







30 DAY USE: 23% of girls in grades 11-12 reported drinking in the past 30 days

NKIN

BLACKOUTS: 12.9% of 11-12th reported blacking out from drinking

8.4% of 11-12th grade girls reported getting into a situation they later regretted from drinking

> **BINGE DRINKING** 20% of 17-18 year old girls reported binge drinking in past month

Understanding the Situation

Data from the 2022 Cortland County Youth Survey draws attention to a troubling trend: a notable percentage of girls, especially those in grades 11-12, are involved in alcohol use and binge drinking. 17.2% of girls in grades 11-12 reported drinking in past 30 days compared 12.5% of boys. Girls are also experiencing various negative consequences associated with their alcohol consumption.

Girls are not merely experimenting with alcohol; they're consuming it in quantities that can cause severe harm. The data reveals that of the girls aged 17-18 who reported drinking, 15.0% admitted to binge drinking in the past month. As parents, educators, and community members, it's crucial to understand the severity of these figures. Alcohol can profoundly affect the developing teenage brain, potentially impacting cognitive functions, decision-making abilities, and emotional health.

According to the survey, girls report notably higher rates of hangovers (15.3% compared to 9% for males), blackouts (12.9% versus 4.8%), problems with their dating partners due to drinking (7.9% against 5.4%), and regrettable situations post-drinking (8.4% versus 4.8%). The data highlights clear gender disparities in the consequences of alcohol consumption among adolescents. This not only jeopardizes their health, but can also lead to poor academic performance, strained relationships, and high-risk behaviors.

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Prevention Strategies

The focus should be on prevention, education, and early intervention. Here are some steps parents can take to help prevent alcohol use among their girls:

Open Communication: Foster an environment where your girls can openly discuss their thoughts and feelings about alcohol. Talk about the risks and consequences, and encourage them to share their experiences, concerns, and any peer pressure they might be encountering.

Set Clear Expectations: Make your stance on underage drinking clear. Establish rules and consequences about alcohol use.

Engage In Their Lives: Be involved in your girl's daily activities. Know their friends and their friends' parents. Encourage participation in sports, clubs, or other extracurricular activities that can provide a healthy outlet for their energy and interests.

Early Education: Initiate the conversation about alcohol early. Arm them with facts about alcohol, its effects on their bodies and brains, and the legal implications of underage drinking.

Seek Professional Help If Necessary: If you notice signs of alcohol abuse, seek help from a mental health professional immediately. Early intervention can prevent the evolution of more severe issues.

Source: 2023 Cortland Youth Survey

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CORTLAND GIRLS BASKETBALL hoping to continue recent success

By MIKE ROSE **Sports Reporter**

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The Cortland girls basketball program has been dominant in recent years, and the expectations remain unchanged despite a new cast of talent at the top.

The Purple Tigers were Class B sectional champions two years ago after a 21-5 campaign and rolled to a 21-2 season a year ago before falling in the Class A finals to Indian River. The Wolves accounted for both losses for Cortland last season.

Head coach Janice Meyer still believes her team will be right in the mix despite the fact it may look different then years past.

"There are so many little things that we've done behind the scenes for years that gave us the opportunity to compete with the best teams and find opportunities to win," Meyer said. "The last three years, the build up each year has just been tremendous. We have our own big shoes to fill and it's really easy to get caught up in that. We've been spending a lot of time going back to just figuring out what to do day to day to win each game."



Cortland Standard File Photo **Cortland's Aubree Larkin tees** up a 3-pointer last season. Larkin is one of the few returners to play big minutes during the Purple Tigers' back-to-back runs to sectional championship games.

"It's not going to look the same," Meyer added. "We have the same goals. We have the same ideas in our brain about competing every game, winning the games we should and putting those away in a way that makes us more prepared for the games that maybe we shouldn't win, but we give ourselves a fighting chance."

Cortland will have to replace a huge portion of its production from a season ago. Cortland's top three players in points, rebounds, assists and steals all have moved on in Valerosa Gambitta, Kendall Mack and Claire Turner. The trio accounted for 34.4 points of the 53 points the Purple Tigers averaged per game. After all the success Cortland enjoyed with that core at the center, the Purple Tigers will have to find new ways to win games.

"I think it's not really about filling in gaps as much as about finding what our new identity is," Meyer said. "That's what we've been doing since April is figuring out what's important to this team and what's going to work. We shoot the ball really well, we've got some speed. We lost some size and physicality and we have a defensive mind for sure. So the biggest thing is going to be finding what this new identity is and what that looks like."

As for who Cortland will turn to to soak up all of the lost production from a year ago, Meyer believes it will have to come by committee. Kartyr Hubbard and Aubree Larkin are two players that Meyer is excited to see in a bigger role entering their senior seasons. Hubbard grabbed the fourth most rebounds a season ago for Cortland, but averaged just 1.8 points. Larkin averaged 3.9 points per game a season ago and was fourth on the team in assists and fifth in rebounds.

"When I look down the line, I'm not even set on my starters yet and I'm not even sure if it's a year that we're going to have set starters," Meyer said. "Kartyr

Continued on page 3

at Cortland Jr./Sr. High School vs. Central Square, 6:45 p.m. Dec. 3 at Cortland Jr./Sr. High School 6:45 p.m. Dec. 6 vs. Whitesboro, at Newark Valley, 7:15 p.m. Dec. 10 at Newark Valley High School vs. Bishop Ludden, 6:45 p.m. Dec. 13 at Cortland Jr./Sr. High School at Oswego, 6:45 p.m. at Leighton Elementary School Dec. 16

vs. Homer, 6:45 p.m. Dec. 19 at Cortland Jr./Sr. High School 12:45 p.m. Dec. 21 vs. Indian River, at Cortland Jr./Sr. High School at Cortland Jr./Sr. High School vs. Jordan-Elbridge, Dec. 27 1 p.m. vs. Ballston Spa or LaFayette at Cortland Jr./Sr. High School Dec. 28 12:30 p.m. at Christian Brothers Academy at CBA, Jan. 4 6:45 p.m. at Cortland Jr./Sr. High School vs. Chittenango, Jan. 7 at Skaneateles High School at Skaneateles. 6:30 p.m. Jan. 9 at New Hartford, noon Jan. 18 at New Hartford High School 6:45 p.m. at Cortland Jr./Sr. High School vs. Phoenix, Jan. 21 at Cortland Jr./Sr. High School vs. Marcellus, 6:45 p.m. Jan. 23 vs. Westhill, 6:45 p.m. Jan. 28 at Cortland Jr./Sr. High School vs. Mexico, 6:45 p.m. at Cortland Jr./Sr. High School Jan. 31 at Westhill, 6:30 p.m. Feb. 4 at Westhill High School at Marcellus High School at Marcellus Feb. 7 7:15 p.m. at Mexico, 6:45 p.m. Feb. 12 at Mexico High School

CORTLAND WRESTLING trudging on without leaders

By PAUL CIFONELLI **Sports Editor**

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The Cortland wrestling team graduated a pair of seniors who qualified for the state tournament last year and are left with just six returners for this year.

Avery Canzano and Wyatt Tinker both had monster years for Cortland in 2023-23. Canzano went 39-3 with a win and a pair of losses at states and Tinker was 27-11 and went 2-2 at states.

Suzee Barber, KR Dye and Nickolas Hines also graduated last year.

Cortland doesn't return a wrestler who had a winning record last year, but juniors Jackson Marks and Anthoni Nemecek ended last season strong. Marks

at A-P-W/Pulaski,

went 15-18, but placed fourth at the King Bison Invitational and sixth at the OHSL tournament to qualify for the Section III Class B tournament. Nemecek started last year 2-11 before winning his final three matches, including two at the Phoenix Quad Meet.

Senior Jaheim Robinson also went 5-17 last year, sophomore Garrett Major finished 4-13, sophomore Landon West was 2-15 and senior David Strauf went just 0-4.

The Purple Tigers will have three newcomers to the squad, with juniors Triston Allen, Mason Lavigne and Henry Reeves all joining the team.

Cortland's season begins at 6 p.m. Dec. 4 at home against Han-

vs. Hannibal,	6 p.m.	Dec. 4	at Cortland Jr./Sr. High School
at Homer,	6 p.m.	Dec. 11	at Homer High School
vs. Chittenango,	6 p.m.	Dec. 18	at Cortland Jr./Sr. High School
Dave Darrow Duals,	7:30 a.m.	Jan. 4	at Cortland Jr./Sr. High School
at Mexico,	6 p.m.	Jan. 8	at Mexico High School
vs. Jordan-Elbridge/Port Byron/Cato-Meridian,	6 p.m.	Jan. 15	at Cortland Jr./Sr. High School
at Marcellus/Onondaga,	6 p.m.	Jan. 22	at Marcellus High School

time and date TBD

CORTLAND BOYS BASKETBALL hoping experience powers bounce-back season

By MIKE ROSE Sports Reporter

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The Cortland boys basketball

team is looking to turn a corner this season after a disappointing campaign a year ago. The Purple Tigers finished 4-16 and opted out of sectional play.

This season a roster packed with returning players has Cortland poised for a quick turnaround. The Purple Tigers return nine players and six seniors to this year's team. Head coach Jeremy Milligan believes the experience will pay dividends for his team.

"I think one of our downfalls last year was that we only had two seniors, and really only one had much court experience," Milligan said. "We were just super inexperienced. We were fairly small for a varsity team — our tallest team member was 6'2. So, the youth, the inexperience, the lack of size did not allow us to win many games. We competed in many games, but we weren't able to pull out a lot of games."

"We have nine gentlemen returning and all nine have seen court experience," Milligan added. "I think that I'm most excited to have a very athletic team, a team that is willing to compete and work hard, but that now has that experience of knowing what varsity basketball is like and knowing what the expectations in our program are. In my experience, seniors typically step up and

help lead their team and I'm looking forward to having that senior leadership guiding the squad this year."

The returnees are headlined by Caden Albright, last year's leader in points and assists per game. Jaxson Gambitta and Damauri Bell also return as starters from last season's team.

"Being back for a fourth year speaks volumes about Caden's athleticism and talent," Milligan said. "Having your leading scorer and the person that sets other teammates up the best statiscally last year certainly helps. We have Jaxson and Damauri, who are in their third year starting. The fact they've been with the team and starting for so many years, I think that experience is going to pay off big dividends for us."

Additionally, Milligan is looking to Owen Johnson, Zach Muir and Cal Albright to make bigger contributions in their second season on the team. Cal Albright finished as the top 3-point shooter by percentage and made the second most threes a season ago. Milligan wants his team to play with tempo and fully take advantage of the athleticism and depth.

"We're going to want to play fast," Milligan said. "We're going to play with a couple new wrinkles and twists offensively and defensively that we have not done in the past. And I think we're going to try to utilize our experience and athleticism to be a dangerous team where multiple players are

Paul Cifonelli/sports editor
Cortland's Damauri Bell

dribbles the ball up the floor

last season. Bell will look to

lead the Purple Tigers to a

better 2024-25 campaign.

all threats to score. I don't feel like we have one centerpiece player that we're trying to develop around. We have a good blend of players who all have the skills to be successful on the court. So, just finding that balance of utilizing all of our players and embracing the notion that it doesn't matter who scores a bucket for the team as long as the team gets up a great shot, we want to celebrate that aspect."

Cortland opens its season on the road at 6:45 p.m Dec. 5 against Oswego.



CORTLAND/HOMER HOCKEY

entering new era

By MIKE ROSE Sports Reporter mrose@cortlandstandard.com

After a 3-17 season a year ago, the Cortland/Homer hockey program will begin this season looking to establish a new era. Alum Alex Rosato steps to the helm as the new head coach of the program, taking over for Paul Quinlan.

Rosato faces plenty of big challenges in his first season, most notably replacing last season's goal production. Of the 55 goals scored last season, only 11 were

vs. Fulton,

vs. Clinton,

vs. Oswego,

at Auburn,

at CBA,

at Clinton,

at Oswego,

at Ithaca,

vs. CBA,

vs. Auburn,

at Windsor,

at Baldwinsville,

at Whitesboro,

vs. Albany CBA

at New Hartford,

vs. Skaneateles,

vs. Whitesboro,

vs. New Hartford,

noon

7 p.m.

7 p.m

7 p.m.

7 p.m.

6 p.m.

7 p.m

6 p.m

7:30 p.m

7:30 p.m.

4:45 p.m.

6:30 p.m

Dec. 5

Dec. 6

Dec. 10

Dec. 12

Dec. 16

Dec. 19

Dec. 26

Jan. 3

Jan. 9

Jan. 13

Jan. 17

Jan. 20

Jan. 23

Jan. 28

Jan. 30 Feb. 4

Feb. 6

scored by players who return this year. Brennan Andrews, Bodey McGrath and Cooper Swartz, a trio of seniors, represent the returning production. Rosato knows some new faces will need to step into different roles this season.

"It's going to look a little different, but I'm certainly excited and the kids I've been able to interact with seem excited too," Rosato said. "The initial challenge is getting everyone on the same page. Coach Quinlan did a lot of great things, but naturally

at Skaneateles Community Center at JM McDonald Sports Complex

at Three Rivers athletic Complex

at JM McDonald Sports Complex

at JM McDonald Sports Complex

at Casey Park Recreation Center

at JM McDonald Sports Complex

at Tsha'Hon'nonyen'dakhwa'

at Anthony Crisafulli Rink

at The Farm Ice Rink

at Clinton Arena

at Cass Park

at New Hartford Recreation Center

at Whitestown Ice Rink



Cortland Standard File Photo

Cortland/Homer's Gabe O'Connor watches the puck while making a pass last year. O'Connor is one of the Golden Eagles' top returning players as they look to build on a three-win season.

I'm sure I'm going to be different in some retrospect. So just getting the kids accustomed to me as well as the other coaches is going to be the initial challenge. Once we get that settled it's really going to be just continuing to grow."

"The vast majority of our goals are no longer in the building, so that presents a challenge but also an opportunity," Rosato added. "We're looking for kids to step up and be leaders. For this to be

a successful season we're going to have to focus on getting better each and every day. There's some big shoes to fill, but I'm optimistic the kids will rise to the occasion."

Andrews, McGrath and Swartz are the lone returning seniors on the roster entering this season. They will be called upon early to step up alongside whatever new faces. Rosato is excited for his young group to get a chance to grow.

"I had the chance to work in a summer league that is not associated with the school and a lot of our young guys participated in that, so I got to meet a lot of our underclassmen," Rosato said. "I think everyone has something to contribute. We're a young team and we've got some shoes to fill and we're excited to see what that'll look like."

The Golden Eagles will find out what they have quickly, as they begin the season with likely the biggest test on the entire schedule, the two-time defending Division 2

state champion Skaneateles Lakers. "That's the standard," Rosato said. "How we do, we'll see. But my focus, whether we win every game this year or whether we mirror what we did last year, has to be on growing young athletes and leaders. If you focus on doing that, all that other success will come. I look forward to it (the opener against Skaneateles). I think it's a wonderful measuring tool for what we're doing well and where we can grow. So, I'm excited for that challenge and opportunity."

Cortland/Homer opens the season on the road at noon Nov. 29 at the Skaneateles Community Center.

CORTLAND GIRLS BASKETBALL · from Page 3

Hubbard and Aubree Larkin have been really looking good in preseason. They're kind of embracing their leadership role as seniors who have played for me for a little while and things are starting to really click for them. They are two key returners who maybe weren't always in the books in previous years, but two kids I always knew would step up. If they continue to grow, I think they have a really high ceiling."

Seniors Lily Yang and Katie Harris are other returners Meyer thinks will be big for her team, particularly with their 3-point shooting. Nora Gambitta will be a new addition to the team this season who Meyer thinks can contribute as well. Overall, Cortland has

embraced the challenge of being known as one of the top teams in Section III in recent years.

"I think the biggest thing is to take pressure as a privilege," Meyer said. "The pressure has been fully earned due to hard work, buy-in and success. It's a positive, it's a good thing to be good. It's a good thing for people to want to have your head because you beat them last year. We've earned our titles, we've earned our keep. So we're not looking at it as adversity but more as a challenge. I think it's going to be really cool."

Cortland will begin its quest to back up its previous success when it opens the season at home at 6:45 p.m. Dec. 3 against Central Square.



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HOMER BOYS BASKETBALL

headed toward transition year

By PAUL CIFONELLI **Sports Editor**

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The Homer boys basketball team lost three-fifths of its starting lineup from last year and will be looking to a few returning seniors to lead the younger guys to

Kaden Durham and Max Franco are the two starters from the 2023-24 team coming back. Durham averaged 9.8 points and 8.3 rebounds last season and Franco pitched in 9.5 points per game. Homer head coach Ken Updike is looking at those two, as well as senior Jack Brady, to lead the Trojans this year.

"Both Kaden and Max have been with us on the varsity team since they were sophomores and both of them had roles as sophomores," Updike said. "We saw those roles grow more prominent as juniors. The natural progression is, those guys with lots of experience are going to lead us on and off the floor."

"Another guy who's waited his turn, who's been with us since his sophomore year is Jack Brady," Updike added. "It's been nice to see Jack Brady be comfortable with himself in other sports. He's had success this football year and I think that will help him with a little confidence coming into the basketball season."

Durham, in particular, has done a lot to elevate himself this offseason. Updike feels he will be ready to take on some more usage

"Kaden has put a lot of time into his game from the spring and over the summer, and he's initiated those efforts," Updike said. "Kaden deserves a lot of credit for putting himself in positions to get better. I think an area that I've seen him stand out is as a leader."

Homer will need new guys to step up and replace the production from Wyatt Wilbur, Mitchell Earle and Tyler VanEtten from last year. Updike expects Brycen Poole, Ryan Beard and Dane Francis to be three of the top guys to contribute from a good JV squad last year.

"We're going to expect sooner than later that they're going to be comfortable in those roles we give them," Updike said. "It's more than comfort in an individual role, it's being able to mesh those individual roles into a team."

Homer has some difficult stretches on the schedule and Updike knows it could be an uphill battle at times. He is hoping things can start to come together at some point before the postseason.

"We just want to be the best we can be by February," Updike said. "We're losing a top rebounder, top assist guy. We lost three se-

Homer's Max Franco handles the ball against pressure last year. Franco and Kaden Durham are Homer's two returning starters from last year's team.

niors who were playing 30-plus minutes per game. We may have some growing pains, we may have some good nights, we may have some bad nights, but by February when it's sectional time I think this is going to be a group that plays very well together."

Homer opens its season at 6:45 p.m. Dec. 3 at home against Ska-

6:45 p.m. vs. Skaneateles at Homer High School at Homer High School vs. Phoenix, Dec. 10 at Fulton, Dec. 13 at G. Ray Bodley High School

BASKETBA

seeking improvement in second year with core

By PAUL CIFONELLI

Sports Editor

ers from last year's 4-16 team as the Trojans are looking to take a step back toward contention.

Homer's only senior last year was Aislynn Cobb, but junior Brayden Partigianoni appears to be out for the season after suffering an ACL tear during last year's lacrosse season.

Missing Partigianoni for the season will hurt, but head coach Brad Sovocool expects she will still be around the team and make whatever impact she can.

Homer is bringing back nearly all of its production, including the team leader in points, rebounds, assists and steals — junior Lauren Franco. Franco went for 9.6 points per game last year, 7.5 rebounds per game, 1.7 assists per game and 2.5 steals per game in her first var-

Senior Kaylee Darling and jupcifonelli@cortlandstandard.com nior Anya Gofkowski will be en- big jump this offseason between The Homer girls basketball tering their third varsity seasons. summer league, AAU and open team is returning all but two play- Darling is a post player looking gyms," Sovocool said. "These poised for a breakout and Gofkowski was the top 3-point shooter and shot blocker on the roster a

> Izzy Small, Kennadie Taylor, Lizzie McCloy and Maddie Morgan are all entering their second season on the varsity roster. Sovocool feels the experience gained last year will only help in 2024.

> "These girls playing together for a year is certainly going to help going into this season," Sovocool said. "We really started to put it together and gel toward the end of the season and that's kind of continued this offseason. If we continue to work hard and they buy into what we're teaching them, it should lead to more success."

Sovocool is expecting different results this season despite having a nearly-identical roster.

"As a group we've made a girls put in work in their free time and I've seen a ton of growth in them individually and together."

"There's still a lot of work to do," Sovocool added, "If we continue to take strides forward it will lead to success."

The third-year head coach appreciates that the team has put in the effort to make sure this season goes better.

"The one thing about this group that I love and appreciate is how many of them don't miss an opportunity to get better," Sovocool said. "For the most part, they all show up to offseason work despite them being three-sport athletes."

Sovocool won't see success in the win column this year, but wants to see the team get better and remain competitive.

at Fowler,	6:45 p.m.	Dec. 18	at Fowler High School
vs. Marcellus,	6:45 p.m.	Dec. 20	at Homer High School
vs. Groton,	5 p.m.	Dec. 27	at Cortland Jr./Sr. High School
vs. Cortland or McGraw,		Dec. 28	at Cortland Jr./Sr. High School
at Chittenango,	6:45 p.m.	Jan. 3	at Chittenango High School
at Institute of Technology,	6:30 p.m.	Jan. 7	at Institute of Technology
vs. Central Square,	6:45 p.m.	Jan. 10	at Homer High School
vs. Jordan-Elbridge,	6:45 p.m.	Jan. 13	at Homer High School
at Phoenix,	6:30 p.m.	Jan. 21	at John C. Birdlebough High School
vs. Solvay,	6:45 p.m.	Jan. 23	at Homer High School
at Mexico,	6:40 p.m.	Jan. 28	at Mexico High School
vs. Cortland,	6:45 p.m.	Jan. 30	at Homer High School
vs. Mexico,	6:45 p.m.	Feb. 5	at Homer High School
at Solvay,	6:30 p.m.	Feb. 7	at Solvay High School
at Cortland,	6:45 p.m.	Feb. 11	at Cortland Jr./Sr. High School
at East Syracuse-Minoa,	6:45 p.m.	Feb. 13	at East Syracuse-Minoa High School
		•	

at Skaneateies,	6:30 p.m.	Dec. 3	at Skaneateles High School
vs. Tully,	5 p.m.	Dec. 6	at Homer High School
vs. Chittenango or Port Byron,		Dec. 7	at Homer High School
vs. Fulton,	6:45 p.m.	Dec. 13	at Homer High School
at Cortland,	6:45 p.m.	Dec. 19	at Cortland Jr./Sr. High School
vs. Oneida,		Dec. 21	at Onondaga Community College
vs. New Hartford,	11:45 a.m.	Jan. 4	at Homer High School
at Westhill,	6:30 p.m.	Jan. 6	at Westhill High School
vs. Mexico,	noon	Jan. 11	at Homer High School
vs. Cazenovia,	6:45 p.m.	Jan. 14	at Homer High School
vs. East Syracuse-Minoa,	6:45 p.m.	Jan. 17	at Homer High School
at Bishop Ludden,	6:30 p.m.	Jan. 21	at Bishop Ludden Jr./Sr. High Schoo
at V-V-S,		Jan. 22	at V-V-S High School
vs. Syracuse West,	6:45 p.m.	Jan. 24	at Homer High School
at Chittenango,	7 p.m.	Jan. 27	at Chittenango High School
vs. Solvay,	5 p.m.	Jan. 31	at Homer High School
vs. Chittenango,	6:45 p.m.	Feb. 4	at Homer High School
at Syracuse West,	6:30 p.m.	Feb. 7	at Institute of Technology
at Solvay,	6:30 p.m.	Feb. 11	at Solvay High School
vs. Phoenix,	6:45 p.m.	Feb. 13	at Homer High School

"I expect these girls to come every day with the goal of improving and getting better one day, one practice and one game at a time," Sovocool said. "If we continue with the upward trajectory we're in, we're going to find success. We have a good mix of teams on our schedule where I expect to be competitive with all of them. If we

bring energy, effort and a positive attitude every day and meet the standard we set as coaches, then I'd call it a successful season."

Homer's first game is at 6:30 p.m. Dec. 3 at Skaneateles. The Trojans' first home game is at 5 p.m. Dec. 6 against Tully in the first round of the Jessica M. Beal Memorial Tournament.

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Congratulations to the September Athlete of the Month: Marathon's Andy Edsall.



Paul Cifonelli/sports editor

Homer's Anya Gofkowski dribbles the ball up the court last year. Gofkowski is one of two returning players entering their third varsity season.

HOMER BOYS WRESTLING poised for big year

By PAUL CIFONELLI **Sports Editor** pcifonelli@cortlandstandard.com

The Homer boys wrestling team only graduated one senior last year and is looking ready to

make a jump back to being one of the elite programs in Section III. The Trojans went through a bit of a transitional period the

last few years after losing a big and talented senior class after the 2022-23 season. Homer head coach Jason Reyn-

olds rolled out an extremely young group last year and they delivered to the tune of a 13-7 record in dual meets. He was happy the guys battled and fought just like the veterans of teams past. "What's most impressive about

our current group is that the approach didn't change," Reynolds said. "Last year, we won 13 duals with 25 freshmen and sophomores on our team. We have another good group of freshmen coming in this year and those freshmen and sophomores from last year are one more year mature. We've got a strong group of seniors, six of them, who have won a lot of matches in Homer wrestling singlets. I definitely



Homer's Jack Brown gets into a ready position before a match last year. Brown is one of many Trojans looking to make the jump to reach the state tournament this season.

anticipate us taking another step forward and really doing some damage."

Reynolds is hoping the young group he had last year, combined with some more newcomers, can get the program back to the top of Section III Class B.

"This year, I'd like to approach that 20-win mark," Reynolds said. "We've got a really tough league, Marcellus/Onondaga

probably being the toughest team right now. We match up pretty well. I think this year's dual will be a much better dual for us just based on what we know, what we have coming in and the work that these guys have done in the offseason. I think we're going to be a different team."

Reynolds has also seen some guys make big leaps on the individual side, most notably soph-

vs. Whitney Point at Homer High School 6 p.m. at Homer High School vs. Cortland, Dec. 11 6 p.m. vs. Jordan-Elbridge/Port Byron/

6 p.m. Dec. 18 at Homer High School Cato-Meridian, at Chittenango, 6 p.m. Jan. 8 at Chittenango High School Cazenovia Invitational, at Cazenovia High School 9:30 a.m. at Homer High School vs. Marcellus/Onondaga, 6 p.m. Jan. 22 at Homer High School vs. Mexico, 6 p.m. vs. Canastota, Jan. 28 at Homer High School 6 p.m.

omore Owen Burhans. Burhans went 14-14 last year as a freshman, but had a big offseason that Reynolds hopes turns into a huge sophomore year.

"We had one young man (Burhans) go to Fargo, which is the biggest tournament in the country, over the offseason through U.S.A. wrestling," Reynolds said. "He had a great experience there and I was really proud and happy for him that he was able to do that. That's a big undertaking. He really took advantage of a great opportunity."

Hunter Lines is the most successful returner, having gone 37-7 as a junior and 40-11 as a sophomore. Reynolds feels Lines has every chance to earn his first trip to the state tournament and get the Trojans represented in Albany again after a year off.

"I anticipate up to four guys having a chance to make that state tournament, but Hunter is at the top of that list," Reynolds

said. "Over his career he has 107 wins. He's sixth in all-time wins and he's in the company of some pretty special athletes. Quite honestly, he's a special athlete himself. Not just the wins, but with the consistency. His consistency has been key as far as his approach and getting the job done."

Reynolds also believes senior Chris Slade and sophomore Jack Brown are capable of making the state tournament and has a feeling someone else will make a leap to that level, also.

The head coach has that feeling due to the amount of effort put in all over the program in the offsea-

"We've had guys at three or four camps with double digit Homer wrestlers at the camp, and that's not including the young women who participate as well," Reynolds said.

Homer's season begins at 6 p.m. Dec. 5 at home against Whitney Point.

HOMER GIRLS WRESTLING set to take on first year of freestyle

By PAUL CIFONELLI **Sports Editor**

pcifonelli@cortlandstandard.com

New York State is adopting freestyle wrestling for the girls in the 2023-24 season and Homer will be making the change in the program's third year.

Homer head coach Anna Cummings has headed the program since its inception and is happy with the change, despite some girls wrestling coaches across the state not being a fan of the decision.

"With freestyle being what the girls are doing in the Olympics and college, I think that it's a good move for New York to get ahead of all of that and start getting our girls ready for all those competitions," Cummings said.

Cummings began teaching freestyle wrestling principles instead of folkstyle last year when she heard the change was coming. She thinks the girls could have a shorter adjustment period because of it.

"That means that we were concentrating on our feet more versus top/bottom," Cummings said. "For the girls, they're just going to have to adjust to not having to stand up off of bottom. In freestyle you kind of just stay flat until you're brought back up to your feet. It's more on your feet wrestling; that's where you're going to score most

of your points." Homer will be without two-time state medalist Lily Sorenson this season. Cummings praised Lily Sorenson time and time again not just for her ability on the mat, but her leadership for the young program. With her gone, it's time for other girls to step up.

"Lily was definitely a big help, but with us having so many girls returning that have done it the last couple years I think we're going to do alright," Cummings said. "We're going to have those girls step up and be leaders. I had a couple girls doing some offseason stuff and really putting the time in, so I think those are the girls that are going to be stepping up and showing the way."

Senior Gracie Newman and sophomore Molly Sorenson each made the state tournament last year, with Newman going 0-2 at the event and finishing with a 5-4 record and Molly Sorenson winning a match at states and going 15-7 on the season. Junior Alisa Gonzalez also went 17-2 last



Homer's Molly Sorenson takes off her headgear after a win last season. The Trojans will compete in freestyle wrestling this year after changing from folkstyle.

Seniors Madison Dawson, Shana O'Brien and Katilyn Porter and sophomore Mya Locke will all be back as well. Cummings has noticed Locke in particular has been working hard to have a breakout season this year.

"Mya Locke has been doing the most as far as offseason stuff," Cummings said. "Watching her grow mentally and physically, I think she's going to have a good showing this year."

Cummings is hoping that, as girls wrestling grows statewide, so will the opportunities for dual meets. She's confident the Trojans will have double digit wrestlers this season and hopes that would allow for some competitive duals.

6 p.m.

6 p.m.

5 p.m.

at West Genesee,

Friday Night Throws,

Section III Championships,

at Groton,

at Fayetteville-Manlius,

The expanded roster will mean lots of first-time wrestlers, whom Cummings welcomes with open arms. She wants those girls to learn and grow all season while the returners make a leap to becoming some of the best around.

"We're going to have a lot of new girls, so I'm excited to see them really fall in love with the sport, build their bond as a team and grow personally and become more confident," Cummings said. "Personally, I'd like to see the girls that made states last year make it again and I'd really like for Mya to hopefully get there as

Homer's season opens at 6 p.m. Dec. 11 at West Genesee.

at West Genesee High School

at Groton High School

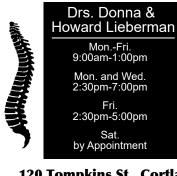
4:30 p.m. Jan. 31 at JM McDonald Sports Complex

Feb. 8 at Onondaga Community College

at Fayetteville-Manlius High School

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3 p.m.

Jan. 8

Jan. 15

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By MIKE ROSE **Sports Reporter**

mrose@cortlandstandard.com

The Dryden boys basketball program has never won a sectional title, nor have they ever even made it to the championship game. After a 14-8 season that ended with a loss in the semifinals to eventual Class C champion Waverly a year ago, the Lions are primed for a season to remember this year.

Dryden head coach Zack LeViere isn't focusing on the lofty expectations people may have of his team. Instead, he's worried about making sure his team continues to build and enjoy the process.

"The goal this year is to pick up where we left off and build on last year," LeViere said. "We have a lot of returning seniors this year. We had four juniors who started for us last year. Our expectation as a team is to really focus on the process throughout this year. Take it game by game and focus on the little details that can get overlooked. All the little things add up to winning or losing a basketball game over the course of 32 minutes. So really our focus is setting the tone early this year in practice and enjoying the process."

Dryden's senior class is headlined by the quartet of returning starters from a season ago. Peter Nydam averaged 8.9 points and nine rebounds per game last season after missing the beginning of the year with a wrist injury. Luke Eshelman was among a trio of double-digit scorers a year ago, averaging over 11 points. Daniel Murphy posted 12.8 points, second most for the Lions, and 5.7 rebounds per game in his junior

season. Xander Scott was at the forefront of everything Dryden did, averaging a team-high 15.4 points, 12.8 rebounds, 2.3 steals and 4.0 blocks.

LeViere is excited for what each can bring to the table for his team.

"Xander is our big man in the middle and he really cleaned up a lot of our mistakes on the outside and allowed us to be a little more aggressive on the perimeter defensively," LeViere said. "He has this uncanny ability to time shooters and really affect people's shots.

"Peter started off slow last year, he didn't come back until after Christmas break," LeViere added. "He plays a lot of basketball. He played AAU, he played during the summer and so I expect him to really start off well this year.

"Daniel and Luke are both skilled players, skilled offensive players. Danny this is his third year on varsity and Luke, it's his second, and both of them are just strong, steadying forces for the offense. When they get the ball, we can trust that they're going to take care of it, they're going to take good shots and we plan on them knocking down a lot of shots this year."

LeViere also believes Jay and Carmelo Miles could elevate their games heading into their junior seasons. Jay averaged 3.9 points, 3.5 assists and 1.6 steals per game last year, while Carmelo scored 6.6 points with 4.3 boards a game.

Dryden hopes its core is ready to get over the hurdle and finally take the Lions into the spotlight. The quest will begin when Dryden opens its season at home at 7 p.m. Dec. 9 against Windsor.



Dryden's Luke Eshelman tees up a 3-pointer last year. Eshelman is one of many returning Lions looking to make the deepest postseason run in program history.

vs. Windsor,	7 p.m.	Dec. 9	at Dryden High School
vs. Newark Valley,	7 p.m.	Dec. 13	at Dryden High School
at Lansing,	7 p.m.	Dec. 17	at Lansing High School
vs. Elmira Notre Dame,	7 p.m.	Dec. 20	at Dryden High School
Coaches vs. Cancer Invitational,		Dec. 27 and 28	at Visions Veterans Memorial Arena
vs. Whitney Point,	7 p.m.	Jan. 7	at Dryden High School
at Elmira Heights,	7 p.m.	Jan. 10	at Thomas A. Edison High School
vs. Watkins Glen,	7 p.m.	Jan. 14	at Dryden High School
at Newark Valley,	7:15 p.m.	Jan. 16	at Newark Valley High School
vs. Sidney,	6:45 p.m.	Jan. 18	at Dryden High School
vs. Lansing,	7 p.m.	Jan. 23	at Dryden High School
vs. Trumansburg,	7 p.m.	Jan. 28	at Dryden High School
at Elmira Notre Dame,	7:15 p.m.	Jan. 31	at Elmira Notre Dame High School
at Trumansburg,	7 p.m.	Feb. 4	at Charles O. Dickerson High School
at Whitney Point,	7:15 p.m.	Feb. 7	at Whitney Point High School
at Horseheads,	7:30 p.m.	Feb. 8	at Horseheads High School
vs. Elmira Heights,	7 p.m.	Feb. 11	at Dryden High School
at Watkins Glen,	7 p.m.	Feb. 14	at Watkins Glen High School

By MIKE ROSE **Sports Reporter**

mrose@cortlandstandard.com

For the second consecutive season, the Dryden girls basketball program will have a new head coach at the helm. It'll do so after a down year last season where they finished 5-15.

New head coach John Pascarella

will be tasked to help lead the turnaround this year after serving as an eral seasons. Pascarella is also the

"Last season was a tough season for the program, and this year we want to come out strong," Pas-

carella said.

assistant coach over the last sevhead coach for the varsity baseball team at Dryden.



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Former SUNY Cortland standout Beth Bonin led the Lions last

Pascarella also noted that new JV coach Abby Wilkinson has brought energy to the program and been a great asset as Dryden looks to rebuild at all levels. The Lions are two years removed from losing their division via a tiebreaker and are looking to get back into that conversation.

Senior Maysie Davis and junior Guiliana Pascarella will be at the center of this year's Dryden team on the floor. Davis is expected to contribute most notably with her shooting while Pascarella will be at the center of a lot of what the Lions do offensively.

Dryden opens the season at 6:30 p.m. Dec. 6 on the road against Groton.

at Groton,	6:30 p.m.	Dec. 6	at Groton High School
vs. Newfield,	7 p.m.	Dec. 10	at Dryden High School
at Newark Valley,	7:15 p.m.	Dec. 13	at Newark Valley High School
vs. Lansing,	7 p.m.	Dec. 16	at Dryden High School
at Elmira Notre Dame,	7:15 p.m.	Dec. 20	at Elmira Notre Dame High School
Miss Holiday Hustle Tournament,		Dec. 26 and 27	at Marathon High School
at Trumansburg,	7 p.m.	Jan. 3	at Charles O. Dickerson High School
at Whitney Point,	7:15 p.m.	Jan. 7	at Whitney Point High School
vs. Elmira Heights,	7 p.m.	Jan. 10	at Dryden High School
at Watkins Glen,	7:30 p.m.	Jan. 14	at Watkins Glen High School
vs. Newark Valley,	7 p.m.	Jan. 17	at Dryden High School
vs. Groton,	7 p.m.	Jan. 22	at Dryden High School
at Lansing,	7 p.m.	Jan. 24	at Lansing High School
vs. Elmira Notre Dame,	7 p.m.	Jan. 31	at Dryden High School
vs. Trumansburg,	7 p.m.	Feb. 5	at Dryden High School
vs. Whitney Point,	7 p.m.	Feb. 7	at Dryden High School
at Elmira Heights,	6:30 p.m.	Feb. 11	at Thomas A. Edison High School
vs. Watkins Glen,	7 p.m.	Feb. 14	at Dryden High School

By PAUL CIFONELLI **Sports Editor** pcifonelli@cortlandstandard.com

nine seniors from last year's team, but a pair of standouts will return to

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The Dryden wrestling team lost

lead the Lions. Dryden graduated Paul Best, Nicholas Bieber, Brayden Juarez, Dean Belden, Isaac Collins, Chris Greene, Tyler Head, Kaitlyn Perrine

and Brennan Torrico a year ago. Oscar Brotherton went 32-6 as a freshman, earning himself a shot at the Section IV state qualifier. Brotherton placed fourth there after going 2-2. Senior Hunter Covington was 16-4 last season after missing a tournament in December and the final month of the season.

Both Brotherton and Covington appear poised to make another leap toward the top of Section IV.

Senior Kassandra Lindsey and sophomore Rebecca Greene both placed at the Section IV Girls Championships last year. Lindsey came in fifth in her weight class to cap a 10-13 season and Greene came in third at 100 pounds and went 11-14 on the season. Both Lindsey and Greene only wrestled other girls last year.

Senior Aaron Thompson also returns after a 13-16 2023-24, sophomore Aedan Lange was 15-15 last year and sophomore Gaven Valenti finished 9-8 a season ago.

Dryden's season kicks off at 6 p.m. Dec. 4 at home against Wat-

vs. Watkins Glen,	6 p.m.	Dec. 4	at Dryden High School
vs. Elmira Heights,	6 p.m.	Dec. 11	at Dryden High School
Coach K Duals,	8 a.m.	Dec. 14	at Norwich High School
vs. Whitney Point,	6 p.m.	Dec. 18	at Dryden High School
Dave Darrow Duals,	7:30 a.m.	Jan. 4	at Cortland Jr./Sr. High School
at Spencer-Van Etten/Candor,	6 p.m.	Jan. 8	at Spencer-Van Etten High School
at Lansing.	6 p.m.	Jan. 15	at Lansing High School

MCGRAW SCHEDULES

BOYS BASI	KET	BAI	LL
at Groton,	10 a.m.	Nov. 27	at Groton High School
vs. Brookfield,	7 p.m.	Dec. 5	at McGraw High School
at Cincinnatus,	7 p.m.	Dec. 9	at Cincinnatus Central School
at DeRuyter,	7 p.m.	Dec. 11	at DeRuyter Central School
at Otselic Valley,	7 p.m.	Dec. 19	at Otselic Valley Central School
at Cortland,	6:45 p.m.	Dec. 27	at Cortland Jr./Sr. High School
vs. Homer or Groton,		Dec. 28	at Cortland Jr./Sr. High School
vs. Stockbridge Valley,	7 p.m.	Jan. 7	at McGraw High School
vs. Madison,	7 p.m.	Jan. 10	at McGraw High School
at Brookfield,	7 p.m.	Jan. 15	at Brookfield Central School
vs. DeRuyter,	7 p.m.	Jan. 17	at McGraw High School
vs. Hamilton,	7 p.m.	Jan. 21	at McGraw High School
vs. Cincinnatus,	7 p.m.	Jan. 28	at McGraw High School
vs. Otselic Valley,	7 p.m.	Jan. 31	at McGraw High School
at Stockbridge Valley,	7 p.m.	Feb. 4	at Stockbridge Valley Central School
at Madison,	7 p.m.	Feb. 6	at Madison Central School
at Mater Dei,	7 p.m.	Feb. 11	at Tipp Hill Community Center
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at Morrisville-Eaton Middle-High School at Brookfield Central School at Madison Central School Dec. 10 at Madison Central School
Dec. 13 at McGraw High School
Dec. 20 at McGraw High School
Dec. 28 at Fabius-Pompey Jr./Sr. High School
Jen. 8 at McGraw High School
Jan. 14 at McGraw High School
Jan. 14 at McGraw High School vs. Otselic Valley, 6 p.m. vs. Poland, vs. Fabius-Pompey or Otselic Valley at Cincinnatus, 6 p.m.

vs. Brookfield,

vs. iviauisuii,	o p.iii.	Jail. ZZ	at McGraw High School
at Stockbridge Valley,	6 p.m.	Jan. 24	at Stockbridge Valley Central School
at Otselic Valley,	6 p.m.	Jan. 30	at Otselic Valley Central School
vs. Cincinnatus,	6 p.m.	Feb. 7	at McGraw High School
GIRLS VOL	LEY	'BA	LL
at Stockbridge Valley,	7 p.m.	Dec. 5	at Stockbridge Valley Central School
vs. Sherburne-Earlville,	7 p.m.	Dec. 6	at McGraw High School
at DeRuyter,	7 p.m.	Dec. 9	at DeRuyter Central School
vs. Cincinnatus,	7 p.m.	Dec. 12	at McGraw High School
Queens Classic Tournament,	10 a.m.	Dec. 14	at SUNY Morrisville
vs. Brookfield,	7 p.m.	Dec. 16	at McGraw High School
at Port Byron,	7 p.m.	Dec. 20	at Dana West High School
vs. Fabius-Pompey,	7 p.m.	Jan. 3	at McGraw High School
vs. Port Byron,	7 p.m.	Jan. 6	at McGraw High School
at Tully,	7 p.m.	Jan. 7	at Tully High School
vs. Stockbridge Valley,	7 p.m.	Jan. 9	at McGraw High School
vs. DeRuyter,	7 p.m.	Jan. 13	at McGraw High School
at Cincinnatus,	7 p.m.	Jan. 16	at Cincinnatus Central School
at Brookfield,	7 p.m.	Jan. 20	at Brookfield Central School

at Fabius-Pompey Jr./Sr. High School

at Fabius-Pompey,

BOYS BASI	KET	BAI	<u>L</u>
vs. LaFayette,	7 p.m.	Dec. 3	at Cincinnatus Central School
vs. McGraw,	7 p.m.	Dec. 9	at Cincinnatus Central School
at Madison,	7 p.m.	Dec. 11	at Madison Central School
at Stockbridge Valley,	7 p.m.	Dec. 13	at Stockbridge Valley Central School
at Cortland,	6:45 p.m.	Dec. 17	at Cortland Jr./Sr. High School
vs. DeRuyter,	7 p.m.	Dec. 19	at Cincinnatus Central School
vs. Morrisville-Eaton,	5:30 p.m.	Dec. 28	at Fabius-Pompey Jr./Sr. High School
vs. Fabius-Pompey or Otselic Valley,		Dec. 30	at Fabius-Pompey Jr./Sr. High School
at Brookfield,	7 p.m.	Jan. 7	at Brookfield Central School
vs. Otselic Valley,	7 p.m.	Jan. 10	at Cincinnatus Central School
vs. Greene,	7 p.m.	Jan. 13	at Cincinnatus Central School
at Faith Heritage,	6 p.m.	Jan. 15	at Faith Heritage School
vs. Madison,	7 p.m.	Jan. 17	at Cincinnatus Central School
vs. Stockbridge Valley,	7 p.m.	Jan. 21	at Cincinnatus Central School
vs. George Junior Republic,	6 p.m.	Jan. 23	at Cincinnatus Central School
vs. OnTech Charter,	4 p.m.	Jan. 25	at Cincinnatus Central School
at McGraw,	7 p.m.	Jan. 28	at McGraw High School
at DeRuyter,	7 p.m.	Jan. 31	at DeRuyter Central School
vs. Brookfield,	7 p.m.	Feb. 4	at Cincinnatus Central School
at Otselic Valley,	7 p.m.	Feb. 6	at Otselic Valley Central School
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at Madison, vs. Otselic Valley or Stockbridge at Stockbridge Valley, at Madison Central School at Madison Central School at Stockbridge Valley Central School at Otselic Valley Central School at Cincinnatus Central School at Cincinnatus Central School at Otselic Valley, 6 p.m. 6 p.m. vs. Brookfield, vs. Poland, 6 p.m. Dec. 20 at Cincinnatus Central School at Cincinnatus Central School at Harpursville High School at Cincinnatus Central School Jan. 6 at Harpursville Jan. 10 6 p.m. vs. Stockbridge Valley, 6 p.m. Jan. 14 Jan. 22 Jan. 24 6 p.m. 6 p.m. at Marathon High School at Brookfield Central School at Cincinnatus Central School at Poland Central School at Marathon 6 p.m. Jan. 28 6 p.m. 6:30 p.m. vs. LaFargeville

at McGraw,	6 p.m.	Feb. 7	at McGraw High School
GIRLS VOL	LEY	/BA	<u>L</u> L
vs. Brookfield,	7 p.m.	Dec. 2	at Cincinnatus Central School
vs. DeRuyter,	7 p.m.	Dec. 5	at Cincinnatus Central School
CCL Tournament,	9 a.m.	Dec. 7	at DeRuyter Central School
at McGraw,	7 p.m.	Dec. 12	at McGraw High School
vs. Sandy Creek,	12:30 p.m.	Dec. 14	at Cincinnatus Central School
vs. Stockbridge Valley,	7 p.m.	Dec. 17	at Cincinnatus Central School
at Faith Heritage,	7 p.m.	Dec. 20	at Faith Heritage School
at DeRuyter,		Jan. 9	at SUNY Morrisville
vs. Fabius-Pompey,	7 p.m.	Jan. 15	at Cincinnatus Central School
vs. McGraw,	7 p.m.	Jan. 16	at Cincinnatus Central School
vs. Port Byron,	11:30 a.m.	Jan. 18	at Cincinnatus Central School
at Stockbridge Valley,	7 p.m.	Jan. 21	at Stockbridge Valley Central School
at Brookfield,	7 p.m.	Jan. 23	at Brookfield Central School
at Fabius-Pompey,	7 p.m.	Jan. 30	at Fabius-Pompey Jr./Sr. High School

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vs. Port Byron,	7 p.m.	Dec. 5	at Tully High School
at Cato-Meridian,	7 p.m.	Dec. 11	at Cato-Meridian Jr./Sr. High School
at West Canada Valley,	2:30 p.m.	Dec. 14	at West Canada Valley Jr./Sr. High School
at Fabius-Pompey,	7 p.m.	Dec. 18	at Fabius-Pompey Jr./Sr. High School
vs. LaFayette,	7 p.m.	Dec. 20	at Tully High School
vs. Herkimer,	6 p.m.	Jan. 3	at Tully High School
vs. Randolph or Cato-Meridian,		Jan. 4	at Tully High School
at Pulaski,	7 p.m.	Jan. 8	at Pulaski High School
vs. Onondaga,	7 p.m.	Jan. 10	at Tully High School
vs. Hamilton,	7 p.m.	Jan. 15	at Tully High School
vs. Fabius-Pompey,	7 p.m.	Jan. 17	at Tully High School
vs. Sackets Harbor,	4 p.m.	Jan. 18	at Sandy Creek High School
at LaFayette,	6:30 p.m.	Jan. 22	at LaFayette Jr./Sr. High School
vs. Pulaski,	7 p.m.	Jan. 24	at Tully High School
at Onondaga,	7 p.m.	Jan. 27	at Onondaga Jr./Sr. High School
vs. West Canada Valley,	2:30 p.m.	Feb. 1	at Tully High School
at Faith Heritage,	7 p.m.	Feb. 5	at Faith Heritage School
vs. Weedsport,	7 p.m.	Feb. 7	at Tully High School
vs. OnTech Charter,	7 p.m.	Feb. 12	at Tully High School
at Danillan	7	F=k 14	at Hamilton Cantual Cabaal

KE'	rba	, L L
7 p.m.	Dec. 4	at Tully High School
5 p.m.	Dec. 6	at Homer High School
	Dec. 7	at Homer High School
7 p.m.	Dec. 12	at Tully High School
7 p.m.	Dec. 16	at Onondaga Jr./Sr. High School
7 p.m.	Dec. 19	at Pulaski High School
1:30 p.m.	Dec. 21	at Tully High School
	Dec. 26 and 27	at Marathon High School
6:30 p.m.	Jan. 7	at Hannibal High School
7 p.m.	Jan. 9	at Fabius-Pompey Jr./Sr. High School
7 p.m.	Jan. 14	at Tully High School
7 p.m.	Jan. 16	at Tully High School
1:30 p.m.	Jan. 18	at Cooperstown Jr./Sr. High School
7 p.m.	Jan. 24	at Cato-Meridian Jr./Sr. High School
7 p.m.	Jan. 30	at Tully High School
6:30 p.m.		at LaFayette Jr./Sr. High School
7 p.m.	Feb. 6	at Tully High School
7 p.m.	Feb. 11	at Tully High School
7 p.m.	Feb. 13	at Tully High School
	7 p.m. 5 p.m. 7 p.m. 7 p.m. 7 p.m. 1:30 p.m. 7 p.m. 1:30 p.m. 7 p.m.	5 p.m. Dec. 6 Dec. 7 p.m. Dec. 12 7 p.m. Dec. 19 7 p.m. Dec. 19 1:30 p.m. Dec. 21 Dec. 26 and 27 6:30 p.m. Jan. 7 7 p.m. Jan. 9 7 p.m. Jan. 14 7 p.m. Jan. 18 1:30 p.m. Jan. 24 7 p.m. Jan. 24 7 p.m. Jan. 30 6:30 p.m. Feb. 4 7 p.m. Feb. 6 7 p.m. Feb. 6

GIRLS VOL	LEY	/BA	L L
at Fabius-Pompey,	7 p.m.	Dec. 3	at Fabius-Pompey Jr./Sr. High School
vs. Port Byron,	7 p.m.	Dec. 5	at Tully High School
at Clinton,	7 p.m.	Dec. 6	at Clinton Middle School
at Faith Heritage,	7 p.m.	Dec. 9	at Faith Heritage School
vs. Chittenango,	7 p.m.	Dec. 12	at Tully High School
Tully Holiday Tournament,	9 a.m.	Dec. 14	at Tully High School
at Manlius Pebble Hill,	7 p.m.	Dec. 17	at Manlius Pebble Hill School
at CBA,	7:30 p.m.	Dec. 20	at Christian Brothers Academy
at East Syracuse-Minoa,	12:30 p.m.	Jan. 2	at East Syracuse-Minoa High School
vs. Camden,	12:30 p.m.	Jan. 3	at Tully High School
vs. McGraw,	7 p.m.	Jan. 7	at Tully High School
at Pulaski,	7 p.m.	Jan. 9	at Pulaski High School
vs. DeRuyter,	7 p.m.	Jan. 14	at Tully High School
at Port Byron,	7 p.m.	Jan. 16	at Dana West High School
vs. Faith Heritage,	7 p.m.	Jan. 21	at Tully High School
vs. Clinton,	12:30 p.m.	Jan. 25	at Tully High School
at DeRuyter,	7 p.m.	Jan. 27	at DeRuyter Central School
vs. Fabius-Pompey,	7 p.m.	Jan. 28	at Tully High School
ve Manline Pahhla Hill	7 n m	lan 30	at Tully High School

WRESTLIN	6 5 l	UUT	HERN HILLS
Dixon Duals,	8 a.m.	Dec. 7	at Paul V. Moore High School
at Cazenovia,	6 p.m.	Dec. 10	at Cazenovia High School

at Cazenovia,	6 p.m.	Dec. 10	at Cazenovia High School
vs. Mount Markham,	6 p.m.	Dec. 12	at LaFayette Jr./Sr. High School
at Central Valley Academy,	9 a.m.	Dec. 14	at Central Valley Academy
at Phoenix,	6 p.m.	Dec. 18	at John C. Birdlebough High School
Fallen Heroes Duals,	9:30 a.m.	Jan. 4	at Canastota High School
	6 p.m.		at Tully High School
Dan Wickham Tournament,	8:30 a.m.	Jan. 11	at Unatego Junior-High School
vs. A-P-W/Pulaski,	6 p.m.	Jan. 16	at Fabius-Pompey Jr./Sr. High School
Red Devil Invitational,	'	Jan. 18	at V-V-S High School
vs. Hannibal,	6 p.m.	Jan. 22	at Fabius-Pompey Jr./Sr. High School
at Marcellus/Onondaga,	6 p.m.	Jan. 28	at Marcellus High School
IMDAAD TE	ACI	7 R. F	iri.n

Jan. 11

Jan. 17

Jack Morse Kickoff Meet, at Onondaga Community College Oscar B. Jensen Memorial Relays, George Constantino Memorial Meet, John Arcaro Memorial Meet, 4:30 p.m.

Fred Kirschenheiter Memorial Meet, 4:30 p.m.

OHSL League Championships, Section III Championships,

at Onondaga Community College at Onondaga Community College at Onondaga Community College at Onondaga Community College at Onondaga Community College







DAILY 7AM - 1AM OR LATER

9 RIVER STREET DAILY 7AM - 1AM OR LATER

ORDER AND EARN REWARDS ON THE TACO BELL APP!

vs. McGraw,	7 p.m.	Dec. 11	at DeRuyter Central School
at Otselic Valley,	7 p.m.	Dec. 13	at Otselic Valley Central School
vs. Faith Heritage,	6:30 p.m.	Dec. 16	at DeRuyter Central School
vs. Brookfield,	7 p.m.	Dec. 17	at DeRuyter Central School
at Cincinnatus,	7 p.m.	Dec. 19	at Cincinnatus Central School
at Poland,	1:30 p.m.	Jan. 4	at Poland Central School
at Madison,	7 p.m.	Jan. 7	at Madison Central School
vs. LaFayette,	7 p.m.	Jan. 10	at DeRuyter Central School
at Stockbridge Valley,	7 p.m.	Jan. 15	at Stockbridge Valley Central School
at McGraw,	7 p.m.	Jan. 17	at McGraw High School
vs. Otselic Valley,	7 p.m.	Jan. 21	at DeRuyter Central School
vs. Poland,	3 p.m.	Jan. 25	at DeRuyter Central School
at Brookfield,	7 p.m.	Jan. 28	at Brookfield Central School
vs. Cincinnatus,	7 p.m.	Jan. 31	at DeRuyter Central School
at LaFargeville,	7:30 p.m.	Feb. 1	at LaFargeville Central School
vs. Madison,	7 p.m.	Feb. 4	at DeRuyter Central School
at Manlius Pebble Hill,	7 p.m.	Feb. 12	at Manlius Pebble Hill School
GIRLS VOLL	eyb. Eyb,	ALL	
vs. Stockbridge Valley,	7 p.m.	Dec. 2	at DeRuyter Central School
at Cincinnatus,	7 p.m.	Dec. 5	at Cincinnatus Central School
CCL Tournament,	9 a.m.	Dec. 7	at DeRuyter Central School
vs. McGraw,	7 p.m.	Dec. 9	at DeRuyter Central School
at Brookfield,	7 p.m.	Dec. 12	at Brookfield Central School
Queens Classic Tournament,	10 a.m.	Dec. 14	at SUNY Morrisville
vs. Fabius-Pompey,	7 p.m.	Dec. 16	
vs. Manlius Pebble Hill,		Dec. 16	at DeRuyter Central School
vs. Marinas i ebble i iii,	7 p.m.	Dec. 19	at DeRuyter Central School at DeRuyter Central School
at Port Byron,			
	7 p.m.	Dec. 19	at DeRuyter Central School
at Port Byron,	7 p.m. 11:30 a.m.	Dec. 19 Dec. 21	at DeRuyter Central School at Dana West High School
at Port Byron, at Stockbridge Valley,	7 p.m. 11:30 a.m.	Dec. 19 Dec. 21 Jan. 6	at DeRuyter Central School at Dana West High School at Stockbridge Valley Central School
at Port Byron, at Stockbridge Valley, vs. Cincinnatus,	7 p.m. 11:30 a.m. 7 p.m.	Dec. 19 Dec. 21 Jan. 6 Jan. 9	at DeRuyter Central School at Dana West High School at Stockbridge Valley Central School at SUNY Morrisville
at Port Byron, at Stockbridge Valley, vs. Cincinnatus, at Fabius-Pompey, at McGraw, at Tully,	7 p.m. 11:30 a.m. 7 p.m. 7 p.m.	Dec. 19 Dec. 21 Jan. 6 Jan. 9 Jan. 10	at DeRuyter Central School at Dana West High School at Stockbridge Valley Central School at SUNY Morrisville at Fabius-Pompey Jr./Sr. High School at McGraw High School at Tully High School
at Port Byron, at Stockbridge Valley, vs. Cincinnatus, at Fabius-Pompey, at McGraw,	7 p.m. 11:30 a.m. 7 p.m. 7 p.m. 7 p.m.	Dec. 19 Dec. 21 Jan. 6 Jan. 9 Jan. 10 Jan. 13	at DeRuyter Central School at Dana West High School at Stockbridge Valley Central School at SUNY Morrisville at Fabius-Pompey Jr./Sr. High School at McGraw High School
at Port Byron, at Stockbridge Valley, vs. Cincinnatus, at Fabius-Pompey, at McGraw, at Tully,	7 p.m. 11:30 a.m. 7 p.m. 7 p.m. 7 p.m. 7 p.m. 7 p.m.	Dec. 19 Dec. 21 Jan. 6 Jan. 9 Jan. 10 Jan. 13 Jan. 14	at DeRuyter Central School at Dana West High School at Stockbridge Valley Central School at SUNY Morrisville at Fabius-Pompey Jr./Sr. High School at McGraw High School at Tully High School
at Port Byron, at Stockbridge Valley, vs. Cincinnatus, at Fabius-Pompey, at McGraw, at Tully, vs. Brookfield,	7 p.m. 11:30 a.m. 7 p.m. 7 p.m. 7 p.m. 7 p.m. 7 p.m. 7 p.m.	Dec. 19 Dec. 21 Jan. 6 Jan. 9 Jan. 10 Jan. 13 Jan. 14 Jan. 16	at DeRuyter Central School at Dana West High School at Stockbridge Valley Central School at SUNY Morrisville at Fabius-Pompey Jr./Sr. High School at McGraw High School at Tully High School at DeRuyter Central School

at Union Springs,	/ p.m.	Dec. 1/	at Union Springs High School
vs. Spencer-Van Etten,	7 p.m.	Dec. 20	at Marathon High School
at Candor,	7:30 p.m.	Jan. 3	at Candor Jr./Sr. High School
at Groton,	6:30 p.m.	Jan. 7	at Groton High School
at Southern Cayuga,	7 p.m.	Jan. 14	at Southern Cayuga Central School
vs. Moravia,	7 p.m.	Jan. 17	at Marathon High School
at Newark Valley,	7:15 p.m.	Jan. 22	at Newark Valley High School
at Edmeston,	7 p.m.	Jan. 27	at Edmeston Central School
vs. Union Springs,	7 p.m.	Jan. 31	at Marathon High School
at Odessa-Montour,	7:45 p.m.	Feb. 4	at Odessa-Montour Central School
vs. Groton,	7 p.m.	Feb. 7	at Marathon High School
vs. Southern Cayuga,	7 p.m.	Feb. 12	at Marathon High School
at Moravia,	7 p.m.	Feb. 14	at Moravia High School
GIRLS BAS	Keti	BALL	
vs. Oxford,	2:45 p.m.	Dec. 7	at Marathon High School
at Jordan-Elbridge,	7 p.m.	Dec. 11	at Jordan-Elbridge High School
at Newfield,	7 p.m.	Dec. 13	at Newfield Central School
at Bainbridge-Guilford,	5:45 p.m.	Dec. 14	at Bainbridge-Guilford Central School
vs. Union Springs,	7 p.m.	Dec. 17	at Marathon High School
at Spencer-Van Etten,	7:30 p.m.	Dec. 20	at Spencer-Van Etten High School
Miss Holiday Hustle Tournament,		Dec. 26 and 27	at Marathon High School
vs. Groton,	7 p.m.	Jan. 7	at Marathon High School
vs. Southern Cayuga,	7 p.m.	Jan. 14	at Marathon High School
at Moravia,	7 p.m.	Jan. 17	at Moravia High School
vs. Cincinnatus,	6 p.m.	Jan. 28	at Marathon High School
at Union Springs,	7 p.m.	Jan. 31	at Union Springs High School
vs. Odessa-Montour,	7 p.m.	Feb. 4	at Marathon High School
at Groton,	6:30 p.m.	Feb. 7	at Groton High School
at Southern Cayuga,	7 p.m.	Feb. 11	at Southern Cayuga Central School
vs. Moravia,	7 p.m.	Feb. 14	at Marathon High School

at Newark Valley,	7:15 p.m.	Dec. 11	at Newark Valley High School
vs. Union Springs,	6:30 p.m.	Dec. 12	at Groton High School
at Moravia,	7 p.m.	Dec. 17	at Moravia High School
vs. Odessa-Montour,	6:30 p.m.	Dec. 19	at Groton High School
vs. Lansing,	3:30 p.m.	Dec. 23	at Groton High School
vs. Homer,	5 p.m.	Dec. 27	at Cortland Jr./Sr. High School
vs. Cortland or McGraw,		Dec. 28	at Cortland Jr./Sr. High School
at Newfield,	7 p.m.	Jan. 3	at Newfield Central School
vs. Marathon,	6:30 p.m.	Jan. 7	at Groton High School
vs. Spencer-Van Etten,	6:30 p.m.	Jan. 10	at Groton High School
vs. Tioga,	6:30 p.m.	Jan. 14	at Groton High School
at Southern Cayuga,	7 p.m.	Jan. 17	at Southern Cayuga Central School
at Union Springs,	7 p.m.	Jan. 24	at Union Springs High School
vs. Southern Cayuga,	6:30 p.m.	Jan. 31	at Groton High School
vs. Moravia,	6:30 p.m.	Feb. 4	at Groton High School
at Marathon,	7 p.m.	Feb. 4	at Marathon High School
at Candor,	7:30 p.m.	Feb. 11	at Candor Jr./Sr. High School
GIRLS BASK	(ETB	ALL	ı
vs. Dryden,	6:30 p.m.	Dec. 6	at Groton High School
at Union Springs,	7 p.m.	Dec. 10	at Union Springs High School
vs. Moravia,	6:30 p.m.	Dec. 17	at Groton High School
at Odessa-Montour,	7:30 p.m.	Dec. 20	at Odessa-Montour Central School
vs. Newfield,	5:30 p.m.	Jan. 3	at Groton High School
at Marathon,	7 p.m.	Jan. 7	at Marathon High School
at Spencer-Van Etten,	7:30 p.m.	Jan. 10	at Spencer-Van Etten High School
at Owego Apalachin,			
	7:15 p.m.	Jan. 13	at Owego Free Academy
vs. Southern Cayuga,	6:30 p.m.	Jan. 17	at Owego Free Academy at Groton High School
at Dryden,			
	6:30 p.m.	Jan. 17	at Groton High School at Dryden High School at Groton High School
at Dryden, vs. Union Springs, at Moravia,	6:30 p.m. 7 p.m.	Jan. 17 Jan. 22	at Groton High School at Dryden High School at Groton High School at Moravia High School
at Dryden, vs. Union Springs,	6:30 p.m. 7 p.m.	Jan. 17 Jan. 22 Jan. 24	at Groton High School at Dryden High School at Groton High School
at Dryden, vs. Union Springs, at Moravia, at Southern Cayuga, vs. Marathon,	6:30 p.m. 7 p.m. 6:30 p.m. 7 p.m. 6:30 p.m.	Jan. 17 Jan. 22 Jan. 24 Jan. 27 Jan. 31 Feb. 7	at Groton High School at Dryden High School at Groton High School at Moravia High School at Southern Cayuga Central School at Groton High School
at Dryden, vs. Union Springs, at Moravia, at Southern Cayuga,	6:30 p.m. 7 p.m. 6:30 p.m. 7 p.m. 6:30 p.m. 6:30 p.m.	Jan. 17 Jan. 22 Jan. 24 Jan. 27 Jan. 31	at Groton High School at Dryden High School at Groton High School at Moravia High School at Southern Cayuga Central School

Red Devil Invitational,	8 a.m.	Jan. 18	at V-V-S High School
GIRLS WRE	STLI	NG	
Dames Tournament,		Jan. 5	at Waterford-Halfmoon Union Free Scho
Southern Tier Tournament,		Jan. 11	at LECOM Event Center
vs. Homer, Horseheads,	5 p.m.	Jan. 15	at Groton High School
Windsor Tournament,		Jan. 20	at Windsor High School

nion-Endicott Tournament

s. Trumansburg, Dave Buck Tournament

ort Byron Tournament, t Marathon, t Newark Valley, s. Odessa-Montour,

at Union-Endicott High School

Danies iournament,		Jan. J	lat wateriord-riallilloon officir riee Scrit
Southern Tier Tournament,		Jan. 11	at LECOM Event Center
vs. Homer, Horseheads,	5 p.m.	Jan. 15	at Groton High School
Windsor Tournament,		Jan. 20	at Windsor High School
BOWLING			
vs. Union Springs/Port Byron,	4 p.m.	Nov. 26	at Memory Lanes
at Elmira Heights,	4 p.m.	Dec. 2	at Dixie Bowling Lanes
at Odessa-Montour,	4 p.m.	Dec. 5	at Harborside Lanes
at Lansing,	4 p.m.	Dec. 10	at Cort-Lanes
vs. Newark Valley,	4 p.m.	Dec. 12	at Memory Lanes
at Candor,	4 p.m.	Jan. 2	at Owego Bowl
vs. Tioga,	4 p.m.	Jan. 7	at Memory Lanes
at Union Springs/Port Byron,	4 p.m.	Jan. 10	at Starlite Lanes
vs. Elmira Heights,	4 p.m.	Jan. 13	at Memory Lanes
vs. Odessa-Montour,	4 p.m.	Jan. 16	at Memory Lanes
vs. Lansing,	4 p.m.	Jan. 21	at Memory Lanes
at Newark Valley,	4 p.m.	Jan. 23	at Cardinal Lanes
vs. Watkins Glen,	4 p.m.	Jan. 28	at Memory Lanes
vs. Candor,	4 p.m.	Feb. 4	at Memory Lanes
at Tions	4 n m	Fah 6	at Valley Rowling Lanes

AWATAW			
HOYS BASK	ete	ALL	
vs. Southern Cayuga,	5:30 p.m.	Dec. 13	at Moravia High School
vs. Groton,	7 p.m.	Dec. 17	at Moravia High School
vs. Candor,	7 p.m.	Dec. 20	at Moravia High School
Vestal Holiday Tournament,	· ·	Dec. 27 and 28	at Vestal High School
at Tioga,	7 p.m.	Jan. 3	at Tioga High School
vs. Odessa-Montour,	7 p.m.	Jan. 7	at Moravia High School
vs. Newfield,	7 p.m.	Jan. 10	at Moravia High School
vs. Union Springs,	7 p.m.	Jan. 14	at Moravia High School
at Marathon,	7 p.m.	Jan. 17	at Marathon High School
vs. Trumansburg,	7 p.m.	Jan. 21	at Moravia High School
at Lansing,	7 p.m.	Jan. 28	at Lansing High School
at Spencer-Van Etten,	7:30 p.m.	Jan. 30	at Spencer-Van Etten High School
at Groton,	6:30 p.m.	Feb. 4	at Groton High School
at Southern Cayuga,	7 p.m.	Feb. 7	at Southern Cayuga Central School
at Union Springs,	7 p.m.	Feb. 11	at Union Springs High School
vs. Marathon,	7 p.m.	Feb. 14	at Moravia High School
GIRLS BASK	ETB	ALL	
Owego Tournament,		Dec. 6 and 7	at Owego Free Academy
vs. Southern Cayuga,	7 p.m.	Dec. 13	at Moravia High School
at Groton,	6:30 p.m.	Dec. 17	at Groton High School
at Candor,	7:30 p.m.	Dec. 20	at Candor Jr./Sr. High School
vs. Norwich,	6 p.m.	Dec. 23	at Moravia High School
vs. Tioga,	7 p.m.	Jan. 3	at Moravia High School
at Odessa-Montour,	7:30 p.m.	Jan. 7	at Odessa-Montour Central School
at Newfield,	7 p.m.	Jan. 10	at Newfield Central School
at Union Springs,	7 p.m.	Jan. 14	at Union Springs High School
vs. Marathon,	7 p.m.	Jan. 17	at Moravia High School
at Trumansburg,	7 p.m.	Jan. 20	at Charles O. Dickerson High School
at Trumansburg, vs. Groton,			
	7 p.m.	Jan. 20	at Charles O. Dickerson High School
vs. Groton,	7 p.m. 7 p.m.	Jan. 20 Jan. 27	at Charles O. Dickerson High School at Moravia High School
vs. Groton, vs. Lansing,	7 p.m. 7 p.m. 7 p.m.	Jan. 20 Jan. 27 Jan. 28	at Charles O. Dickerson High School at Moravia High School at Moravia High School
vs. Groton, vs. Lansing, vs. Spencer-Van Etten,	7 p.m. 7 p.m. 7 p.m. 7:30 p.m.	Jan. 20 Jan. 27 Jan. 28 Jan. 31	at Charles O. Dickerson High School at Moravia High School at Moravia High School at Moravia High School
vs. Groton, vs. Lansing, vs. Spencer-Van Etten, at Weedsport,	7 p.m. 7 p.m. 7 p.m. 7:30 p.m. 7 p.m.	Jan. 20 Jan. 27 Jan. 28 Jan. 31 Feb. 4	at Charles O. Dickerson High School at Moravia High School at Moravia High School at Moravia High School at Weedsport Jr./Sr. High School
vs. Groton, vs. Lansing, vs. Spencer-Van Etten, at Weedsport, at Southern Cayuga,	7 p.m. 7 p.m. 7 p.m. 7 p.m. 7:30 p.m. 7 p.m. 5:30 p.m. 7 p.m. 7 p.m.	Jan. 20 Jan. 27 Jan. 28 Jan. 31 Feb. 4 Feb. 7	at Charles O. Dickerson High School at Moravia High School at Moravia High School at Moravia High School at Weedsport Jr./Sr. High School at Southern Cayuga Central School

Dec. 11 Dec. 14 Dec. 18

at Pulaski High School at Moravia High School at Elmira High School at Groton High School

at Dana West High School at Marathon High School at Newark Valley High Scho at Watkins Glen High Schoo

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