free to attend,
APRIL 21-22
APRIL 21-22
Waterway Village Zydeco and Crawfish Festival
Waterway Village, Gulf Shores,
free to attend,
www.gulfshoresal.gov


## MAY

MAY 4-6 Gulf Coast Hot Air Balloon Festival
OWA, Foley, free to attend, www.gulfcoastballoonfestival.com

## MAY 12-1

Festival of Quilts
Abba Shrine Center, Mobile,
tickets range from \$5-\$10,
www.mobilearts.org
MAY 13-14
Art in the Park
Heritage Park, Foley, free to attend, www.foleyartcenter.com

MAY 19-21
Hangout Music Festival
Gulf Shores, tickets start at \$349, www.hangoutmusicfest.com

List gathered by Melanie LeCroy, Gulf Coast Media lifestyle editor. Photos by Micah Green/GCM archives.

## Billy's Seafood If It Swims, We've Got Itt!

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APRIL 29 Bald Eagle Bash Tosmeire Weeks Bay Reserve Center, tickets are \$65, www.gulfshores.com

APRIL 28-30 Interstate Mullet Toss and Gulf Coast's Greatest Beach Party Flora-Bama, Pensacola, tickets range from \$10 to \$15, www.florabama.com

LuLu's Paradise Boat Show at Homeport Marina
Gulf Shores, free to attend, www.Iulusfunfoodmusic.com

Tall Ships Pensacola
Plaza De Luna, Pensacola, free to attend, www.visitpensacola.com

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## BEACH ACCESS? WEJE GOT YOU!

Alabama Point East-A Gulf State Park Beach Area is located 0.3 miles east of Perdido Pass Bridge and offers over ,000 feet of bide beach in addition to sactrooms and outdoor showers.

Cotton Bayou is located at the intersection of Highway 182 and Highway 161 between some of the area's most popula condominiums. There are restrooms and showers on site.
Romar Beach-A Gulf State Park Beach Area is located 6.8 miles east of Highparking (no facilities).

Gulf State Park Pavilion is located six miles east of Highway 59 and offers a beach pavilion with air-conditioned restrooms, private showers, a snack bar shady spots to sit and eat, plus a large fireplace for chilly days. There is a $\$ 5$ fee to park for four hours and $\$ 10$ to park all day, but there are plenty of spaces and Gulf Place (Gulf Shores Main'Public Beach) is located where Highwiay

59 ends. There are beach attendants, three open-air pavilions, a picnic area, restrooms and showers. Parking is $\$ 5$ between March 1 and Mov 30 Arrive early to get a prime spot in this popula pot in this popular hangout.

Gulf Shores 2nd Street Public Beach ust two blocks west of Highway 59. Faciities include an accessible restrooms, outdoor shower and covered pavilion with picnic tables.
Gulf Shores 4th Street Public Beach ffers only pedestrian crossing beach ac properties.

Gulf Shores 5th Street Public Beach is located five blocks west of Highway 5 with parking on the north side where the boardwalk leads to the beach. Parking also availiable on the south side beside Bahama Bob's.

Gulf Shores 6th Street Public Beach is located six blocks west of Highway 59 . Walk an outdoor shower and accessible restroom.

Gulf Shores 10th Street Public Beach offers beach access only with parking across the street. Facilities include restrooms and showers.
Gulf Shores 12th Street Public Beach offers beach access but no parking. Facil offers beach access but no parking.
ities include restrooms and showers.

Gulf Shores 13th Street Public Beach has street-side parking with a dune walkover. Facilities include restrooms and showers.
Lagoon Pass Beach is 2.9 miles west of Highway 59 and has restrooms, outdoor shower and a water fountain. Parking if $\$ 5$ for four hours and $\$ 10$ to park all day
and is located on the northeast side of the Lee Callaway Bridge.
Bon Secour National Wildlife Refuge Beach is located at 12295 State Highway 180 (Fort Morgan Road) in Gulf Shores. Park along Mobile Street for easy beach access. It is a wildlife refuge, so there
are no facilities. There is a Refuge Office located nearby. FOREET ABOUT THE NEW PARKNI RULES!

If you're reading this, there's a chance you're a spring breaker, summer vacationer or local who doesn't live in Gulf Shores. If any of the above apply, it's important to know there has been a change to parking fees for beach access in Gulf Shores.

## THE CHANCE

An increase to parking fees on city beaches to a flat rate of $\$ 15$ was approved at the end of 2022, and two locations will have $\$ 5$ passes available that will be good for four hours.
Gulf Place, which is the main public beach area in Guif Shores by The Hangout, and West 5th Street have $\$ 5$ parking for four hours and $\$ 15$ all-day parking. Those ocations as well as West Gulf Place, West 6th Street, West 10th Street, West 13th Street and Lagoon Pass offer parking for \$15 a day.

## THE REASON

Grant Brown, city recreation and cultural affairs director, said the main reason for the increase is to help fund an increase in beach security, safety measures and cleanliness of the beaches.
"We got really aggressive with managing the beaches back in 2012 after the oil pill," Brown said. "We turned to an ordinance effort to keep the beaches clean, add additional lifeguards and more police presence on the beaches during the busy season."
The city has in recent years also transitioned from an in-person ticket booth to parking stations to alleviate the amount of parking traffic and keep cars from ining That money covered public works expenses for the season.

## THE DETAILS

While most parking lots will only offer $\$ 15$ all-day parking, Brown said there are some that will offer hourly parking, and there will still be areas near the beach to park for free.
The parking lot by the Pink Pony Pub and the Hangout will have hourly parking Brown said. "Also, Bahama Bobs will have additional parking spots for $\$ 5$ for four hours or $\$ 10$ for the whole day.

The all-day pass runs from 7 a.m. to 2 a.m. and is good for the day of purchase. allowing patrons to move between different lots for no additional fees if there is an available space. Pay stations are in place from March 1 through Nov. 30 each year

## WHAT ABOUT LOCALS?

City residents with a Gulf Shores hurricane/re-entry decal can park at any of the paid city sites at no charge.

BEACH PARKING FEES FOR 2023 IN GULF SHORES
$\mathbf{\$ 5}$ for $\mathbf{4}$ hours or \$15 all day

- Gulf Place (main public beach area) - West 5th Street


## $\$ 15$ all day

- West Gulf Place
- West 6th Street
- West 10th Stree - West 13th Stree - Lagoon Pass

Locations with free on-street parking

- East 1st Avenue
- East 1st Street
- East 2nd Street
- West 1st Avenue
- West 2nd Avenue
- West 1st Street
- West 2nd Street
- West 5th Street North of Beach Boulevara - West 12th Street




## REDUCE REUSE RECYCLE REIMAGINE

## JD Swiger turns

litter into works of art in Gulf Shores studio

Words by Melanie LeCroy Photos by Micah Green ohn David "JD" Swiger wasn't brought home
from the hospital to the white sandy beaches from Gulf hospital to the white sandy beaches
of Shores, but he is a local through and through. The Swiger family would pack up and leave their Hoover home as soon as school let out for the summer. He spent the break perfecting his tan and skimboard skills before heading back to school. Untilit all changed.
The New Orleans-style snowball shop his parents opened and operated during the summer was doing well, his sister, Kristen, was getting ready to enter high school, and JD was entering midale school. It knew, Swiger and his three siblings were bidding farewell to their Hoover friends and moving into a house in Gulf Shores
"It was different. Going to Gulf Shores Middle School compared to Hoover Middle School was different. Everyone had crazy hair that was naturally long, and I had gel all over my hair spiked up everywhere. I was definitely not fitting into the look, Swiger saod with a laugh. Thankfully, we and made a lot of friends through sports and made and made a lo
Swiger found his place playing baseball, football and track and field. He and his brothers also formed skimboard team and dreamed of opening a surf shop called Swiger Brothers Surf Shop.
Swiger wasn't in art class in high school, but he did Swiger wasn't in art class in high school, but he did
design his first logo in eighth grade for his skimboard


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## SWIGER STUDIO

 MURAL TRAIL
## Hog Wild Beach BBQ

 911 Gulf Shores Pkwy.
## Printing Zone (interior)

 3817 Gulf Shores Pkwy., Suite E
## Swiger Studio Fence

 1538 Gulf Shores Pkwy., Unit 6
## Swiger Studio Art

Gallery (exterior)
1538 Gulf Shores Pkwy., Unit 6

## Our Lady of the Gulf

 Catholic Church (interior) 308 E. 22nd Ave.
## The Royal Oyster

 4159 County Road 6Sea Paws Dog Resort 4193 Plash Road, Gulf Shores

## Island Vape Company

901 Gulf Shores Pkwy.
Souvenir City
217 Gulf Shores Pkwy
team, UNO Skim Boarding Team, and started making and editing videos. He said he was inspired by the television show Jackass.
Art and graphic design were not on his rada Art and graphic design were not on his radar when it was time to head to college. He went to and opted to study business. He always knew he wanted to be his own boss and own a business, and he felt that major would give him the basics he needed. He excelled on the football field but not in the classroom.
"I went to school for business and immediately began flunking everything," he said. "It was all macro and microeconomics and quantitative methods. I am not a numbers guy, and it was way

wasn' going to be able to play if didn't get my grades up. It wasn't something I was into, but in the back of my mind I thought I needed to go day." One thing he was excelling at was creatin branded merchandise available in the bookstore and wanted a cooler design, so he started making his own using simple supplies in his dorm room. The shirts caught on. Soon, he had intermural teams coming to him for custom team shirts, and his football teammates wanted shirts. Even the coaches got on board. Soon, he was ordering bulk T -shirt blanks and upgrading his equipment to keep up with demand.
${ }^{6}$ Iremember going to class on the first day of graphic design, and I had never been more excited to be in a classroom. I was so stoked."

His trials with spray paint and graffiti even chased out his neighbor who couldn't tolerate the noise or smells.
He soon found an artist, Shepard Fairey, whose work he was inspired by and began to emulate. He liked his rouge nature and large-form work. Fairey was the inspiration for Swiger's senior capstone project in which he had the Seay Twins Art Gallery He had a whole wall ho fill and knew he wanted his proiect to hava message and a meaning.
During his time as a bartender at the end of Commerce Street in Montgomery, Swiger made friends with a homeless man who would ask for money in exchange for taking out the garbage at the end of the night. Swiger would give him rides to the abandoned building he called home and let him sleep on his couch when the weather was too cold. He said he found all the homeless people sleeping on a place called Commerce Hetitled
He titled his project Commerce Street of McDonald's cheeseburgers and a blank
ardboard sign. He asked the men of Commer Street if he could photograph them with the sign was cussed out and chased off by some bur riend helped him gain trust and access.
"The sign was blank because I wanted to typ my own message into what they were holding, swiger said. "One sign said, 'Keep your money want change.' 'Another said, 'God picks favorites.' Another said, 'Be all you can be,' and the man holding the sign had an Army hat on. They were all saying very heartfelt things that were making ou think and were kind of iron
He printed the photos in large format and created a mixed-media background. The photos the subjects. It went over so well that the library purchased some of his work from the show, on of which is a self-portrait that still hangs there oday.
Atter graduating, Swiger landed a job working as a digital marketing manager and graphic designer for a construction company. The money was good, but it wasn't what he saw as a long erm situation. He dreamed of traveling and xploring his art abroad, so he saved and made egged him not to oo, but he took off and work and enjoyed being creative again.
While in Australia, Swiger honed his
videography skills documenting his adventures. When he returned home in 2016, his parents saw a way to use those skills in their real estat venture. His parents purchased a drone, and he ot certified to fly it. He created listing videos at a time when real estate companies in the area were not use much video. His videos doubled the eal estate company's sales in one year. His brother Michael graduated from fagler pent a year working in Hilton Head, South Carolina, before returning to Gulf Shores. He was pulled into Swiger \& Company Realtors, too. JD ocused on photography and videography while Michael took on more of the graphic design work. The money was good, but they were still working or someone else,
The duo branched off on their own and created Swiger Creation Studio. They were painting, filming weddings, shooting commercials fo rtwork business logos and websites. He ugh, when he said they would do anyth people were paying The experience was vita because it helped them learn what they didn't ind creatively fulfilling, like creating websites. Over time, they decided to rebrand and focus on their fine art and became Swiger Studio Over the years, Swiger has explored differen mediums and styles and found artists whose work he liked enough to emulate. He and Michae started creating more art and hosting art shows
out of their house. He created his first mural in his bedroom and worked to get out in the The first local break came in 2017 when th brought a load of their work to the Gulf Coast Arts Alliance and asked if they could display it. It was their first time being accepted into a gallery "Being able to post on social media 'come see our artwork at the Gulf Coast Arts Alliance' gave us a huge boost," he said. "Then we became sponsors and volunteers for Ballyhoo Festival, and we did all their design and promotion throughout the year. We also shot a highlight Arts Alliance was introducing us as their new marketing managers and graphic designers. Swiger said the experience with GCAA, showing yearly at the Ballyhoo Festival and being in the gallery was giving him more credibility as an artist. His art improved every year.
But by 2019, he felt his art had lost its message. He spent the car ride home from a family trip in Key West thinking of what his message would be, should be.
realized if I ever wanted to be known for something, I needed to
I am doing," Swiger said. I am doing," Swiger said.
"The day I got back to Gulf Shores, I hit the ground running. l knew in my head I wanted to use trash because that is something I have always been passionate about. I was a lifeguard on the beach. I started being a Captain
Planet-type guy. It would walk on the beach and pi
d pick up a bunch of crap and throw it away.
He gis bed a bag and headed to the beach near his house. There was no plan, no vision of
what he would make. He just felt a need to collect materials. He started working in abstract, taking a canvas he built and hot gluing pieces of colored plastic to it. His first piece was completed Jan. 10 2019, just days after returning from Key West. His work continued to evolve and pick upsteam on social media. He gave them titles like "War beaches clean was the motivation behind it, and beaches clean was the motivation behin.
he had found again in his art found joy.
he had found again in his art found joy. In the first year he came out with 20 largescale pieces that were well-received because the community could latch on to the message. But
coll a pinnacle for him was finally having his work recognized by the Orange Beach Coastal Art Center.
"For the first time in my life, I walked into Big Beach (Brewery) and someone was like, 'I love your art.' I was being recognized for the first time in my life as an artist, and I was ecstatic," he said.


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Much of what he creates now are 3D sculptures made with found objects, AKA
litter. In his studio, you can see a knight covered in Swisher Sweet wrappers, a life-sized pelican made of plastic found on the beach and a life-sized alligator head made of plastic. There is also a shark that will soon be headed to the University of Southern Mississippi Marine Education Center in Ocean Springs, Mississippi. "I knew if I could beat people in the head with another piece every single week people would be like, 'damn, this is who h is and this is what he is known for now," He has
He has found a medium and a meaning but that doens't mean he has his next project pre-destined.
"I am excited myself. I truly don't know he said. "Every year, I wonder how I am going to top last year. I don't even stress about it because I have full faith that the creativity is going to hit me one day."


MEET THE SWIGER FAMILY
David and Angie Swiger founded Swiger \& Company Realtors LLC in 2008 and rehabilitate commercial properties like The Square and the old Frith's Bait Shop building

Kristen Swiger is their oldest and works with her parents as a real estate agent.

Michael Swiger is the second youngest. He is a graphic designer and an artist in his own right. He and JD work together on projects, including murals that can be found around town.
Joseph Swiger is the youngest Joseph Swiger is the youngest
and lives in Baton Rouge, Louisiana,
where he runs Swiger Studio Baton where he runs Swiger Studio Baton
Rouge, a music production and audio engineering studio. He has earned three Billboard plaques.



WEDDINGS | FINE ART | WATERFRONT VENUE | ART CLASSES
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WA Milise


## Thamiting

|  | CARNTTAS |
| :---: | :---: |
| rice, black or refried beans or cactus grits |  |
| NEw FIulitis | GAINE ASAIA <br> A grilled 9-oz skirt steak served |
|  |  |
| ond | One |
|  | TADIUTISS |
| BACTIS BCIM All bowls are served with |  |
| Mele |  |
|  | cream and cheese dip. 13.99 GHIIIHHANEA PLATE |
| GRILLED STEAK 14.99 GRILLED SHRIMP 12.99 CARNITAS 12.99 | A large flour tortilla stuffed with beef or shredded chicken, then <br> ightly fried and topped with |
|  Grilled chicken cooked with |  |
| FILIL BAGTIS MET | Mungis |
|  |  |
|  |  |
| Arinz buv pulu | git Addionaldegess or seake |
| Grilled chicken served on a bed of | BURRITO - CHILE RELLENO ENCHILADA - TAMALE TACO - CHALUPA - TOSTADA |
| ENHHLIMAA SIFFilie | $\begin{aligned} & \text { ANY ONE } 10.49 \\ & \text { ANY TWO } 11.99 \\ & \text { ANY THREE } 13.99 \end{aligned}$ |
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|  |  |
| KIDS'NENII | MNN |
| For children 12 years and younger. includes soft drink or tea (dine-in <br> only). add 2.00 for adult <br> TAIn | MIN IIISSAILILS |
|  | Kid-sized quesadillas stuffed with |
|  |  |
|  | GAETUS MINI BUITIITIT Beef or shredded chicken burrito |
| $\begin{aligned} & \text { your choice of two (2): Mexican } \\ & \text { rice, black beans, Cactus grits or } \\ & \text { refried beans. } 6.99 \end{aligned}$ |  |
| ENHHLIMAM MEAL |  <br> or fries. 6.99 Substitute grilled chicken +1.50 |
| Cheese, chicken or beef enchiladaserved with your choice of two (2): |  |
|  | grilled chicken +1.50 BABTIS FINEERS |

Disclaimer-jprice subjecetto change.

# Free Local News 

## Email Updates

Sign up today for Gulf Coast Media's new email updates sent to you twice a week for free. You'll get the first look at upcoming stories from Gulf Coast Media's publications. And, get updates on breaking news.

anel Hawkins is tapping into something intrinsically pure along the sandy-white beaches of Baldwin County's Gulf Shores and Orange Beach. Well, in the sand, really.

Kids build sandcastles at the beach as their parents bake in the sun. They play. They get dirty. They beach mud onto itself until the tower falls, screaming in delight as they witness destruction. Or they stomp it themselves. What makes Hawkins tower above the level of standard play is she has made it an art and a business model. She has leveraged two opposite powers to share her work through Sand Castle University. The power of awe inspired by in-person observation by digitized social media buzz Over 8 million tourists visited Baldwin County in 2021, representing $28 \%$ of the total number visitors to the entire state. Baldwin County residents only make up $4.7 \%$ of the state population. That guarantees a lot of passersby when Hawkins, a professional sandcastle sculptor, builds behemoth beach turtles in front of The Hangout all afternoon. Her TikTok, @ sand_Caste_unvers Her account has 7.5 million likes, spanning content that ranges from time lapse videos to ASMR episodes (the term used to describe the tingling response people get from watching varying types of "soothing" or "satisfying" videos with sound). People like footage of her commissions and classes, shots of her running feet first into a finished piece and clips of her throwing handfuls off wet sand onto a pile of wet sand that with arches and doors and windows and small seashells decorated atop the railing. whereabouts, and his friend walk our to Hawkins as she brushes sand debris from thin canals that run through and around one of the turtle's legs to denote scales.
"Haven't I seen you on TikTok?" he asks, cooly.


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## GETTING STARTED?

## CARRY THESE SAND SCULPTING TOOLS

## FORM BUCKET

To pound up and make the basic of
a form, use heavy-duty scissors or a saw to cut the bottom off a bucket to create a tube that will build a packed form of a sand tower.

## LUBRICANT

Some sand sculptors line their form buckets with a lubricant to prevent sticking. If you do this, make sure to use a biodegradable product. You can also skip this tool and tap hard against the form bucket to prevent the sand from sticking. Practice makes perfect.

## WATER BUCKET

For hauling water. You need a lot of water to make a sandcastle that doesn't collapse.

## PLASTIC SHOVEL

To fill your form bucket with sand and to create a large sand outline for your sculpture. Use a small shovel or buy a snow shovel for larger projects. NOTE Do not dig holes on the beach They impede turtle hatchlings and are a prohibited hazard.

## MEASURING SPOONS

Great for creating windows in castles. A basic kitchen supply set will give you various shapes and sizes.

## SERVING SPATULA

Helps with various steps like removing sand and making stairs.

SPATULA/PALLET KNIFE
Perfect for creating lines and shapes for details.

## STRAW

Use a biodegradable straw to help with details. Use them to blow the sand out of lines and shapes.

## CHIP BRUSH

Use to brush sand away while keeping details and sculpture form. Use any type, big or small, firm or soft.
"Yes, and now you can say you've seen me in real life," she says with a sense sh
is truly listening while simultaneously whipping the brush over the sand-animal's giant leg, back and forth in quick, swift motions.
"Sick!" the boy says, and he and his friend continue toward their larger gaggle of friends.
TikTok has unquestionably boosted Hawkins, her art and her business. But like her feet in the sand, she remains grounded.
"I'm just a business, not an influencer That s an importance difference because that means I don't have to do any paid ads or sponsored content or any of that,
she said. "If TikTok goes down, I lose that following, but I still have my business." Back on the beach, she posts a sign during her builds that explains a class or project is in progress. She encourages observers to take photos and includes her social media handles. The classes she (and her now also handful of employees) teaches pay the bills so she can be more
selective in the commissions she takes. Plus, the intricate builds are the ones that go viral on TikTok. Teaching groups the basics over and over keep her rote memory of technique far better than up to snuff, so when she gets out on her own she can let her creativity go wild. And wild they have gone.
A sea serpent with a castle inside its mouth. A skyscraper with a smooth, slanted exterior indented by windows. An alligator resting in the sea of sand as her body is partially submerged. A crown sits atop her bony head
She tries to add a new build option offering a hammerhead shark for


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BUILDING HER CRAFT Saying it's play is not to undermine the effor
She spent two years in an apprenticeship under a master steps any business must take After launching her business solo in 2017, she hired her 76 -year-old neighbor to be her administrator and help with expansion. She takes heed that she works in nature and with our precious resources so she doesn't dig holes. She buys shovels and buckets that adhere to Gulf Shores' and Orange Beach's different regulations (some are about size, other about material). She uses biodegradable straws
And it's not without obstacles. She had a personal trainer teach her how to stand and move in the sand all day. She must be vigilant about hydration and sun-protection But let's not get too into the dunes. It ard work. It's fun. It's art. "When you're building a fine art," she said are no rules at sculpting competitions, so whatever works, you make it work." She has a list of tools on her website that guide a beginner looking to solo sculpt. Her own arsenal is more varied, honed through years of experience in her apprenticeship and self-learning, but there is a low barrier to entry. A photo of her finished King of the Gulf, an octopus with legs curving like

## CHOOSE YOUR CLASS

Introductory - 1 hour
Traditional Castle
-Turtle
Crab
Hammerhead Shark

Advanced - 2 hours
Traditional Castle
-Sea Serpent
-Mermaid Tail
(interactive tail/fin)

It's the opposite of a fine art ... When you're building, you do you. There are no rules at sculpting competitions, so whatever works, you make it work."

NEED TO KNOW
Sand Castle University provides the tools you'll need. What should you bring?
-Drinking water
-Sunglasses
-Towel
-Sunscreen
-Creativity!
-Cash tips are accepted
Classes (and Sand Castle University) are possible because of our natural world. Respect it's power.
-Weather decisions are made the day of your booking. There is no fee if your instructor cancels or ends class ealy because of weather COST
Group size and class type determines the cost. All ages are welcome! Children 3 years and younger do not county in the total number of participants but may participate wiss an acult or Other members of your group can observe and hang out. Only participating people are counted in the group pricing.


'Like ‘This was supposed to be a dollhouse, but now it's a modern skyscraper. The sand tells you what it wants to do. I always want it to be something. I hate walking away without finishing."
 the ground (that is until, according to video evicence, she smooshes and smashes them
before taking a awe like any museum piece, but her tools are not expensive, one-time-use paints and canvases, her access to a studio not dependent on clout. Tentacle suction cups
can be scooped out with measuring cups can be scooped out with measuring cups
She works like a butcher who chops and slides his knife with precision only and slides his knite with precision
successful when used in confident quickness, imbibed with a potter's touch from which a blob births a masterpiece. She pours water onto the turtle's legs, being careful to not really dump but rather push it across them, like a wave on a no-flag Gulf afternoon.

Dips and hills form the shell of the turtle's 44 BEACHiN - Spring 2023

## back from its head to its "cute little butt."

## AT HOME

Hawkins loves sand sculpting. It isn't the kind of thing you do if you don't. She graduated from Foley High School in 201 and worked at a sand sculpting company during college, where she studied business Hawkins does not love traveling. Why would she? Through those regional commissions during college, she learned her hometown beach has everything she needs.
"To have a consistent location that's well-maintained?" she said. "l'm the only one doing this from Destin to Galveston." And the sand. People come from all over the country to spend their one week of vacation on Alabama's Gulf Coast for a lot
f the same reasons Hawkins likes working here. The fluffy, sugar-white sand looks a good as it does on tourism websites as in the shape of a castle
Sand here is white because it's full of quartz crystal from the Appalachian Mountains that flowed into the Gulf of Mexico after the last Ice Age. Beached quartz is good for sculpting because together. In quartz, the details shine. The together. In quartz, the details shine. The sand on Florida's east coast is a good
texture because it's silty, but its brown oses a build's curves, its grooves and indentations.
"Right now, I'm obsessed with rooftops and railings and pushing the limits on how deep you can go," Hawkins said. Hawkins' story is largely one of success.

Social media following, local popularity. She'll be creating a massive masterpiece for Hangout Music Festival this May. After starting out alone, she now has five instructors on payroll
But that's not how she defines herself. "People never ask me what it's like when it doesn't turn out at all like you planne she said. "Like 'This was supposed to skyscraper. The sand tells you what it wants to do. I always want it to be something. I hate walking away without finishing." The turtle will not last long. It never does. It will be returned to its non-formed state whether by the force of feet, the crushing of rain or the erosion of wind, becoming part of the beach that brings Hawkins back and people to her

She walks in a circular motion, at first around the edges of the sand-reptile's form, walks, a rake she drags behind her creates an evenly lined surface, like an oversized zen garden.
It - and she - is ready for their cover shot The knowledge for preparation? She s a TikTok star.A pror pessioration She knows what she's doing.
Just like the Gulf and its current, she calmly forms, reforms, sometimes destroys,
But she's there. Count yourself lucky if you witness it, on whichever end of the power spectrum you find her.

SandCastle
UNIVERSITY
www.sandcastleu.com



Rise © Shine

## BREAKFAST

Served Daily 7am - Ilam

## The Basics

BREAKFAST BOWL | 8
gouda grits topped with hash browns, a fried egg \& crumbled bacon BREAKFAST BUDDY
Enried egg with cheese and choice of bacon, sausage or ham on toasted English muffin. Comes with grits or hashbrowns
ALL AMERICAN | 12
two eggs any style, bacon, sausage or ham, grits or hash browns with toast
BISCUITS, GRAVY \& EGGS 1
two biscuits topped with two fried eggs covered with sausage gravy BREAKFAST BURRITO | 8
scrambled egg, sausage or bacon \& cheddar cheese comes with grits or hashbrowns

## $\left\{\begin{array}{c}\text { Speccialties } \\ \text { SHRIMP \& GOUDA GRITS } \mid 16\end{array}\right\}$

Sweets
choice of bacon, sausage or ham
FRENCH TOAST | 10
Pancakes
BLUEBERRY | 12 CHOCOLATE CHIP | 12
BANANA PECAN | 12 PLAIN | 10

## Benedicts

## served with grits or hashbrowns

CHICKEN FLORENTINE | 16
fried chicken, sautéed spinach and basil, poached egas, hollandaise sauce on a toasted English muffin

VEGGIE | 15
fresh spinach, portabella mushroom, sliced tomatoes, poached eggs, hollandaise sauce, fresh herbs on a toasted English muffin
CAUUN | 16
conecuh sausage, 2 poached eggs, on an english muftin, topped with
crawfish queso

## Late Day

ENTREES
Served Daily Tam-Close

## Sandwiches

served with slaw and choice french fries, sweet potato fries. chips, and onion rings

HAMBURGER | 14
$80 z$ patty, choice of cheese, on a buttered toasted bun
TERIYAKI CHICKEN BREAST | 14
bacon \& swiss cheese on a toasted ciabatta roll dressed \& served with honey mustard sauce
BUFFALO CHICKEN |
fried chicken tenders coated with a spicy buffalo sauce. Served dressed on a toasted bun with a rancho bleu or swiss cheese dressing REUBEN | 14
corn beet, swiss cheese, sauerkraut \& thousand island dressing on grilled rye
TURKEY FLATBREAD | 14
urkey, swiss, spinach with a pesto sauce
SHRIMP POBOY OR WRAP | 15
remoulade sauce, dressed on a warm cuban hogie
MAHI POBOY OR WRAP | 16
fried, grilled or blackened
$\left\{\begin{array}{l}\text { Platters } \\ \text { SHRIMP PLATIER OR FISH PLATIER } 16 \\ \text { grilled, fried or blackened, corn friters, coleslaw \& choice of side } \\ \text { CHICKEN TENDERS PLATIER | } 14 \\ \begin{array}{l}\text { SEAFOOD COMBO } \mid 19 \\ \text { mahi, shrimp, grilled, fried or blackened with choice of side }\end{array}\end{array}\right.$

## Salads

Choice of Ranch. Caesar, Bleu Cheese, Italian. Honey Mustard, Apple Cider Vinaigrette E Balsamic Vinaigrette

CRAISIN SALAD | 9
Mixed Greens with Sugar Coated Walnuts, Goat Cheese, \& Craisins Served with an Apple Cider Vinaigrette. Add Chicken Or Shrimp \$6

## CAESAR SALAD 9

Romaine Lettuce, Parmesan Cheese, Fresh Baked Crouton
with Caesar Dressing. Add Chicken Or Shrimp \$6


