

LIVING

Dr. Arnold Talentino wrote a poem to mark his daughter's inauguration as the new president of Augustana College.



Page 4

SPORTS

Goalkeeper Gabriel Kahle made save after save for the McGraw boys soccer team in Friday night's win.



Page 7

# Cortland Standard

\$1.00 delivered

Serving Cortland and surrounding communities since 1867

\$1.50 newsstand

2022 daily No. 238 SATURDAY, OCTOBER 15, 2022 CORTLAND, N.Y.

## Retail sales flat; inflation rates hit shoppers

**Bloomberg News (TNS)**  
U.S. retail sales stalled last month as shoppers grew more guarded about discretionary purchases amid the worst inflationary environment in decades and rising interest rates. The value of overall retail purchases were little changed in September after an upwardly revised 0.4% gain in August, Commerce Department data showed Friday. Excluding gasoline, retail sales were up 0.1%. The figures aren't adjusted for inflation. Seven of 13 retail categories declined last month, according to the report, including a drop in receipts at auto dealers, furniture outlets, sporting goods stores and electronics merchants. The value of sales at gas stations fell 1.4%, reflecting cheaper fuel prices, but they're now climbing.

It's not clear the extent to which Hurricane Ian, which devastated Florida and parts of South Carolina late last month, impacted the data. That likely kept local residents from dining out while encouraging them to stock up in advance of the storm. The weaker retail sales data underscore how consumers are feeling a bigger pinch from rampant price pressures. As inflation shows few signs of slowing, many Americans are still relying on credit cards and savings to keep up, and shelling out more on essentials leaves little leftover for discretionary purchases.

The Federal Reserve is expected to keep up its heightened pace of interest-rate hikes to quash demand across the economy, but the sales data suggest that's already happening.

The value of receipts at building materials outlets dropped 0.4% after robust gains in the prior two months, underscoring the impact of higher borrowing costs. Mortgage rates are currently the highest in two decades. Risks are growing that tighter policy will tip the U.S. into a recession at a time when consumers are already reeling from inflation, which could make the downturn that much more painful.

Data out Thursday underscored the severity of the Fed's inflation conundrum, with a key gauge of consumer prices jumping to a 40-year high last month. Inflation is well-outpacing wage gains, and much of the advance was traced to jumps in the cost of food, shelter and medical care.

"Higher borrowing costs and elevated inflation — that is not yet showing any sign of easing — will remain headwinds for spending going forward," Rubeela Farooqi, chief U.S. economist at High Frequency Economics, said in a note.

Besides not being adjusted for price increases, the retail sales report only captures a glimpse of services spending, where Americans have been shifting more of their dollars. A fuller picture of September household demand, which includes both services spending and inflation-adjusted figures, will be released later this month.



The old Gillette Skirt Factory on Miller Street sits surrounded in construction cones and fencing Friday afternoon. The building is slated to be turned into an apartment and commercial complex, funded as part of the Restore New York project.

## 'Lofty' ambitions

### City requests \$2M grant for Gillette apartments

**By JACOB MACK**  
**Staff Reporter**  
jmack@cortlandstandard.com  
The city of Cortland plans to seek a \$2 million grant to help a developer repurpose the former Gillette Skirt Factory at 32 Miller St. into 20 loft-style apartment units and two commercial spaces. The city Common Council approved the application this week with the state's Empire State Development Corp. The grant would cover a portion of the more than \$7 million expected cost of the Lofts at Gillette Factory Project. "Rents for the apartments are projected to range from \$1,195 to \$1,495 a month," property owner Christopher Calabro said Friday. Prices and measurements are subject to change, as the project is still in the planning stages. Construction is slated to begin early next year, given adequate funding. "There's going to be 14 one-bedroom units in three variations, eight

two-bedroom units, as well as two office spaces, one 1,250 square foot, the other 300 square feet," Mayor Scott Steve said Friday. "Calabro has his vision for the building, he wanted to do this whether or not he received help from the city." "We're just waiting on the Restore New York grant, and then we need a PILOT (payment in lieu of taxes agreement) from the (Cortland County) Business Development Corp. We just need those two components to move forward on the project," Calabro said. "The Restore New York initiative is meant to aid in repurposing old properties and this aligns perfectly with what the project stands for," Steve said. "It's a gateway project that we want to support financially in any way we can." "Normally when you're restoring and modernizing a building this old, it can come with some massive costs," Steve said. "People don't do it for profit, they do it because they love the building. It's a nationally known his-

toric tie to the state. I think it would be great to have the building restored." Before Calabro's acquisition of the building in 2021, it was last owned in 2013 by L. Werninck and Sons Supply Co. The building was originally constructed in 1904. The 116-year-old building was the third and final factory for the original Gillette Skirt Co. Owned by Noah Horace Gillette, the company first began making made-to-order petticoats in 1896. Starting on the second floor of a Clinton Avenue building, the company quickly outgrew its leased space, then moved to the former Cortland Corset Co. at Homer Avenue and Miller Street in 1900. When the building burned four years later, the company built the city of Cortland's first concrete block building only a few dozen feet over, at 32 Miller St. behind Hyde's Diner. The 22,500-square-foot building has sat vacant for eight years, but had a number of owners before that.

## Cortland County planning director steps down

**By JOHN CONLON**  
**Staff Reporter**  
jconlon@cortlandstandard.com  
Trisha Jesset, Cortland County's director of planning, has stepped down from her position, prompting a debate on the requirements for the job. The director of planning oversees the county planning department, which manages many of the logistical data and economic elements within the county, including zoning, special use permits, mapping property lines, redistricting, regional development and overseeing initiatives like broadband and solar energy expansion. County Legislature Majority Leader Beau Harbin (D-Cortland) said the planning director oversees many crucial operations behind the scenes. "For example, if you call 911, how do we find where a house is and make sure we have an address to send them to in rural areas?" Harbin asked, noting that is possible through the work of Jesset and the planning department. Jesset has accepted a position at SUNY Cortland, where she will work in facilities management. She gave her four-week notice in mid-September. The search for candidates began then. "They've already posted the position," Jesset said. "As a legislator, it's a huge loss," said Legislator Susan Wilson (D-Cortland). "She's been very proactive. Her work in redistricting and transit are things I really saw as positive. Trish is a great professional and a great person."



Jesset

"It's been wonderful," Jesset said. "I have loved my position and working with the other professional staff has been a pleasure. There are so many wonderful people behind the scenes that See DIRECTOR, page 6

## Amid teacher shortage, states ease job requirements



Paige Hicks, teacher and Athens City Educator leader, discusses ethics scenarios as preservice teachers took an ethics seminar provided by the Athens State college of education Oct. 11 in Athens, Alabama. The seminar aimed to help prepare prospective teachers for real-world issues in the education workplace.

DALLAS (AP) — As schools across the South grapple with teacher shortages, many are turning to candidates without teaching certificates or formal training. Alabama administrators increasingly have hired educators with emergency certifications, often in low-income and majority-Black neighborhoods. Texas, meanwhile, allowed about one in five new teachers to sidestep certification last school year. In Oklahoma, an "adjunct" program allows schools to hire applicants without teacher training if they meet a local board's qualifications. And in Florida, military veterans without a bachelor's degree can teach for up to five years using temporary certificates. Decisions to put a teacher without traditional training in charge of a classroom involve weighing tradeoffs: Is it better to hire uncertified candidates, even if they aren't fully prepared, or instruct children in classes that are crowded or led by substitutes? "I've seen what happens when you don't have teachers in the classroom. I've seen the struggle," Dallas schools trustee Maxie Johnson said just before the school board approved expanding that district's reliance on uncertified teachers. He added, "I'd rather have someone that my principal has vetted, that my principal believes in, that can get the job done." A Southern Regional Education Board analysis of 2019-20 data in 11 states found roughly 4% of teachers were uncertified or teaching with an emergency certification. In addition, 10% were teaching out of field, which means, for example, they may be certified to teach high school English but assigned to a middle school math class. See TEACHERS, page 6

INDEX

Ask Amy.....	4	Editorials.....	5
Bridge.....	11	Horoscope... ..	10
Classified.....	11	Living.....	4
Comics.....	10	Lottery.....	2
Crossword ...	10	Police/Fire.....	3
Deaths.....	2	Sports.....	7-8

WEATHER

Mostly sunny  
Tomorrow's Weather:  
High near 57.  
More on page 2

ONLINE

Check us out on Facebook  
www.cortlandstandard.com

MAKING IT RIGHT

The Cortland Standard will print corrections and clarifications of news articles. If you find mistakes or omissions, call the managing editor at 607-756-5665, ext. 166 or email news@cortlandstandard.com.

8 60000 35681 7



## Weather

## Local

**Rest of today:** A slight chance of showers after 2 p.m. Increasing clouds, with a high near 64. Southeast wind 8 to 17 mph, with gusts as high as 32 mph. Chance of precipitation is 20%. Then partly cloudy, with a low around 36.

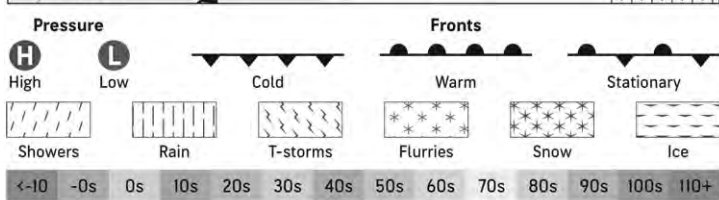
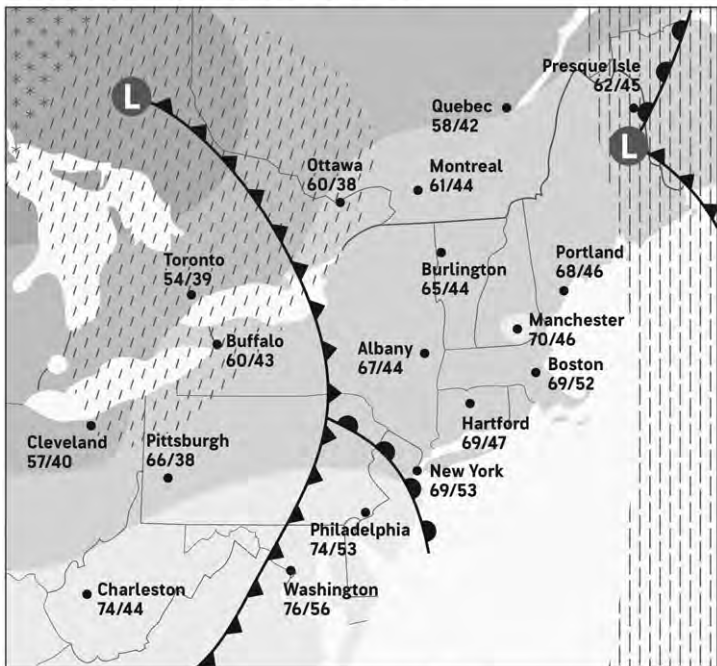
**Sunday:** Mostly sunny, with a high near 57. Calm wind becoming southwest around 6 mph in the afternoon.

## Skies Today

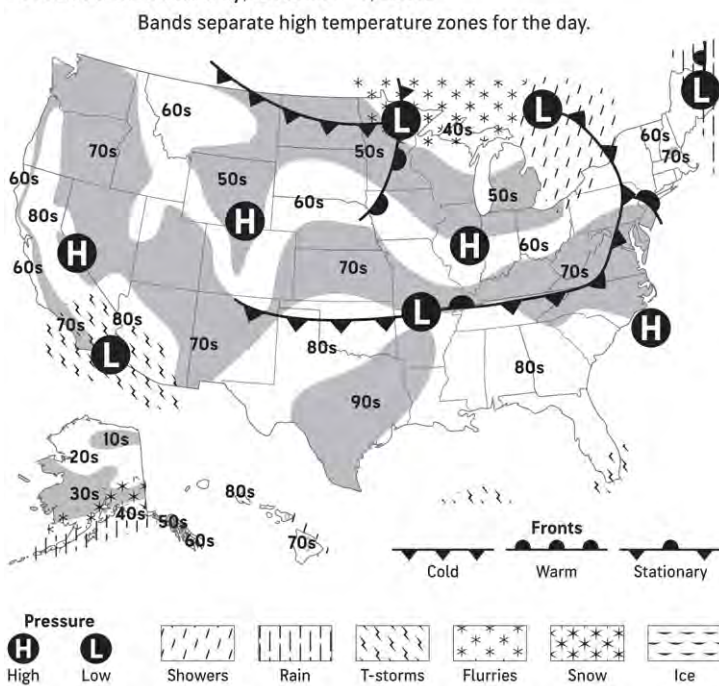
Saturday, October 15, 2022

Sunset today 6:24 p.m.  
Sunrise tomorrow 7:18 a.m.  
Normal high temperature 60  
Normal low temperature 40  
Average temperature 50  
Last quarter moon October 17

Forecast for Saturday, October 15, 2022



Forecast for Saturday, October 15, 2022



**NATIONAL SUMMARY:** Showers of rain and wet snow will frequent the northern Great Lakes region today. As rain exits Maine, much of the Atlantic coast and Appalachians will be dry and sunny. As a new push of cold air gathers over Canada before aiming for the Midwest, warmth will build in the Northwest. Showers will gather over the Southwest with eyes for Texas.

©2022 AccuWeather, Inc.

## Lottery Winners

ALBANY (AP) — Here are the winning numbers selected Friday in the New York State Lottery:

**Numbers:** Midday: 4-7-7, Evening: 5-5-2; **WinFour:** Midday: 3-1-7-3, Evening: 8-6-7-6; **Pick 10:** 2-8-19-21-23-26-32-39-42-43-46-50-51-56-58-60-65-70-77-79; **Take Five:** Midday: 20-21-24-28-35, Evening: 2-27-30-35-36; **Cash4Life:** 5-9-27-35-46, Cash Ball: 1; **Mega Millions:** 9-22-26-41-44, Mega Ball: 19, Megaplier: 2

## Making It Right

Cortland County officials clarified comments by trash hauler Lesa Williams about trash haulers' waits at the county landfill. County Legislator Chris Newell (R-Cortlandville) said those were cumulative wait times over three trips and longer than usual due to the holiday weekend.

"The longest wait time for Leza or her husband was 54 minutes," county Highway Superintendent Charles Sudbrink in an email.

## Cortland Standard

**Evan C. Geibel** ..... Publisher and Editor  
**Todd R. McAdam** ..... Managing Editor  
**Patti Walts** ..... Business/Advertising Manager  
**William Kustyn** ..... Production Manager  
To get the *Cortland Standard*, call: 607-756-5665  
(USPS No. 133-580)

Published every afternoon (Sundays and holidays excepted). Periodicals postage paid at Cortland, New York.

Cortland Standard Printing Co., owner and publisher. Evan C. Geibel, President. Office and principal place of business: Standard Building, 110 Main St., Cortland, New York. POSTMASTER: Send address changes to the mail address, CORTLAND STANDARD, P.O. Box 5548, Cortland, New York 13045-5548. Telephone for all departments is 607-756-5665.

The Cortland Standard is a member of the Associated Press. The Associated

## Extended

**Sunday night:** A chance of showers after 2 a.m. Mostly cloudy, with a low around 41.

**Monday:** Showers likely, then mostly cloudy, high near 52.

**Monday night:** Mostly cloudy, with a low around 32.

**Tuesday:** A chance of showers after 2 p.m. Mostly sunny, with a high near 46.

**Tuesday night:** A chance of rain and snow showers before 10 p.m., then a chance of snow showers. A low around 31.

**Wednesday:** A chance of rain and snow showers. Partly sunny, with a high near 43.

## Precipitation

October 13-14 0.24 inches  
Month to date 1.01 inches

## Records

## 'Harry Potter' actor Robbie Coltrane dies

LONDON (AP) — Robbie Coltrane, the baby-faced comedian and character actor whose hundreds of roles included a crime-solving psychologist on the TV series "Cracker" and the gentle half-giant Hagrid in the "Harry Potter" movies, has died. He was 72.

Coltrane's agent Belinda Wright said he died Friday at a hospital in his native Scotland, and did not immediately offer other details.

She called him "forensically intelligent" and "brilliantly witty" in just one of many tributes made to him.

"Harry Potter" author J.K. Rowling, who decades ago had said Coltrane was her first choice

to play Hagrid, tweeted Friday that he was "an incredible talent, a complete one off."

"I was beyond fortunate to know him, work with him and laugh my head off with him," she wrote.

Born Anthony Robert McMillan in Rutherglen, Scotland, Coltrane was in his early 20s when he began pursuing an acting career and renamed himself in honor of jazz musician John Coltrane.

He already had a notable screen career, with credits including "Mona Lisa," "Nuns on the Run" and Kenneth Branagh's

adaptation of "Henry V" when he broke through on his own as a hard-bitten detective in "Crack-

er," the 1990s TV series for which he won best actor at the British Academy Television Awards three years running.

He went on to appear in all eight "Harry Potter" movie as the young wizard's mentor and had a wide variety of other parts, including Russian crime boss in the James Bond thrillers "GoldenEye" and "The World Is Not Enough" and Pip's guardian Mr. Jagers in a 2012 adaptation of Dickens' "Great Expectations."



Coltrane

More recently, he received rave reviews for playing a beloved TV star who may harbor a dark secret in the 2016 miniseries "National Treasure."

On Friday, his "Nuns on the Run" co-star Eric Idle tweeted that he had been talking about Coltrane, "wondering where he was," when he learned of his death.

"Such a bright and brilliant man. A consummate actor, an extraordinarily funny comedian and an amazing actor. He was also a very good friend," Idle wrote.

Wright said Coltrane is survived by his sister Annie Rae, his ex-wife Rhona Gemmell and his children Spencer and Alice.

## Judge: Mel Gibson can testify at Weinstein trial

LOS ANGELES (AP) — Mel Gibson can testify about what he learned from one of Harvey Weinstein's accusers, a judge ruled Friday in the rape and sexual assault trial of the former movie mogul.

The 66-year-old actor and director was one of many witnesses, and by far the best known, whose identities were revealed in Los Angeles Superior Court. The judge and attorneys had taken a break from jury selection for motions on what evidence will be allowed at the trial, and who can testify. The witness list for the trial is sealed.

Judge Lisa B. Lench ruled that Gibson can testify in support of his masseuse and friend, who will be known as Jane Doe #3 at the trial. Weinstein is accused of committing sexual battery by restraint against the woman, one of 11 rape and sexual assault counts in the trial against the 70-year-old.

Prosecutors said that after getting a message from the woman at a California hotel in Beverly Hills in May of 2010, a naked Weinstein followed her into the bathroom and masturbated. Weinstein has pleaded not guilty, and denied any non-consensual sexual activity.

Weinstein's attorneys argued against allowing Gibson to testify, saying that what he learned from the woman while getting a massage from her does not constitute a "fresh complaint" by the woman under the law by which Gibson would take the stand. A "fresh complaint" under California law allows the introduction of evidence of sexual assault or another crime if the victim reported it to someone else voluntarily and relatively promptly after it happened.

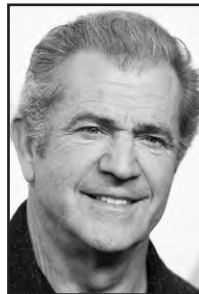
Prosecutors said that when

Gibson brought up Weinstein's name by chance, the woman had a traumatic response and Gibson

understood from her that she had been sexually assaulted. Gibson did not remember the timing of the exchange, but the prosecution will use another witness, Allison Weiner, who remembers speaking to both Gibson and the woman in 2015.

Judge Lench said Gibson's testimony will depend on how the accuser describes the exchange with him when she takes the stand, and she may choose to rule against it at that time.

Weinstein attorney Mark Worksman then argued that if Gibson does take the stand, the defense should be allowed to cross-examine him about widely publicized antisemitic remarks Gibson made during an arrest in



Gibson

2006, and about racist statements to a girlfriend that were recorded and publicized in 2010.

Lench said a wider discussion of Gibson's racism was not relevant to the trial, but she would allow questioning of whether he had a personal bias and animus toward Weinstein.

Worksman argued that Gibson had such a bias both because Weinstein is Jewish, and because Weinstein published a book that criticized the depiction of Jews in the Gibson-directed 2004 film, "The Passion of the Christ."

"Any evidence of Mr. Gibson's racism or antisemitism would give rise to a bias against my client, who challenged him," Worksman said.

The lawyer briefly, and mistakenly, said he thought the movie won a best picture Academy Award, but Weinstein, whose films once dominated the Oscars, shook his head as he sat at the defense table.

## Obituaries

## Kevin A. (Kev/KVD) VanDonsel

Kevin A. (Kev/KVD) VanDonsel, 37, of Cortland, New York passed away at home after a long struggle with PTSD on October 10, 2022.

Kevin was born in Cortland, NY to Alan and Shirley on August 29, 1985.

He attended Homer School, graduating in 2004. Kevin enlisted in the Army after graduation where he proudly served his country for 5 and a half years. He was retired from the Army with 100% disability due to PTSD and traumatic brain injury.

Kevin and Danielle were married on May 24, 2020 in their backyard. Kevin loved spending time with his family, friends and his beloved pets, Mack and Simon. He loved being involved with anything related to the Veterans and was always ready to jump in and help anyone in need. Kevin would spend hours online gaming and acquired many new friends that way. Kevin was a hugger and anyone lucky enough to receive one knows he had the best and most comforting hugs. Kevin was a Lifetime member of the DAV.

Kevin is survived by his loving wife Danielle, parents Alan (Andrea) VanDonsel, Shirley VanDonsel (Greg Hyde), daughter and light of his life Holly VanDonsel, Grandparents Leo VanDonsel, Marietta Aldrich, Don and Vivienne Lawson, and Joyce Keller. Also, his bonus children McKenna, Camryn and Delana. In-laws, Spud and Crystal Smith, and sibling, Scott Brennan. Numerous uncles, aunts, nephews, nieces, and cousins that he cherished so very much.

He was predeceased by his Grandfather Ed Keller and many fallen brothers he served with.

Funeral services will be held at Wright Beard Funeral Home on Tuesday October 18th at 11:00. Burial will be held at a later date at the convenience of the family. The family will receive guests between 3-7 PM on Monday, October 17th at the funeral home.

In lieu of flowers contributions may be made to the Holly VanDonsel Education Fund at the Syracuse Fire Department Credit Union, located at 211 Wilkinson Street, Syracuse, NY 13204, or Stack Up, an organization that supports US and Allied Veterans by promoting positive mental health and combat veteran suicide through gaming. Contributions in Kevin's name can be at [www.stackup.org/donate](http://www.stackup.org/donate).

The service can be streamed by visiting the Wright-Beard Funeral Home website at [www.wright-beard.com](http://www.wright-beard.com) through Kevin's obituary page. Visit [www.wright-beard.com](http://www.wright-beard.com) to offer condolences online.

## Beverly Iva Francis Braman

Beverly Iva Francis Braman, 91 passed away October 8, 2022 at home with Katie (her much loved cat) and her 24/7 Angels.

Born December 15, 1930 to Morace M. Francis and Iva L. Buchanan Francis Hollister. A lifelong resident of the area and a graduate of Cortland City Schools. In 1985, she retired from New York Telephone/Verizon after a career as an operator-then as a service assistant.

She is survived by 3 sons: Stephen of Sayre, PA, Alan of Medusa, NY and Jeffrey (Sharon) of Cortland, NY. Also survived by 10 grandchildren & spouses and 17 great grandchildren.

Beverly was a charter member of the Fireman's Auxiliary of Marathon, NY, City of Cortland, Cortland County, Auxiliary of Central, NY and LAFASNY. Serving in various official positions over the span of more than 50 years. She was also the recipient of the Keith Whiting Award, awarded for her service to the fireman and the Auxiliary (the first female recipient).

Calling hours will be held at Homer Avenue United Methodist Church from 11am to 1pm on October 18, 2022 (Tuesday) with a memorial service immediately following with Pastor Brown Officiating.

Memorial contributions (in lieu of flowers) in Beverly's name should be made to your local Fire Department and Auxiliary or Homer United Methodist Church.

Visit [www.wright-beard.com](http://www.wright-beard.com) to offer online condolences.

## John J. Fahey

John J. Fahey, 82, of Fort Myers, FL, passed away peacefully at his home on September 17, 2022, and was surrounded by many friends and family at the time of his passing.

Although he was born in the Bronx, he was raised and lived in Queens throughout his childhood.

He also lived in Massachusetts and New York state for many years, before moving to Florida.

John attended Iona college where he studied Liberal Arts, with a history major. He graduated in 1961. He served in the in the US Army from 1961 - 1963 as a military police officer in Alaska.

John had several different employment endeavors throughout his life, but he excelled and enjoyed being a salesman and also chauffeuring which he did for several years.

Although John had previously retired, he still enjoyed chauffeuring people to and from the airport. He also loved being in his new home, sitting on his front porch, watching storms and going out to eat with his friends.

He was very active in AA and achieved his 30-year sobriety chip this year, something he was very proud of. He loved helping and supporting others in the program.

John is survived by his children, Joshua Fahey (Kim) Fahey of Albany; Colleen Fahey (Daren) of Homer; and Jon Fahey (Kristy) of Marathon; his former wife and mother of his children, Patricia Fahey; four grandchildren, Addison, Braden, Claudia and Andrew; his brother, Thomas Fahey (Christine) of NYC; nieces, Kathleen, Tara, Mary and Christine.

In addition to his parents, Peter and Elizabeth Fahey, he was predeceased by his youngest son, Timothy Fahey.

Memorial services will be held at 10:00 a.m. on Wednesday, October 19, 2022 at the Donald L. Barber Funeral Home, 5016 US Route 11, Homer.

Interment, with military honors, will follow in St. Mary's Cemetery, Cortland.

Visit [www.DonaldLBarberFuneralHome.com](http://www.DonaldLBarberFuneralHome.com). to offer condolences online.



## Colleen's Compassionate Care

Colleen Stafford LPN

607-605-0386

- 24 hrs/day
- Minimum 3 hours per day
- All levels of care



PRIVATE DUTY IN HOME CARE

## "PRESENCE"

The Mystery of the Eucharist

A 4-Session FREE Workshop On Discovering The Powerful Way God is Present To Us In The Eucharist

Facilitated by Deacon Dan Reynolds

**Location:**  
St. Margaret's Catholic Church  
14 Copeland Ave.  
Homer, New York

**TIME & DATES:**

**Mondays, 6PM-7PM**  
**OCTOBER 17 & 24**  
**NOVEMBER 7 & 14**



**FOR SIGN-UP, Email Deacon Dan at [dreynolds@syrdio.org](mailto:dreynolds@syrdio.org) or call (607) 749-2542**



# Community

## Scott residents say they're bypassed by Amazon

By JACOB MACK  
Staff Reporter  
jmack@cortlandstandard.com

Over the past month, residents of Scott say they have had trouble receiving packages from popular online store Amazon, with many items never reaching their destinations.

"We have Amazon Prime and expect delivery in one to two days and end up with nothing for almost a month," Lori Snyder

of Scott said Wednesday. "The only thing they did was refund, they didn't deduct anything. We originally ordered this dog food on Sept. 13 and we received it yesterday after reordering last week under a different carrier."

Amazon did not respond to several requests for comment.

"We're new in town and it totally shocked us," Snyder said. "We didn't know if it was us or anyone else. When I read what

Bryn Carr wrote on Facebook, I realized we're not the only ones who can't get their packages delivered."

Carr, another resident of Scott, gathered dozens of reports from the town and screenshots of orders to be sent there with packages marked "undeliverable" by Amazon on the town of Scott Facebook page.

"I myself have had 12 packages marked undeliverable as

they made their way from Lancaster or from East Syracuse. Only packages being delivered by Amazon, not USPS or FedEx, are undeliverable," Carr said.

"I am now shipping to my mother's house in Dryden and she isn't having issues," she said.

Droves of residents in the Scott area have contributed to the reports on Facebook.

"About a month ago I ordered a carburetor for my lawn mow-

er," Scott resident Mariah Storey said. "The day before it was supposed to be delivered, we checked on it and it said it was in Lancaster, and it said there was an issue with shipping. We thought it was a sender issue and just got a refund for that one. We tried to order again and that one got lost in transit as well, we have not received it at all."

"Four orders in the past week went back to Amazon after ar-

riving in East Syracuse," wrote Tara Ferro of Scott. "The only order that made it from Amazon was sent to USPS. It's something with their carrier. I've been fighting with them for a week."

"They're saying the same thing to everyone, and they told my husband that we could not switch carriers, and we had to stick with our packages being delivered by Amazon," Snyder said.



John Conlon/staff reporter

The property of Homer Iron Works is being considered as a site for billboards near where Route 11 passes under Interstate 81.

## Homer considers billboard plan's environmental effects

By JOHN CONLON  
Staff Reporter  
jconlon@cortlandstandard.com

The Homer Town Board continues to consider a proposal for the construction of billboards on Interstate 81. And they're taking their time to get it right.

"I can't choose a timeline to vote on this. It'll be whatever it takes to do it right and in order," Homer Town Supervisor Fred Forbes Sr. said Friday. "It's the town's obligation to make sure it doesn't affect anyone. I don't want to be accused of not doing my due diligence."

Developer Emmanuel Pothos said he hopes to erect four billboards, both digital and static, along Interstate 81 in Homer: Three would be near where Route 11 passes under the interstate and one would be near Little York Crossing.

The Cortland County Chamber of Commerce and the Homer Business Association have expressed interest in advertising on the billboards, Pothos said.

"If we can get people to pull off the interstate to support local businesses, we should," He said he had done a similar project in Polkville.

Pothos presented an environmental assessment form last week for his billboard

project to the Homer Town Board.

"We asked him in August to fill out one of those. He didn't have it done for September. We gave it to our town attorney to look over," Forbes said. "In a project like this you want to make sure there are no environmental issues"

Town Attorney Pat Snyder said Pothos is required to submit the form by the state Environmental Quality Review Act.

"It's a fairly lengthy document," Snyder said. "The purpose would be to help the town decide whether the change in zoning would have an adverse effect on the environment."

Forbes said Pothos had provided renderings of how the billboards would look under different lighting conditions and from different distances.

Forbes said he wanted to make sure the board had unbiased information on the billboard project.

"I think it's imperative, especially to the residents of Little York, that if the board proceeds all the advice they get is from a neutral source."

"I think there could be somebody that questions whether the board has the ethical ability to vote on that," Forbes said. "One of the properties is owned by a board member."

That board member, Mike Park, has re-

cused himself from commenting and voting on the billboard proposal, Forbes said.

Forbes said the town board is updating its ethics policy and Board of Ethics to help navigate potential future conflicts and perceived improprieties.

"Being in a small town, everybody knows everybody," Forbes said. "And because the question was asked, I believe it's important for the town to review their ethics policy. Some of the people on that board have moved out of town or live elsewhere six months a year."

Forbes asked Snyder to update the town board's ethics policy. "The ethics law was originally adopted in 1970. It's 52 years old," Snyder said.

A board of ethics typically includes community leaders and residents and advises the town board, he said. "They provide guidance as to whether or not a public official is getting into a conflict of interest situation."

Pothos said the first billboard could be constructed in six to nine months after work begins. "I suspect it will be in 2023 if we get an approval," he said. "It's going to be in phases based on interest. One in each direction. Southbound and northbound. Then we can expand."

## Cornell breaks down Honeycrisp apple genome

By KRISHNA RAMANUJAN  
Cornell Chronicle

A team of researchers has sequenced the Honeycrisp apple genome, a boon for scientists and breeders working with this popular and economically important cultivar.

The sequenced genome — available open-sourced for anyone to access — provides a valuable resource for understanding the genetic basis of important traits in apples and other tree fruit species, which can be used to enhance breeding efforts, according to the paper.

The U.S. apple industry is worth \$23 billion a year, and Honeycrisp is its most valuable cultivar, bringing growers roughly twice the value per pound than the second-most valuable cultivar, Fuji.

Due to its favorable traits, including crispness, flavor, cold-hardiness and resistance to apple scab fungal disease, breeders have used Honeycrisp as a parent in nine new cultivars, including the Cornell-developed Snapdragon.

At the same time, growing Honeycrisp can be challenging.

"Although it has many positive traits, it's one of the most difficult apple cultivars to grow in the production system in orchards; it suffers from many physiological and post-harvest issues," said Awais Khan, associate professor in the School of Integrative Plant Science at Cornell AgriTech and first and co-corresponding author of the paper, "A Phased, Chromosome-scale Genome of Honeycrisp Apple," published last month in the journal Gigabyte.

Honeycrisp trees have difficulty getting

enough nutrients on their own and require a specific nutrient management program for good yields and health, Khan said.

Without that, the trees commonly develop "zonal leaf chlorosis," where leaves yellow and curl due to carbohydrate and nutrient imbalances.

Honeycrisp apples are also susceptible to bitter pit, due to calcium imbalances, and bitter rot, a fungal infection.

Such issues are fundamentally genetically controlled, though improper handling and post-harvest storage can make them worse.

"If we don't know the genome and the genes in Honeycrisp, then we cannot specifically target and select for favorable traits and select out unfavorable traits through breeding," Khan said.

Advances in genetic sequencing technology made it possible to sequence, assemble, and publish the Honeycrisp genome in a short time.

In general, the apple genome, first sequenced Golden Delicious in 2010, is complex, large and with many versions of specific genes.

There are also many repeated sequences in the apple genome.

In 2010, when the first apple genome was published, technologies could read only short fragments of DNA at a time.

Scientists would then overlap sequences and, like a puzzle, they would use computer programs and algorithms to match the end of one reading with the start of another.

This allowed them to piece together longer strings of DNA to identify entire genes

and eventually the genome.

But one problem with this method is that repeated elements can confuse the process.

In this study, the researchers used a combination of sequencing technologies that translated long reads of genetic sequences.

"We can sequence the whole larger fragment of the DNA sequence continuously, so we don't have these big challenges of computational biology or bioinformatics to assemble and find the overlapping sequences," Khan said.

The long-read sequencing also helped them tease apart the apple's diploid genome; like humans, apples have two sets of chromosomes, one from each parent.

The new technologies allowed the researchers to sequence two single sets of chromosomes, which in future work may be used to differentiate between specific genetic contributions of each parent.

Using these methods, the Honeycrisp genome covered 97% of all the protein-coding genes.

By comparison, the 2010 Golden Delicious genome assembly covered only 68% of the genes.

This research is a collaboration between Cornell University, Alex Harkess, at the HudsonAlpha Institute for Biotechnology and Auburn University, and Loren Honaas, at the U.S. Department of Agriculture Agricultural Research Service Tree Fruit Research Lab in Wenatchee, Washington.

Krishna Ramanujan writes for Cornell Chronicle.

## Coronavirus briefs

### Cortland County reports 17 new COVID cases

Cortland County reported 17 cases of COVID-19 on Friday, raising the number of confirmed cases since the pandemic began to 12,633, the state Health Department reports.

Tompkins and Cayuga counties reported 40 new cases Friday, the state reported. The three counties have seen 56,832 cases since the pandemic began in March 2020. The number of people who have died from the virus remains 391.

■ One new COVID patient was admitted to Guthrie Cortland Medical Center Thursday, the state Health Department reported Friday. The hospital had nine COVID patients. Since the pandemic began, 782 Cortland County residents have been hospitalized for COVID; that figure was last updated Oct. 12. The state Health Department reports 302,345 tests have been administered. The state has reported 129 deaths.

■ Tompkins County saw 19 new cases Friday, the state Health Department reported. The number of confirmed cases rose to 24,947. The state reports 3,052,658 tests have been administered. Ninety-five Tompkins residents have died.

■ Cayuga County saw 21 new cases Friday, the state Health Department reported. Confirmed cases rose to 19,252. The state reports 388,027 tests have been administered, and 167 people have died.

## Police/fire

### Cortland man faces menacing, weapons possession charges

**Accused:** Michael A. Grossi, 37, of Cortland

**Charges:** Third-degree criminal possession of a weapon, a felony; second-degree menacing, illegal discharger of a firearm, misdemeanors.

**Details:** Grossi threatened people Oct. 7 on Tower Road in Cortlandville, and fired a shotgun, said state police at Marathon. Both troopers and Cortland County sheriff's officers responded and, after investigating, arrested Grossi. A judge issued an order of protection on behalf of the victims, but state police arrested Grossi on Tuesday, accusing him of violating the order.

**Legal Actions:** Grossi was taken to Cortland County Jail for arraignment via the county's centralized arraignment and released pending a future court appearance. Following the violation of order charge, he was further ticketed to appear Nov. 8 in Virgil Town Court.

## Around the towns

### Homer to turn off water on Monday

The village of Homer will turn water off at 6 p.m. Monday to fix a leak at the corner of Cayuga and Cortland streets, the village announced Friday.

The water will be off until the repair is complete and that will be announced on the village's Facebook page.

Call 607-749-3322 with any questions.

### County changes budget hearing

The Cortland County Legislature's public hearing for the tentative 2023 county budget has been rescheduled to 6 p.m. Oct. 24.

The meeting was originally scheduled for Oct. 20 but had to be rescheduled because a legal notice could not be published far enough in advance.

### Cortland farmers market continues

The Cortland Farmers Market will continue operations on Tuesdays and Saturdays until Oct. 29, manager Carla Plunkett said.

### Cortland County rate at 124 cases per 100,000

Cortland County had 59 new cases of COVID-19 between Oct. 7 and Thursday, giving it a rate of 124.0 cases per 100,000 people, the national Centers for Disease Control and Prevention reports.

It had a "medium" risk, under CDC guidelines. Under metrics and guidance from the CDC — which take into account the number of new cases in a week, the number of hospitalizations and hospital capacity:

■ In counties with a "high risk," wearing a mask in indoor public places is still recommended.

■ In counties with a "medium risk," people with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask. People at a high risk for severe illness should consult their healthcare provider about the need for a mask or other precautions.

■ In counties with a "low risk," no additional precautions beyond staying up to date with vaccines and getting tested if one has symptoms are recommended.

The rates and risk, from the CDC:

Cortland: 124.00 — medium

Tompkins: 135.06 — medium

Cayuga: 161.93 — high

Onondaga: 156.78 — high

Broome: 187.94 — medium

Chenango: 108.03 — low

Tioga: 170.11 — medium

Madison: 208.62 — high

The market, on Court Street in Cortland, is open 8 a.m. to 2 p.m.

### Dryden Youth Fund seeks applications

DRYDEN — The Dryden Youth Opportunity Fund is accepting applications for grants until Nov. 1 to fund programs and activities for children that go beyond the basic requirements of public education, the group announced.

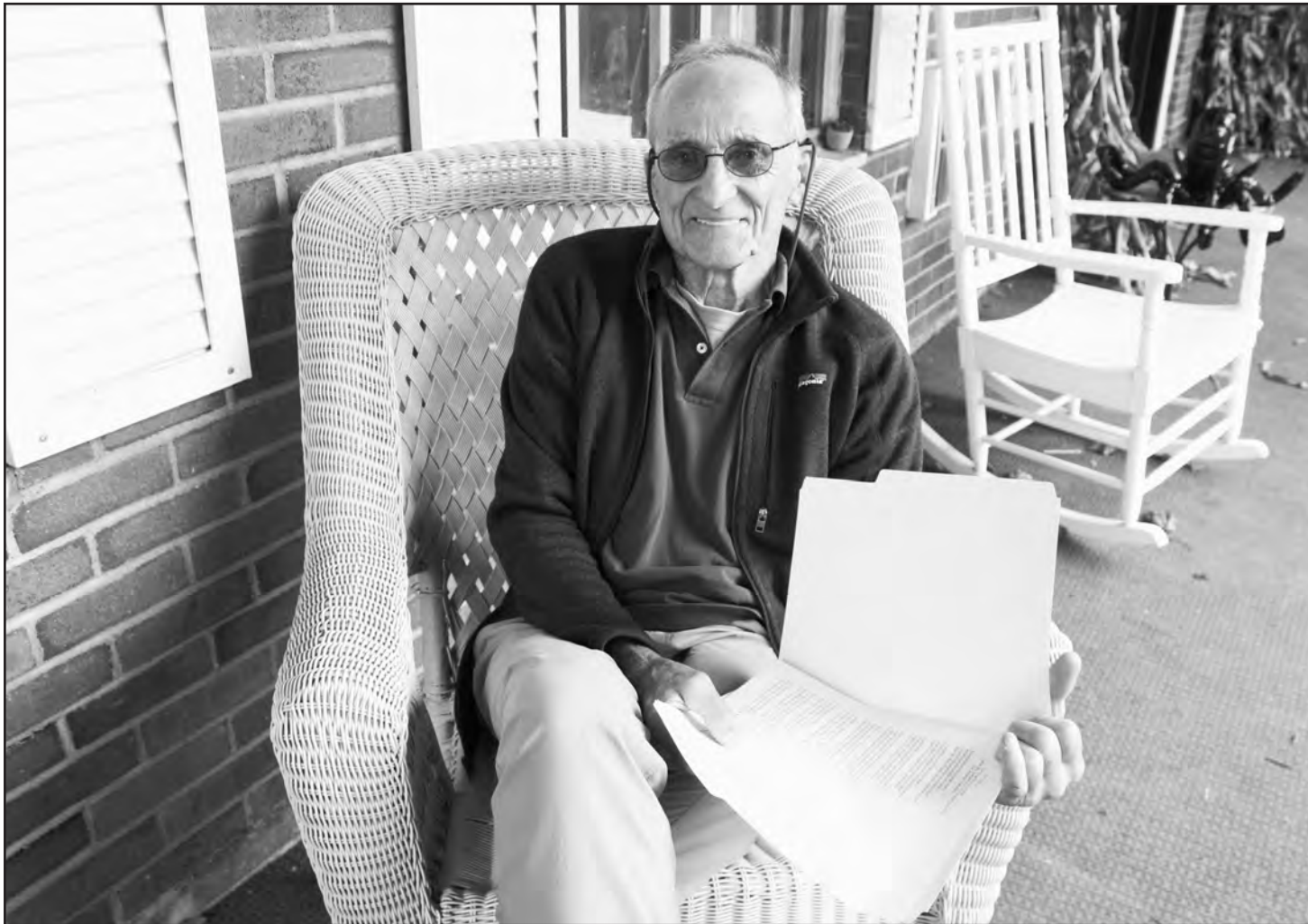
The fund is an independent community-based organization to benefit the youth of Dryden. Dryden Youth Opportunity Fund grants are used primarily to:

■ Finance projects (typically under \$500) focused on cultural and academic enrichment and youth development.

■ Finance projects that could not be initiated without supplemental funding.

For details about the fund, go to www.dyof.org. Tax-deductible donations may be made to the Dryden Youth Opportunity Fund, P.O. Box 1076, Dryden, NY 13053





SUNY Cortland Professor Emeritus of English, Dr. Arnold Talentino, 86, of Cortland, holds a copy of the poem he wrote for his daughter's inauguration at Augustana College as its ninth president.

Nowshin Chowdhury/Living and Leisure Editor

# A father marks history

## Cortland's Arnold Talentino to recite poem at daughter's inauguration as college president

By NOWSHIN CHOWDHURY  
Living and Leisure Editor  
living@cortlandstandard.com

Cortland native Andrea Talentino will be inaugurated today as the new president at Augustana College in Rock Island, Ill. Her father will be there in rhyme.

She is the ninth president in the college's 162-year history. She asked her father, SUNY Cortland professor emeritus of English, Arnold Talentino to write a poem for her inauguration. Arnold Talentino, 86, traveled from Cortland to recite the poem at the ceremony.

"I guess I still am a real poet," said Talentino, who had poetry published in literary magazines in the '80s and '90s. He was grateful to his former colleagues at the English department for recognizing his work as real talent. Talentino taught at SUNY Cortland until his retirement in 2002 and became coordinator of the honors program as a part-time employee for another decade.

He's written a few poems about his wife, Winifred. He visits her daily at Cortland Park Rehabilitation and Nursing Center, where he sings to her.

"It breaks my heart she can't be there with me, with us," Talentino said.

It took him about six weeks to write the poem for the inauguration. "I'm pretty pleased with it," Talentino said. "It is about inaugurations, history and a lot about Augustana College."

Andrea Talentino left Cortland after high school graduation in 1985, where she was valedictorian. She's a tennis player and coached tennis.

"She's very smart; she works very hard," her father said.

Before coming to Augustana College, Talentino was the provost of Nazareth College in Rochester. She was the dean

### Divination

Inaugurations in Roman times employed the entrails of a bull, a source of numerous recondite signs that the ship of state would continue to pull

a suppliant world along its wake. Despite abundant proof that power corrupts that thirst for dominion would not slake until in time captive lands would erupt

demanding freedom, justice, and franchise. Herodotus might have said that's history — continual struggle that cannot abide the force of reasoned thought and equity,

those very first principles at Augustana's birth And those founders inmost thoughts reside still in assessments of Augustana's worth in which all gathered here take pride.

Here is a land that nurtures spirit and mind and ensures opportunity for all to think through bold perspectives and find career paths to answer the quirkiest call

enabled by umpteen majors and minors, music ensembles, theater, and art. No losers here, only finders of trails to knowledge at wisdom's heart,

And champion athletics too for all students: twenty-eight varsity teams of Viking scholars who always do their very best, though it might seem

of the College of Liberal Arts at Norwich University in Vermont and an associate dean at Drew University in New Jersey. She held a faculty position at Tulane University and a postdoctoral position at Princeton University.

Talentino has a bachelor's degree in political science from Yale University, and



Provided by Augustana College  
Cortland native Andrea Talentino will be inaugurated at Augustana College in Rock Island, Ill., as its ninth president.

frail, as Plato knew, who won laurel twice (yes, that Plato) at the Olympic's start, and though fated not to not to three-peat, was wise about it, as philosopher, his other art.

So fortune leaves us this essential story from our past that recalls again a view of Herodotus: today is history. And now an Augie augury: tomorrow will be too.

— Arnold Talentino

master's and doctoral degrees in political science from UCLA. She also has a master's of business administration with a concentration in organizational leadership. Talentino was born in Binghamton. She is married to Thomas Tarnow, a public interest lawyer, and they have two children: Lucien, 15, and Julia, 11.

### Ask Amy

By Amy Dickinson

© 2022 The Chicago Tribune



## Man witnesses assault, wonders what to do

DEAR AMY: I am a 30-year-old gay man who doesn't particularly like children.

While I was shopping at the grocery store, I saw a man smack his little baby across the face.

The child began crying and sucking its thumb.

I was shocked and disgusted.

Is there anything a person can do in these circumstances?

I feel guilty for not advocating for an infant who appeared to be less than 2 years old.

— Not a Parent

**DEAR NOT A PARENT:** Thank you for recognizing that even though you "don't like them," young children are helpless human beings who should not be assaulted, by a parent or by anyone else.

Yes, you should have attempted to advocate for this child. Ways to do this would be to say, "Whoa whoa — wait a minute. Is everything OK here?" (You don't want to risk an escalation by responding too aggressively.)

And then you should have also contacted store security and/or called 911. This incident might have been caught on the store's security cameras.

Slapping a baby across the face is assault and abuse. Yes, it is shocking and disgusting, and this person (who might not have been the baby's parent — or even related to the baby) should be stopped, and this baby protected.

DEAR AMY: This week is the one-year anniversary of my mom's death.

She died suddenly of lung cancer, two weeks after her diagnosis.

I'm still very much grieving. My parents were married for over 40 years.

My dad started dating a woman less than two months after my mom's death.

He just announced that they're engaged, and getting married next month.

It seems SO sudden.

The last time I was with him, I was caring for my sick mom, and the next time I go back, a new woman will be living in her place.

I'm glad that my dad is happy — he deserves it — but I'm not ready to be involved in that part of his life.

I couldn't even bring myself to tell him congratulations.

Should I feel guilty for not wanting to attend the wedding or spend time with the two of them together?

— Still Sad

**DEAR SAD: My condolences on your mother's death. This is a loss you will be processing**

in many different ways for a long time. There is no one way to grieve her loss, but one thing you may be discovering now is how closely sadness and anger seem to reside.

My point is that "sad" can sometimes feel like "mad," and I think it could help you to realize this.

There is evidence that men tend to partner-up quickly after a loss. Why is this?

Sometimes, experiencing a sudden and tragic loss leaves a person grasping for life. People who have been happily partnered for decades crave the sort of comfort and stability they've experienced.

Men often benefit from their wives being skilled domestically, in addition to being the emotional caretakers of the family. They want more of that.

And maybe people who remarry quickly are trying their hardest to avoid the kind of pain you are experiencing, now.

You should communicate honestly with your father. You've never met the woman he is marrying, so be honest about your own feelings without judging him — or her. Simply express your ongoing sadness and tell him that you know he deserves to be happy, but that this is hard on you.

It's important to recognize that this is not about your mother, or you, but about him — and he believes that he is moving forward.

If you were getting married, you would want your father to accept your choice. Accepting his choice (even if you're not ready to witness it) will be an important part of your relationship with him.

If you decide not to attend the wedding, you should plan a trip to see your father and to meet her as soon as you are able. If you have a partner, sibling or close friend who could do this with you it might help for you to offload your feelings and talk this experience through.

DEAR AMY: "Early Retirement" was cohabiting with parents and feeling lonely and isolated.

Having recently moved to a new city, I have been amazed at how many people I've met by joining a rock-climbing gym and meetup groups.

I've met so many friendly people around my age (30s). Plus, it's a healthy activity!

I would offer this advice to anyone feeling isolated, stuck, or bored.

— Climbing

**DEAR CLIMBING: Great recommendation.**

## Noah Kahan summons stick season and nostalgia

Noah Kahan, "Stick Season"  
(Mercury Records/Republic Records)

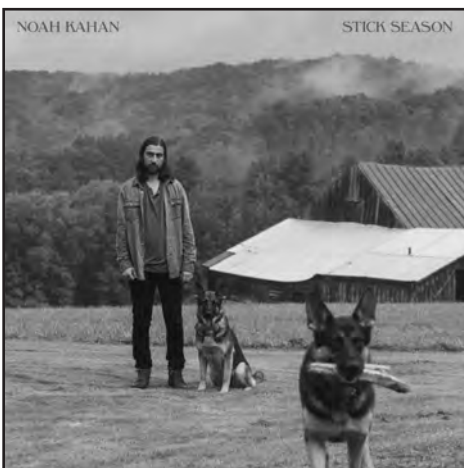
By ELISE RYAN  
Associated Press

It's the season of the sticks. It has been since July 8, when Noah Kahan released the first single and title track from his third album, "Stick Season." The album was released Friday.

A cascade of controlled reflections on a changing relationship, the track sees Kahan liken his emotions to a pre-winter Vermont — when leaves have fallen but snow hasn't settled, leaving tree branches just sticks.

The lyrics are precise — "I'll dream each night of some version of you / That I might not have but I did not lose" — and emotive — "Once called me forever now you still can't call me back" — marrying honesty and relatability with ease.

Clips Kahan posted of the song on TikTok earned millions of views and covers he shared earned hundreds of thousands more, a testament to the accessibility of his words as listeners adapted them to their own stories or continued his.



And while we're not really there yet — in stick season, that is — the track foreshadows more than a time of year. It made clear that Kahan, an experienced songwriter and performer with multiple tours behind him, would take his lyricism to the next level on the album.

There's a newfound maturity in his tone, a musical confidence that shines as he explores his vulnerabilities and doubts while exhibiting his growth.

Kahan's relationship with his New England upbringing inspires the content and

sound. That's immediately clear on the album opener "Northern Attitude," an unapologetic ode to the region featuring a plucked riff that builds to a rousing, layered composition. The same idea emerges even stronger on the thumping "Homesick," where he belts with pride: "I'm mean because I grew up in New England," and on the softer, almost conversational "Still."

"She Calls Me Back" stands out, maybe because you can almost hear a smile emerge as he sings, a break from an otherwise mostly melancholy album. The chorus is almost too good to spoil.

Kahan's vulnerability is centered on "Orange Juice," about a friend's sobriety, and "Growing Sideways," about his own mental health journey. The stories these songs tell make it clear that Kahan — always a friend of folk — is fully at home in the genre.

On the pleading ballad "Come Over," he whispers: "Someday I'm gonna be / somebody people want."

There's irony there because these feel like songs both longtime listeners and newer fans will want to belt back to Kahan — not because they're produced for stadiums or arenas, but because they're full of nostalgic melodies that will resonate far beyond New England.

### Notebook

#### CNY SNAP plans adoption event

The Central New York Spay Neuter Assistance Program will have an adoption event noon to 3 p.m. today at two locations:

- CNY SNAP, 17 Salisbury St., Cortland.
- Pet Supplies Plus, 3928 Route 281, Cortland.

Same-day adoptions are available only with letter of reference from vet and approved application.

#### Syracuse opens drama season

SYRACUSE — The Syracuse University drama department begins its 2022-23 season today with the musical "Sweet Charity" directed by David Lowenstein, choreographed by Kira Schmidt-Carpenter with musical direction by Brian Cimmer.

Performances run through Oct. 23 in the Syracuse Stage at SU Drama Complex, 820 E. Genesee St., Syracuse. Tickets are available at the box office, at syracusestage.org/drama or by phone at 315-443-3275.

Special features include open captioned show on Oct. 22 and an American Sign Language-interpreted show on Oct. 23.

#### Overeaters Anonymous meeting

Those who are over or under eaters are welcome at Overeaters Anonymous. A weekly group takes place 7 p.m. Wednesdays at 2 Rivers Church, 78 Homer Ave., Cortland. For more information, call 607-299-4553.

#### Chess Club meets Thursdays

The Cortland Chess Club meets every Thursday from 6 to 8 p.m. at the Cortland Free Library. All levels are welcome at the 32 Church St., building.



Other Opinions

The following editorial roundup, compiled by The Associated Press for members, provides excerpts from editorials that have appeared in the last week in newspapers from around the US and world.

The Washington Post on childcare in the United States

Many sectors are reeling from massive labor shortages — but few affect families more intimately than what is happening with child care. With lengthy waiting lists and soaring costs, the scale of the crisis is obvious. Less clear is how the country can quickly fix it.

First, the problem: Like other caregiver industries, child care was hit hard by covid-19. There are nearly 90,000 fewer child-care workers today than in February 2020 — an 8.4 percent reduction in the workforce. According to a February 2022 report by Child Care Aware of America, a nonprofit association, nearly 16,000 programs in 37 states shut down during the pandemic. With birthrates rebounding and millions of workers returning to the office, these closures have placed enormous pressure on parents.

Yet child care was in trouble long before the pandemic. The industry has operated on a flawed business model for decades. Because infants and toddlers require more staffing than other age groups, programs are labor-intensive and costly to run. But imposing higher charges to reflect those costs would make them unaffordable for many families. As a result, centers operate at very slim profit margins, offering workers low wages and few benefits for grueling work. It's no wonder so many caregivers have left to work in industries such as retail and hospitality.

Moreover, providers are concentrated in higher-income neighborhoods, while communities of color and rural areas are severely underserved. In 2018, the Center for American Progress found that more than 50 percent of Americans lived in “child care deserts” — places where supply was insufficient.

The status quo is plainly untenable. But creating a better model will require creative thinking, collaboration and resources.

Without a measure of government intervention, the child-care crisis will almost certainly worsen. Currently, public spending on child care is fragmented, inconsistent and relatively meager: The U.S. government spends about \$500 on child care per toddler annually, while the average for the Organization for Economic Cooperation and Development is \$14,436. The pandemic relief packages, particularly the American Rescue Plan, were lifelines for the industry at a desperate moment. But those funds are set to lapse in September 2024, leaving states and D.C. with a fiscal cliff of nearly \$50 billion. If we do not want American families to bear the financial burden for a sinking industry, government will have to step in.

This could take several forms. The most politically feasible option would be for Congress to bolster the Child Care and Development Block Grant program, which supports low-income families. That would alleviate pressure on the most vulnerable households but would not address the labor shortages. Other possibilities include expanding the Child and Dependent Care Credit — or extending and strengthening the child tax credit for all families. Both would help more families pay close to the real cost of child care, allowing providers to increase wages.

And it should not all fall on the federal government. New Mexico, for example, announced in April that it would provide a year of free child care to families earning up to 400 percent of the federal poverty level, using funds from taxes on fossil fuel production. Though it would be difficult to make that sort of expansive model permanent or replicate it elsewhere, states have room to get creative with revenue streams.

The Wall Street Journal on the Uyghurs and the Human Rights Council

If pathological optimists still think the U.N. Human Rights Council cares about human rights, they might want to note events last week. A motion was made in Geneva to debate China's abuses against the Uyghurs in Xinjiang province, and the council voted 19-17 not even to discuss it.

Siding with China against the motion were regular lackeys such as Cuba and Venezuela, as well as countries such as Nepal, Indonesia and Pakistan, Qatar and the United Arab Emirates that don't want to offend China or are on the hook as part of its Belt and Road Initiative.

The last four in that list are majority Muslim nations voting to ignore the documented persecution of a Chinese Muslim minority group. Indonesia is the world's largest Muslim country, and Pakistan's state religion is Islam.

In addition to China, the other nations on the dishonor role were: Bolivia, Cameroon, Ivory Coast, Eritrea, Gabon, Kazakhstan, Mauritania, Namibia, Senegal, Sudan and Uzbekistan. There were also 11 abstentions, including India, Mexico and Ukraine. Perhaps Kyiv hopes to keep China from giving military aid to Russia's invaders, but this wasn't Ukraine's finest hour. Mexico under President Andrés Manuel López Obrador has never met a left-wing dictatorship it didn't support.

In August the U.N. High Commissioner on Human Rights published a report that drew on interviews with former detainees in Xinjiang. “A consistent theme was description of constant hunger and, consequently, significant to severe weight loss during their periods in the facilities,” it said. “Almost all interviewees described either injections, pills or both being administered regularly.” ...

Routine abuses included being deprived of sleep and prayer, in addition to being forced to sing patriotic songs. The report asked China to look into “allegations of torture, sexual violence, ill-treatment, forced medical treatment, as well as forced labor and reports of deaths in custody.”

China Daily on Biden and heightened nuclear risk

As is known to all, a nuclear war means human annihilation, as a nuclear winter would cause most humans to die in a mass extinction event similar to the one that wiped out the dinosaurs. Given that some 14,000 nuclear weapons are still stockpiled around the world, the international community faces the most pressing task to work together to try to avoid anything that might trigger their use.

Thus it was unhelpful that U.S. President Joe Biden recently evoked that “end-of-the-world” prospect by referring to a nuclear “Armageddon”, when veering into talk about the Russia-Ukraine conflict at the end of his standard fundraising remarks in New York last Thursday. Saying that Russian leader Vladimir Putin was “not joking when he talks about the use of tactical nuclear weapons or biological or chemical weapons”, he added that “We have not faced the prospect of Armageddon since Kennedy and the Cuban Missile Crisis.”

Biden's remarks were in response to Putin pledging to “use all the means at our disposal” to “protect Russia and our people” last month when he announced plans to conscript Russian men to serve in Ukraine.

Yet Biden's warnings still sound out of place, especially given that U.S. intelligence assessments have so far produced no evidence suggesting Putin has imminent plans for a nuclear strike. White House Press Secretary Karine Jean-Pierre reiterated on Friday that the U.S. has “not seen any reason to adjust our own strategic nuclear posture.”

Biden's choice of words seems to be brandishing the use of nuclear weapons, rather than reducing that possibility, which has thus raised eyebrows around the world, with French President Emmanuel Macron saying, “We must speak with prudence when commenting on such matters”. Pope Francis also urged the world on Sunday to learn from history the threat of nuclear war and choose the path of peace.

PRESIDENT BIDEN URGES AMERICANS TO HOLD ON...



Here's the good news about the shooting outside the home of Rep. Lee Zeldin (R-N.Y.) on Sunday: Unlike the attacker who tried to stab him this summer, the assailants apparently were not trying to kill him. The shooting was a drive-by unrelated to his gubernatorial campaign. But the fact that there was a drive-by shooting in the quiet suburban neighborhood where Zeldin lives highlights why crime has become such a potent issue in the midterm elections.

Shirley, Long Island, isn't exactly Fort Apache, the Bronx. The leafy Suffolk County hamlet has a median home value of \$413,900, a median income of \$105,362 and a poverty rate of 6.1 percent. Yet bullets were flying outside Zeldin's home, leaving two people lying with gunshot wounds in the bushes in front of his porch. “One of the bullets landed about 30 feet from where the girls were doing homework,” Zeldin says. “We had to go through crime scene tape, were getting advised where to walk so that we weren't stepping on blood.”

Shootings such as these were once contained in certain high crime neighborhoods. No longer. Crime is everywhere. The week before, a Long Island dad visiting his child at college was shot and killed at a Poughkeepsie, N.Y., Marriott hotel. Last Thursday alone, there were three subway knife attacks in New York — one of them fatal. The violence has left New Yorkers rattled: 75 percent say

Zeldin knows crime is bad

Marc Thiessen



they are personally worried about being a victim of violent crime, and 70 percent say they feel less safe than before the pandemic. And they aren't the only ones. A Gallup poll earlier this year found that 80 percent of Americans say they are worried about crime, and a 53 percent majority says they worry “a great deal” — including 58 percent of city residents, 46 percent in the suburbs, and 51 percent in rural areas. According to Gallup, crime ranks third in people's concerns, behind only inflation and the economy.

Americans have good reason to be concerned. According to the FBI, the murder rate across the United States rose 4.3 percent in 2021 relative to 2020, when homicides rose 29 percent — the largest one-year jump ever. Some have bizarrely suggested that this represents an improvement, and that talk of a crime surge in American cities is little more than a Fox News creation. No, it's not. The murder numbers are cumulative. The record-breaking homicide

rate in 2020 did not recede to pre-pandemic levels in 2021; it continued and got even worse — effectively wiping out two decades' worth of declines in deadly violence. To suggest this is an improvement is like telling a Florida community that saw a record storm surge that an additional four-inch rise in floodwaters is an improvement. There is no “improvement” until the waters have receded.

According to the FBI data, there were more murders in the United States in 2021 than in any year since 1994. And Axios reports that the FBI numbers might in fact be low because law enforcement agencies significantly underreported crime data to the agency, leaving roughly “2.1 million crimes in the U.S. . . . uncounted due to the lack of reporting.” Crime has gotten so bad that Starbucks recently announced it was shuttering 16 locations in Portland, Seattle, Los Angeles, Philadelphia and Washington, D.C., over safety concerns.

Yet, in the midst of this crime

wave, Democrats in key swing states are running on a platform of letting violent criminals out of prison. In Wisconsin, Democratic U.S. Senate candidate Mandela Barnes was caught on tape saying that releasing criminals “is now sexy.” He wants to cut the prison population in half. His Republican opponent, incumbent Sen. Ron Johnson, has hammered Barnes on rising crime in cities such as Milwaukee, where homicides are up 40 percent. And after trailing in every poll this summer, Johnson has opened up a 2.7-point lead in the RealClearPolitics average.

In Pennsylvania, Democratic Senate nominee John Fetterman told an interviewer last year that if he could wave a magic wand and fix one problem, he would end life without parole for convicted murders. He has advocated releasing one-third of Pennsylvania's prison population. Since August, Republicans have spent \$8.8 million on ads pummeling Fetterman on crime, driving his negatives up by 17 points. The Cook Political Report recently moved the race from “lean Democrat” in mid-August to “Toss Up.”

Perhaps the same will happen in New York. Zeldin is trailing Democratic Gov. Kathy Hochul by 11 points in the RealClearPolitics average, but a new Trafalgar poll has him closing to within two points. It might be that come November, the crime wave will produce a red wave big enough to reach even deep blue New York.

The election deniers

Susan Estrich



their mouths are. Which should be scary.

Imagine Republicans take control of the House, as many expect they will, and their caucus is dominated by those who deny the legitimacy of the Biden administration. After the violence of Jan. 6, 139 Republicans voted against the Electoral College count, and there will be even more deniers in the next Congress.

Academics will tell you that denying the legitimacy of democratic election results is the first step toward an authoritarian coup. If it sounds far-fetched, so did what happened on Jan. 6. Is that the new face of the Republican opposition?

There will be close races in this midterm. There will be close calls. There is a long tradition in politics in which losers are supposed to concede with grace, to accept the results. But there is the former president of the United States telling crowds in Michigan, “I don't believe we'll ever have a fair election again.”

What does that mean? If we'll never have a fair election again, per Donald Trump, does that mean every election that a Republican denier loses is an unfair election?

In fact, election law experts are going to be doing record business come this fall, as it is already being predicted that

there will be more challenges than usual to the results. Those challenges in turn pose an even greater challenge to the institution as a whole, to avoid the corruption that comes when losers don't accept the consequences.

And the consequences go beyond the fall, and could poison future presidential contests, as the election deniers take control of the machinery of state elections in critical states. The proportion of election deniers happens to be especially high in what were three of the battleground states — Arizona, Georgia and Michigan — in the 2020 election. Those states will surely figure prominently in any general election in the future.

What Trump has done, and what the deniers have done, is to give legitimacy to sore losers at the expense of democratic values. But finding Republicans who will stand up and say that may be even more difficult now than it was two years ago. That's because the wind just keeps on blowing in Trump's direction. But it's at the expense of the precious values of our democracy, which at the end of the day should count for more than tomorrow's poll numbers.

Letters

The *Cortland Standard* welcomes letters from readers for publication on this page. All letters submitted must be signed by the writer and include the writer's home address and daytime telephone number. Letters may be edited for length and content. Letters are limited to 300 words in length. Letters endorsing or opposing the election of candidates for public office are limited to 200 words. Thank-you notes will not be accepted.



## Report: Musk seeks US funds for Ukraine satellite network

WASHINGTON (AP) — The Defense Department has gotten a request from SpaceX and Tesla founder Elon Musk to take over funding for his satellite network that has provided crucial battlefield communications for Ukrainian military forces since almost the beginning of its war with Russia, U.S. officials said Friday.

The officials, who spoke on condition of anonymity to discuss a sensitive matter not yet made public, said the issue has been discussed in meetings and senior leaders are weighing the matter. There have been no decisions.

In a statement later Friday, Pentagon spokeswoman Sabrina Singh said, “We can confirm the Department received correspondence from SpaceX about the funding of Starlink, their satellite communications product in

Ukraine. We remain in communication with SpaceX about this and other topics.”

During a Pentagon briefing, she declined to provide any details about the communication or say to whom the correspondence was sent and when the communications with Musk began.

Musk began sending Starlink satellite dishes to Ukraine just days after Russia invaded in February. On Feb. 28, Ukrainian Vice Prime Minister Mykhailo Fedorov tweeted a photo of the first Starlink kits arriving on the back of a truck.

“You are most welcome,” Musk tweeted back.

Musk’s generosity was hailed by Ukrainians and seen as a game changer in war tactics — the Russians could try to cut Ukrainian ground communications but it could not control space.

## DIRECTOR

continued from page 1

don’t ask for recognition that definitely deserve it.”

County Administrator Robert Corpora will serve as the interim head of the planning department until a new director is hired.

Among the points of contention in replacing Jesset is a 1975 requirement that the county planning director live in Cortland County.

A resolution to remove the requirement was defeated, 1-6, Thursday by the county legislature’s operations committee.

Legislator George Wagner (R-Marathon, Lapeer) said he voted to keep the requirement to attract local talent.

“If you look at the corporate side of the world, they do their best to retain their own people. That’s how I look at the county,” Wagner said. “We have a lot of people in the county who are smart and educated. And they’re the ones paying taxes in the county.”

A local resident would have a personal stake in the county, he said.

Wilson, the only committee

member who voted to amend the law, said professional skill should be top priority. “I think professionals in planning take their jobs very seriously regardless of their origin. Right now, the job pool is low. Why dilute it further?”

“I don’t think it fundamentally changes their outlook if they live in Dryden or Tully. Their partner might be at a full-time job in that other community,” Harbin said. “It seems like a bit of an antiquated approach. I was hoping the government ops committee would see that and cast a wide net and get the best applicant they can.”

“I think that it’s an antiquated requirement that limits the pool of potential candidates,” Jesset said. We all know there’s a lot of communities very close to Cortland. Dryden is a very close commute, but they would be ineligible.”

“Some of the best planning directors I know in other counties live outside their county,” she added. “Trust your professional staff to have the county’s best interest.”

## TEACHERS

continued from page 1

By 2030, as many as 16 million K-12 students in the region may be taught by an unprepared or inexperienced teacher, the group projects.

“The shortages are getting worse and morale is continuing to fall for teachers,” said the nonprofit’s Megan Boren.

In Texas, reliance on uncertified new hires ballooned over the last decade.

In the 2011-12 school year, fewer than 7% of the state’s new teachers — roughly 1,600 — didn’t have a certification. By last year, about 8,400 of the state’s nearly 43,000 new hires were uncertified.

The trustees in Dallas leaned into a state program that allows districts to bypass certification requirements, often to hire industry professionals for career-related classes.

The school system has hired 335 teachers through the exemption as of mid-September.

In Alabama, nearly 2,000 of the state’s 47,500 teachers didn’t hold a full certificate in 2020-21, the most recent year for which data is available. That’s double the amount from five years earlier.

And almost 7% of Alabama teachers were in classrooms outside of their certification fields, with the highest percentages in rural areas with high rates of poverty.

Many states have loosened requirements since the COVID-19 pandemic hit, but relying on uncertified teachers isn’t new. Nearly all states have emergency or provisional licenses that allow a person who has not met requirements for certification to teach.

Such hires only delay the inevitable as the teachers don’t tend to stay as long as others, said Shannon Holston, policy chief for the nonprofit National Council on Teacher Quality.

In a 2016 study, the U.S. Department of Education reported that 1.7% of all teachers did not have full certification. It went up to roughly 3% in schools that served many students of color or children learning English as well as schools in urban and high-poverty areas.

The use of such educators can be concentrated in certain fields and content areas. One example: Alabama’s middle schools.

Rural Bullock County, for example, had no certified math teachers last year in its middle school.

Nearly 80% of students are Black, 20% are Hispanic, and seven in 10 of all students are in poverty.

Christopher Blair, the county’s former schools superintendent, long struggled to recruit teachers.

Poorer counties can’t compete with higher salaries in neighboring districts.

Blair, who resigned from his post last spring, had launched a program to help certify the county’s math and science teachers.

“But that’s slowly changing as the teacher pool for all content areas diminishes,” he said.

Birmingham and Montgomery each had three middle schools where more than 20% of teachers had emergency certification.

Birmingham schools spokesperson Sherrel Stewart said officials seek good candidates for emergency certifications and then give them the support needed through robust mentoring.

“We have to think outside of the box,” she said. “Because realistically, you know, that pool of candidates in education schools has drastically reduced but the demand for high-quality educators is still there.”

The number of teachers holding emergency certificates has increased dramatically in rural, urban, and low-income schools across Alabama since 2019, when lawmakers eased restrictions on the certificates.

The highest percentage of such teachers in Alabama during the 2020-21 school year was in rural Lowndes County in an elementary school where seven of 16 teachers had an emergency certificate, up from three the previous year.

Most of the school’s 200

students are from low-income families. Only 1% of students tested reached proficiency in math that year.

For Dallas schools, “it’s about the passion, not about the paper,” said Robert Abel, the district’s human capital management chief.

Dallas’ uncertified hires — who must have a college degree — participate in training on classroom management and effective teaching practices. Abel said the district is getting positive reports on the new teachers.

Some teacher groups worry about inconsistent expectations for teacher candidates.

A great teacher needs sensitivity and empathy to understand how a child is motivated and what could interfere with learning, said Lee Vartanian, a dean at Athens State University. A certification helps set professional standards to ensure teachers have content expertise as well as the ability to engage students, said Vartanian, who oversees the Alabama university’s College of Education.

Uncertified teachers may have some of that knowledge, he said, but not the full range.

“They’re just less prepared systematically,” he said, “and so chances are they’re not going to have the background and understanding where kids are developmentally and emotionally.”



### Chefs Take a Stand

AGAINST DOMESTIC VIOLENCE

An event to benefit YWCA Cortland's Aid to Victims of Violence program.

Hosted by Greek Peak Mountain Resort | Presented by Coffee Mania and CFCU Community Credit Union



Thursday,  
October 20th  
6:00 PM - 8:00 PM



The Lookout at  
Hope Lake



CortlandYWCA.org  
or scan here





**YWCA IS ON A MISSION**

**eliminating racism  
empowering women  
ywca**



### We Are Growing & Excited to Welcome a New Professional to Our Team!





#### BERKSHIRE HATHAWAY HomeServices CNY Realty

### Loueen Rosenbush

Real Estate Salesperson  
Skaneateles Office  
Cell: 607-592-7400

[www.bhscnyrealty.com](http://www.bhscnyrealty.com)

## All the dental coverage.

# NONE OF THE COPAYS.

### Get preventive dental + \$1,000 on Medicare Advantage plans



At Excellus BlueCross BlueShield, we continue to enhance our Medicare plans to lower your costs and bring you more of the benefits you care about. This year, that means extras like generous dental coverage that keeps more money in your pocket. It’s all part of our commitment to making care more accessible and affordable throughout our community. That way, everybody benefits.

- **NEW PPO plan with access to doctors locally and nationwide**
- **\$500 Flex Card for dental, hearing and vision expenses**
- **Preventive dental included with NO copay on all plans**
- **Comprehensive dental with a \$1,000 allowance on all plans**
- **Over-the-counter benefit of \$200/year on all plans**
- **\$0 PPO plan with \$42 back every month in your Social Security check**

**Connect with a local Medicare expert  
to find the plan that’s right for you.**

**Call 315-671-6563**  
TTY: 711

**Open hours:**  
October 1 to March 31,  
8:00 a.m. to 8:00 p.m., 7 days a week

Excellus  **MEDICARE**

A nonprofit independent licensee of the Blue Cross Blue Shield Association.

Excellus BlueCross BlueShield is a PPO plan with a Medicare contract. Enrollment in Excellus BlueCross BlueShield depends on contract renewal.

Our Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-883-9577 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-877-883-9577 (TTY: 711)

Y0028\_8854\_M



## High School Boys Soccer



Paul Cifonelli/sports editor

McGraw goalkeeper Gabriel Kahle, left, prepares to punt the ball downfield during the final two minutes of Friday's game at Bennett Street Field in McGraw while Blake Weeks, right, watches.

# McGraw gets its revenge

## Goalkeeper Kahle's stellar night holds Cincy at bay

**By PAUL CIFONELLI**  
**Sports Editor**  
pcifonelli@cortlandstandard.com

Gabriel Kahle made save after save for the McGraw boys soccer team, only letting his guard down once as McGraw evened its season series with Cincinnati after a 2-1 victory Friday at the Bennett St. Field in McGraw.

Kahle played hero time and time again, stopping shots on the ground and deflecting balls kicked in the air. He was also controlling the McGraw backfield and making sure no Lions got a free shot at the goal.

The senior's big moment came after he had already allowed his first goal. Cincinnati was on its last of three consecutive corner kicks with 6:45 remaining in the game, when Kahle darted up to the near post to deflect the ball coming into the box, then rushed to the back post to save a shot. After his save, McGraw's defenders were able to clear the ball and keep Cincinnati away from the net for most of the remainder of the game.

"I didn't realize I did something good until after my teammates came over to me; I was more focused on clearing the ball out," Kahle said. "But that was a fun game and a fun save."

Kahle finished with nine saves.

Eighth grader Logan Moffitt and senior Nate Stiles scored McGraw's two goals. All the scoring from both sides came after halftime.

Moffitt's tally came on what appeared

to be a cross that floated over Cincinnati keeper Dakota Stairs' head and into the net 4:21 into the second half. Stiles scored on a free kick from just outside the box with 22:12 left in the game.

Camden Stafford scored the Lions' only goal on a header off a corner kick from Jack Stafford. That goal came with 16:15 left, and Cincinnati head coach Gordon Brown feels that his guys had plenty of other chances to tie the game.

"They (McGraw) took advantage of easy opportunities and we missed easy opportunities," Brown said. "That's the difference in the game, honestly. We had two or three right there in that last five minutes that should've been in the back of the net."

See SCHOOLS, page 8

## NFL

# Snyder, Jones have 'long' been allies

**By STEPHEN WHYNO**  
**AP Sports Writer**

Dan Snyder largely kept a low profile for several months, skipping Washington's annual welcome home luncheon and allowing wife Tanya to be the face of the ownership for the Commanders.

Then came his team's visit to Dallas. Snyder was front and center on the star at the 50-yard line meeting and talking with Cowboys owner Jerry Jones. Amid ongoing investigations by Congress and the NFL, Snyder looked most comfortable surrounded by Jones, Tanya and Commanders president Jason Wright.

They posed for a photo on the field and Washington's Twitter account posted it with the message, "Friends and rivals for 24 years."

That remains the case. Though this week's ESPN story signaled a rift between the longtime confidants, their unique friendship has stood the test of time and Jones' support re-



Snyder

mains one of the biggest reasons Snyder maintains control in Washington while his organization is engulfed in off-field scandals.

On his weekly Dallas radio appearance Friday, Jones said he has not heard of NFL owners wanting to oust Snyder. While pointing out "owners are not natural allies," Jones made it clear he and Snyder are the exception to the rule.

"I've got a long relationship with Dan," Jones said on 105.3 The Fan. "It's certainly a competitive one on the field and one that is a part of the NFL."

Snyder's status is not on the agenda to be voted on at the next owners meeting Tuesday in New York, and there's no reason to believe — as of yet — that there are the 24

necessary votes in favor of removing him. Jones and his influence would explain that.

When Snyder bought the Washington team in 1999, Jones had owned the Cowboys for a decade. Familiar with the inner workings of the league, Jones took Snyder under his wing over the first few seasons.

They sat next to each other at NFL meetings, and their friendship grew from there. In boardrooms, at times it became Snyder and Jones against their NFC East rivals: John Mara of the New York Giants and Jeffrey Lurie of the Philadelphia Eagles.

Away from football, Snyder and Jones have taken vacations together with their wives and families. They even filmed a Papa John's Pizza commercial together in 2010 at Cowboys Stadium, their natural banter a window into the Snyder-Jones dynamic that has been prevalent behind the scenes for quite some time.

Becoming friends in that kind of job is not normal, Jones acknowledged Friday.

# Watson's status unchanged despite lawsuit

**By TOM WITHERS**  
**AP Sports Writer**

BEREA, Ohio — Deshaun Watson's status with the NFL has not changed even though the suspended Cleveland Browns quarterback has been named in a new civil lawsuit by another woman alleging sexual misconduct two years ago.

Watson is almost halfway through serving an 11-game suspension for alleged sexual misconduct while he played for the Houston Texans. Two dozen women previously claimed he was sexually inappropriate during massage therapy sessions.

On Thursday, a 26th woman filed a lawsuit in Texas that al-

leges Watson pressured her into performing a sex act after a massage in 2020. Watson has settled 23 of 24 previous lawsuits filed against him, one was dropped.

NFL spokesman Brian McCarthy said the latest lawsuit does not impact Watson's current standing. However, the 27-year-old could face more discipline if he is found to have further violated the league's conduct code.

"We will monitor developments in the newly-filed litigation; and any conduct that warrants further investigation or possible additional sanctions would be addressed within the Personal Conduct Policy," McCarthy said in an email Friday.

Because the latest allegations were from an encounter in the same time frame as the others, and it took place before Watson agreed to a settlement, there's no need for the league to act. As long as Watson abides by conditions of his agreement with the league, he'll be eligible to play again in December.

Browns coach Kevin Stefanski didn't comment following Friday's practice on the new allegations against Watson.

Attorney Anissah Nguyen, who is representing the newest plaintiff, said she intends to depose Watson by the end of 2022. She said her client has spent two years "struggling to cope with

trauma from all that he stole from her."

"Knowing her story will bring on the hard conversations, criticism and victim-blaming, my client found the courage to stand up and speak out," Nguyen said in a statement sent to AP. "She seeks justice not only for herself and her own healing, but for the more than 20 women who refused to be shamed into silence, and for the victims who have yet to come forward."

Watson's attorney, Rusty Hardin, said he's trying to find out the woman's identity. In previous cases, the court has ordered the plaintiffs to be identified by name.

## MLB

# Guardians top Yankees, tie ALDS at 1-1

**By RONALD BLUM**  
**AP Baseball Writer**  
NEW YORK — Little hits turn into big wins for the Cleveland Guardians.

José Ramírez hustled to reach third base leading off the 10th inning with a popup that dropped in left field, 200 feet from home plate. Oscar Gonzalez drove him in with the tie-breaking run on an even shorter opposite-field flare to right, then scored on Josh Naylor's double, the only hard-hit ball of the inning.

"It's not an easy way to win but it doesn't mean you can't," Guardians manager Terry Francona said after Cleveland overcame a two-run deficit to beat the New York Yankees 4-2 Friday. The victory evened the best-of-five AL Division Series at one game apiece.

Winner Emmanuel Clase pitched 2 1/3 innings, his most in the major leagues, and combined with Trevor Stephan and James Karinchak for 4 1/3 innings of one-hit relief. Cleveland, 29th among the 30 big league teams in home runs, stopped a six-game postseason losing streak to the Yankees.

"We just try find a way on base," Naylor said. "If it's a bloop hit, it's a bloop hit. If it's a hard-hit single, double, whatever the case it, we just try to hustle, try to make things happen on the field, try to put pressure on the defense."

Game 3 will be at Cleveland on Saturday night. There is no travel day because a rainout Thursday had pushed Game 2 back a day.

"Good starting rotation, a great bullpen. They got nasty stuff down there," Yankees slugger Aaron Judge said.

Judge went 0 for 5 with four strikeouts and dropped to 0 for 8 with seven strikeouts and a walk in the series. He is 2 for 37 with 27 strikeouts against Cleveland in three playoff series, including all four of his four-strikeout postseason games.

"Just a little late," Judge said. "When you're a little late, you're missing pitches that you usually doing some damage on. You're swinging at stuff that you usually don't."

Fresh off setting the AL home run record with 62, he was booed by some fans in the sellout crowd of 47,355 after whiffing against Stephan in the seventh.

"It's the Bronx, man," Yankees manager Aaron Boone said. "Great hitters go 0-for on a given day."

First pitch was at 1:08 p.m. in the first early afternoon postseason start in the Bronx since Game 2 of the 2006 Division

**Guardians 4**  
**Yankees 2**

MORE MLB, PAGE 8

Series against Detroit. Shad-ows crept across the field from the first-base side in the middle innings on a cloudless afternoon, reminiscent of so many World Series games at old Yankee Stadium in the 1940s and '50s.

Giancarlo Stanton hit a two-run, opposite-field homer to right in the first off 2020 AL Cy Young Award winner Shane Bieber, Stanton's 10th homer in 20 postseason games.

Cleveland tied the score against All-Star Nestor Cortes when Andrés Giménez had an RBI single in the fourth and Amed Rosario homered into the Yankees bullpen in the fifth.

Cortes saved two runs in the fourth with an acrobatic leap and throw to first from a sitting position on Myles Straw's two-out, one-hop smash. Falling off the third-base side of the mound, Cortes extended his glove hand to snag the ball as he hit the mound with his head toward first. He leaned back and made a one-hop throw to first baseman Anthony Rizzo, who scooped the ball for the out.

"I'm supposed to make that play 100% of the time. Just a little bit more dramatic effect into it," Cortes said. "The bounce pass was probably the best idea because if I were to get up and go, I would probably would have been late."

Lou Trivino, Jonathan Loáisiga, Wandy Peralta and Clay Holmes followed Cortes and combined for four hitless innings.

Jameson Taillon made his first big league relief appearance after 143 starts, and Ramirez sliced a fastball that rookie left fielder Oswaldo Cabrera missed by inches as third baseman Josh Donaldson, his back to the plate, pulled up to avoid a collision. Donaldson fired the ball past second for an error as Ramirez hustled all the way and slid into third headfirst.

Gonzalez, whose 15th-inning homer Saturday completed a first-round sweep of Tampa Bay in the wild-card round, fought off an outside curve, and hit a ball at 59 mph that went 164 feet and dropped midway between Judge in right and second baseman Gleyber Torres. Naylor added an RBI double that bounced on a hop off the wall in right-center.

Clase threw 33 pitches, 10 more than his regular-season high.



AP Photo/Seth Wenig

Yankees starting pitcher Nestor Cortes makes a throw from his knees to get the out at first on the Guardians' Myles Straw to end the top of the fourth inning Friday in New York.



# Split-finger ace Sutter dies at 69

By **BEN WALKER**  
AP Baseball Writer

When Bruce Sutter began experimenting with the split-fingered fastball, he wasn't looking for a path to Cooperstown. He was just hoping to save his career.

"I wouldn't be here without that pitch," Sutter said shortly before his Hall of Fame induction in 2006. "My other stuff was A ball, Double-A at best. The split-finger made it equal."



Sutter

Sutter, the full-bearded closer who paid for his own elbow surgery as a low minor leaguer and later pioneered the sharp-dropping pitch that came to dominate big league hitters for decades, died Thursday. He was 69. Sutter was recently diagnosed with cancer and in hospice surrounded by his family, one of Sutter's three sons, Chad, told The Associated Press.

A six-time All-Star, Sutter led the National League in saves for five years and won the 1979 Cy Young Award. He posted 300 saves in a 12-year career with the Chicago Cubs, St. Louis Cardinals and Atlanta Braves.

Sutter played in an era when closers routinely got more than three outs. He threw more than one inning for 188 of his saves and five times pitched more than 100 innings in a season.

At his bedeviling best, he tossed two perfect innings — retiring future fellow Hall of Famers Paul Molitor, Robin Yount and Ted Simmons — to finish off the Cardinals' Game 7 win over Milwaukee in the 1982 World Series.

The team victories, son Chad said, counted most to Sutter.

"I mean, he won all these awards and all this stuff and they weren't even hung out in the house because all he cared about was winning and being respected by the other players and being a good teammate. That was his whole motivation," Chad Sutter told the AP by phone on Friday.

"The awards, you know, after he retired, that was kind of the time where he was like, 'Man, I did OK, you know.' Being a teammate was what mattered most to him," he said.



AP Photo/Matt Rourke

**Phillies' Rhys Hoskins celebrates after hitting a three-run home run during the third inning in Game 3 of the NLDS National League Division Series against the Braves on Friday in Philadelphia.**

## Phils rout Braves in NLDS

PHILADELPHIA (AP) — Rhys Hoskins raised his arms in triumph, and then spiked his bat in celebration — a raw, emotional moment destined for Philadelphia's rich sports history.

Hoskins then trotted around the bases in front of a rabid crowd of 45,538 fans already in a tizzy over the Phillies' first home playoff game in 11 years.

The whole thing felt like an out-of-body experience for the veteran slugger.

"It's just the moment, man," he said. "I didn't know what I did until a couple innings later, really."

Hoskins burst out of his postseason malaise with a three-run homer and slammed his bat in celebration, and Bryce Harper hit a two-run shot that sent Philadelphia to a 9-1 win over the Atlanta Braves in Game 3 of their NL Division Series on Friday night.

Harper added an RBI double as Philadelphia took a 2-1 lead in the best-of-five matchup against the reigning World Series champions. The Phillies can advance to the NL Championship Series with a Game 4 win at home today.

Harper had a bit of Tug McGraw in him when he relayed a rallying cry to Hoskins.

"He said, 'We ain't losing,'" Hoskins said. "I think it's the belief that he has in us. It's the belief we have in each other."

Hoskins turned to Harper on the dais and asked him, "You want to do it again?"

"Let's do it again," Harper said.

Bryson Stott got the rally going in the third inning with an RBI double off Braves rookie Spencer Strider. Kyle Schwarber then was walked intentionally.

Hoskins, mired in a 1-for-19 postseason slump, crushed a 93.8 mph fastball into the left field seats for a 4-0 lead. Hoskins raised his arms sky high, slammed his bat into the grass and he skipped his way to first base.

### PADRES 2, DODGERS 1

SAN DIEGO (AP) — Blake Snell pitched five-hit ball into the sixth inning and Trent Grisham homered at a festive Petco Park, helping the San Diego Padres top the Los Angeles Dodgers 2-1 on Friday night for a 2-1 lead in their NL Division Series.

San Diego can clinch its first trip to the NL Championship Series since 1998 with one more win tonight. Joe Musgrove pitches for his hometown Padres, and Tyler Anderson starts for the NL West champions.

With Snell working 5 1/3 innings and Josh Hader finishing a scoreless performance by San Diego's bullpen, the 111-win Dodgers were pushed to the brink of a massive disappointment. Los Angeles went 14-5 against San Diego in the regular season, and it has defeated the Padres in nine straight series dating to 2021.

San Diego stranded two runners in each of the first four innings and 10 total. But Jake Cronenworth's RBI single in the first and Grisham's drive in the fourth were enough.

## Scheifele scores 2 as Jets beat Rangers

WINNIPEG, Manitoba (AP) — Mark Scheifele scored twice and the Winnipeg Jets beat the New York Rangers 4-1 Friday night to win their season opener.

Sam Gagner also scored and Kyle Connor added an empty-netter for the Jets. Connor Hellebuyck stopped 40 shots.

Dryden Hunt had a goal and backup goalie Jaroslav Halak finished with 30 saves in his Rangers debut. New York was playing its third game of the season, and the second half of a back-to-back after a 7-3 win at Minnesota on Thursday.

Gagner, signed by the Jets last month, got the puck in front and put the rebound of his own shot past Halak to put Winnipeg up 2-1 with 4:25 remaining in the game. Scheifele got his second of the night on a power play as he fired a one-timer from the left circle off a cross-ice pass from Pierre-Luc Dubois with 1:37 to go for a two-goal lead.

Connor completed the scoring with 20 seconds left. Jets forward Nikolaj Ehlers displayed his speed on Scheifele's first goal. Ehlers raced behind New

York's net, got the puck and sent a backhand pass up to Scheifele in the circle and he beat Halak at 10:29 of the first period.

A minute earlier, Hellebuyck showed his quickness with his blocker. As Rangers forward Artemi Panarin came out of the penalty box for slashing, he grabbed a pass and went at Hellebuyck on a breakaway but his backhand shot was deflected.

The Winnipeg goalie made a snapping glove save on Alexis Lafreniere and had plenty of traffic around him when New York went on the power play with 3:02 left in the period.

On the other end, Halak denied a one-timer by Scheifele and New York broke up Winnipeg's 3-on-1 surge.

Hunt tied it at 3:55 of the third after he controlled a pass from Vincent Trocheck that hit his skate, moved the puck to his stick and beat Hellebuyck from the right side of the net. Panarin also picked up an assist.

### MILESTONE RETURN

The Rangers' new captain Jacob Trouba played his 600th career NHL game against the team that drafted

him in 2012 (ninth overall).

Trouba, who played 408 games with the Jets before being traded to the Rangers in June 2019, was booed early in the game by some fans when he had the puck.

### DEBUT DELAYED

The game was supposed to be the debut of new Jets coach Rick Bowness, but the team announced earlier in the day that the 67-year-old had tested positive for COVID-19. Associate coach Scott Arneil ran the bench in Bowness' place.

### STATS

Panarin now has a goal and five assists through three games.

The last Rangers players to record five or more assists through the same span were Mark Messier and Brian Leetch in 1992-93.

### UP NEXT

Rangers: Host Anaheim on Monday night to open a four-game homestand.

## SCHOOLS

continued from page 7

Cincinnati beat McGraw 3-2 on a sudden victory goal with five seconds left in overtime on Sept. 24 at SUNY Cortland. Friday, the Eagles exacted their revenge.

McGraw didn't make any major tactical changes between the first and second game with the Lions, but possessed the ball better and got the result it wanted.

"The last game, we played a double stopper and I almost thought about doing that just because of how fast they (Cincinnati) were," McGraw head coach Jamey Crumb said. "No. 12 (Landers) is so fast that if we kept someone else back he was going to beat two of us instead of one anyway. I also wanted to play more offensive today because I think we can attack them well."

As of the end of play Thursday, McGraw and Cincinnati would face each other again in the first round of the Section III Class D Tournament, with McGraw playing host as the No. 7 seed. Stiles thinks that would be a good way to decide the season series.

"That would definitely be a fun game, for sure," the senior said. "Obviously we know we can come out on top, but we just have to bring it."

### FOOTBALL ONEIDA 57, CORTLAND 0

Nymurey Cathcart led Cortland's offense with 17 carries for 67 yards.

### GROTON 47, ELMIRA HEIGHTS 0

Groton moved to 6-0 on the season thanks to three pick sixes by the defense.

### GIRLS SOCCER CORTLAND 1, SYRACUSE 0

Quinn Dodds scored her first varsity goal Thursday as Cortland moved one step closer to qualifying for the Section III Class B Tournament. Cortland needs a win or tie at Chittenango today to qualify. Mallory Turner made a throw in to Lilly Call, who volleyed the ball to Dodds for the score.

### CINCINNATUS 15, SANDY CREEK 0

Kyla Sustad scored five more goals to go with three assists to help keep Cincinnati unbeaten.

Cassia Schuyler also notched four goals and an assist, while Alayna Holtmart and Madelyn Pittsley each had two goals and an assist.

Ava Larrabee contributed a goal and two assists and Jarisa Temple scored once.

### HOMER 2, SYRACUSE 1

Catherine Apker scored both of Homer's goals as the Trojans qualified for the Section III Class B Tournament with the win. Homer finished the regular season 6-8-2.

Elena Barrett also had an assist for Homer and Alex Kellaway made eight saves.

### TULLY 2, PULASKI 1

Alexa Shay scored both of Tully's goals to help the Black Knights finish the regular season 11-4-1.

### DERUYTER 1, OTSELIC VALLEY 0

Peytin Burrows scored a second-half goal to lead DeRuyter to victory. The Rockets finished the regular season 9-6-1.

Rhya Richardson recorded the assist on the goal. Shakiah Glisson made six saves and Abby Stanton stopped two shots.

### BOYS SOCCER TULLY 4, JORDAN-ELBRIDGE 0

Ryan Rauber had a hat trick to lead Tully to the win and a 14-2 finish to the regular season.

Connor Bastedo scored the Black Knights' other goal, while Diego Igle-

sias had two assists and Danny Byrne had one. Oscar Breitka made eight saves for the clean sheet.

### FIELD HOCKEY EAST SYRACUSE-MINOA 4, CORTLAND 0

Ella Martin stopped seven shots as Cortland finished its season 0-14-1.

### MORAVIA 4, WEEDSPORT 1

Brooke Proper, Allison Kehoe, Jenna Smith and Grace Ike all scored for Moravia.

Jenna Grey had two assists. Kaylee Miner made three saves in the win.

**UPCOMING SCHEDULE**  
**FOOTBALL**  
Westhill at Homer, 6 p.m. today  
Lowville at Southern Hills, noon today at LaFayette  
Newfield at Moravia, 7 p.m. today

**GIRLS SOCCER**  
Cortland at Chittenango, 1 p.m. today  
Groton vs. Watkins Glen, 2 p.m. today at Tompkins  
Cortland Community College  
Cincinnati vs. Thousand Islands, 11 a.m. today at Watertown IHC

**VOLLEYBALL**  
Living Word Academy at Homer, 6 p.m. Monday  
Groton at Whitney Point, 6:30 p.m. Monday  
Southern Cayuga at Dryden, 6:30 p.m. Monday  
Moravia at Trumansburg, 6:30 p.m. Monday

**CROSS COUNTRY**  
Cortland, Homer, Cincinnati at Tully, 8:45 a.m. today  
Groton, Dryden at Marathon, 9:15 a.m. today

**SWIMMING & DIVING**  
Dryden at Elmira, 9 a.m. today

## After quick playoff exit, Mets eye offseason

By **MIKE FITZPATRICK**  
AP Baseball Writer

NEW YORK — The sting of playoff failure still fresh, New York Mets general manager Billy Eppler wasted little time engaging Jacob deGrom in a late night talk about his future.

With the two-time Cy Young Award winner atop a long list of potential free agents, Eppler is fully aware of all the work ahead if the Mets are going to build on their successful regular season.

Five days after New York was eliminated by the San Diego Padres at home, Eppler and manager Buck Showalter wrapped a bow around 2022 during a news conference at Citi Field. They lauded the players and expressed pride in the commendable accomplishment of winning 101 games — second-most in franchise history — while also acknowledging the disappointment of a brief postseason appearance that lasted only three days.

Figuring out how to dethrone Atlanta in the NL East and play deeper into October is the challenging task for Eppler and his staff heading into an uncertain offseason.

Unable to hold off the Braves for the division title, New York (101-61) took the top National League wild card but got knocked out quickly by Joe Musgrove and the Padres in a best-of-three series played in Queens. Pete Alonso managed the Mets' only hit Sunday night during a 6-0 loss in the decisive Game 3.

In the hours that followed, Eppler spoke with deGrom about the prospects of him returning. The 34-year-old right-hander has said he plans to opt out of his contract, passing on a \$30.5 million salary for next year to become a free agent.

Sidelined by injuries, deGrom returned in early August to make his first start in nearly 13 months. He went 5-4 with a 3.08 ERA in 11 outings, faltering down the stretch before tossing six gritty innings of two-run ball in a Game 2 playoff win that extended New York's season. The All-Star has spent his professional career with the Mets, and they would like to pair him again with 38-year-old co-ace Max Scherzer, who has two seasons remaining on a \$130 million, three-year deal.

Injuries limited Scherzer (11-5, 2.29 ERA) and deGrom to 34 combined starts, and Scherzer was hit hard in losing his last two critical outings, to Atlanta and San Diego.

"We did build the team to be able to pitch in the postseason. We headlined it with two guys that are going to end up in the Hall of Fame," Eppler said. "It doesn't come with guarantees."

The rest of the pitching staff is in flux.

Third starter Chris Bassitt (15-9, 3.42 ERA) has a mutual option for 2023 at \$19 million with a \$150,000 buyout. Taijuan Walker (12-5, 3.49 ERA) seems likely to decline his \$7.5 million player option for a \$3 million buyout. And the Mets hold a \$14 million option on 35-year-old righty Carlos Carrasco (15-7, 3.97 ERA) with a \$3 million buyout.

Eppler said the Mets are still discussing whether to exercise their options on Bassitt and Carrasco, with deadlines looming in the days following the World Series.

Elsewhere, almost the entire bullpen must be rebuilt.

Edwin Díaz, who struck out more than half the hitters he faced this season as baseball's most overpowering closer, can become a free agent. Same for top setup men Adam Ottavino, Seth Lugo and Trevor May, plus right-hander Mychal Givens and effective long man Trevor Williams.

"I think it's pretty safe to say we're going to have to hit the market to fill that out, because it can't be filled out entirely from internal candidates. So it's going to be a big point of focus," said Eppler, who constructed the Mets' first playoff team since 2016 in his initial season as GM.

"There's going to be a lot of work to do this winter."

New York finished tied for fifth in the majors in runs, and most of the lineup should return intact — with one notable possible exception. Leadoff batter Brandon Nimmo, who provided an .800 OPS and scored a team-high 102 runs, also is eligible for free agency.

## Bowling

WASHBURN ENTERTAINMENT/  
CNY HOMES & PROPERTY LEAGUE

High Scratch Games	High Scratch Series	
Mike Quintero (300)	Mike Quintero (809)	
Steve Horner (290)	Chuck Pitts (745)	
Chuck Pitts (289)	Ryan Aylesworth (703)	
Matt Morgan (258)	Steve Horne (693)	
Matt Cook (257)	Sean Babcock (688)	
Bob Anderson (257)		

Crown Construction leads the league by two points.



**By DAMIAN J. TROISE  
and ALEX VEIGA  
AP Business Writers**

Investors have been looking for any sign that could allow the Fed to eventually ease up on its interest rate in-



People walk along Wall Street by the New York Stock Exchange on Oct. 7 in New York City.

The central bank has already raised its benchmark interest rate five times

Inflation, though cooling in some areas of the economy, remains stubbornly hot overall. A survey from the Univer-

“Core inflation is running at levels

More than 90% of the stocks in the S&P 500 closed in the red. Technology stocks were biggest weights on the index. Chipmaker Nvidia fell 6.1%.

**ALDO SVALDI**  
The Denver Post  
(TNS)

"Our take is that the economy is in recession," said Robert Dietz, chief economist with the National Association of Homebuilders, during a presentation

Housing tends to lead the larger economy, slowing before a recession starts and rebounding before it ends, Dietz said. He doesn't see a housing rebound

## The construction sector

Remodeling demand remains strong as well, driven by homebuyers who are spending more time working at home and who are reluctant to move given how low an interest rate they current-

That 10% or so share contrasts with a 3% share seen historical-

Dietz also notes that big builders have been preparing for the last two to three years to shift to build-to-rent, which allows them to stay more active than might otherwise be the case.

**By KATE ASHFORD**  
NerdWallet

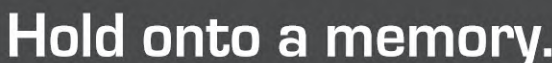
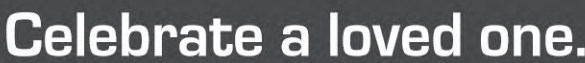
## TAKE ADVANTAGE OF ENROLLMENT PERIODS

"It can be as simple as putting your drugs into Medicare.gov," says Scott Maibor, a Medicare advisor based in Boston. "You should at least verify that 'This is the plan I'm on, this is the plan that's recommended, what are

**THINK HARD BEFORE  
GIVING UP YOUR  
MEDIGAP PLAN**

"Our clients are sitting at home, they're seeing these commercials on television talking about the free gym membership, zero premiums and they go ahead and make changes on their own," says Emily Gang, owner

**Missing the  
Cortland Market?  
Try Advertising  
in the  
Cortland  
Standard**

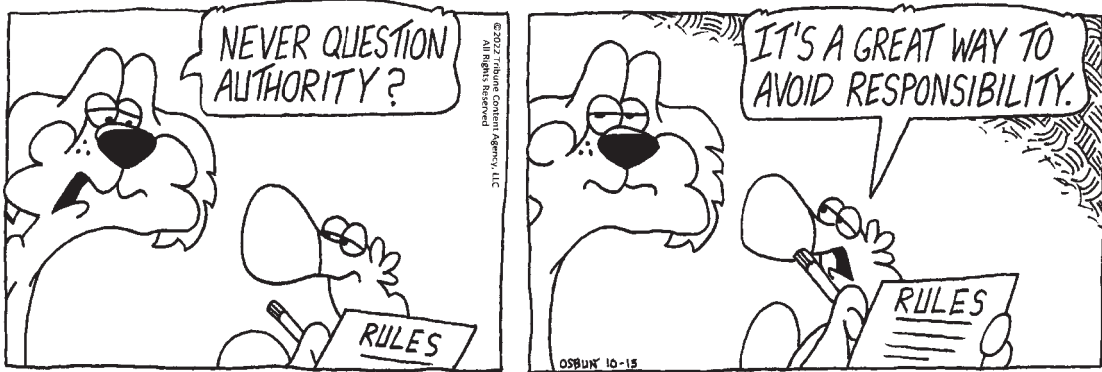


**ORDER A CUSTOMIZED PAGE WITH  
YOUR FAVORITE STORY FROM THE  
CORTLAND STANDARD AND  
MAKE IT LAST FOR A LIFETIME.**

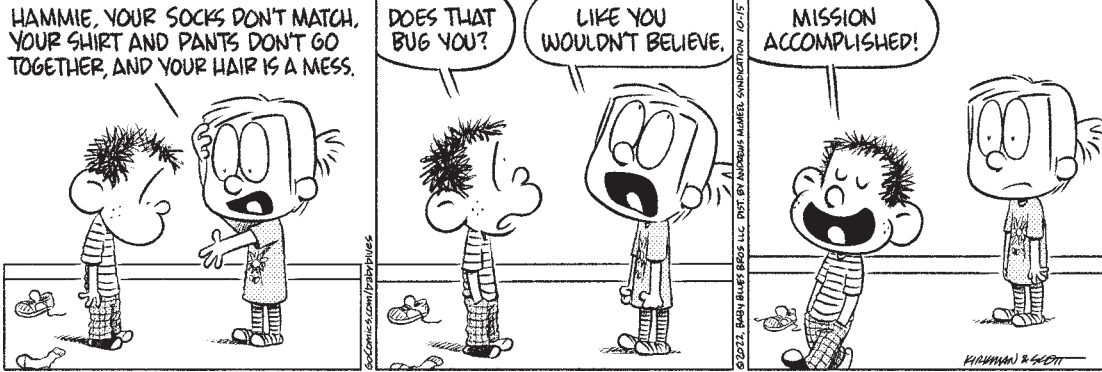
607-756-5665 EXT. 168



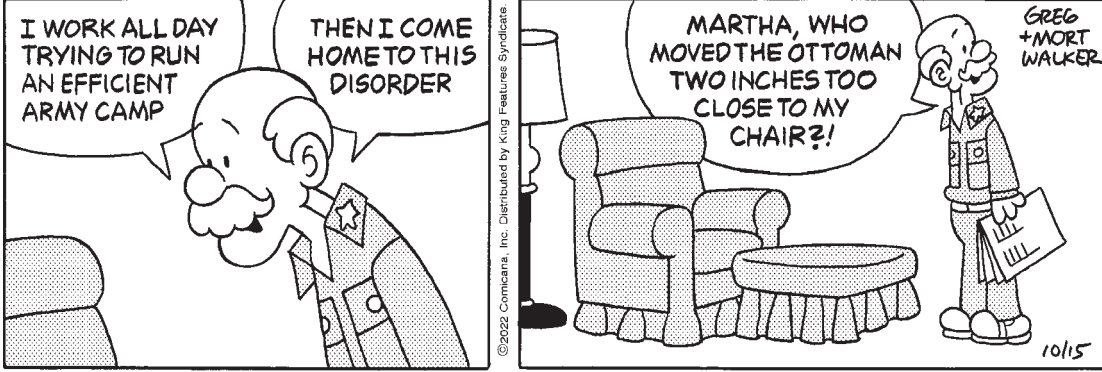
ANIMAL CRACKERS



BABY BLUES



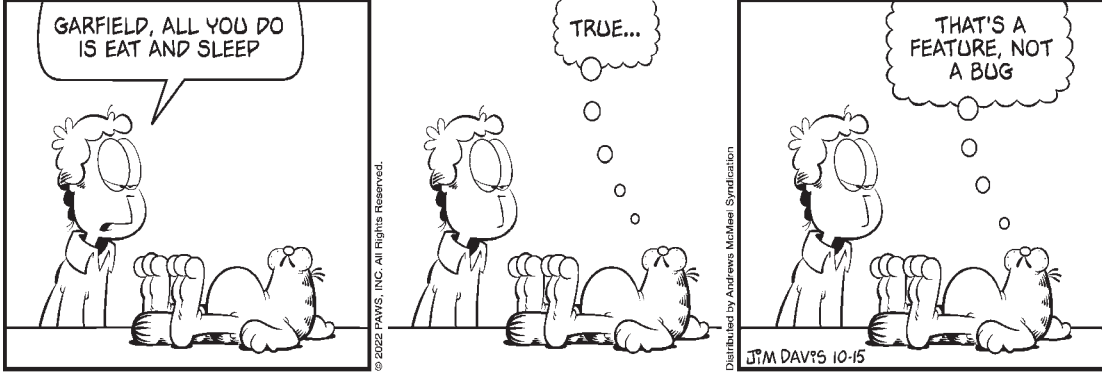
BEEBLE BAILEY



DUSTIN



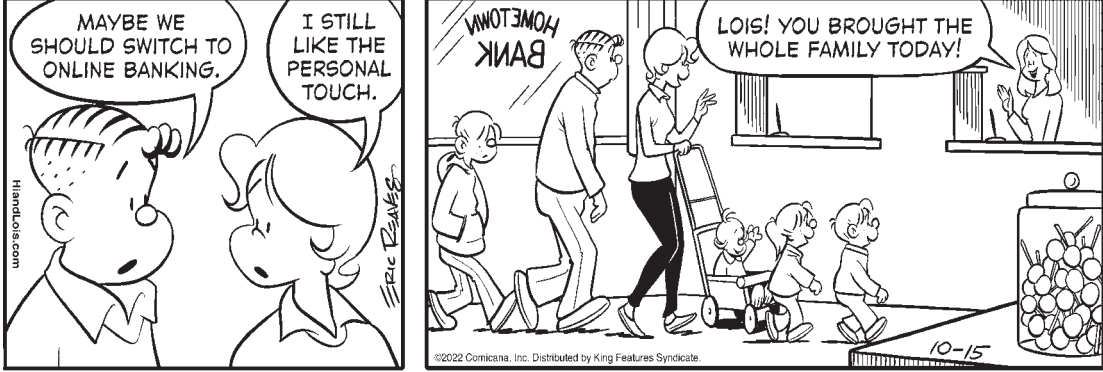
GARFIELD



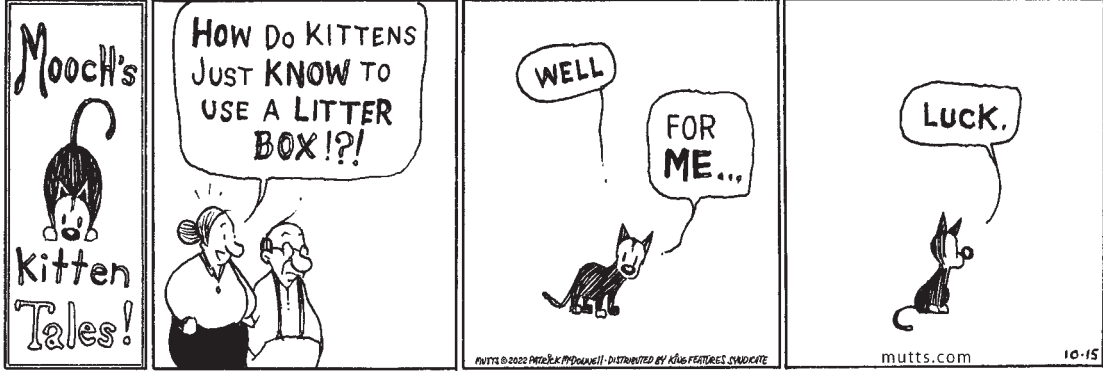
HAGAR THE HORRIBLE



HI AND LOIS



MUTTS



TIGER



ZITS



Astrological Forecast

By Magi Helena

Sunday, October 16, 2022

**ARIES (March 21-April 19):** Direct your energy into social activities. Your input may be welcomed when involved with group dynamics; you're likely skilled at handling complicated negotiations. Enjoy receiving extra attention in the week ahead.

**TAURUS (April 20-May 20):** Navigate workplace politics with expert actions. A friendly outgoing manner could attract new contacts and friends in the upcoming week. You and a partner can make extra money by working as a team.

**GEMINI (May 21-June 20):** Look for opportunities, not obstacles. When you work well with others, you can easily win applause and get your way. In the week ahead, using an outgoing and enthusiastic approach will make others feel at ease.

**CANCER (June 21-July 22):** Remain sharp and thorough about the details. You and a partner or loved one may be in agreement if you take action. In the week ahead, only buy items that will stand up to daily use without wrecking the budget.

**LEO (July 23-Aug. 22):** You might prefer to ask for forgiveness rather than permission. If you need to, explain your motivations for handling subjects and physical tasks at a fast pace. Social interactions could take priority in the week ahead.

**VIRGO (Aug. 23-Sept. 22):** If you insist on having the best, you will often get the best. In the week ahead, sharing your possessions with others to make them happy may become a priority. Avoid letting jealousy or greed affect your financial decisions.

**LIBRA (Sept. 23-Oct. 22):** It may be difficult to spend time alone with someone because there might be many others clamoring for your attention. This may be a good week to join a club or organization while your popularity appears to be at a peak.

**SCORPIO (Oct. 23-Nov. 21):** This can be a promising week to grow closer to loved ones. Family members may help you learn to be a true friend. Use your know-how and experience to handle unexpected changes and achieve long-term goals.

**SAGITTARIUS (Nov. 22-Dec. 21):** Energetic go-getters could spark your enthusiasm. Feed off someone else's ambitions and positive energy in the week to come and your bank balance might thank you. Friends may fill your social calendar.

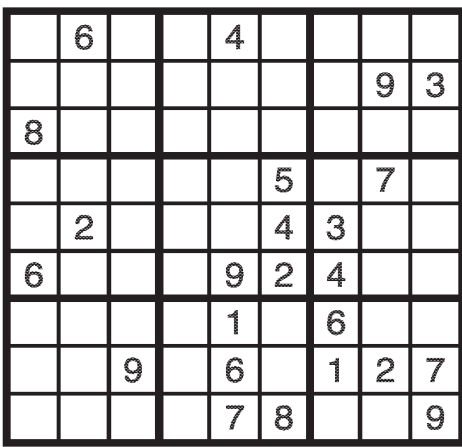
**CAPRICORN (Dec. 22-Jan. 19):** Strike the nail right on the head. The more diligent you are, the further you can go and much more will be accomplished. In the coming week, your passion, drive and ambition may be apparent to the naked eye.

**AQUARIUS (Jan. 20-Feb. 18):** Combining social activities with an organized plan of action can lead to accomplishment in the week ahead. Don't expect too much, too soon, because achieving the most worthwhile things always take time.

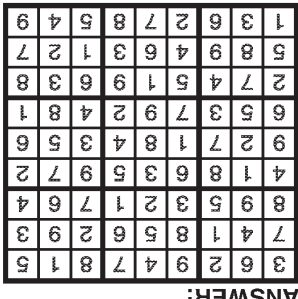
**PISCES (Feb. 19-March 20):** If you are resourceful, you can recycle or upcycle anything. A loved one may have some original ideas. As the week unfolds, a passing infatuation or mental rabbit hold could cause you to waste time.

**IF OCT. 16 IS YOUR BIRTHDAY:** Your business sense and street smarts could be well in hand during the next week or two. Whatever you put into motion should be enduring so focus your sights on creating or improving long term income sources. In November, you can be on the competitive edge and your leadership abilities may have a chance to shine. You are likely to be willing to get your hands dirty to accomplish something worthwhile.

Sudoku



**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



ANSWER:

Cryptoquote

A XYDLBAAXR  
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

10-15 CRYPTOQUOTE  
X I F W F B E F X K A W X S Z D L O  
Z K T L O D W X K J D N F  
I K L F W X J Z, F S X W J K Q J Z S L C J D F  
S Y K T X Z K T E S O F. — J T B D J J F  
Y S J J

**Yesterday's Cryptoquote:** THERE IS NOTHING BETTER THAN A FRIEND, UNLESS IT IS A FRIEND WITH CHOCOLATE. — LINDA GRAYSON

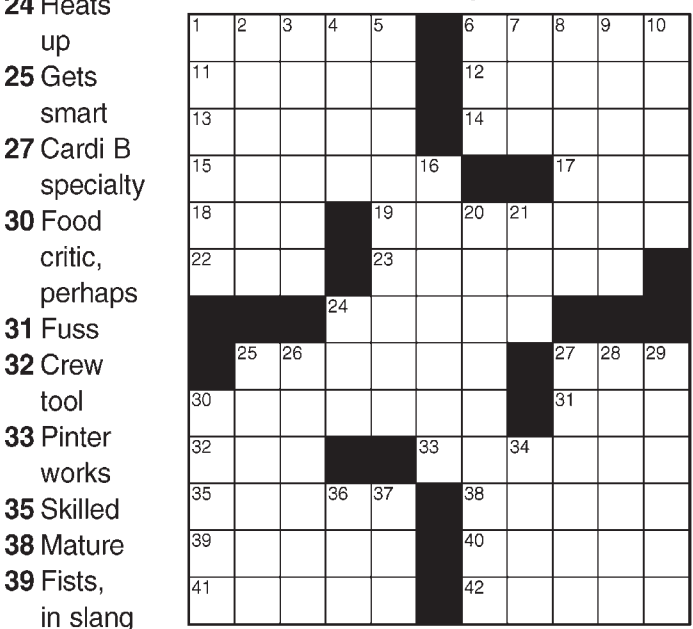
CROSSWORD

By THOMAS JOSEPH

**ACROSS**  
40 Con-sumerist  
Ralph  
41 Hit  
bottom?  
42 Lawn  
makeup

DOWN

1 Find out  
about  
2 Writer  
Leonard  
3 Like  
corduroy  
4 Active one  
5 Use force  
on  
6 Set  
ablaze  
7 Undivided  
8 Like  
edelweiss



Word of the Day

decorous (DECK-er-us)

**Definition:** (adj.) marked by propriety and good taste; correct.  
**Example:** Before making her daily announcements, the principal mentioned how proud she was of the students' decorous conduct at the recent school dance.

— Courtesy Merriam-Webster Online



# PLACING YOUR CLASSIFIED AD TODAY

Monday - Friday 8 a.m. to 4:30 p.m., except Holidays. Email your classified ad to: [classified@cortlandstandard.com](mailto:classified@cortlandstandard.com)  
607-756-5665 • Corner Main Street and Tompkins Street, Cortland

Deadline for ad run start dates of Tuesday, Wednesday, Thursday and/or Friday is 11:00 a.m. the day prior.  
Saturday and Monday ad run start dates is the prior Friday at 11:00 a.m.

## REPORT ANY ERRORS

or omission of an ad the first day of publication. We are responsible for only ONE INCORRECT INSERTION for the part of an ad that ran incorrectly.

### ANNOUNCEMENTS



### BACK ISSUES

of the  
**Cortland Standard**  
May be available up to five years old. Prices vary according to age. For more information or availability, call the:  
**Cortland Standard Circulation Department** at 756-5665 or stop in at 110 Main Street, Cortland

### PREPAYMENT

\*Required for all the following ads before they will appear in classified:  
► **POSITIONS WANTED**  
► **FREE ANIMALS**  
► **BABY-SITTING**  
► **MOVING SALES**  
► **TELEPHONE TOLL - CALLS**  
► **WANTED TO RENT**  
► **HOUSE CLEANING**  
► **NO TELEPHONE - LISTING**  
► **SUBLETTING**  
► **APARTMENT-SHARING**

### HELP WANTED

### HELP WANTED

**Job fair**  
**Walden Place**  
839 Bennie Rd, Cortland  
Entry Level Care Aides  
Non-Tip Servers  
11:00 am to 2:00 Pm  
Thursday 10/13/2022  
Thursday 10/20/2022  
COVID Vaccine  
Required for Hire  
Bring with you:  
2 forms of ID and  
COVID Vaccine Proof

**PRODUCTION WORKERS NEEDED**

Bakery Manufacturing Company  
Early Morning Shift

**PACKAGING WORKER NEEDED**  
Mid-Morning to late afternoon  
Must be able to lift 50lbs. and stand for 6-8 hours. Experience a plus but will train.  
Need to come in for interview.  
9:00am to 1:00pm  
Monday - Friday  
42 Elm Street  
Dryden, NY

### SERVICES

**CP Roll Off Dumpsters**  
Commercial and Residential.  
Also do clean outs, houses and barns.  
Insured, reasonable rates  
**607-299-4184**

**Shane's Handyman Services**

Fall Cleanup, snow plowing, lawn mowing, junk removal, shrub trimming, clean out houses/barns, gutter cleaning, much more!  
Fully Insured  
Reasonable Rates  
**607-299-4676**

### RENTAL SECTION

### Rentals



Cortland  
Nice Upper 2 Bedroom  
Non Smokers, No Pets  
Available Oct 15<sup>th</sup>  
\$725 A Month  
607-753-3940

### ROOMS WITHOUT BOARD

**GABLE INN**  
14 PORT WATSON ST.  
Clean, Restful. 756-5453

### ROOMS WITH BOARD

**ROOMS for Rent**  
with kitchen privileges.  
Refrigerators in rooms.  
423-4244 or 423-4489.

### COMMERCIAL/STORAGE

OFFICE SPACE  
Call 756-5672

### MERCHANDISE

### MERCHANDISE



**For Sale**  
**25 Cords Seasoned Firewood**  
20 cord 18 to 24,  
5 cord 14-18  
607-756-4987  
Leave message

### Local News



**Delivered right to your mailbox!**

Cortland Standard  
Call 756-5665

### ARTICLES FOR SALE

**NEWSPRINT SCRATCH PADS**  
Various Sizes

70 cents per pound + tax  
Great For...

**-Kids to Draw/Doodle on**  
**-Writing Notes**  
**-Shopping Lists and much more!!!**

If interested,  
Stop into the  
**Cortland Standard**  
110 Main St., Cortland.

### End Rolls

**- Making Banners**  
**- Special Projects**  
**- Great for Packing**  
**- Covering Tables**  
**- And so Much More!**

**\$1 Per Pound + Tax**

### Free Skids

If you are interested,  
stop into the  
**Cortland Standard**  
110 Main St. Cortland.

**BUYING? SELLING?**  
**Check the Classifieds!**

## Contract Bridge

### The three key elements

West dealer.  
Both sides vulnerable.  
**NORTH**  
♠ 6 2  
♥ A K Q 7  
♦ K 9 8 5  
♣ A K 4

**WEST**  
♠ A K J 10 9 5  
♥ 10 6 2  
♦ 7 4  
♣ 7 5

**EAST**  
♠ Q 8 7  
♥ J 8 5 4  
♦ 6 2  
♣ Q 10 8 3

**SOUTH**  
♠ 4 3  
♥ 9 3  
♦ A Q J 10 3  
♣ J 9 6 2

The bidding:  
**West** 2 ♠ **North** Dble Pass **East** 3 ♦ **South** 4 ♦  
Pass 4 ♦ Pass 5 ♦  
Opening lead — king of spades.  
**Some players talk** about a squeeze as if it were as much beyond their comprehension as, say, the theory of relativity. Actually, a squeeze is usually an uncomplicated play requiring three basic elements to make it work. These are:  
1. Declarer must have all the remaining tricks but one.  
2. He must have communication between his own hand and dummy when the squeeze card is played.  
3. One defender must have to guard at least two suits.  
**So in today's deal**, Element No.1 is met after West cashes two spades.

©2022 King Features Syndicate Inc.

### ARTICLES FOR SALE

◆ **PRINTED NEWS-PRINT BUNDLES (Strapped)**

\$2.50/Bundle + Tax

**Ideal For Bedding For Animals**

Call The  
**Cortland Standard**

For Availability  
**756-5665**

### GARAGE SALES

**BARN SALE**  
31 Squires Street  
Cortland  
Fri/Sat 9-3  
Stands, table /chairs, hutches, lift chair, adjustable twin bed, Christmas / Halloween Items, jewelry, tools, work bench and a lot more  
**TREASURES.**

**SALE**  
C.N.Y. Power Sports  
Polkville  
**Unit C-16**  
Sat/Sun 9-3  
Hunting, Fishing, Trapping, Camping, Vintage Coleman Lanterns, Some Tools, Odds & Ends

**Yard Sale**  
66 Cayuga St, Homer  
Fri/ Sat 9-5  
MTG/ Sports Cards, Top Loaders, 1000s of Music CDs, Car Craft/ Hot Rod Magazines

### WANTED TO BUY

OLD: Crocks, Jugs, Advertising signs, Tins, Trays, Paintings, Decoys, Iron Door Stops, Canes, Carvings, Pens.  
Greg 836-9988

### AUTOMOBILES

### AUTOMOTIVE



**MUNSONS AUTO SALES & SERVICE**  
Find A Complete List of Our Vehicles and Service at:  
[munsonsautosales.com](http://munsonsautosales.com)  
607-838-3022

## PLEASE RECYCLE



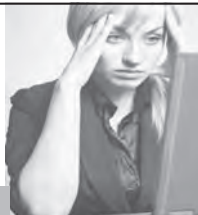
Cortland Standard

Looking for a...

## New Job?

We've Got It!

Cortland Standard Local Classifieds



*If it's happening in*  
***YOUR community***  
*it's in the*  
***Cortland Standard.***

## Mooney's Auction

*New York's Upstate Auction Tradition since 1978*  
**(518) 634 - 2300**

Experience an authentic country style auction with something for everyone! Americana, Mid-Century Modern, Art, Antiques, Unique finds, Collectables, Coins, Jewelry, Furniture, Rugs, Toys and Much More Rare Treasure!  
**[mooneysauction.com](http://mooneysauction.com) \* Next Auction:**

**Monday Night October 17th, 2022 at 6pm**  
**10251 Rt. 32, Freehold, NY 12431**

## DIRECTOR OF STRATEGIC MARKETING

Tompkins Cortland Community College is looking for an individual who is ready to take on a leadership role within a newly created Strategic Marketing department. The Director of Strategic Marketing has responsibility for visionary leadership in the College's enrollment marketing strategy, recruitment initiatives, public relations, innovative digital content, meaningful messaging and branding expertise. Bachelor's degree and seven (7) years' experience or a Master's degree in marketing, public relations, business, or related field and five (5) years' experience. For additional information and to apply, visit [www.tompkinscortland.edu/college-info/employment](http://www.tompkinscortland.edu/college-info/employment)  
AA/EOE

**TOMPKINS CORTLAND**  
COMMUNITY COLLEGE

# Buy your favorite Cortland Standard photos!



**Available in various sizes!**

5x7 **\$10** + tax

8x10 **\$15** + tax

11x14 **\$20** + tax

13x19 **\$30** + tax

**Order online at [cortlandstandard.com](http://cortlandstandard.com)**  
**or call us at 607-756-5665**



# Protesters throw soup on Van Gogh’s ‘Sunflowers’



Two climate protesters are shown Friday after throwing soup over Vincent Van Gogh’s famous 1888 work “Sunflowers” at the National Gallery in London.

Just Stop Oil via AP

LONDON (AP) — Climate protesters threw soup over Vincent van Gogh’s “Sunflowers” in London’s National Gallery on Friday to protest fossil fuel extraction, but caused no damage to the glass-covered painting.

The group Just Stop Oil, which wants the British government to halt new oil and gas projects, said activists dumped two cans of tomato soup over the oil painting, one of the Dutch artist’s most iconic works. The two protesters also glued themselves to the gallery wall.

The soup splashed across the glass covering the painting and its gilded frame.

The gallery said “there is some minor damage to the frame but the painting is unharmed.” It was cleaned and returned to its place in the gallery on Friday afternoon.

The work is one of several versions of

“Sunflowers” that Van Gogh painted in the late 1880s.

London’s Metropolitan Police said officers arrested two people on suspicion of criminal damage and aggravated trespass.

“Specialist officers have now un-glued them and they have been taken into custody to a central London police station,” the force said in a statement.

A group of protesters from the same group later gathered at police headquarters and sprayed yellow paint over the rotating “New Scotland Yard” sign in front of it.

Several also glued themselves to the road, blocking traffic. Police said 24 people were arrested.

Just Stop Oil has drawn attention, and criticism, for targeting artworks in museums.

In July, Just Stop Oil activists glued themselves to the frame of an early copy of Leon-

ardo da Vinci’s “The Last Supper” at London’s Royal Academy of Arts, and to John Constable’s “The Hay Wain” in the National Gallery.

Activists have also blocked bridges and intersections across London during two weeks of protests.

The protesters were part of a “new radical flank” of the environmental movement that University of Maryland social scientist Dana Fisher calls “the disruptors.”

“These tactics are specifically geared toward getting media attention,” said Fisher, who studies activists. She said they seemed to have targeted a painting that had a glass cover to cause minimum damage but get more attention than previous activists who had been gluing themselves to art. Throwing tomato soup “is an escalation of a tactic,” she said.



Associated Press

Neighbors embrace Friday at the scene of Thursday’s night fatal shooting in Raleigh, North Carolina.

## Teen kills 5 in Raleigh

### Shooter remains hospitalized; police seek motive

RALEIGH, N.C. (AP) — A 15-year-old boy began shooting in the streets of a middle-class Raleigh neighborhood, then fled toward a popular walking trail where he opened fire in an attack that left five people dead, two injured and authorities searching for a motive, police said Friday.

Raleigh Police Chief Estella Patterson said the teen was captured hours after the the victims were gunned down Thursday evening.

He was hospitalized and in critical condition following his arrest. Authorities have not said how he was injured.

The victims were different races and ranged in age from 16 to their late 50s, Patterson said.

Family members and friends said they were gunned down while doing normal, everyday activities — an off-duty police officer was killed while on his way to work, one of the women who was killed was on her porch talking to a neighbor, and another woman who died was out walking her dog.

The teen, who was not immediately identified by police, eluded officers for hours — setting off a manhunt across a crime scene that stretched for 2 miles — before he was cornered in a home and arrested, Patterson said.

Gov. Roy Cooper called the shooting an “infuriating and tragic act of gun violence.”

“Today we’re sad, we’re angry and we want to know the answers to all the questions,” Cooper said. “I think we all know the core truth — no neighborhood, no parent, no child, no grandparent, no one should

feel this fear in their communities — no one.”

The gunfire broke out around 5 p.m. Thursday in a residential area northeast of downtown, Raleigh Mayor Mary-Ann Baldwin said. Officers from numerous law enforcement agencies swarmed the area, closing roads and warning residents to stay inside while they searched for the shooter.

The Hedingham neighborhood, where the shooting began, is a residential area of single family and town homes, as well as a golf club. The Neuse River Greenway, a walking and biking trail, runs just behind houses in the neighborhood. The trail runs about 27 miles along the river and connects to the state’s Mountains-to-Sea Trail that’s popular with thru-hikers. The stretch behind the neighborhood is paved and lies down a grassy slope from the houses.

Police say Officer Gabriel Torres, 29, was among the five killed. He was off-duty and on his way to work when the shooting began. The other victims were Nicole Connors, 52; Mary Marshall, 34; Susan Karnatz, 49; and James Roger Thompson, 16. Connors’ husband told The Associated Press she was on the porch and talking to a neighbor when she was killed. Marshall’s sister told NBC News that she was out walking her dog, Scruff.

Marcille Lynn Gardner, 59, was talking to Connors when she was shot. Gardner remained hospitalized in critical condition Friday. A second police officer, Casey Joseph Clark, 33, was also wounded and released from the hospital.

Karnatz’s husband, Tom Karnatz, said

she was an avid runner who often ran on the greenway.

“She was a very loving wife and amazing mother to our three sons,” he said through tears when he answered the door at the family’s home Friday. “We’re absolutely heartbroken and miss her dearly.”

In the driveway, a silver minivan and a Toyota Camry had matching 26.2 stickers — symbolizing the miles of a marathon. The minivan’s license plate read simply: “RUNNR.”

Woodrow Glass, a 74-year-old retiree and neighbor of Connors, said he talked to her nearly every day as she walked her small dog.

“She was friendly with everybody in the neighborhood, spoke with everybody ... and was really respected here. And we’re going to miss her,” he said.

Baldwin said the shooting has brought home the need to “end senseless gun violence that has grips on our country and now on our city.”

“We have to do something,” she said.

In a statement Friday, President Joe Biden said he and First Lady Jill Biden are grieving with victims’ families, and his administration is working closely with Cooper to help local authorities with their investigation.

“We are thinking of yet another community shaken and shattered as they mourn the loss of friends and neighbors, including an off-duty police officer,” he said, adding: “Enough. We’ve grieved and prayed with too many families who have had to bear the terrible burden of these mass shootings.”

## Families face man charged in killings of 22 elderly Texans

DALLAS (AP) — A week after the second conviction of a man charged in the deaths of 22 elderly women, family members of those he is accused of killing gathered at a Dallas courthouse Friday to face him.

In Ellen French House’s victim impact statement, she told Billy Chemirmir, who was wearing a striped jail uniform, that she wanted him to see two photos of her mother: one of Norma French alive, the other after the 85-year-old was killed.

“This is my beautiful mother,” House said as she displayed the first photo. “This is my mother after you fried her wedding ring off of her finger that she couldn’t even get off.”

For most of the families, Friday may be their only chance to face Chemirmir in a courthouse. After trying Chemirmir in two of the deaths and obtaining two sentences of life in prison without parole, Dallas County prosecutors have said they will dismiss their remaining 11 capital murder cases against him. Prosecutors in neighboring Collin County haven’t yet said if they will try any of their nine capital murder cases against him.

Chemirmir, 49, received his second sentence of life in prison without parole last Friday after being convicted of capital murder in the smothering death of 87-year-old Mary Brooks. He was already sentenced to life in prison without parole for an April conviction in the death of 81-year-old Lu Thi Harris.

Authorities say he preyed on older women, killing them and stealing their valuables. Time after time, their deaths were initially determined to be from natural causes, even as family members raised alarm bells about missing jewelry. He has been charged in deaths over a two-year span.

Loren Adair Smith told Chemirmir that at 91, her mother, Phyllis Payne, was still a “vibrant, active, loving, amazing woman” who was “still living a fabulous life” when she was killed.

“You stole my mom, my best friend,” Smith said. “And for what? A bit of jewelry? A bit of silver?”

She said she and her brother were convinced their mother would live to be 100. “We just



Chemirmir

wanted time, and you stole that time from us,” Smith said.

As the family members spoke, emotions ranged from forgiveness to anger to an expressed desire for Chemirmir, who has maintained his innocence, to confess. Several family members said they still have nightmares about the way their loved one died.

It was a woman’s survival of a March 2018 attack that set Chemirmir’s arrest in motion. Mary Annis Bartel, then 91, told police a man forced his way into her apartment at an independent living community for seniors, tried to smother her with a pillow and took her jewelry.

Police testified they found Chemirmir the next day in the parking lot of his apartment complex holding jewelry and cash, having just thrown away a large red jewelry box. Documents in the jewelry box led them to the home of Harris, who was found dead in her bedroom, lipstick smeared on her pillow.

Prosecutors presented evidence at Chemirmir’s trials that he and Harris had been at the same Walmart just hours before she was found dead.

After Chemirmir’s arrest, police across the Dallas area reexamined deaths, and the charges against him grew. Many of the victims’ children have said they were left perplexed by the deaths at the time, as their mothers, though older, were still healthy and active.

Four indictments were added this summer.

Most of the victims lived in apartments at independent living communities for older people. One woman who lived in a private home was the widow of a man Chemirmir cared for while working as an at-home caregiver.

### LEGALS

**Notice of Formation of HIAWATHA BAR & GRILL, LLC --**Articles of Organization filed with Secretary of State of New York on 10/4/22. Office location: Cortland County, Secretary of State of New York designated as agent of the limited liability company upon whom process against it may be served. Secretary of State of New York shall mail process to 9 South Fulton Street, Homer, New York 13077. The principal office of the limited liability company is located at 3744 State Route 13, Truxton, New York 13158. The limited liability company was formed for any lawful business purpose.

**Notice of Formation of G&T HOLDINGS OF HOMER, LLC --** Articles of Organization filed with Secretary of State of New York on 9/21/22. Office location: Cortland County. Secretary of State of New York designated as agent of the limited liability company upon whom process against it may be served. Secretary of State of New York shall mail process to 119 Sparrow Avenue, Sebring, Florida 33870. The principal office of the limited liability company is located at 5290 New York State Route 281, Homer, New York 13077. The limited liability company was formed for any lawful business purpose.

## Medical examiner: 2 Connecticut officers died from multiple gunshots

By DAVE COLLINS  
Associated Press

Two Connecticut police officers who were killed in an apparent ambush both died of multiple gunshots to their heads and torsos, the state chief medical examiner’s office said Friday as law enforcement officials remained tightlipped about the shooting.

The two Bristol officers, Sgt. Dustin Demonte and Officer Alex Hamzy, were gunned down Wednesday night outside a home where they responded to a 911 call about possible domestic violence that authorities said appeared to be a “deliberate act” to lure police there. A third officer, Alec Iurato, was also hit by

gunfire but survived.

On Friday afternoon, a procession brought Demonte’s body to a funeral home in his hometown of North Haven, where he lived with his pregnant wife and two children. A subsequent procession was to bring Hamzy’s body to a funeral home in Plymouth.

The suspected shooter, Nicholas Brutcher, 35, also was shot dead at the scene. He died from a gunshot wound to the neck with spinal cord injuries, the medical examiner’s office said late Friday afternoon.

His death was classified as a homicide, meaning he did not shoot himself.

Brutcher’s brother, Nathan Brutcher, also was wounded in

the shooting. Information on his condition was not available.

Law enforcement officials, meanwhile, released no new information about the shooting Friday.

Here is what is known, and not known, about Wednesday night’s shooting:

While authorities say Nicholas Brutcher shot the three officers, it remains unclear who shot Brutcher and his brother.

On Friday, state police referred questions to the state inspector general’s office, which is overseeing the investigation by state police. The inspector general’s office released no new information, and a spokesperson did not return messages Friday.



**Luxury Modern Apartments**  
Conveniently Located In Tully!

- FREE HEAT
- Rent Includes Cable & Internet, Hot Water & Trash Removal
- 24 Hr. Emergency Maintenance

**Call for Availability & Pricing**

**DLH Belmont Ridge**  
59 State Street, Tully  
(315) 696-6560



**Village Terrace & Country Town Homes**  
1 Holiday Drive, Cortland • (607) 753-9865

- NEWLY REMODELED APARTMENTS
- FREE HEAT AND HOT WATER
- LUXURY FINISHES & PET FRIENDLY
- APARTMENTS ARE GOING FAST

**DLH**  
www.dlhproperties.net

**The Cortland Housing Authority is accepting bids for the following:**  
Snow Removal at our Marathon site for the 2022/2023 and 2023/2024 snow seasons.  
Specifications may be obtained from the maintenance office of the Housing Authority  
at 42 Church St., Cortland, NY.  
Bids are due no later than 3:30 p.m. local time Oct. 27th, 2022.  
Questions about the project may be directed to Nick Giamel, Maintenance Supervisor or Lyn Boyce, Assistant to the Maintenance Supervisor at 607-753-1771.  
The owner accepts the right to accept or reject all bids and to waive any informalities in the bidding process.



# HOPE

*Growing Awareness  
to Save Lives*



## Don't miss your mammogram appointments, breast cancer survivor says



By **NOWSHIN CHOWDHURY**

*Living and Leisure Editor*

living@kortlandstandard.com

In March 2018, Sheila Ossit rescheduled an annual mammogram. Her son was graduating college; her daughter had prom coming up. She's used to rescheduling things, but this time she regrets the decision.

For years, Ossit was told she had dense breast tissue. She was used to the doctors' concerned looks and when they would ask her to do a second screening as follow up.

When she finally went to her appointment in May, they asked for a second mammogram. This was new.

Shortly after, Ossit got a call at work. She doesn't remember much because it all became a blur, but her doctor informed her she had breast cancer.

"I wish I had done things differently because I really have no idea what they said to me," Ossit said. "And I actually even said to them, 'I think you might have the wrong chart.'" She wondered how to break the news to her husband, whose mother died of breast cancer in 1986.

"I had no family history — never thought that I'd have it," she said. "You sit there and you go 'Why me?' but then a lot of people get it."

She worried for her children, who now have family history of breast cancer on both sides of the family. She worried about what the diagnosis could mean for everyone in the family genetically. Genetic testing showed her cancer wasn't hereditary.

After a few more visits and tests, she was told her cancer was in stage 2. It was caught early.

"What would have happened had I rescheduled and rescheduled again?" Ossit said.

### 'Gut me like a pumpkin'

She needed a lumpectomy so she did her research. Radiation treatment was supposed to follow the surgical procedure, but doctors told Ossit she still had cancer in the margins. It remained after the first re-incision. Doctors opened her up again to clear the cancer.

After the lumpectomy and two re-incisions, she considered mastectomy, but her doctor advised against it. She asked her to make sure all the cancer tissue had been removed.

"I even said to her 'Gut me like a pumpkin,'" Ossit said.

Once the doctor gave the clearance, radiation treatment began. She was still in the early stages which didn't require chemotherapy. Six months after the initial diagnosis, Ossit completed her treatment — Nov. 5, 2018.

"I guess my message is go for your regular mammogram," Ossit said. "Don't reschedule it. Don't say your kid's softball game's more important. Don't say I've gotta go prom dress shopping. Go do it."

### Support in chorus

Despite the hard times, she saw support.

"During that time it was probably one of the most beautiful times of my life," Ossit said.

Strangers from St. Anthony's



*Nowshin Chowdhury/Living and Leisure Editor*

**Sheila Ossit is a breast cancer survivor. She has been cancer-free for four years.**

church in Cortland helped her and her family. Her family normally attends the church, but she made new connections with people she now calls her St. Anthony's family.

Her daughter's soccer team provided support. Her immediate family was there for her. She realized it was hard for her husband to go through it again with her after his mom, but he remained supportive.

However, in 2019, 18 months after the diagnosis, her health declined again as her doctor discovered a small mass on the uterus. She immediately asked for a hysterectomy.

"At that point, I was just like get rid of whatever this could be," Ossit said.

As she was recovering from the hysterectomy around

Christmas, friends Annette and Brian Twitchell brought home a sweet surprise.

"The doorbell rang right here," Ossit said pointing to her front door with teary eyes and broken voice. "The whole yard was full of people and they were all singing Christmas carols for us."

### Check ups and treatment

Ossit felt lucky that her co-workers at the time at Ithaca College were so understanding that she didn't have to take time off from work. In July 2018 her co-workers had a "breast cancer shower" for her.

"I was a mom; three kids; all in sports, all in musicals, all in activities and I was trying to still be a part of every single thing yet I still had to go for



*Photo provided by Sheila Ossit*

**Sheila Ossit's coworkers at Ithaca College threw her a "breast cancer shower" in July 2018.**



*Photo provided by Sheila Ossit*

**Last August, Sheila Ossit and her daughter, Maggie Ossit received matching tattoos at the Chrome Divas' fundraising event.**

radiation," Ossit said.

She received radiation treatments in Cayuga Medical Center in Ithaca and had surgeries and appointments in

St. Joseph's Health Hospital in Syracuse and with a breast specialist in Fayetteville. All of her follow-up appointments

See **Survivor**, page 2A



## Breast cancer resources:

### Courtney McCallen, MS

Public Health Educator  
Cortland County  
Health Department  
60 Central Ave., Room 115  
Cortland, N.Y. 13045  
607-758-5523  
607-756-3419 Fax  
cmccallen@cortland-co.org

### Renzi Cancer Center

34 W. Main St.  
Cortland, N.Y. 13045  
607-756-3130  
www.guthrie.org/locations/  
renzi-cancer-center-guthrie-  
cortland-medical-center

### Diana Hewitt, RN, CN-BN

Imaging Breast  
Health Nurse Navigator  
Cayuga Medical Center  
607-252-3707  
dhewitt@cayugamed.org

### Cancer Resource Center of the Finger Lakes

612 State St. Ithaca  
607-277-0960

<https://crcfl.net/>  
[www.facebook.com/CancerResourceCenter](http://www.facebook.com/CancerResourceCenter)  
Serves these counties: Cayuga,  
Chemung, Cortland, Livingston,  
Monroe, Onondaga, Ontario,  
Schuyler, Seneca, Steuben, Tio-  
ga, Tompkins, Wayne and Yates

### Emily Doucet

Program Coordinator  
CancerConnects, Inc.  
P.O. Box 2010  
East Syracuse, N.Y. 13057  
315-634-5004  
www.cancerconnects.org  
cancerconnects@gmail.com

### CancerCare Support Groups

[www.cancercare.org/support\\_groups](http://www.cancercare.org/support_groups)  
800-813-HOPE (4673)  
Provides online support groups  
for patients, survivors, caregiv-  
ers and bereavement

### Sharsheret

[www.sharsheret.org/breast-  
cancer/for-men/](http://www.sharsheret.org/breast-cancer/for-men/)

### Virtual Breast Cancer Support Group

National Support Group  
Second Wednesday  
of every month  
Noon to 1 p.m. CST  
[www.nationalbreastcancer.org/  
nbcf-programs/breast-cancer-  
support-group](http://www.nationalbreastcancer.org/nbcf-programs/breast-cancer-support-group)

### Share Cancer Support

[www.sharecancersupport.org/  
breast-cancer](http://www.sharecancersupport.org/breast-cancer)  
844-275-7427  
Organization offering support  
groups, education, videos and  
more for breast cancer patients

### Living Beyond Cancer

[www.lbbc.org/get-support/  
support-options](http://www.lbbc.org/get-support/support-options)  
888-753-5222  
Support group for patients  
and survivors

### CancerPathways

[www.cancerpathways.org/pro-  
grams/support-groups](http://www.cancerpathways.org/programs/support-groups)

Support groups for both  
patients and caregivers

### Cancer Lifeline

[www.cancerlifeline.org/ser-  
vices/support-groups/](http://www.cancerlifeline.org/services/support-groups/)  
Support groups for patients,  
survivors and caregivers

### Breastcancer.org

<https://community.breastcancer.org/>  
Active community support  
forum that connects with  
other people

### Reach to Recovery

[www.reach.cancer.org/](http://www.reach.cancer.org/)  
800-850-9445  
The American Cancer Society  
Reach to Recovery program  
connects people facing breast  
cancer from diagnosis to survi-  
vorship with trained volunteer  
survivors

### Susan G. Komen Breast Cancer Support Groups:

After Breast Cancer Diagnosis

[www.abcdbreastcancersupport.  
org/get-support](http://www.abcdbreastcancersupport.org/get-support)  
Free phone-based peer mentor  
program that matches a trained  
volunteer with similar journey.  
Also has friends and family  
mentors available  
800-977-4121

### American Cancer Society – Cancer Survivors Network

[www.cancer.org/treatment/sup-  
port-programs-and-services/  
online-communities.html/](http://www.cancer.org/treatment/support-programs-and-services/online-communities.html/)

### BreastCancer.org

[www.community.breastcancer.  
org/forum/51](http://www.community.breastcancer.org/forum/51)

### Imerman Angels

[www.imermangels.org](http://www.imermangels.org)

### The Male Breast Cancer Coalition

[www.malebreastcancercoalition.org](http://www.malebreastcancercoalition.org)

## Survivor

From page 1A

are now with the Renzi Can-  
cer Center at Guthrie Cort-  
land Medical Center; she's  
the director of the Cortland  
Memorial Foundation, which  
supports the hospital.

She completed her radia-  
tion treatment in November  
2018, but needed mammo-  
grams at three months, then  
six months and now annually.  
She is four years cancer-free  
but still takes medication to  
prevent its return.

The cancer didn't consume  
her life because she received  
so much support, but Ossit  
remains anxious before  
mammograms. She now has  
a big scar on her left breast  
and under the arm. There is  
"sunburn" residue from the  
radiation treatment. Some-  
times she sleeps a lot. After  
the radiation, she felt itchy  
around the treatment area.

But still, Ossit feels lucky.  
The mammogram caught the  
cancer early.



- **Family owned**
- **Nationally recognized**
- **Local expertise**
- **Statewide reach**
- **Personal service**
- **Leading technology**



Real Estate Services

NEW CONVENIENT LOCATION  
FOR OUR APPOINTMENT CENTER:  
**277 Tompkins Street, Cortland**  
**607-597-6429**

[howardhanna.com](http://howardhanna.com) 





**Go pink and the support the  
fight against breast cancer**

**3865 US RT 11 Cortland, NY 13045**  
**(607) 218-0200 • [www.cnyfarmsupply.com](http://www.cnyfarmsupply.com)**



Royalsupports all the  
**Moms, Sisters, Daughters, Aunts,  
Grandmothers, and women of the  
world that battle  
Breast Cancer**



**2 Cortland locations**

<b>Nissan Suburu</b>	<b>Chevrolet Buick</b>
<b>607-753-9774</b>	<b>607-756-7555</b>

**“The Home of No Hassle No Razzle Dazzle”**  
**[www.royalautogroup.com](http://www.royalautogroup.com)**



**A Parent's Guide to Cortland County Teens**



**Myth #4: Allowing kids to drink at home is a “safe” option.**

**Fact:** A recent study found that there is no protective benefit of parental supply of alcohol. Kids who were provided alcohol by their parents had higher odds of binge drinking, alcohol related harm, and symptoms of alcohol use disorder than kids with no supply of alcohol. Cortland County also has a social host ordinance that holds adults responsible for allowing minors to consume alcohol on their property (violators could be faced with a \$250 fine or up to 15 days in jail).

**5 Myths About Underage Drinking in Cortland County (and Beyond) Debunked**

**Do you know the difference between these myths and facts about underage drinking in Cortland County and beyond? Let's clear the air.**

**Myth #1: Most kids in Cortland County drink alcohol.**

**Fact:** Based on the 2019 youth development survey of over 2,000 7th-12th graders in Cortland County, only 21% of teens report using alcohol at least once in the past 30 days. Only 43% report using alcohol in their lifetime. Most kids in our community are not drinking alcohol.

**Myth #2: I can't do anything to stop my kid from drinking, they'll do it no matter what.**

**Fact:** Kids who have a trusting, supportive relationship with their parents, and are provided with clear family rules about alcohol use, are more likely to wait longer before drinking. Not only that, but parents are in a unique position to physically limit access their child has to alcohol in their own home (which survey data shows is the most common place teens in Cortland County access alcohol).

**Myth #3: It's better to wait until kids are older to talk about the dangers of alcohol.**

**Fact:** The American Academy of Pediatrics, recommends that parents start talking about the dangers and consequences of alcohol use with their children as early as nine years of age. Based on our youth survey, 5.0% of 7th grade students in Cortland County report drinking alcohol at least one time in the past 30 days. Your child may be exposed to alcohol, or pressured to drink, at a younger age than you might expect so communication early and often is essential.

**Myth #5: European teens drink more responsibly because they are “taught” to drink at a younger age at home compared to kids in the U.S.**

**Fact:** Studies show that teens in European countries drink more frequently and get drunk younger than teens in the United States. The percentage of American youth who report drinking in the past 30 days is lower than youth in all Western European Countries with the exception of Iceland.

References:

1. Pride Surveys. New York State Partnership for Success Student Survey: Cortland County Grades 7-12. 2019.
2. Make a Difference: Talk to your child about alcohol-Parents. National Institute on Alcohol Abuse and Alcoholism. <https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/make-a-difference-child-alcohol>
3. Binge Drinking. The American Academy of Pediatrics. 2015. [https://pediatrics.aappublications.org/content/pediatrics/ear-  
ly/2015/08/26/peds.2015-2337.full.pdf](https://pediatrics.aappublications.org/content/pediatrics/early/2015/08/26/peds.2015-2337.full.pdf)
4. Mattick RP, Clare PJ, Aiken A, et al. Association of parental supply of alcohol with adolescent drinking, alcohol-related harms, and alcohol use disorder symptoms: a prospective cohort study. The Lancet Public Health. 2018;3(2). doi:10.1016/s2468-2667(17)30240-2.
5. Friese B, Grube J. Youth Drinking Rates and Problems: A Comparison of European Countries and the United States. [https://www-  
mdt.mt.gov/visionzero/docs/taskforces/ojdp\\_feb01.pdf](https://www.mdt.mt.gov/visionzero/docs/taskforces/ojdp_feb01.pdf). Published 2001.

**Visit [upstreamparent.org](http://upstreamparent.org) to read more articles.**



Upstream Parent is a project of Cortland Area Communities That Care



# Ministers: Faith lifts up women facing rough waters



By **KEVIN CONLON**  
*City Editor*  
kconlon@cortlandstandar.com

The large photograph hanging on the wall of the Stephen Ministry Room of Homer Congregational Church depicts a woman kayaking alone.

It is a metaphor used by the Rev. Vicki Burtson when she speaks with parishioners facing personal challenges, such as breast cancer or other alarming medical diagnoses. "It's a powerful way to recognize that there is a holy presence that holds on to us, even if the water gets rough," Burtson said.

She said that photo of a college friend helped her make a point when she spoke with a woman who was being treated for ovarian cancer. They were meeting in the ministry room when the woman said she felt alone. The photo was behind Burtson and Burtson told the woman to look over her shoulder at the image.

"I told her God is the water. You will be held up and God will be holding you as you go

through this surgery," Burtson said.

The woman captured the kayaking image on her cell phone and viewed it often as she was going through her treatment.

Faith can be a source of strength and solace for people facing challenges in their lives.

"I think there is such a diversity of faith," Burtson said. "A lot of it depends on a person's own faith perspective. Our faith provides for a level of hope. Even in the midst of our very difficult life circumstances, we are not alone. For those who believe in God, there is a higher power that we can depend upon."

Lee Scott-Mack of Cortlandville, who is going through her second bout with breast cancer, said she has her own perspective on faith as it relates to her medical condition.

"I have faith in my doctors, that's where my faith lies," Scott-Mack said. "I'm a spiritual person, but I don't go to church."

Scott-Mack said she has

had very good medical care as she undergoes chemotherapy and other treatment and she has a strong support system.

"I'm a positive person," she said. "I think the glass is really full. Not half full. It's almost full. That helps me. I enjoy life. My friends are still supportive. My family is unbelievable. I have a great group of friends."

The Rev. Steph Brown, pastor of Virgil United Methodist Church and Cortland Homer Avenue United Methodist Church, said women who have had breast cancer have a bond from the experience and a desire to help others in the same circumstance.

"A lot of it is gender-based," Brown said. "The majority of women, they form a stronger sisterhood. And part of that sisterhood is sharing their faith and how they got through their treatment and post-treatment lives."

The experience of having breast cancer has helped to deepen the faith of some women and transcends reli-

gious denominations.

"Some have come through their cancer treatment with a greater dependence on God," Brown said. "Through that dependence comes a lot of humility and through that humility they really have a desire to help others."

Prayer can help in several ways, Burtson said. People can pray for strength and health, and they can pray to support others in need.

"That sense that someone is praying for me today, that someone is praying for me in this moment, is a solace for people who are struggling," she said.

Prayer and meditation can be powerful.

"In one's spiritual practice, we have learned that meditation and spiritual contemplation, somebody being able to meditate and focus on messages of hope, can bring strength to one's spirit and strength to one's body," Burtson said. "When they have a practice of being quiet and meditation and perhaps concentrating on scripture, on positive energy



Kevin Conlon/city editor

**The Rev. Vicki Burtson likes to show cancer patients she counsels a photo of a woman kayaking alone, showing that faith is the water that will hold them up.**

and even awareness, it helps with healing."

Healing can come in many forms, and the ultimate healing could be death, Burtson said. "It is another piece of one's

faith, that if one believes there is a presence that will gather you in at death, that there is a place some would call heaven, there is a level of hope in that," she said.

## What you need to know about mammograms

Breast cancer is more common in older women. Therefore, once you turn 50, you should get a mammogram every two years. If you're approaching this age, here's more information about this screening exam.

### What's a mammogram?

Simply put, a mammogram is an X-ray of the breast tissue. It provides detailed images from different angles to detect cancer. The procedure usually takes less than a minute and in-

volves placing both breasts between two plastic plates. Clear images can be taken with minimal X-ray exposure when the breasts are flattened.

### What are the benefits?

Although mammograms can be slightly painful because the breasts are being compressed, it decreases the mortality rate of breast cancer by detecting it early. Although not infallible, mammograms remain the most reliable method of determining

if someone has breast cancer.

### How to prepare

Avoid applying lotion or other products to your skin. Wear a shirt that's easy to remove and don't wear any jewelry. You can reduce discomfort by scheduling your mammogram for after your period. Reducing your consumption of caffeinated foods or drinks the week before your appointment may also help. Ask your doctor if you can take painkillers.



**Together we  
are Tougher  
than Cancer**



**Hartleys Auto & RV**  
RT 11 & RT 13 Cortland  
NY 13045

[www.cortlandrv.com](http://www.cortlandrv.com)



## PRIME PAYROLL RELIEF SUPPORTS THE FIGHT AGAINST BREAST CANCER

Our payroll bureau is staffed with dedicated professionals who make it their business to listen to your needs and provide personalized solutions for you at an affordable price. We pay close attention to detail and have a great record with customer service. For more information, feel free to take a look through our website and contact us with any questions or concerns.

**16 Church Street • Cortland, NY 13045**  
**607-428-0225 or 607-299-4191**  
**[www.primepayrollrelief.com](http://www.primepayrollrelief.com)**

**RON'S BODY & PAINT**

*SUPPORTS THE FIGHT AGAINST BREAST CANCER*

**Most Recommended in the Area**  
**24-HOUR TOWING**

**607-662-4543**  
**362 NY 13**

**Cortland, New York**

[ronsbodyandpaint.com](http://ronsbodyandpaint.com)



**Approved Auto Repair**

**Free Loaner • Work is Guaranteed • Tow Truck or Flatbed**

**Your One-Stop Vehicle Service Center**  
**4 Wheel Alignment • Tires • Mechanic Repairs**



*Think Pink!*  
**October is Breast Cancer Awareness Month**



**HAGE**  
**REAL ESTATE**

**607-753-6766**  
[www.hagerealestate.com](http://www.hagerealestate.com)



# Breast Cancer Awareness Month

Guthrie - supporting and celebrating fighters since 1910.



## Reserve Your Screening Mammogram Today

1 in 8 women will be diagnosed with breast cancer in their lifetime.

Early detection through screening mammograms can save your life.

Guthrie breast health services are offered at 11 convenient locations across Northeast Pennsylvania and the Southern Tier of New York.

### **Pennsylvania Mammogram Locations:**

Guthrie Robert Packer Hospital – One Guthrie Square, Sayre  
Guthrie Towanda Memorial Hospital – 91 Hospital Drive, Towanda  
Guthrie Troy Community Hospital – 275 Guthrie Drive, Troy  
Guthrie Wellsboro – 110 Plaza Lane, Wellsboro

### **New York Mammogram Locations:**

Guthrie Big Flats – 31 Arnot Road, Horseheads  
Guthrie Cortland Medical Center – 134 Homer Avenue, Cortland  
Guthrie Ithaca – 1780 Hanshaw Road, Ithaca  
Guthrie Ithaca City Harbor – 720 Willow Avenue, Ithaca  
Guthrie Corning Hospital – 1 Guthrie Drive, Corning  
Guthrie Owego – 1246 State Route 38, Owego  
Guthrie Southport – 1336 Cedar Street, Elmira

Schedule your mammogram online at **[www.Guthrie.org](http://www.Guthrie.org)** or call **866-GUTHRIE** (866-488-4743).



# How to deal with physical and psychological pain after treatment

Once you complete your treatment for breast cancer, a new phase in your recovery begins. During this period, which can take up to a year, you may experience both physical pain and psychological distress. Here are some tips to help you cope.

### Physical symptoms

Whether you underwent surgery, radiation therapy, chemotherapy or a combination of treatments, your body has been put to the test. Now, it's important to give yourself time to heal and follow these

recommendations:

1. If pain persists in your arm or shoulder, you may have axillary web syndrome, also known as cording. Continue to perform the daily stretches recommended by your physiotherapist to the point of tension but not pain.
2. If you experience pain or tingling in your chest, arm or armpit after surgery, you may have post-mastectomy pain syndrome. Speak with your doctor, as several treatment options exist, including medication and transcutaneous electrical nerve stimulation.

3. If you have symptoms of lymphedema (a feeling of heaviness, swelling of the limbs, etc.) or neuropathy (numbness or tingling in the extremities, etc.), be sure to consult your health-care team as soon as possible.

### Psychological symptoms

Remember to be patient with yourself, as your mental recovery from breast cancer may be the most difficult part. Talk to your health-care team and surround yourself with loved ones, especially in the following situations:

- You experience low self-esteem because of how your body looks (keep in mind that reconstructive surgery may be an option)
- You live with the fear that the cancer may return, which can cause anxiety and depression
- You have a history or high risk of developing mental health issues
- You begin to experience problems with sex, intimacy or fertility

**For more advice, speak with your health-care team or visit [cancer.ca](http://cancer.ca).**



# How to prepare for pregnancy after breast cancer

Do you want to become a mother, but were recently diagnosed with breast cancer? Fortunately, this disease won't prevent you from getting pregnant once you recover. However, since treatments such as surgery, radiation and chemotherapy can affect your fertility, a potential future pregnancy should be considered in your treatment plan.

### Talk to your health-care team

Whether you're certain about one day wanting kids or you simply want to keep the option open, it's important to discuss this topic with your doctor before you make choices regarding your road to recovery. The first step after you've been diagnosed

will be to meet with an oncologist to discuss your treatment plan. Pregnancy and fertility should also be part of the conversation.

### Freeze your eggs

The next step will be to freeze your eggs. This is because many treatments for breast cancer can make it harder to get pregnant or even trigger early menopause. Therefore, preserving your eggs is the best way to keep them in good condition and maximize your chances of being able to conceive in the future.

### Consult a fertility specialist

Once you've completed your cancer treatment and recovered, you'll be able to meet with a specialist to evaluate



your fertility level. You'll learn about your available options and discuss the next steps in the process of becoming a mother.

For more information, visit [cancer.ca](http://cancer.ca).

## One Team. One Dream. Let's Find A Cure.

CRT honors the memory of those who have been lost, and celebrates the strength of the survivors in our family of volunteers, actors, production staff and supporters.

**CORTLAND  
REPERTORY  
THEATRE**  
Professional Theatre Since 1972

24 Port Watson St., Cortland, NY  
800.427.6160 607.756.2627 [www.cortlandrep.org](http://www.cortlandrep.org)

## HELPING OUR NEIGHBORS since 1953.

Spreading hope and joining the fight against breast cancer, CFCU supports the American Cancer Society's Relay for Life and the Cancer Resource Center of the Finger Lakes.



- Local employees
- Local decision making
- Local board members
- Local charitable support

[mycfcu.com](http://mycfcu.com)

## BECK EQUIPMENT

SALES RENTALS SERVICE

### Supports the Fight against Breast Cancer

## BeckEquipment.com

Since 1968

2090 Preble Road, Preble, NY 13141

**BeckEquipment.com**

**160 Machines for Sale or Rent**  
Excavators, Bulldozers, Compactors, Loaders, Graders, Backhoes, Forklifts, Off Road Trucks, Screening Plants

**We Paint Machinery and Trucks**

Engine, Transmission,  
and Hydraulic Overhauls

Welding, Line Boring, Hydraulic Hoses

**New and Used Parts**

607-749-7950 or 866-455-6333  
[larry@beckequipment.com](mailto:larry@beckequipment.com)

*Insist on honesty in business and government.*



# 'Katie Couric reveals breast cancer diagnosis and treatment: 'I've felt fine'

By CHRISTI CARRAS  
Los Angeles Times/TNS

Katie Couric revealed recently on social media that she was diagnosed with breast cancer in June.

On her website, the veteran broadcast journalist and podcast host shared an essay detailing her treatment so far and urging readers to get their annual mammograms.

"Every two minutes, a woman is diagnosed with breast cancer in the United States," Couric, 65, wrote on Instagram.

"On June 21st, I became one of them. As we approach #BreastCancerAwarenessMonth, I wanted to share my personal story with you all and encourage you to get screened and understand that you may fall into a category of women who needs more than a mammogram."

In recent months, Couric said, she has undergone a lumpectomy and radiation therapy — the treatment recommended for her Stage 1A cancer diagnosis. She completed her final round of radiation on Tuesday.

"I was warned that I may be fatigued and my skin may turn a little pink," the former "Today" anchor wrote in her essay. "My left breast does look like I've been sunbathing topless, but other than that, I've felt fine."

Initially, the "Next Question" podcast host had intended to record her routine mammogram and breast ultrasound for her audience — similarly to how she aired her colonoscopy on NBC's "Today" show in 2000 and influenced others to get the exam, she explained. But when her doctor returned with the results, she asked Couric's film crew

to cut the cameras.

Her physician had discovered a mass that — after a biopsy — was confirmed to be a tumor. Couric received her diagnosis via phone during her first day back "in a very long time" at the Katie Couric Media office.

"I felt sick and the room started to spin," she said.

"I walked to a corner and spoke quietly, my mouth unable to keep up with the questions swirling in my head. What does this mean? Will I need a mastectomy? Will I need chemo? What will the next weeks, months, even years look like?"

Couric, who has no history of breast cancer in her family, soon found out that "85% of the 264,000 American women who are diagnosed every year in this country have no family history."

The former talk-show host

also recalled breaking the news to her daughters, who "began to cry" as Couric "tried to be ... reassuring." Their father, attorney Jay Monahan, died of colon cancer in 1998.

"They'd already lost one parent," Couric wrote. "The idea of losing another was unfathomable."

In the following weeks, Couric had her tumor removed and learned her Oncotype, "which measures the likelihood of your cancer returning," and was "considered low enough to forgo chemotherapy." She started radiation in September and listened to music by artists including Stevie Wonder and Taylor Swift during her sessions. ("Maybe I'll put my radiation playlist on Spotify," she joked.)

"Throughout the process, I kept thinking about two things: how lucky I was to have access to such incredible care, since so many people don't, and how lucky I was to be the beneficiary of such amazing technology," Couric said.

"It made me feel grateful and guilty — and angry that there's a de facto caste system when it comes to healthcare in America."

Before signing off, Couric vowed to cover "every aspect of breast cancer" during Oc-



Rachel Murray/Getty Images

**Katie Couric attends The 2020 MAKERS Conference on Feb. 11, 2020, in Los Angeles. Couric was recently diagnosed with breast cancer.**

tober — aka Breast Cancer Awareness Month — from diagnostic tools and prevention strategies to treatment plans and personal experiences.

"Why am I telling you all this? Well, since I'm the 'Screen Queen' of colon cancer, it seemed odd to not use this as another teachable moment that could save someone's life," Couric said.

"Please get your annual mammogram. I was six months late this time. I shudder to think what might have happened if I had put it off longer."

Couric's health update comes a day after "Chicago Med" star Marlyne Barrett shared her own cancer diagnosis in an interview with People magazine. The 44-year-old actor — whose TV character battled breast cancer onscreen — said she was stunned to

discover she had uterine and ovarian cancer in real life, despite having no family history of either.

"The initial experience was a shock, a shock to my womanhood," she told People.

"I didn't believe them, but when they showed me the CT scan, I went, 'Oh my word.' The first questions were, 'Am I going to live?' I just fell into my husband's arms. It still takes my breath away when I think about it."

Determined to fight for the sake of her husband and young children, Barrett has committed to "aggressive chemotherapy" and an eventual hysterectomy. While undergoing treatment, she has continued to work on "Chicago Med," where some of her colleagues have shaved their heads in solidarity.

## Fight the Fight, Find the Cure

the  
**Chamber**  
Cortland Area Chamber of Commerce

**TULLY BUILDING SUPPLY, INC.**  
**ALPINE BUILDING SUPPLY**

100  
**TBS** TULLY BUILDING  
SUPPLY, INC.  
— Serving CNY since 1921 —

**Breast Cancer  
Awareness Month**

*Supporting the fighters,  
Admiring the survivors,  
Honoring the taken,  
and Never  
giving up Hope*

Two Convenient Locations, Now Offering Delivery!

TULLY BUILDING SUPPLY  
24 Onondaga St.,  
Tully, NY 13159  
315-696-8984

ALPINE BUILDING SUPPLY  
1600 Route 38  
Moravia, NY 13118  
315-497-1221

**WE SUPPORT**

awareness  
**AND** hope.



**Great Dates Still Open For Your Holiday Party**



*Cortland Country Club*

**Think Pink October is  
Breast Cancer  
Awareness Month**

*cortlandcountryclub.com*  
*4514 NY-281 Cortland, NY 13045*  
*607-753-3336*

**A Cure  
Worth  
Fighting For.**

STOP IN FOR A FREE QUOTE DURING OCTOBER  
AND BAILEY PLACE WILL DONATE \$10 TO THE  
CANCER RESOURCE CENTER OF THE FINGER LAKES.

**BAILEY PLACE**  
INSURANCE

Auto • Home • Life • Business

2 N. Main Street, Cortland, NY | (607) 756 2805  
78 North Street, Dryden, NY | (607) 844 8626  
2428 N. Triphammer Rd, Ithaca, NY | (607) 319 0094  
**baileyplace.com**



# Genetic tests create *treatment opportunities* and *confusion* for breast cancer patients

By **MICHELLE ANDREWS**  
*Kaiser Health News/TNS*

The past decade has witnessed a rapid expansion of genetic tests, including new instruments to inform patients who have been diagnosed with breast cancer about the risk of recurrence and to guide their treatment.

But the clinical significance of many of the inherited mutations that can now be identified remains unclear, and experts are torn on when and how to deploy all the new tests available. Patients are sometimes left paying out-of-pocket for exams that are not yet the standard of care, and even the most up-to-date oncologists may be uncertain how to incorporate the flood of new information into what used to be standard treatment protocols.

A quarter-century ago, Myriad Genetics introduced the first breast cancer genetic test for BRCA mutations, two genes associated with a substantially elevated risk of getting breast cancer, opening the door to a new era in genetic testing. BRCA1 and BRCA2 mutations account for as many as half of all hereditary breast cancers, and people with a problematic mutation on one of those genes have a 45% to 72% chance of developing breast cancer during their lifetimes. They may also be at higher risk for ovarian and other cancers than people without harmful BRCA mutations.

But the clinical significance is murkier for many other genetic tests.

Testing for BRCA1 and BRCA2 genes used to cost thousands of dollars. Now, for a fraction of that, doctors can order multi-gene test panels from commercial labs that look for mutations in dozens of genes. Some direct-to-consumer companies offer screening panels for a few hundred dollars, though their reliability varies.

When Jen Carbary was diagnosed with breast cancer in 2017 at age 44, genetic

testing identified a mutation in a gene called PALB2 that significantly increases the risk of developing breast cancer. Guidelines suggest that breast cancer patients with a PALB2 mutation, much like those with BRCA1 and BRCA2 mutations, consider having a mastectomy to reduce the chance of a breast cancer recurrence.

"I wish genetic testing was the standard of care," said Carbary, who owed nothing for the test because her insurer covered the cost.

Carbary, who lives in Sterling Heights, Michigan, said the test results affirmed the decision she had already made to have a double mastectomy and provided important information for family members, including her 21-year-old daughter and 18-year-old son, who will likely be tested in their mid-20s or early 30s.

But some breast cancer experts are concerned that widespread testing may also identify genetic mutations whose impact is unclear, creating anxiety and leading to further testing and to treatment of questionable value that could raise costs for the health care system.

It can also confuse patients. "It happens a lot, that patients find their way to us after getting confusing results elsewhere," said Dr. Mark Robson, chief of the breast medicine service at Memorial Sloan Kettering Cancer Center in New York City. Robson said the cancer center has a clinical genetics service, staffed by doctors and genetic counselors, that helps people make decisions about how to manage genetic testing results.

For people diagnosed with breast cancer, many professional groups, including the influential National Comprehensive Cancer Network, or NCCN, recommend limiting testing to certain people, including those with high-risk factors, such as a family history of breast cancer; those who are 45 or younger when they're di-

agnosed; and those with Ashkenazi Jewish ancestry.

But in 2019, the American Society of Breast Surgeons recommended a different approach: Offer genetic testing to all patients who are diagnosed with or have a personal history of breast cancer. The recommendation was controversial.

"The NCCN guidelines (cover) most of the women who needed testing, but we wanted to get them all," said Dr. Eric Manahan, a general surgeon in Dalton, Georgia, and a member of the surgeons group's board of directors.

Mutations on other genes that are associated with breast cancer are much less common than BRCA1 and BRCA2 mutations and generally don't increase the risk of developing breast cancer as much. The cancer-causing impact of these genes may be less clear than that of the BRCA genes, which have been tested for since the mid-1990s.

And the appropriate response to the less common mutations — whether to consider a risk-reducing mastectomy or stepped-up screening — is often unclear.

"Things get sloppier and sloppier when you look at other genes," said Dr. Steven Katz, a professor of medicine and health management and policy at the University of Michigan. "The risks tend to be lower for different cancers, and less certain and more variable. You might walk away wondering, 'Why'd I have to know that?'"

After people are diagnosed with breast cancer, genetic testing can help inform their decisions about the types of surgery to pursue — for example, a high risk of recurrence or a new breast cancer might persuade some to opt for more extensive surgery, such as a double mastectomy. Testing can also provide important information to family members about their potential cancer risk.

(This type of "germline" genetic testing, as it's called,

looks at mutations in the genes that people inherit from their parents. It is different from genomic tumor tests that look at specific genes or proteins in the cancer cells and can help doctors understand the rate at which the cancer cells are dividing, for example, and the likelihood of a cancer recurrence.)

Increasingly, germline genetic testing can also help guide other treatment decisions. Some patients with metastatic breast cancer who have BRCA1 or BRCA2 mutations may be good candidates for PARP inhibitors, cancer drugs that target tumors with mutations in those genes.

But genetic testing that uncovers inherited mutations in many other genes yields less clearly actionable information, even though positive results may alarm people.

At Memorial Sloan Kettering, cancer specialists focus on "therapeutic actionability," said Robson. Will testing help someone decide whether she should get a double mastectomy or provide other important guidance? "A policy of testing everyone will identify very few additional BRCA breast mutations but will cost a lot," he said.

As a result, doctors are debating how best to deploy and incorporate new genetic knowledge. Insurers are trying to figure out which to pay for.

There is both underuse of tests that science says are relevant and overuse of tests that experts say provide information that can't be interpreted with any scientific certainty.

The result may be confusion for patients newly diagnosed with breast cancer as they confront the expense of genetic tests and sometimes little guidance on the proper treatment.

Some doctors say the first step is to make sure that the small group of people who would clearly benefit are getting the genetic tests whose meaning is clearly understood. Only 15% of breast cancer patients who met se-



lect NCCN testing guidelines for inherited cancer received genetic testing, according to a 2017 study that examined data from a national household health survey between 2005 and 2015.

"I would argue that our focus needs to be on the people who are at high risk for breast cancer that aren't even identified yet," said Dr. Tuya Pal, associate director for cancer health disparities at Vanderbilt-Ingram Cancer Center and vice chair of the NCCN guidelines panel for genetic/familial high-risk assessment of breast, ovarian, and pancreatic cancers.

Patients may fall through the cracks because no one tells them they should be tested. In one analysis, 56% of high-risk breast cancer patients who didn't get genetic testing said their doctors didn't recommend it.

Even if doctors recommend genetic testing, they may lack the expertise to determine which tests people need and how to interpret the results. That's the role of genetic counselors, but their ranks are stretched thin.

The consequences can be serious. In a study of 666 breast cancer patients who received genetic testing, half of those at average risk for inherited cancer got double mastectomies based on test results that found "variants of uncertain significance," which aren't clinically actionable. As many as half of surgeons reported managing such patients the same way as those with cancer-causing mutations.

"The bulk of our research would say that there is still room for improvement in terms of clinicians getting the understanding they need," said Dr. Allison Kurian, director of the women's clinical cancer genetics program at Stanford University and a co-author of the study.

Kaiser Health News is a national newsroom that produces in-depth journalism about health issues. KFF is an endowed nonprofit organization providing information on health issues to the nation

Breast Cancer Awareness

Supporting the  
*Fighters,*  
Admiring the  
*Survivors,*  
Honoring the  
*Taken,*  
**AND NEVER, EVER  
GIVING UP HOPE.**

**JACKIE NEWTON**

Loan Officer NMLS#479331

50 Clinton Ave., Suite 1, Cortland, NY 13045

Office 607-344-3849 Cell 607-543-0930

jnewton@paragonhomeloans.com

www.paragonhomeloans.com/jackienewton

**PARAGON**  
HOME LOANS



Licensed mortgage Banker NYS Dept. of Financial Services NMLS#33052

**\$3 Draft Specials**

Blackcherry Bud Light    Juice Bomb Blue Light    Yuengling

**Fall Drink Specials**

Pumpkin Martini: \$7.95

Caramel Apple: \$7.95

Cinnamon Toast Crunch: \$7.95

**Tuesday Wing Night**

Every Tuesday 6pm-10pm

Traditional Wings (10) \$8.95

Boneless Wings (10) \$8.95

Hot, Buffalo, Mild, Sweet Chili, Sweet Teriyaki, BBQ, Mango Habanero, Honey BBQ, Golden BBQ, Boss Sauce, Garlic Parmesan, Sweet & Sour, Buffalo Garlic, and Jamaican Jerk

Purchase of any soft drink, milkshake, or alcoholic beverage to qualify

**Hours**

Sunday - Wednesday 11am-10pm • Thursday 11am-11pm

Friday - Saturday 11am-1am

Happy hour Monday - Friday 3pm-6pm

https://m.facebook.com/therocksportsgrill/



**Happy Hour**

1/2 Priced Apps  
3pm - 6pm

Bacon Ranch

Waffle Fries

Chicken Wing Dip

Chips & Salsa

Fried Pickles

**\$5 Signature Drinks**  
3pm-6pm

Bloody Mary

50 Yard Line

Classic Margarita

Long Island Iced Tea

Purple Tiger Tail

White Peach Sangria

Moscow Mule

**The Rock  
Sports Grill  
supports the  
fight against  
Breast Cancer**

**Hope  
Strength  
Love**



**Cortland County  
Area Agency on Aging**

**Offering Assistance in the following areas:**

Medicare & Health Insurance • Long Term Care Services  
Caregivers Support • Nutrition Counseling • NY Connects  
Volunteer Opportunities • Home Delivered and Congregate Meals  
Senior Engagement • Health and Wellness

60 Central Avenue, Cortland, NY 13045  
607-753-5060 • Fax: 607-758-5528

www.cortland-co.org/434/Area-Agency-on-Aging

Email: ccaaa@cortland.org



The Cortland County Area Agency on Aging is sponsored by the Cortland County Legislature in conjunction with The New York State Office for the Aging under Title III of the Older Americans Act of 2020, as amended.

**OCTOBER IS  
BREAST CANCER  
AWARENESS  
MONTH**

Supporting those  
who have been  
touched by  
breast cancer.

**Fight for a cure!**



**(607)756-7559**

50 Groton Avenue, Cortland  
Mon.- Fri. 7:30AM - 5:30PM • Sat. 8AM - 2PM  
www.TallmadgeTire.com

**Keeping Central New Yorkers Safely on the Road Since 1932**



**Family Health Network of  
Central New York, Inc.**

FHN honors Breast Cancer Awareness month and actively supports the prevention and early detection of breast cancer.

FHN routinely invites the Lourdes 3D Mammography Bus to their facilities to promote routine screening for patients and community members.

**The Lourdes 3D Mammography Bus is scheduled at the  
following locations for the remainder of 2022:**

**Cortland Chenango  
Rural Services located at  
2704 Lower Cincinnatus Road:**  
Friday, October 14th &  
Friday, December 9th  
10:00 am – 5:00 pm

**FHN Cortland Family  
Practice located at  
4038 West Road:**  
Wednesday, October 19th &  
Wednesday, December 21st  
9:00 am – 4:00 pm

**FHN Marathon Health  
Center located at  
20 East Main Street:**  
Wednesday,  
November 16th  
10:00 am – 5:00 pm

**ACCEPTING NEW PATIENTS  
WELCOMES ALL MAJOR INSURANCES  
SLIDING FEE AVAILABLE TO THOSE WHO QUALIFY**



You may call Lauren Osborne, Director of Quality Services, at 607-753-3797 for more information, or visit our website at [www.familyhealthnetwork.org](http://www.familyhealthnetwork.org)

**Part of Your Community • Part of Your Life**



# THE CHOICE

By **JOHN CONLON**

Staff Reporter

[jconlon@cortlandstandard.com](mailto:jconlon@cortlandstandard.com)

A battle with breast cancer can harm a woman's body and self-image in many ways; those who beat it are left with a choice.

After patients undergo mastectomies, Dr. Erica Skipton, a general surgeon who recently joined Guthrie Cortland Medical Center, helps women navigate the landscape of reconstruction options available.

"If having a breast in place is a big deal for maintaining their self esteem, then that will be the right choice for them," Skipton said. "I think that's the huge value of reconstruction: Now women have a choice."

While Skipton does perform mastectomies, Guthrie also refers mastectomies to its Sayre, Pa., or Corning facilities.

While Guthrie usually refers women to its Sayre hospital for breast reconstruction, its Dr. Firdos Ziauddin performs mastectomies in Ithaca on occasion.

Skipton said there is discussion of making reconstruction available in Cortland, but nothing concrete, yet. "I always talk to patients about what they want. The best thing for the patient is ultimately what we want. Even if that means going out of system," she said.

For those who are considering making that choice, the first step is a talk with someone like Skipton. That might call for some reflection and self-image contemplation. "I like to first encourage women to go home and think about how much value they place on their breasts," Skipton said.

After a woman decides on reconstruction, the next step is a discussion with a doctor. "They go for an initial conversation. They hear about different options and types of reconstruction. We talk about specific risk factors: diabetes, weight and heart and lung health," Skipton said. "After that discussion between the physician and patient, they decide which type."

Skipton said there are two com-

mon types of breast reconstruction techniques.

"One type is doing implants. That is usually a one- or two-stage surgery," Skipton said. She said depending on the size of the breast mound and the skin available, the first procedure could be placing the implant or placing tissue expanders to make room for an implant during a second operation.

"An expander is basically a deflated balloon," Skipton said. "Over the course of a few months, it's inflated to expand the skin and get the implant placed."

"The other common form is using patients' own tissue," Skipton said, typically taken from muscle and soft tissue from the patient's abdomen or side. "These tissue reconstructions often take multiple procedures: two, sometimes three. In general, with implant reconstruction you're looking at a few months. Tissue reconstructions can take six months to a year."

Skipton said each reconstruc-

## You've beaten breast cancer; you still have decisions to make

tion option has its own risks and advantages. "Natural tissue feels very different to an implant. A lot of patients like it because it feels more like themselves," Skipton said. "But an implant is faster to get done and it's less stress on the body. Patients with risk factors might be better suited toward it."

Another important reconstruction consideration is the when: patients often have the choice between immediate and delayed construction. In Skipton's experience working in Virginia, the past few years, most women opt for delayed reconstruction.

"In people I've worked with, most chose a delayed fashion. For many, that was because of the need for additional treatment," Skipton said. Reconstruction and healing from surgery were an issue among women who needed radiation treatment after mastectomies.

Immediate reconstruction also presents the challenge of coordinating between different care teams, including surgeons, ra-

diation therapists and plastic surgeons. "What you don't want to do is start the reconstruction process immediately and find out you need more treatment that will mess up the reconstruction," Skipton said.

In Skipton's experience, many women choose to pursue reconstruction for similar reasons.

"Ultimately, when you're thinking reconstruction, it's a cosmetic procedure. But it's huge for how it impacts a woman's self esteem and how she views herself or interacts with her partner or looks in her clothes," Skipton said.

She said many insurance agencies cover the cost of reconstruction. "Cancer is already a condition that affects your whole life, and reconstruction is an important part of that treatment. People now realize the importance of that."

However, not all women pursue reconstruction: Additional sur-

gery can be daunting for women recovering from breast cancer.

"Some women are very comfortable just being done with it after the mastectomy," Skipton said. "That's probably the main reason. Surgery puts lots of stress and pain on the body." Additionally, not all women tie their self-image to having breasts.

Some may simply wait to see how they feel without breasts. "Some people would choose to wait a year or several before deciding if that's what they want living their life with the change before deciding," Skipton said.

Skipton said reconstruction is a valuable option to restore a sense of control to women after beating breast cancer. "Women really get to be in charge of the ultimate care," she said. "Just because you have breast cancer doesn't mean you have to live life without your breasts. There are options."

## 11 essential questions to ask about your treatment

Undergoing treatment for breast cancer can be worrisome. One of the best ways to prepare, however, is to get informed about what's involved. Here are 11 essential questions to ask your doctor.

1. What are the different available treatments?
2. What are their risks and advantages?

3. Is there a treatment that's more appropriate for my situation?
4. Will I need to be hospitalized?

5. How long will the treatment take?
6. How can we assess the treatment's effectiveness?

7. What side effects should I expect? How long will they last?
8. If I need to have surgery, what are the different options? What's the difference between them?

9. If I need to have a mastectomy, do I need to have both breasts removed? If I do, when should I have it done?
10. If I have breast reconstruction surgery, what will my breast look like? Will it look like my other breast?

11. When will I be able to wear a bra again?

In addition to these questions, write down a list of your own so that you don't forget anything when meeting your treatment team. Feel free to ask a friend or family member to accompany you. They can write down the answers to your questions so you can refer to them when you need to.

## Taking breast cancer seriously

October is Breast Cancer Awareness Month and a good opportunity to review prevention guidelines. Here's what you should know.

### SELF-EXAMS ARE NO LONGER RECOMMENDED

While public health organizations used to recommend women perform regular self-exams, their lack of reliability often lead to unnecessary tests and worry. In addition, cancer in its earliest stages may be missed during a self-exam.

### REGULAR SCREENING MAMMOGRAMS ARE ADVISED

Screening mammograms are the most effective way to detect breast cancer early. Women between the ages of 50 and 74 with average risk of breast cancer should undergo a mammogram every two years. Those with an increased risk should follow their doctor's recommendation regarding screenings.

## Cathi Bernardo

Best friends/Sisters  
with many loving  
memories.

Missing you terribly,  
Loving you Always  
Jackie aka your  
Jackattack

LET US  
TAKE  
CARE  
OF YOU!



- In Home Care
- Short-term Care
- Post Operative Care
- Dementia Care
- Palliative Care
- Respite Care
- Companionship

WE PROVIDE  
QUALITY CARE!

**Sherry Rainbow, LPN**  
Private Duty

[smrainbow54@gmail.com](mailto:smrainbow54@gmail.com)  
315-657-0755 or 607-753-9259

## THINK CIDER!



Build for HOPE  
Proudly Supporting  
Breast Cancer  
Awareness Month

Route 392, Virgil • (607) 835-6455  
Weekdays 10am-7am • Weekends 9am-7pm  
[www.HollenbecksCiderMill.com](http://www.HollenbecksCiderMill.com)

cortland  
health center

Go PINK  
— and —  
Support  
the Fight!

Onsite Lab  
Most insurances  
accepted  
Visit our website:  
[www.fcmg.org](http://www.fcmg.org)



1259 Fisher Ave.,  
Cortland, NY 13045  
MON.-FRI.  
8:00 AM to 4:30 PM

Until there is  
a Cure there  
Is HOPE

CORTLAND COUNTY  
BOARD OF REALTORS®

64 Main St., Suite 205, Cortland, NY 13045  
607.753.1227 • [www.cortlandmls.com](http://www.cortlandmls.com)



Poole's  
Drive In

FIGHT THE FIGHT  
FIND THE CURE

Ed & Laurie Poole  
Route 13, Between East Homer & Truxton  
(607) 753-1912

DURING  
BREAST CANCER  
— AWARENESS MONTH —

WE WOULD LIKE TO RECOGNIZE  
KELLIE GIVENS, BREAST CANCER SURVIVOR.

During her entire time from diagnosis, treatment, and finally through recovery she maintained a positive attitude. Throughout all of it she worked a full time job and was a full time mother. We don't know where she got the strength. We love you Kellie and are so grateful to have you as a daughter, sister, aunt, mother and wife.

Reakes  
Country Goods  
PRODUCE, GIFTS, USA FURNITURE & ANTIQUES



DRIVE OUT & ENJOY  
FALL'S BEAUTIFUL  
ACCESSORIES

- Pumpkins, Gourds, Straw
- More Apples, Honey C., Macouns, Spys, Cortlands
- Cider, Winter Squash
- NY Cheeses & Pies

OPEN 4 DAYS A WEEK  
Now Thru Oct. 30  
Thurs. & Fri. 10-6  
Sat. 10-4, Sun. 10-3

2 Weeks Left of  
Our Fall Season!

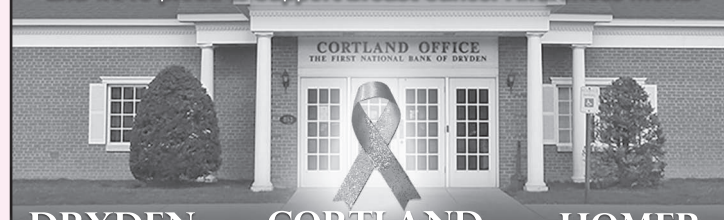
- Fall Wreaths, Mums
- Galvanized & Enamel Decor
- Willow Tree Angels
- Shawls, Jewelry, Purses
- New Prints & Signs
- Candles, Timers & Lanterns
- Oils, Diffusers, Warmers
- Amish Gliders, Benches
- Cupboards, Pickles, Preserves
- Vintage Clothing, Costumes

CLOSED  
OCT 31- NOV 11  
FOR HOLIDAY  
PREPARATIONS

Old Fashioned Friendly Service by  
Darrel & Kay Reakes Family  
4107 Rt 13, Truxton • 607-842-6322 • [www.reakescountrygoods.com](http://www.reakescountrygoods.com)

Your Independent Community Bank  
1<sup>st</sup>  
NATIONAL  
BANK  
of DRYDEN  
Since 1902

We're proud of our tradition  
and we're proud to support Breast Cancer Awareness Month



DRYDEN  
607-844-8141

CORTLAND  
607-753-0392

HOMER  
607-662-4179